

# Programme

## 比賽賽程



### **HONG KONG CHINA SWIMMING ASSOCIATION**

(MEMBER OF WORLD AQUATICS)  
(AFFILIATED TO THE SPORTS FEDERATION AND  
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

**Annual Long Course Masters Swimming Championships**  
**週年長池先進游泳錦標賽**

**1 February 2026 (Sun)**

二零二六年二月一日(日)

**Sun Yat Sen Memorial Park Swimming Pool**

**中山紀念公園游泳池**

**Subvented by the LCSD**



## 2025-2026 MSLCC - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 100 Breaststroke	75
2	Women 100 Breaststroke	45
3	Men 50 Freestyle	150
4	Women 50 Freestyle	85
5	Men 200 IM	51
6	Women 200 IM	24
7	Men 50 Backstroke	81
8	Women 50 Backstroke	77
9	Men 100 Freestyle	98
10	Women 100 Freestyle	65
11	Men 50 Butterfly	120
12	Women 50 Butterfly	48
13	Men 4x50 Medley Relay	40
14	Women 4x50 Medley Relay	30
15	Men 50 Breaststroke	94
16	Women 50 Breaststroke	76
17	Men 4x50 Freestyle Relay	42
18	Women 4x50 Freestyle Relay	30
Total		<b>1231</b>

Entry information by Day		
Day / Session	No. of Entries	Total
AM	588	<b>1231</b>
PM	643	

**Annual Long Course Masters Swimming Championships**  
**週年長池先進游泳錦標賽**

**Date:** 01-02-2026 (Sunday)

**Venue:** Sun Yat Sen Memorial Park Swimming Pool 中山紀念公園游泳池

Morning Warm up/熱身: 0830 – 0920 Hrs

Morning First Event/開始: 0930 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

<b>MEN</b>				<b>WOMEN</b>
1	100 M	Breaststroke	蛙泳	2
3	50 M	Freestyle	自由泳	4
5	200 M	Individual Medley	個人四式	6
7	50 M	Backstroke	背泳	8
Lunch Break 午膳時間				
9	100 M	Freestyle	自由泳	10
11	50 M	Butterfly	蝶泳	12
13	4 x 50 M	Medley Relay	四式接力	14
15	50 M	Breaststroke	蛙泳	16
17	4 x 50 M	Freestyle Relay	自由接力	18

# Hong Kong Masters Swimming Competition Series 2025-26

## Rules & Regulations for Local Competitors

<b>Date / Time</b>	Please see attached event calendar and event list.
<b>Venue</b>	Please see attached event calendar.
<b>Entry Conditions</b>	<ul style="list-style-type: none"> <li>※ All competitors must be 2025-26 registered masters (MS) swimmers of HKGSA (2025-26 Registration Fee: HK\$100 per swimmer)</li> <li>※ <b>Age 18 or above.</b></li> <li>※ <b><u>Overseas Teams: All Overseas competitors must be 2025-26 registered masters swimmers of their respective National Swimming Federation.</u></b></li> </ul>
<b>Entries</b>	<ul style="list-style-type: none"> <li>※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded.</li> </ul> <p><u>Individual Events</u></p> <ul style="list-style-type: none"> <li>※ Each swimmer is limited to no more than 3 individual events.</li> <li>※ HK\$15 per individual event</li> </ul> <p><u>Relay Events</u></p> <ul style="list-style-type: none"> <li>※ Relays will be run on a club basis.</li> <li>※ Each club may enter no more than one team in one age group of each relay event. It is not compulsory to submit best time for relay event</li> <li>※ All swimmers must be aged <b>25</b> or above.</li> <li>※ Each swimmer is only allowed to participate in one age group of each relay event. If swimmer race in two or more age group relay, concerned team result shall be disqualified.</li> <li>※ The composition of a relay team must be the same order to the submitted relay form. Any club failed to follow the same order will result in disqualified.</li> <li>※ HK\$15 per team per relay event.</li> <li>※ Paid by cheque <b>ONLY</b>. Crossed cheque made <b>payable to 'HKGSA'</b>.</li> </ul>
<b>Closing Date for Entries</b>	21 days prior to the date of competition. (Subject to the announcement of the HKGSA)
<b>Closing Date for Registration</b>	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKGSA) <b>*(Including Transfer Registration)</b>
<b>Event list</b>	Please see attached event lists. Events will be run as timed finals.

<b>Age Group</b>	<p>※ Age is calculated as at 31 December of the year of the competition.</p> <p><b>Individual Events</b></p> <p>※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 &amp; over</p> <p><b>Relay Events</b></p> <p>※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399</p>																		
<b>Relay</b>	<p>※ Relay entry form must be submitted <b>before 1200hours</b> on the competition day.</p>																		
<b>Scratches</b>	<p>※ Scratches must be submitted <b>30 minutes before</b> the scheduled start time of each session.</p> <p>※ A fine of \$30 will be charged for each “no show”. Fine payment should be settled before the next competition entry deadline. Otherwise, club entry will not be accepted.</p>																		
<b>Seeding</b>	<p>※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.</p>																		
<b>Awards</b>	<p>※ Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places.</p> <p>※ *Point score for first 8 places respectively (exclude Age 18-24 Group):</p> <table border="1" data-bbox="298 1028 954 1105"> <tr> <td>Individual</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>Relay</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> <p>※ *Awards for Clubs: Trophies will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places of Men Overall and Women Overall.</p>	Individual	9	7	6	5	4	3	2	1	Relay	18	14	12	10	8	6	4	2
Individual	9	7	6	5	4	3	2	1											
Relay	18	14	12	10	8	6	4	2											

**Rules**

- × World Aquatic rules will be applied.
- × Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series qualifying times for 400m or 800m Freestyle Events. Their results will be recorded as “DNF” (Did Not Finish).
- × Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards.
- × Swimmers shall not replace the swimmers on the swimmers list without HKGSA’s permission, represented clubs will be punished as follows:  
First time of violation  
 A fine of HK\$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given.  
Second time of violation  
 A fine of HK\$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women’s relay events will not be given.  
Third time of violation  
 A fine of HK\$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events during the competition will not be given and respective club relay event shall be suspended from the next competition (Including MEN & WOMEN).

Violation would be counted within one financial year, i.e. (starting from 1<sup>st</sup> April and ending 31<sup>st</sup> March)

**Official Arrangement**

- × Clubs would need to provide number of officials for the competition as below:

Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided
5-14	1	4
15-24	2	4
25 or more	3	4

- × Clubs will be suspended from the next competition if failed to fulfil the above requirement.

<b>Protest</b>	<ul style="list-style-type: none"><li>※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200.</li><li>※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final.</li><li>※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.</li></ul>
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\* Not apply to Overseas Competitors.

## 二零二五至二六年香港先進游泳比賽系列 比賽規程 (本地適用)

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> <li>◇ 所有參賽者必須為中國香港游泳總會(泳總)正式註冊的2025-2026年度先進組別泳員。2025-26年註冊費為港幣\$100元正。</li> <li>◇ 年滿18歲或以上。</li> <li>◇ <b>外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。</b></li> </ul>
報名：	<ul style="list-style-type: none"> <li>◇ 必須以泳總報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。</li> </ul> <p><b>個人項目</b></p> <ul style="list-style-type: none"> <li>◇ 每名泳員可參加不多於3項個人項目。</li> <li>◇ *每項報名費為港幣\$15元正。</li> </ul> <p><b>接力項目</b></p> <ul style="list-style-type: none"> <li>◇ 接力採取會際形式。</li> <li>◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。</li> <li>◇ 所有參賽泳員須年滿25歲或以上。</li> <li>◇ 每位泳員於每項接力項目只能參加一個年齡組別。如泳員參加多於一個年齡組別，該泳員及整隊所參與的任何接力項目成績將會被取消。</li> <li>◇ 各隊所有運動員需依照所屬屬會提交的接力表上次序比賽，如運動員沒有依照接力表上的次序比賽，該隊成績將會被取消。</li> <li>◇ *每項報名費為港幣\$15元正。</li> <li>◇ 只接受支票付款，支票請劃線，<b>抬頭寫 HKGSA。</b></li> </ul>
截止報名：	報名須於首日比賽21日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於比賽截止報名21日前辦妥。(以泳總的公佈為準) <b>*(包括轉會註冊)</b>
項目：	請參閱項目表。 <b>所有賽事均以時間決定名次，不設初賽。</b>
年齡組：	<p>年齡以比賽年12月31日計算。</p> <p><b>個人項目</b></p> <ul style="list-style-type: none"> <li>◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上</li> </ul> <p><b>接力項目</b></p> <ul style="list-style-type: none"> <li>◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399</li> </ul>
接力：	◇ 接力名單須於 <b>比賽日中午12時前遞交。</b>
棄權：	<ul style="list-style-type: none"> <li>◇ 棄權須於<b>每節開賽30分鐘前遞交。</b></li> <li>◇ 每次“缺席”的罰款為港幣\$30元正。罰款須於下次比賽截止報名前付清，否則將不獲接受泳會的任何報名。</li> </ul>
線道安排：	◇ 所有參加者，將不按年齡，而是跟據其提交的報名時間作編組，唯成績將按泳員所屬的組別分別處理。

獎項：	<ul style="list-style-type: none"> <li>◇ 個人及接力項目前三名將分別獲頒發獎牌。</li> <li>◇ *前八名分別得分（年齡 18-24 組除外）：</li> </ul> <table border="1" data-bbox="243 132 947 214"> <tr> <td>個人</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>接力</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> <ul style="list-style-type: none"> <li>◇ *團體獎項：男子 / 女子組全場冠、亞及季軍將分別獲頒發獎座。</li> </ul>	個人	9	7	6	5	4	3	2	1	接力	18	14	12	10	8	6	4	2
個人	9	7	6	5	4	3	2	1											
接力	18	14	12	10	8	6	4	2											
規則：	<ul style="list-style-type: none"> <li>◇ 比賽採用世界泳聯的規則。</li> <li>◇ 如參加 400 米或 800 米自由泳項目的泳員如未能於先進游泳比賽的達標時間內游畢全程，裁判有權要求該泳員離開比賽線道，而其成績會記錄為“DNF”（未能完成比賽）。</li> <li>◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將分別獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。</li> <li>◇ 泳員必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手行為，該泳會將被嚴厲處分。詳細罰則如下：           <ul style="list-style-type: none"> <li><u>第一次違規</u> 有關屬會須就每個違規項目繳交港幣\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目得分將不會計算在屬會總分內。</li> <li><u>第二次違規</u> 有關屬會須就每個違規項目繳交港幣\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目得分將不會計算在屬會總分內(包括男、女子)。</li> <li><u>第三次違規</u> 有關屬會須就每個違規項目繳交港幣\$1,000 罰款，另外涉事屬會在當天比賽的所有項目得分將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。</li> </ul> </li> </ul> <p style="text-align: center;"><u>違規記錄於一個財政年度清算(由 4 月 1 日起至 3 月 31 日)</u></p>																		
工作人員安排：	<ul style="list-style-type: none"> <li>◇ 各參賽屬會需派出以下工作人員數量：</li> </ul> <table border="1" data-bbox="269 1124 922 1430"> <thead> <tr> <th>參賽人數</th> <th>需要提供工作人員數量</th> <th>最多可派出工作人員數量</th> </tr> </thead> <tbody> <tr> <td>5 至 14 人</td> <td>1</td> <td>4</td> </tr> <tr> <td>15 至 24 人</td> <td>2</td> <td>4</td> </tr> <tr> <td>25 人或以上</td> <td>3</td> <td>4</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>◇ 如屬會不能提供上述所需工作人員數量，有關屬會將於下個比賽被罰停賽一次。</li> </ul>	參賽人數	需要提供工作人員數量	最多可派出工作人員數量	5 至 14 人	1	4	15 至 24 人	2	4	25 人或以上	3	4						
參賽人數	需要提供工作人員數量	最多可派出工作人員數量																	
5 至 14 人	1	4																	
15 至 24 人	2	4																	
25 人或以上	3	4																	
上訴：	<ul style="list-style-type: none"> <li>◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的 30 分鐘內，連同上訴費港幣\$200 元遞交予總裁判。</li> <li>◇ 上訴會交由該比賽之上訴委員會作決定。</li> <li>◇ 若上訴被駁回，已繳費用概不發還。</li> </ul>																		

\*海外參賽者並不適用。

# HONG KONG MASTERS SWIMMING RECORDS

## LONG COURSE

(Update to World Aquatics Masters Championships - Singapore 2025)

MEN 50M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	0:46.70	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15	
LEE MING	SFC	80-84	0:41.01	Spring Masters Swimming Championships 2010	06-Mar-10	
TIN SHEUNG KWAI	NWC	75-79	0:31.30	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23	
TIN SHEUNG KWAI	NWC	70-74	0:30.07	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17	
TIN SHEUNG KWAI	KTS	65-69	0:29.72	Annual Long Course Masters Swimming Championships	23-Nov-14	
WONG KWOK WAH	#RF	60-64	0:27.09	World Aquatics Masters Championships – Singapore 2025	11-Aug-25	
FU TAI CHUN	KTS	55-59	0:28.02	Spring Masters Swimming Championships 1997	22-Mar-97	
RUST STEFAN ROBERT	LRC	50-54	0:25.80	FINA World Masters Championships 2017	17-Aug-17	
NORTJE CRAIG ANDREW	#FB	45-49	0:26.19	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24	
YAN HO CHUN	#DB	40-44	0:25.14	World Aquatics Masters Championships – Singapore 2025	14-Aug-25	
SMIT MARCEL PIETER ARNOLD	*FL	35-39	0:23.96	World Aquatics Masters Championships – Singapore 2025	11-Aug-25	
FU WING HARBETH	KTS	30-34	0:24.31	Annual Long Course Masters Swimming Championships 2011	11-Dec-11	
CHUNG LAI YEUNG	#DB	25-29	0:23.92	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18	
CHANG GERRY JUUN YIH	KTS	18-24	0:24:17	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13	

WOMEN 50M FREESTYLE					NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	85-89	0:43.22	Annual Long Course Masters Swimming Championships 2024	01-Dec-24	
TAI LI HUA	SFC	80-84	0:43.31	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21	
OTSUKA YUKO	SGC	75-79	0:42.67	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15	
WANG LI	*WA	70-74	0:38.75	Annual Long Course Masters Swimming Championships 2019	01-Dec-19	
TSEUNG NGA WAH	SFC	65-69	0:35.01	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23	
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:33.14	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24	
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:32.17	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	15-Jul-18	
YAMAGUCHI MIKA	*FL	50-54	0:29.35	World Aquatics Masters World Championships 2023 - Kyushu	08-Aug-23	
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:26.07	World Aquatics Masters Championships – Singapore 2025	11-Aug-25	
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:28.17	Annual Long Course Masters Swimming Championships 2022	27-Nov-22	
SZE HANG YU	*FL	35-39	0:27.63	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25	
ZHANG XIAO TONG ISABELLA	*FL	30-34	0:27.80	World Aquatics Masters World Championships 2023 - Kyushu	08-Aug-23	
MOK HOI MAN SHERON	NWC	25-29	0:27.70	Annual Long Course Masters Swimming Championships 2022	27-Nov-22	
AU HIU PUI	*GW	18-24	0:28.20	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18	

MEN 100M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:49.14	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15	
LEE MING	SFC	80-84	1:38.42	Annual Long Course Masters Swimming Championships 2011	11-Dec-11	
TZENG TEH REN	SGC	75-79	1:23.46	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17	
TSE KWOK PIU	SFC	70-74	1:13.39	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24	
FU TAI CHUN	KTS	65-69	1:08.31	Annual Masters Swimming Championships 2002	31-Aug-02	
MA ETIENNE	YMC	60-64	1:03.94	Annual Long Course Masters Swimming Championships 2022	27-Nov-22	
WOODRING MERRITT DOUGLAS	AVO	60-64	1:03.94	World Aquatics Masters Championships – Singapore 2025	08-Aug-25	
MA ETIENNE	YMC	55-59	1:03.62	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12	
RUST STEFAN ROBERT	LRC	50-54	0:58.29	FINA World Masters Championships 2017	15-Aug-17	
NORTJE CRAIG ANDREW	#RF	45-49	0:58.32	Annual Long Course Masters Swimming Championships 2024	01-Dec-24	
O'NEILL DONAL THOMAS	LRC	40-44	0:56.60	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21	
SMIT MARCEL PIETER ARNOLD	#FB	35-39	0:53.36	World Aquatics Masters Championships – Singapore 2025	08-Aug-25	
LEE MAN TIM	KHC	30-34	0:55.63	World Aquatics Masters Championships – Singapore 2025	08-Aug-25	
FU WING HARBETH	KTS	25-29	0:54.16	Annual Masters Swimming Championships 2006	26-Aug-06	
LEE MAN TIM	HTA	25-29	0:54.16	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23	
KONG CHUN YIN	HVA	18-24	0:54.18	Annual Long Course Masters Swimming Championships 2013	24-Nov-13	

WOMEN 100M FREESTYLE					NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:10.64	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21	
SUEN MING CHU	SFC	75-79	1:47.51	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24	
SUEN MING CHU	SFC	70-74	1:39.80	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18	
TSEUNG NGA WAH	SFC	65-69	1:28.57	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22	
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:17.42	Annual Long Course Masters Swimming Championships 2023	03-Dec-23	
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:14.96	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	14-Jul-18	
YAMAGUCHI MIKA	*FL	50-54	1:05.38	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23	
KRKALO SHAUNA KATHLEEN	LRC	45-49	1:00.74	World Aquatics Masters Championships – Singapore 2025	08-Aug-25	
KELSEY JANE MACFARLAND	LRC	40-44	1:01.45	16th FINA World Masters Championships 2015 in Kazan	11-Aug-15	
SZE HANG YU	*FL	35-39	1:01.38	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25	
ZHANG XIAO TONG ISABELLA	*FL	30-34	1:01.79	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23	
MOK HOI MAN SHERON	NWC	25-29	1:01.02	Annual Long Course Masters Swimming Championships 2022	27-Nov-22	
CHAN TSZ CHING	*FL	18-24	1:00.63	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24	

# HONG KONG MASTERS SWIMMING RECORDS

## LONG COURSE

(Update to World Aquatics Masters Championships - Singapore 2025)

MEN 200M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	3:46.70	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
YANG YEE ZEI	NWC	75-79	3:38.31	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
TSE KWOK PIU	SFC	70-74	2:47.81	2021-22 Long Course Masters Swimming Competition - Part 2	09-May-21
MA ETIENNE	YMC	65-69	2:36.59	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
HO ROBERT YAU CHUNG	LRC	60-64	2:32.99	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
HO ROBERT YAU CHUNG	LRC	55-59	2:24.07	FINA World Masters Championships 2014	10-Aug-14
JOHNSON ERIC ANDREW	LRC	50-54	2:14.33	FINA World Masters Championships 2014	10-Aug-14
NORTJE CRAIG ANDREW	#FB	45-49	2:08.80	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
FONG LIK SUN	#FB	40-44	2:07.25	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
SMIT MARCEL PIETER ARNOLD	#FB	35-39	2:02.50	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
LEE MAN TIM	KHC	30-34	2:04.40	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	2:05.18	FINA World Masters Championships 2019 - Gwangju	14-Aug-19
HUI CHUN HIN	EWS	18-24	2:06.87	2012-13 Long Course Masters Swimming Competition – Part 2	17-Jun-12

WOMEN 200M FREESTYLE				NAME OF MEET	DATE ACHIEVED
CHAN WAI KIANG	KTS	80-84	9:35.55	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
SAM CHOI LIN	SFC	75-79	4:32.53	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
SUEN MING CHU	SFC	70-74	3:36.37	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
TSEUNG NGA WAH	SFC	65-69	3:26.68	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	2:55.64	World Aquatics Masters Championships – Doha 2024	03-Mar-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	2:50.45	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
COGGINS LYNDA ANNE	LRC	50-54	2:32.26	FINA World Masters Championships 2014	10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:28.14	16th FINA World Masters Championships 2015 in Kazan	12-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:13.70	16th FINA World Masters Championships 2015 in Kazan	12-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	2:13.59	FINA World Masters Championships 2014	10-Aug-14
ZHANG XIAO TONG ISABELLA	*FL	30-34	2:23.47	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
MOK HOI MAN SHERON	NWC	25-29	2:14.58	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
LAMB ENEKA MARIE	HIS	18-24	2:16.66	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 400M FREESTYLE				NAME OF MEET	DATE ACHIEVED
QI SONGHE	NWC	75-79	7:32.18	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
TSE KWOK PIU	SFC	70-74	6:23.03	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
CHAN KAM POR	SFC	65-69	6:00.83	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17
HO ROBERT YAU CHUNG	LRC	60-64	5:24.54	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
LANZONE FRANCESCO	BSC	55-59	5:06.50	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
WATERS ANDREW ALLAN	AVO	50-54	4:53.02	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	4:31.75	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	4:35.39	FINA World Masters Championships 2017	17-Aug-17
CAGGIO ANTONINO	LRC	35-39	4:29.74	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
LEE MAN TIM	KHC	30-34	4:33.40	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	4:32.86	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
LI CHUN HONG	HTA	18-24	4:25.08	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11

WOMEN 400M FREESTYLE				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	7:46.69	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
NG YEE MAN	NWC	65-69	6:59.90	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	6:05.89	World Aquatics Masters Championships – Doha 2024	28-Feb-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	6:02.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	5:25.06	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
CHAN YUK MAN PHOEBE	SFC	45-49	5:15.20	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
KELSEY JANE MACFARLAND	LRC	40-44	4:44.60	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	4:41.52	FINA World Masters Championships 2014	10-Aug-14
MOK HOI MAN SHERON	NWC	30-34	4:50.34	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
MOK HOI MAN SHERON	NWC	25-29	4:56.10	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
MAU LOK YAN EUNICE	CUC	18-24	5:06.39	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11

# HONG KONG MASTERS SWIMMING RECORDS

## LONG COURSE

(Update to World Aquatics Masters Championships - Singapore 2025)

MEN 800M FREESTYLE	NAME OF MEET				DATE ACHIEVED
POLSON IAN HASTINGS	LRC	75-79	16:05.75	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
CHAN KAM POR	SFC	70-74	13:28.85	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	65-69	12:19.01	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
HO ROBERT YAU CHUNG	LRC	60-64	11:32.69	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
LANZONE FRANCESCO	BSC	55-59	10:34.14	World Aquatics Masters Championships – Doha 2024	26-Feb-24
WATERS ANDREW ALLAN	AVO	50-54	10:10.61	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	9:28.79	FINA World Masters Championships 2019 - Gwangju	12-Aug-19
LILJESTROEM LENNART PETER FREDRIC	LRC	40-44	9:30.23	FINA World Masters Championships 2017	14-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	9:28.64	FINA World Masters Championships 2012	10-Jun-12
WANG TIMOTHY JONG	LRC	30-34	9:43.41	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
YUEN MARCUS	LRC	25-29	10:07.05	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
TSE HON TING	LWS	18-24	8:53.89	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

WOMEN 800M FREESTYLE	NAME OF MEET				DATE ACHIEVED
SUEN MING CHU	SFC	75-79	17:34.92	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
LO LAI YUNG	NWC	70-74	15:46.86	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
SUEN MING CHU	SFC	65-69	13:11.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
KIRKWOOD TAIN MHAIRA	LRC	60-64	13:07.73	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
KIRKWOOD TAIN MHAIRA	LRC	55-59	12:32.89	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	11:48.01	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
CHAN YUK MAN PHOEBE	SFC	45-49	10:52.16	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
KELSEY JANE MACFARLAND	LRC	40-44	9:42.82	16th FINA World Masters Championships 2015 in Kazan	10-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	9:48.87	FINA World Masters Championships 2014	10-Aug-14
MOK HOI MAN SHERON	NWC	30-34	10:15.91	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
CARPENTER LINH THUC LUONG	LRC	25-29	10:50.58	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
LAU SZE WING	HTA	18-24	10:22.03	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

MEN 50M BACKSTROKE	NAME OF MEET				DATE ACHIEVED
LEE SHE KWOK	SFC	85-89	0:57.83	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
TSUI YAU HO	SFC	80-84	0:54.86	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
TIN SHEUNG KWAI	NWC	75-79	0:38.96	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
TIN SHEUNG KWAI	NWC	70-74	0:37.82	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
TIN SHEUNG KWAI	SFC	65-69	0:35.70	FINA World Masters Championships 2014	10-Aug-14
HO ROBERT YAU CHUNG	LRC	60-64	0:33.94	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	0:32.57	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	0:30.97	FINA World Masters Championships 2017	20-Aug-17
FONG LIK SUN	#RF	45-49	0:29.47	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
O'NEILL DONAL THOMAS	LRC	40-44	0:28.69	World Aquatics Masters Championships – Doha 2024	01-Mar-24
TSAI CHUN YU GARY	#DB	35-39	0:30.27	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
SIU WAI WANG DEREK	KHC	30-34	0:28.60	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
LAU SHIU YUE	#DB	25-29	0:27.65	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHONG MICHAEL YAT TSUN	SFC	18-24	0:28.19	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25

WOMEN 50M BACKSTROKE	NAME OF MEET				DATE ACHIEVED
TAI LI HUA	SFC	85-89	0:52.03	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
TAI LI HUA	SFC	80-84	0:53.45	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
WONG JIM	SFC	75-79	0:55.07	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
BAI XINFEN	SFC	70-74	0:44.75	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
BAI XINFEN	SFC	65-69	0:42.89	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
NG YEE MAN	SFC	60-64	0:45.62	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
LAI SHUI NIN INGRID	YMC	55-59	0:40.70	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
COGGINS LYNDA ANNE	LRC	50-54	0:35.58	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:33.99	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
TAM MAI LING ALISON	#FL	40-44	0:34.40	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
SZE HANG YU	*FL	35-39	0:31.53	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.81	FINA World Masters Championships 2014	10-Aug-14
MAK HOI MAN SHERON	#FB	25-29	0:31.91	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
FUNG SUET YING CHLOE	KTC	18-24	0:31.34	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25

# HONG KONG MASTERS SWIMMING RECORDS

## LONG COURSE

(Update to World Aquatics Masters Championships - Singapore 2025)

MEN 100M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
TSUI YAU HO	SFC	80-84	2:05.89	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
WU SHU SUN	NWC	75-79	1:47.10	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
TIN SHEUNG KWAI	NWC	70-74	1:35.27	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
HO ROBERT YAU CHUNG	LRC	65-69	1:18.71	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
HO ROBERT YAU CHUNG	LRC	60-64	1:13.98	FINA World Masters Championships 2019 - Gwangju	17-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	1:11.73	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	1:08.09	FINA World Masters Championships 2017	19-Aug-17
FONG LIK SUN	#RF	45-49	1:02.60	World Aquatics Masters Championships – Singapore 2025	12-Aug-25
O'NEILL DONAL THOMAS	LRC	40-44	1:01.05	World Aquatics Masters Championships 2024 - Doha	28-Feb-24
NORTJE CRAIG ANDREW	VRC	35-39	1:06.66	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
SIU WAI WANG DEREK	KHC	30-34	1:04.83	World Aquatics Masters Championships – Singapore 2025	12-Aug-25
CHEUNG YAU MING	#DB	25-29	1:02.70	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
CHOI DERRICK CHRISTOPHER	LRC	18-24	1:02.10	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13

WOMEN 100M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	2:13.75	2016-17 Long Course Masters Swimming Competition Part 2	24-Apr-16
BAI XIUFEN	SFC	70-74	1:40.55	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
NG YEE MAN	NWC	65-69	1:37.51	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
NG YEE MAN	NWC	60-64	1:43.42	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
LAI SHUI NIN INGRID	YMC	55-59	1:32.18	World Aquatics Masters World Championships 2023 - Kyushu	10-Aug-23
COGGINS LYNDA ANNE	LRC	50-54	1:17.38	16th FINA World Masters Championships 2015 in Kazan	15-Aug-15
TAM ALISON MAI LING	#FL	45-49	1:15.99	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
KELSEY JANE MACFARLAND	LRC	40-44	1:13.75	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
SZE HANG YU	*FL	35-39	1:11.91	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
CARPENTER LINH THUC LUONG	LRC	30-34	1:11.37	16th FINA World Masters Championships 2015 in Kazan	15-Aug-15
MOK HOI MAN SHERON	NWC	25-29	1:10.14	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
LAMB ENEKA MARIE	HIS	18-24	1:11.36	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 50M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
CHI LIEH YUNG	SFC	90-94	1:13.06	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
CHI LIEH YUNG	SFC	85-89	1:02.32	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
CHAN KAM	SFC	80-84	0:54.52	Annual Masters Swimming Championships 2009	18-Oct-09
TIN SHEUNG KWAI	NWC	75-79	0:41.67	2023-24 Long Course Masters Swimming Competition - Part 3	18-Jun-23
TIN SHEUNG KWAI	NWC	70-74	0:39.27	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
YONG KHIN SYN	SFC	65-69	0:37.84	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
NG WAI FUNG	SFC	60-64	0:35.58	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
WONG LUN KWOK	SFC	55-59	0:35.10	Annual Masters Swimming Championships 2002	31-Aug-02
SIEH TIEN YU	KTS	50-54	0:34.48	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
COOPER KENNETH ALLEN	PSC	45-49	0:32.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHIU KELVIN HO YIN	#FB	40-44	0:32.01	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
LO JONATHAN KA YAN	LRC	35-39	0:31.14	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	14-Jul-18
WAN LAP SUN	KTS	30-34	0:31.11	Summer Masters Swimming Championships 1998	13-Jun-98
WONG HO KIU	#RF	25-29	0:30.24	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
CHEUNG CHI KIT NICHOLAS	WDS	18-24	0:27.95	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25

WOMEN 50M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	85-89	0:51.78	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
TAI LI HUA	SFC	80-84	0:52.77	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
OTSUKA TUKO	SGC	75-79	0:56.26	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
FONG CHOI YING	FFA	70-74	0:53.33	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:50.56	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:46.97	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
LEUNG WAI FAN	KTS	55-59	0:38.73	2017-18 Long Course Masters Swimming Competition - Part 2	14-May-17
LEUNG WAI FAN	KTS	50-54	0:37.63	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:32.47	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:34.74	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
NG KAM FUNG	SFC	35-39	0:34.71	Summer Masters Swimming Championships 2000	27-May-00
BARNES RUTH	LRC	30-34	0:35.23	Annual Masters Swimming Championships 2013	24-Nov-13
IP RAINBOW	FFA	25-29	0:36.06	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
LI TSZ YIU	HFS	18-24	0:35.53	Annual Masters Swimming Championships 2013	24-Nov-13

# HONG KONG MASTERS SWIMMING RECORDS

## LONG COURSE

(Update to World Aquatics Masters Championships - Singapore 2025)

### MEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
CHI LIEH YUNG	SFC	90-94	2:50.51	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
LEE MING	SFC	85-89	2:42.22	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
MAK HEI CHI	SGC	80-84	2:08.90	Annual Masters Swimming Championships 2008	06-Sep-08
WONG CHIU SHUN	SFC	75-79	1:52.09	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
YONG KHIN SYN	SFC	70-74	1:34.27	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
CHAN KAM POR	SFC	65-69	1:26.42	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
KOO YU FAT MARCUS	FFA	60-64	1:24.69	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
WATT KAM SING MICHAEL	*FL	55-59	1:21.41	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
COOPER KENNETH ALLEN	#FL	50-54	1:13.66	FINA World Masters Championships 2019 - Gwangju	13-Aug-19
FONG LIK SUN	#RF	45-49	1:11.37	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
FONG LIK SUN	#FB	40-44	1:10.45	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
LO JONATHAN KA YAN	LRC	35-39	1:10.50	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	15-Jul-18
KWOK HO TIN	NWC	30-34	1:09.75	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
CHEUNG KAM KWAN RONALD	LRC	25-29	1:07.53	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23
CHEUNG CHI KIT NICHOLAS	WDS	18-24	1:01.45	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25

### WOMEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:31.67	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
SUEN MING CHU	SFC	75-79	2:02.61	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
SUEN MING CHU	SFC	70-74	1:53.65	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
NG YEE MAN	NWC	65-69	1:42.94	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:39.76	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:35.97	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
YAMAGUCHI MIKA	#RF	50-54	1:26.15	World Aquatics Masters Championships - Singapore 2025	08-Aug-25
KRKALO SHAUNA KATHLEEN	LRC	45-49	1:16.14	World Aquatics Masters Championships - Singapore 2025	08-Aug-25
KRKALO SHAUNA KATHLEEN	LRC	40-44	1:21.23	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
NEEDHAM SUZANNE HEIZER	LRC	35-39	1:20.17	FINA World Masters Championships 2012	11-Jun-12
BARNES RUTH	LRC	30-34	1:18.68	FINA World Masters Championships 2012	11-Jun-12
LIU KA LEI	KTS	25-29	1:22.65	Spring Masters Swimming Championships 2010	06-Mar-10
KONG YVETTE MAN YI	SCA	18-24	1:13.79	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14

### MEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	5:10.49	Masters Long Course Swimming Competition Part 1	26-Jan-14
KOO CHOI FAT	WDS	75-79	4:11.87	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
CHAN KAM POR	SFC	70-74	3:34.76	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	65-69	3:19.33	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SGC	60-64	3:07.34	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	55-59	2:59.17	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	50-54	2:50.25	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	45-49	2:49.64	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
FONG LIK SUN	#FB	40-44	2:38.70	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
LUK WING KIN ANDY	KHC	35-39	2:33.87	9th Hong Kong Games Swimming Competition	02-Jun-24
LUK WING KIN ANDY	KHC	30-34	2:36.71	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
GLASSMAN ZACHARY	LRC	25-29	2:23.47	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
CHEUNG CHI KIT NICHOLAS	WDS	18-24	2:16.99	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25

### WOMEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	5:53.00	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
OTSUKA YUKO	SGC	75-79	4:39.40	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	4:01.57	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	3:58.01	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
KIRKWOOD TAIN MHAIRA	LRC	60-64	3:43.21	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
KIRKWOOD TAIN MHAIRA	LRC	55-59	3:31.49	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	3:09.55	FINA World Masters Championships 2014	10-Aug-14
CHAN YUK MAN PHOEBE	SFC	45-49	3:09.76	World Aquatics Masters Championships - Singapore 2025	12-Aug-25
CHEUNG MAN YIU	SGC	40-44	3:19.49	World Aquatics Masters World Championships 2023 - Kyushu	10-Aug-23
NEEDHAM SUZANNE HEIZER	LRC	35-39	2:56.78	FINA World Masters Championships 2012	15-Jun-12
HUGHES CHRISTINE VIRGINIA	LRC	30-34	2:52.97	World Aquatics Masters Championships - Doha 2024	02-Mar-24
LIU KA LEI	KTS	25-29	3:05.17	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
PANG HIU KWAN	JHC	18-24	3:13.71	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12

# HONG KONG MASTERS SWIMMING RECORDS

## LONG COURSE

(Update to World Aquatics Masters Championships - Singapore 2025)

MEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
YIM KAM WING	SFC	85-89	1:10.42	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
MAK HEI CHI	SGC	80-84	0:58.81	Winter Masters Swimming Championships 2008	22-Nov-08
TIN SHEUNG KWAI	NWC	75-79	0:41.68	Annual Masters Swimming Championships 2022	27-Nov-22
INGLIS PETER	#FB	70-74	0:36.36	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
HO ROBERT YAU CHUNG	LRC	65-69	0:33.20	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
WOODRING MERRITT DOUGLAS	AVO	60-64	0:29.64	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
HO ROBERT YAU CHUNG	LRC	55-59	0:30.04	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
WONG KWOK WAH	KHC	50-54	0:27.94	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WOODRING MERRITT DOUGLAS	BSC	45-49	0:27.47	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NORTJE CRAIG ANDREW	#FL	40-44	0:26.85	FINA World Masters Championship 2019 - Gwangju	14-Aug-19
SMIT MARCEL PIETER ARNOLD	#FB	35-39	0:25.93	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
BEAHAN GRANT KENNETH	BSC	30-34	0:26.54	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
LAU CHUN LEUNG JOHNNY	KHC	25-29	0:26.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHEUNG YAU MING	#DB	18-24	0:26.27	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

WOMEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEUNG MABEL YUEN YING	SFC	80-84	1:27.97	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SUEN MING CHU	SFC	75-79	0:49.88	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
ZHENG KEXIN	NWC	70-74	0:46.62	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
TSEUNG NGA WAH	SFC	65-69	0:41.67	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:37.04	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:36.39	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
YAMAGUCHI MIKA	#RF	50-54	0:31.86	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:28.70	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
MASTER FARAH JIMMY	#FB	40-44	0:30.07	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
SZE HANG YU	*FL	35-39	0:29.89	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
ZHANG XIAO TONG ISABELLA	*FL	30-34	0:30.25	World Aquatics Masters World Championships 2023 - Kyushu	07-Aug-23
NG KA MAN	KTS	25-29	0:29.30	Annual Long Course Masters Swimming Championships	23-Nov-14
CHAN TSZ CHING	*FL	18-24	0:29.61	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23

MEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	2:35.84	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
WU SHU SUN	NWC	75-79	2:01.65	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
CHAN KAM POR	SFC	70-74	1:33.36	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
MA ETIENNE	YMC	65-69	1:32.97	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24
HO ROBERT YAU CHUNG	LRC	60-64	1:15.51	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
KOO YU FAT MARCUS	FFA	55-59	1:11.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
JOHNSON ERIC ANDREW	LRC	50-54	1:04.49	FINA World Masters Championships 2014	10-Aug-14
SAKA TAIHEI	SGC	45-49	1:00.90	2013-14 Long Course Masters Swimming Competition - Part 1	04-Mar-12
O'NEILL DONAL THOMAS	LRC	40-44	0:59.06	World Aquatics Masters Championships 2024 - Doha	29-Feb-24
SMIT MARCEL PIETER ARNOLD	#FB	35-39	0:57.83	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
BEAHAN GRANT KENNETH	BSC	30-34	0:58.66	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHEUNG YAU MING	#DB	25-29	0:58.94	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHEUNG YAU MING	#DB	18-24	0:59.53	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	75-79	1:59.45	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
SUEN MING CHU	SFC	70-74	1:56.01	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	1:48.29	Masters Long Course Swimming Competition Part 1	26-Jan-14
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:36.26	World Aquatics Masters Championships – Doha 2024	29-Feb-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:31.44	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LEE TANYA DIANE	PSC	50-54	1:14.85	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	16-Jul-18
PAZOS CHRISTENA MARIA	LRC	45-49	1:12.50	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
MASTER FARAH JIMMY	#FB	40-44	1:07.66	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
KELSEY JANE MACFARLAND	LRC	35-39	1:13.49	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
HUGHES CHRISTINE VIRGINIA	LRC	30-34	1:10.18	World Aquatics Masters Championships – Doha 2024	29-Feb-24
CHAN WING SUET	LRC	25-29	1:08.66	FINA World Masters Championships 2014	10-Aug-14
CHAN TSZ CHING	*FL	18-24	1:07.41	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24

# HONG KONG MASTERS SWIMMING RECORDS

## LONG COURSE

(Update to World Aquatics Masters Championships - Singapore 2025)

MEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
LAW KWAI FONG	SFC	80-84	5:10.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WONG CHIU SHUN	SFC	75-79	4:03.11	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHAN KAM POR	SFC	70-74	3:17.13	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
CHAN KAM POR	SFC	65-69	3:04.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WOODRING MERRITT DOUGLAS	AVO	60-64	2:47.55	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
SAKA TOSHIYUKI	SGC	55-59	2:45.82	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CHAN KAM POR	KTS	50-54	2:26.14	Summer Masters Swimming Championships 2004	12-Jun-04
FONG LIK SUN	#RF	45-49	2:16.50	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
FONG LIK SUN	#FB	40-44	2:17.83	World Aquatics Masters Championships – Doha 2024	29-Feb-24
NORTJE CRAIG ANDREW	VRC	35-39	2:20.07	FINA World Masters Championships 2014	10-Aug-14
JACOBS DAMIAN CHARLES	LRC	30-34	2:25.69	FINA World Masters Championships 2014	10-Aug-14
GLASSMAN ZACHARY	LRC	25-29	2:13.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
WONG SING TSUM DEREK	CUC	18-24	2:21.50	Annual Long Course Masters Swimming Champions 2013	24-Nov-13

WOMEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	5:35.17	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
SUEN MING CHU	SFC	75-79	4:06.12	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
SUEN MING CHU	SFC	70-74	3:49.34	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
NG YEE MAN	NWC	65-69	3:36.79	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	3:25.62	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	3:16.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	2:55.65	FINA World Masters Championships 2014	10-Aug-14
TAM MEI LING ALISON	*FL	45-49	2:45.26	World Aquatics Masters World Championships 2023 - Kyushu	08-Aug-23
KELSEY JANE MACFARLAND	LRC	40-44	2:41.17	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	2:37.75	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
HUGHES CHRISTINE VIRGINIA	LRC	30-34	2:37.93	World Aquatics Masters Championships – Doha 2024	29-Feb-24
CHAN WING SUET	LRC	25-29	2:36.59	FINA World Masters Championships 2014	10-Aug-14
CHARTER ROBYN JUDY	SFC	18-24	2:42.84	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

MEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:09.80	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
NEW WATER POLO CLUB	NWC	280+	2:13.41	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24
SWORD FISH CLUB	SFC	240+	2:01.55	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SEA GREEN SWIMMING & LIFE SAVING CLUB	SGC	200+	1:52.52	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
HONG KONG FOOTBALL CLUB	#FB	160+	1:40.73	World Aquatics Masters World Championships 2023 - Kyushu	05-Aug-23
NEW WATER POLO CLUB	NWC	120+	1:40.03	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:36.96	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:43.13	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SWORD FISH CLUB	SFC	280+	2:42.61	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
SWORD FISH CLUB	SFC	240+	2:34.06	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	2:02.69	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
KRKALO SHAUNA KATHLEEN, TSANG TING YAN TANIA, KIRKWOOD TAIN MHAIRA, SCHONING NAUJOKS MIRJAM BEATRICE	#FB	160+	1:54.00	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
HONG KONG FOOTBALL CLUB	#FB	160+	1:54.00	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
EICHELBERGER MELISSA, SJOHOLM CHRISTINA, TAM ALISON MAI LING, MASTER FARAH JIMMY	*FL	120+	1:52.19	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
FASTLANE SWIMMING CO LIMITED	*FL	120+	1:52.19	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
CHAN TSZ CHING, LEUNG HO CHING, CHEN YANYAN, SZE HANG YU	FFA	100+	1:58.55	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
HONG KONG FLYING FISH ATHLETIC ASSOCIATION	FFA	100+	1:58.55	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22

# HONG KONG MASTERS SWIMMING RECORDS

## LONG COURSE

(Update to World Aquatics Masters Championships - Singapore 2025)

MEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:30.63	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
SWORD FISH CLUB	SFC	280+	2:33.32	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
SWORD FISH CLUB	SFC	240+	2:19.80	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
THE HONG KONG JOCKEY CLUB	HJC	200+	2:03.19	Winter Masters Swimming Championships 1993	11-Dec-93
YMCA OF HONG KONG	YMC	160+	1:53.94	Summer Masters Swimming Championships 1996	22-Jun-96
KWAN HUNG SWIMMING CLUB	KHC	120+	1:51.13	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
SIU WAI WANG DEREK, POON DERRICK FENE-MING, LAU CHUN LEUNG JOHNNY, LEE MAN TIM					
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:49.32	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23

WOMEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	4:37.13	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SWORD FISH CLUB	SFC	280+	3:06.66	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SWORD FISH CLUB	SFC	240+	2:48.90	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
LADIES' RECREATION CLUB	LRC	200+	2:19.23	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
TSANG TING YAN TANIA, KRKALO SHAUNA KATHLEEN, KIRKWOOD TAIN MHAIRA, SCHONING NAUJOKS MIRJAM BEATRICE					
LADIES' RECREATION CLUB	LRC	160+	2:10.35	Annual Masters Swimming Championships 1994	17-Sep-94
HONG KONG FOOTBALL CLUB	#FB	120+	2:07.83	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
SJOHOLM CHRISTINA, BARTON LUCY, MASTER FARAH JIMMY, EICHELBERGER MELISSA					
NEW WATER POLO CLUB	NWC	100+	2:19.21	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18

MIXED 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:38.22	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SWORD FISH CLUB	SFC	280+	2:25.20	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
SWORD FISH CLUB	SFC	240+	2:15.69	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	1:51.91	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
KRKALO SHAUNA KATHLEEN, KIRKWOOD TAIN MHAIRA, WOO CHUN KUEN DOUGLAS, STAMENOVIC IVAN					
FASTLANE SWIMMING CO LIMITED	*FL	160+	1:46.49	World Aquatics Masters World Championships 2023 - Kyushu	09-Aug-23
HONG KONG FOOTBALL CLUB	#FB	120+	1:48.59	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
EICHELBERGER MELISSA ANN, MASTER FARAH JIMMY, SO MAN HON, SMIT MARCEL PIETER ARNOLD					
NEW WATER POLO CLUB	NWC	100+	1:51.20	Annual Long Course Masters Swimming Championships 2017	25-Nov-17

MIXED 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	4:35.50	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
SWORD FISH CLUB	SFC	280+	2:47.88	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
SWORD FISH CLUB	SFC	240+	2:43.45	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
LADIES' RECREATION CLUB	LRC	200+	2:08.05	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
STAMENOVIC IVAN, KRKALO SHAUNA KATHLEEN, WOO CHUN KUEN DOUGLAS, KIRKWOOD TAIN MHAIRA					
HONG KONG FOOTBALL CLUB	#FB	160+	1:59.67	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
SJOHOLM CHRISTINA, CHIU KELVIN HO YIN, SO MAN HON, EICHELBERGER MELISSA					
LADIES' RECREATION CLUB	LRC	120+	2:02.78	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
TSANG TING YAN TANIA, YUEN MARCUS YAT HO, LI PATRICK GUO CHUN, CHEN YANGYANG					
HONG KONG POLICE SWIMMING CLUB	HKP	100+	2:09.75	2023-24 Long Course Masters Swimming Competition - Part 3	18-Jun-23

**Annual Long Course Masters Swimming Championships 2025**

**Reject List as at 2-1-2026**

<b>No.</b>	<b>Name</b>	<b>Event</b>	<b>Club</b>	<b>Remarks</b>
1	Au Yeung Ho Ming	1,3	DWA	No Reg
2	Cheung Ho Yi	6	KHC	Invalid 100m Record
3	Mok Hin Ming	5	LTS	Invalid 100m Record
4	Cumming Richard Mark	5	LRC	Invalid 100m Record
5	Chan San Ngah	6	*FL	Invalid 100m Record

Annual LC Masters Swimming Championships 2025 - 01/02/2026

Psych Sheet

Event 1 Men 100 LC Meter Breaststroke

- 18-24 MSR: 1:01.45
- 25-29 MSR: 1:07.53
- 30-34 MSR: 1:09.75
- 35-39 MSR: 1:10.50
- 40-44 MSR: 1:10.45
- 45-49 MSR: 1:11.37
- 50-54 MSR: 1:13.66
- 55-59 MSR: 1:21.41
- 60-64 MSR: 1:24.69
- 65-69 MSR: 1:26.42

	ID#	Name	Age	Team	Seed Time
<b>18-24</b>					
1	30694 IAZ	Cheung, Chi Kit Nicholas	21	Wong Tai Sin	1:02.00
2	57491 @^IM	Deng, Zihao	21	New Water Polo	1:20.00
3	57423 IAZ	Leung, Alex Man Fung	20	Hoi Fung	1:28.00
4	58011 IAZ	Liu, Wing To	19	Shatin Sports	NT
<b>25-29</b>					
1	13568 B	Choi, Yi Fai Sutton	29	Diocesan School	1:20.00
2	58061 @^IM	Chen, Weiqiang	29	New Water Polo	1:30.00
3		Loo, Chun Hei	28	Arbeiter	XNT
<b>30-34</b>					
1	03978 #	Lau, Chun Sing	34	Tuen Mun S.T.	1:10.00
2	57490 @^IM	Zheng, Tianhe	33	New Water Polo	1:15.00
3	34840 IM	Dang, Annan	30	New Water Polo	1:20.00
4	51729 @^IM	Chen, Haoxiang	34	Sword Fish Club	1:27.00
5	53434 IAZ	Wong, Yin Wai	30	Kwan Hung	1:40.00
<b>35-39</b>					
1	02591	Luk, Wing Kin Andy	37	Kwan Hung	1:10.00
2	00590 IBZ	Kwok, Ho Tin	39	New Water Polo	1:10.00
3	02021 IBZ	Chow, Man Ho	36	Kwan Hung	1:20.00
4	04877 IBZ	Ng, Yu Ting	35	Sword Fish Club	1:26.00
5	48667 @IRO	Wong, Dominic Clayton Joe	38	Fastlane Swimming	1:30.00
6	30235 IAZ	Cheng, Hang Man	37	Hoi Fung	1:40.00
7	09136 IAZ	Tsang, Chun Kin	38	New Water Polo	1:50.00
8	55911 @IM	Luo, Zhijie	37	Sword Fish Club	2:09.00
9	00115 IBZ	Lin, Wei Hung Kelvin	37	Diocesan School	2:30.00
10	55647 @P	Prebble, Miles Cavin	35	LRC	NT
<b>40-44</b>					
1	48666 @ICO	Upman, David Ross	42	Fastlane Swimming	1:15.00
2	51666 @^IM	Zhao, Rujie	43	Sword Fish Club	1:15.00
3	42708 IAZ	Tang, Wing Chung Jonathan	44	Hoi Fung	1:24.30
4	55925 @IM	Zhou, Jiangfan	42	Sword Fish Club	1:32.00
5	55913 @IM	Guan, Ping	41	Sword Fish Club	1:40.00
6	52285 IAO	Lung, Donald Andrew	44	Diocesan School	1:45.00
7	03793 ICZ	Po, Tik San	44	New Water Polo	1:50.00
8	45574 IAZ	Ng, Siu Kwong	44	Sword Fish Club	1:50.00
<b>45-49</b>					
1	03796 ICZ	Chan, Pui Kei	45	New Water Polo	1:33.00
2	57043 IAZ	Cheung, King Yin	48	Sword Fish Club	1:42.88
3	05160	Chan, Ka Wo	49	Diocesan School	1:47.44
4	23119 IAZ	Chan, Ying Tsung Bosco	45	Sword Fish Club	1:48.00
5	40834 IAZ	Chang, Hsi Tse JosephJeremy	47	Diocesan School	1:50.00

**Annual LC Masters Swimming Championships 2025 - 01/02/2026**

**Psych Sheet**

**45-49... (Event 1 Men 100 LC Meter Breaststroke)**

6	16467	Chak, Pui Ching	48 Wong Tai Sin	1:50.00
7	16451	Cheng, Ngai Bun	48 Kwun Tong	2:00.00
8	01012 ICZ	Fong, Lik Sun	46 RippleFly Swim Ltd	NT

**50-54**

1	53312 IAZ	Tang, Tin Lok Stephen	50 Win Tin	1:19.67
2	17961 ICO	Jones, Simon	50 LRC	1:23.20
3	25592 IAZ	Cheung, Wai Kei	54 Flying Fish	1:26.79
4	37671 @ICO	Stamenovic, Ivan	50 LRC	1:27.02
5	27868 IAZ	Chan, Chi Wah Ringo	54 Sword Fish Club	1:40.00
6	48392 IAZ	Chan, Ting	53 Hoi Fung	1:41.15
7	24603 IAZ	Hung, Ka Ming	51 YMCA OF Hong Kong	1:50.00

**55-59**

1	30710 IAZ	Lai, Kin Sun	56 Flying Fish	1:31.74
2	53271 @^IM	Chen, Weizhong	57 New Water Polo	1:45.00
3	38127 IAZ	Leung, Cheung Wai Ricky	58 Sword Fish Club	1:50.00
4	35711 IAX	Wong, Fuk Kei	57 Sword Fish Club	1:55.00
5	27451 IAZ	Yip, Kin Man Stephen	56 Kwun Tong	1:58.00
6	24606 IAZ	Tsang, Hin Lap	55 Flying Fish	NT

**60-64**

1	43529 IAX	Ng, Wai Fung	63 Sword Fish Club	1:26.00
2	05191	Koo, Yu Fat Marcus	64 Flying Fish	1:27.37
3	18856 IAZ	Au, Mun Shing	61 Sword Fish Club	1:30.00
4	53581 IAO	Shi, Bertram Emil	60 Fastlane Swimming	1:45.00
5	32108 IAX	Chan, Kiu	64 Sword Fish Club	1:46.00
6	40840 IAZ	Ng, Ka Yiu Karl	62 Diocesan School	1:50.00
7	27869 IAZ	Lee, Kam Cheong	62 Sword Fish Club	1:55.00
8	57431 IAZ	Chan, Wing Kee	63 Sword Fish Club	2:02.00
9	38291 IAZ	Liu, Chun Sing	60 Sword Fish Club	2:30.00

**65-69**

1	03762	Ha, Chi Ming	67 Flying Fish	1:31.72
2	50662 @^P	Zong, Cheng	68 Sword Fish Club	1:35.00
3	25226 IAZ	Choi, Tai Wing	65 Sword Fish Club	1:55.00
4	50782 @IAX	Pang, Shu Ming	65 Sea Green	1:55.00

**70-74**

1	43205	Zhou, Jin Jia	71 New Water Polo	1:40.00
2	06281	Fung, Kam Tai	71 Sword Fish Club	1:40.00
3	04508	Chung, Kit Wai	72 Sword Fish Club	1:49.00
4	25228 IAZ	Chan, Fai Ming	72 Lai Tsun	1:50.00

**75-79**

1	51227 @^IM	Liang, Shuntian	77 Sword Fish Club	1:55.00
2	06243	Koo, Choi Fat	76 Wong Tai Sin	1:58.00
3	50503 @^IM	Feng, Bingkun	75 Sword Fish Club	2:00.00
4	22182 IAZ	Ngai, Yin Leung	77 Sword Fish Club	2:18.42
5	44788 IAZ	Chui, Hong Sheung	77 Diocesan School	2:30.00

**80-84**

1	10274	Lau, Chun Nung	80 Lai Tsun	2:20.00
2	49541 @IAXN	Yang, Victor	81 Diocesan School	2:30.00

## Annual LC Masters Swimming Championships 2025 - 01/02/2026

## Psych Sheet

## Event 2 Women 100 LC Meter Breaststroke

18-24 MSR: 1:13.79

25-29 MSR: 1:22.65

30-34 MSR: 1:18.68

35-39 MSR: 1:20.17

40-44 MSR: 1:21.23

45-49 MSR: 1:16.14

50-54 MSR: 1:26.15

55-59 MSR: 1:35.97

60-64 MSR: 1:39.76

65-69 MSR: 1:42.94

ID#	Name	Age	Team	Seed Time
<b>18-24... (Event 2 Women 100 LC Meter Breaststroke)</b>				
1	25097 B	Cheung, Margaret	21 Kowloon Tong Club	1:19.00
2	54016 IAZ	Cheng, Hoi Man	21 Long Fame	1:25.81
3	57758 @^IM	He, Jiamin	19 New Water Polo	1:30.00
4	58058 @^IM	Yang, Xiyu	20 New Water Polo	1:32.00
5	57918 IAZ	Yeung, Wai Ching	20 Sword Fish Club	1:35.00
6	20969 IAZ	Lui, Wing Lam	24 Kwun Tong	1:40.00
<b>25-29</b>				
1	57427 IAZ	Chan, Wai Tung Jocelyn	28 Dik Wing	1:20.25
2	43533 IAZ	Wong, Yu Tung	28 New Water Polo	2:00.00
3	54748 @^IM	Tan, Hualan	29 Sword Fish Club	2:00.00
<b>30-34</b>				
1	14069 IAZ	Yuen, Sin Ling	30 Kwun Tong	1:32.00
2	13202 IBZ	Chui, Wing Yin	32 Sword Fish Club	1:35.00
<b>40-44</b>				
1	49329 #@IAO	Ng, Carmen C M	42 Kwan Hung	1:33.00
2	01666 IBZ	Chan, Wing Suet	40 Fastlane Swimming	1:35.00
3	54558 IAO	Leung, Sharon	43 LRC	1:39.40
4	57045 @^IM	Lin, Min	44 Sword Fish Club	1:45.00
5	48188 IAZ	Tang, Ho Tung Kathy	41 Csu	1:57.34
6	57615 IAZ	Wan, Amber Nga Ting	40 Fastlane Swimming	2:00.00
<b>45-49</b>				
1	06304 ICZ	Cheung, Man Yiu	47 Sea Green	1:34.00
2	57968 IAO	Ng, Ada Tsui Lin	45 Fastlane Swimming	1:38.00
3	43157 @ICO	Lee, Chew Ling	49 LRC	1:40.00
<b>50-54</b>				
1	33517 IAO	Yamaguchi, Mika	54 RippleFly Swim Ltd	1:27.00
2	27128 IAZ	Lau, Yan Yan	52 Flying Fish	1:47.91
3	43964 @^IM	Qiu, Qi	50 New Water Polo	1:59.00
4	45917 @^IM	Huang, Caifang	52 New Water Polo	2:00.00
5	46181 IAZ	Ng, Yan Yan Bandy	50 Tung Sing	2:00.00
6	06349	Ip, Oi Wa Wendy	54 Sword Fish Club	2:15.00
<b>55-59</b>				
1	40912 IAZ	Ng, Yee Ling	55 Tolo Harbour	1:50.00
2	23588 IAZ	Lee, Ying Chi	58 Tung Sing	1:55.00
3	52998 @^IM	Wu, Xiaomin	57 New Water Polo	2:00.00
4	43063 @IAO	Wong, Rose	56 LRC	2:02.37
5	49204 IAZ	Cheng, Wai Man	55 Sea Green	2:20.00
<b>60-64</b>				
1	57477 @^IM	Liang, Run Qing	60 Sword Fish Club	1:46.00
2	50490 @^IM	Liang, Yanling	62 Sword Fish Club	2:00.00

**Annual LC Masters Swimming Championships 2025 - 01/02/2026**

**Psych Sheet**

**60-64... (Event 2 Women 100 LC Meter Breaststroke)**

3	24216 IAZ	Li, Chuk Ping	64	Sword Fish Club	2:14.00
4	45187 IAX	Chan, On Mei	63	Sword Fish Club	2:19.00

**65-69**

1	54338 @IM	Peng, Shuyan	67	Sword Fish Club	1:52.00
2	14007	Ho, Yuk Ling	69	Tung Sing	2:10.00
3	02711	Fok, Wai Fung	68	Wong Tai Sin	2:15.00
4	49428 IAX	Leong, Sao Fan	69	New Water Polo	2:16.00
5	23957 IAX	Yeung, Tun Lim Lily	69	Sword Fish Club	2:30.00

**70-74**

1	52283 ICX	Li, Weihua	70	Sword Fish Club	2:25.00
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**75-79**

1	06357	Suen, Ming Chu	78	Sword Fish Club	2:15.00
2	06212	Lo, Yeuk Shuen	77	Wong Tai Sin	2:15.00
3	02859	Tse, Ka Tsai Angela	76	Flying Fish	2:33.92

**80-84**

1	08936	Leong, Kuai Heng	80	New Water Polo	2:50.00
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**Event 3 Men 50 LC Meter Freestyle**

<b>18-24 MSR:</b>	<b>24.17</b>
<b>25-29 MSR:</b>	<b>23.92</b>
<b>30-34 MSR:</b>	<b>24.31</b>
<b>35-39 MSR:</b>	<b>23.96</b>
<b>40-44 MSR:</b>	<b>25.14</b>
<b>45-49 MSR:</b>	<b>26.19</b>
<b>50-54 MSR:</b>	<b>25.80</b>
<b>55-59 MSR:</b>	<b>28.02</b>
<b>60-64 MSR:</b>	<b>27.09</b>
<b>65-69 MSR:</b>	<b>29.72</b>

	<b>ID#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>18-24</b>					
1	53228 @^IM	Hou, Pu	24	Sword Fish Club	24.00
2	28249 B	Fung, O See Asaph	20	Kowloon Tong Club	24.56
3	57719 IAZ	Lam, Chak Him	21	Riverside	25.00
4	57923 @^IM	Luo, Junneng	21	Sword Fish Club	25.00
5	56623 @^IM	Wen, Tianlang	21	New Water Polo	26.00
6	57717 IAZ	Zhao, Jin	20	Riverside	27.00
7	48045 IAZ	Lo, Tsz Wang	23	Kwun Tong	28.00
8	57423 IAZ	Leung, Alex Man Fung	20	Hoi Fung	29.00
9	57731 IAZ	Cheung, Sui Chiu	19	Riverside	29.00
10	57385 IAZ	Kwan, Ka Lok Kevin	22	Sword Fish Club	30.00
<b>25-29</b>					
1	50808 @P	Cheung, Martin Cheuk-Yue	25	Fastlane Swimming	24.50
2	57480 @ICX	Printz, Maximilian	26	Sword Fish Club	26.00
3	19383 B	Lee, Man Kit	27	Kwan Hung	27.00
4	23835 IAZ	Cheuk, Long Hin	28	Juan Hua Club	27.17
5	57881 IAZ	Leung, Kwok Pong	26	Kwun Tong	28.00
6	57880 IAZ	Tsea, Cheuk Wang	27	Kwun Tong	28.00
7	57879 IAZ	Hau, Ching Long	27	Kwun Tong	28.00
8	55593 IAZ	Yeung, Hoi Kit	27	Juan Hua Club	28.88
9	17034 IAZ	Yeung, Yue Hin Gerry	29	Juan Hua Club	29.00
10	57252 @IM	Cao, Jun Qi	27	New Water Polo	30.00
11	20997 B	Yung, Cheuk Long Charlie	27	Kwan Hung	30.00
12	56958 @^IM	Liu, Zihan	29	New Water Polo	35.00
13	57649 IAZ	Li, Chun Yin	27	Fastlane Swimming	35.00

Annual LC Masters Swimming Championships 2025 - 01/02/2026

Psych Sheet

25-29... (Event 3 Men 50 LC Meter Freestyle)

14	22513 IAZ	Tang, Cheuk Yan	26 Kwun Tong	37.00
15	57946 IAZ	Mc Laughlin, Conor	26 LRC	NT
<b>30-34</b>				
1	04637 IBZ	Kwan, Yui Hang	33 Current Club Ltd	24.94
2	57964 IAZ	Leung, Cheuk Nam	33 Kwan Hung	29.00
3	57614 IAZ	Yu, Min Sing Kelvin	33 Fastlane Swimming	30.00
4	52752 @ICO	Hardy-Lachance, Thierry	34 Fastlane Swimming	33.00
5	54334 @IM	Li, Liangliang	32 New Water Polo	35.00
6	57366 IAZ	Cheung, Ka Ming	31 New Water Polo	40.00
7	52204 IAZ	Chan, Tsz Ming	34 Pacific	NT
<b>35-39</b>				
1	51101 @ICO	Smit, Marcel Pieter Arnold	39 HK Football Club	23.90
2	17157 IAZ	Po, Tak Long	36 Hoi Fung	25.46
3	57989 IAZ	Chow, Wing Kin Max	39 Sword Fish Club	26.00
4	00093	Tam, Tak Ching	39 Dik Wing	27.17
5	00101	Yuen, Chester Wai Hei	38 Diocesan School	29.50
6	48667 @IRO	Wong, Dominic Clayton Joe	38 Fastlane Swimming	30.00
7	56956 @^IM	Xu, Yonghua	39 New Water Polo	30.00
8	04877 IBZ	Ng, Yu Ting	35 Sword Fish Club	30.00
9	33387 IAO	Wu, Kenneth Yee Lok	35 Sword Fish Club	30.00
10	55933 @IM	Feng, Rong	39 New Water Polo	35.00
11	42848 P	Li, Yuhui	37 Sword Fish Club	40.00
12	09136 IAZ	Tsang, Chun Kin	38 New Water Polo	50.00
13	55911 @IM	Luo, Zhijie	37 Sword Fish Club	1:00.00
14	03667 IBZ	Wong, Sai Man Sherman	37 New Water Polo	1:20.00
15	55647 @P	Prebble, Miles Cavin	35 LRC	NT
16	57565 @^ICO	Reid, Cavan Murray	38 LRC	NT
<b>40-44</b>				
1	22420 IAZ	Chan, Chi Ming	40 Kwun Tong	27.00
2	57974 IAZ	Chan, Chi Hin Leon	43 Diocesan School	29.00
3	23298 IAZ	Li, Cheuk Bun	41 Wong Tai Sin	29.99
4	12176 ICZ	Ng, Siu Yu	44 Sword Fish Club	30.00
5	12873	Wan, Ka Fai	44 Sea Green	30.00
6	11587	Ng, Yu Hon	43 Sea Green	30.25
7	48856 @IAO	Gallearachie, Jeewantha Madu	42 Fastlane Swimming	31.00
8	54383 IAX	Sun, Fei	42 Fastlane Swimming	31.00
9	55358 @IM	Huang, Tongxiang	40 Sword Fish Club	35.00
10	45574 IAZ	Ng, Siu Kwong	44 Sword Fish Club	35.00
11	57422 IAZ	Wong, Lai Hang	44 Hoi Fung	39.39
12	54712 IAO	Tham, Edmund	44 Fastlane Swimming	40.00
13	03793 ICZ	Po, Tik San	44 New Water Polo	40.00
14	56148 IAO	Tse, Ronald Henry	42 LRC	NT
15	57196 IAZ	Chen, Tu Chien Timothy	43 South China	NT
<b>45-49</b>				
1	27471 ICO	Nortje, Craig Andrew	48 RippleFly Swim Ltd	26.00
2	49497 @ICO	Macedo, Andrew Ian	47 LRC	26.58
3	51734 @^ICO	Small, Robert James	47 Fastlane Swimming	27.70
4	39981 IAZ	Mui, Ho Chuen	46 Sword Fish Club	28.00
5	08963 ICZ	Lee, Chun Yeung	46 Wong Tai Sin	29.99
6	40107 IAZ	Chan, Falcon	47 Lai Tsun	30.00
7	03796 ICZ	Chan, Pui Kei	45 New Water Polo	30.00
8	38121 IAZ	Cheung, Chi Yan Clifford	46 Sea Green	30.00
9	16451	Cheng, Ngai Bun	48 Kwun Tong	31.50
10	50012 @IAO	Griffiths, Evan Paul	46 Fastlane Swimming	32.00

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Psych Sheet

45-49... (Event 3 Men 50 LC Meter Freestyle)

11	51192 IAZ	Lo, Yui Man	49 Flying Fish	32.77
12	43948 @^IM	Wang, Shengli	47 New Water Polo	35.00
13	05144 IAZ	Tse, Chun Hei	47 Flying Fish	37.13
14	40923 IAZ	Yip, Kam Wing	49 Sea Green	40.00
15	23119 IAZ	Chan, Ying Tsung Bosco	45 Sword Fish Club	46.00
16	57564 IAO	Chanmugam, Devin Nijanthan	49 LRC	NT

50-54

1	39203 IAX	Lau, Hang	52 Sword Fish Club	28.00
2	44312 @^IM	Ma, Hui	51 New Water Polo	30.00
3	28849 IAZ	Chan, Chun Kuen	51 Sword Fish Club	30.00
4	52883 IAZ	Lo, Fu Fui Frankie	51 Win Tin	31.33
5	06338 IAZ	Wong, Ka Fai	52 Sword Fish Club	33.88
6	43949 @^IM	Yang, Zhipeng	50 New Water Polo	34.00
7	57988 IAZ	Au, Jun Sing Jenson	51 Sword Fish Club	35.00
8	21008 IAZ	Cheung, Chun Kwan Michael	53 Wong Tai Sin	36.00
9	49443 IAZN	Siu, Cheuk Kuen	54 Sword Fish Club	38.88
10	54714 IAZ	Wong, Tsun Yat Gary	52 Sword Fish Club	38.88
11	06711	Leung, Tsz Kin	54 New Water Polo	56.33
12	58056 ICO	Vavrek, Egon	50 LRC	NT

55-59

1	27451 IAZ	Yip, Kin Man Stephen	56 Kwun Tong	29.00
2	05273	Poon, Ho Keung Danny	56 Flying Fish	29.52
3	26821 IAZ	Chan, Kwok Chi	55 Sword Fish Club	31.88
4	56722 @IAON	Medeiros, Steven Joseph	56 Fastlane Swimming	33.00
5	35677 IAZ	Choy, Kwok Ping	58 Kwun Tong	33.00
6	43158 IAZ	Chan, Tin Lung	57 Lai Tsun	35.00
7	53271 @^IM	Chen, Weizhong	57 New Water Polo	35.00
8	45582 @IAO	Reeve, Blair	58 LRC	36.44
9	38127 IAZ	Leung, Cheung Wai Ricky	58 Sword Fish Club	37.00
10	35711 IAX	Wong, Fuk Kei	57 Sword Fish Club	45.00

60-64

1	43144	Xiao, Donghong	60 New Water Polo	30.00
2	50495 @^IM	Zhou, Liang	62 Sword Fish Club	30.00
3	50485 @^IM	Chen, Shuquan	63 New Water Polo	33.00
4	22433 IAZ	Lui, Man Pong	61 New Water Polo	33.00
5	44678 IAZ	Hung, Tin Wai Robert	60 Pacific	33.44
6	56410 B	Clark, David James	61 RippleFly Swim Ltd	33.45
7	15528	Tsui, Tak Shing Dominic	64 Fastlane Swimming	33.50
8	40861 IAZ	Cheung, Chi Ming Rover	63 Sword Fish Club	37.00
9	31109 IAZ	Chan, Ping Yan Bryan	60 Hoi Fung	37.90
10	55783 ICO	Joli-Coeur, Vincent	62 Fastlane Swimming	38.00
11	18856 IAZ	Au, Mun Shing	61 Sword Fish Club	38.00
12	32108 IAX	Chan, Kiu	64 Sword Fish Club	38.00
13	53916 IAZ	Ma, Kwok Leung	61 Sword Fish Club	38.88
14	39982 IAZ	Chow, Wing Chun	62 Sword Fish Club	40.00
15	21023 IAZ	Ho, Kwong Ngai Eric	63 Sword Fish Club	40.00
16	53581 IAO	Shi, Bertram Emil	60 Fastlane Swimming	42.00
17	44868 IAZ	Leung, Cheong Chau Stephen	61 Diocesan School	46.00
18	50990 IAZ	Lo, Andrew On Yuet	61 LRC	NT

65-69

1	50662 @^P	Zong, Cheng	68 Sword Fish Club	32.00
2	06256	Chan, Kwong Peter	65 Sea Green	32.00
3	42191	Lin, Haichao	69 Sword Fish Club	33.00
4	41007 IAZ	So, Man Sing	65 Sea Green	35.00

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Psych Sheet

65-69... (Event 3 Men 50 LC Meter Freestyle)

5	52766 IAO	Dundon, Christopher John	68 LRC	38.40
6	43971 IAX	Lau, Kwok Ming	69 New Water Polo	40.00
7	28339 IAZ	Yim, Chi Yiu	66 New Water Polo	40.00
8	03762	Ha, Chi Ming	67 Flying Fish	40.56
9	07802	Chau, Kam Tim	66 Sea Green	1:10.00

70-74

1	14555 @IAX	Tang, Kon Leong	70 Sword Fish Club	34.00
2	06398	Cho, Wai Sun	73 Fastlane Swimming	35.00
3	53341 @^IM	Lu, Zhuoying	72 New Water Polo	35.00
4	04508	Chung, Kit Wai	72 Sword Fish Club	38.00
5	06389	Chan, Hong Wah	73 New Water Polo	40.00
6	06388	Lau, Man Kin	72 Sword Fish Club	43.00
7	06281	Fung, Kam Tai	71 Sword Fish Club	46.00
8	41729 IAZ	Ko, Leung Hung Alex	74 Diocesan School	50.00
9	25228 IAZ	Chan, Fai Ming	72 Lai Tsun	50.00
10	11563	Lee, Kwok Hung	73 Sword Fish Club	50.00
11	23123 IAZ	Poon, Wai	74 Sword Fish Club	50.00
12	19327 IAZ	Yu, Kwok Chuen	71 Sword Fish Club	50.00

75-79

1	06268	Tse, Kwok Piu	75 Sword Fish Club	35.00
2	03845	Tin, Sheung Kwai	79 New Water Polo	35.33
3	23297 IAZ	Chan, Shing Chi	78 Lai Tsun	40.00
4	44756 IAZ	Lo, Che Hung	78 Lai Tsun	40.00
5	45624 IAZ	Mok, Hin Ming	76 Lai Tsun	40.00
6	05917	Yong, Khin Syn	77 Sword Fish Club	48.00
7	10252	Chow, Eugene	75 Diocesan School	50.00

80-84

1	09171	Chan, Ying Chi	80 Sword Fish Club	51.00
2	27458 IAZ	Tsui, Yau Ho	82 Sword Fish Club	1:00.00

85-89

1	05407	Lee, She Kwok	88 Sword Fish Club	54.00
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Event 4 Women 50 LC Meter Freestyle

18-24 MSR:	28.20
25-29 MSR:	27.70
30-34 MSR:	27.80
35-39 MSR:	27.63
40-44 MSR:	28.17
45-49 MSR:	26.07
50-54 MSR:	29.35
55-59 MSR:	32.17
60-64 MSR:	33.14
65-69 MSR:	35.01

	ID#	Name	Age	Team	Seed Time
<b>18-24</b>					
1	25101 B	Ng, Sze Kwan	20	Kowloon Tong Club	28.28
2	57716 IAZ	Lam, Sin Yu	19	Riverside	30.00
3	54016 IAZ	Cheng, Hoi Man	21	Long Fame	30.89
4	57473 @^IM	Tu, Han Rui	24	Sword Fish Club	32.00
<b>25-29</b>					
1	21953 B	Chan, Tsz Ching	26	Fastlane Swimming	27.00
2	57430 IAZ	Szeto, Ho Man	28	Fastlane Swimming	31.00
3	31444 IAX	Tang, Hiu Tung	25	Pacific	31.11
4	23179 IAZ	Chan, Jessica	29	Fastlane Swimming	33.00

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Psych Sheet

25-29... (Event 4 Women 50 LC Meter Freestyle)

5	26980 IAZ	Wong, Suet Wing	27 Dik Wing	50.47
6	43533 IAZ	Wong, Yu Tung	28 New Water Polo	1:00.00
7	57947 ICO	Ioda, Aliaksandra	28 LRC	NT

30-34

1	03730 IBZ	Li, Jamie	34 Kwan Hung	30.00
2	50505 @^IM	Huang, Shaofen	32 New Water Polo	30.00
3	10761 IAZ	Siu, Ka Sin	32 New Water Polo	31.00
4	57429 IAX	Mak, Chung Yee	30 Fastlane Swimming	32.00
5	54108 IAZ	Ng, Esther Ching Hay	32 Fastlane Swimming	33.00
6	51507 IAZ	Hui, Ngan Ying	34 Kowloon Tong Club	35.00
7	55931 @IM	Cai, Yingjie	34 Sword Fish Club	35.00
8	05142 IAZ	Hui, Ngan Ting	33 Kowloon Tong Club	35.25
9	00577	Kwok, Shuk Wa	32 New Water Polo	36.00
10	57428 @ICO	Richards, Georgia Emily	33 Fastlane Swimming	39.00

35-39

1	00288 IBZ	Yip, Wing Yan	38 Dik Wing	28.30
2	01928 #ICZ	But, Wai Ting	39 Csu	29.00
3	57912 IAZ	Cheung, Ho Yi	36 Kwan Hung	31.00
4	54745 @^IM	Liu, Yijun	37 Sword Fish Club	50.00
5	57195 IAO	Ho, Carolyn Kar Ning	37 South China	NT

40-44

1	38440 ICO	Eichelberger, Melissa Ann	43 HK Football Club	28.24
2	23548 ICX	Chen, Yanyan	41 Fastlane Swimming	29.50
3	54353 #IAXN	Yeh, Grace Judy	41 HK Football Club	30.50
4	57969 IAZ	Wong, Wing Tak Wendy	44 Fastlane Swimming	33.50
5	54558 IAO	Leung, Sharon	43 LRC	33.58
6	56743 IAZN	To, Wai Chi Sabrina	42 Csu	35.00
7	50491 @^IM	Li, Jieyi	42 Sword Fish Club	35.00
8	57045 @^IM	Lin, Min	44 Sword Fish Club	36.00
9	51099 IAZ	Wong, Jane Tsin	42 Fastlane Swimming	44.00
10	57481 IAZ	Ng, Kwan Yee	43 Sword Fish Club	45.00
11	57615 IAZ	Wan, Amber Nga Ting	40 Fastlane Swimming	50.00
12	57948 IAO	Chan, Samantha Kwan Wah	40 LRC	NT

45-49

1	46247 @IAO	Krkalo, Shauna Kathleen	48 LRC	26.07
2	40853 @IAO	Tam, Alison Mai Ling	48 HK Football Club	30.00
3	45139 IAZ	Tai, Kwan Yee	49 Hoi Fung	33.37
4	57968 IAO	Ng, Ada Tsui Lin	45 Fastlane Swimming	35.00
5	43157 @ICO	Lee, Chew Ling	49 LRC	36.25
6	06304 ICZ	Cheung, Man Yiu	47 Sea Green	40.00

50-54

1	33517 IAO	Yamaguchi, Mika	54 RippleFly Swim Ltd	29.07
2	54834	Yang, YongLei	52 New Water Polo	35.00
3	45917 @^IM	Huang, Caifang	52 New Water Polo	50.00
4	43964 @^IM	Qiu, Qi	50 New Water Polo	55.00
5	46181 IAZ	Ng, Yan Yan Bandy	50 Tung Sing	1:00.00

55-59

1	40907 #IAZ	Lai, Shui Nin Ingrid	59 Hoi Fung	34.00
2	09870 @ICO	Chong, Yin Szu Adeline	56 Fastlane Swimming	34.77
3	55356 IA0N	Wiebe, Tamsin Jane	55 Fastlane Swimming	35.72
4	06170	Lo, Man Lee	58 Flying Fish	38.09
5	55818 @IM	Deng, Xiaohong	56 New Water Polo	42.00
6	36045 IAZN	Hsu, Ava	59 LRC	42.53
7	47040 @IAX	Zou, Shengling	55 Tung Sing	47.00

Annual LC Masters Swimming Championships 2025 - 01/02/2026

Psych Sheet

55-59... (Event 4 Women 50 LC Meter Freestyle)

8	49204 IAZ	Cheng, Wai Man	55	Sea Green	55.00
<b>60-64</b>					
1	12894	Lee, Wai Yee Stella	60	Hoi Fung	33.00
2	23323 IAZ	Tam, Choi Ping Scalene	61	New Water Polo	37.00
3	57477 @^IM	Liang, Run Qing	60	Sword Fish Club	39.00
4	26254 #IAX	Ng, Kong Ching	61	Tung Sing	40.00
5	37062 IAZ	Lee, E Way Yvonne	60	Kowloon Tong Club	42.00
6	45065 @IAZ	Lo, Fung Po Jennifer	63	LRC	44.53
7	57082 IAZ	Ma, Esther	61	Hoi Tin	45.00
8	43595	Ao, Wai Lan	64	Sword Fish Club	45.00
9	43962 @^IM	Pan, Lijian	61	New Water Polo	46.00
10	50490 @^IM	Liang, Yanling	62	Sword Fish Club	50.00
11	17890 IAZ	Lee, Mo Kee Cillia	61	Sword Fish Club	1:08.00
<b>65-69</b>					
1	43974 @^IM	Chang, Jianhua	67	New Water Polo	45.00
2	08956	Yeung, Chin Wai Anita	65	Hoi Fung	48.30
3	51787 @^IM	Li, Weiwei	65	Sword Fish Club	50.00
4	05043	Wong, Kim Lan Ada	66	Flying Fish	51.28
5	02711	Fok, Wai Fung	68	Wong Tai Sin	53.97
6	56962 IAX	Tsui, Wai	69	New Water Polo	1:00.00
7	14007	Ho, Yuk Ling	69	Tung Sing	1:00.00
<b>70-74</b>					
1	57478 @^IM	Song, Ji Zui	70	Sword Fish Club	50.00
2	06127	Lau, Wai Lin	70	New Water Polo	1:00.00
<b>75-79</b>					
1	06357	Suen, Ming Chu	78	Sword Fish Club	50.00
2	50480 @^ICX	Lam, Lai Mui	75	Sword Fish Club	1:05.00
3	07440	Yip, Lai Kuen	75	Lai Tsun	1:10.00
4	06212	Lo, Yeuk Shuen	77	Wong Tai Sin	1:20.00
<b>80-84</b>					
1	06372 IAZ	Leung, Mabel Yuen Ying	84	Sword Fish Club	1:10.00
2	17480 IAZ	Chow, Pui Han Angela	80	Lai Tsun	1:16.00
3	08936	Leong, Kuai Heng	80	New Water Polo	1:30.00
<b>85-89</b>					
1	13262	Kwong, Shuet Hing	86	Wong Tai Sin	1:12.20

Event 5 Men 200 LC Meter IM

18-24 MSR:	2:21.50
25-29 MSR:	2:13.80
30-34 MSR:	2:25.69
35-39 MSR:	2:20.07
40-44 MSR:	2:17.83
45-49 MSR:	2:16.50
50-54 MSR:	2:26.14
55-59 MSR:	2:45.82
60-64 MSR:	2:47.55
65-69 MSR:	3:04.42

	ID#	Name	Age	Team	Seed Time
<b>18-24</b>					
1	56623 @^IM	Wen, Tianlang	21	New Water Polo	2:40.00
2	24053 B	Po, Hin Hang	23	Kwan Hung	3:00.00
<b>25-29</b>					
1	15423 IAZ	Cheung, Yau Ming	29	Diocesan School	2:12.00
2	56605 @^IM	Zhang, Zishuai	27	Sword Fish Club	2:30.00

## Annual LC Masters Swimming Championships 2025 - 01/02/2026

## Psych Sheet

## 25-29... (Event 5 Men 200 LC Meter IM)

3	57173 IAZ	Stuart, Hallock	25	Fastlane Swimming	2:35.00
4	20997 B	Yung, Cheuk Long Charlie	27	Kwan Hung	2:45.00
5	17764 IAZ	Wong, Ka Ho Jonathan	26	Barracuda	3:00.00
6	18442 P	Yeung, Christopher Chun Yin	28	New Water Polo	3:00.00
7	17034 IAZ	Yeung, Yue Hin Gerry	29	Juan Hua Club	3:10.00
8	53844 ICX	Wang, Yuehan	28	New Water Polo	3:30.00
<b>30-34</b>					
1	53434 IAZ	Wong, Yin Wai	30	Kwan Hung	3:00.00
<b>35-39</b>					
1	14526 IBZ	Ho, Chun Sum Samuel	37	New Water Polo	2:28.00
2	02021 IBZ	Chow, Man Ho	36	Kwan Hung	2:30.00
3	02591	Luk, Wing Kin Andy	37	Kwan Hung	2:30.00
4	53849 IAZ	Lai, Wai Lam	39	Csu	2:40.00
5	33387 IAO	Wu, Kenneth Yee Lok	35	Sword Fish Club	2:59.00
6	30235 IAZ	Cheng, Hang Man	37	Hoi Fung	3:20.00
7	51883 IAZ	Liu, Kwok Wing	39	Hoi Fung	3:30.00
8	00115 IBZ	Lin, Wei Hung Kelvin	37	Diocesan School	3:50.00
9	06886 B	Li, Chin Long	36	Eastern Winter	4:30.00
<b>40-44</b>					
1	05179 ICZ	Wan, Chun Pong Michael	42	Fastlane Swimming	2:55.00
2	42708 IAZ	Tang, Wing Chung Jonathan	44	Hoi Fung	3:10.30
<b>45-49</b>					
1	03796 ICZ	Chan, Pui Kei	45	New Water Polo	3:10.00
2	49027 IAZ	Ng, Fung Kei	46	Sword Fish Club	3:15.00
3	16451	Cheng, Ngai Bun	48	Kwun Tong	3:26.57
4	55927 @IM	Liu, Hongming	46	Sword Fish Club	3:30.00
5	05160	Chan, Ka Wo	49	Diocesan School	3:47.44
6	48820 #IAZ	Lam, Pei Tim	45	LRC	NT
<b>50-54</b>					
1	37671 @ICO	Stamenovic, Ivan	50	LRC	2:28.90
2	46165 @ICO	Waters, Andrew Allan	52	AVO	2:45.00
3	51473 @IAO	Loh, Yeong Shang	53	Barracuda	3:00.00
4	25592 IAZ	Cheung, Wai Kei	54	Flying Fish	3:00.27
5	24603 IAZ	Hung, Ka Ming	51	YMCA OF Hong Kong	3:20.00
<b>55-59</b>					
1	42202	Rong, Kangwen	59	Sword Fish Club	3:30.00
2	26053 IAZ	Wong, Yee Keung	55	Flying Fish	3:40.92
3	38127 IAZ	Leung, Cheung Wai Ricky	58	Sword Fish Club	3:57.00
4	24606 IAZ	Tsang, Hin Lap	55	Flying Fish	NT
<b>60-64</b>					
1	50514 @^IM	Ye, Jinkun	64	Sword Fish Club	3:30.00
2	53581 IAO	Shi, Bertram Emil	60	Fastlane Swimming	3:45.00
3	32108 IAX	Chan, Kiu	64	Sword Fish Club	3:50.00
<b>65-69</b>					
1	03215 #IAZ	Leung, Yiu Chuen	68	Tung Sing	3:08.00
2	06256	Chan, Kwong Peter	65	Sea Green	3:40.00
3	06237	Mok, Chu Piu	69	Lai Tsun	3:50.00
4	32520 IAX	Lam, Hoi	67	New Water Polo	4:00.00
5	15527	Zhou, Hao	68	Tung Sing	4:25.00
6	03762	Ha, Chi Ming	67	Flying Fish	NT
<b>70-74</b>					
1	06382	Chan, Kam Por	74	Sword Fish Club	3:36.00
2	06239	Chan, King Yuen	71	Lai Tsun	3:45.00
3	11563	Lee, Kwok Hung	73	Sword Fish Club	4:00.00

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**Psych Sheet**

**75-79... (Event 5 Men 200 LC Meter IM)**

1	22182 IAZ	Ngai, Yin Leung	77	Sword Fish Club	4:00.00
2	06243	Koo, Choi Fat	76	Wong Tai Sin	4:00.00

**Event 6 Women 200 LC Meter IM**

18-24 MSR: 2:42.84

25-29 MSR: 2:36.59

30-34 MSR: 2:37.93

35-39 MSR: 2:37.75

40-44 MSR: 2:41.17

45-49 MSR: 2:45.26

50-54 MSR: 2:55.65

55-59 MSR: 3:16.65

60-64 MSR: 3:25.62

65-69 MSR: 3:36.79

	ID#	Name	Age	Team	Seed Time
<b>18-24</b>					
1	25098 #B	Fung, Suet Ying Chloe	21	Fastlane Swimming	2:45.00
2	20969 IAZ	Lui, Wing Lam	24	Kwun Tong	3:04.56
<b>25-29</b>					
1	31444 IAX	Tang, Hiu Tung	25	Pacific	2:50.15
2	26980 IAZ	Wong, Suet Wing	27	Dik Wing	2:57.28
3	57947 ICO	Ioda, Aliaksandra	28	LRC	NT
<b>30-34</b>					
1	02295 IBZ	Tao, Wai Kiu	33	Kwan Hung	2:59.99
2	57051 @^IM	Huang, Pingying	30	Sword Fish Club	3:50.00
<b>35-39</b>					
1	01928 #ICZ	But, Wai Ting	39	Csu	3:00.00
2	57195 IAO	Ho, Carolyn Kar Ning	37	South China	NT
<b>40-44</b>					
1	42712 IAZ	Chan, Hiu Ying	42	Real Kinetic	3:07.00
2	57969 IAZ	Wong, Wing Tak Wendy	44	Fastlane Swimming	3:15.00
3	34701 IAZ	Au, Hoi Ying	43	Flying Fish	3:55.00
4	48188 IAZ	Tang, Ho Tung Kathy	41	Csu	4:30.00
<b>45-49</b>					
1	49442 IAZ	Chan, Yuk Man Phoebe	47	Sword Fish Club	2:50.00
2	55610 IAZ	Wong, Wing Yin Sominnie	49	Hoi Fung	3:00.00
<b>50-54</b>					
1	36785 IAZ	Inglis, Alexandra Sinead	51	LRC	3:44.42
2	50110 IAZ	Chow, Yin Wei Nora	54	New Water Polo	3:45.00
3	45917 @^IM	Huang, Caifang	52	New Water Polo	3:55.00
<b>55-59</b>					
1	31395 IAZ	Chan, Pui Ling	56	Flying Fish	3:55.00
2	40912 IAZ	Ng, Yee Ling	55	Tolo Harbour	4:00.00
3	23588 IAZ	Lee, Ying Chi	58	Tung Sing	4:15.00
<b>65-69</b>					
1	08956	Yeung, Chin Wai Anita	65	Hoi Fung	3:00.00
2	23957 IAX	Yeung, Tun Lim Lily	69	Sword Fish Club	4:00.00
<b>75-79</b>					
1	39357 @^P	Mak, Sok Iun	76	Sword Fish Club	4:00.00

## Annual LC Masters Swimming Championships 2025 - 01/02/2026

## Psych Sheet

## Event 7 Men 50 LC Meter Backstroke

18-24 MSR:	28.19
25-29 MSR:	27.65
30-34 MSR:	28.60
35-39 MSR:	30.27
40-44 MSR:	28.69
45-49 MSR:	29.47
50-54 MSR:	30.97
55-59 MSR:	32.57
60-64 MSR:	33.94
65-69 MSR:	35.70

	ID#	Name	Age	Team	Seed Time
<b>18-24... (Event 7 Men 50 LC Meter Backstroke)</b>					
1	57719 IAZ	Lam, Chak Him	21	Riverside	30.00
2	58059 @^IM	Pan, Haonan	22	New Water Polo	30.00
3	57720 IAZ	Lam, Ching Yin	20	Riverside	32.00
4	57717 IAZ	Zhao, Jin	20	Riverside	32.00
5	48045 IAZ	Lo, Tsz Wang	23	Kwun Tong	35.00
<b>25-29</b>					
1	09821 IAZ	Au Yeung, Chung Hang Felix	28	RippleFly Swim Ltd	31.00
2	57252 @IM	Cao, Jun Qi	27	New Water Polo	38.00
3	23835 IAZ	Cheuk, Long Hin	28	Juan Hua Club	38.30
4	55593 IAZ	Yeung, Hoi Kit	27	Juan Hua Club	39.00
5	58061 @^IM	Chen, Weiqiang	29	New Water Polo	45.00
<b>30-34</b>					
1	51729 @^IM	Chen, Haoxiang	34	Sword Fish Club	35.00
2	54334 @IM	Li, Liangliang	32	New Water Polo	40.00
3	52752 @ICO	Hardy-Lachance, Thierry	34	Fastlane Swimming	45.00
4	57366 IAZ	Cheung, Ka Ming	31	New Water Polo	45.00
<b>35-39</b>					
1	57989 IAZ	Chow, Wing Kin Max	39	Sword Fish Club	32.00
2	00093	Tam, Tak Ching	39	Dik Wing	32.17
3	53101 @ICO	Palmerston, Jeremiah Bradley	35	Fastlane Swimming	33.25
4	00101	Yuen, Chester Wai Hei	38	Diocesan School	35.00
5	06886 B	Li, Chin Long	36	Eastern Winter	35.00
6	03667 IBZ	Wong, Sai Man Sherman	37	New Water Polo	35.00
7	00115 IBZ	Lin, Wei Hung Kelvin	37	Diocesan School	36.00
8	33387 IAO	Wu, Kenneth Yee Lok	35	Sword Fish Club	39.00
9	51883 IAZ	Liu, Kwok Wing	39	Hoi Fung	41.29
10	48667 @IRO	Wong, Dominic Clayton Joe	38	Fastlane Swimming	45.00
11	55911 @IM	Luo, Zhijie	37	Sword Fish Club	59.00
<b>40-44</b>					
1	00444	Lam, Yau Sun Dickson	41	Diocesan School	32.00
2	05179 ICZ	Wan, Chun Pong Michael	42	Fastlane Swimming	33.00
3	57974 IAZ	Chan, Chi Hin Leon	43	Diocesan School	37.00
4	03793 ICZ	Po, Tik San	44	New Water Polo	40.00
5	12176 ICZ	Ng, Siu Yu	44	Sword Fish Club	43.00
6	57422 IAZ	Wong, Lai Hang	44	Hoi Fung	58.39
7	57196 IAZ	Chen, Tu Chien Timothy	43	South China	NT
<b>45-49</b>					
1	49497 @ICO	Maceod, Andrew Ian	47	LRC	32.87
2	04238	Woo, Chun Kuen Douglas	48	LRC	34.55
3	48820 #IAZ	Lam, Pei Tim	45	LRC	35.66

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**Psych Sheet**

**45-49... (Event 7 Men 50 LC Meter Backstroke)**

4	51192 IAZ	Lo, Yui Man	49 Flying Fish	45.69
5	01012 ICZ	Fong, Lik Sun	46 RippleFly Swim Ltd	NT
<b>50-54</b>				
1	06711	Leung, Tsz Kin	54 New Water Polo	34.66
2	53312 IAZ	Tang, Tin Lok Stephen	50 Win Tin	37.00
3	06338 IAZ	Wong, Ka Fai	52 Sword Fish Club	40.88
4	27868 IAZ	Chan, Chi Wah Ringo	54 Sword Fish Club	45.00
<b>55-59</b>				
1	30710 IAZ	Lai, Kin Sun	56 Flying Fish	37.74
2	27451 IAZ	Yip, Kin Man Stephen	56 Kwun Tong	38.00
3	05273	Poon, Ho Keung Danny	56 Flying Fish	40.23
4	45582 @IAO	Reeve, Blair	58 LRC	46.51
5	26053 IAZ	Wong, Yee Keung	55 Flying Fish	48.30
6	35711 IAX	Wong, Fuk Kei	57 Sword Fish Club	54.00
7	24606 IAZ	Tsang, Hin Lap	55 Flying Fish	NT
<b>60-64</b>				
1	05191	Koo, Yu Fat Marcus	64 Flying Fish	38.77
2	50482 @^IM	Chen, Heqiang	63 Sword Fish Club	42.00
3	22433 IAZ	Lui, Man Pong	61 New Water Polo	44.00
4	15528	Tsui, Tak Shing Dominic	64 Fastlane Swimming	45.00
5	21023 IAZ	Ho, Kwong Ngai Eric	63 Sword Fish Club	46.00
6	39982 IAZ	Chow, Wing Chun	62 Sword Fish Club	48.00
7	50511 @^IM	Ye, Huanliang	63 Sword Fish Club	48.00
8	40840 IAZ	Ng, Ka Yiu Karl	62 Diocesan School	50.00
9	27869 IAZ	Lee, Kam Cheong	62 Sword Fish Club	50.00
10	31109 IAZ	Chan, Ping Yan Bryan	60 Hoi Fung	50.30
11	29472 IAZN	Choi, Kwok Man Tony	60 Sword Fish Club	52.00
12	43970 @^IM	Liang, Zhiwen	60 New Water Polo	55.00
<b>65-69</b>				
1	42191	Lin, Haichao	69 Sword Fish Club	40.00
2	03215 #IAZ	Leung, Yiu Chuen	68 Tung Sing	42.00
3	06237	Mok, Chu Piu	69 Lai Tsun	47.00
4	25226 IAZ	Choi, Tai Wing	65 Sword Fish Club	55.00
5	43971 IAX	Lau, Kwok Ming	69 New Water Polo	1:00.00
<b>70-74</b>				
1	53341 @^IM	Lu, Zhuoying	72 New Water Polo	40.00
2	06382	Chan, Kam Por	74 Sword Fish Club	43.00
3	06398	Cho, Wai Sun	73 Fastlane Swimming	45.00
4	06388	Lau, Man Kin	72 Sword Fish Club	47.00
5	06281	Fung, Kam Tai	71 Sword Fish Club	48.00
6	51797 @^IM	Kong, Fanqiang	74 New Water Polo	1:00.00
7	19327 IAZ	Yu, Kwok Chuen	71 Sword Fish Club	1:00.00
8	23123 IAZ	Poon, Wai	74 Sword Fish Club	1:10.00
9	06187	Kan, Kai Kwong	71 Sea Green	1:20.00
<b>75-79</b>				
1	03845	Tin, Sheung Kwai	79 New Water Polo	49.66
2	44756 IAZ	Lo, Che Hung	78 Lai Tsun	50.00
3	44788 IAZ	Chui, Hong Sheung	77 Diocesan School	1:00.00
4	06242	Lau, Heung Wing	77 Wong Tai Sin	1:24.00
<b>80-84</b>				
1	27458 IAZ	Tsui, Yau Ho	82 Sword Fish Club	1:00.00
2	10274	Lau, Chun Nung	80 Lai Tsun	1:10.00
<b>85-89</b>				
1	05407	Lee, She Kwok	88 Sword Fish Club	1:02.00

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Psych Sheet

Event 8 Women 50 LC Meter Backstroke

18-24 MSR:	31.34
25-29 MSR:	31.91
30-34 MSR:	32.81
35-39 MSR:	31.53
40-44 MSR:	34.40
45-49 MSR:	33.99
50-54 MSR:	35.58
55-59 MSR:	40.70
60-64 MSR:	45.62
65-69 MSR:	42.89

ID#	Name	Age	Team	Seed Time
<b>18-24... (Event 8 Women 50 LC Meter Backstroke)</b>				
1	25101 B	Ng, Sze Kwan	20 Kowloon Tong Club	30.56
2	57716 IAZ	Lam, Sin Yu	19 Riverside	34.00
3	25097 B	Cheung, Margaret	21 Kowloon Tong Club	35.00
4	57473 @^IM	Tu, Han Rui	24 Sword Fish Club	36.00
5	20969 IAZ	Lui, Wing Lam	24 Kwun Tong	39.00
6	57758 @^IM	He, Jiamin	19 New Water Polo	40.00
7	57918 IAZ	Yeung, Wai Ching	20 Sword Fish Club	43.00
<b>25-29</b>				
1	57430 IAZ	Szeto, Ho Man	28 Fastlane Swimming	33.00
2	23179 IAZ	Chan, Jessica	29 Fastlane Swimming	40.00
3	22604 IAZ	Ng, Yuen Ying	27 Kwan Hung	45.00
4	57475 @^IM	Zhang, Xin Wen	26 Sword Fish Club	1:10.00
<b>30-34</b>				
1	50505 @^IM	Huang, Shaofen	32 New Water Polo	27.00
2	51507 IAZ	Hui, Ngan Ying	34 Kowloon Tong Club	35.00
3	10761 IAZ	Siu, Ka Sin	32 New Water Polo	36.00
4	57429 IAX	Mak, Chung Yee	30 Fastlane Swimming	38.00
5	54108 IAZ	Ng, Esther Ching Hay	32 Fastlane Swimming	41.00
6	57460 @ICO	Dunston, Samantha Grace	34 Fastlane Swimming	45.00
7	57428 @ICO	Richards, Georgia Emily	33 Fastlane Swimming	45.00
8	05142 IAZ	Hui, Ngan Ting	33 Kowloon Tong Club	46.50
9	57493 IAZ	Luk, Oi Ying Tiffany	32 Current Club Ltd	53.00
10	57051 @^IM	Huang, Pingying	30 Sword Fish Club	1:30.00
<b>35-39</b>				
1	04515 ICZ	Sze, Hang Yu	38 Fastlane Swimming	31.53
2	55900 @IM	Lao, Chuqing	37 Sword Fish Club	1:00.00
<b>40-44</b>				
1	52770 IAO	Sjoholm, Ingrid Christina	40 HK Football Club	33.39
2	23548 ICX	Chen, Yanyan	41 Fastlane Swimming	33.50
3	01666 IBZ	Chan, Wing Suet	40 Fastlane Swimming	35.00
4	54353 #IAXN	Yeh, Grace Judy	41 HK Football Club	38.00
5	38440 ICO	Eichelberger, Melissa Ann	43 HK Football Club	39.46
6	50491 @^IM	Li, Jieyi	42 Sword Fish Club	40.00
7	42712 IAZ	Chan, Hiu Ying	42 Real Kinetic	44.00
8	52180 IAZ	Leung, Man Kee	42 Fastlane Swimming	45.00
9	57481 IAZ	Ng, Kwan Yee	43 Sword Fish Club	52.00
10	34701 IAZ	Au, Hoi Ying	43 Flying Fish	1:02.15
11	57948 IAO	Chan, Samantha Kwan Wah	40 LRC	NT
<b>45-49</b>				
1	46247 @IAO	Krkalo, Shauna Kathleen	48 LRC	33.99

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**45-49... (Event 8 Women 50 LC Meter Backstroke)**

2	51120 IAZ	Yee, Hoi Yan	49 Flying Fish	38.00
3	49442 IAZ	Chan, Yuk Man Phoebe	47 Sword Fish Club	40.00
4	45139 IAZ	Tai, Kwan Yee	49 Hoi Fung	43.34
5	53270 @^IM	Xie, Lexian	49 New Water Polo	1:10.00
6	49121 IAZ	So, Chin Wing	47 New Water Polo	1:15.00
7	55610 IAZ	Wong, Wing Yin Sominnie	49 Hoi Fung	1:20.00

**50-54**

1	57268 @IM	Xiao, Ling	52 New Water Polo	45.00
2	36785 IAZ	Inglis, Alexandra Sinead	51 LRC	46.72
3	27128 IAZ	Lau, Yan Yan	52 Flying Fish	51.26
4	46181 IAZ	Ng, Yan Yan Bandy	50 Tung Sing	1:00.00
5	06349	Ip, Oi Wa Wendy	54 Sword Fish Club	1:20.00

**55-59**

1	09870 @ICO	Chong, Yin Szu Adeline	56 Fastlane Swimming	40.72
2	40907 #IAZ	Lai, Shui Nin Ingrid	59 Hoi Fung	44.00
3	06170	Lo, Man Lee	58 Flying Fish	47.14
4	55818 @IM	Deng, Xiaohong	56 New Water Polo	50.00
5	52998 @^IM	Wu, Xiaomin	57 New Water Polo	55.00
6	47040 @IAX	Zou, Shengling	55 Tung Sing	56.00
7	40575 IAO	Chan, San Ngah	58 Fastlane Swimming	58.00
8	43525	Bao, Haiyan	58 New Water Polo	1:03.00
9	43947 @^IM	Xing, Xiaojuan	57 New Water Polo	1:16.00
10	56364 B	Lau, Ka Yin Anna	59 Flying Fish	NT

**60-64**

1	37062 IAZ	Lee, E Way Yvonne	60 Kowloon Tong Club	49.00
2	50492 @^IM	Guo, Liyan	61 Sword Fish Club	50.00
3	30804 IAON	Yue, Roberta May-wan	63 LRC	50.35
4	06337	Tse, Yee Wah	60 YMCA OF Hong Kong	55.00
5	43962 @^IM	Pan, Lijian	61 New Water Polo	1:00.00

**65-69**

1	49914 @IAXB	Ng, Yee Man	67 New Water Polo	40.00
2	20640 IAZ	Wong, Fung Yee	66 Sword Fish Club	1:00.00
3	14007	Ho, Yuk Ling	69 Tung Sing	1:00.00
4	49428 IAX	Leong, Sao Fan	69 New Water Polo	1:10.00
5	23957 IAX	Yeung, Tun Lim Lily	69 Sword Fish Club	1:10.00
6	43955 @^IM	Cui, Guoning	69 New Water Polo	1:20.00

**70-74**

1	57478 @^IM	Song, Ji Zui	70 Sword Fish Club	1:00.00
2	46236 IAZ	Fok, Miu Han	73 New Water Polo	1:10.00
3	06127	Lau, Wai Lin	70 New Water Polo	1:20.00

**75-79**

1	02859	Tse, Ka Tsai Angela	76 Flying Fish	1:09.58
2	07440	Yip, Lai Kuen	75 Lai Tsun	1:20.00

**80-84**

1	17480 IAZ	Chow, Pui Han Angela	80 Lai Tsun	1:18.00
2	32571 IAZ	Chan, Pui Yee	82 Sword Fish Club	1:20.00
3	06372 IAZ	Leung, Mabel Yuen Ying	84 Sword Fish Club	1:22.00
4	08936	Leong, Kuai Heng	80 New Water Polo	1:30.00

**85-89**

1	13262	Kwong, Shuet Hing	86 Wong Tai Sin	37.98
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## Annual LC Masters Swimming Championships 2025 - 01/02/2026

## Psych Sheet

## Event 9 Men 100 LC Meter Freestyle

18-24 MSR:	54.18
25-29 MSR:	54.16
30-34 MSR:	55.63
35-39 MSR:	53.36
40-44 MSR:	56.60
45-49 MSR:	58.32
50-54 MSR:	58.29
55-59 MSR:	1:03.62
60-64 MSR:	1:03.94
65-69 MSR:	1:08.31

	ID#	Name	Age	Team	Seed Time
<b>18-24... (Event 9 Men 100 LC Meter Freestyle)</b>					
1	27411 IAZ	Siu, Ka Hang	22	Sword Fish Club	56.05
2	58059 @^IM	Pan, Haonan	22	New Water Polo	1:00.00
3	27205 P	Chan, Yan Shing	24	Current Club Ltd	1:02.83
4	57965 @^IM	Tang, Hao Yang	21	New Water Polo	1:20.00
5	50181 @^ICO	Zheng, Jiale	22	Kwun Tong	1:40.00
<b>25-29</b>					
1	56605 @^IM	Zhang, Zishuai	27	Sword Fish Club	56.00
2	57173 IAZ	Stuart, Hallock	25	Fastlane Swimming	58.00
3	57480 @ICX	Printz, Maximilian	26	Sword Fish Club	1:00.00
4	25287 IAZ	Chiu, Long Kit	26	Sword Fish Club	1:03.00
5	57252 @IM	Cao, Jun Qi	27	New Water Polo	1:10.00
6	28567 IAZ	Tam, Wang Yin	26	Eastern Winter	1:15.00
7	57882 IAX	Chow, Ho Fung	27	Kwun Tong	1:15.00
8	57472 @^IM	He, Ze Jian	26	Sword Fish Club	2:00.00
9	57946 IAZ	Mc Laughlin, Conor	26	LRC	NT
<b>30-34</b>					
1	43276 ICO	Gattegno, Julien	34	Fastlane Swimming	59.99
2	31246 IAZ	Ho, Ka Hei	32	Dik Wing	1:02.17
3	23695 IAZ	Lee, Michael Le Jin	31	Current Club Ltd	1:05.05
4	52204 IAZ	Chan, Tsz Ming	34	Pacific	NT
<b>35-39</b>					
1	51101 @ICO	Smit, Marcel Pieter Arnold	39	HK Football Club	53.30
2	01312 IA	Lee, Siu Chung	35	Diocesan School	57.50
3	05293 B	Siu, Wai Wang Derek	35	Kwan Hung	57.60
4	45108 ICO	MC Hugh, Darren Pascal	39	HK Football Club	58.87
5	10309 IBZ	Leung, Chin Fung	37	HK Football Club	1:02.00
6	53101 @ICO	Palmerston, Jeremiah Bradley	35	Fastlane Swimming	1:07.50
7	50488 @^IM	Huang, Ziwei	37	Sword Fish Club	1:10.00
8	56956 @^IM	Xu, Yonghua	39	New Water Polo	1:15.00
9	42848 P	Li, Yuhui	37	Sword Fish Club	2:00.00
10	01621 IBZ	So, Man Hon	38	HK Football Club	NT
11	30235 IAZ	Cheng, Hang Man	37	Hoi Fung	NT
12	57565 @^ICO	Reid, Cavan Murray	38	LRC	NT
<b>40-44</b>					
1	44769 ICO	Sharp, Braedon	43	HK Football Club	58.87
2	22420 IAZ	Chan, Chi Ming	40	Kwun Tong	1:02.00
3	05179 ICZ	Wan, Chun Pong Michael	42	Fastlane Swimming	1:05.00
4	12176 ICZ	Ng, Siu Yu	44	Sword Fish Club	1:07.00
5	46504 @IAO	Coe, Jason George	42	Fastlane Swimming	1:08.00
6	12873	Wan, Ka Fai	44	Sea Green	1:08.00

## Annual LC Masters Swimming Championships 2025 - 01/02/2026

## Psych Sheet

## 40-44... (Event 9 Men 100 LC Meter Freestyle)

7	54383 IAX	Sun, Fei	42 Fastlane Swimming	1:13.00
8	54503 IAZ	Li, Ying Ho	41 Wong Tai Sin	1:15.00
9	54712 IAO	Tham, Edmund	44 Fastlane Swimming	1:30.00
10	57196 IAZ	Chen, Tu Chien Timothy	43 South China	NT

## 45-49

1	04238	Woo, Chun Kuen Douglas	48 LRC	59.27
2	27471 ICO	Nortje, Craig Andrew	48 RippleFly Swim Ltd	1:00.00
3	08963 ICZ	Lee, Chun Yeung	46 Wong Tai Sin	1:02.99
4	46159 IAZ	Wong, Benjamin Hon Lim	47 AVO	1:07.41
5	38121 IAZ	Cheung, Chi Yan Clifford	46 Sea Green	1:08.00
6	40107 IAZ	Chan, Falcon	47 Lai Tsun	1:09.00
7	11569	Wong, Lok Shun	49 Flying Fish	1:13.45
8	49027 IAZ	Ng, Fung Kei	46 Sword Fish Club	1:18.00
9	55927 @IM	Liu, Hongming	46 Sword Fish Club	1:20.00
10	37781 IAZ	Lo, Kar Lai Gary	48 New Water Polo	1:30.00
11	44666 IAZ	Ma, Choi	48 Sun Yip	1:50.00

## 50-54

1	37671 @ICO	Stamenovic, Ivan	50 LRC	57.97
2	24641 ICO	Cummings, Richard Mark	53 LRC	1:00.27
3	28849 IAZ	Chan, Chun Kuen	51 Sword Fish Club	1:07.00
4	51473 @IAO	Loh, Yeong Shang	53 Barracuda	1:08.00
5	02366	Li, Ka Wing	52 Kwun Tong	1:10.00
6	03372	Lau, Allan	53 Sword Fish Club	1:15.00
7	43949 @^IM	Yang, Zhipeng	50 New Water Polo	1:20.00
8	40835 IAZ	Leung, Wing Hong Alvin	52 Diocesan School	1:30.00
9	27459 IAZ	Lui, Wing Tak Victor	52 Diocesan School	1:30.00
10	51531 IAX	Tang, Min	51 Fastlane Swimming	1:30.00
11	49443 IAZN	Siu, Cheuk Kuen	54 Sword Fish Club	1:30.00
12	41887 IAZ	Woo, Cheuk Yiu Jeffrey	51 YMCA OF Hong Kong	1:40.00
13	58056 ICO	Vavrek, Egon	50 LRC	NT

## 55-59

1	05138	Lanzone, Francesco	58 Barracuda	1:09.50
2	51342 @ICO	Koh, Mun Hoe Terry	56 Fastlane Swimming	1:10.00
3	42202	Rong, Kangwen	59 Sword Fish Club	1:13.00
4	32285 IAZ	Chan, Chong Kai Stephen	58 Diocesan School	1:20.00
5	56722 @IAON	Medeiros, Steven Joseph	56 Fastlane Swimming	1:20.00
6	53271 @^IM	Chen, Weizhong	57 New Water Polo	1:22.00
7	45582 @IAO	Reeve, Blair	58 LRC	1:25.30
8	26821 IAZ	Chan, Kwok Chi	55 Sword Fish Club	1:30.00

## 60-64

1	50485 @^IM	Chen, Shuquan	63 New Water Polo	1:15.00
2	26594 IAZ	Ching, Wai Kin	62 Sword Fish Club	1:19.98
3	56410 B	Clark, David James	61 RippleFly Swim Ltd	1:20.00
4	55783 ICO	Joli-Coeur, Vincent	62 Fastlane Swimming	1:23.00
5	15528	Tsui, Tak Shing Dominic	64 Fastlane Swimming	1:25.00
6	57431 IAZ	Chan, Wing Kee	63 Sword Fish Club	1:25.00
7	40861 IAZ	Cheung, Chi Ming Rover	63 Sword Fish Club	1:30.00
8	50514 @^IM	Ye, Jinkun	64 Sword Fish Club	1:30.00
9	29472 IAZN	Choi, Kwok Man Tony	60 Sword Fish Club	1:47.00
10	50990 IAZ	Lo, Andrew On Yuet	61 LRC	NT

## 65-69

1	06331 ICZ	Ma, Etienne	69 YMCA OF Hong Kong	1:10.00
2	06256	Chan, Kwong Peter	65 Sea Green	1:20.00
3	45199 IAZ	Fok, Siu Por	68 New Water Polo	1:30.00

**Annual LC Masters Swimming Championships 2025 - 01/02/2026**

**Psych Sheet**

**65-69... (Event 9 Men 100 LC Meter Freestyle)**

4	52766 IAO	Dundon, Christopher John	68	LRC	1:37.13
5	43963 @^IM	Song, Xingzhi	69	New Water Polo	1:50.00
6	15527	Zhou, Hao	68	Tung Sing	1:50.00
7	07802	Chau, Kam Tim	66	Sea Green	2:10.00

**70-74**

1	53341 @^IM	Lu, Zhuoying	72	New Water Polo	1:20.00
2	14555 @IAX	Tang, Kon Leong	70	Sword Fish Club	1:20.00
3	06239	Chan, King Yuen	71	Lai Tsun	1:38.00
4	19327 IAZ	Yu, Kwok Chuen	71	Sword Fish Club	1:58.00

**75-79**

1	06268	Tse, Kwok Piu	75	Sword Fish Club	1:20.00
2	44756 IAZ	Lo, Che Hung	78	Lai Tsun	1:40.00

**80-84**

1	27458 IAZ	Tsui, Yau Ho	82	Sword Fish Club	2:05.00
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**85-89**

1	05407	Lee, She Kwok	88	Sword Fish Club	2:20.00
2	06246	Ling, Wang Yam	89	Wong Tai Sin	2:20.51

**Event 10 Women 100 LC Meter Freestyle**

- 18-24 MSR: 1:00.63**
- 25-29 MSR: 1:01.02**
- 30-34 MSR: 1:01.79**
- 35-39 MSR: 1:01.38**
- 40-44 MSR: 1:01.45**
- 45-49 MSR: 1:00.74**
- 50-54 MSR: 1:05.38**
- 55-59 MSR: 1:14.96**
- 60-64 MSR: 1:17.42**
- 65-69 MSR: 1:28.57**

	ID#	Name	Age	Team	Seed Time
<b>18-24</b>					
1	31206 B	Wong, Hor Kiu	21	Sword Fish Club	1:10.00
<b>25-29</b>					
1	21953 B	Chan, Tsz Ching	26	Fastlane Swimming	1:00.00
2	57430 IAZ	Szeto, Ho Man	28	Fastlane Swimming	1:05.00
3	27376 IAZ	Lee, Wai Ki	26	Kwan Hung	1:09.00
4	22604 IAZ	Ng, Yuen Ying	27	Kwan Hung	1:30.00
5	54748 @^IM	Tan, Hualan	29	Sword Fish Club	1:45.00
6	57475 @^IM	Zhang, Xin Wen	26	Sword Fish Club	2:10.00
7	57484 @^IM	Wu, Jia Min	26	Sword Fish Club	2:20.00
8	57471 @^IM	Li, Zi Qi	27	Sword Fish Club	2:30.00
9	57947 ICO	Ioda, Aliaksandra	28	LRC	NT
<b>30-34</b>					
1	46331 @ICO	Brueck, Hannah Madeleine	30	HK Football Club	1:08.00
2	18350 IAZ	Lam, Nga Yin Eunice	30	Fastlane Swimming	1:15.00
3	54108 IAZ	Ng, Esther Ching Hay	32	Fastlane Swimming	1:15.00
4	10761 IAZ	Siu, Ka Sin	32	New Water Polo	1:15.00
5	57460 @ICO	Dunston, Samantha Grace	34	Fastlane Swimming	1:18.00
6	55931 @IM	Cai, Yingjie	34	Sword Fish Club	1:23.00
7	57428 @ICO	Richards, Georgia Emily	33	Fastlane Swimming	1:25.00
8	57051 @^IM	Huang, Pingying	30	Sword Fish Club	2:00.00
<b>35-39</b>					
1	04515 ICZ	Sze, Hang Yu	38	Fastlane Swimming	1:01.38
2	00288 IBZ	Yip, Wing Yan	38	Dik Wing	1:30.80

Annual LC Masters Swimming Championships 2025 - 01/02/2026

Psych Sheet

35-39... (Event 10 Women 100 LC Meter Freestyle)

3	54745 @^IM	Liu, Yijun	37	Sword Fish Club	1:50.00
4	57476 @^IM	Zhang, Xin	39	Sword Fish Club	2:08.00

40-44

1	02685 ICZ	Master, Farah Jimmy	41	HK Football Club	1:01.00
2	57492 @^ICX	Zhang, Miao	41	Sword Fish Club	1:06.00
3	54353 #IAXN	Yeh, Grace Judy	41	HK Football Club	1:10.00
4	57485 IAZ	Lai, Sophia Chi Lok	43	HK Football Club	1:12.00
5	52770 IAO	Sjoholm, Ingrid Christina	40	HK Football Club	1:16.00
6	52180 IAZ	Leung, Man Kee	42	Fastlane Swimming	1:17.00
7	41684 IAZ	Leung, Wing Yin Winnie	42	Hoi Fung	1:35.30
8	51099 IAZ	Wong, Jane Tsin	42	Fastlane Swimming	1:41.00
9	57482 @^IM	Zheng, Bi Xing	43	Sword Fish Club	2:20.00

45-49

1	40853 @IAO	Tam, Alison Mai Ling	48	HK Football Club	1:07.00
2	49442 IAZ	Chan, Yuk Man Phoebe	47	Sword Fish Club	1:10.00
3	45139 IAZ	Tai, Kwan Yee	49	Hoi Fung	1:33.20
4	30072 ICW	Chao, Man Chi	47	New Water Polo	1:34.00
5	43497 IAZ	Tang, Pik Lam Cathy	48	Lai Tsun	1:50.00

50-54

1	54834	Yang, YongLei	52	New Water Polo	1:22.00
2	57268 @IM	Xiao, Ling	52	New Water Polo	1:30.00
3	35969 IAX	Wang, Ying Lian	54	Tung Sing	1:32.00

55-59

1	55356 IA0N	Wiebe, Tamsin Jane	55	Fastlane Swimming	1:18.00
2	40907 #IAZ	Lai, Shui Nin Ingrid	59	Hoi Fung	1:20.00
3	52764 @ICO	Schoening Naujoks, Mirjam Be	56	LRC	1:24.45
4	55818 @IM	Deng, Xiaohong	56	New Water Polo	1:30.00
5	36045 IAZN	Hsu, Ava	59	LRC	1:38.93
6	47040 @IAX	Zou, Shengling	55	Tung Sing	1:47.00
7	56364 B	Lau, Ka Yin Anna	59	Flying Fish	1:49.05
8	40912 IAZ	Ng, Yee Ling	55	Tolo Harbour	1:50.00
9	56574 @IAO	Tan, Ee Ling	56	South China	1:54.03

60-64

1	26049 IAZ	Kirkwood, Tain Mhaira	63	LRC	1:14.96
2	51472 @IM	Pang, Yunxiao	62	New Water Polo	1:40.00
3	50893 #@^P	Niu, Zili	62	Sword Fish Club	1:50.00
4	30804 IAON	Yue, Roberta May-wan	63	LRC	1:52.68
5	31750 IAZ	Cheung, Lai Ying Anita	63	Lai Tsun	1:53.00
6	23323 IAZ	Tam, Choi Ping Scalene	61	New Water Polo	1:55.00
7	45187 IAX	Chan, On Mei	63	Sword Fish Club	2:00.00
8	41911 IAZN	Ng, Kit Man Joanna	61	New Water Polo	2:20.00

65-69

1	43974 @^IM	Chang, Jianhua	67	New Water Polo	1:45.00
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70-74

1	57478 @^IM	Song, Ji Zui	70	Sword Fish Club	1:50.00
2	07442	Mok Suen, Yuk Lin Emily	74	Lai Tsun	1:55.00
3	06355	Lo, Lai Yung	71	New Water Polo	2:00.00
4	46236 IAZ	Fok, Miu Han	73	New Water Polo	2:01.00
5	53928 @IM	Huang, Lifang	71	Sword Fish Club	2:10.00

75-79

1	02859	Tse, Ka Tsai Angela	76	Flying Fish	2:07.87
2	50480 @^ICX	Lam, Lai Mui	75	Sword Fish Club	2:20.00
3	06212	Lo, Yeuk Shuen	77	Wong Tai Sin	2:30.00

## Annual LC Masters Swimming Championships 2025 - 01/02/2026

## Psych Sheet

## Event 11 Men 50 LC Meter Butterfly

18-24 MSR:	26.27
25-29 MSR:	26.21
30-34 MSR:	26.54
35-39 MSR:	25.93
40-44 MSR:	26.85
45-49 MSR:	27.47
50-54 MSR:	27.94
55-59 MSR:	30.04
60-64 MSR:	29.64
65-69 MSR:	33.20

	ID#	Name	Age	Team	Seed Time
<b>18-24... (Event 11 Men 50 LC Meter Butterfly)</b>					
1	57923 @^IM	Luo, Junneng	21	Sword Fish Club	25.00
2	24576 IAZ	Tsang, Long Kiu	24	Diocesan School	27.00
3	53228 @^IM	Hou, Pu	24	Sword Fish Club	27.00
4	27411 IAZ	Siu, Ka Hang	22	Sword Fish Club	27.00
5	58059 @^IM	Pan, Haonan	22	New Water Polo	28.00
6	50181 @^ICO	Zheng, Jiale	22	Kwun Tong	29.00
7	30694 IAZ	Cheung, Chi Kit Nicholas	21	Wong Tai Sin	30.00
8	57491 @^IM	Deng, Zihao	21	New Water Polo	32.00
9	45713 IAZ	Hau, Ryan Spencer	20	New Water Polo	32.00
10	57385 IAZ	Kwan, Ka Lok Kevin	22	Sword Fish Club	35.00
11	30675 B	Chan, Wai Tsun	23	Current Club Ltd	55.00
12	58011 IAZ	Liu, Wing To	19	Shatin Sports	NT
<b>25-29</b>					
1	15390 B	Lau, Yat Fung	27	Diocesan School	28.00
2	57173 IAZ	Stuart, Hallock	25	Fastlane Swimming	28.00
3	56605 @^IM	Zhang, Zishuai	27	Sword Fish Club	28.00
4	19383 B	Lee, Man Kit	27	Kwan Hung	30.00
5	57944 @^IM	Deng, LiFan	26	New Water Polo	30.00
6	23835 IAZ	Cheuk, Long Hin	28	Juan Hua Club	31.60
7	55593 IAZ	Yeung, Hoi Kit	27	Juan Hua Club	32.00
8	25287 IAZ	Chiu, Long Kit	26	Sword Fish Club	32.00
9	57480 @ICX	Printz, Maximilian	26	Sword Fish Club	33.00
10	57882 IAX	Chow, Ho Fung	27	Kwun Tong	34.00
11	57881 IAZ	Leung, Kwok Pong	26	Kwun Tong	34.00
12	57880 IAZ	Tsea, Cheuk Wang	27	Kwun Tong	34.00
13	57879 IAZ	Hau, Ching Long	27	Kwun Tong	34.00
14	22513 IAZ	Tang, Cheuk Yan	26	Kwun Tong	38.00
15	28567 IAZ	Tam, Wang Yin	26	Eastern Winter	40.00
16	56958 @^IM	Liu, Zihan	29	New Water Polo	40.00
17	53844 ICX	Wang, Yuehan	28	New Water Polo	40.00
18	57649 IAZ	Li, Chun Yin	27	Fastlane Swimming	40.00
19	57472 @^IM	He, Ze Jian	26	Sword Fish Club	50.00
20	16683 B	Yeung, Kin Shing	27	Kwun Tong	55.00
21	57946 IAZ	Mc Laughlin, Conor	26	LRC	NT
<b>30-34</b>					
1	09964 IAZ	Lau, Chak Lam Nicholas	31	Diocesan School	28.00
2	05577 IBZ	Yuen, Marcus	32	LRC	28.01
3	06863	Miao, Ho Yeung Ernest	31	Pacific	30.00
4	23695 IAZ	Lee, Michael Le Jin	31	Current Club Ltd	33.64
5	52752 @ICO	Hardy-Lachance, Thierry	34	Fastlane Swimming	37.00

Annual LC Masters Swimming Championships 2025 - 01/02/2026

Psych Sheet

30-34... (Event 11 Men 50 LC Meter Butterfly)

6	57161 IAZ	Li, Ka Chun	32	Juan Hua Club	39.00
7	01389	Leung, Wing Chun	34	Diocesan School	40.00

35-39

1	51101 @ICO	Smit, Marcel Pieter Arnold	39	HK Football Club	25.90
2	01312 IA	Lee, Siu Chung	35	Diocesan School	28.00
3	01621 IBZ	So, Man Hon	38	HK Football Club	28.00
4	53849 IAZ	Lai, Wai Lam	39	Csu	29.00
5	53101 @ICO	Palmerston, Jeremiah Bradley	35	Fastlane Swimming	30.50
6	00385	Cheng, Pong Man Reuben	37	Flying Fish	30.81
7	00104	Lo, Shek Pui	37	HK Football Club	31.00
8	00101	Yuen, Chester Wai Hei	38	Diocesan School	32.00
9	50488 @^IM	Huang, Ziwei	37	Sword Fish Club	33.00
10	55430 IAO	Chan, Gerard Ga-hou	39	Hoi Fung	45.00
11	42848 P	Li, Yuhui	37	Sword Fish Club	48.00
12	03667 IBZ	Wong, Sai Man Sherman	37	New Water Polo	1:30.00
13	57565 @^ICO	Reid, Cavan Murray	38	LRC	NT

40-44

1	44769 ICO	Sharp, Braedon	43	HK Football Club	27.50
2	52550 #IAZ	Chiu, Kelvin Ho Yin	44	HK Football Club	30.00
3	54503 IAZ	Li, Ying Ho	41	Wong Tai Sin	32.00
4	23298 IAZ	Li, Cheuk Bun	41	Wong Tai Sin	35.00
5	30399 IAZ	Lam, Shu Wing	43	Flying Fish	35.05
6	48856 @IAO	Gallearchie, Jeewantha Madu	42	Fastlane Swimming	36.00
7	00091	Chan, Lok Yan	42	New Water Polo	1:00.00

45-49

1	27471 ICO	Nortje, Craig Andrew	48	RippleFly Swim Ltd	28.00
2	49497 @ICO	Macceod, Andrew Ian	47	LRC	29.22
3	51734 @^ICO	Small, Robert James	47	Fastlane Swimming	29.40
4	04238	Woo, Chun Kuen Douglas	48	LRC	29.58
5	48820 #IAZ	Lam, Pei Tim	45	LRC	29.69
6	39981 IAZ	Mui, Ho Chuen	46	Sword Fish Club	31.00
7	40107 IAZ	Chan, Falcon	47	Lai Tsun	37.00
8	37781 IAZ	Lo, Kar Lai Gary	48	New Water Polo	38.00
9	50012 @IAO	Griffiths, Evan Paul	46	Fastlane Swimming	39.00
10	44666 IAZ	Ma, Choi	48	Sun Yip	55.00
11	46159 IAZ	Wong, Benjamin Hon Lim	47	AVO	NT
12	51192 IAZ	Lo, Yui Man	49	Flying Fish	NT
13	57564 IAO	Chanmugam, Devin Nijanthan	49	LRC	NT

50-54

1	24641 ICO	Cummings, Richard Mark	53	LRC	30.40
2	06711	Leung, Tsz Kin	54	New Water Polo	31.88
3	44312 @^IM	Ma, Hui	51	New Water Polo	33.00
4	53312 IAZ	Tang, Tin Lok Stephen	50	Win Tin	34.00
5	52883 IAZ	Lo, Fu Fui Frankie	51	Win Tin	34.20
6	02366	Li, Ka Wing	52	Kwun Tong	36.00
7	27868 IAZ	Chan, Chi Wah Ringo	54	Sword Fish Club	37.00
8	21008 IAZ	Cheung, Chun Kwan Michael	53	Wong Tai Sin	37.00
9	06338 IAZ	Wong, Ka Fai	52	Sword Fish Club	38.88
10	57988 IAZ	Au, Jun Sing Jenson	51	Sword Fish Club	39.00
11	40835 IAZ	Leung, Wing Hong Alvin	52	Diocesan School	40.00
12	27459 IAZ	Lui, Wing Tak Victor	52	Diocesan School	40.00
13	41887 IAZ	Woo, Cheuk Yiu Jeffrey	51	YMCA OF Hong Kong	40.00
14	51531 IAX	Tang, Min	51	Fastlane Swimming	50.00
15	58056 ICO	Vavrek, Egon	50	LRC	NT

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**55-59... (Event 11 Men 50 LC Meter Butterfly)**

1	51342 @ICO	Koh, Mun Hoe Terry	56	Fastlane Swimming	35.00
2	26821 IAZ	Chan, Kwok Chi	55	Sword Fish Club	35.88
3	42364 IAZ	Lau, Yip Kwong Francis	57	Diocesan School	40.00
4	56722 @IAON	Medeiros, Steven Joseph	56	Fastlane Swimming	40.00
5	32285 IAZ	Chan, Chong Kai Stephen	58	Diocesan School	42.00

**60-64**

1	43144	Xiao, Donghong	60	New Water Polo	32.00
2	05191	Koo, Yu Fat Marcus	64	Flying Fish	32.85
3	50485 @^IM	Chen, Shuquan	63	New Water Polo	37.00
4	44678 IAZ	Hung, Tin Wai Robert	60	Pacific	41.17
5	39982 IAZ	Chow, Wing Chun	62	Sword Fish Club	42.00
6	26594 IAZ	Ching, Wai Kin	62	Sword Fish Club	43.34
7	21023 IAZ	Ho, Kwong Ngai Eric	63	Sword Fish Club	45.00
8	29472 IAZN	Choi, Kwok Man Tony	60	Sword Fish Club	50.00
9	43970 @^IM	Liang, Zhiwen	60	New Water Polo	54.00
10	22433 IAZ	Lui, Man Pong	61	New Water Polo	55.00

**65-69**

1	42191	Lin, Haichao	69	Sword Fish Club	38.00
2	41007 IAZ	So, Man Sing	65	Sea Green	38.00
3	03215 #IAZ	Leung, Yiu Chuen	68	Tung Sing	42.00
4	15527	Zhou, Hao	68	Tung Sing	1:05.00
5	07802	Chau, Kam Tim	66	Sea Green	1:15.00

**70-74**

1	06398	Cho, Wai Sun	73	Fastlane Swimming	38.00
2	06389	Chan, Hong Wah	73	New Water Polo	40.00
3	43205	Zhou, Jin Jia	71	New Water Polo	45.00
4	06382	Chan, Kam Por	74	Sword Fish Club	48.00
5	25228 IAZ	Chan, Fai Ming	72	Lai Tsun	55.00
6	51797 @^IM	Kong, Fanqiang	74	New Water Polo	1:00.00
7	06187	Kan, Kai Kwong	71	Sea Green	1:00.00

**75-79**

1	51227 @^IM	Liang, Shuntian	77	Sword Fish Club	38.00
2	45624 IAZ	Mok, Hin Ming	76	Lai Tsun	50.00
3	50503 @^IM	Feng, Bingkun	75	Sword Fish Club	50.00
4	23297 IAZ	Chan, Shing Chi	78	Lai Tsun	52.00
5	22182 IAZ	Ngai, Yin Leung	77	Sword Fish Club	1:02.00

**Event 12 Women 50 LC Meter Butterfly**

<b>18-24 MSR:</b>	<b>29.61</b>
<b>25-29 MSR:</b>	<b>29.30</b>
<b>30-34 MSR:</b>	<b>30.25</b>
<b>35-39 MSR:</b>	<b>29.89</b>
<b>40-44 MSR:</b>	<b>30.07</b>
<b>45-49 MSR:</b>	<b>28.70</b>
<b>50-54 MSR:</b>	<b>31.86</b>
<b>55-59 MSR:</b>	<b>36.39</b>
<b>60-64 MSR:</b>	<b>37.04</b>
<b>65-69 MSR:</b>	<b>41.67</b>

	<b>ID#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>18-24</b>					
1	25098 #B	Fung, Suet Ying Chloe	21	Fastlane Swimming	29.50
2	30417 B	Lowery, Jo Jo	22	YMCA OF Hong Kong	31.00
3	31206 B	Wong, Hor Kiu	21	Sword Fish Club	35.00

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**18-24... (Event 12 Women 50 LC Meter Butterfly)**

4	54382 IAZ	Chan, Yin Tsz	21	Lai Tsun	50.00
<b>25-29</b>					
1	21953 B	Chan, Tsz Ching	26	Fastlane Swimming	29.00
2	27376 IAZ	Lee, Wai Ki	26	Kwan Hung	30.90
3	18028 B	Leung, Ho Ching	27	Fastlane Swimming	37.50
4	23179 IAZ	Chan, Jessica	29	Fastlane Swimming	39.00
<b>30-34</b>					
1	50505 @^IM	Huang, Shaofen	32	New Water Polo	32.00
2	57970 IAZ	Au, Hiu Pui	30	Fastlane Swimming	35.00
3	51507 IAZ	Hui, Ngan Ying	34	Kowloon Tong Club	35.00
4	18350 IAZ	Lam, Nga Yin Eunice	30	Fastlane Swimming	36.00
5	57044 @^IM	Sun, Lening	32	Sword Fish Club	47.00
<b>35-39</b>					
1	04515 ICZ	Sze, Hang Yu	38	Fastlane Swimming	28.89
2	00288 IBZ	Yip, Wing Yan	38	Dik Wing	30.63
<b>40-44</b>					
1	02685 ICZ	Master, Farah Jimmy	41	HK Football Club	30.00
2	01666 IBZ	Chan, Wing Suet	40	Fastlane Swimming	33.50
3	01625 ICZ	Wu, Ka Wing	44	HK Football Club	35.00
4	52180 IAZ	Leung, Man Kee	42	Fastlane Swimming	36.00
5	57969 IAZ	Wong, Wing Tak Wendy	44	Fastlane Swimming	38.00
6	49329 #@IAO	Ng, Carmen C M	42	Kwan Hung	40.00
7	34701 IAZ	Au, Hoi Ying	43	Flying Fish	57.14
<b>45-49</b>					
1	51120 IAZ	Yee, Hoi Yan	49	Flying Fish	36.15
2	30072 ICW	Chao, Man Chi	47	New Water Polo	38.17
<b>50-54</b>					
1	36785 IAZ	Inglis, Alexandra Sinead	51	LRC	44.39
2	54834	Yang, YongLei	52	New Water Polo	45.00
3	38302 IAZ	Cheung, Man Ling Melody	54	Lai Tsun	48.00
4	35969 IAX	Wang, Ying Lian	54	Tung Sing	48.00
<b>55-59</b>					
1	52764 @ICO	Schoening Naujoks, Mirjam Be	56	LRC	40.71
2	55356 IA0N	Wiebe, Tamsin Jane	55	Fastlane Swimming	41.72
3	31395 IAZ	Chan, Pui Ling	56	Flying Fish	53.78
4	40575 IAO	Chan, San Ngah	58	Fastlane Swimming	58.00
5	43525	Bao, Haiyan	58	New Water Polo	1:06.00
6	56574 @IAO	Tan, Ee Ling	56	South China	NT
<b>60-64</b>					
1	26049 IAZ	Kirkwood, Tain Mhaira	63	LRC	36.39
2	51472 @IM	Pang, Yunxiao	62	New Water Polo	43.00
3	37062 IAZ	Lee, E Way Yvonne	60	Kowloon Tong Club	50.00
4	50893 #@^P	Niu, Zili	62	Sword Fish Club	53.00
5	23323 IAZ	Tam, Choi Ping Scalene	61	New Water Polo	55.00
6	45187 IAX	Chan, On Mei	63	Sword Fish Club	1:05.00
<b>65-69</b>					
1	49914 @IAXB	Ng, Yee Man	67	New Water Polo	40.00
2	54338 @IM	Peng, Shuyan	67	Sword Fish Club	48.00
3	19290 IAX	Tseung, Nga Wah	69	Sword Fish Club	50.00
4	51787 @^IM	Li, Weiwei	65	Sword Fish Club	55.00
5	43955 @^IM	Cui, Guoning	69	New Water Polo	1:30.00
6	05043	Wong, Kim Lan Ada	66	Flying Fish	NT
<b>75-79</b>					
1	06357	Suen, Ming Chu	78	Sword Fish Club	50.00

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75-79... (Event 12 Women 50 LC Meter Butterfly)

2 39357 @^P Mak, Sok Iun 76 Sword Fish Club 1:10.00

Event 13 Men 4x50 LC Meter Medley Relay

100-119 MSR: 1:49.32  
 120-159 MSR: 1:51.13  
 160-199 MSR: 1:53.94  
 200-239 MSR: 2:03.19  
 240-279 MSR: 2:19.80  
 280-319 MSR: 2:33.32  
 320-359 MSR: 3:30.63

	Team	Relay	Seed Time
<b>100-119</b>			
1	Kwun Tong Swimming Club	M100 A	NT
2	Sword Fish Club	M100 A	NT
3	Fastlane Swimming	M100 A	NT
4	Diocesan School Old Boys' Assn	M100 A	NT
<b>120-159</b>			
1	Barracuda Swimming Club	M120 A	NT
2	Kwan Hung Swimming Club	M120 A	NT
3	Ladies' Recreation Club	M120 A	NT
4	New Water Polo Club	M120 A	NT
5	Sword Fish Club	M120 A	NT
6	Fastlane Swimming	M120 A	NT
7	Hong Kong Football Club	M120 A	NT
8	Diocesan School Old Boys' Assn	M120 A	NT
<b>160-199</b>			
1	HK Flying Fish Athletic Assn	M160 A	NT
2	Kwun Tong Swimming Club	M160 A	NT
3	Ladies' Recreation Club	M160 A	NT
4	New Water Polo Club	M160 A	NT
5	Sea Green Swimming & L.S. Club	M160 A	NT
6	Sword Fish Club	M160 A	NT
7	Wong Tai Sin District L.S. S.	M160 A	NT
8	Fastlane Swimming	M160 A	NT
9	Hong Kong Football Club	M160 A	NT
10	Diocesan School Old Boys' Assn	M160 A	NT
<b>200-239</b>			
1	HK Flying Fish Athletic Assn	M200 A	NT
2	Lai Tsun Swimming Society	M200 A	NT
3	Ladies' Recreation Club	M200 A	NT
4	New Water Polo Club	M200 A	NT
5	Sword Fish Club	M200 A	NT
6	Fastlane Swimming	M200 A	NT
7	Hong Kong Football Club	M200 A	NT
<b>240-279</b>			
1	Lai Tsun Swimming Society	M240 A	NT
2	Ladies' Recreation Club	M240 A	NT
3	New Water Polo Club	M240 A	NT
4	Sea Green Swimming & L.S. Club	M240 A	NT
5	Sword Fish Club	M240 A	NT
6	Wong Tai Sin District L.S. S.	M240 A	NT
7	Fastlane Swimming	M240 A	NT
<b>280-319</b>			
1	Lai Tsun Swimming Society	M280 A	NT

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**280-319... (Event 13 Men 4x50 LC Meter Medley Relay)**

2	New Water Polo Club	M280 A	NT
3	Sword Fish Club	M280 A	NT

**320-359**

1	Sword Fish Club	M320 A	NT
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**Event 14 Women 4x50 LC Meter Medley Relay**

- 100-119 MSR: 2:19.21
- 120-159 MSR: 2:07.83
- 160-199 MSR: 2:10.35
- 200-239 MSR: 2:19.23
- 240-279 MSR: 2:48.90
- 280-319 MSR: 3:06.66
- 320-359 MSR: 4:37.13

	Team	Relay	Seed Time
<b>100-119</b>			
1	Sword Fish Club	W100 A	NT
2	Fastlane Swimming	W100 A	NT
<b>120-159</b>			
1	Kwan Hung Swimming Club	W120 A	NT
2	Ladies' Recreation Club	W120 A	NT
3	New Water Polo Club	W120 A	NT
4	Sword Fish Club	W120 A	NT
5	Fastlane Swimming	W120 A	NT
6	Hong Kong Football Club	W120 A	NT
<b>160-199</b>			
1	Ladies' Recreation Club	W160 A	NT
2	New Water Polo Club	W160 A	NT
3	Sword Fish Club	W160 A	NT
4	Fastlane Swimming	W160 A	NT
5	Hong Kong Football Club	W160 A	NT
<b>200-239</b>			
1	HK Flying Fish Athletic Assn	W200 A	NT
2	Hoi Fung Swimming Club	W200 A	NT
3	Lai Tsun Swimming Society	W200 A	NT
4	Ladies' Recreation Club	W200 A	NT
5	New Water Polo Club	W200 A	NT
6	Sword Fish Club	W200 A	NT
7	Fastlane Swimming	W200 A	NT
8	Hong Kong Football Club	W200 A	NT
<b>240-279</b>			
1	HK Flying Fish Athletic Assn	W240 A	NT
2	Lai Tsun Swimming Society	W240 A	NT
3	Ladies' Recreation Club	W240 A	NT
4	New Water Polo Club	W240 A	NT
5	Sword Fish Club	W240 A	NT
<b>280-319</b>			
1	Lai Tsun Swimming Society	W280 A	NT
2	New Water Polo Club	W280 A	NT
3	Sword Fish Club	W280 A	NT
<b>320-359</b>			
1	Sword Fish Club	W320 A	NT

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Event 15 Men 50 LC Meter Breaststroke

18-24 MSR:	27.95
25-29 MSR:	30.24
30-34 MSR:	31.11
35-39 MSR:	31.14
40-44 MSR:	32.01
45-49 MSR:	32.70
50-54 MSR:	34.48
55-59 MSR:	35.10
60-64 MSR:	35.58
65-69 MSR:	37.84

	ID#	Name	Age	Team	Seed Time
<b>18-24... (Event 15 Men 50 LC Meter Breaststroke)</b>					
1	56623 @^IM	Wen, Tianlang	21	New Water Polo	26.00
2	57975 IAZ	Lee, Shing Yan	23	Diocesan School	28.00
3	30694 IAZ	Cheung, Chi Kit Nicholas	21	Wong Tai Sin	29.00
4	27411 IAZ	Siu, Ka Hang	22	Sword Fish Club	32.00
5	45713 IAZ	Hau, Ryan Spencer	20	New Water Polo	33.00
6	27205 P	Chan, Yan Shing	24	Current Club Ltd	33.55
7	57491 @^IM	Deng, Zihao	21	New Water Polo	35.00
8	57385 IAZ	Kwan, Ka Lok Kevin	22	Sword Fish Club	38.00
9	57423 IAZ	Leung, Alex Man Fung	20	Hoi Fung	NT
10	58011 IAZ	Liu, Wing To	19	Shatin Sports	NT
<b>25-29</b>					
1	22087 IAZ	Yung, Ting Cheung	26	Kowloon Tong Club	30.00
2	13568 B	Choi, Yi Fai Sutton	29	Diocesan School	33.00
3	15390 B	Lau, Yat Fung	27	Diocesan School	35.00
4	57879 IAZ	Hau, Ching Long	27	Kwun Tong	35.00
5	22513 IAZ	Tang, Cheuk Yan	26	Kwun Tong	36.00
6	16683 B	Yeung, Kin Shing	27	Kwun Tong	40.00
7	57472 @^IM	He, Ze Jian	26	Sword Fish Club	50.00
8		Loo, Chun Hei	28	Arbeiter	XNT
<b>30-34</b>					
1	03978 #	Lau, Chun Sing	34	Tuen Mun S.T.	30.00
2	06863	Miao, Ho Yeung Ernest	31	Pacific	30.00
3	05577 IBZ	Yuen, Marcus	32	LRC	30.81
4	01389	Leung, Wing Chun	34	Diocesan School	34.00
5	34840 IM	Dang, Annan	30	New Water Polo	35.00
6	57490 @^IM	Zheng, Tianhe	33	New Water Polo	37.00
<b>35-39</b>					
1	00104	Lo, Shek Pui	37	HK Football Club	35.00
2	45108 ICO	MC Hugh, Darren Pascal	39	HK Football Club	35.00
3	10309 IBZ	Leung, Chin Fung	37	HK Football Club	36.00
4	04877 IBZ	Ng, Yu Ting	35	Sword Fish Club	37.00
5	55430 IA0	Chan, Gerard Ga-hou	39	Hoi Fung	40.00
6	55933 @IM	Feng, Rong	39	New Water Polo	55.00
7	00452 IA	Wong, Chun Hsin Alexander	36	Kwan Hung	NT
8	55647 @P	Prebble, Miles Cavin	35	LRC	NT
<b>40-44</b>					
1	52550 #IAZ	Chiu, Kelvin Ho Yin	44	HK Football Club	32.00
2	51666 @^IM	Zhao, Rujie	43	Sword Fish Club	32.00
3	48666 @ICO	Upman, David Ross	42	Fastlane Swimming	33.00
4	00091	Chan, Lok Yan	42	New Water Polo	34.00

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## Psych Sheet

## 40-44... (Event 15 Men 50 LC Meter Breaststroke)

5	42367 IAO	Chow, Chun Yin	40 Diocesan School	35.00
6	42708 IAZ	Tang, Wing Chung Jonathan	44 Hoi Fung	36.15
7	48856 @IAO	Gallearachie, Jeewantha Madu	42 Fastlane Swimming	39.00
8	11587	Ng, Yu Hon	43 Sea Green	40.00
9	54503 IAZ	Li, Ying Ho	41 Wong Tai Sin	40.00
10	55925 @IM	Zhou, Jiangfan	42 Sword Fish Club	42.00
11	55913 @IM	Guan, Ping	41 Sword Fish Club	44.00
12	55358 @IM	Huang, Tongxiang	40 Sword Fish Club	45.00
13	44769 ICO	Sharp, Braedon	43 HK Football Club	45.01
14	45574 IAZ	Ng, Siu Kwong	44 Sword Fish Club	48.00
15	54712 IAO	Tham, Edmund	44 Fastlane Swimming	1:00.00

## 45-49

1	51734 @^ICO	Small, Robert James	47 Fastlane Swimming	33.90
2	05160	Chan, Ka Wo	49 Diocesan School	37.00
3	50012 @IAO	Griffiths, Evan Paul	46 Fastlane Swimming	39.00
4	11569	Wong, Lok Shun	49 Flying Fish	40.32
5	49027 IAZ	Ng, Fung Kei	46 Sword Fish Club	43.00
6	05144 IAZ	Tse, Chun Hei	47 Flying Fish	44.02
7	44666 IAZ	Ma, Choi	48 Sun Yip	54.00
8	01012 ICZ	Fong, Lik Sun	46 RippleFly Swim Ltd	NT

## 50-54

1	17961 ICO	Jones, Simon	50 LRC	37.85
2	25592 IAZ	Cheung, Wai Kei	54 Flying Fish	38.37
3	57988 IAZ	Au, Jun Sing Jenson	51 Sword Fish Club	39.00
4	21008 IAZ	Cheung, Chun Kwan Michael	53 Wong Tai Sin	39.00
5	40835 IAZ	Leung, Wing Hong Alvin	52 Diocesan School	44.00
6	48392 IAZ	Chan, Ting	53 Hoi Fung	48.15
7	51531 IAX	Tang, Min	51 Fastlane Swimming	50.00
8	27459 IAZ	Lui, Wing Tak Victor	52 Diocesan School	51.00

## 55-59

1	35677 IAZ	Choy, Kwok Ping	58 Kwun Tong	36.00
2	05138	Lanzone, Francesco	58 Barracuda	38.50
3	42364 IAZ	Lau, Yip Kwong Francis	57 Diocesan School	40.00
4	26053 IAZ	Wong, Yee Keung	55 Flying Fish	41.13
5	43158 IAZ	Chan, Tin Lung	57 Lai Tsun	44.00
6	43954 @^IM	Gao, Dongyun	56 New Water Polo	56.00

## 60-64

1	43529 IAX	Ng, Wai Fung	63 Sword Fish Club	37.00
2	18856 IAZ	Au, Mun Shing	61 Sword Fish Club	39.00
3	50511 @^IM	Ye, Huanliang	63 Sword Fish Club	42.00
4	26594 IAZ	Ching, Wai Kin	62 Sword Fish Club	44.02
5	31109 IAZ	Chan, Ping Yan Bryan	60 Hoi Fung	46.30
6	26176 IAX	Ho, Chung Man	63 Lai Tsun	47.00
7	40840 IAZ	Ng, Ka Yiu Karl	62 Diocesan School	50.00
8	40861 IAZ	Cheung, Chi Ming Rover	63 Sword Fish Club	52.00

## 65-69

1	50662 @^P	Zong, Cheng	68 Sword Fish Club	40.00
2	45930 IAZ	Lo, Wing Kwong	65 Tung Sing	40.00
3	50782 @IAX	Pang, Shu Ming	65 Sea Green	49.00
4	25226 IAZ	Choi, Tai Wing	65 Sword Fish Club	55.00

## 70-74

1	51797 @^IM	Kong, Fanqiang	74 New Water Polo	40.00
2	43205	Zhou, Jin Jia	71 New Water Polo	42.00
3	14555 @IAX	Tang, Kon Leong	70 Sword Fish Club	42.00

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**70-74... (Event 15 Men 50 LC Meter Breaststroke)**

4	04508	Chung, Kit Wai	72	Sword Fish Club	46.00
5	06388	Lau, Man Kin	72	Sword Fish Club	55.00

**75-79**

1	03845	Tin, Sheung Kwai	79	New Water Polo	43.88
2	06243	Koo, Choi Fat	76	Wong Tai Sin	50.00
3	05917	Yong, Khin Syn	77	Sword Fish Club	52.00
4	44788 IAZ	Chui, Hong Sheung	77	Diocesan School	1:00.00
5	10252	Chow, Eugene	75	Diocesan School	1:02.00

**80-84**

1	49541 @IAXN	Yang, Victor	81	Diocesan School	58.00
2	10274	Lau, Chun Nung	80	Lai Tsun	1:10.00

**85-89**

1	06270	Lam, Luk Kan	85	Sword Fish Club	1:10.00
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**Event 16 Women 50 LC Meter Breaststroke**

18-24 MSR: 35.53

25-29 MSR: 36.06

30-34 MSR: 35.23

35-39 MSR: 34.71

40-44 MSR: 34.74

45-49 MSR: 32.47

50-54 MSR: 37.63

55-59 MSR: 38.73

60-64 MSR: 46.97

65-69 MSR: 50.56

	ID#	Name	Age	Team	Seed Time
<b>18-24</b>					
1	25098 #B	Fung, Suet Ying Chloe	21	Fastlane Swimming	34.00
2	25097 B	Cheung, Margaret	21	Kowloon Tong Club	35.00
3	30417 B	Lowery, Jo Jo	22	YMCA OF Hong Kong	35.00
4	54016 IAZ	Cheng, Hoi Man	21	Long Fame	37.59
5	57918 IAZ	Yeung, Wai Ching	20	Sword Fish Club	39.00
6	58058 @^IM	Yang, Xiyu	20	New Water Polo	40.00
7	57758 @^IM	He, Jiamin	19	New Water Polo	42.00
8	54382 IAZ	Chan, Yin Tsz	21	Lai Tsun	45.00
<b>25-29</b>					
1	57427 IAZ	Chan, Wai Tung Jocelyn	28	Dik Wing	36.81
2	18028 B	Leung, Ho Ching	27	Fastlane Swimming	42.00
3	57471 @^IM	Li, Zi Qi	27	Sword Fish Club	1:00.00
4	57484 @^IM	Wu, Jia Min	26	Sword Fish Club	1:00.00
<b>30-34</b>					
1	57429 IAX	Mak, Chung Yee	30	Fastlane Swimming	38.00
2	02295 IBZ	Tao, Wai Kiu	33	Kwan Hung	38.50
3	46331 @ICO	Brueck, Hannah Madeleine	30	HK Football Club	39.00
4	03730 IBZ	Li, Jamie	34	Kwan Hung	39.00
5	57231 IAZ	Wong, Tze Ling Michelle	34	Kwan Hung	40.00
6	13202 IBZ	Chui, Wing Yin	32	Sword Fish Club	40.00
7	15442 IBZ	Cheong, Ka Ching	32	Kwan Hung	41.50
8	57970 IAZ	Au, Hiu Pui	30	Fastlane Swimming	45.00
9	05142 IAZ	Hui, Ngan Ting	33	Kowloon Tong Club	46.63
10	57044 @^IM	Sun, Lening	32	Sword Fish Club	48.00
<b>35-39</b>					
1	54745 @^IM	Liu, Yijun	37	Sword Fish Club	55.00
2	55900 @IM	Lao, Chuqing	37	Sword Fish Club	1:00.00

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Psych Sheet

35-39... (Event 16 Women 50 LC Meter Breaststroke)

3	57476 @^IM	Zhang, Xin	39	Sword Fish Club	1:02.00
<b>40-44</b>					
1	41684 IAZ	Leung, Wing Yin Winnie	42	Hoi Fung	41.30
2	01625 ICZ	Wu, Ka Wing	44	HK Football Club	42.00
3	54558 IAO	Leung, Sharon	43	LRC	43.30
4	57492 @^ICX	Zhang, Miao	41	Sword Fish Club	45.00
5	57613 IAZ	Wong, Tai Ying	42	Fastlane Swimming	45.00
6	56743 IAZN	To, Wai Chi Sabrina	42	Csu	50.00
7	51099 IAZ	Wong, Jane Tsin	42	Fastlane Swimming	53.00
8	57481 IAZ	Ng, Kwan Yee	43	Sword Fish Club	53.00
<b>45-49</b>					
1	46247 @IAO	Krkalo, Shauna Kathleen	48	LRC	32.47
2	40853 @IAO	Tam, Alison Mai Ling	48	HK Football Club	42.00
3	43157 @ICO	Lee, Chew Ling	49	LRC	42.42
4	57968 IAO	Ng, Ada Tsui Lin	45	Fastlane Swimming	42.50
5	30072 ICW	Chao, Man Chi	47	New Water Polo	42.67
6	53270 @^IM	Xie, Lexian	49	New Water Polo	1:00.00
7	49121 IAZ	So, Chin Wing	47	New Water Polo	1:05.00
8	51120 IAZ	Yee, Hoi Yan	49	Flying Fish	NT
<b>50-54</b>					
1	33517 IAO	Yamaguchi, Mika	54	RippleFly Swim Ltd	38.03
2	27128 IAZ	Lau, Yan Yan	52	Flying Fish	43.93
3	35969 IAX	Wang, Ying Lian	54	Tung Sing	50.00
4	43964 @^IM	Qiu, Qi	50	New Water Polo	51.00
5	55462 IAX	Zheng, Haiming	52	Hoi Fung	53.30
6	06349	Ip, Oi Wa Wendy	54	Sword Fish Club	1:00.00
<b>55-59</b>					
1	31395 IAZ	Chan, Pui Ling	56	Flying Fish	50.87
2	09870 @ICO	Chong, Yin Szu Adeline	56	Fastlane Swimming	51.53
3	43063 @IAO	Wong, Rose	56	LRC	52.66
4	11575	Chang, Man Yung Catherine	59	Lai Tsun	55.00
5	56945 @^IM	Yang, Yuxia	59	Sword Fish Club	55.00
6	33084 IAZ	Mau, Chi Chiu Brenda	58	New Water Polo	1:00.00
7	43525	Bao, Haiyan	58	New Water Polo	1:08.00
<b>60-64</b>					
1	26049 IAZ	Kirkwood, Tain Mhaira	63	LRC	43.35
2	12894	Lee, Wai Yee Stella	60	Hoi Fung	45.30
3	57477 @^IM	Liang, Run Qing	60	Sword Fish Club	49.00
4	57082 IAZ	Ma, Esther	61	Hoi Tin	50.00
5	51472 @IM	Pang, Yunxiao	62	New Water Polo	50.00
6	50492 @^IM	Guo, Liyan	61	Sword Fish Club	50.00
7	43595	Ao, Wai Lan	64	Sword Fish Club	1:00.00
<b>65-69</b>					
1	54338 @IM	Peng, Shuyan	67	Sword Fish Club	50.00
2	51787 @^IM	Li, Weiwei	65	Sword Fish Club	59.00
3	02711	Fok, Wai Fung	68	Wong Tai Sin	59.00
4	49428 IAX	Leong, Sao Fan	69	New Water Polo	1:00.00
5	19290 IAX	Tseung, Nga Wah	69	Sword Fish Club	1:00.00
6	56962 IAX	Tsui, Wai	69	New Water Polo	1:03.00
7	05043	Wong, Kim Lan Ada	66	Flying Fish	1:03.17
8	20640 IAZ	Wong, Fung Yee	66	Sword Fish Club	1:05.00
<b>70-74</b>					
1	52283 ICX	Li, Weihua	70	Sword Fish Club	1:05.00
2	06213	Mo, Mei Ling	72	Wong Tai Sin	1:15.00

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75-79... (Event 16 Women 50 LC Meter Breaststroke)

1	55403 ICX	Liu, Wanhua	75	New Water Polo	1:03.00
2	39357 @^P	Mak, Sok Iun	76	Sword Fish Club	1:10.00
3	50480 @^ICX	Lam, Lai Mui	75	Sword Fish Club	1:15.00

80-84

1	17480 IAZ	Chow, Pui Han Angela	80	Lai Tsun	1:20.00
2	32571 IAZ	Chan, Pui Yee	82	Sword Fish Club	1:20.00

Event 17 Men 4x50 LC Meter Freestyle Relay

100-119 MSR:	1:36.96
120-159 MSR:	1:40.03
160-199 MSR:	1:40.73
200-239 MSR:	1:52.52
240-279 MSR:	2:01.55
280-319 MSR:	2:13.41
320-359 MSR:	3:09.80

	Team	Relay	Seed Time
<b>100-119</b>			
1	Kwun Tong Swimming Club	M100 A	NT
2	Sword Fish Club	M100 A	NT
3	Fastlane Swimming	M100 A	NT
4	Diocesan School Old Boys' Assn	M100 A	NT
<b>120-159</b>			
1	Barracuda Swimming Club	M120 A	NT
2	Kwan Hung Swimming Club	M120 A	NT
3	Ladies' Recreation Club	M120 A	NT
4	New Water Polo Club	M120 A	NT
5	Sword Fish Club	M120 A	NT
6	Fastlane Swimming	M120 A	NT
7	Hong Kong Football Club	M120 A	NT
8	Diocesan School Old Boys' Assn	M120 A	NT
<b>160-199</b>			
1	HK Flying Fish Athletic Assn	M160 A	NT
2	Hoi Fung Swimming Club	M160 A	NT
3	Kwun Tong Swimming Club	M160 A	NT
4	Ladies' Recreation Club	M160 A	NT
5	New Water Polo Club	M160 A	NT
6	Sea Green Swimming & L.S. Club	M160 A	NT
7	Sword Fish Club	M160 A	NT
8	Wong Tai Sin District L.S. S.	M160 A	NT
9	Fastlane Swimming	M160 A	NT
10	Hong Kong Football Club	M160 A	NT
11	Diocesan School Old Boys' Assn	M160 A	NT
<b>200-239</b>			
1	Win Tin Swimming Club	M200 A	1:48.00
2	HK Flying Fish Athletic Assn	M200 A	NT
3	Lai Tsun Swimming Society	M200 A	NT
4	Ladies' Recreation Club	M200 A	NT
5	New Water Polo Club	M200 A	NT
6	Sword Fish Club	M200 A	NT
7	Fastlane Swimming	M200 A	NT
8	Hong Kong Football Club	M200 A	NT
<b>240-279</b>			
1	Lai Tsun Swimming Society	M240 A	NT

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**240-279... (Event 17 Men 4x50 LC Meter Freestyle Relay)**

2	Ladies' Recreation Club	M240	A	NT
3	New Water Polo Club	M240	A	NT
4	Sea Green Swimming & L.S.	M240	A	NT
5	Sword Fish Club	M240	A	NT
6	Wong Tai Sin District L.S. S.	M240	A	NT
7	Fastlane Swimming	M240	A	NT

**280-319**

1	Lai Tsun Swimming Society	M280	A	NT
2	New Water Polo Club	M280	A	NT
3	Sword Fish Club	M280	A	NT

**320-359**

1	Sword Fish Club	M320	A	NT
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**Event 18 Women 4x50 LC Meter Freestyle Relay**

<b>100-119 MSR:</b>	<b>1:58.55</b>
<b>120-159 MSR:</b>	<b>1:52.19</b>
<b>160-199 MSR:</b>	<b>1:54.00</b>
<b>200-239 MSR:</b>	<b>2:02.69</b>
<b>240-279 MSR:</b>	<b>2:34.06</b>
<b>280-319 MSR:</b>	<b>2:42.61</b>
<b>320-359 MSR:</b>	<b>3:43.13</b>

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
<b>100-119</b>			
1	Sword Fish Club	W100 A	NT
2	Fastlane Swimming	W100 A	NT
<b>120-159</b>			
1	Kwan Hung Swimming Club	W120 A	NT
2	Ladies' Recreation Club	W120 A	NT
3	New Water Polo Club	W120 A	NT
4	Sword Fish Club	W120 A	NT
5	Fastlane Swimming	W120 A	NT
6	Hong Kong Football Club	W120 A	NT
<b>160-199</b>			
1	Ladies' Recreation Club	W160 A	NT
2	New Water Polo Club	W160 A	NT
3	Sword Fish Club	W160 A	NT
4	Fastlane Swimming	W160 A	NT
5	Hong Kong Football Club	W160 A	NT
<b>200-239</b>			
1	HK Flying Fish Athletic Assn	W200 A	NT
2	Hoi Fung Swimming Club	W200 A	NT
3	Lai Tsun Swimming Society	W200 A	NT
4	Ladies' Recreation Club	W200 A	NT
5	New Water Polo Club	W200 A	NT
6	Sword Fish Club	W200 A	NT
7	Fastlane Swimming	W200 A	NT
8	Hong Kong Football Club	W200 A	NT
<b>240-279</b>			
1	HK Flying Fish Athletic Assn	W240 A	NT
2	Lai Tsun Swimming Society	W240 A	NT
3	Ladies' Recreation Club	W240 A	NT
4	New Water Polo Club	W240 A	NT
5	Sword Fish Club	W240 A	NT

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**280-319... (Event 18 Women 4x50 LC Meter Freestyle Relay)**

1	Lai Tsun Swimming Society	W280 A	NT
2	New Water Polo Club	W280 A	NT
3	Sword Fish Club	W280 A	NT

**320-359**

1	Sword Fish Club	W320 A	NT
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