2025 – 2026 AGE GROUP LONG COURSE SWIMMING COMPETITION - DIVISION I (PART I)

2025 – 2026 第一組長池分齡游泳比賽第一節

Date:	28 June 2025 (Saturday)	**Venue:**	Kowloon Park Swimming Pool 九龍公園游泳池
Warm up:	1400 - 1445 hours	**First Event:**	1500 hours

GIRLS 女					**BOYS 男**
1	11 & 12 YRS	800M	FREESTYLE	自由泳	2
3	13 & 14 YRS	800M	FREESTYLE	自由泳	~
5	15 – 17 YRS	800M	FREESTYLE	自由泳	~
7	18 & OVER	800M	FREESTYLE	自由泳	~
~	13 & 14 YRS	1500M	FREESTYLE	自由泳	4
~	15 – 17 YRS	1500M	FREESTYLE	自由泳	6
~	18 & OVER	1500M	FREESTYLE	自由泳	8

截止註冊日期	CLOSING DATE FOR REGISTRATION:	16 May 2025 (1700 hours)
截止報名日期	CLOSING DATE FOR ENTRIES:	6 June 2025 (1700 hours)

2025 – 2026 AGE GROUP LONG COURSE SWIMMING COMPETITION - DIVISION I (PART I)

2025 – 2026 第一組長池分齡游泳比賽第一節

Date: 29 June 2025 (Sunday) **Venue:** Kowloon Park Swimming Pool 九龍公園游泳池

Morning Warm up: 0830 - 0915 hours **Morning Session First Event:** 0930 hours

Afternoon Warm up: 1300 - 1345 hours **Afternoon Session First Event:** 1400 hours

GIRLS 女					**BOYS 男**
9	10 YRS & UNDER	100M	BUTTERFLY	蝶泳	10
11	11 & 12 YRS	200M	BUTTERFLY	蝶泳	12
13	13 & 14 YRS	200M	BUTTERFLY	蝶泳	14
15	15 – 17 YRS	200M	BUTTERFLY	蝶泳	16
17	18 & OVER	200M	BUTTERFLY	蝶泳	18
19	10 YRS & UNDER	50M	FREESTYLE	自由泳	20
21	11 & 12 YRS	50M	FREESTYLE	自由泳	22
23	13 & 14 YRS	50M	FREESTYLE	自由泳	24
25	15 – 17 YRS	50M	FREESTYLE	自由泳	26
27	18 & OVER	50M	FREESTYLE	自由泳	28
29	13 & 14 YRS	400M	IND. MEDLEY	個人四式	30
31	15 – 17 YRS	400M	IND. MEDLEY	個人四式	32
33	18 & OVER	400M	IND. MEDLEY	個人四式	34
		LUNCH BREAK 午膳時間			
35		4X200M	FREE RELAY	自由接力	36
37	10 YRS & UNDER	100M	BACKSTROKE	背泳	38
39	11 & 12 YRS	100M	BACKSTROKE	背泳	40
41	13 & 14 YRS	100M	BACKSTROKE	背泳	42
43	15 – 17 YRS	100M	BACKSTROKE	背泳	44
45	18 & OVER	100M	BACKSTROKE	背泳	46
47	10 YRS & UNDER	100M	BREASTSTROKE	蛙泳	48
49	11 & 12 YRS	200M	BREASTSTROKE	蛙泳	50
51	13 & 14 YRS	200M	BREASTSTROKE	蛙泳	52
53	15 – 17 YRS	200M	BREASTSTROKE	蛙泳	54
55	18 & OVER	200M	BREASTSTROKE	蛙泳	56

截止註冊日期 CLOSING DATE FOR REGISTRATION: 16 May 2025 (1700 hours)

截止報名日期 CLOSING DATE FOR ENTRIES: 6 June 2025 (1700 hours)

2025 – 2026 第一組長池分齡游泳比賽第一節為世界泳聯認可之2025年新加坡世界泳聯游泳錦標賽– 游泳項目本地達標賽。
2025 – 2026 Age Group Long Course Swimming Competition - Division I (Part I) is one of the Local Qualifying meets of World Aquatics Championships - Singapore 2025 – Swimming Events sanctioned by World Aquatics.