

**2025 - 2026 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION II (PART 3)****2025 - 2026 第二組短池分齡游泳比賽第三節****Date:** 14 March 2026 (Saturday)**Venue:** Shing Mun Valley Swimming Pool 城門谷游泳池**Morning Warm up:** 0900 - 0945 hours**Morning Session First Event:** 1000 hours**Afternoon Warm Up** 1300 - 1345 hours**Afternoon Session First Event:** 1400 hours**GIRLS 女****BOYS 男**

1	13 & 14 YRS	100M	BREASTSTROKE	蛙泳	2
3	15 -17 YRS	100M	BREASTSTROKE	蛙泳	4
5	8 YRS & UNDER	100M	BREASTSTROKE	蛙泳	6
7	13 & 14 YRS	50M	FREESTYLE	自由泳	8
9	15 -17 YRS	50M	FREESTYLE	自由泳	10
11	8 YRS & UNDER	50M	FREESTYLE	自由泳	12
13	13 & 14 YRS	100M	IND. MEDLEY	個人四式	14
15	15 -17 YRS	100M	IND. MEDLEY	個人四式	16
17	8 YRS & UNDER	100M	IND. MEDLEY	個人四式	18

**LUNCH BREAK 午膳時間**

19	11 &12 YRS	100M	BREASTSTROKE	蛙泳	20
21	9 & 10 YRS	100M	BREASTSTROKE	蛙泳	22
23	11 &12 YRS	50M	FREESTYLE	自由泳	24
25	9 & 10 YRS	50M	FREESTYLE	自由泳	26
27	11 &12 YRS	100M	IND. MEDLEY	個人四式	28
29	9 & 10 YRS	100M	IND. MEDLEY	個人四式	30
31	11 &12 YRS	200M	BACKSTROKE	背泳	32

截止註冊日期 CLOSING DATE FOR REGISTRATION: **30 January 2026 (1700 hours)**截止報名日期 CLOSING DATE FOR ENTRIES: **20 February 2026 (1700 hours)**