



Hong Kong China Swimming Association
中國香港游泳總會
Hong Kong Diving Competition Series 2023-24 (Part 1)
二零二三至二四年香港跳水計分賽 (第一部)
(Organized by HKGSA & Subvented by LCSD)
(中國香港游泳總會主辦，康樂及文化事務署資助)



Date/日期: 14/1/2024 (Sun/星期日)
Time/時間: 08:00-20:00 (Sun/星期日)
Venue/場地: Kowloon Park Swimming Pool - Diving Pool
九龍公園游泳池 - 跳水池

Programme/ 程序

Judges Meeting/裁判會議: 9:30

Time

8:00		Warm Up / Training 熱身 / 練習
10:00	Event 1 項目一	Group Open B Men's & Women's Synchronized Diving 1M Springboard 男子及女子公開B組雙人一米板
10:50	Event 2 項目二	Group Open A Men's & Women's Synchronized Diving 3M Springboard 男子及女子公開A組雙人三米板
11:30	Event 3 項目三	Group Open B Men's 1M Springboard 男子公開B組一米板

Lunch Break/ 午膳時間

Warm Up / Training 熱身 / 練習

14:00	Event 4 項目四	Group Open A Men's & Women's 3M Springboard 男子及女子公開A組三米板
14:45	Event 5 項目五	Group Open B Women's 1M Springboard 女子公開B組一米板
15:35	Event 6 項目六	Group Open B Men's 3M Springboard 男子公開B組三米板
16:20	Event 7 項目七	Group Open A Men's & Women's 1M Springboard 男子及女子公開A組一米板
17:10	Event 8 項目八	Group Open B Women's 3M Springboard 女子公開B組三米板

End of the Competition
比賽完結

*Estimated Start Time

*預計開始時間

Note: Only divers who are participating in the upcoming event are entitled to train with Competition Springboard or Platform 20 minutes before the start of each event
備註: 運動員只可在所參與的比賽項目前二十分鐘，於比賽跳板或跳台進行練習