

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF WORLD AQUATICS)
(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2026-27 Long Course Masters Swimming Competition (Part 2)
二零二六至二七年長池先進游泳比賽第二部份

26 April 2026 (Sun)

二零二六年四月二十六日(日)

Tung Chung Swimming Pool

東涌游泳池

Subvented by the LCSD



2026-2027 MSLCP2 - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 200 IM	41
2	Women 200 IM	22
3	Men 100 Breaststroke	65
4	Women 100 Breaststroke	49
5	Men 50 Freestyle	91
6	Women 50 Freestyle	59
7	Men 100 Backstroke	59
8	Women 100 Backstroke	41
9	Men 200 Freestyle	57
10	Women 200 Freestyle	40
11	Men 50 Butterfly	74
12	Women 50 Butterfly	36
13	Men 4x50 Medley Relay	29
14	Women 4x50 Medley Relay	23
15	Mixed 4x50 Freestyle Relay	32
Total		718

Entry information by Day		
Day / Session	No. of Entries	Total
AM	427	718
PM	291	

Long Course Masters Swimming Competition – Part 2

長池先進游泳比賽 – 第二部份

Date: 26-04-2026 (Sunday)

Venue: Tung Chung Swimming Pool 東涌游泳池

Morning Warm up/熱身: 0900 – 0950 Hrs

Morning First Event/開始: 1000 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN				WOMEN	
1	200 M	Individual Medley	個人四式	2	
3	100 M	Breaststroke	蛙泳	4	
5	50 M	Freestyle	自由泳	6	
7	100 M	Backstroke	背泳	8	
Lunch Break 午膳時間					
9	200 M	Freestyle	自由泳	10	
11	50 M	Butterfly	蝶泳	12	
13	4 x 50 M	Medley Relay	四式接力	14	
15	4 x 50 M	Mixed Freestyle Relay	男女混合 自由接力		

二零二六至二七年香港先進游泳比賽系列 比賽規程 (本地適用)

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為中國香港游泳總會(泳總)正式註冊的2026-2027 年度先進組別泳員。2026-27 年註冊費為港幣\$150 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。
報名：	<ul style="list-style-type: none"> ◇ 必須以泳總報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 每名泳員可參加不多於 3 項個人項目。 ◇ *每項報名費為港幣\$15 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每位泳員於每項接力項目只能參加一個年齡組別。如泳員參加多於一個年齡組別，該泳員及整隊所參與的任何接力項目成績將會被取消。 ◇ 各隊所有運動員需依照所屬屬會提交的接力表上次序比賽，如運動員沒有依照接力表上的次序比賽，該隊成績將會被取消。 ◇ *每項報名費為港幣\$15 元正。 ◇ 只接受支票付款，支票請劃線，抬頭寫 HKGSA。
截止報名：	報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於比賽截止報名 21 日前辦妥。(以泳總的公佈為準) *(包括轉會註冊)
項目：	請參閱項目表。 所有賽事均以時間決定名次，不設初賽。
年齡組：	<p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
接力：	◇ 接力名單須於 比賽日中午 12 時前遞交。
棄權：	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 每次“缺席”的罰款為港幣\$30 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受泳會的任何報名。
線道安排：	◇ 所有參加者，將不按年齡，而是跟據其提交的報名時間作編組，唯成績將按泳員所屬的組別分別處理。

獎項：	<ul style="list-style-type: none"> ◇ 個人及接力項目首三名將分別獲頒發獎牌。 ◇ *前八名分別得分（年齡 18-24 組除外）： <table border="1" data-bbox="243 132 947 214"> <tr> <td>個人</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>接力</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> <ul style="list-style-type: none"> ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍將分別獲頒發獎座。 	個人	9	7	6	5	4	3	2	1	接力	18	14	12	10	8	6	4	2
個人	9	7	6	5	4	3	2	1											
接力	18	14	12	10	8	6	4	2											
規則：	<ul style="list-style-type: none"> ◇ 比賽採用世界泳聯的規則。 ◇ 如參加 400 米或 800 米自由泳項目的泳員如未能於先進游泳比賽的達標時間內游畢全程，裁判有權要求該泳員離開比賽線道，而其成績會記錄為“DNF”（未能完成比賽）。 ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將分別獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。 ◇ 泳員必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手行為，該泳會將被嚴厲處分。詳細罰則如下： <ul style="list-style-type: none"> <u>第一次違規</u> 有關屬會須就每個違規項目繳交港幣\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目得分將不會計算在屬會總分內。 <u>第二次違規</u> 有關屬會須就每個違規項目繳交港幣\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目得分將不會計算在屬會總分內(包括男、女子)。 <u>第三次違規</u> 有關屬會須就每個違規項目繳交港幣\$1,000 罰款，另外涉事屬會在當天比賽的所有項目得分將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。 <p style="text-align: center;"><u>違規記錄於一個財政年度清算(由 4 月 1 日起至 3 月 31 日)</u></p>																		
工作人員安排：	<ul style="list-style-type: none"> ◇ 各參賽屬會需派出以下工作人員數量： <table border="1" data-bbox="269 1124 922 1430"> <thead> <tr> <th>參賽人數</th> <th>需要提供工作人員數量</th> <th>最多可派出工作人員數量</th> </tr> </thead> <tbody> <tr> <td>5 至 14 人</td> <td>1</td> <td>4</td> </tr> <tr> <td>15 至 24 人</td> <td>2</td> <td>4</td> </tr> <tr> <td>25 人或以上</td> <td>3</td> <td>4</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ◇ 如屬會不能提供上述所需工作人員數量，有關屬會將於下個比賽被罰停賽一次。 	參賽人數	需要提供工作人員數量	最多可派出工作人員數量	5 至 14 人	1	4	15 至 24 人	2	4	25 人或以上	3	4						
參賽人數	需要提供工作人員數量	最多可派出工作人員數量																	
5 至 14 人	1	4																	
15 至 24 人	2	4																	
25 人或以上	3	4																	
上訴：	<ul style="list-style-type: none"> ◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的 30 分鐘內，連同上訴費港幣\$200 元遞交予總裁判。 ◇ 上訴會交由該比賽之上訴委員會作決定。 ◇ 若上訴被駁回，已繳費用概不發還。 																		

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2026-27

Rules & Regulations for Local Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ All competitors must be 2026-27 registered masters (MS) swimmers of HKGSA (2026-27 Registration Fee: HK\$150 per swimmer) ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2026-27 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$15 per individual event <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. It is not compulsory to submit best time for relay event ※ All swimmers must be aged 25 or above. ※ Each swimmer is only allowed to participate in one age group of each relay event. If swimmer race in two or more age group relay, concerned team result shall be disqualified. ※ The composition of a relay team must be the same order to the submitted relay form. Any club failed to follow the same order will result in disqualified. ※ HK\$15 per team per relay event. ※ Paid by cheque ONLY. Crossed cheque made payable to 'HKGSA'.
Closing Date for Entries	21 days prior to the date of competition. (Subject to the announcement of the HKGSA)
Closing Date for Registration	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKGSA) *(Including Transfer Registration)
Event list	Please see attached event lists. Events will be run as timed finals.

Age Group	<p>※ Age is calculated as at 31 December of the year of the competition.</p> <p>Individual Events</p> <p>※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over</p> <p>Relay Events</p> <p>※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399</p>																		
Relay	<p>※ Relay entry form must be submitted before 1200hours on the competition day.</p>																		
Scratches	<p>※ Scratches must be submitted 30 minutes before the scheduled start time of each session.</p> <p>※ A fine of \$30 will be charged for each “no show”. Fine payment should be settled before the next competition entry deadline. Otherwise, club entry will not be accepted.</p>																		
Seeding	<p>※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.</p>																		
Awards	<p>※ Medals will be awarded to 1st, 2nd and 3rd places.</p> <p>※ *Point score for first 8 places respectively (exclude Age 18-24 Group):</p> <table border="1" data-bbox="298 1028 954 1105"> <tr> <td>Individual</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>Relay</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> <p>※ *Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.</p>	Individual	9	7	6	5	4	3	2	1	Relay	18	14	12	10	8	6	4	2
Individual	9	7	6	5	4	3	2	1											
Relay	18	14	12	10	8	6	4	2											

Rules

- × World Aquatic rules will be applied.
- × Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series qualifying times for 400m or 800m Freestyle Events. Their results will be recorded as “DNF” (Did Not Finish).
- × Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards.
- × Swimmers shall not replace the swimmers on the swimmers list without HKGSA’s permission, represented clubs will be punished as follows:
 - First time of violation
A fine of HK\$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given.
 - Second time of violation
A fine of HK\$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women’s relay events will not be given.
 - Third time of violation
A fine of HK\$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events during the competition will not be given and respective club relay event shall be suspended from the next competition (Including MEN & WOMEN).

Violation would be counted within one financial year, i.e. (starting from 1st April and ending 31st March)

Official Arrangement

- × Clubs would need to provide number of officials for the competition as below:

Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided
5-14	1	4
15-24	2	4
25 or more	3	4

- × Clubs will be suspended from the next competition if failed to fulfil the above requirement.

Protest	<ul style="list-style-type: none">※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200.※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final.※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.
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* Not apply to Overseas Competitors.

Hong Kong Masters Swimming Competition Series 2026-27

Rules & Regulations for Overseas Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2026-2027 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <u>Individual Events</u> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$20.00 per individual event <u>Relay Events</u> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. It is not compulsory to submit best time for relay event ※ All swimmers must be aged 25 or above. ※ Each swimmer is only allowed to participate in one age group of each relay event. If swimmer race in two or more age group relay, concerned team result shall be disqualified. ※ The composition of a relay team must be the same order to the submitted relay form. Any club failed to follow the same order will result in disqualified. ※ HK\$30.00 per team per relay event. Paid by cheque ONLY. Crossed cheque made payable to 'HKGSA'.
Closing Date for Entries	<u>1 month</u> before the 1 st date of competition of each meet.
Event list	Please see attached event lists. Events will be run as timed finals.

Age Group	<p>※ Age is calculated as at 31 December of the year of the competition.</p> <p>Individual Events</p> <p>※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over</p> <p>Relay Events</p> <p>※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399</p>
Relay	<p>※ Relay entry form must be submitted before 1200hours on the competition day.</p>
Scratches	<p>※ Scratches must be submitted 30 minutes before the scheduled start time of each session.</p>
Seeding	<p>※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.</p>
Awards	<p>※ Medals will be awarded to 1st, 2nd and 3rd places. Separate medals will be awarded to overseas swimmers.</p>
Rules	<p>※ World Aquatic rules will be applied.</p> <p>※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series qualifying times for 400m or 800m Freestyle Events. Their results will be recorded as “DNF” (Did Not Finish).</p> <p>※ Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above.</p>
Protest	<p>※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200.</p> <p>※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final.</p> <p>※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.</p>

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Annual Long Course Masters Swimming Championships 2025)

MEN 50M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	0:46.70	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
LEE MING	SFC	80-84	0:41.01	Spring Masters Swimming Championships 2010		06-Mar-10
TIN SHEUNG KWAI	NWC	75-79	0:31.30	2022-23 Long Course Masters Swimming Competition - Part 1		26-Mar-23
TIN SHEUNG KWAI	NWC	70-74	0:30.07	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
TIN SHEUNG KWAI	KTS	65-69	0:29.72	Annual Long Course Masters Swimming Championships		23-Nov-14
WONG KWOK WAH	#RF	60-64	0:27.09	World Aquatics Masters Championships – Singapore 2025		11-Aug-25
FU TAI CHUN	KTS	55-59	0:28.02	Spring Masters Swimming Championships 1997		22-Mar-97
RUST STEFAN ROBERT	LRC	50-54	0:25.80	FINA World Masters Championships 2017		17-Aug-17
NORTJE CRAIG ANDREW	#FB	45-49	0:26.19	2023-24 Long Course Masters Swimming Competition - Part 1		03-Mar-24
YAN HO CHUN	#DB	40-44	0:25.14	World Aquatics Masters Championships – Singapore 2025		14-Aug-25
SMIT MARCEL PIETER ARNOLD	*FL	35-39	0:23.96	World Aquatics Masters Championships – Singapore 2025		11-Aug-25
FU WING HARBETH	KTS	30-34	0:24.31	Annual Long Course Masters Swimming Championships 2011		11-Dec-11
CHUNG LAI YEUNG	#DB	25-29	0:23.92	2018-19 Annual Long Course Masters Swimming Championships		25-Nov-18
CHANG GERRY JUUN YIH	KTS	18-24	0:24:17	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13

WOMEN 50M FREESTYLE					NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	85-89	0:43.22	Annual Long Course Masters Swimming Championships 2024		01-Dec-24
TAI LI HUA	SFC	80-84	0:43.31	2021-22 Long Course Masters Swimming Competition - Part 3		20-Jun-21
OTSUKA YUKO	SGC	75-79	0:42.67	2014-15 Long Course Masters Swimming Competition - Part 1		22-Mar-15
WANG LI	*WA	70-74	0:38.75	Annual Long Course Masters Swimming Championships 2019		01-Dec-19
TSEUNG NGA WAH	SFC	65-69	0:35.01	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:33.14	2024-25 Long Course Masters Swimming Competition - Part 2		28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:32.17	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		15-Jul-18
YAMAGUCHI MIKA	*FL	50-54	0:29.35	World Aquatics Masters World Championships 2023 - Kyushu		08-Aug-23
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:26.07	World Aquatics Masters Championships – Singapore 2025		11-Aug-25
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:28.17	Annual Long Course Masters Swimming Championships 2022		27-Nov-22
SZE HANG YU	*FL	35-39	0:27.63	2025-26 Long Course Masters Swimming Competition - Part 2		27-Apr-25
ZHANG XIAO TONG ISABELLA	*FL	30-34	0:27.80	World Aquatics Masters World Championships 2023 - Kyushu		08-Aug-23
MOK HOI MAN SHERON	NWC	25-29	0:27.70	Annual Long Course Masters Swimming Championships 2022		27-Nov-22
AU HIU PUI	*GW	18-24	0:28.20	2018-19 Annual Long Course Masters Swimming Championships		25-Nov-18

MEN 100M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:49.14	2015-16 Long Course Masters Swimming Competition - Part 3		26-Jul-15
LEE MING	SFC	80-84	1:38.42	Annual Long Course Masters Swimming Championships 2011		11-Dec-11
*TSE KWOK PIU	SFC	75-79	1:21.41	Annual Long Course Masters Swimming Championships 2025		01-Feb-26
TSE KWOK PIU	SFC	70-74	1:13.39	2024-25 Long Course Masters Swimming Competition - Part 3		23-Jun-24
FU TAI CHUN	KTS	65-69	1:08.31	Annual Masters Swimming Championships 2002		31-Aug-02
MA ETIENNE	YMC	60-64	1:03.94	Annual Long Course Masters Swimming Championships 2022		27-Nov-22
WOODRING MERRITT DOUGLAS	AVO	60-64	1:03.94	World Aquatics Masters Championships – Singapore 2025		08-Aug-25
MA ETIENNE	YMC	55-59	1:03.62	2011-12 Long Course Masters Swimming Competition - Part 1		04-Mar-12
RUST STEFAN ROBERT	LRC	50-54	0:58.29	FINA World Masters Championships 2017		15-Aug-17
NORTJE CRAIG ANDREW	#RF	45-49	0:58.32	Annual Long Course Masters Swimming Championships 2024		01-Dec-24
O'NEILL DONAL THOMAS	LRC	40-44	0:56.60	2021-22 Long Course Masters Swimming Competition - Part 3		20-Jun-21
SMIT MARCEL PIETER ARNOLD	#FB	35-39	0:53.36	World Aquatics Masters Championships – Singapore 2025		08-Aug-25
LEE MAN TIM	KHC	30-34	0:55.63	World Aquatics Masters Championships – Singapore 2025		08-Aug-25
FU WING HARBETH	KTS	25-29	0:54.16	Annual Masters Swimming Championships 2006		26-Aug-06
LEE MAN TIM	HTA	25-29	0:54.16	World Aquatics Masters World Championships 2023 - Kyushu		06-Aug-23
KONG CHUN YIN	HVA	18-24	0:54.18	Annual Long Course Masters Swimming Championships 2013		24-Nov-13

WOMEN 100M FREESTYLE					NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:10.64	2021-22 Long Course Masters Swimming Competition - Part 3		20-Jun-21
SUEN MING CHU	SFC	75-79	1:47.51	2024-25 Long Course Masters Swimming Competition - Part 3		23-Jun-24
SUEN MING CHU	SFC	70-74	1:39.80	2018-19 Long Course Masters Swimming Competition - Part 3		24-Jun-18
TSEUNG NGA WAH	SFC	65-69	1:28.57	2022-23 Long Course Masters Swimming Competition - Part 3		12-Jun-22
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:17.42	Annual Long Course Masters Swimming Championships 2023		03-Dec-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:14.96	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		14-Jul-18
YAMAGUCHI MIKA	*FL	50-54	1:05.38	World Aquatics Masters World Championships 2023 - Kyushu		06-Aug-23
KRKALO SHAUNA KATHLEEN	LRC	45-49	1:00.74	World Aquatics Masters Championships – Singapore 2025		08-Aug-25
*MASTER FARAH JIMMY	*FB	40-44	1:01.36	Annual Long Course Masters Swimming Championships 2025		01-Feb-26
SZE HANG YU	*FL	35-39	1:01.38	2025-26 Long Course Masters Swimming Competition - Part 3		15-Jun-25
ZHANG XIAO TONG ISABELLA	*FL	30-34	1:01.79	World Aquatics Masters World Championships 2023 - Kyushu		06-Aug-23
*CHAN TSZ CHING	*FL	25-29	0:59.96	Annual Long Course Masters Swimming Championships 2025		01-Feb-26
CHAN TSZ CHING	*FL	18-24	1:00.63	2024-25 Long Course Masters Swimming Competition - Part 3		23-Jun-24

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Annual Long Course Masters Swimming Championships 2025)

MEN 200M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	3:46.70	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
YANG YEE ZEI	NWC	75-79	3:38.31	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
TSE KWOK PIU	SFC	70-74	2:47.81	2021-22 Long Course Masters Swimming Competition - Part 2	09-May-21
MA ETIENNE	YMC	65-69	2:36.59	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
HO ROBERT YAU CHUNG	LRC	60-64	2:32.99	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
HO ROBERT YAU CHUNG	LRC	55-59	2:24.07	FINA World Masters Championships 2014	10-Aug-14
JOHNSON ERIC ANDREW	LRC	50-54	2:14.33	FINA World Masters Championships 2014	10-Aug-14
NORTJE CRAIG ANDREW	#FB	45-49	2:08.80	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
FONG LIK SUN	#FB	40-44	2:07.25	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
SMIT MARCEL PIETER ARNOLD	#FB	35-39	2:02.50	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
LEE MAN TIM	KHC	30-34	2:04.40	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	2:05.18	FINA World Masters Championships 2019 - Gwangju	14-Aug-19
HUI CHUN HIN	EWS	18-24	2:06.87	2012-13 Long Course Masters Swimming Competition – Part 2	17-Jun-12

WOMEN 200M FREESTYLE				NAME OF MEET	DATE ACHIEVED
CHAN WAI KIANG	KTS	80-84	9:35.55	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
SAM CHOI LIN	SFC	75-79	4:32.53	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
SUEN MING CHU	SFC	70-74	3:36.37	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
TSEUNG NGA WAH	SFC	65-69	3:26.68	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	2:55.64	World Aquatics Masters Championships – Doha 2024	03-Mar-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	2:50.45	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
COGGINS LYNDA ANNE	LRC	50-54	2:32.26	FINA World Masters Championships 2014	10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:28.14	16th FINA World Masters Championships 2015 in Kazan	12-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:13.70	16th FINA World Masters Championships 2015 in Kazan	12-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	2:13.59	FINA World Masters Championships 2014	10-Aug-14
ZHANG XIAO TONG ISABELLA	*FL	30-34	2:23.47	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
MOK HOI MAN SHERON	NWC	25-29	2:14.58	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
LAMB ENEKA MARIE	HIS	18-24	2:16.66	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 400M FREESTYLE				NAME OF MEET	DATE ACHIEVED
QI SONGHE	NWC	75-79	7:32.18	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
TSE KWOK PIU	SFC	70-74	6:23.03	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
CHAN KAM POR	SFC	65-69	6:00.83	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17
HO ROBERT YAU CHUNG	LRC	60-64	5:24.54	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
LANZONE FRANCESCO	BSC	55-59	5:06.50	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
WATERS ANDREW ALLAN	AVO	50-54	4:53.02	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	4:31.75	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	4:35.39	FINA World Masters Championships 2017	17-Aug-17
CAGGIO ANTONINO	LRC	35-39	4:29.74	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
LEE MAN TIM	KHC	30-34	4:33.40	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	4:32.86	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
LI CHUN HONG	HTA	18-24	4:25.08	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11

WOMEN 400M FREESTYLE				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	7:46.69	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
NG YEE MAN	NWC	65-69	6:59.90	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	6:05.89	World Aquatics Masters Championships – Doha 2024	28-Feb-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	6:02.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	5:25.06	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
CHAN YUK MAN PHOEBE	SFC	45-49	5:15.20	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
KELSEY JANE MACFARLAND	LRC	40-44	4:44.60	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	4:41.52	FINA World Masters Championships 2014	10-Aug-14
MOK HOI MAN SHERON	NWC	30-34	4:50.34	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
MOK HOI MAN SHERON	NWC	25-29	4:56.10	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
MAU LOK YAN EUNICE	CUC	18-24	5:06.39	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11

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LONG COURSE

(Update to Annual Long Course Masters Swimming Championships 2025)

MEN 800M FREESTYLE	NAME OF MEET				DATE ACHIEVED
POLSON IAN HASTINGS	LRC	75-79	16:05.75	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
CHAN KAM POR	SFC	70-74	13:28.85	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	65-69	12:19.01	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
HO ROBERT YAU CHUNG	LRC	60-64	11:32.69	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
LANZONE FRANCESCO	BSC	55-59	10:34.14	World Aquatics Masters Championships – Doha 2024	26-Feb-24
WATERS ANDREW ALLAN	AVO	50-54	10:10.61	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	9:28.79	FINA World Masters Championships 2019 - Gwangju	12-Aug-19
LILJESTROEM LENNART PETER FREDRIC	LRC	40-44	9:30.23	FINA World Masters Championships 2017	14-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	9:28.64	FINA World Masters Championships 2012	10-Jun-12
WANG TIMOTHY JONG	LRC	30-34	9:43.41	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
YUEN MARCUS	LRC	25-29	10:07.05	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
TSE HON TING	LWS	18-24	8:53.89	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

WOMEN 800M FREESTYLE	NAME OF MEET				DATE ACHIEVED
SUEN MING CHU	SFC	75-79	17:34.92	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
LO LAI YUNG	NWC	70-74	15:46.86	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
SUEN MING CHU	SFC	65-69	13:11.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
KIRKWOOD TAIN MHAIRA	LRC	60-64	13:07.73	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
KIRKWOOD TAIN MHAIRA	LRC	55-59	12:32.89	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	11:48.01	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
CHAN YUK MAN PHOEBE	SFC	45-49	10:52.16	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
KELSEY JANE MACFARLAND	LRC	40-44	9:42.82	16th FINA World Masters Championships 2015 in Kazan	10-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	9:48.87	FINA World Masters Championships 2014	10-Aug-14
MOK HOI MAN SHERON	NWC	30-34	10:15.91	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
CARPENTER LINH THUC LUONG	LRC	25-29	10:50.58	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
LAU SZE WING	HTA	18-24	10:22.03	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

MEN 50M BACKSTROKE	NAME OF MEET				DATE ACHIEVED
LEE SHE KWOK	SFC	85-89	0:57.83	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
TSUI YAU HO	SFC	80-84	0:54.86	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
TIN SHEUNG KWAI	NWC	75-79	0:38.96	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
TIN SHEUNG KWAI	NWC	70-74	0:37.82	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
TIN SHEUNG KWAI	SFC	65-69	0:35.70	FINA World Masters Championships 2014	10-Aug-14
HO ROBERT YAU CHUNG	LRC	60-64	0:33.94	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	0:32.57	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	0:30.97	FINA World Masters Championships 2017	20-Aug-17
FONG LIK SUN	#RF	45-49	0:29.47	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
O'NEILL DONAL THOMAS	LRC	40-44	0:28.69	World Aquatics Masters Championships – Doha 2024	01-Mar-24
TSAI CHUN YU GARY	#DB	35-39	0:30.27	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
SIU WAI WANG DEREK	KHC	30-34	0:28.60	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
LAU SHIU YUE	#DB	25-29	0:27.65	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHONG MICHAEL YAT TSUN	SFC	18-24	0:28.19	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25

WOMEN 50M BACKSTROKE	NAME OF MEET				DATE ACHIEVED
TAI LI HUA	SFC	85-89	0:52.03	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
TAI LI HUA	SFC	80-84	0:53.45	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
WONG JIM	SFC	75-79	0:55.07	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
BAI XINFEN	SFC	70-74	0:44.75	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
BAI XINFEN	SFC	65-69	0:42.89	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
NG YEE MAN	SFC	60-64	0:45.62	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
*LAI SHUI NIN INGRID	HFS	55-59	0:40.63	Annual Long Course Masters Swimming Championships 2025	01-Feb-26
COGGINS LYNDA ANNE	LRC	50-54	0:35.58	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:33.99	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
*CHAN YANYAN	*FL	40-44	0:32.59	Annual Long Course Masters Swimming Championships 2025	01-Feb-26
SZE HANG YU	*FL	35-39	0:31.53	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.81	FINA World Masters Championships 2014	10-Aug-14
MAK HOI MAN SHERON	#FB	25-29	0:31.91	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
FUNG SUET YING CHLOE	KTC	18-24	0:31.34	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25

HONG KONG MASTERS SWIMMING RECORDS

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(Update to Annual Long Course Masters Swimming Championships 2025)

MEN 100M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
TSUI YAU HO	SFC	80-84	2:05.89	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
WU SHU SUN	NWC	75-79	1:47.10	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
TIN SHEUNG KWAI	NWC	70-74	1:35.27	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
HO ROBERT YAU CHUNG	LRC	65-69	1:18.71	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
HO ROBERT YAU CHUNG	LRC	60-64	1:13.98	FINA World Masters Championships 2019 - Gwangju	17-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	1:11.73	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	1:08.09	FINA World Masters Championships 2017	19-Aug-17
FONG LIK SUN	#RF	45-49	1:02.60	World Aquatics Masters Championships – Singapore 2025	12-Aug-25
O'NEILL DONAL THOMAS	LRC	40-44	1:01.05	World Aquatics Masters Championships 2024 - Doha	28-Feb-24
NORTJE CRAIG ANDREW	VRC	35-39	1:06.66	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
SIU WAI WANG DEREK	KHC	30-34	1:04.83	World Aquatics Masters Championships – Singapore 2025	12-Aug-25
CHEUNG YAU MING	#DB	25-29	1:02.70	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
CHOI DERRICK CHRISTOPHER	LRC	18-24	1:02.10	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13

WOMEN 100M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	2:13.75	2016-17 Long Course Masters Swimming Competition Part 2	24-Apr-16
BAI XIUFEN	SFC	70-74	1:40.55	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
NG YEE MAN	NWC	65-69	1:37.51	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
NG YEE MAN	NWC	60-64	1:43.42	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
LAI SHUI NIN INGRID	YMC	55-59	1:32.18	World Aquatics Masters World Championships 2023 - Kyushu	10-Aug-23
COGGINS LYNDA ANNE	LRC	50-54	1:17.38	16th FINA World Masters Championships 2015 in Kazan	15-Aug-15
TAM ALISON MAI LING	#FL	45-49	1:15.99	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
KELSEY JANE MACFARLAND	LRC	40-44	1:13.75	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
SZE HANG YU	*FL	35-39	1:11.91	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
CARPENTER LINH THUC LUONG	LRC	30-34	1:11.37	16th FINA World Masters Championships 2015 in Kazan	15-Aug-15
MOK HOI MAN SHERON	NWC	25-29	1:10.14	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
LAMB ENEKA MARIE	HIS	18-24	1:11.36	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 50M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
CHI LIEH YUNG	SFC	90-94	1:13.06	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
CHI LIEH YUNG	SFC	85-89	1:02.32	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
CHAN KAM	SFC	80-84	0:54.52	Annual Masters Swimming Championships 2009	18-Oct-09
TIN SHEUNG KWAI	NWC	75-79	0:41.67	2023-24 Long Course Masters Swimming Competition - Part 3	18-Jun-23
TIN SHEUNG KWAI	NWC	70-74	0:39.27	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
YONG KHIN SYN	SFC	65-69	0:37.84	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
NG WAI FUNG	SFC	60-64	0:35.58	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
WONG LUN KWOK	SFC	55-59	0:35.10	Annual Masters Swimming Championships 2002	31-Aug-02
SIEH TIEN YU	KTS	50-54	0:34.48	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
COOPER KENNETH ALLEN	PSC	45-49	0:32.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHIU KELVIN HO YIN	#FB	40-44	0:32.01	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
LO JONATHAN KA YAN	LRC	35-39	0:31.14	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	14-Jul-18
WAN LAP SUN	KTS	30-34	0:31.11	Summer Masters Swimming Championships 1998	13-Jun-98
WONG HO KIU	#RF	25-29	0:30.24	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
CHEUNG CHI KIT NICHOLAS	WDS	18-24	0:27.95	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25

WOMEN 50M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	85-89	0:51.78	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
TAI LI HUA	SFC	80-84	0:52.77	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
OTSUKA TUKO	SGC	75-79	0:56.26	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
FONG CHOI YING	FFA	70-74	0:53.33	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:50.56	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
*KIRKWOOD TAIN MHAIRA	LRC	60-64	0:45.63	Annual Long Course Masters Swimming Championships 2025	01-Feb-26
LEUNG WAI FAN	KTS	55-59	0:38.73	2017-18 Long Course Masters Swimming Competition - Part 2	14-May-17
LEUNG WAI FAN	KTS	50-54	0:37.63	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:32.47	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:34.74	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
NG KAM FUNG	SFC	35-39	0:34.71	Summer Masters Swimming Championships 2000	27-May-00
BARNES RUTH	LRC	30-34	0:35.23	Annual Masters Swimming Championships 2013	24-Nov-13
IP RAINBOW	FFA	25-29	0:36.06	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
LI TSZ YIU	HFS	18-24	0:35.53	Annual Masters Swimming Championships 2013	24-Nov-13

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MEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
CHI LIEH YUNG	SFC	90-94	2:50.51	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
LEE MING	SFC	85-89	2:42.22	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
MAK HEI CHI	SGC	80-84	2:08.90	Annual Masters Swimming Championships 2008	06-Sep-08
WONG CHIU SHUN	SFC	75-79	1:52.09	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
YONG KHIN SYN	SFC	70-74	1:34.27	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
CHAN KAM POR	SFC	65-69	1:26.42	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
KOO YU FAT MARCUS	FFA	60-64	1:24.69	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
WATT KAM SING MICHAEL	*FL	55-59	1:21.41	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
COOPER KENNETH ALLEN	#FL	50-54	1:13.66	FINA World Masters Championships 2019 - Gwangju	13-Aug-19
FONG LIK SUN	#RF	45-49	1:11.37	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
FONG LIK SUN	#FB	40-44	1:10.45	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
LO JONATHAN KA YAN	LRC	35-39	1:10.50	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	15-Jul-18
KWOK HO TIN	NWC	30-34	1:09.75	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
CHEUNG KAM KWAN RONALD	LRC	25-29	1:07.53	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23
CHEUNG CHI KIT NICHOLAS	WDS	18-24	1:01.45	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25

WOMEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:31.67	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
SUEN MING CHU	SFC	75-79	2:02.61	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
SUEN MING CHU	SFC	70-74	1:53.65	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
NG YEE MAN	NWC	65-69	1:42.94	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:39.76	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:35.97	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
YAMAGUCHI MIKA	#RF	50-54	1:26.15	World Aquatics Masters Championships – Singapore 2025	08-Aug-25
KRKALO SHAUNA KATHLEEN	LRC	45-49	1:16.14	World Aquatics Masters Championships – Singapore 2025	08-Aug-25
KRKALO SHAUNA KATHLEEN	LRC	40-44	1:21.23	2022-23 Long Course Masters Swimming Competition – Part 3	12-Jun-22
NEEDHAM SUZANNE HEIZER	LRC	35-39	1:20.17	FINA World Masters Championships 2012	11-Jun-12
BARNES RUTH	LRC	30-34	1:18.68	FINA World Masters Championships 2012	11-Jun-12
*CHAN WAI TUNG JOCELYN	DWA	25-29	1:20.57	Annual Long Course Masters Swimming Championships 2025	01-Feb-26
KONG YVETTE MAN YI	SCA	18-24	1:13.79	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14

MEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	5:10.49	Masters Long Course Swimming Competition Part 1	26-Jan-14
KOO CHOI FAT	WDS	75-79	4:11.87	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
CHAN KAM POR	SFC	70-74	3:34.76	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	65-69	3:19.33	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SGC	60-64	3:07.34	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	55-59	2:59.17	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	50-54	2:50.25	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	45-49	2:49.64	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
FONG LIK SUN	#FB	40-44	2:38.70	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
LUK WING KIN ANDY	KHC	35-39	2:33.87	9th Hong Kong Games Swimming Competition	02-Jun-24
LUK WING KIN ANDY	KHC	30-34	2:36.71	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
GLASSMAN ZACHARY	LRC	25-29	2:23.47	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
CHEUNG CHI KIT NICHOLAS	WDS	18-24	2:16.99	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25

WOMEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	5:53.00	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
OTSUKA YUKO	SGC	75-79	4:39.40	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	4:01.57	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	3:58.01	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
KIRKWOOD TAIN MHAIRA	LRC	60-64	3:43.21	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
KIRKWOOD TAIN MHAIRA	LRC	55-59	3:31.49	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	3:09.55	FINA World Masters Championships 2014	10-Aug-14
CHAN YUK MAN PHOEBE	SFC	45-49	3:09.76	World Aquatics Masters Championships – Singapore 2025	12-Aug-25
CHEUNG MAN YIU	SGC	40-44	3:19.49	World Aquatics Masters World Championships 2023 - Kyushu	10-Aug-23
NEEDHAM SUZANNE HEIZER	LRC	35-39	2:56.78	FINA World Masters Championships 2012	15-Jun-12
HUGHES CHRISTINE VIRGINIA	LRC	30-34	2:52.97	World Aquatics Masters Championships – Doha 2024	02-Mar-24
LIU KA LEI	KTS	25-29	3:05.17	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
PANG HIU KWAN	JHC	18-24	3:13.71	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Annual Long Course Masters Swimming Championships 2025)

MEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
YIM KAM WING	SFC	85-89	1:10.42	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
MAK HEI CHI	SGC	80-84	0:58.81	Winter Masters Swimming Championships 2008	22-Nov-08
TIN SHEUNG KWAI	NWC	75-79	0:41.68	Annual Masters Swimming Championships 2022	27-Nov-22
INGLIS PETER	#FB	70-74	0:36.36	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
HO ROBERT YAU CHUNG	LRC	65-69	0:33.20	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
WOODRING MERRITT DOUGLAS	AVO	60-64	0:29.64	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
HO ROBERT YAU CHUNG	LRC	55-59	0:30.04	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
WONG KWOK WAH	KHC	50-54	0:27.94	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WOODRING MERRITT DOUGLAS	BSC	45-49	0:27.47	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NORTJE CRAIG ANDREW	#FL	40-44	0:26.85	FINA World Masters Championship 2019 - Gwangju	14-Aug-19
SMIT MARCEL PIETER ARNOLD	#FB	35-39	0:25.93	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
BEAHAN GRANT KENNETH	BSC	30-34	0:26.54	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
LAU CHUN LEUNG JOHNNY	KHC	25-29	0:26.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHEUNG YAU MING	#DB	18-24	0:26.27	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

WOMEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
<u>LEUNG MABEL YUEN YING</u>	<u>SFC</u>	<u>80-84</u>	<u>1:25.26</u>	<u>World Aquatics Masters Championships – Doha 2024</u>	<u>03-Mar-24</u>
SUEN MING CHU	SFC	75-79	0:49.88	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
ZHENG KEXIN	NWC	70-74	0:46.62	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
TSEUNG NGA WAH	SFC	65-69	0:41.67	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:37.04	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:36.39	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
YAMAGUCHI MIKA	#RF	50-54	0:31.86	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:28.70	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
<u>*MASTER FARAH JIMMY</u>	<u>*FB</u>	<u>40-44</u>	<u>0:29.81</u>	<u>Annual Long Course Masters Swimming Championships 2025</u>	<u>01-Feb-26</u>
<u>*SZE HANG YU</u>	<u>*FL</u>	<u>35-39</u>	<u>0:29.77</u>	<u>Annual Long Course Masters Swimming Championships 2025</u>	<u>01-Feb-26</u>
ZHANG XIAO TONG ISABELLA	*FL	30-34	0:30.25	World Aquatics Masters World Championships 2023 - Kyushu	07-Aug-23
NG KA MAN	KTS	25-29	0:29.30	Annual Long Course Masters Swimming Championships	23-Nov-14
CHAN TSZ CHING	*FL	18-24	0:29.61	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23

MEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	2:35.84	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
WU SHU SUN	NWC	75-79	2:01.65	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
CHAN KAM POR	SFC	70-74	1:33.36	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
MA ETIENNE	YMC	65-69	1:32.97	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24
HO ROBERT YAU CHUNG	LRC	60-64	1:15.51	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
KOO YU FAT MARCUS	FFA	55-59	1:11.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
JOHNSON ERIC ANDREW	LRC	50-54	1:04.49	FINA World Masters Championships 2014	10-Aug-14
SAKA TAIHEI	SGC	45-49	1:00.90	2013-14 Long Course Masters Swimming Competition - Part 1	04-Mar-12
O'NEILL DONAL THOMAS	LRC	40-44	0:59.06	World Aquatics Masters Championships 2024 - Doha	29-Feb-24
SMIT MARCEL PIETER ARNOLD	#FB	35-39	0:57.83	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
BEAHAN GRANT KENNETH	BSC	30-34	0:58.66	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHEUNG YAU MING	#DB	25-29	0:58.94	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHEUNG YAU MING	#DB	18-24	0:59.53	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	75-79	1:59.45	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
SUEN MING CHU	SFC	70-74	1:56.01	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	1:48.29	Masters Long Course Swimming Competition Part 1	26-Jan-14
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:36.26	World Aquatics Masters Championships – Doha 2024	29-Feb-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:31.44	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LEE TANYA DIANE	PSC	50-54	1:14.85	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	16-Jul-18
PAZOS CHRISTENA MARIA	LRC	45-49	1:12.50	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
MASTER FARAH JIMMY	#FB	40-44	1:07.66	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
KELSEY JANE MACFARLAND	LRC	35-39	1:13.49	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
HUGHES CHRISTINE VIRGINIA	LRC	30-34	1:10.18	World Aquatics Masters Championships – Doha 2024	29-Feb-24
CHAN WING SUET	LRC	25-29	1:08.66	FINA World Masters Championships 2014	10-Aug-14
CHAN TSZ CHING	*FL	18-24	1:07.41	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24

HONG KONG MASTERS SWIMMING RECORDS

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(Update to Annual Long Course Masters Swimming Championships 2025)

MEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
LAW KWAI FONG	SFC	80-84	5:10.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WONG CHIU SHUN	SFC	75-79	4:03.11	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHAN KAM POR	SFC	70-74	3:17.13	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
CHAN KAM POR	SFC	65-69	3:04.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WOODRING MERRITT DOUGLAS	AVO	60-64	2:47.55	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
SAKA TOSHIYUKI	SGC	55-59	2:45.82	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CHAN KAM POR	KTS	50-54	2:26.14	Summer Masters Swimming Championships 2004	12-Jun-04
FONG LIK SUN	#RF	45-49	2:16.50	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
FONG LIK SUN	#FB	40-44	2:17.83	World Aquatics Masters Championships – Doha 2024	29-Feb-24
NORTJE CRAIG ANDREW	VRC	35-39	2:20.07	FINA World Masters Championships 2014	10-Aug-14
JACOBS DAMIAN CHARLES	LRC	30-34	2:25.69	FINA World Masters Championships 2014	10-Aug-14
GLASSMAN ZACHARY	LRC	25-29	2:13.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
WONG SING TSUM DEREK	CUC	18-24	2:21.50	Annual Long Course Masters Swimming Champions 2013	24-Nov-13

WOMEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	5:35.17	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
SUEN MING CHU	SFC	75-79	4:06.12	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
SUEN MING CHU	SFC	70-74	3:49.34	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
NG YEE MAN	NWC	65-69	3:36.79	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	3:25.62	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	3:16.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	2:55.65	FINA World Masters Championships 2014	10-Aug-14
TAM MEI LING ALISON	*FL	45-49	2:45.26	World Aquatics Masters World Championships 2023 - Kyushu	08-Aug-23
KELSEY JANE MACFARLAND	LRC	40-44	2:41.17	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	2:37.75	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
HUGHES CHRISTINE VIRGINIA	LRC	30-34	2:37.93	World Aquatics Masters Championships – Doha 2024	29-Feb-24
CHAN WING SUET	LRC	25-29	2:36.59	FINA World Masters Championships 2014	10-Aug-14
CHARTER ROBYN JUDY	SFC	18-24	2:42.84	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

MEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:09.80	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
NEW WATER POLO CLUB	NWC	280+	2:13.41	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24
SWORD FISH CLUB	SFC	240+	2:01.55	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SEA GREEN SWIMMING & LIFE SAVING CLUB	SGC	200+	1:52.52	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
HONG KONG FOOTBALL CLUB	#FB	160+	1:40.73	World Aquatics Masters World Championships 2023 - Kyushu	05-Aug-23
NEW WATER POLO CLUB	NWC	120+	1:40.03	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:36.96	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:43.13	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SWORD FISH CLUB	SFC	280+	2:42.61	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
SWORD FISH CLUB	SFC	240+	2:34.06	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	2:02.69	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
KRKALO SHAUNA KATHLEEN, TSANG TING YAN TANIA, KIRKWOOD TAIN MHAIRA, SCHONING NAUJOKS MIRJAM BEATRICE	#FB	160+	1:54.00	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
HONG KONG FOOTBALL CLUB	#FB	160+	1:54.00	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
EICHELBERGER MELISSA, SJOHOLM CHRISTINA, TAM ALISON MAI LING, MASTER FARAH JIMMY	#FB	160+	1:54.00	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
FASTLANE SWIMMING CO LIMITED	*FL	120+	1:52.19	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
CHAN TSZ CHING, LEUNG HO CHING, CHEN YANYAN, SZE HANG YU	*FL	120+	1:52.19	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
HONG KONG FLYING FISH ATHLETIC ASSOCIATION	FFA	100+	1:58.55	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Annual Long Course Masters Swimming Championships 2025)

MEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:30.63	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
SWORD FISH CLUB	SFC	280+	2:33.32	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
SWORD FISH CLUB	SFC	240+	2:19.80	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
THE HONG KONG JOCKEY CLUB	HJC	200+	2:03.19	Winter Masters Swimming Championships 1993	11-Dec-93
YMCA OF HONG KONG	YMC	160+	1:53.94	Summer Masters Swimming Championships 1996	22-Jun-96
KWAN HUNG SWIMMING CLUB	KHC	120+	1:51.13	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
SIU WAI WANG DEREK, POON DERRICK FENE-MING, LAU CHUN LEUNG JOHNNY, LEE MAN TIM					
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:49.32	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23

WOMEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	4:37.13	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SWORD FISH CLUB	SFC	280+	3:06.66	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SWORD FISH CLUB	SFC	240+	2:48.90	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
LADIES' RECREATION CLUB	LRC	200+	2:19.23	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
TSANG TING YAN TANIA, KRKALO SHAUNA KATHLEEN, KIRKWOOD TAIN MHAIRA, SCHONING NAUJOKS MIRJAM BEATRICE					
LADIES' RECREATION CLUB	LRC	160+	2:10.35	Annual Masters Swimming Championships 1994	17-Sep-94
HONG KONG FOOTBALL CLUB	#FB	120+	2:07.83	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
SJOHOLM CHRISTINA, BARTON LUCY, MASTER FARAH JIMMY, EICHELBERGER MELISSA					
NEW WATER POLO CLUB	NWC	100+	2:19.21	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18

MIXED 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:38.22	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SWORD FISH CLUB	SFC	280+	2:25.20	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
SWORD FISH CLUB	SFC	240+	2:15.69	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	1:51.91	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
KRKALO SHAUNA KATHLEEN, KIRKWOOD TAIN MHAIRA, WOO CHUN KUEN DOUGLAS, STAMENOVIC IVAN					
FASTLANE SWIMMING CO LIMITED	*FL	160+	1:46.49	World Aquatics Masters World Championships 2023 - Kyushu	09-Aug-23
HONG KONG FOOTBALL CLUB	#FB	120+	1:48.59	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
EICHELBERGER MELISSA ANN, MASTER FARAH JIMMY, SO MAN HON, SMIT MARCEL PIETER ARNOLD					
NEW WATER POLO CLUB	NWC	100+	1:51.20	Annual Long Course Masters Swimming Championships 2017	25-Nov-17

MIXED 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	4:35.50	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
SWORD FISH CLUB	SFC	280+	2:47.88	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
SWORD FISH CLUB	SFC	240+	2:43.45	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
LADIES' RECREATION CLUB	LRC	200+	2:08.05	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
STAMENOVIC IVAN, KRKALO SHAUNA KATHLEEN, WOO CHUN KUEN DOUGLAS, KIRKWOOD TAIN MHAIRA					
HONG KONG FOOTBALL CLUB	#FB	160+	1:59.67	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
SJOHOLM CHRISTINA, CHIU KELVIN HO YIN, SO MAN HON, EICHELBERGER MELISSA					
LADIES' RECREATION CLUB	LRC	120+	2:02.78	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
TSANG TING YAN TANIA, YUEN MARCUS YAT HO, LI PATRICK GUO CHUN, CHEN YANGYANG					
HONG KONG POLICE SWIMMING CLUB	HKP	100+	2:09.75	2023-24 Long Course Masters Swimming Competition - Part 3	18-Jun-23

2026-2027 Long Course Masters Swimming Competition (Part 2)**Reject List**

No.	Name	Event	Club	Remarks
1	Lee Wai Yee Stella	10	HFS	No Reg
2	Kwok Wing Pui	3,5	HFS	No Reg
3	Po Hin Hang	1,3	KHC	No Reg
4	Leung Cheuk Nam	5	KHC	No Reg
5	Prebble Miles Cavin	3,5	LRC	No Reg
6	Vavrek Egon	3,5,9	LRC	No Reg
7	Chen Wei Zhong	3,5,9	NWC	No Reg
8	Zang Tian Ao	3	NWC	No Reg
9	Kwok Yu Yan	6,12	SCA	No Reg
10	Wei Yan	2	SCA	No 100m Record
11	Tse Kwok Piu	5,9	SFC	No Reg
12	Zhang Miao	2,8	SFC	No Reg
13	Cheng Hok Yee Herrick	7	TSA	No Reg
14	Chu Yuan Hun	5,11	*FL	No Reg
15	Wan Amber Nga Ting	4,6,10	*FL	No Reg
16	Ip Rainbow	4,6,10	*FL	No Reg
17	McIntyre Alexander Donald	5,7,11	*FL	No Reg
18	Stuart Hallock Huang	5,9,11	*FL	No Reg
19	Wan Chun Pong Michael	9,11	*FL	No Reg
20	Leung Man Kee	10,12	*FL	No Reg
21	Tham Edmund	9	*FL	No Reg
22	Pine Matthew Alexander	3,7,11	*FL	No Reg
23	Shi Zhao He	4,6	*FL	No Reg
24	Wong Dominic Clayton Joe Yiu	3,5	*FL	No Reg
25	Lam Nga Yin Eunice	10,12	*FL	No Reg
26	Chan Wing Lam	10,12	*FL	No Reg
27	Wiebe Tamsin Jane	4,6,10	*FL	No Reg
28	Chan Jessica	6,8	*FL	No Reg
29	Chong Yin Szu Adeline	6,9	*FL	No Reg
30	Sabate Goncalo Javier	5	*FL	No Reg
31	Kong Ingrid	4,6	*FL	No Reg
32	Roux Hanneke Luzette	6	*FL	No Reg

2026-27 Long Course Masters Swimming Comp P2 - 26/04/2026
Psych Sheet

Event 1 Men 200 LC Meter IM

18-24 MSR: 2:21.50
25-29 MSR: 2:13.80
30-34 MSR: 2:25.69
35-39 MSR: 2:20.07
40-44 MSR: 2:17.83
45-49 MSR: 2:16.50
50-54 MSR: 2:26.14
55-59 MSR: 2:45.82
60-64 MSR: 2:47.55
65-69 MSR: 3:04.42

	ID#	Name	Age	Team	Seed Time
25-29					
1	19383 B	Lee, Man Kit	27	Kwan Hung	3:00.00
2	55770 @IM	Wang, Xiangkun	27	Sword Fish Club	3:30.00
3	19311 B	Tang, Ngo Chi	25	Win Tin	3:30.00
30-34					
1	15815	Lo, Ting Kin	30	Sea Green	2:00.00
2	58194 IAZ	Lui, Chun Yin	34	Kwan Hung	2:32.00
35-39					
1	45108 ICO	MC Hugh, Darren Pascal	39	HK Football Club	2:30.00
2	02021 IBZ	Chow, Man Ho	36	Kwan Hung	2:30.00
3	33387 IAO	Wu, Kenneth Yee Lok	35	Sword Fish Club	2:59.00
4	30235 IAZ	Cheng, Hang Man	37	Hoi Fung	3:30.00
5	03667 IBZ	Wong, Sai Man Sherman	37	New Water Polo	4:30.00
6	42848 P	Li, Yuhui	37	Sword Fish Club	5:00.00
40-44					
1	12176 ICZ	Ng, Siu Yu	44	Sword Fish Club	3:10.00
2	42708 IAZ	Tang, Wing Chung Jonathan	44	Hoi Fung	3:55.38
3	00091	Chan, Lok Yan	42	New Water Polo	4:00.00
4	01465 ICZ	Chiang, Filomeno	44	Hong Kong Police	NT
5	57196 IAZ	Chen, Tu Chien Timothy	43	South China	NT
45-49					
1	03796 ICZ	Chan, Pui Kei	45	New Water Polo	3:10.00
2	40841 IAX	Tsang, Kwok Tung	47	Diocesan School	3:50.00
3	54381 IAZ	Siu, Wai Jung Justin	49	Diocesan School	4:00.00
4	55771 @IM	Huang, Zhangyin	47	Sword Fish Club	5:00.00
50-54					
1	03372	Lau, Allan	53	Sword Fish Club	3:20.00
2	24603 IAZ	Hung, Ka Ming	51	YMCA OF Hong Kong	3:30.00
3	51531 IAX	Tang, Min	51	Fastlane Swimming	3:45.00
4	06338 IAZ	Wong, Ka Fai	52	Sword Fish Club	3:48.00
55-59					
1	41548 IAZ	Ip, Ka Keung Patrick	58	HK Football Club	3:10.00
2	38127 IAZ	Leung, Cheung Wai Ricky	58	Sword Fish Club	3:57.00
3	42365 IAX	Kwan, Man Fai	57	Diocesan School	5:10.00
60-64					
1	26594 IAZ	Ching, Wai Kin	62	Sword Fish Club	2:58.00
2	50482 @^IM	Chen, Heqiang	63	Sword Fish Club	3:20.00
3	32108 IAX	Chan, Kiu	64	Sword Fish Club	3:49.11
4	37048 IAZ	Cheung, Wai Chuen Jimmy	63	Sword Fish Club	3:56.00
5	40840 IAZ	Ng, Ka Yiu Karl	62	Diocesan School	5:10.00

2026-27 Long Course Masters Swimming Comp P2 - 26/04/2026

Psych Sheet

65-69... (Event 1 Men 200 LC Meter IM)

1	06256	Chan, Kwong Peter	65	Sea Green	3:20.00
2	03215 #IAZ	Leung, Yiu Chuen	68	Tung Sing	3:20.00
3	15527	Zhou, Hao	68	Tung Sing	4:20.00
4	03762	Ha, Chi Ming	67	Flying Fish	NT

70-74

1	06382	Chan, Kam Por	74	Sword Fish Club	1:43.78
2	43205	Zhou, Jin Jia	71	New Water Polo	3:50.00
3	0618F7	Kan, Kai Kwong	71	Sea Green	4:00.00
4	11563	Lee, Kwok Hung	73	Sword Fish Club	5:10.00

75-79

1	22182 IAZ	Ngai, Yin Leung	77	Sword Fish Club	5:21.00
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Event 2 Women 200 LC Meter IM

18-24 MSR:	2:42.84
25-29 MSR:	2:36.59
30-34 MSR:	2:37.93
35-39 MSR:	2:37.75
40-44 MSR:	2:41.17
45-49 MSR:	2:45.26
50-54 MSR:	2:55.65
55-59 MSR:	3:16.65
60-64 MSR:	3:25.62
65-69 MSR:	3:36.79

	ID#	Name	Age	Team	Seed Time
18-24					
1	25098 #B	Fung, Suet Ying Chloe	21	Fastlane Swimming	2:40.00
2	26669 P	Mak, Ho Yan	23	Dik Wing	2:49.30
3	54016 #IAZ	Cheng, Hoi Man	21	Long Fame	3:00.00
4	31206 B	Wong, Hor Kiu	21	Sword Fish Club	3:05.00
25-29					
1	57947 ICO	Ioda, Aliaksandra	28	LRC	2:50.06
2	26980 IAZ	Wong, Suet Wing	27	Dik Wing	2:59.09
30-34					
1	03730 IBZ	Li, Jamie	34	Kwan Hung	3:00.00
35-39					
1	04515 ICZ	Sze, Hang Yu	38	Fastlane Swimming	3:00.00
40-44					
1	52770 IAO	Sjoholm, Ingrid Christina	40	HK Football Club	2:47.00
45-49					
1	49442 IAZ	Chan, Yuk Man Phoebe	47	Sword Fish Club	2:48.00
2	55610 IAZ	Wong, Wing Yin Sominnie	49	Hoi Fung	5:21.00
50-54					
1	06349	Ip, Oi Wa Wendy	54	Sword Fish Club	3:55.00
2	51676 @IM	Li, Fan	50	Sword Fish Club	3:58.00
3	45917 @^IM	Huang, Caifang	52	New Water Polo	4:00.00
55-59					
1	51706 @^IM	Wang, Shihong	58	New Water Polo	2:10.00
2	40912 IAZ	Ng, Yee Ling	55	Tolo Harbour	5:00.00
60-64					
1	06337	Tse, Yee Wah	60	YMCA OF Hong Kong	4:10.00
2	16303	Rana, Naomi	60	LRC	4:15.02
3	37062 IAZ	Lee, E Way Yvonne	60	Kowloon Tong Club	4:19.00

2026-27 Long Course Masters Swimming Comp P2 - 26/04/2026
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70-74... (Event 2 Women 200 LC Meter IM)

1	52146 @^IM	Li, Lianzhi	74	Sword Fish Club	5:00.00
2	06147	Leung Wong, Yin Har Hayley	74	Sea Green	5:15.00

75-79

1	39357 @^P	Mak, Sok Iun	76	Sword Fish Club	5:30.00
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Event 3 Men 100 LC Meter Breaststroke

18-24 MSR:	1:01.45
25-29 MSR:	1:07.53
30-34 MSR:	1:09.75
35-39 MSR:	1:10.50
40-44 MSR:	1:10.45
45-49 MSR:	1:11.37
50-54 MSR:	1:13.66
55-59 MSR:	1:21.41
60-64 MSR:	1:24.69
65-69 MSR:	1:26.42

	ID#	Name	Age	Team	Seed Time
25-29					
1	56605 @^IM	Zhang, Zishuai	27	Sword Fish Club	1:12.00
2	06697 B	Koo, Ralph Yat Ho	28	Flying Fish	1:27.37
30-34					
1	03978	Lau, Chun Sing	34	Tuen Mun S.T.	1:16.00
2	57490 @^IM	Zheng, Tianhe	33	New Water Polo	1:25.00
3	04637 IBZ	Kwan, Yui Hang	33	Current Club Ltd	1:30.00
4	53434 IAZ	Wong, Yin Wai	30	Kwan Hung	1:30.00
35-39					
1	58566 @^IM	LI, Chao	36	Sword Fish Club	1:23.00
2	04877 IBZ	Ng, Yu Ting	35	Sword Fish Club	1:24.00
3	45108 ICO	MC Hugh, Darren Pascal	39	HK Football Club	1:25.00
4	51101 @ICO	Smit, Marcel Pieter Arnold	39	HK Football Club	1:25.00
5	30235 IAZ	Cheng, Hang Man	37	Hoi Fung	1:30.00
6	55910 @IM	Zeng, Xiaodi	37	Sword Fish Club	1:30.00
7	00452 IA	Wong, Chun Hsin Alexander	36	Kwan Hung	1:40.00
8	09136 IAZ	Tsang, Chun Kin	38	New Water Polo	1:50.00
40-44					
1	48666 @ICO	Upman, David Ross	42	Fastlane Swimming	1:16.00
2	00091	Chan, Lok Yan	42	New Water Polo	1:20.00
3	55925 @IM	Zhou, Jiangfan	42	Sword Fish Club	1:20.00
4	52550 IAZ	Chiu, Kelvin Ho Yin	44	HK Football Club	1:25.00
5	42708 IAZ	Tang, Wing Chung Jonathan	44	Hoi Fung	1:26.15
6	55913 @IM	Guan, Ping	41	Sword Fish Club	1:33.00
7	53109 @^IM	Wu, Xugui	43	Sword Fish Club	1:40.00
8	52285 IAO	Lung, Donald Andrew	44	Diocesan School	1:45.00
9	03793 ICZ	Po, Tik San	44	New Water Polo	1:50.00
10	45574 IAZ	Ng, Siu Kwong	44	Sword Fish Club	1:55.00
45-49					
1	51734 @^ICO	Small, Robert James	47	Fastlane Swimming	1:15.00
2	48820 IAZ	Lam, Pei Tim	45	LRC	1:20.41
3	04238	Woo, Chun Kuen Douglas	48	LRC	1:26.07
4	11544 #IAZN	Fan, Ivan	45	Hoi Fung	1:26.38
5	03796 ICZ	Chan, Pui Kei	45	New Water Polo	1:33.00
6	41148 IAZ	Tang, Kee Wai	46	New Water Polo	1:48.00
7	40834 IAZ	Chang, Hsi Tse JosephJeremy	47	Diocesan School	1:50.00

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45-49... (Event 3 Men 100 LC Meter Breaststroke)

8	23119 IAZ	Chan, Ying Tsung Bosco	45	Sword Fish Club	2:02.00
50-54					
1	27459 IAZ	Lui, Wing Tak Victor	52	Diocesan School	1:30.00
2	28849 IAZ	Chan, Chun Kuen	51	Sword Fish Club	1:32.00
3	40835 IAZ	Leung, Wing Hong Alvin	52	Diocesan School	1:50.00
4	53312 IAZ	Tang, Tin Lok Stephen	50	Win Tin	1:51.00
5	57988 IAZ	Au, Jun Sing Jenson	51	Sword Fish Club	2:00.00
55-59					
1	07427	Wong, Ho Ming Edwin	57	Barracuda	1:40.00
2	03555	Fung, Kim Hung	55	YMCA OF Hong Kong	1:45.00
3	42364 IAZ	Lau, Yip Kwong Francis	57	Diocesan School	1:47.44
4	38127 IAZ	Leung, Cheung Wai Ricky	58	Sword Fish Club	1:50.00
5	35711 IAX	Wong, Fuk Kei	57	Sword Fish Club	2:00.00
6	04184	Woo, Siu Ming William	55	Sword Fish Club	2:10.00
7	52756 IAX	Chueng, Shing	55	Hoi Fung	2:50.39
60-64					
1	43529 IAX	Ng, Wai Fung	63	Sword Fish Club	1:28.00
2	18856 IAZ	Au, Mun Shing	61	Sword Fish Club	1:30.00
3	58517 IAZ	Fung, Bood	61	Tung Sing	1:30.00
4	15528	Tsui, Tak Shing Dominic	64	Fastlane Swimming	1:45.00
5	32108 IAX	Chan, Kiu	64	Sword Fish Club	1:46.48
6	40861 IAZ	Cheung, Chi Ming Rover	63	Sword Fish Club	2:00.00
7	58561 @^IM	Lin, GuoChao	64	Sword Fish Club	2:20.00
65-69					
1	03762	Ha, Chi Ming	67	Flying Fish	1:48.84
2	50662 @^P	Zong, Cheng	68	Sword Fish Club	1:50.00
3	25226 IAZ	Choi, Tai Wing	65	Sword Fish Club	1:55.00
4	50782 @IAX	Pang, Shu Ming	65	Sea Green	2:00.00
70-74					
1	43205	Zhou, Jin Jia	71	New Water Polo	1:30.00
2	04508	Chung, Kit Wai	72	Sword Fish Club	1:44.00
3	06281	Fung, Kam Tai	71	Sword Fish Club	1:48.00
4	14555 @IAX	Tang, Kon Leong	70	Sword Fish Club	1:53.00
5	11563	Lee, Kwok Hung	73	Sword Fish Club	2:05.00
75-79					
1	50503 @^IM	Feng, Bingkun	75	Sword Fish Club	2:00.00
2	22182 IAZ	Ngai, Yin Leung	77	Sword Fish Club	2:25.00
3	44793 IAZ	Iu, Pui To	79	Diocesan School	2:25.00
4	44788 IAZ	Chui, Hong Sheung	77	Diocesan School	2:30.00
85-89					
1	06270	Lam, Luk Kan	85	Sword Fish Club	2:05.00

2026-27 Long Course Masters Swimming Comp P2 - 26/04/2026
Psych Sheet

Event 4 Women 100 LC Meter Breaststroke

18-24 MSR: 1:13.79
25-29 MSR: 1:20.57
30-34 MSR: 1:18.68
35-39 MSR: 1:20.17
40-44 MSR: 1:21.23
45-49 MSR: 1:16.14
50-54 MSR: 1:26.15
55-59 MSR: 1:35.97
60-64 MSR: 1:39.76
65-69 MSR: 1:42.94

	ID#	Name	Age	Team	Seed Time
18-24... (Event 4 Women 100 LC Meter Breaststroke)					
1	25097 B	Cheung, Margaret	21	Kowloon Tong Club	1:22.00
2	58642 IAZ	Chan, Wai Ying	23	Cadix	2:00.00
3	36426 B	Wai Ching, Wai Ching	19	The Motive	2:00.00
25-29					
1	57427 IAZ	Chan, Wai Tung Jocelyn	28	Dik Wing	1:15.87
2	54748 @^IM	Tan, Hualan	29	Sword Fish Club	1:47.00
3	58563 IAZN	Ho, Chun Wai Crystal	26	Sword Fish Club	2:00.00
30-34					
1	13202 IBZ	Chui, Wing Yin	32	Sword Fish Club	1:40.00
35-39					
1	13384 ICZ	Lee, May Sze Mei	39	New Water Polo	2:30.00
40-44					
1	57045 @^IM	Lin, Min	44	Sword Fish Club	1:45.00
2	57969 IAZ	Wong, Wing Tak Wendy	44	Fastlane Swimming	1:48.00
3	50839 @^IM	Zhuo, Enqi	42	Tuen Mun	NT
45-49					
1	30072 ICW	Chao, Man Chi	47	New Water Polo	1:35.00
2	06304 ICZ	Cheung, Man Yiu	47	Sea Green	1:35.00
3	25238 IAZ	Yip, Po Man	46	New Water Polo	2:00.00
4	53270 @^IM	Xie, Lexian	49	New Water Polo	2:40.00
5	36958 IAZ	Ng, Tik Fei Davinia	48	Barracuda	NT
50-54					
1	35969 IAX	Wang, Ying Lian	54	Tung Sing	1:48.00
2	06349	Ip, Oi Wa Wendy	54	Sword Fish Club	1:55.00
3	32603 IAX	Chan, Selma	53	Kowloon Tong Club	2:06.00
4	46181 IAZ	Ng, Yan Yan Bandy	50	Tung Sing	2:15.00
55-59					
1	40907 #IAZ	Lai, Shui Nin Ingrid	59	Hoi Fung	1:44.00
2	53926 @IM	Zhang, Runqi	58	Sword Fish Club	2:00.00
3	43063 @IAO	Wong, Rose	56	LRC	2:02.37
4	33084 IAZ	Mau, Chi Chiu Brenda	58	New Water Polo	2:10.00
5	40912 IAZ	Ng, Yee Ling	55	Tolo Harbour	2:12.00
6	49204 IAZ	Cheng, Wai Man	55	Sea Green	2:15.00
7	56945 @^IM	Yang, Yuxia	59	Sword Fish Club	2:20.00
8	57981 IAZ	Tang, Mun Yin	58	Hoi Fung	NT
60-64					
1	57477 @^IM	Liang, Run Qing	60	Sword Fish Club	1:55.00
2	50492 @^IM	Guo, Liyan	61	Sword Fish Club	2:00.00
3	24216 IAZ	Li, Chuk Ping	64	Sword Fish Club	2:14.00
4	38289 IAZ	Ng, Wai Lin Angie	62	Sword Fish Club	2:15.00

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Psych Sheet

60-64... (Event 4 Women 100 LC Meter Breaststroke)

5	45187 IAX	Chan, On Mei	63	Sword Fish Club	2:18.00
6	51532 IAZ	Shek, Yuk Ching Peggy	62	South China	2:19.21
7	43595	Ao, Wai Lan	64	Sword Fish Club	2:20.00
8	38460 IAZ	Tang, Kit Fong Yvonne	62	New Water Polo	2:30.00

65-69

1	54338 @IM	Peng, Shuyan	67	Sword Fish Club	1:48.00
2	49914 @IAXB	Ng, Yee Man	67	New Water Polo	1:50.00
3	49428 IAX	Leong, Sao Fan	69	New Water Polo	2:12.00

70-74

1	56601 @^IM	Xie, Wanlu	70	Sword Fish Club	2:10.00
2	55901 @IM	Lyu, Yanxia	73	Sword Fish Club	2:15.00
3	51785 @^IM	Li, Yuemei	70	Sword Fish Club	2:16.00
4	06127	Lau, Wai Lin	70	New Water Polo	2:30.00
5	06147	Leung Wong, Yin Har Hayley	74	Sea Green	2:30.00

75-79

1	43599 @^IM	Li, Jiexian	76	Sword Fish Club	2:10.00
2	06357	Suen, Ming Chu	78	Sword Fish Club	2:20.00
3	39357 @^P	Mak, Sok Iun	76	Sword Fish Club	2:30.00
4	06150	Ho, Po Chu	75	South China	2:33.35

80-84

1	08936	Leong, Kuai Heng	80	New Water Polo	3:42.53
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Event 5 Men 50 LC Meter Freestyle

18-24 MSR:	24.17
25-29 MSR:	23.92
30-34 MSR:	24.31
35-39 MSR:	23.96
40-44 MSR:	25.14
45-49 MSR:	26.19
50-54 MSR:	25.80
55-59 MSR:	28.02
60-64 MSR:	27.09
65-69 MSR:	29.72

	ID#	Name	Age	Team	Seed Time
18-24					
1	30675 B	Chan, Wai Tsun	23	Current Club Ltd	26.19
25-29					
1	55593 IAZ	Yeung, Hoi Kit	27	Juan Hua Club	26.09
2	57946 IAZ	Mc Laughlin, Conor	26	LRC	26.86
3	17034 IAZ	Yeung, Yue Hin Gerry	29	Juan Hua Club	29.23
4	19311 B	Tang, Ngo Chi	25	Win Tin	40.00
30-34					
1	09964 IAZ	Lau, Chak Lam Nicholas	31	Diocesan School	26.00
2	04637 IBZ	Kwan, Yui Hang	33	Current Club Ltd	27.00
3	57920 IAZ	Ho, Chun Man	30	Sword Fish Club	27.00
4	15815	Lo, Ting Kin	30	Sea Green	29.00
5	57490 @^IM	Zheng, Tianhe	33	New Water Polo	31.00
6	52752 @ICO	Hardy-Lachance, Thierry	34	Fastlane Swimming	34.00
7	58562 @^IM	Cai, Shujie	34	Sword Fish Club	1:00.00
35-39					
1	51101 @ICO	Smit, Marcel Pieter Arnold	39	HK Football Club	24.00
2	05293 B	Siu, Wai Wang Derek	35	Kwan Hung	26.00
3	57565 @^ICO	Reid, Cavan Murray	38	LRC	26.72
4	10309 IBZ	Leung, Chin Fung	37	HK Football Club	28.00

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Psych Sheet

35-39... (Event 5 Men 50 LC Meter Freestyle)

5	53101 @ICO	Palmerston, Jeremiah Bradley	35	Fastlane Swimming	28.30
6	33387 IAO	Wu, Kenneth Yee Lok	35	Sword Fish Club	30.00
7	55910 @IM	Zeng, Xiaodi	37	Sword Fish Club	30.00
8	04877 IBZ	Ng, Yu Ting	35	Sword Fish Club	38.00
9	55933 @IM	Feng, Rong	39	New Water Polo	40.00
10	09136 IAZ	Tsang, Chun Kin	38	New Water Polo	55.00
11	42848 P	Li, Yuhui	37	Sword Fish Club	1:00.00

40-44

1	52550 IAZ	Chiu, Kelvin Ho Yin	44	HK Football Club	27.00
2	48666 @ICO	Upman, David Ross	42	Fastlane Swimming	29.25
3	52508 IAZ	Yuen, Chun Yiu Curtis	40	South China	29.66
4	12176 ICZ	Ng, Siu Yu	44	Sword Fish Club	30.00
5	57196 IAZ	Chen, Tu Chien Timothy	43	South China	31.71
6	03793 ICZ	Po, Tik San	44	New Water Polo	35.00
7	55358 @IM	Huang, Tongxiang	40	Sword Fish Club	35.00

45-49

1	04238	Woo, Chun Kuen Douglas	48	LRC	26.21
2	11544 #IAZN	Fan, Ivan	45	Hoi Fung	27.55
3	03096	Chan Samuel, Stephen Chi Chu	45	Kowloon Tong Club	29.00
4	57564 IAO	Chanmugam, Devin Nijanthan	49	LRC	29.85
5	55815 @IM	Yu, Shiqi	47	New Water Polo	33.00
6	55771 @IM	Huang, Zhangyin	47	Sword Fish Club	40.00
7	23119 IAZ	Chan, Ying Tsung Bosco	45	Sword Fish Club	46.00
8	41148 IAZ	Tang, Kee Wai	46	New Water Polo	48.00

50-54

1	53312 IAZ	Tang, Tin Lok Stephen	50	Win Tin	27.90
2	52883 IAZ	Lo, Fu Fui Frankie	51	Win Tin	31.00
3	03372	Lau, Allan	53	Sword Fish Club	32.00
4	51531 IAX	Tang, Min	51	Fastlane Swimming	34.50
5	40835 IAZ	Leung, Wing Hong Alvin	52	Diocesan School	35.00
6	49443 IAZN	Siu, Cheuk Kuen	54	Sword Fish Club	36.00
7	06711	Leung, Tsz Kin	54	New Water Polo	1:10.00

55-59

1	10264 IAO	Faiola, Jeff Alan	55	Island Stingrays	27.61
2	58570 @ICX	Liu, Lei	56	Sword Fish Club	31.00
3	26821 IAZ	Chan, Kwok Chi	55	Sword Fish Club	32.00
4	42202	Rong, Kangwen	59	Sword Fish Club	33.00
5	03555	Fung, Kim Hung	55	YMCA OF Hong Kong	34.00
6	45582 @IAO	Reeve, Blair	58	LRC	35.74
7	35711 IAX	Wong, Fuk Kei	57	Sword Fish Club	50.00
8	04184	Woo, Siu Ming William	55	Sword Fish Club	52.00
9	52756 IAX	Chueng, Shing	55	Hoi Fung	55.39

60-64

1	43144	Xiao, Donghong	60	New Water Polo	30.00
2	56410 B	Clark, David James	61	RippleFly Swim Ltd	32.65
3	50485 @^IM	Chen, Shuquan	63	New Water Polo	33.00
4	22433 IAZ	Lui, Man Pong	61	New Water Polo	33.00
5	44678 IAZ	Hung, Tin Wai Robert	60	Pacific	33.17
6	15528	Tsui, Tak Shing Dominic	64	Fastlane Swimming	33.50
7	31109 IAZ	Chan, Ping Yan Bryan	60	Hoi Fung	35.00
8	26594 IAZ	Ching, Wai Kin	62	Sword Fish Club	35.00
9	50495 @^IM	Zhou, Liang	62	Sword Fish Club	36.00
10	40861 IAZ	Cheung, Chi Ming Rover	63	Sword Fish Club	37.00
11	32108 IAX	Chan, Kiu	64	Sword Fish Club	38.00

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Psych Sheet

60-64... (Event 5 Men 50 LC Meter Freestyle)

12	55783 IC0	Joli-Coeur, Vincent	62	Fastlane Swimming	38.30
13	44868 IAZ	Leung, Cheong Chau Stephen	61	Diocesan School	45.00
14	21023 IAZ	Ho, Kwong Ngai Eric	63	Sword Fish Club	50.00
65-69					
1	50662 @^P	Zong, Cheng	68	Sword Fish Club	38.00
2	52766 IAO	Dundon, Christopher John	68	LRC	38.04
3	03762	Ha, Chi Ming	67	Flying Fish	40.56
4	41426 IAZ	Tang, Yu Hang Francis	65	Tung Sing	58.00
5	41007 IAZ	So, Man Sing	65	Sea Green	1:00.00
6	07802	Chau, Kam Tim	66	Sea Green	1:20.00
70-74					
1	53341 @^IM	Lu, Zhuoying	72	New Water Polo	35.00
2	14555 @IAX	Tang, Kon Leong	70	Sword Fish Club	35.00
3	06398	Cho, Wai Sun	73	Fastlane Swimming	36.00
4	04508	Chung, Kit Wai	72	Sword Fish Club	37.00
5	06389	Chan, Hong Wah	73	New Water Polo	39.00
6	52225 @^IM	Chen, Shengyou	70	New Water Polo	39.57
7	41729 IAZ	Ko, Leung Hung Alex	74	Diocesan School	40.00
8	55926 @IM	Liu, Guoqing	70	Sword Fish Club	45.00
9	06281	Fung, Kam Tai	71	Sword Fish Club	46.00
10	19327 IAZ	Yu, Kwok Chuen	71	Sword Fish Club	50.00
11	51797 @^IM	Kong, Fanqiang	74	New Water Polo	1:00.00
75-79					
1	51227 @^IM	Liang, Shuntian	77	Sword Fish Club	36.00
2	37684 IAZ	Mok, Yun Cheung	76	Sword Fish Club	37.00
3	03845	Tin, Sheung Kwai	79	New Water Polo	41.11
4	05917	Yong, Khin Syn	77	Sword Fish Club	58.00
80-84					
1	27458 IAZ	Tsui, Yau Ho	82	Sword Fish Club	55.00
85-89					
1	05407	Lee, She Kwok	88	Sword Fish Club	55.00

Event 6 Women 50 LC Meter Freestyle

18-24 MSR:	28.20
25-29 MSR:	27.70
30-34 MSR:	27.80
35-39 MSR:	27.63
40-44 MSR:	28.17
45-49 MSR:	26.07
50-54 MSR:	29.35
55-59 MSR:	32.17
60-64 MSR:	33.14
65-69 MSR:	35.01

	ID#	Name	Age	Team	Seed Time
18-24					
1	25097 B	Cheung, Margaret	21	Kowloon Tong Club	29.00
2	54016 #IAZ	Cheng, Hoi Man	21	Long Fame	31.00
3	31206 B	Wong, Hor Kiu	21	Sword Fish Club	32.00
4	58642 IAZ	Chan, Wai Ying	23	Cadix	NT
5	58643 IAZ	Tam, Cheuk Kiu	20	Cadix	NT
6	58641 IAZ	Fan, Oi Ching	24	Cadix	NT
25-29					
1	58409 IAZ	NG, Sik Yin	29	Hoi Fung	38.00
2	58563 IAZN	Ho, Chun Wai Crystal	26	Sword Fish Club	50.00

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Psych Sheet

25-29... (Event 6 Women 50 LC Meter Freestyle)

3	57484 @^IM	Wu, Jia Min	26	Sword Fish Club	1:00.00
30-34					
1	03730 IBZ	Li, Jamie	34	Kwan Hung	30.99
2	57970 IAZ	Au, Hiu Pui	30	Fastlane Swimming	31.00
3	54108 IAZ	Ng, Esther Ching Hay	32	Fastlane Swimming	32.00
4	57922 @^IM	Xu, Jiating	30	Sword Fish Club	33.00
5	51507 IAZ	Hui, Ngan Ying	34	Kowloon Tong Club	1:24.00
35-39					
1	00288 IBZ	Yip, Wing Yan	38	Dik Wing	27.60
2	04515 ICZ	Sze, Hang Yu	38	Fastlane Swimming	27.63
3	13384 ICZ	Lee, May Sze Mei	39	New Water Polo	58.00
40-44					
1	54353 IAXN	Yeh, Grace Judy	41	HK Football Club	31.00
2	57485 IAZ	Lai, Sophia Chi Lok	43	HK Football Club	34.00
3	32602 IAZ	Tam, Yik Man	42	Kowloon Tong Club	53.00
45-49					
1	33036 ICO	Coleman, Claire Michelle	48	Fastlane Swimming	31.50
2	45139 IAZ	Tai, Kwan Yee	49	Hoi Fung	33.37
3	30072 ICW	Chao, Man Chi	47	New Water Polo	37.00
4	06304 ICZ	Cheung, Man Yiu	47	Sea Green	40.00
5	25238 IAZ	Yip, Po Man	46	New Water Polo	1:00.00
6	49121 IAZ	So, Chin Wing	47	New Water Polo	1:10.00
7	47583 @IAX	Wei, Yan	48	South China	NT
50-54					
1	58569 IAX	Wang, Yuan	52	Sword Fish Club	50.00
2	46181 IAZ	Ng, Yan Yan Bandy	50	Tung Sing	1:00.00
55-59					
1	43977	Lin, Zihe	57	New Water Polo	35.00
2	47040 @IAX	Zou, Shengling	55	Tung Sing	48.00
3	56945 @^IM	Yang, Yuxia	59	Sword Fish Club	50.00
4	55769 @IM	Li, Hong	56	Sword Fish Club	55.00
5	57981 IAZ	Tang, Mun Yin	58	Hoi Fung	NT
60-64					
1	37062 IAZ	Lee, E Way Yvonne	60	Kowloon Tong Club	38.00
2	26254 IAX	Ng, Kong Ching	61	Tung Sing	40.00
3	16303	Rana, Naomi	60	LRC	42.16
4	51472 @IM	Pang, Yunxiao	62	New Water Polo	43.00
5	57477 @^IM	Liang, Run Qing	60	Sword Fish Club	43.00
6	52222 @^P	Wang, Min	64	Sword Fish Club	45.00
7	43595	Ao, Wai Lan	64	Sword Fish Club	46.00
8	30804 IAON	Yue, Roberta May-wan	63	LRC	51.07
9	38460 IAZ	Tang, Kit Fong Yvonne	62	New Water Polo	57.00
65-69					
1	54338 @IM	Peng, Shuyan	67	Sword Fish Club	45.00
2	51787 @^IM	Li, Weiwei	65	Sword Fish Club	46.00
3	51786 @^IM	Chen, Junying	68	Sword Fish Club	52.00
4	20640 IAZ	Wong, Fung Yee	66	Sword Fish Club	55.00
70-74					
1	52109 @^IM	Wang, Yan	70	Sword Fish Club	36.55
2	46236 IAZ	Fok, Miu Han	73	New Water Polo	53.18
3	57478 @^IM	Song, Ji Zui	70	Sword Fish Club	55.00
4	56601 @^IM	Xie, Wanlu	70	Sword Fish Club	55.00
5	55817 @IM	Zhang, Ai Jun	74	New Water Polo	1:00.00
6	06127	Lau, Wai Lin	70	New Water Polo	1:10.00

**2026-27 Long Course Masters Swimming Comp P2 - 26/04/2026
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70-74... (Event 6 Women 50 LC Meter Freestyle)

7	07474 IAZ	Shing, Mei San	70	South China	NT
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75-79

1	39991 IAS	Sam, Choi Lin	78	Sword Fish Club	54.00
2	50480 @^ICX	Lam, Lai Mui	75	Sword Fish Club	1:00.00
3	06150	Ho, Po Chu	75	South China	NT

80-84

1	32571 IAZ	Chan, Pui Yee	82	Sword Fish Club	1:10.00
2	08936	Leong, Kuai Heng	80	New Water Polo	1:30.00

Event 7 Men 100 LC Meter Backstroke

- 18-24 MSR: 1:02.10**
- 25-29 MSR: 1:02.70**
- 30-34 MSR: 1:04.83**
- 35-39 MSR: 1:06.66**
- 40-44 MSR: 1:01.05**
- 45-49 MSR: 1:02.60**
- 50-54 MSR: 1:08.09**
- 55-59 MSR: 1:11.73**
- 60-64 MSR: 1:13.98**
- 65-69 MSR: 1:18.71**

	ID#	Name	Age	Team	Seed Time
18-24					
1	36335 IAZ	Wu, Yin To	19	Hoi Ngai	58.88
25-29					
1	09821 IAZ	Au Yeung, Chung Hang Felix	28	RippleFly Swim Ltd	1:10.00
2	55593 IAZ	Yeung, Hoi Kit	27	Juan Hua Club	1:20.00
3	17034 IAZ	Yeung, Yue Hin Gerry	29	Juan Hua Club	1:21.00
4	06697 B	Koo, Ralph Yat Ho	28	Flying Fish	NT
30-34					
1	57920 IAZ	Ho, Chun Man	30	Sword Fish Club	1:20.00
2	52752 @ICO	Hardy-Lachance, Thierry	34	Fastlane Swimming	1:45.00
35-39					
1	05293 B	Siu, Wai Wang Derek	35	Kwan Hung	1:05.00
2	53101 @ICO	Palmerston, Jeremiah Bradley	35	Fastlane Swimming	1:12.00
3	02021 IBZ	Chow, Man Ho	36	Kwan Hung	1:15.00
4	58566 @^IM	LI, Chao	36	Sword Fish Club	1:19.00
5	33387 IAO	Wu, Kenneth Yee Lok	35	Sword Fish Club	1:26.00
6	48262 IAZ	Quan, Wing Yeung Marwick	36	Sword Fish Club	1:30.00
7	03667 IBZ	Wong, Sai Man Sherman	37	New Water Polo	2:30.00
40-44					
1	00444	Lam, Yau Sun Dickson	41	Diocesan School	1:10.00
2	03409	Ho, Kin Kan Adrian	43	Barracuda	1:25.00
3	57196 IAZ	Chen, Tu Chien Timothy	43	South China	NT
45-49					
1	51734 @^ICO	Small, Robert James	47	Fastlane Swimming	1:15.00
2	04238	Woo, Chun Kuen Douglas	48	LRC	1:16.05
3	48820 IAZ	Lam, Pei Tim	45	LRC	1:16.08
4	49497 @ICO	Macceod, Andrew Ian	47	LRC	1:17.75
5	57564 IAO	Chanmugam, Devin Nijanthan	49	LRC	1:26.04
6	11544 #IAZN	Fan, Ivan	45	Hoi Fung	1:30.38
7	03796 ICZ	Chan, Pui Kei	45	New Water Polo	1:32.00
8	40841 IAX	Tsang, Kwok Tung	47	Diocesan School	1:45.00
50-54					
1	06711	Leung, Tsz Kin	54	New Water Polo	1:20.00

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50-54... (Event 7 Men 100 LC Meter Backstroke)

2	06338 IAZ	Wong, Ka Fai	52	Sword Fish Club	1:48.00
3	24603 IAZ	Hung, Ka Ming	51	YMCA OF Hong Kong	1:50.00
4	05068	Yuen, Chung Ho Albert	51	South China	NT
55-59					
1	41548 IAZ	Ip, Ka Keung Patrick	58	HK Football Club	1:30.00
2	26821 IAZ	Chan, Kwok Chi	55	Sword Fish Club	1:35.00
3	45582 @IAO	Reeve, Blair	58	LRC	1:44.09
4	35711 IAX	Wong, Fuk Kei	57	Sword Fish Club	2:10.00
60-64					
1	50514 @^IM	Ye, Jinkun	64	Sword Fish Club	1:38.00
2	18856 IAZ	Au, Mun Shing	61	Sword Fish Club	1:40.00
3	51228 @^IM	Cui, Xiaobin	63	Sword Fish Club	1:50.00
4	21023 IAZ	Ho, Kwong Ngai Eric	63	Sword Fish Club	1:50.00
5	29472 IAZN	Choi, Kwok Man Tony	60	Sword Fish Club	1:55.00
6	39982 IAZ	Chow, Wing Chun	62	Sword Fish Club	1:55.00
7	26594 IAZ	Ching, Wai Kin	62	Sword Fish Club	1:57.00
8	22433 IAZ	Lui, Man Pong	61	New Water Polo	1:58.00
9	40840 IAZ	Ng, Ka Yiu Karl	62	Diocesan School	2:00.00
65-69					
1	03215 #IAZ	Leung, Yiu Chuen	68	Tung Sing	1:40.00
2	06256	Chan, Kwong Peter	65	Sea Green	1:50.00
3	28893 IAZ	Au, King Tong	69	Tung Sing	1:55.00
4	25226 IAZ	Choi, Tai Wing	65	Sword Fish Club	2:00.00
5	41007 IAZ	So, Man Sing	65	Sea Green	2:00.00
70-74					
1	53341 @^IM	Lu, Zhuoying	72	New Water Polo	1:42.00
2	06382	Chan, Kam Por	74	Sword Fish Club	1:55.00
3	06388	Lau, Man Kin	72	Sword Fish Club	1:55.00
4	19327 IAZ	Yu, Kwok Chuen	71	Sword Fish Club	2:15.00
5	06281	Fung, Kam Tai	71	Sword Fish Club	2:18.00
6	11563	Lee, Kwok Hung	73	Sword Fish Club	3:10.00
75-79					
1	20634 IAZ	Wu, Shu Sun	76	New Water Polo	2:00.00
2	06192	Chu, Shui Yi	75	Sea Green	2:20.00
3	22182 IAZ	Ngai, Yin Leung	77	Sword Fish Club	2:22.00
4	40518 IAZ	Liu, Wing Chiu	78	Tuen Mun	3:00.00
80-84					
1	27458 IAZ	Tsui, Yau Ho	82	Sword Fish Club	2:05.00
85-89					
1	05407	Lee, She Kwok	88	Sword Fish Club	3:08.00

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Event 8 Women 100 LC Meter Backstroke

18-24 MSR: 1:11.36
25-29 MSR: 1:10.14
30-34 MSR: 1:11.37
35-39 MSR: 1:11.91
40-44 MSR: 1:13.75
45-49 MSR: 1:15.99
50-54 MSR: 1:17.38
55-59 MSR: 1:32.18
60-64 MSR: 1:43.42
65-69 MSR: 1:37.51

	ID#	Name	Age	Team	Seed Time
18-24... (Event 8 Women 100 LC Meter Backstroke)					
1	25098 #B	Fung, Suet Ying Chloe	21	Fastlane Swimming	1:05.00
2	31206 B	Wong, Hor Kiu	21	Sword Fish Club	1:25.00
3	58641 IAZ	Fan, Oi Ching	24	Cadix	2:00.00
4	36426 B	Wai Ching, Wai Ching	19	The Motive	2:00.00
25-29					
1	57947 ICO	Ioda, Aliaksandra	28	LRC	1:16.08
2	54748 @^IM	Tan, Hualan	29	Sword Fish Club	1:45.00
30-34					
1	57970 IAZ	Au, Hiu Pui	30	Fastlane Swimming	1:20.00
2	54108 IAZ	Ng, Esther Ching Hay	32	Fastlane Swimming	1:30.00
3	57922 @^IM	Xu, Jiating	30	Sword Fish Club	1:32.00
4	51507 IAZ	Hui, Ngan Ying	34	Kowloon Tong Club	2:55.00
35-39					
1	13384 ICZ	Lee, May Sze Mei	39	New Water Polo	2:30.00
40-44					
1	23548 ICX	Chen, Yanyan	41	Fastlane Swimming	1:13.00
2	52770 IAO	Sjoholm, Ingrid Christina	40	HK Football Club	1:13.00
3	54353 IAXN	Yeh, Grace Judy	41	HK Football Club	1:18.00
4	57969 IAZ	Wong, Wing Tak Wendy	44	Fastlane Swimming	1:40.00
5	50839 @^IM	Zhuo, Enqi	42	Tuen Mun	NT
45-49					
1	33036 ICO	Coleman, Claire Michelle	48	Fastlane Swimming	1:23.50
2	45139 IAZ	Tai, Kwan Yee	49	Hoi Fung	1:43.41
3	53270 @^IM	Xie, Lexian	49	New Water Polo	2:20.00
4	55610 IAZ	Wong, Wing Yin Sominnie	49	Hoi Fung	2:50.58
50-54					
1	55906 IAX	Chen, Yanyun	50	Sword Fish Club	1:50.00
2	58569 IAX	Wang, Yuan	52	Sword Fish Club	2:00.00
3	06349	Ip, Oi Wa Wendy	54	Sword Fish Club	2:30.00
55-59					
1	40907 #IAZ	Lai, Shui Nin Ingrid	59	Hoi Fung	1:33.00
2	47040 @IAX	Zou, Shengling	55	Tung Sing	2:10.00
3	57981 IAZ	Tang, Mun Yin	58	Hoi Fung	NT
60-64					
1	50490 @^IM	Liang, Yanling	62	Sword Fish Club	2:00.00
2	06337	Tse, Yee Wah	60	YMCA OF Hong Kong	2:05.00
3	52222 @^P	Wang, Min	64	Sword Fish Club	2:10.00
4	41423 IAZ	Chiu, Pauline	64	Tung Sing	2:10.00
5	51532 IAZ	Shek, Yuk Ching Peggy	62	South China	NT

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65-69... (Event 8 Women 100 LC Meter Backstroke)

1	49914 @IAXB	Ng, Yee Man	67	New Water Polo	1:50.00
2	49428 IAX	Leong, Sao Fan	69	New Water Polo	2:30.00

70-74

1	55901 @IM	Lyu, Yanxia	73	Sword Fish Club	2:20.00
2	57478 @^IM	Song, Ji Zui	70	Sword Fish Club	2:25.00
3	06127	Lau, Wai Lin	70	New Water Polo	2:30.00
4	53928 @IM	Huang, Lifang	71	Sword Fish Club	3:00.00
5	52146 @^IM	Li, Lianzhi	74	Sword Fish Club	3:00.00

75-79

1	22852 ICX	Bai, Xiufen	75	Sword Fish Club	1:49.00
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80-84

1	32571 IAZ	Chan, Pui Yee	82	Sword Fish Club	2:30.00
2	08936	Leong, Kuai Heng	80	New Water Polo	3:34.34

Event 9 Men 200 LC Meter Freestyle

18-24 MSR:	2:06.87
25-29 MSR:	2:05.18
30-34 MSR:	2:04.40
35-39 MSR:	2:02.50
40-44 MSR:	2:07.25
45-49 MSR:	2:08.80
50-54 MSR:	2:14.33
55-59 MSR:	2:24.07
60-64 MSR:	2:32.99
65-69 MSR:	2:36.59

	ID#	Name	Age	Team	Seed Time
18-24					
1	58321 IAZ	Lo, Tsz Lam	19	Diocesan School	1:59.00
25-29					
1	57946 IAZ	Mc Laughlin, Conor	26	LRC	2:18.06
2	17034 IAZ	Yeung, Yue Hin Gerry	29	Juan Hua Club	2:25.00
3	55770 @IM	Wang, Xiangkun	27	Sword Fish Club	2:40.00
30-34					
1	43276 ICO	Gattegno, Julien	34	Fastlane Swimming	2:11.00
2	58194 IAZ	Lui, Chun Yin	34	Kwan Hung	2:15.00
3	31246 IAZ	Ho, Ka Hei	32	Dik Wing	2:19.68
4	42362 IAZ	Leung, Kung Ming	30	YMCA OF Hong Kong	3:00.00
5	09964 IAZ	Lau, Chak Lam Nicholas	31	Diocesan School	3:30.00
35-39					
1	02021 IBZ	Chow, Man Ho	36	Kwan Hung	2:12.00
2	01621 IBZ	So, Man Hon	38	HK Football Club	2:13.00
3	10309 IBZ	Leung, Chin Fung	37	HK Football Club	2:16.00
4	57565 @^ICO	Reid, Cavan Murray	38	LRC	2:22.08
5	30235 IAZ	Cheng, Hang Man	37	Hoi Fung	2:30.00
6	04877 IBZ	Ng, Yu Ting	35	Sword Fish Club	3:05.00
7	55910 @IM	Zeng, Xiaodi	37	Sword Fish Club	3:30.00
40-44					
1	12176 ICZ	Ng, Siu Yu	44	Sword Fish Club	2:35.00
2	42708 IAZ	Tang, Wing Chung Jonathan	44	Hoi Fung	2:44.00
3	55913 @IM	Guan, Ping	41	Sword Fish Club	3:25.00
45-49					
1	49497 @ICO	Macceod, Andrew Ian	47	LRC	2:18.19
2	40712 ICO	Holliday, Simon Gareth	48	HK Football Club	2:40.00

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Psych Sheet

45-49... (Event 9 Men 200 LC Meter Freestyle)

3	40841 IAX	Tsang, Kwok Tung	47 Diocesan School	3:30.00
50-54				
1	53312 IAZ	Tang, Tin Lok Stephen	50 Win Tin	2:22.00
2	24641 ICO	Cummings, Richard Mark	53 LRC	2:27.04
3	51473 @IAO	Loh, Yeong Shang	53 Barracuda	2:32.00
4	28849 IAZ	Chan, Chun Kuen	51 Sword Fish Club	2:34.00
5	25592 IAZ	Cheung, Wai Kei	54 Flying Fish	2:48.52
6	27868 IAZ	Chan, Chi Wah Ringo	54 Sword Fish Club	3:00.00
7	24603 IAZ	Hung, Ka Ming	51 YMCA OF Hong Kong	3:10.00
8	49443 IAZN	Siu, Cheuk Kuen	54 Sword Fish Club	3:45.00
9	54714 IAZ	Wong, Tsun Yat Gary	52 Sword Fish Club	3:45.00
10	41887 IAZ	Woo, Cheuk Yiu Jeffrey	51 YMCA OF Hong Kong	3:50.00
55-59				
1	10264 IAO	Faiola, Jeff Alan	55 Island Stingrays	2:24.00
2	05138	Lanzone, Francesco	58 Barracuda	2:28.00
3	41548 IAZ	Ip, Ka Keung Patrick	58 HK Football Club	3:00.00
4	42202	Rong, Kangwen	59 Sword Fish Club	3:00.00
5	42364 IAZ	Lau, Yip Kwong Francis	57 Diocesan School	3:30.00
60-64				
1	56410 B	Clark, David James	61 RippleFly Swim Ltd	2:40.00
2	50485 @^IM	Chen, Shuquan	63 New Water Polo	3:00.00
3	50514 @^IM	Ye, Jinkun	64 Sword Fish Club	3:05.00
4	15528	Tsui, Tak Shing Dominic	64 Fastlane Swimming	3:15.00
5	55783 ICO	Joli-Coeur, Vincent	62 Fastlane Swimming	3:25.00
6	40861 IAZ	Cheung, Chi Ming Rover	63 Sword Fish Club	3:30.00
7	51228 @^IM	Cui, Xiaobin	63 Sword Fish Club	3:50.00
8	40840 IAZ	Ng, Ka Yiu Karl	62 Diocesan School	3:50.00
9	29472 IAZN	Choi, Kwok Man Tony	60 Sword Fish Club	3:52.00
10	39982 IAZ	Chow, Wing Chun	62 Sword Fish Club	4:00.00
65-69				
1	06331 ICZ	Ma, Etienne	69 YMCA OF Hong Kong	2:35.00
2	06256	Chan, Kwong Peter	65 Sea Green	2:50.00
3	45199 IAZ	Fok, Siu Por	68 New Water Polo	3:30.00
4	15527	Zhou, Hao	68 Tung Sing	3:45.00
70-74				
1	06382	Chan, Kam Por	74 Sword Fish Club	3:16.00
2	52225 @^IM	Chen, Shengyou	70 New Water Polo	3:20.00
3	04508	Chung, Kit Wai	72 Sword Fish Club	3:26.00
4	26318	Suen, Chi Wing	72 Sword Fish Club	3:50.00
5	19327 IAZ	Yu, Kwok Chuen	71 Sword Fish Club	4:50.00
75-79				
1	50503 @^IM	Feng, Bingkun	75 Sword Fish Club	4:00.00

2026-27 Long Course Masters Swimming Comp P2 - 26/04/2026
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Event 10 Women 200 LC Meter Freestyle

18-24 MSR: 2:16.66
25-29 MSR: 2:14.58
30-34 MSR: 2:23.47
35-39 MSR: 2:13.59
40-44 MSR: 2:13.70
45-49 MSR: 2:28.14
50-54 MSR: 2:32.26
55-59 MSR: 2:50.45
60-64 MSR: 2:55.64
65-69 MSR: 3:26.68

	ID#	Name	Age	Team	Seed Time
25-29... (Event 10 Women 200 LC Meter Freestyle)					
1	57947	ICO Ioda, Aliaksandra	28	LRC	2:16.06
2	26980	IAZ Wong, Suet Wing	27	Dik Wing	2:30.68
3	57484	@^IM Wu, Jia Min	26	Sword Fish Club	5:00.00
30-34					
1	54108	IAZ Ng, Esther Ching Hay	32	Fastlane Swimming	3:00.00
35-39					
1	04515	ICZ Sze, Hang Yu	38	Fastlane Swimming	2:30.00
2	47086	@ICX Miao, Amy	37	Barracuda	3:30.00
40-44					
1	02685	ICZ Master, Farah Jimmy	41	HK Football Club	2:15.00
2	52770	IAO Sjoholm, Ingrid Christina	40	HK Football Club	2:19.00
3	57485	IAZ Lai, Sophia Chi Lok	43	HK Football Club	2:45.00
4	38502	ICO Alfheim, Mai-britt	44	Barracuda	3:30.00
5	57045	@^IM Lin, Min	44	Sword Fish Club	3:35.00
6	41684	IAZ Leung, Wing Yin Winnie	42	Hoi Fung	3:59.30
7	42212	Lu, Wanjun	40	Sword Fish Club	5:00.00
8	47582	@IAX Dong, Lei	44	South China	NT
45-49					
1	49442	IAZ Chan, Yuk Man Phoebe	47	Sword Fish Club	2:29.00
2	44676	IAZ Lam, Sze Wai Jacqueline	46	Jockey Club	3:18.58
50-54					
1	50110	#IAZ Chow, Yin Wei Nora	54	Kwan Hung	2:53.00
2	35969	IAX Wang, Ying Lian	54	Tung Sing	3:34.00
3	51676	@IM Li, Fan	50	Sword Fish Club	3:40.00
55-59					
1	40907	#IAZ Lai, Shui Nin Ingrid	59	Hoi Fung	3:00.00
2	43977	Lin, Zihe	57	New Water Polo	3:20.00
3	47040	@IAX Zou, Shengling	55	Tung Sing	3:45.00
4	40912	IAZ Ng, Yee Ling	55	Tolo Harbour	4:00.00
5	40937	IAZ Leung, Wai Fan Fanny	56	South China	NT
60-64					
1	51472	@IM Pang, Yunxiao	62	New Water Polo	3:40.00
2	52222	@^P Wang, Min	64	Sword Fish Club	3:45.00
3	50893	@^P Niu, Zili	62	Sword Fish Club	4:00.00
4	30804	IAON Yue, Roberta May-wan	63	LRC	NT
5	43226	IAZ Yuen, Lai Ping Anna	60	South China	NT
65-69					
1	49914	@IAXB Ng, Yee Man	67	New Water Polo	3:40.00
70-74					
1	52109	@^IM Wang, Yan	70	Sword Fish Club	3:12.00

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70-74... (Event 10 Women 200 LC Meter Freestyle)

2	46236 IAZ	Fok, Miu Han	73	New Water Polo	3:55.00
3	06355	Lo, Lai Yung	71	New Water Polo	4:00.00
4	57478 @^IM	Song, Ji Zui	70	Sword Fish Club	4:00.00
5	55817 @IM	Zhang, Ai Jun	74	New Water Polo	4:20.00
6	55901 @IM	Lyu, Yanxia	73	Sword Fish Club	4:58.00

75-79

1	06357	Suen, Ming Chu	78	Sword Fish Club	4:20.00
2	39991 IAS	Sam, Choi Lin	78	Sword Fish Club	4:40.00
3	43599 @^IM	Li, Jiexian	76	Sword Fish Club	4:50.00
4	50480 @^ICX	Lam, Lai Mui	75	Sword Fish Club	5:00.00

Event 11 Men 50 LC Meter Butterfly

18-24 MSR:	26.27
25-29 MSR:	26.21
30-34 MSR:	26.54
35-39 MSR:	25.93
40-44 MSR:	26.85
45-49 MSR:	27.47
50-54 MSR:	27.94
55-59 MSR:	30.04
60-64 MSR:	29.64
65-69 MSR:	33.20

	ID#	Name	Age	Team	Seed Time
18-24					
1	36335 IAZ	Wu, Yin To	19	Hoi Ngai	25.88
2	30675 B	Chan, Wai Tsun	23	Current Club Ltd	29.13
25-29					
1	56605 @^IM	Zhang, Zishuai	27	Sword Fish Club	27.00
2	57946 IAZ	Mc Laughlin, Conor	26	LRC	29.05
3	55593 IAZ	Yeung, Hoi Kit	27	Juan Hua Club	30.49
4	06697 B	Koo, Ralph Yat Ho	28	Flying Fish	32.85
30-34					
1	43276 ICO	Gattegno, Julien	34	Fastlane Swimming	29.00
2	52752 @ICO	Hardy-Lachance, Thierry	34	Fastlane Swimming	36.00
3	58562 @^IM	Cai, Shujie	34	Sword Fish Club	1:00.00
4	55587 IAZ	Chan, Ivan	34	South China	NT
35-39					
1	51101 @ICO	Smit, Marcel Pieter Arnold	39	HK Football Club	26.00
2	01621 IBZ	So, Man Hon	38	HK Football Club	27.00
3	53101 @ICO	Palmerston, Jeremiah Bradley	35	Fastlane Swimming	29.50
4	57565 @^ICO	Reid, Cavan Murray	38	LRC	31.20
5	55933 @IM	Feng, Rong	39	New Water Polo	40.00
6	42848 P	Li, Yuhui	37	Sword Fish Club	1:00.00
40-44					
1	55925 @IM	Zhou, Jiangfan	42	Sword Fish Club	29.00
2	54871 IAZ	Yum, Christopher Carson	41	Jockey Club	30.00
3	55358 @IM	Huang, Tongxiang	40	Sword Fish Club	39.00
4	52508 IAZ	Yuen, Chun Yiu Curtis	40	South China	39.71
5	03409	Ho, Kin Kan Adrian	43	Barracuda	40.00
6	03793 ICZ	Po, Tik San	44	New Water Polo	40.00
7	55913 @IM	Guan, Ping	41	Sword Fish Club	48.00
45-49					
1	51734 @^ICO	Small, Robert James	47	Fastlane Swimming	29.00
2	49497 @ICO	Maceod, Andrew Ian	47	LRC	29.22

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45-49... (Event 11 Men 50 LC Meter Butterfly)

3	39981 IAZ	Mui, Ho Chuen	46	Sword Fish Club	31.29
4	57564 IAO	Chanmugam, Devin Nijanthan	49	LRC	33.78
5	55815 @IM	Yu, Shiqi	47	New Water Polo	36.00
6	40712 ICO	Holliday, Simon Gareth	48	HK Football Club	1:00.00
7	55771 @IM	Huang, Zhangyin	47	Sword Fish Club	1:00.00
8	48820 IAZ	Lam, Pei Tim	45	LRC	2:22.08
50-54					
1	06711	Leung, Tsz Kin	54	New Water Polo	30.15
2	41908 IAZ	Lee, Chi Hang Edmond	52	Jockey Club	35.00
3	52883 IAZ	Lo, Fu Fui Frankie	51	Win Tin	35.00
4	24641 ICO	Cummings, Richard Mark	53	LRC	35.18
5	27868 IAZ	Chan, Chi Wah Ringo	54	Sword Fish Club	37.00
6	27459 IAZ	Lui, Wing Tak Victor	52	Diocesan School	38.00
7	41887 IAZ	Woo, Cheuk Yiu Jeffrey	51	YMCA OF Hong Kong	40.00
8	40835 IAZ	Leung, Wing Hong Alvin	52	Diocesan School	40.00
9	51531 IAX	Tang, Min	51	Fastlane Swimming	42.00
10	03372	Lau, Allan	53	Sword Fish Club	42.00
11	06338 IAZ	Wong, Ka Fai	52	Sword Fish Club	42.00
12	25592 IAZ	Cheung, Wai Kei	54	Flying Fish	NT
55-59					
1	10264 IAO	Faiola, Jeff Alan	55	Island Stingrays	30.00
2	58570 @ICX	Liu, Lei	56	Sword Fish Club	33.00
3	26821 IAZ	Chan, Kwok Chi	55	Sword Fish Club	42.00
4	42364 IAZ	Yip Kwong Francis, Yip Kwong	57	Diocesan School	42.00
5	32285 IAZ	Chan, Chong Kai Stephen	58	Diocesan School	42.00
6	42365 IAX	Kwan, Man Fai	57	Diocesan School	54.00
60-64					
1	43144	Xiao, Donghong	60	New Water Polo	33.00
2	50485 @^IM	Chen, Shuquan	63	New Water Polo	37.00
3	24256 IAW	Lok, Wai Man	63	New Water Polo	38.00
4	39982 IAZ	Chow, Wing Chun	62	Sword Fish Club	40.00
5	58517 IAZ	Fung, Bood	61	Tung Sing	40.00
6	44678 IAZ	Hung, Tin Wai Robert	60	Pacific	42.72
7	31109 IAZ	Chan, Ping Yan Bryan	60	Hoi Fung	45.00
8	37048 IAZ	Cheung, Wai Chuen Jimmy	63	Sword Fish Club	46.00
9	21023 IAZ	Ho, Kwong Ngai Eric	63	Sword Fish Club	50.00
10	29472 IAZN	Choi, Kwok Man Tony	60	Sword Fish Club	55.00
65-69					
1	03215 #IAZ	Leung, Yiu Chuen	68	Tung Sing	38.00
2	50662 @^P	Zong, Cheng	68	Sword Fish Club	45.00
3	41007 IAZ	So, Man Sing	65	Sea Green	1:00.00
4	15527	Zhou, Hao	68	Tung Sing	1:00.00
5	07802	Chau, Kam Tim	66	Sea Green	2:00.00
70-74					
1	06398	Cho, Wai Sun	73	Fastlane Swimming	40.00
2	52225 @^IM	Chen, Shengyou	70	New Water Polo	40.00
3	53341 @^IM	Lu, Zhuoying	72	New Water Polo	45.00
4	43205	Zhou, Jin Jia	71	New Water Polo	45.00
5	55926 @IM	Liu, Guoqing	70	Sword Fish Club	50.00
6	0618F7	Kan, Kai Kwong	71	Sea Green	1:00.00
7	41729 IAZ	Ko, Leung Hung Alex	74	Diocesan School	1:00.00
75-79					
1	51227 @^IM	Liang, Shuntian	77	Sword Fish Club	40.00
2	20634 IAZ	Wu, Shu Sun	76	New Water Polo	50.00

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75-79... (Event 11 Men 50 LC Meter Butterfly)

3	06192	Chu, Shui Yi	75	Sea Green	1:15.00
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Event 12 Women 50 LC Meter Butterfly

18-24 MSR:	29.61
25-29 MSR:	29.30
30-34 MSR:	30.25
35-39 MSR:	29.77
40-44 MSR:	29.81
45-49 MSR:	28.70
50-54 MSR:	31.86
55-59 MSR:	36.39
60-64 MSR:	37.04
65-69 MSR:	41.67

	ID#	Name	Age	Team	Seed Time
18-24					
1	25098 #B	Fung, Suet Ying Chloe	21	Fastlane Swimming	29.00
2	54016 #IAZ	Cheng, Hoi Man	21	Long Fame	35.00
3	58643 IAZ	Tam, Cheuk Kiu	20	Cadix	NT
4	58641 IAZ	Fan, Oi Ching	24	Cadix	NT
25-29					
1	58409 IAZ	NG, Sik Yin	29	Hoi Fung	45.00
2	58563 IAZN	Ho, Chun Wai Crystal	26	Sword Fish Club	56.00
30-34					
1	57429 IAX	Mak, Chung Yee	30	Fastlane Swimming	33.50
2	57970 IAZ	Au, Hiu Pui	30	Fastlane Swimming	34.00
3	03730 IBZ	Li, Jamie	34	Kwan Hung	35.00
4	57922 @^IM	Xu, Jiating	30	Sword Fish Club	36.00
5	13202 IBZ	Chui, Wing Yin	32	Sword Fish Club	45.00
35-39					
1	00288 IBZ	Yip, Wing Yan	38	Dik Wing	29.80
40-44					
1	02685 ICZ	Master, Farah Jimmy	41	HK Football Club	29.80
2	57969 IAZ	Wong, Wing Tak Wendy	44	Fastlane Swimming	35.80
3	42212	Lu, Wanjun	40	Sword Fish Club	50.00
4	47582 @IAX	Dong, Lei	44	South China	NT
5	50839 @^IM	Zhuo, Enqi	42	Tuen Mun	NT
45-49					
1	30072 ICW	Chao, Man Chi	47	New Water Polo	38.00
2	44676 IAZ	Lam, Sze Wai Jacqueline	46	Jockey Club	48.00
3	55610 IAZ	Wong, Wing Yin Sominnie	49	Hoi Fung	58.00
50-54					
1	42192 @^IM	Chen, Yunlin	50	Sword Fish Club	42.00
2	35969 IAX	Wang, Ying Lian	54	Tung Sing	58.00
55-59					
1	43977	Lin, Zihe	57	New Water Polo	40.00
2	51706 @^IM	Wang, Shihong	58	New Water Polo	45.00
60-64					
1	51472 @IM	Pang, Yunxiao	62	New Water Polo	43.00
2	37062 IAZ	Lee, E Way Yvonne	60	Kowloon Tong Club	48.80
3	16303	Rana, Naomi	60	LRC	49.41
4	38289 IAZ	Ng, Wai Lin Angie	62	Sword Fish Club	1:03.00
65-69					
1	54338 @IM	Peng, Shuyan	67	Sword Fish Club	48.00
2	19290 IAX	Tseung, Nga Wah	69	Sword Fish Club	48.00

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65-69... (Event 12 Women 50 LC Meter Butterfly)

3	51787 @^IM	Li, Weiwei	65	Sword Fish Club	49.00
70-74					
1	06355	Lo, Lai Yung	71	New Water Polo	1:00.00
2	52146 @^IM	Li, Lianzhi	74	Sword Fish Club	1:00.00
3	07474 IAZ	Shing, Mei San	70	South China	NT
75-79					
1	43599 @^IM	Li, Jiexian	76	Sword Fish Club	58.00
2	39357 @^P	Mak, Sok Iun	76	Sword Fish Club	1:10.00

Event 13 Men 200 LC Meter Medley Relay

- 100-119 MSR: 1:49.32
- 120-159 MSR: 1:51.13
- 160-199 MSR: 1:53.94
- 200-239 MSR: 2:03.19
- 240-279 MSR: 2:19.80
- 280-319 MSR: 2:33.32
- 320-359 MSR: 3:30.63

	Team	Relay	Seed Time
100-119			
1	Fastlane Swimming	M100 A	NT
120-159			
1	Kwan Hung Swimming Club	M120 A	2:00.00
2	Ladies' Recreation Club	M120 A	NT
3	New Water Polo Club	M120 A	NT
4	Sword Fish Club	M120 A	NT
5	Fastlane Swimming	M120 A	NT
6	Hong Kong Football Club	M120 A	NT
160-199			
1	Ladies' Recreation Club	M160 A	NT
2	New Water Polo Club	M160 A	NT
3	Sword Fish Club	M160 A	NT
4	Fastlane Swimming	M160 A	NT
5	Hong Kong Football Club	M160 A	NT
6	Diocesan School Old Boys' Assn	M160 A	NT
200-239			
1	YMCA OF Hong Kong	M200 A	2:20.00
2	Ladies' Recreation Club	M200 A	NT
3	Barracuda Swimming Club	M200 A	NT
4	New Water Polo Club	M200 A	NT
5	Sword Fish Club	M200 A	NT
6	Tung Sing Athletic Association	M200 A	NT
7	Fastlane Swimming	M200 A	NT
8	Hong Kong Football Club	M200 A	NT
9	Diocesan School Old Boys' Assn	M200 A	NT
240-279			
1	Sea Green Swimming & L.S. Club	M240 A	2:50.00
2	New Water Polo Club	M240 A	NT
3	Sword Fish Club	M240 A	NT
4	Fastlane Swimming	M240 A	NT
280-319			
1	New Water Polo Club	M280 A	NT
2	Sword Fish Club	M280 A	NT
320-359			
1	Sword Fish Club	M320 A	NT

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Event 14 Women 200 LC Meter Medley Relay

100-119 MSR: 2:19.21
120-159 MSR: 2:07.83
160-199 MSR: 2:10.35
200-239 MSR: 2:19.23
240-279 MSR: 2:48.90
280-319 MSR: 3:06.66
320-359 MSR: 4:37.13

	Team	Relay	Seed Time
100-119... (Event 14 Women 200 LC Meter Medley Relay)			
1	Fastlane Swimming	W100 A	NT
120-159			
1	Ladies' Recreation Club	W120 A	NT
2	New Water Polo Club	W120 A	NT
3	Sword Fish Club	W120 A	NT
4	Fastlane Swimming	W120 A	NT
5	Hong Kong Football Club	W120 A	NT
160-199			
1	Kwan Hung Swimming Club	W160 A	2:30.00
2	Ladies' Recreation Club	W160 A	NT
3	New Water Polo Club	W160 A	NT
4	Sword Fish Club	W160 A	NT
5	Fastlane Swimming	W160 A	NT
6	Hong Kong Football Club	W160 A	NT
200-239			
1	Ladies' Recreation Club	W200 A	NT
2	New Water Polo Club	W200 A	NT
3	Sword Fish Club	W200 A	NT
4	Tung Sing Athletic Association	W200 A	NT
5	Fastlane Swimming	W200 A	NT
6	Hong Kong Football Club	W200 A	NT
240-279			
1	New Water Polo Club	W240 A	NT
2	South China Athletic Assn	W240 A	NT
3	Sword Fish Club	W240 A	NT
280-319			
1	New Water Polo Club	W280 A	NT
2	Sword Fish Club	W280 A	NT

Event 15 Mixed 200 LC Meter Freestyle Relay

100-119 MSR: 1:51.20
120-159 MSR: 1:48.59
160-199 MSR: 1:46.49
200-239 MSR: 1:51.91
240-279 MSR: 2:15.69
280-319 MSR: 2:25.20
320-359 MSR: 3:38.22

	Team	Relay	Seed Time
X100-119			
1	Fastlane Swimming	X100 A	NT
X120-159			
1	Kwan Hung Swimming Club	X120 A	1:50.00
2	Dik Wing Association Limited	X120 A	1:55.80
3	Ladies' Recreation Club	X120 A	NT

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X120-159... (Event 15 Mixed 200 LC Meter Freestyle Relay)

4	New Water Polo Club	X120 A	NT
5	Sword Fish Club	X120 A	NT
6	Fastlane Swimming	X120 A	NT
7	Hong Kong Football Club	X120 A	NT

X160-199

1	Kwan Hung Swimming Club	X160 A	2:05.00
2	Hoi Fung Swimming Club	X160 A	2:05.38
3	Kowloon Tong Club	X160 A	2:24.00
4	The Hong Kong Jockey Club	X160 A	NT
5	Ladies' Recreation Club	X160 A	NT
6	New Water Polo Club	X160 A	NT
7	Sword Fish Club	X160 A	NT
8	Fastlane Swimming	X160 A	NT
9	Hong Kong Football Club	X160 A	NT

X200-239

1	Hoi Fung Swimming Club	X200 A	2:02.38
2	Ladies' Recreation Club	X200 A	NT
3	Barracuda Swimming Club	X200 A	NT
4	New Water Polo Club	X200 A	NT
5	Sword Fish Club	X200 A	NT
6	Tung Sing Athletic Association	X200 A	NT
7	Fastlane Swimming	X200 A	NT
8	Hong Kong Football Club	X200 A	NT

X240-279

1	New Water Polo Club	X240 A	NT
2	Sword Fish Club	X240 A	NT
3	Tung Sing Athletic Association	X240 A	NT
4	Fastlane Swimming	X240 A	NT

X280-319

1	New Water Polo Club	X280 A	NT
2	Sword Fish Club	X280 A	NT

X320-359

1	Sword Fish Club	X320 A	NT
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