

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)
(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

Annual Long Course Masters Swimming Championships
週年長池先進游泳錦標賽

3 December 2023 (Sun)

二零二三年十二月三日(日)

Sun Yat Sen Memorial Park Swimming Pool

中山紀念公園游泳池

Subvented by the LCSD



2023-2024 MSLCC - Entry Information

No. of Entries by Event

Event #	Event Name	Entries
1	Men 100 Breaststroke	85
2	Women 100 Breaststroke	58
3	Men 50 Freestyle	150
4	Women 50 Freestyle	100
5	Men 200 IM	57
6	Women 200 IM	22
7	Men 50 Backstroke	96
8	Women 50 Backstroke	58
9	Men 100 Freestyle	107
10	Women 100 Freestyle	72
11	Men 50 Butterfly	110
12	Women 50 Butterfly	60
13	Men 4x50 Medley Relay	41
14	Women 4x50 Medley Relay	26
15	Men 50 Breaststroke	114
16	Women 50 Breaststroke	69
17	Men 4x50 Freestyle Relay	43
18	Women 4x50 Freestyle Relay	26

Total

1294

Entry information by Day

Day / Session	No. of Entries	Total
AM	626	1294
PM	668	

Annual Long Course Masters Swimming Championships

週年長池先進游泳錦標賽

Date: 03-12-2023 (Sunday)

Venue: Sun Yat Sen Memorial Park Swimming Pool 中山紀念公園游泳池

Morning Warm up/
熱身: 0830 – 0920 Hrs

Morning First Event/
開始: 0930 Hrs

Afternoon Warm up/
熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN				WOMEN	
1	100 M	Breaststroke	蛙泳	2	
3	50 M	Freestyle	自由泳	4	
5	200 M	Individual Medley	個人四式	6	
7	50 M	Backstroke	背泳	8	
Lunch Break 午膳時間					
9	100 M	Freestyle	自由泳	10	
11	50 M	Butterfly	蝶泳	12	
13	4 x 50 M	Medley Relay	四式接力	14	
15	50 M	Breaststroke	蛙泳	16	
17	4 x 50 M	Freestyle Relay	自由接力	18	

二零二三至二四年香港先進游泳比賽系列

比賽規程

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2023-2024 年度先進組別泳員。2023-24 年註冊費為港幣\$100 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。
報名：	<ul style="list-style-type: none"> ◇ 必須以報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 每名泳員可參加不多於 3 項個人項目。 ◇ 每項報名費為港幣\$15 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每位泳員於每項接力項目只能參加一個年齡組別。如泳員參加多於一個年齡組別，該泳員所參與的接力項目成績將會被取消。 ◇ 各隊所有運動員需依照所屬屬會提交的接力表上次序比賽，如運動員沒有依照接力表上的次序比賽，該隊成績將會被取消。 ◇ 每項報名費為港幣\$15 元正。 <p>支票請劃線，抬頭寫 HKGSA。</p>
截止報名：	報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於比賽截止報名 21 日前辦妥。(以泳總的公佈為準) *(包括轉會註冊)
項目：	請參閱項目表。 所有賽事均以時間決定名次，不設初賽。
年齡組：	<p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
接力：	◇ 接力名單須於 比賽日 12 時前遞交 。
棄權：	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 每次“缺席”的罰款為港幣\$30 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受報名。
線道安排：	◇ 所有參加者，將不按年齡，而是跟據其提交的報名時間作編組，唯成績將按泳員所屬的組別分別處理。
獎項：	<ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ *個人項目前八名可分別獲得 9, 7, 6, 5, 4, 3, 2 及 1 分 ◇ *接力首八名得分為 18, 14, 12, 10, 8, 6, 4, 2。(年齡 18-24 組除外) ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍。
規則：	◇ 比賽採用世界泳聯的規則。

	<ul style="list-style-type: none"> ◇ 如參加 400m 或 800m 自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為“DNF”（未能完成比賽）。 ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。 ◇ 泳會必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手或頂包行為，泳會將被嚴厲處分。詳細罰則如下： <ul style="list-style-type: none"> <u>第一次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。 <u>第二次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。 <u>第三次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。 <p style="text-align: center;"><u>違規記錄於一個財政年度清算(由 4 月 1 日起至 3 月 31 日)</u></p>												
<p>工作人員安排：</p>	<ul style="list-style-type: none"> ◇ 各參賽屬會需派出以下工作人員數量： <table border="1" style="margin-left: 40px; border-collapse: collapse; width: 100%;"> <thead> <tr> <th style="padding: 5px;">參賽人數</th> <th style="padding: 5px;">需要提供工作人員數量</th> <th style="padding: 5px;">最多可派出工作人員數量</th> </tr> </thead> <tbody> <tr> <td style="text-align: center; padding: 5px;">5 至 14 人</td> <td style="text-align: center; padding: 5px;">1</td> <td style="text-align: center; padding: 5px;">4</td> </tr> <tr> <td style="text-align: center; padding: 5px;">15 至 24 人</td> <td style="text-align: center; padding: 5px;">2</td> <td style="text-align: center; padding: 5px;">4</td> </tr> <tr> <td style="text-align: center; padding: 5px;">25 人或以上</td> <td style="text-align: center; padding: 5px;">3</td> <td style="text-align: center; padding: 5px;">4</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ◇ 如屬會不能提供所需工作人員數量，有關屬會將於下個比賽被罰停賽一次。 	參賽人數	需要提供工作人員數量	最多可派出工作人員數量	5 至 14 人	1	4	15 至 24 人	2	4	25 人或以上	3	4
參賽人數	需要提供工作人員數量	最多可派出工作人員數量											
5 至 14 人	1	4											
15 至 24 人	2	4											
25 人或以上	3	4											
<p>上訴：</p>	<ul style="list-style-type: none"> ◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的 30 分鐘內，連同上訴費港幣\$200 元遞交予總裁判。 ◇ 上訴會交由該比賽之上訴委員會作決定。 ◇ 若上訴被駁回，已繳費用概不發還。 												

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2023-24

Rules & Regulations for Local Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ All competitors must be 2023-24 registered masters (MS) swimmers of HKGSA (2023-24 Registration Fee: HK\$100 per swimmer) ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2023-24 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$15 per individual event <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ Each swimmer is only allowed to participate in one age group of each relay event. If swimmer race in two or more age group relay, concerned team result shall be disqualified. ※ The composition of a relay team must be the same order to the submitted relay form. Any club failed to follow the same order will result in disqualified. ※ HK\$15 per team per relay event. <p>Paid by cheque. Crossed cheque made <u>payable to 'HKGSA'</u>.</p>
Closing Date for Entries	21 days prior to the date of competition. (Subject to the announcement of the HKGSA)
Closing Date for Registration	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKGSA) *(Including Transfer Registration)
Event list	Please see attached event lists. Events will be run as timed finals.

Age Group	<p>※ Age is calculated as at 31 December of the year of the competition.</p> <p><u>Individual Events</u> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over</p> <p><u>Relay Events</u> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399</p>																		
Relay	<p>※ Relay entry form must be submitted before 1200hours on the competition day.</p>																		
Scratches	<p>※ Scratches must be submitted 30 minutes before the scheduled start time of each session.</p> <p>※ A fine of \$30 will be charged for each "no show". Fine payment should be settled before the next competition entry deadline. Otherwise, entry will not be accepted.</p>																		
Seeding	<p>※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.</p>																		
Awards	<p>※ Medals will be awarded to 1st, 2nd and 3rd places.</p> <p>※ *Point score for first 8 places respectively (exclude Age 18-24 Group):</p> <table border="1" data-bbox="301 1028 951 1109"> <tr> <td>Individual</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>Relay</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> <p>※ *Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.</p>	Individual	9	7	6	5	4	3	2	1	Relay	18	14	12	10	8	6	4	2
Individual	9	7	6	5	4	3	2	1											
Relay	18	14	12	10	8	6	4	2											

<p>Rules</p>	<ul style="list-style-type: none"> ※ World Aquatic rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did not Finish). ※ Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards. ※ Swimmers shall not replace the swimmers on the swimmers list without HKASA's permission, represented clubs will be punished as follows: <ul style="list-style-type: none"> <u>First time of violation</u> A fine of \$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given. <u>Second time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women's relay events will not be given. <u>Third time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events during the competition will not be given and respective club shall be suspended from the next competition. <p><u>Violation would be counted within one financial year, i.e. (starting from 1st April and ending 31st March)</u></p>												
<p>Official Arrangement</p>	<ul style="list-style-type: none"> ※ Clubs would need to provide the below number of officials for the competition: <table border="1" data-bbox="298 1377 954 1708"> <thead> <tr> <th>Swimmer(s) attend the competition</th> <th>Minimum Numbers of Official need to provide</th> <th>Maximum Numbers of Official could be provided</th> </tr> </thead> <tbody> <tr> <td>5-14</td> <td>1</td> <td>4</td> </tr> <tr> <td>15-24</td> <td>2</td> <td>4</td> </tr> <tr> <td>25 or more</td> <td>3</td> <td>4</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ※ Clubs will be suspended from the next competition if failed to fulfil the requirement. 	Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided	5-14	1	4	15-24	2	4	25 or more	3	4
Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided											
5-14	1	4											
15-24	2	4											
25 or more	3	4											

Protest	<ul style="list-style-type: none">※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200.※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final.※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.
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* Not apply to Overseas Competitors.

Hong Kong Masters Swimming Competition Series 2023-24

Rules & Regulations for Overseas Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2023-2024 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <u>Individual Events</u> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$20.00 per individual event <u>Relay Events</u> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ HK\$30.00 per team per relay event. <p>Paid by cheque ONLY. Crossed cheque made <u>payable to 'HKGSA'</u>.</p>
Closing Date for Entries	<u>1 month</u> before the 1 st date of competition of each meet.
Event list	Please see attached event lists. Events will be run as timed finals.
Age Group	<ul style="list-style-type: none"> ※ Age is calculated as at 31 December of the year of the competition. <u>Individual Events</u> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over <u>Relay Events</u> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399

Relay	<ul style="list-style-type: none"> ※ Relay entry form must be submitted before 1200hours on the competition day.
Scratches	<ul style="list-style-type: none"> ※ Scratches must be submitted 30 minutes before the scheduled start time of each session. ※ Relay entry form must be submitted before 1200hours on the competition day.
Seeding	<ul style="list-style-type: none"> ※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.
Awards	<ul style="list-style-type: none"> ※ Medals will be awarded to 1st, 2nd and 3rd places. Separate medals will be awarded to overseas swimmers.
Rules	<ul style="list-style-type: none"> ※ World Aquatic rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did not Finish).
Protest	<ul style="list-style-type: none"> ※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200. ※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final. ※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to World Aquatics Masters World Championships 2023 - Kyushu)

MEN 50M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	0:46.70	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
LEE MING	SFC	80-84	0:41.01	Spring Masters Swimming Championships 2010	06-Mar-10
TIN SHEUNG KWAI	NWC	75-79	0:31.30	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
TIN SHEUNG KWAI	NWC	70-74	0:30.07	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
TIN SHEUNG KWAI	KTS	65-69	0:29.72	Annual Long Course Masters Swimming Championships	23-Nov-14
FU TAI CHUN	KTS	60-64	0:27.95	Summer Masters Swimming Championships 1999	19-Jun-99
FU TAI CHUN	KTS	55-59	0:28.02	Spring Masters Swimming Championships 1997	22-Mar-97
RUST STEFAN ROBERT	LRC	50-54	0:25.80	FINA World Masters Championships 2017	17-Aug-17
NORTJE CRAIG ANDREW	#FB	45-49	0:26.47	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
FU WING HARBETH	KTS	40-44	0:25.15	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
<u>SMIT MARCEL PIETER ARNOLD</u>	*FL	<u>35-39</u>	<u>0:24.35</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>07-Aug-23</u>
FU WING HARBETH	KTS	30-34	0:24.31	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
CHUNG LAI YEUNG	#DB	25-29	0:23.92	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
CHANG GERRY JUUN YIH	KTS	18-24	0:24:17	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13

WOMEN 50M FREESTYLE				NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	85-89	1:08.53	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
TAI LI HUA	SFC	80-84	0:43.31	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
OTSUKA YUKO	SGC	75-79	0:42.67	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
WANG LI	*WA	70-74	0:38.75	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
TSEUNG NGA WAH	SFC	65-69	0:35.01	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:33.85	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:32.17	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	15-Jul-18
<u>YAMAGUCHI MIKA</u>	*FL	<u>50-54</u>	<u>0:29.35</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>08-Aug-23</u>
<u>KRKALO SHAUNA KATHLEEN</u>	LRC	<u>45-49</u>	<u>0:27.65</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>08-Aug-23</u>
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:28.17	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
YIP WING YAN	DWA	35-39	0:28.10	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
<u>ZHANG XIAO TONG ISABELLA</u>	*FL	<u>30-34</u>	<u>0:27.80</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>08-Aug-23</u>
MOK HOI MAN SHERON	PSC	25-29	0:27.70	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
AU HIU PUI	*GW	18-24	0:28.20	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

MEN 100M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:49.14	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
LEE MING	SFC	80-84	1:38.42	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
TZENG TEH REN	SGC	75-79	1:23.46	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TSE KWOK PIU	SFC	70-74	1:13.75	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
FU TAI CHUN	KTS	65-69	1:08.31	Annual Masters Swimming Championships 2002	31-Aug-02
MA ETIENNE	YMC			Annual Long Course Masters Swimming Championships 2022	27-Nov-22
FU TAI CHUN	KTS	60-64	1:04.39	Spring Masters Swimming Championships 1998	21-Mar-98
MA ETIENNE	YMC	55-59	1:03.62	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
RUST STEFAN ROBERT	LRC	50-54	0:58.29	FINA World Masters Championships 2017	15-Aug-17
RUST STEFAN ROBERT	LRC	45-49	0:59.62	FINA World Masters Championships 2014	10-Aug-14
O'NEILL DONAL THOMAS	LRC	40-44	0:56.60	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
<u>SMIT MARCEL PIETER ARNOLD</u>	*FL	<u>35-39</u>	<u>0:54.66</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>06-Aug-23</u>
BEAHAN, GRANT KENNETH	BSC	30-34	0:56.01	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
FU WING HARBETH	KTS	25-29	0:54.16	Annual Masters Swimming Championships 2006	26-Aug-06
*LEE MAN TIM	HTA			<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>06-Aug-23</u>
KONG CHUN YIN	HVA	18-24	0:54.18	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

WOMEN 100M FREESTYLE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:10.64	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
WONG JIM	SFC	75-79	1:54.16	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
SUEN MING CHU	SFC	70-74	1:39.80	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
TSEUNG NGA WAH	SFC	65-69	1:28.57	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
TSEUNG NGA WAH	SFC	60-64	1:22.04	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:14.96	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	14-Jul-18
<u>YAMAGUCHI MIKA</u>	*FL	<u>50-54</u>	<u>1:05.38</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>06-Aug-23</u>
<u>KRKALO SHAUNA KATHLEEN</u>	LRC	<u>45-49</u>	<u>1:03.33</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>06-Aug-23</u>
KELSEY JANE MACFARLAND	LRC	40-44	1:01.45	16th FINA World Masters Championships 2015 in Kazan	11-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	1:01.54	FINA World Masters Championships 2014	10-Aug-14
<u>ZHANG XIAO TONG ISABELLA</u>	*FL	<u>30-34</u>	<u>1:01.79</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>06-Aug-23</u>
MOK HOI MAN SHERON	KTS	25-29	1:01.02	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
NG KA MAN	KTS	18-24	1:02.73	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to World Aquatics Masters World Championships 2023 - Kyushu)

MEN 200M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	3:46.70	2010-11 Long Course Masters Swimming Championships - Part 2		20-Jun-10
YANG YEE ZEI	NWC	75-79	3:38.31	2014-15 Long Course Masters Swimming Competition - Part 2		29-Jun-14
TSE KWOK PIU	SFC	70-74	2:47.81	2021-22 Long Course Masters Swimming Competition - Part 2		09-May-21
MA ETIENNE	YMC	65-69	2:36.59	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
HO ROBERT YAU CHUNG	LRC	60-64	2:32.99	2019-20 Long Course Masters Swimming Competition - Part 2		05-May-19
HO ROBERT YAU CHUNG	LRC	55-59	2:24.07	FINA World Masters Championships 2014		10-Aug-14
JOHNSON ERIC ANDREW	LRC	50-54	2:14.33	FINA World Masters Championships 2014		10-Aug-14
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	2:10.21	FINA World Masters Championships 2019 - Gwangju		14-Aug-19
STAMENOVIC IVAN	LRC	40-44	2:07.89	FINA World Masters Championships 2019 - Gwangju		14-Aug-19
NORTJE CRAIG ANDREW	VRC	35-39	2:05.90	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13
WANG TIMOTHY JONG	LRC	30-34	2:05.11	2014-15 Long Course Masters Swimming Competition - Part 2		29-Jun-14
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	2:05.18	FINA World Masters Championships 2019 - Gwangju		14-Aug-19
HUI CHUN HIN	EWS	18-24	2:06.87	2012-13 Long Course Masters Swimming Competition - Part 2		17-Jun-12

WOMEN 200M FREESTYLE					NAME OF MEET	DATE ACHIEVED
CHAN WAI KIANG	KTS	80-84	9:35.55	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
WONG JIM	SFC	75-79	4:51.46	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
SUEN MING CHU	SFC	70-74	3:36.37	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
SUEN MING CHU	SGC	65-69	3:27.53	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
TSEUNG NGA WAH	SFC	60-64	3:08.53	2019-20 Long Course Masters Swimming Competition - Part 2		05-May-19
KIRKWOOD TAIN MHAIRA	LRC	55-59	2:50.45	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
COGGINS LYNDA ANNE	LRC	50-54	2:32.26	FINA World Masters Championships 2014		10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:28.14	16th FINA World Masters Championships 2015 in Kazan		12-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:13.70	16th FINA World Masters Championships 2015 in Kazan		12-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	2:13.59	FINA World Masters Championships 2014		10-Aug-14
ZHANG XIAO TONG ISABELLA	*FL	30-34	2:23.47	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
MOK HOI MAN SHERON	NWC	25-29	2:16.55	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
LAMB ENEKA MARIE	HIS	18-24	2:16.66	2011-12 Long Course Masters Swimming Competition - Part 2		19-Jun-11

MEN 400M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LAM LIT KWAN	LTS	75-79	8:21.67	2016-17 Long Course Masters Swimming Competition - Part 3		12-Jun-16
CHAN KAM POR	SFC	70-74	6:25.09	2022-23 Long Course Masters Swimming Competition - Part 3		12-Jun-22
CHAN KAM POR	SFC	65-69	6:00.83	2017-18 Long Course Masters Swimming Competition - Part 3		13-Aug-17
HO ROBERT YAU CHUNG	LRC	60-64	5:24.54	FINA World Masters Championships 2019 - Gwangju		18-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	5:11.90	FINA World Masters Championships 2014		10-Aug-14
LETCHER, RICHARD ROY	LRC	50-54	5:02.73	2019-20 Long Course Masters Swimming Competition - Part 3		23-Jun-19
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	4:31.75	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		12-Jul-18
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	4:35.39	FINA World Masters Championships 2017		17-Aug-17
CAGGIO ANTONINO	LRC	35-39	4:29.74	2019-20 Long Course Masters Swimming Competition - Part 3		23-Jun-19
LEE, YEUNG DARWIN	FWC	30-34	4:46.54	2019-20 Long Course Masters Swimming Competition - Part 3		23-Jun-19
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	4:32.86	FINA World Masters Championships 2019 - Gwangju		18-Aug-19
LI CHUN HONG	HTA	18-24	4:25.08	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11

WOMEN 400M FREESTYLE					NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	7:46.69	2019-20 Long Course Masters Swimming Competition - Part 3		23-Jun-19
SUEN MING CHU	SGC	65-69	7:13.63	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
SUEN MING CHU	SGC	60-64	7:02.63	Long Course Masters Swimming Competition - Part 3 2011		18-Sep-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	6:02.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	5:25.06	16th FINA World Masters Championships 2015 in Kazan		16-Aug-15
COLEY ALLISON LEIGH	#FL	45-49	5:24.04	2021-22 Long Course Masters Swimming Competition - Part 3		20-Jun-21
KELSEY JANE MACFARLAND	LRC	40-44	4:44.60	16th FINA World Masters Championships 2015 in Kazan		16-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	4:41.52	FINA World Masters Championships 2014		10-Aug-14
BARNES RUTH	LRC	30-34	5:04.92	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
CARPENTER LINH THUC LUONG	LRC	25-29	5:12.71	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
MAU LOK YAN EUNICE	CUC	18-24	5:06.39	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to World Aquatics Masters World Championships 2023 - Kyushu)

MEN 800M FREESTYLE				NAME OF MEET	DATE ACHIEVED
POLSON IAN HASTINGS	LRC	75-79	16:05.75	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
CHAN KAM POR	SFC	70-74	13:28.85	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	65-69	12:19.01	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
HO ROBERT YAU CHUNG	LRC	60-64	11:32.69	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
LANZONE FRANCESCO	BSC	55-59	10:37.84	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
<u>LI KAI YIEN ARTHUR ALBERT</u>	<u>#FB</u>	<u>50-54</u>	<u>10:19.44</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>05-Aug-23</u>
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	9:28.79	FINA World Masters Championships 2019 - Gwangju	12-Aug-19
LILJESTROEM LENNART PETER FREDRIC	LRC	40-44	9:30.23	FINA World Masters Championships 2017	14-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	9:28.64	FINA World Masters Championships 2012	10-Jun-12
WANG TIMOTHY JONG	LRC	30-34	9:43.41	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
YUEN MARCUS	LRC	25-29	10:07.05	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
TSE HON TING	LWS	18-24	8:53.89	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

WOMEN 800M FREESTYLE				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	75-79	17:34.92	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
SUEN MING CHU	SFC	70-74	16:02.36	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SFC	65-69	13:11.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
CASTKA GILLIAN HANCER	SFC	60-64	14:45.69	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
KIRKWOOD TAIN MHAIRA	LRC	55-59	12:32.89	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	11:48.01	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KWOH DICK YUEN MARY	FFA	45-49	10:54.55	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
KELSEY JANE MACFARLAND	LRC	40-44	9:42.82	16th FINA World Masters Championships 2015 in Kazan	10-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	9:48.87	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	10:53.53	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
CARPENTER LINH THUC LUONG	LRC	25-29	10:50.58	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
LAU SZE WING	HTA	18-24	10:22.03	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

MEN 50M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
LEE SHE KWOK	SFC	85-89	0:57.83	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHEUNG TSAN	SFC	80-84	0:56.40	Annual Long Course Masters Swimming Championships	23-Nov-14
TIN SHEUNG KWAI	NWC	75-79	0:38.96	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
TIN SHEUNG KWAI	NWC	70-74	0:37.82	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
TIN SHEUNG KWAI	SFC	65-69	0:35.70	FINA World Masters Championships 2014	10-Aug-14
HO ROBERT YAU CHUNG	LRC	60-64	0:33.94	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	0:32.57	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	0:30.97	FINA World Masters Championships 2017	20-Aug-17
SAKA TAIHEI	SGC	45-49	0:30.37	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
O'NEILL DONAL THOMAS	LRC	40-44	0:29.16	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
NORTJE CRAIG ANDREW	VRC	35-39	0:30.38	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
LAM YAU SUN DICKSON	#DB	30-34	0:29.77	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
LAU SHIU YUE	#DB	25-29	0:27.65	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHEUNG YAU MING	#DB	18-24	0:28.26	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 50M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	80-84	0:53.45	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
WONG JIM	SFC	75-79	0:55.07	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
BAI XINFEN	SFC	70-74	0:44.75	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
BAI XINFEN	SFC	65-69	0:42.89	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
TSEUNG NGA WAH	SFC	60-64	0:46.26	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
<u>LAI SHU LIN INGRID</u>	<u>YMC</u>	<u>55-59</u>	<u>0:41.16</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>11-Aug-23</u>
COGGINS LYNDA ANNE	LRC	50-54	0:35.58	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
<u>TAM LAI LING ALISON</u>	<u>*FL</u>	<u>45-49</u>	<u>0:34.75</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>11-Aug-23</u>
TAM MAI LING ALISON	LRC	40-44	0:34.40	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
KELSEY JANE MACFARLAND	LRC	35-39	0:34.04	Annual Long Course Masters Swimming Championships	23-Nov-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.81	FINA World Masters Championships 2014	10-Aug-14
CHARTER ROBYN JUDY	#FB	25-29	0:32.98	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
AU HIU PUI	*GW	18-24	0:31.58	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to World Aquatics Masters World Championships 2023 - Kyushu)

MEN 100M BACKSTROKE					NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	2:21.27	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
LIU WING CHIU	*TM	75-79	1:52.21	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
TIN SHEUNG KWAI	NWC	70-74	1:35.27	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
HO ROBERT YAU CHUNG	LRC	65-69	1:18.71	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
HO ROBERT YAU CHUNG	LRC	60-64	1:13.98	FINA World Masters Championships 2019 - Gwangju		17-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	1:11.73	FINA World Masters Championships 2014		10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	1:08.09	FINA World Masters Championships 2017		19-Aug-17
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	1:09.39	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		13-Jul-18
O'NEILL DONAL THOMAS	LRC	40-44	1:04.49	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
NORTJE CRAIG ANDREW	VRC	35-39	1:06.66	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
LAM YAU SUN DICKSON	#DB	30-34	1:07.94	2019-20 Long Course Masters Swimming Competition - Part 2		05-May-19
CHEUNG YAU MING	#DB	25-29	1:02.70	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
CHOI DERRICK CHRISTOPHER	LRC	18-24	1:02.10	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13

WOMEN 100M BACKSTROKE					NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	2:13.75	2016-17 Long Course Masters Swimming Competition Part 2		24-Apr-16
BAI XIUFEN	SFC	70-74	1:40.55	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
LO LAI YUNG	NWC	65-69	1:50.32	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
NG YEE MAN	NWC	60-64	1:43.42	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
<u>LAI SHUI NIN INGRID</u>	<u>YMC</u>	<u>55-59</u>	<u>1:32.18</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>		<u>10-Aug-23</u>
COGGINS LYNDA ANNE	LRC	50-54	1:17.38	16th FINA World Masters Championships 2015 in Kazan		15-Aug-15
TAM ALISON MAI LING	#FL	45-49	1:15.99	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
KELSEY JANE MACFARLAND	LRC	40-44	1:13.75	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	1:14.06	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
CARPENTER LINH THUC LUONG	LRC	30-34	1:11.37	16th FINA World Masters Championships 2015 in Kazan		15-Aug-15
MOK HOI MAN SHERON	NWC	25-29	1:13.30	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
LAMB ENEKA MARIE	HIS	18-24	1:11.36	2011-12 Long Course Masters Swimming Competition - Part 2		19-Jun-11

MEN 50M BREASTSTROKE					NAME OF MEET	DATE ACHIEVED
CHI LIEH YUNG	SFC	85-89	1:02.32	Annual Long Course Masters Swimming Championships 2019		01-Dec-19
CHAN KAM	SFC	80-84	0:54.52	Annual Masters Swimming Championships 2009		18-Oct-09
<u>TIN SHEUNG KWAI</u>	<u>NWC</u>	<u>75-79</u>	<u>0:41.67</u>	<u>2023-24 Long Course Masters Swimming Competition - Part 3</u>		<u>18-Jun-23</u>
TIN SHEUNG KWAI	NWC	70-74	0:39.27	2019-20 Long Course Masters Swimming Competition - Part 2		05-May-19
YONG KHIN SYN	SFC	65-69	0:37.84	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
FU TAI CHUN	KTS	60-64	0:36.61	Annual Masters Swimming Championships 1998		12-Sep-98
WONG LUN KWOK	SFC	55-59	0:35.10	Annual Masters Swimming Championships 2002		31-Aug-02
SIEH TIEN YU	KTS	50-54	0:34.48	2018-19 Long Course Masters Swimming Competition - Part 1		24-Mar-19
COOPER KENNETH ALLEN	PSC	45-49	0:32.70	2017-18 Long Course Masters Swimming Competition - Part 1		25-Mar-18
WAN LAP SUN	FWC	40-44	0:33.00	Spring Masters Swimming Championships 2006		25-Mar-06
LO JONATHAN KA YAN	LRC	35-39	0:31.14	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		14-Jul-18
WAN LAP SUN	KTS	30-34	0:31.11	Summer Masters Swimming Championships 1998		13-Jun-98
GLASSMAN ZACHARY	LRC	25-29	0:30.66	2011-12 Long Course Masters Swimming Competition - Part 1		04-Mar-12
<u>CHEUNG CHI KIT NICHOLAS</u>	<u>WDS</u>	<u>18-24</u>	<u>0:28.82</u>	<u>2023-24 Long Course Masters Swimming Competition - Part 3</u>		<u>18-Jun-23</u>

WOMEN 50M BREASTSTROKE					NAME OF MEET	DATE ACHIEVED
CHAN WAI KIANG	KTS	85-89	2:23.87	Annual Long Course Masters Swimming Championships 2019		01-Dec-19
TAI LI HUA	SFC	80-84	0:52.77	Annual Long Course Masters Swimming Championships 2019		01-Dec-19
OTSUKA TUKO	SGC	75-79	0:56.26	2014-15 Long Course Masters Swimming Competition - Part 1		22-Mar-15
SUEN MING CHU	SFC	70-74	0:53.36	2018-19 Long Course Masters Swimming Competition - Part 3		24-Jun-18
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:50.56	2017-18 Long Course Masters Swimming Competition - Part 1		25-Mar-18
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	0:47.46	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
LEUNG WAI FAN	KTS	55-59	0:38.73	2017-18 Long Course Masters Swimming Competition - Part 2		14-May-17
LEUNG WAI FAN	KTS	50-54	0:37.63	Annual Long Course Masters Swimming Championships 2015		20-Dec-15
<u>KRKALO SHAUNA KATHLEEN</u>	<u>LRC</u>	<u>45-49</u>	<u>0:34.47</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>		<u>06-Aug-23</u>
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:34.74	2022-23 Long Course Masters Swimming Competition - Part 3		12-Jun-22
NG KAM FUNG	SFC	35-39	0:34.71	Summer Masters Swimming Championships 2000		27-May-00
BARNES RUTH	LRC	30-34	0:35.23	Annual Masters Swimming Championships 2013		24-Nov-13
IP RAINBOW	FFA	25-29	0:36.06	2022-23 Long Course Masters Swimming Competition - Part 3		12-Jun-22
LI TSZ YIU	HFS	18-24	0:35.53	Annual Masters Swimming Championships 2013		24-Nov-13

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to World Aquatics Masters World Championships 2023 - Kyushu)

MEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	2:42.22	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
MAK HEI CHI	SGC	80-84	2:08.90	Annual Masters Swimming Championships 2008	06-Sep-08
WONG CHIU SHUN	SFC	75-79	1:52.09	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
YONG KHIN SYN	SFC	70-74	1:34.27	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
CHAN KAM POR	SFC	65-69	1:26.42	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
KOO YU FAT MARCUS	FFA	60-64	1:24.69	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
CHAN KAM POR	*HN			Summer Masters Swimming Championships 2008	14-Jun-08
<u>WATT KAM SHING MICHAEL</u>	<u>*FL</u>	<u>55-59</u>	<u>1:21.91</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>06-Aug-23</u>
COOPER KENNETH ALLEN	#FL	50-54	1:13.66	FINA World Masters Championships 2019 - Gwangju	13-Aug-19
COOPER KENNETH ALLEN	PSC	45-49	1:15.29	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
WAN LAP SUN	FWC	40-44	1:15.87	Winter Masters Swimming Championships 2008	22-Nov-08
LO JONATHAN KA YAN	LRC	35-39	1:10.50	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	15-Jul-18
KWOK HO TIN	NWC	30-34	1:09.75	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
<u>CHEUNG KAM KWAN RONALD</u>	<u>LRC</u>	<u>25-29</u>	<u>1:07.53</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>06-Aug-23</u>
YUEN MARCUS	PSC	18-24	1:08.54	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17

WOMEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:31.67	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
WONG JIM	SFC	75-79	2:09.00	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
SUEN MING CHU	SFC	70-74	1:53.65	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SUEN MING CHU	KTS	65-69	1:51.76	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:39.76	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:35.97	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
COGGINS LYNDA ANNE	LRC	50-54	1:29.58	Annual Long Course Masters Swimming Championships	23-Nov-14
KRKALO SHAUNA KATHLEEN	LRC	45-49	1:19.99	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KRKALO SHAUNA KATHLEEN	LRC	40-44	1:21.23	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
NEEDHAM SUZANNE HEIZER	LRC	35-39	1:20.17	FINA World Masters Championships 2012	11-Jun-12
BARNES RUTH	LRC	30-34	1:18.68	FINA World Masters Championships 2012	11-Jun-12
LIU KA LEI	KTS	25-29	1:22.65	Spring Masters Swimming Championships 2010	06-Mar-10
KONG YVETTE MAN YI	SCA	18-24	1:13.79	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14

MEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	5:10.49	Masters Long Course Swimming Competition Part 1	26-Jan-14
LAU CHUN NUNG	LTS	75-79	4:33.83	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	70-74	3:34.76	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	65-69	3:19.33	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SGC	60-64	3:07.34	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	55-59	2:59.17	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	50-54	2:50.25	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	45-49	2:49.64	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
FONG LIK SUN	#FB	40-44	2:38.70	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
KWOK HO TIN	NWC	35-39	2:42.08	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
LUK WING KIN ANDY	KHC	30-34	2:36.71	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
GLASSMAN ZACHARY	LRC	25-29	2:23.47	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
YUEN MARCUS	PSC	18-24	2:38.14	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18

WOMEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	5:53.00	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
OTSUKA YUKO	SGC	75-79	4:39.40	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	4:01.57	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	3:58.01	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
SUEN MING CHU	SCA	60-64	3:54.41	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KIRKWOOD TAIN MHAIRA	LRC	55-59	3:31.49	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	3:09.55	FINA World Masters Championships 2014	10-Aug-14
COGGINS LYNDA ANNE	LRC	45-49	3:14.74	FINA World Masters Championships 2012	15-Jun-12
<u>CHEUNG MAN YIU</u>	<u>SGC</u>	<u>40-44</u>	<u>3:19.49</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>10-Aug-23</u>
NEEDHAM SUZANNE HEIZER	LRC	35-39	2:56.78	FINA World Masters Championships 2012	15-Jun-12
MORRISON RUTH	LRC	30-34	2:53.80	FINA World Masters Championships 2010	31-Jul-10
LIU KA LEI	KTS	25-29	3:05.17	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
PANG HIU KWAN	JHC	18-24	3:13.71	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to World Aquatics Masters World Championships 2023 - Kyushu)

MEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
YIM KAM WING	SFC	85-89	1:10.42	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
MAK HEI CHI	SGC	80-84	0:58.81	Winter Masters Swimming Championships 2008	22-Nov-08
TIN SHEUNG KWAI	NWC	75-79	0:41.68	Annual Masters Swimming Championships 2022	27-Nov-22
CHAN KAM POR	SFC	70-74	0:36.76	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
HO ROBERT YAU CHUNG	LRC	65-69	0:33.20	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
FU TAI CHUN	KTS	60-64	0:30.60	Summer Masters Swimming Championships 1999	19-Jun-99
HO ROBERT YAU CHUNG	LRC	55-59	0:30.04	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
WONG KWOK WAH	KHC	50-54	0:27.94	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WOODRING DOUGLAS	BSC	45-49	0:27.47	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NORTJE CRAIG ANDREW	#FL	40-44	0:26.85	FINA World Masters Championship 2019 - Gwangju	14-Aug-19
<u>SMIT MARCEL PIETER ARNOLD</u>	*FL	35-39	0:26.46	World Aquatics Masters World Championships 2023 - Kyushu	07-Aug-23
BEAHAN GRANT KENNETH	BSC	30-34	0:26.54	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
LAU CHUN LEUNG JOHNNY	KHC	25-29	0:26.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHEUNG YAU MING	#DB	18-24	0:26.27	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

WOMEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	75-79	0:52.07	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
SUEN MING CHU	SFC	70-74	0:48.26	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
TSEUNG NGA WAH	SFC	65-69	0:41.78	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:37.47	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:36.39	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LEE TANYA DIANE	PSC	50-54	0:32.53	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	13-Jul-18
<u>KRKALO SHAUNA KATHLEEN</u>	LRC	45-49	0:29.99	World Aquatics Masters World Championships 2023 - Kyushu	07-Aug-23
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:30.39	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
YIP WING YAN	DWA	35-39	0:30.58	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
<u>ZHANG XIAO TONG ISABELLA</u>	*FL	30-34	0:30.25	World Aquatics Masters World Championships 2023 - Kyushu	07-Aug-23
NG KA MAN	KTS	25-29	0:29.30	Annual Long Course Masters Swimming Championships	23-Nov-14
CHAN TSZ CHING	*FL	18-24	0:29.61	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23

MEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	2:35.84	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
CHAN SHING CHI	LTS	75-79	2:02.41	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN SHING CHI	LTS	70-74	1:56.24	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
LEUNG YIU CHUEN	SYS	65-69	1:40.79	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
HO ROBERT YAU CHUNG	LRC	60-64	1:15.51	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
KOO YU FAT MARCUS	FFA	55-59	1:11.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
JOHNSON ERIC ANDREW	LRC	50-54	1:04.49	FINA World Masters Championships 2014	10-Aug-14
SAKA TAIHEI	SGC	45-49	1:00.90	2013-14 Long Course Masters Swimming Competition - Part 1	04-Mar-12
NORTJE CRAIG ANDREW	#FL	40-44	0:59.49	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
CRAIG ANDREW NORTJE	VRC	35-39	0:59.58	FINA World Masters Championships 2014	10-Aug-14
BEAHAN GRANT KENNETH	BSC	30-34	0:58.66	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHEUNG YAU MING	#DB	25-29	0:58.94	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHEUNG YAU MING	#DB	18-24	0:59.53	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	1:56.01	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	1:48.29	Masters Long Course Swimming Competition Part 1	26-Jan-14
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:39.42	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:31.44	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LEE TANYA DIANE	PSC	50-54	1:14.85	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	16-Jul-18
PAZOS CHRISTENA MARIA	LRC	45-49	1:12.50	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	1:13.55	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	1:13.49	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
CHAN WING SUET	PSC	30-34	1:10.44	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	16-Jul-18
CHAN WING SUET	LRC	25-29	1:08.66	FINA World Masters Championships 2014	10-Aug-14
MAU LOK YAN EUNICE	CUC	18-24	1:13.91	Masters Long Course Swimming Competition Part 1	26-Jan-14

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to World Aquatics Masters World Championships 2023 - Kyushu)

MEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
LAW KWAI FONG	SFC	80-84	5:10.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WONG CHIU SHUN	SFC	75-79	4:03.11	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHAN KAM POR	SFC	70-74	3:17.13	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
CHAN KAM POR	SFC	65-69	3:04.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
KOO YU FAT MARCUS	FFA	60-64	2:49.64	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
SAKA TOSHIYUKI	SGC	55-59	2:45.82	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CHAN KAM POR	KTS	50-54	2:26.14	Summer Masters Swimming Championships 2004	12-Jun-04
SAKA TAIHEI	SGC	45-49	2:23.04	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
NORTJE CRAIG ANDREW	#FL	40-44	2:19.17	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
NORTJE CRAIG ANDREW	VRC	35-39	2:20.07	FINA World Masters Championships 2014	10-Aug-14
JACOBS DAMIAN CHARLES	LRC	30-34	2:25.69	FINA World Masters Championships 2014	10-Aug-14
GLASSMAN ZACHARY	LRC	25-29	2:13.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
WONG SING TSUM DEREK	CUC	18-24	2:21.50	Annual Long Course Masters Swimming Champions 2013	24-Nov-13

WOMEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	5:35.17	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
SUEN MING CHU	SFC	75-79	4:19.85	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
SUEN MING CHU	SFC	70-74	3:49.34	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
SUEN MING CHU	SGC	65-69	3:47.99	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
SUEN MING CHU	SCA	60-64	3:37.27	Winter Masters Swimming Championships 2007	27-Jan-08
KIRKWOOD TAIN MHAIRA	LRC	55-59	3:16.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	2:55.65	FINA World Masters Championships 2014	10-Aug-14
<u>TAM MEI LING ALISON</u>	<u>*FL</u>	<u>45-49</u>	<u>2:45.26</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>08-Aug-23</u>
KELSEY JANE MACFARLAND	LRC	40-44	2:41.17	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	2:37.75	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
CHAN WING SUET	PSC	30-34	2:38.52	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
CHAN WING SUET	LRC	25-29	2:36.59	FINA World Masters Championships 2014	10-Aug-14
CHARTER ROBYN JUDY	SFC	18-24	2:42.84	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

MEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:09.80	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
NEW WATER POLO CLUB	NWC	280+	2:18.05	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
SWORD FISH CLUB	SFC	240+	2:02.09	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SEA GREEN SWIMMING & LIFE SAVING CLUB	SGC	200+	1:52.52	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
<u>HONG KONG FOOTBALL CLUB</u>	<u>#FB</u>	<u>160+</u>	<u>1:40.73</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>05-Aug-23</u>
NEW WATER POLO CLUB	NWC	120+	1:40.03	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:36.96	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	2:42.61	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
SWORD FISH CLUB	SFC	240+	2:34.06	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	2:12.67	FINA World Masters Championships 2012	14-Jun-12
<u>FASTLANE SWIMMING</u>	<u>*FL</u>	<u>160+</u>	<u>1:54.74</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>09-Aug-23</u>
LADIES' RECREATION CLUB	LRC	120+	1:55.57	FINA World Masters Championships 2012	14-Jun-12
HONG KONG FLYING FISH ATHLETIC ASSOCIATION	FFA	100+	1:58.55	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to World Aquatics Masters World Championships 2023 - Kyushu)

MEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:30.63	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
SWORD FISH CLUB	SFC	280+	2:36.85	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
SWORD FISH CLUB	SFC	240+	2:19.80	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
THE HONG KONG JOCKEY CLUB	HJC	200+	2:03.19	Winter Masters Swimming Championships 1993	11-Dec-93
YMCA OF HONG KONG	YMC	160+	1:53.94	Summer Masters Swimming Championships 1996	22-Jun-96
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	120+	1:54.76	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:49.32	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
WOMEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	3:21.30	1st Asian Masters Swimming Championships 1996	14-Sep-96
SWORD FISH CLUB	SFC	240+	2:48.90	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
LADIES' RECREATION CLUB	LRC	200+	2:32.48	2016-17 Long Course Master Swimming Competition - Part 2	24-Apr-16
LADIES' RECREATION CLUB	LRC	160+	2:10.35	Annual Masters Swimming Championships 1994	17-Sep-94
LADIES' RECREATION CLUB	LRC	120+	2:10.92	FINA World Masters Championships 2012	14-Jun-12
NEW WATER POLO CLUB	NWC	100+	2:19.21	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
MIXED 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:38.22	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SWORD FISH CLUB	SFC	280+	2:25.20	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
SWORD FISH CLUB	SFC	240+	2:15.69	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	1:55.82	FINA World Masters Championships 2017	18-Aug-17
<u>FASTLANE SWIMMING</u>	<u>*FL</u>	<u>160+</u>	<u>1:46.49</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>09-Aug-23</u>
FASTLANE SWIMMING CO. LTD	#FL	120+	1:48.72	FINA World Masters Championships 2019 - Gwangju	19-Aug-19
NEW WATER POLO CLUB	NWC	100+	1:51.20	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
MIXED 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	4:35.50	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
SWORD FISH CLUB	SFC	280+	2:47.88	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
SWORD FISH CLUB	SFC	240+	2:49.16	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
<u>FASTLANE SWIMMING</u>	<u>*FL</u>	<u>200+</u>	<u>2:20.04</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>09-Aug-23</u>
<u>FASTLANE SWIMMING</u>	<u>*FL</u>	<u>160+</u>	<u>2:00.48</u>	<u>World Aquatics Masters World Championships 2023 - Kyushu</u>	<u>09-Aug-23</u>
LADIES' RECREATION CLUB	LRC	120+	2:05.95	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
HONG KONG FLYING FISH ATHLETIC ASSOCIATION	FFA	100+	2:11.65	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22

Annual Long Course Masters Swimming Championships 2023**Reject List as at 17-11-2023**

No.	Name	Event	Club	Remarks
1	Leung Wing Yin Winnie	7	HFS	Wrong Event
2	Wong Sook Leng	7	HFS	Wrong Event
3	Cheng Wang Ruby	6, 10	KTS	No Reg
4	Wei Yan	6	SCA	No Record
5	Wong Kam Tat	5	SGC	Record Time Slower Than MSQT
6	Leung Cheuk Yin Kenny	5, 11	#DB	No Reg

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

Event 1 Men 100 LC Meter Breaststroke

18-24 MSR: 1:08.54

25-29 MSR: 1:07.53

30-34 MSR: 1:09.75

35-39 MSR: 1:10.50

40-44 MSR: 1:15.87

45-49 MSR: 1:15.29

50-54 MSR: 1:13.66

55-59 MSR: 1:21.91

60-64 MSR: 1:24.69

65-69 MSR: 1:26.42

	ID#	Name	Age	Team	Seed Time
18-24					
1	30694 IAZ	Cheung, Chi Kit Nicholas	18	Wong Tai Sin	1:03.08
2	52213 @^IM	Wang, Xizhi	22	New Water Polo	1:10.00
3	51730 @^IM	Xi, Kai	21	Sword Fish Club	1:15.00
4	40782 IAZ	Chan, Ho Long	18	Current Club Ltd	1:18.27
5	52062 @^IM	Lin, Jiapeng	23	New Water Polo	1:30.00
6	38234 IAZ	Kwok, King Him	18	Current Club Ltd	1:33.82
7	52061 @^IM	Zheng, Jianjun	24	New Water Polo	1:40.00
25-29					
1	09456 IAZ	Chan, Shun Hei	28	Sword Fish Club	1:12.00
2	47043 IAZ	Lam, Pak Lun	29	Flying Fish	1:30.00
3	52303 @^IM	Lyu, Juzhong	27	New Water Polo	1:45.00
4	51530 IAZ	Yuen, Kai Hong	29	South China	1:45.00
30-34					
1	02591	Luk, Wing Kin Andy	34	Kwan Hung	1:10.00
2	42728 P	Febo, Christopher Vincenzo	30	Sword Fish Club	1:12.00
3	06886 B	Li, Chin Long	33	Eastern Winter	1:16.29
4	49546 @ICO	Ly, Jonathan	31	Kwun Tong	1:20.00
5	51281 IAZ	Hui, Ka Yin	30	Lai Tsun	1:30.00
6	51729 @^IM	Chen, Haoxiang	31	Sword Fish Club	1:31.00
7	04593 IA	Ip, Chu Wah Gary	30	Flying Fish	1:40.00
8	03978	Lau, Chun Sing	31	Marlins	1:50.00
35-39					
1	52211 @^IM	Luo, Zhihai	35	New Water Polo	1:19.00
2	52224 @^IM	Zhang, Fan	39	New Water Polo	1:21.00
3	33910 IAZ	Cheung, Tai Hang	35	Crest Ray	1:26.57
4	00099 IAZ	Wong, Cheuk Wai	35	New Water Polo	1:30.00
5	52291 @^IM	Xu, Zherui	35	New Water Polo	1:32.00
6	00444	Lam, Yau Sun Dickson	38	Diocesan School	1:40.00
7	48856 @IAO	Gallearchie, Jeewantha Madu	39	Fastlane Swimming	1:50.00
8	09136 IAZ	Tsang, Chun Kin	35	New Water Polo	1:50.00
40-44					
1	40834 IAZ	Chang, Hsi Tse JosephJeremy	44	Diocesan School	1:23.00
2	03796 ICZ	Chan, Pui Kei	42	New Water Polo	1:33.00
3	05155	Chan, Albert Kam Ming	42	Diocesan School	1:40.00
4	45574 IAZ	Ng, Siu Kwong	41	Sword Fish Club	1:40.00
5	03793 ICZ	Po, Tik San	41	New Water Polo	1:50.00
6	38035 IAZ	Mok, Kin Fan	43	Tolo Harbour	1:50.00
7	01012 ICZ	Fong, Lik Sun	43	Hong Kong Footba	2:05.00
45-49					
1	17961 ICO	Jones, Simon	47	LRC	1:15.73

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

45-49... (Event 1 Men 100 LC Meter Breaststroke)

2	52304 @^IM	Huang, Junfa	46	New Water Polo	1:29.00
3	51100 IAO	Loo, Kevin Lester	45	Fastlane Swimming	1:30.00
4	05160	Chan, Ka Wo	46	Diocesan School	1:40.00
5	48593 IAZ	Cheng, Wai Leung	46	Sword Fish Club	1:40.00
6	40835 IAZ	Leung, Wing Hong Alvin	49	Diocesan School	1:45.00
7	24603 IAZ	Hung, Ka Ming	48	YMCA OF Hong Kong	1:45.00
8	37671 @ICO	Stamenovic, Ivan	47	LRC	2:05.00

50-54

1	26317 IAZN	Tung, Shang Wei Timothy	53	Kwun Tong	1:33.00
2	21008 IAZ	Cheung, Chun Kwan Michael	50	Wong Tai Sin	1:35.00
3	42085 IAZ	Lee, Hon Lun Philip	51	Sword Fish Club	1:40.00
4	50660 @^IM	Chen, Fujiang	53	Sword Fish Club	1:45.00
5	35711 IAX	Wong, Fuk Kei	54	Sword Fish Club	1:45.00
6	04184	Woo, Siu Ming William	52	Sword Fish Club	2:00.00

55-59

1	52063 @^IM	Xu, Yunan	56	New Water Polo	1:21.00
2	32253 #IAZ	Watt, Kam Sing Michael	56	Fastlane Swimming	1:21.44
3	42217	Wu, Lewen	58	Sword Fish Club	1:26.00
4	18856 IAZ	Au, Mun Shing	58	Sword Fish Club	1:30.00
5	51283 IAZ	Chan, Shu Hang	59	Hoi Fung	1:37.00
6	27869 IAZ	Lee, Kam Cheong	59	Sword Fish Club	1:50.00
7	38127 IAZ	Leung, Cheung Wai Ricky	55	Sword Fish Club	1:50.00
8	40840 IAZ	Ng, Ka Yiu Karl	59	Diocesan School	1:55.00

60-64

1	52294 @^IM	Li, Nongzhan	61	New Water Polo	1:21.00
2	45198 #IAZN	Lam, Tsz Kiu Goldie	61	New Water Polo	1:35.00
3	45930 IAZ	Lo, Wing Kwong	62	Sun Yip	1:35.00
4	50511 @^IM	Ye, Huanliang	60	Sword Fish Club	1:39.00
5	06256	Chan, Kwong Peter	62	Sea Green	1:40.00
6	52223 @^IM	Li, Jianlin	63	New Water Polo	1:42.00
7	32108 IAX	Chan, Kiu	61	Sword Fish Club	1:42.00
8	25226 IAZ	Choi, Tai Wing	62	Sword Fish Club	1:50.00
9	50782 @IAX	Pang, Shu Ming	62	Sea Green	1:50.00
10	36725 IAZ	Yau, Wai	64	Sea Green	1:51.00
11	44359 IAZ	Lee, Chi Wai	64	Kornhill	2:20.00

65-69

1	43205 #	Zhou, Jin Jia	68	New Water Polo	1:35.00
2	50662 @^P	Zong, Cheng	65	Sword Fish Club	1:38.00
3	06281	Fung, Kam Tai	68	Sword Fish Club	1:40.00
4	52302 @^IM	He, Jiaming	66	New Water Polo	1:42.00
5	52305 @^IM	Yang, Yongrun	65	New Water Polo	1:48.00
6	06176	Wong, Kung Wan	67	Sea Green	1:50.00
7	52216 @^IM	Ding, Liping	66	New Water Polo	2:10.00

70-74

1	06382	Chan, Kam Por	71	Sword Fish Club	1:38.00
2	50503 @^IM	Feng, Bingkun	72	Sword Fish Club	1:50.00
3	51797 @^IM	Kong, Fanqiang	71	New Water Polo	1:55.00
4	06243	Koo, Choi Fat	73	Wong Tai Sin	1:55.00
5	04504 IAO	Yura, Tadami	71	Sword Fish Club	1:56.00
6	11563	Lee, Kwok Hung	70	Sword Fish Club	2:05.00

75-79

1	14029	Ieong, Vun Fai	77	Sword Fish Club	2:04.00
2	10274	Lau, Chun Nung	77	Lai Tsun	2:10.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

80-84... (Event 1 Men 100 LC Meter Breaststroke)

1	06270	Lam, Luk Kan	82	Sword Fish Club	2:10.00
2	23959 IAZ	Chiu, Chin Hung	83	Kornhill	2:20.00

85-89

1	16471	Wong, Yuen Ying	87	Kornhill	2:20.00
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Event 2 Women 100 LC Meter Breaststroke

18-24 MSR:	1:13.79
25-29 MSR:	1:22.65
30-34 MSR:	1:18.68
35-39 MSR:	1:20.17
40-44 MSR:	1:21.23
45-49 MSR:	1:19.99
50-54 MSR:	1:29.58
55-59 MSR:	1:35.97
60-64 MSR:	1:39.76
65-69 MSR:	1:51.76

	ID#	Name	Age	Team	Seed Time
18-24					
1	19152 IAZ	Cheung, Wing Yan	23	Tai PO	1:20.00
2	50384 IAZ	Hao, Chaohui Suzukitomoe	18	Current Club Ltd	2:00.00
3	37318 IAO	Chio, Yi Lan	20	Dik Wing	2:00.00
4	23105 IAZ	Ho, Cheuk Wai	22	Dik Wing	2:00.00
5	26980 IAZ	Wong, Suet Wing	24	Dik Wing	2:00.00
25-29					
1	50505 #@^IM	Huang, Shaofen	29	New Water Polo	1:24.00
2	50661 @^P	Wong, Ian Man	29	Sword Fish Club	1:29.00
3	49513 IAZ	To, Yan Wing	27	Crest Ray	1:43.25
4	12724 IAZ	Wan, Tsz Huen Alexsandra	26	Crest Ray	1:46.87
5	47460 IAZ	Mak, Cheuk Lam	28	New Water Polo	1:50.00
6	00853 B	Poon, Wan Yi Janice	29	South China	2:00.00
30-34					
1	28004 IAZ	Kwan, Ka Wan	30	Tung Sing	1:50.00
35-39					
1	49329 @IAO	Ng, Carmen C M	39	Pacific	1:32.44
2	43607 #@^IM	Feng, Yuxi	37	New Water Polo	1:35.00
3	35921 IAZ	Lui, Yick Ling	37	Kornhill	1:45.72
4	43489 @IAXN	Wehl Kwok, Hiu Chin June	37	LRC	1:46.06
5	52273 @^IM	Xu, Ying	37	New Water Polo	1:47.00
6	41684 IAZ	Leung, Wing Yin Winnie	39	Hoi Fung	1:50.00
7	13384 ICZ	Lee, May Sze Mei	36	New Water Polo	2:15.00
40-44					
1	06304 ICZ	Cheung, Man Yiu	44	Sea Green	1:34.00
2	30072 ICW	Chao, Man Chi	44	New Water Polo	1:40.88
45-49					
1	46247 @IAO	Krkalo, Shauna Kathleen	45	LRC	1:19.99
2		Oksana, Boyko	48	Wolfpack	X1:28.00
3	27128 IAZ	Lau, Yan Yan	49	Flying Fish	1:44.00
4	50687 IAZ	Li, Yee Man	45	YMCA OF Hong Kong	1:50.00
5	46181 IAZ	Ng, Yan Yan Bandy	47	Tung Sing	1:52.00
6	43157 @ICO	Lee, Chew Ling	46	LRC	1:54.82
7	45917 #@^IM	Huang, Caifang	49	New Water Polo	1:59.00
8	49205 IAX	Li, Donghui	49	Sea Green	1:59.00
9	33017 IAZ	Ngan, Oi Sze	46	Sword Fish Club	2:01.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

45-49... (Event 2 Women 100 LC Meter Breaststroke)

10	52278 @^IM	Mo, Yanfei	47	Sword Fish Club	2:10.00
50-54					
1	33517 IAO	Yamaguchi, Mika	51	Fastlane Swimming	1:29.50
2	35969 IAX	Wang, Ying Lian	51	Tung Sing	1:52.00
3	36431 @^P	Buchta, Katrin	53	Sword Fish Club	1:55.00
4	06349	Ip, Oi Wa Wendy	51	Sword Fish Club	1:59.00
5	49204 IAZ	Cheng, Wai Man	52	Sea Green	1:59.00
6	44340	Wang, Wei	51	New Water Polo	2:05.00
7	43063 @IAO	Wong, Rose	53	LRC	2:05.30
55-59					
1	51958 @^IM	Yu, Rongqing	59	New Water Polo	1:40.41
2	50509 #@^IM	Guan, Xiuqin	56	New Water Polo	1:50.00
3	16303	Rana, Naomi	57	LRC	1:57.44
4	23588 IAZ	Lee, Ying Chi	55	Tung Sing	1:59.00
5	50490 @^IM	Liang, Yanling	59	Sword Fish Club	2:00.00
6	12233	Hung, Isabel	57	Sword Fish Club	2:15.00
7	29831 IAZ	Lowe, Yeuk Ling Dilys	59	Sword Fish Club	2:15.00
8	38289 IAZ	Ng, Wai Lin Angie	59	Sword Fish Club	2:15.00
60-64					
1	52222 @^P	Wang, Min	61	New Water Polo	1:50.00
2	22428 IAZ	Lau, Yuk Lin Rocky	61	Sea Green	1:55.00
3	34668 IAZ	Tang, Pik Ha	63	New Water Polo	2:07.00
4	45187 IAX	Chan, On Mei	60	Sword Fish Club	2:25.00
65-69					
1	52283 @^IM	Li, Weihua	67	Sword Fish Club	2:00.00
2	14007	Ho, Yuk Ling	66	Tung Sing	2:15.00
3	02711	Fok, Wai Fung	65	Wong Tai Sin	2:15.70
4	06127	Lau, Wai Lin	67	New Water Polo	2:30.00
5	23957 IAX	Yeung, Tun Lim Lily	66	Sword Fish Club	2:30.00
70-74					
1	06356 IAZN	Lo Yeung, Sau Han	70	Kwun Tong	2:18.00
2	06147	Leung Wong, Yin Har Hayley	71	Sea Green	2:30.00
75-79					
1	06357	Suen, Ming Chu	75	Sword Fish Club	2:10.00

Event 3 Men 50 LC Meter Freestyle

18-24 MSR:	24.17
25-29 MSR:	23.92
30-34 MSR:	24.31
35-39 MSR:	24.35
40-44 MSR:	25.15
45-49 MSR:	26.47
50-54 MSR:	25.80
55-59 MSR:	28.02
60-64 MSR:	27.95
65-69 MSR:	29.72

	ID#	Name	Age	Team	Seed Time
18-24					
1	52161 @^IM	Wu, Zi Feng	24	New Water Polo	25.00
2	29520 IAZ	Chui, Yu Hin	23	Pacific	25.64
3	22276 B	Chong, Michael Yat Tsun	22	Sword Fish Club	26.05
4	28439 IAZ	Cheng, Kam Fung	19	Current Club Ltd	26.22
5	40140 IAZ	Li, Wing Yin	19	Creative Youth	26.54
6	25287 IAZ	Chiu, Long Kit	23	Sword Fish Club	27.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

18-24... (Event 3 Men 50 LC Meter Freestyle)

7	50457 @^IM	Miao, Chenglin	23 Tuen Mun	27.50
8	32406 IAZ	Lau, Chun Ting	20 Tolo Harbour	27.99
9	15351 IAZ	Chang, Jaw Ting	22 Pacific	28.78
10	40918 IAZ	Yeung, Ho Lam	18 Current Club Ltd	28.92
11	38234 IAZ	Kwok, King Him	18 Current Club Ltd	28.94
12	52301 @^IM	Cui, Zhiqin	20 New Water Polo	29.00
13	33220 B	Yim, Wai Shing	18 Sword Fish Club	29.00
14	31893 IAZ	Wong, Ka Ho Marco	22 Tung Sing	29.00
15	37171 IAZ	Wong, Wai Cheung	18 Current Club Ltd	29.68
16	52061 @^IM	Zheng, Jianjun	24 New Water Polo	32.00
17	22816 #IAZ	Cheung, Tsz Nok	20 Dik Wing	NT
18	24985 B	Cheung, Ho Yeung	23 Sha Mei 318	NT

25-29

1	15815	Lo, Ting Kin	27 Sea Green	27.00
2	05695 IBZ	Wu, Tsz Fung	29 Sword Fish Club	27.50
3	40333 IAZ	Lam, Pak Lai	26 Flying Fish	28.00
4	35851 IAZ	Chow, Yin Leung	29 Sun Yip	29.00
5	15653 B	Poon, Chi Leung	27 Sword Fish Club	30.00
6	49929 @ICO	Maggiorani, Freody	27 Kwun Tong	31.00
7	12759 IAZ	Yue, Suen Yin	29 Sea Green	31.00
8	21343 IAZ	Yu, Man Hin	27 Sea Green	33.00
9	51530 IAZ	Yuen, Kai Hong	29 South China	40.00

30-34

1	01784 B	Tso, Hiu Fung	32 Diocesan School	26.00
2	52212 @^IM	Wang, Qian	30 New Water Polo	26.00
3	03667 IBZ	Wong, Sai Man Sherman	34 New Water Polo	26.00
4	52318 @^IM	Yi, Xinhai	32 New Water Polo	26.00
5	51779 @ICX	Lin, Hang	30 South China	27.00
6	05854 IAZ	Cho, Wai Ching	32 Flying Fish	27.50
7	05606 IAZ	Yu, Kin Sing Kelvin	30 Fastlane Swimming	30.00
8	10686	Chan, Ching	32 Golden Dolphin	32.00
9	04604 IBZ	Kwong, Chun Hung	34 Sea Green	32.00
10	51281 IAZ	Hui, Ka Yin	30 Lai Tsun	35.00
11	52204 IAZ	Chan, Tsz Ming	31 Pacific	NT

35-39

1	52298 @^IM	Gu, Biaorong	35 New Water Polo	26.00
2	01621 IBZ	So, Man Hon	35 Fastlane Swimming	27.00
3	52211 @^IM	Luo, Zhihai	35 New Water Polo	27.00
4	52290 @^IM	Zhuang, Jun Yi	36 New Water Polo	29.00
5	51511 @ICO	Bitterly, Thomas Bradford	37 New Water Polo	29.03
6	46504 @IAO	Coe, Jason George	39 Fastlane Swimming	29.50
7	48856 @IAO	Gallearchie, Jeewantha Madu	39 Fastlane Swimming	30.00
8	48667 @IRO	Wong, Dominic Clayton Joe	35 Fastlane Swimming	31.00
9	52293 @^IM	Liang, Zhenxiong	35 New Water Polo	31.00
10	42024 IAZ	Tang, Cheuk Hang	39 Current Club Ltd	32.00
11	49018 @ICO	Alkemade, Frank Rogier	36 Kwun Tong	33.00
12	52292 @^IM	Liang, Jinzhan	35 New Water Polo	33.00
13	51883 IAZ	Liu, Kwok Wing	36 Hoi Fung	35.00
14	09136 IAZ	Tsang, Chun Kin	35 New Water Polo	38.00
15	52073 @^IM	Wang, Huafeng	36 New Water Polo	39.00
16	44302 ICO	Boas, Michael Joel	38 Fastlane Swimming	45.00

40-44

1	46248 @ICO	O' Neill, Donal Thomas	43 LRC	26.20
2	49497 @ICO	Maceod, Andrew Ian	44 LRC	26.95

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

40-44... (Event 3 Men 50 LC Meter Freestyle)

3	51734 @^ICO	Small, Robert James	44 Fastlane Swimming	27.00
4	39981 IAZ	Mui, Ho Chuen	43 Sword Fish Club	27.92
5	49498 @IAO	Dunwoody, Ross William	42 LRC	28.53
6	42708 IAZ	Tang, Wing Chung Jonathan	41 Hoi Fung	29.00
7	03796 ICZ	Chan, Pui Kei	42 New Water Polo	30.00
8	11587	Ng, Yu Hon	40 Sea Green	30.00
9	40841 IAX	Tsang, Kwok Tung	44 Diocesan School	31.00
10	42222 IAZ	Yick, Tsip Lam	40 Sword Fish Club	31.00
11	52174 @^P	Aksoy, Egemen	43 New Water Polo	32.00
12	45574 IAZ	Ng, Siu Kwong	41 Sword Fish Club	32.00
13	49027 IAZ	Ng, Fung Kei	43 Sword Fish Club	33.00
14	52317 @^IM	Huang, Wenjun	40 New Water Polo	35.00
15	23119 IAZ	Chan, Ying Tsung Bosco	42 Sword Fish Club	48.00

45-49

1	10283 IAON	Sohmen, Philip Pao	45 LRC	26.50
2	17961 ICO	Jones, Simon	47 LRC	28.00
3	39203 IAX	Lau, Hang	49 Sword Fish Club	28.00
4	51100 IAO	Loo, Kevin Lester	45 Fastlane Swimming	30.00
5	02366	Li, Ka Wing	49 Kwun Tong	30.00
6	50510 @^IM	Ye, Qiang	48 Sword Fish Club	30.00
7	37032 IAZ	Wu, Kai Wing	47 Wong Tai Sin	30.00
8	16451	Cheng, Ngai Bun	45 Kwun Tong	31.00
9	06338 IAZ	Wong, Ka Fai	49 Sword Fish Club	32.00
10	51531 IAX	Tang, Min	48 South China	36.50
11	40923 IAZ	Yip, Kam Wing	46 Sea Green	39.00
12	50404 @IAO	Livotto, Andrea	49 Fastlane Swimming	43.00
13	52304 @^IM	Huang, Junfa	46 New Water Polo	1:18.00
14	39215 IAZ	Cheung, Chun Hoi Allan	47 Kowloon Tong Club	NT

50-54

1	10264 #IAO	Faiola, Jeff Alan	52 Island Stingrays	27.64
2	27451 IAZ	Yip, Kin Man Stephen	53 Kwun Tong	29.00
3	52170 @^IM	Lin, Xin	52 New Water Polo	30.00
4	06711	Leung, Tsz Kin	51 New Water Polo	30.11
5	42085 IAZ	Lee, Hon Lun Philip	51 Sword Fish Club	36.00
6	48392 IAZ	Chan, Ting	50 Hoi Fung	38.10
7	35711 IAX	Wong, Fuk Kei	54 Sword Fish Club	43.00
8	04184	Woo, Siu Ming William	52 Sword Fish Club	48.00

55-59

1	50495 @^IM	Zhou, Liang	59 Sword Fish Club	30.00
2	52068 @^IM	Liang, Jianjun	57 New Water Polo	31.00
3	43144	Xiao, Donghong	57 New Water Polo	31.00
4	39306 IAZ	Lee, Tak Shun Benson	57 Hoi Fung	35.00
5	52275 @^IM	Shan, Jinzhi	55 Sword Fish Club	35.00
6	22433 IAZ	Lui, Man Pong	58 New Water Polo	36.00
7	44678 IAZ	Hung, Tin Wai Robert	57 Pacific	36.15
8	38127 IAZ	Leung, Cheung Wai Ricky	55 Sword Fish Club	37.00
9	39982 IAZ	Chow, Wing Chun	59 Sword Fish Club	39.00
10	45582 @IAO	Reeve, Blair	55 LRC	40.62
11	50458 @^IM	Li, Guoxin	58 Tuen Mun	41.00
12	05119 @IAO	Woodring, Merritt Douglas	58 AVO	NT

60-64

1	42200	Wu, Zhimin	62 New Water Polo	29.00
2	06256	Chan, Kwong Peter	62 Sea Green	31.00
3	50469 @^IM	Liang, Yideng	61 Tuen Mun	31.07

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

60-64... (Event 3 Men 50 LC Meter Freestyle)

4	30267 IAZ	Leung, Hong Shun Alexander	60 Hoi Fung	31.25
5	50485 #@^IM	Chen, Shuquan	60 New Water Polo	32.00
6	50514 @^IM	Ye, Jinkun	61 Sword Fish Club	32.00
7	41007 IAZ	So, Man Sing	62 Sea Green	32.00
8	45198 #IAZN	Lam, Tsz Kiu Goldie	61 New Water Polo	33.00
9	46092 @IAO	Munro, Gavin Malcolm	63 LRC	35.43
10	32108 IAX	Chan, Kiu	61 Sword Fish Club	36.00
11	37048 IAZ	Cheung, Wai Chuen Jimmy	60 Sword Fish Club	36.00
12	28339 IAZ	Yim, Chi Yiu	63 New Water Polo	36.80
13	24256 IAW	Lok, Wai Man	60 New Water Polo	37.00
14	40861 IAZ	Cheung, Chi Ming Rover	60 Sword Fish Club	37.00
15	52295 @^IM	Wu, Jingxiang	61 New Water Polo	40.00
16	52316 @^IM	Huang, Shimao	60 New Water Polo	45.00
17	52148 @^IM	Li, Bingkun	62 Sword Fish Club	48.00
18	41426 IAZ	Tang, Yu Hang Francis	62 Tung Sing	52.00
19	44359 IAZ	Lee, Chi Wai	64 Kornhill	53.80
20	46162 @IAO	Syrett, Guy Neil	63 AVO	NT

65-69

1	42191	Lin, Haichao	66 Sword Fish Club	32.00
2	50662 @^P	Zong, Cheng	65 Sword Fish Club	32.00
3	14555 @IAX	Tang, Kon Leong	67 Sword Fish Club	33.00
4	05071	Choi, Tony	65 LRC	34.26
5	06184	Ng, Pak Chiu	69 Sea Green	39.00
6	06281	Fung, Kam Tai	68 Sword Fish Club	40.00
7	19292 IAX	Leung, Fu Keung	69 Sea Green	51.00
8	52210 @^IM	Xu, Congshan	68 New Water Polo	52.00
9	52274 @^IM	Chen, Haiming	69 Sword Fish Club	52.00
10	40705 IAZ	Lai, Chung Fat Paulus	67 Wong Tai Sin	1:01.00

70-74

1	06398	Cho, Wai Sun	70 Fastlane Swimming	33.80
2	06268	Tse, Kwok Piu	72 Sword Fish Club	36.00
3	41729 IAZ	Ko, Leung Hung Alex	71 Diocesan School	38.00
4	06389	Chan, Hong Wah	70 New Water Polo	39.00
5	05917	Yong, Khin Syn	74 Sword Fish Club	40.00
6	23123 IAZ	Poon, Wai	71 Sword Fish Club	42.00
7	06192	Chu, Shui Yi	72 Sea Green	50.00
8	11563	Lee, Kwok Hung	70 Sword Fish Club	55.00

75-79

1	03845	Tin, Sheung Kwai	76 New Water Polo	35.01
2	23297 IAZ	Chan, Shing Chi	75 Lai Tsun	40.00
3	44756 IAZ	Lo, Che Hung	75 Lai Tsun	42.00
4	09171	Chan, Ying Chi	77 Sword Fish Club	50.00

80-84

1	51752 @^IM	Li, Shiguang	80 New Water Polo	39.10
2	38301 IAX	Cheung, Hao Yen	80 Lai Tsun	52.00
3	23959 IAZ	Chiu, Chin Hung	83 Kornhill	1:07.45

85-89

1	05407	Lee, She Kwok	85 Sword Fish Club	54.00
2	15490	Law, Kwai Fong	87 Sword Fish Club	1:05.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

Event 4 Women 50 LC Meter Freestyle

18-24 MSR:	28.20
25-29 MSR:	27.70
30-34 MSR:	27.80
35-39 MSR:	28.10
40-44 MSR:	28.17
45-49 MSR:	27.65
50-54 MSR:	29.35
55-59 MSR:	32.17
60-64 MSR:	33.85
65-69 MSR:	35.01

	ID#	Name	Age	Team	Seed Time
18-24... (Event 4 Women 50 LC Meter Freestyle)					
1	21953 B	Chan, Tsz Ching	23	Fastlane Swimming	29.00
2	19152 IAZ	Cheung, Wing Yan	23	Tai PO	29.00
3	50379 @^ICO	Kuai, Wen	24	Kwun Tong	31.00
4	49847 IAZ	Li, Ka Yu Karen	21	Pacific	33.64
5	50384 IAZ	Hao, Chaohui Suzukitomoe	18	Current Club Ltd	38.91
6	37318 IAO	Chio, Yi Lan	20	Dik Wing	NT
7	28242 IAZ	Hang, Kwan Tung Ruby	21	Dik Wing	NT
8	26980 IAZ	Wong, Suet Wing	24	Dik Wing	NT
25-29					
1	11864 B	Chow, Tsz Hei	26	Crest Ray	28.00
2	16514 IAZ	Li, Alexandra	26	Tolo Harbour	29.00
3	29564 IAZ	Ng, Wai Ying Megan	27	Flying Fish	30.00
4	18350 IAZ	Lam, Nga Yin Eunice	27	South China	33.30
5	52300 @^IM	He, Baoying	29	New Water Polo	35.00
6	47460 IAZ	Mak, Cheuk Lam	28	New Water Polo	45.00
30-34					
1	01262	Mau, Lok Yan Eunice	30	Current Club Ltd	28.21
2	52158 @^IM	He, Suichun	34	New Water Polo	30.00
3	01271 IAZ	Lo, Yan Yin	31	Current Club Ltd	45.00
4	28004 IAZ	Kwan, Ka Wan	30	Tung Sing	45.00
5	40936 IAZ	Chan, Po Yan	33	New Water Polo	50.00
35-39					
1	52279 @^IM	Zhang, Yong	39	Sword Fish Club	30.00
2	02131	Tsang, Ting Yan Tania	37	LRC	30.71
3	52169 @^IM	Li, Zhijia	39	New Water Polo	33.00
4	50491 @^IM	Li, Jieyi	39	Sword Fish Club	34.00
5	35921 IAZ	Lui, Yick Ling	37	Kornhill	36.21
6	43489 @IAXN	Wehl Kwok, Hiu Chin June	37	LRC	36.28
7	52273 @^IM	Xu, Ying	37	New Water Polo	40.00
8	52076 @P	Saw, Phei Er	38	New Water Polo	41.00
9	43607 #@^IM	Feng, Yuxi	37	New Water Polo	43.00
10	00288 IBZ	Yip, Wing Yan	35	Dik Wing	NT
40-44					
1	38440 ICO	Eichelberger, Melissa Ann	40	Fastlane Swimming	28.60
2	52077 @^IM	Gan, Xiaomin	41	New Water Polo	31.00
3	52160 @^IM	Chen, Dandan	42	New Water Polo	33.00
4	49442 IAZ	Chan, Yuk Man Phoebe	44	Sword Fish Club	40.00
5	06304 ICZ	Cheung, Man Yiu	44	Sea Green	40.00
6	44929 ICX	Luo, Yan	41	New Water Polo	46.00
7	50515 IAZ	Cheung, Hiu Yan	41	Sword Fish Club	47.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

40-44... (Event 4 Women 50 LC Meter Freestyle)

8	34701 IAZ	Au, Hoi Ying	40 Flying Fish	48.00
9	52214 @^IM	Yu, Lang	44 New Water Polo	48.00
10	52064 @^IM	Bai, Xue	43 New Water Polo	56.00

45-49

1		Oksana, Boyko	48 Wolfpack	X30.71
2	52307 IAZ	Chan, Yee To	46 Fastlane Swimming	36.50
3	43157 @ICO	Lee, Chew Ling	46 LRC	38.94
4	50687 IAZ	Li, Yee Man	45 YMCA OF Hong Kong	40.00
5	27128 IAZ	Lau, Yan Yan	49 Flying Fish	41.00
6	46181 IAZ	Ng, Yan Yan Bandy	47 Tung Sing	45.00
7	45917 #@^IM	Huang, Caifang	49 New Water Polo	54.00

50-54

1	33517 IAO	Yamaguchi, Mika	51 Fastlane Swimming	29.35
2	50110 IAZ	Chow, Yin Wei Nora	51 New Water Polo	35.00
3	09870 @ICO	Chong, Yin Szu Adeline	53 Fastlane Swimming	37.00
4	49429 #IAZ	Choy, Yee Ling Elina Elain	54 Fastlane Swimming	38.50
5	52277 @^IM	Lin, Xinyu	54 Sword Fish Club	39.00
6	35969 IAX	Wang, Ying Lian	51 Tung Sing	39.92
7	40912 IAZ	Ng, Yee Ling	52 Tolo Harbour	41.00
8	36431 @^P	Buchta, Katrin	53 Sword Fish Club	43.00
9	47040 @IAX	Zou, Shengling	52 Tung Sing	45.00
10	52319 @^IM	Yang, Jianhong	54 New Water Polo	46.00
11	43063 @IAO	Wong, Rose	53 LRC	48.03
12	51744 IAX	Xiang, Hua	53 Hoi Fung	50.00
13	52270 IAZ	Choi, Tak Ming	50 Pacific	50.00
14	49204 IAZ	Cheng, Wai Man	52 Sea Green	50.00

55-59

1	40907 IAZ	Lai, Shui Nin Ingrid	56 YMCA OF Hong Kong	33.00
2	12894	Lee, Wai Yee Stella	57 Hoi Fung	37.00
3	51958 @^IM	Yu, Rongqing	59 New Water Polo	37.00
4	52281 @^IM	Tian, Meilian	58 Sword Fish Club	37.00
5	26254 IAX	Ng, Kong Ching	58 New Water Polo	40.00
6	23323 IAZ	Tam, Choi Ping Scalene	58 New Water Polo	40.00
7	51706 @^IM	Wang, Shihong	55 New Water Polo	40.00
8	52280 @^IM	Ma, Rong	58 Sword Fish Club	43.00
9	51794 IAZ	Koo, Wai Man Anne	56 Fastlane Swimming	43.80
10	36045 IAZN	Hsu, Ava	56 LRC	43.84
11	50893 @^P	Niu, Zili	59 New Water Polo	48.00
12	48634 IAZ	Cheung, Wing Yee	57 New Water Polo	52.00
13	29831 IAZ	Lowe, Yeuk Ling Dilys	59 Sword Fish Club	56.00
14	44303 IAZ	Lam, Man Lai	57 Sword Fish Club	1:05.00
15	41911 IAZN	Ng, Kit Man Joanna	58 New Water Polo	1:09.00

60-64

1	06113	Dudok Van Heel, Jane	62 LRC	38.00
2	52284 @^IM	Huang, Ying	60 Sword Fish Club	40.00
3	52150 @^IM	Li, Huili	63 Sword Fish Club	40.00
4	51787 @^IM	Li, Weiwei	62 Sword Fish Club	44.00
5	43595	Ao, Wai Lan	61 Sword Fish Club	45.00
6	22428 IAZ	Lau, Yuk Lin Rocky	61 Sea Green	49.00
7	34668 IAZ	Tang, Pik Ha	63 New Water Polo	49.53
8	36225 IAX	Li, Wai Kam	61 Sea Green	55.00
9	52075 @^IM	Yuan, Mandi	63 New Water Polo	59.00
10	20640 IAZ	Wong, Fung Yee	63 Sword Fish Club	59.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

65-69... (Event 4 Women 50 LC Meter Freestyle)

1	52109 @^IM	Wang, Yan	67	Sword Fish Club	35.05
2	03503	Castka, Gillian Hancer	67	Sword Fish Club	42.00
3	02711	Fok, Wai Fung	65	Wong Tai Sin	50.70
4	06127	Lau, Wai Lin	67	New Water Polo	1:00.00
5	23957 IAX	Yeung, Tun Lim Lily	66	Sword Fish Club	1:05.00

70-74

1	52218 @^IM	Luo, Yongchang	74	New Water Polo	45.00
2	06356 IAZN	Lo Yeung, Sau Han	70	Kwun Tong	52.00
3	52146 @^IM	Li, Lianzhi	71	Sword Fish Club	52.00
4	46236 #IAZ	Fok, Miu Han	70	New Water Polo	56.79
5	52297 @^IM	Liang, Meixing	72	New Water Polo	1:00.00

75-79

1	39991 IAS	Sam, Choi Lin	75	Sword Fish Club	52.00
2	32571 IAZ	Chan, Pui Yee	79	Sword Fish Club	1:00.00
3	17480 IAZ	Chow, Pui Han Angela	77	Lai Tsun	1:08.00

80-84

1	13262	Kwong, Shuet Hing	83	Wong Tai Sin	1:12.20
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85-89

1	06144	Mak, Suet Man	86	Sea Green	1:20.00
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Event 5 Men 200 LC Meter IM

18-24 MSR:	2:21.50
25-29 MSR:	2:13.80
30-34 MSR:	2:25.69
35-39 MSR:	2:20.07
40-44 MSR:	2:19.17
45-49 MSR:	2:23.04
50-54 MSR:	2:26.14
55-59 MSR:	2:45.82
60-64 MSR:	2:49.64
65-69 MSR:	3:04.42

	ID#	Name	Age	Team	Seed Time
18-24					
1	25611 B	Chu, Kin Shing	19	Creative Youth	2:37.76
2	15351 IAZ	Chang, Jaw Ting	22	Pacific	2:40.00
3	37171 IAZ	Wong, Wai Cheung	18	Current Club Ltd	2:50.97
4	40782 IAZ	Chan, Ho Long	18	Current Club Ltd	3:00.00
5	38234 IAZ	Kwok, King Him	18	Current Club Ltd	3:00.00
6	40918 IAZ	Yeung, Ho Lam	18	Current Club Ltd	3:00.00
25-29					
1	15423 IAZ	Cheung, Yau Ming	26	Diocesan School	2:11.00
2	19797 IAZ	So, Pak Hin Nico	26	Flying Fish	2:30.00
3	08404 IAZ	Yeung, Sze Chai	27	Crest Ray	2:48.23
4	40333 IAZ	Lam, Pak Lai	26	Flying Fish	3:00.00
5	21343 IAZ	Yu, Man Hin	27	Sea Green	3:17.00
30-34					
1	02591	Luk, Wing Kin Andy	34	Kwan Hung	2:28.00
2	06092 IAZ	Ng, Yan Ho	33	Hong Kong Police	2:30.00
3	33387 IAO	Wu, Kenneth Yee Lok	32	Sword Fish Club	2:59.00
4	04604 IBZ	Kwong, Chun Hung	34	Sea Green	3:15.00
5	10028 IBZ	Tsien, Hanson	30	Crest Ray	3:30.00
6	03978	Lau, Chun Sing	31	Marlins	3:30.00
7	14158 IAZ	Li, Hok Yee Terence	30	New Water Polo	3:30.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

35-39... (Event 5 Men 200 LC Meter IM)

1	44302 ICO	Boas, Michael Joel	38 Fastlane Swimming	2:45.00
2	46504 @IAO	Coe, Jason George	39 Fastlane Swimming	3:05.00
3	05179 ICZ	Wan, Chun Pong Michael	39 Fastlane Swimming	3:15.00
4	33910 IAZ	Cheung, Tai Hang	35 Crest Ray	3:30.00
5	50508 @^IM	Zhong, Zhiming	38 Sword Fish Club	3:30.00

40-44

1	01012 ICZ	Fong, Lik Sun	43 Hong Kong Footba	2:22.00
2	03796 ICZ	Chan, Pui Kei	42 New Water Polo	3:00.00
3	05155	Chan, Albert Kam Ming	42 Diocesan School	3:10.00

45-49

1	27471 ICO	Nortje, Craig Andrew	45 Hong Kong Footba	2:24.00
2	05160	Chan, Ka Wo	46 Diocesan School	3:04.00
3	02366	Li, Ka Wing	49 Kwun Tong	3:10.00
4	50510 @^IM	Ye, Qiang	48 Sword Fish Club	3:20.00
5	16451	Cheng, Ngai Bun	45 Kwun Tong	3:20.35
6	24603 IAZ	Hung, Ka Ming	48 YMCA OF Hong Kong	3:30.00
7	37671 @ICO	Stamenovic, Ivan	47 LRC	3:45.00

50-54

1	51473 @IAO	Loh, Yeong Shang	50 Barracuda	2:55.00
2	27451 IAZ	Yip, Kin Man Stephen	53 Kwun Tong	3:08.50
3	03372	Lau, Allan	50 Sword Fish Club	3:45.00
4	42085 IAZ	Lee, Hon Lun Philip	51 Sword Fish Club	3:45.00

55-59

1	43198 #	Huang, Jin Liang	58 New Water Polo	3:04.00
2	41548 IAZ	Ip, Ka Keung Patrick	55 Hong Kong Footba	3:10.00
3	39306 IAZ	Lee, Tak Shun Benson	57 Hoi Fung	3:40.26
4	05139	Lin, Fulong	56 Flying Fish	3:42.74
5	39982 IAZ	Chow, Wing Chun	59 Sword Fish Club	3:45.00
6	38127 IAZ	Leung, Cheung Wai Ricky	55 Sword Fish Club	3:45.00
7	22433 IAZ	Lui, Man Pong	58 New Water Polo	3:50.00

60-64

1	06256	Chan, Kwong Peter	62 Sea Green	3:15.00
2	50482 @^IM	Chen, Heqiang	60 Sword Fish Club	3:40.00
3	32108 IAX	Chan, Kiu	61 Sword Fish Club	3:50.00
4	32520 IAX	Lam, Hoi	64 New Water Polo	4:00.00

65-69

1	06331 ICZ	Ma, Etienne	66 YMCA OF Hong Kong	3:10.00
2	03215 IAZ	Leung, Yiu Chuen	65 Sun Yip	3:25.00
3	43205 #	Zhou, Jin Jia	68 New Water Polo	3:40.00
4	06239	Chan, King Yuen	68 Lai Tsun	3:45.00
5	06237	Mok, Chu Piu	66 Lai Tsun	3:45.00
6	06187	Kan, Kai Kwong	68 Sea Green	4:00.00
7	50459 #@^IM	Zhu, Weijin	69 New Water Polo	4:30.00

70-74

1	11563	Lee, Kwok Hung	70 Sword Fish Club	4:00.00
2	06243	Koo, Choi Fat	73 Wong Tai Sin	4:00.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

Event 6 Women 200 LC Meter IM

18-24 MSR: 2:24.82

25-29 MSR: 2:36.59

30-34 MSR: 2:38.52

35-39 MSR: 2:37.75

40-44 MSR: 2:41.17

45-49 MSR: 2:45.26

50-54 MSR: 2:55.65

55-59 MSR: 3:16.65

60-64 MSR: 3:37.27

65-69 MSR: 3:47.99

	ID#	Name	Age	Team	Seed Time
18-24... (Event 6 Women 200 LC Meter IM)					
1	19152 IAZ	Cheung, Wing Yan	23	Tai PO	2:45.00
2	20969 IAZ	Lui, Wing Lam	21	Kwun Tong	3:10.00
3	31444 #IAX	Tang, Hiu Tung	22	Pacific	3:40.00
25-29					
1	12724 IAZ	Wan, Tsz Huen Alexsandra	26	Crest Ray	3:40.00
2	49513 IAZ	To, Yan Wing	27	Crest Ray	3:40.40
35-39					
1	35921 IAZ	Lui, Yick Ling	37	Kornhill	3:38.99
2	41684 IAZ	Leung, Wing Yin Winnie	39	Hoi Fung	3:41.00
40-44					
1	49442 IAZ	Chan, Yuk Man Phoebe	44	Sword Fish Club	2:58.00
2	06304 ICZ	Cheung, Man Yiu	44	Sea Green	3:40.00
45-49					
1		Oksana, Boyko	48	Wolfpack	X3:00.99
2	36785 IAZ	Inglis, Alexandra Sinead	48	LRC	3:44.42
3	51676 @^IM	Li, Fan	47	Sword Fish Club	3:55.00
50-54					
1	40912 IAZ	Ng, Yee Ling	52	Tolo Harbour	3:40.00
55-59					
1	16303	Rana, Naomi	57	LRC	3:55.00
2	50509 #@^IM	Guan, Xiuqin	56	New Water Polo	3:55.00
3	06337	Tse, Yee Wah	57	YMCA OF Hong Kong	4:10.00
60-64					
1	49914 @IAXB	Ng, Yee Man	64	New Water Polo	3:20.00
2	26049 IAZ	Kirkwood, Tain Mhaira	60	LRC	3:25.52
3	51472 @IM	Pang, Yunxiao	60	New Water Polo	3:50.00
65-69					
1	06355	Lo, Lai Yung	68	New Water Polo	4:09.00
70-74					
1	06147	Leung Wong, Yin Har Hayley	71	Sea Green	4:10.00
75-79					
1	06357	Suen, Ming Chu	75	Sword Fish Club	4:10.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

Event 7 Men 50 LC Meter Backstroke

18-24 MSR:	28.26
25-29 MSR:	27.65
30-34 MSR:	29.77
35-39 MSR:	30.38
40-44 MSR:	29.16
45-49 MSR:	30.37
50-54 MSR:	30.97
55-59 MSR:	32.57
60-64 MSR:	33.94
65-69 MSR:	35.70

	ID#	Name	Age	Team	Seed Time
18-24... (Event 7 Men 50 LC Meter Backstroke)					
1	28439 IAZ	Cheng, Kam Fung	19	Current Club Ltd	27.63
2	40140 IAZ	Li, Wing Yin	19	Creative Youth	29.73
3	22276 B	Chong, Michael Yat Tsun	22	Sword Fish Club	31.00
4	24985 B	Cheung, Ho Yeung	23	Sha Mei 318	NT
25-29					
1	05577 IBZ	Yuen, Marcus	29	LRC	32.00
2	50663 @^P	Lei, Hou Wai	28	Sword Fish Club	34.00
3	47043 IAZ	Lam, Pak Lun	29	Flying Fish	35.00
4	49929 @ICO	Maggiorani, Freody	27	Kwun Tong	37.00
5	21343 IAZ	Yu, Man Hin	27	Sea Green	42.00
30-34					
1	03667 IBZ	Wong, Sai Man Sherman	34	New Water Polo	32.00
2	06886 B	Li, Chin Long	33	Eastern Winter	32.17
3	01784 B	Tso, Hiu Fung	32	Diocesan School	33.00
4	05606 IAZ	Yu, Kin Sing Kelvin	30	Fastlane Swimming	35.00
5	05567 B	Yeung, Sze Hon	30	Crest Ray	36.00
6	14158 IAZ	Li, Hok Yee Terence	30	New Water Polo	36.00
7	05854 IAZ	Cho, Wai Ching	32	Flying Fish	37.00
8	51729 @^IM	Chen, Haoxiang	31	Sword Fish Club	38.00
9	04604 IBZ	Kwong, Chun Hung	34	Sea Green	41.00
35-39					
1	00444	Lam, Yau Sun Dickson	38	Diocesan School	30.80
2	52226 @^IM	Huang, Shengjie	36	New Water Polo	32.00
3	52290 @^IM	Zhuang, Jun Yi	36	New Water Polo	32.00
4	05179 ICZ	Wan, Chun Pong Michael	39	Fastlane Swimming	33.25
5	52309 @^IM	Shi, Liang	38	Flying Dragon	35.00
6	52059 @^IM	Shao, Junkai	35	New Water Polo	35.00
7	48667 @IRO	Wong, Dominic Clayton Joe	35	Fastlane Swimming	42.00
8	51883 IAZ	Liu, Kwok Wing	36	Hoi Fung	45.00
40-44					
1	46248 @ICO	O' Neill, Donal Thomas	43	LRC	29.16
2	49498 @IAO	Dunwoody, Ross William	42	LRC	33.86
3	51734 @^ICO	Small, Robert James	44	Fastlane Swimming	35.00
4	49497 @ICO	Macceod, Andrew Ian	44	LRC	35.49
5	52174 @^P	Aksoy, Egemen	43	New Water Polo	36.00
6	42215 #@^IM	He, Qihui	43	New Water Polo	36.00
7	01948 ICZ	Tang, Ho Yuen	41	Diocesan School	41.00
8	40841 IAX	Tsang, Kwok Tung	44	Diocesan School	41.00
9	23119 IAZ	Chan, Ying Tsung Bosco	42	Sword Fish Club	42.00
10	49027 IAZ	Ng, Fung Kei	43	Sword Fish Club	43.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

40-44... (Event 7 Men 50 LC Meter Backstroke)

11	03793 ICZ	Po, Tik San	41	New Water Polo	45.00
45-49					
1	28849 IAZ	Chan, Chun Kuen	48	Sword Fish Club	39.00
2	06338 IAZ	Wong, Ka Fai	49	Sword Fish Club	39.05
3	16451	Cheng, Ngai Bun	45	Kwun Tong	45.00
4	24603 IAZ	Hung, Ka Ming	48	YMCA OF Hong Kong	45.00
5	50881 @^IM	Liang, Huajiu	48	New Water Polo	50.00
6	51531 IAX	Tang, Min	48	South China	56.31
7	39215 IAZ	Cheung, Chun Hoi Allan	47	Kowloon Tong Club	NT
50-54					
1	06711	Leung, Tsz Kin	51	New Water Polo	36.22
2	27451 IAZ	Yip, Kin Man Stephen	53	Kwun Tong	38.00
3	35711 IAX	Wong, Fuk Kei	54	Sword Fish Club	54.00
55-59					
1	41548 IAZ	Ip, Ka Keung Patrick	55	Hong Kong Footba	39.00
2	35313 IAZ	Pong, Chiu Yee Dario	55	LRC	39.03
3	52166 @^IM	Liu, Yeqing	58	New Water Polo	40.00
4	42217	Wu, Lewen	58	Sword Fish Club	40.00
5	43144	Xiao, Donghong	57	New Water Polo	41.00
6	42202	Rong, Kangwen	56	Sword Fish Club	41.00
7	21736 IAM	Lo, Lai Tou	55	Sword Fish Club	42.00
8	22433 IAZ	Lui, Man Pong	58	New Water Polo	43.00
9	05139	Lin, Fulong	56	Flying Fish	43.08
10	39306 IAZ	Lee, Tak Shun Benson	57	Hoi Fung	48.00
11	29472 IAZN	Choi, Kwok Man Tony	57	Sword Fish Club	50.00
12	40840 IAZ	Ng, Ka Yiu Karl	59	Diocesan School	55.00
60-64					
1	42200	Wu, Zhimin	62	New Water Polo	33.00
2	50511 @^IM	Ye, Huanliang	60	Sword Fish Club	41.00
3	27460 IAZ	Chan, Ying Chiu Johnson	60	Lai Tsun	42.00
4	46092 @IAO	Munro, Gavin Malcolm	63	LRC	43.97
5	24256 IAW	Lok, Wai Man	60	New Water Polo	44.00
6	50493 #@^IM	Kong, Lingxiong	64	New Water Polo	48.00
7	41007 IAZ	So, Man Sing	62	Sea Green	49.00
8	51956 @IM	Bai, Xiang	61	New Water Polo	55.00
9	25226 IAZ	Choi, Tai Wing	62	Sword Fish Club	55.00
10	46162 @IAO	Syrett, Guy Neil	63	AVO	NT
65-69					
1	42191	Lin, Haichao	66	Sword Fish Club	39.00
2	03215 IAZ	Leung, Yiu Chuen	65	Sun Yip	40.00
3	52147 @^IM	Ye, Shuwen	67	Sword Fish Club	42.00
4	06281	Fung, Kam Tai	68	Sword Fish Club	46.00
5	14555 @IAX	Tang, Kon Leong	67	Sword Fish Club	46.00
6	06388	Lau, Man Kin	69	Sword Fish Club	50.00
7	48753 IAX	Fung, Sik Tong	67	Sea Green	1:00.00
8	06187	Kan, Kai Kwong	68	Sea Green	1:10.00
9	06237	Mok, Chu Piu	66	Lai Tsun	1:20.00
10	06239	Chan, King Yuen	68	Lai Tsun	1:32.00
70-74					
1	51797 @^IM	Kong, Fanqiang	71	New Water Polo	43.00
2	37684 IAZ	Mok, Yun Cheung	73	Sword Fish Club	45.00
3	06398	Cho, Wai Sun	70	Fastlane Swimming	46.00
4	06382	Chan, Kam Por	71	Sword Fish Club	48.00
5	23123 IAZ	Poon, Wai	71	Sword Fish Club	48.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

70-74... (Event 7 Men 50 LC Meter Backstroke)

6	20634 IAZ	Wu, Shu Sun	73	New Water Polo	50.00
7	38699 IAZ	Tse, Siu Hei	73	Kornhill	52.80
8	06192	Chu, Shui Yi	72	Sea Green	55.00
9	22182 IAZ	Ngai, Yin Leung	74	Sword Fish Club	58.00
10	06242	Lau, Heung Wing	74	Wong Tai Sin	1:14.00

75-79

1	44756 IAZ	Lo, Che Hung	75	Lai Tsun	52.00
2	10274	Lau, Chun Nung	77	Lai Tsun	1:05.00
3	40518 IAZ	Liu, Wing Chiu	75	Tuen Mun	1:15.00

80-84

1	38301 IAX	Cheung, Hao Yen	80	Lai Tsun	1:11.00
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85-89

1	05407	Lee, She Kwok	85	Sword Fish Club	1:02.00
2	16471	Wong, Yuen Ying	87	Kornhill	1:34.34
3	15490	Law, Kwai Fong	87	Sword Fish Club	1:40.00

Event 8 Women 50 LC Meter Backstroke

18-24 MSR: 31.58

25-29 MSR: 32.98

30-34 MSR: 32.81

35-39 MSR: 34.04

40-44 MSR: 34.40

45-49 MSR: 34.75

50-54 MSR: 35.58

55-59 MSR: 41.16

60-64 MSR: 46.26

65-69 MSR: 42.89

	ID#	Name	Age	Team	Seed Time
18-24					
1	20969 IAZ	Lui, Wing Lam	21	Kwun Tong	37.00
2	50379 @^ICO	Kuai, Wen	24	Kwun Tong	39.00
3	50384 IAZ	Hao, Chaohui Suzukitomo	18	Current Club Ltd	53.00
4	28242 IAZ	Hang, Kwan Tung Ruby	21	Dik Wing	NT
25-29					
1	09959 IAZ	Mok, Hoi Man Sheron	28	New Water Polo	33.00
2	09361 IAZ	Leung, Hoi Yan	29	Kwun Tong	38.00
3	52300 @^IM	He, Baoying	29	New Water Polo	38.00
4	29564 IAZ	Ng, Wai Ying Megan	27	Flying Fish	40.00
30-34					
1	40936 IAZ	Chan, Po Yan	33	New Water Polo	53.00
35-39					
1	02131	Tsang, Ting Yan Tania	37	LRC	30.00
2	46104 @ICO	Sheridan, Kaitlyn Rose	36	Fastlane Swimming	39.80
3	50491 @^IM	Li, Jieyi	39	Sword Fish Club	45.00
4	13384 ICZ	Lee, May Sze Mei	36	New Water Polo	1:03.00
40-44					
1	52077 @^IM	Gan, Xiaomin	41	New Water Polo	36.00
2	52064 @^IM	Bai, Xue	43	New Water Polo	59.00
3	34701 IAZ	Au, Hoi Ying	40	Flying Fish	1:06.32
45-49					
1	46247 @IAO	Krkalo, Shauna Kathleen	45	LRC	34.79
2	51120 IAZ	Yee, Hoi Yan	46	Flying Fish	38.00
3	36785 IAZ	Inglis, Alexandra Sinead	48	LRC	46.72
4	06315	Chan, Sui Yee	47	LRC	48.11

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

45-49... (Event 8 Women 50 LC Meter Backstroke)

5	51676 @^IM	Li, Fan	47 Sword Fish Club	52.00
6	46181 IAZ	Ng, Yan Yan Bandy	47 Tung Sing	53.00
7	45917 #@^IM	Huang, Caifang	49 New Water Polo	1:00.00
8	45139 IAZ	Tai, Kwan Yee	46 Hoi Fung	1:25.00

50-54

1	09870 @ICO	Chong, Yin Szu Adeline	53 Fastlane Swimming	42.35
2	52319 @^IM	Yang, Jianhong	54 New Water Polo	50.00
3	47040 @IAX	Zou, Shengling	52 Tung Sing	57.00
4	51744 IAX	Xiang, Hua	53 Hoi Fung	59.00

55-59

1	40907 IAZ	Lai, Shui Nin Ingrid	56 YMCA OF Hong Kong	42.00
2	29752 IAZ	Chow, Yee Heung Liza	59 Lai Tsun	48.00
3	52280 @^IM	Ma, Rong	58 Sword Fish Club	49.00
4	51532 IAZ	Shek, Yuk Ching Peggy	59 South China	50.00
5	50492 @^IM	Guo, Liyan	58 Sword Fish Club	50.00
6	26254 IAX	Ng, Kong Ching	58 New Water Polo	53.00
7	43525	Bao, Haiyan	55 New Water Polo	55.00
8	06337	Tse, Yee Wah	57 YMCA OF Hong Kong	55.00
9	12233	Hung, Isabel	57 Sword Fish Club	1:00.00
10	29831 IAZ	Lowe, Yeuk Ling Dilys	59 Sword Fish Club	1:04.00
11	38289 IAZ	Ng, Wai Lin Angie	59 Sword Fish Club	1:05.00
12	44303 IAZ	Lam, Man Lai	57 Sword Fish Club	1:20.00

60-64

1	49914 @IAXB	Ng, Yee Man	64 New Water Polo	39.00
2	52284 @^IM	Huang, Ying	60 Sword Fish Club	42.00
3	51788 @^IM	Li, Yueying	60 Sword Fish Club	47.00
4	52150 @^IM	Li, Huili	63 Sword Fish Club	50.00
5	06113	Dudok Van Heel, Jane	62 LRC	52.00
6	20640 IAZ	Wong, Fung Yee	63 Sword Fish Club	1:03.00

65-69

1	52109 @^IM	Wang, Yan	67 Sword Fish Club	43.85
2	06355	Lo, Lai Yung	68 New Water Polo	55.00
3	23957 IAX	Yeung, Tun Lim Lily	66 Sword Fish Club	1:10.00
4	14007	Ho, Yuk Ling	66 Tung Sing	1:10.00

70-74

1	52218 @^IM	Luo, Yongchang	74 New Water Polo	50.00
2	52146 @^IM	Li, Lianzhi	71 Sword Fish Club	1:06.00
3	06356 IAZN	Lo Yeung, Sau Han	70 Kwun Tong	1:10.00

75-79

1	17480 IAZ	Chow, Pui Han Angela	77 Lai Tsun	1:12.00
2	32571 IAZ	Chan, Pui Yee	79 Sword Fish Club	1:20.00

80-84

1	06374	Wong, Jim	82 Sword Fish Club	1:07.00
2	13262	Kwong, Shuet Hing	83 Wong Tai Sin	1:43.08

85-89

1	06144	Mak, Suet Man	86 Sea Green	1:20.00
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Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

Event 9 Men 100 LC Meter Freestyle

18-24 MSR:	54.18
25-29 MSR:	54.16
30-34 MSR:	56.01
35-39 MSR:	54.66
40-44 MSR:	56.60
45-49 MSR:	59.62
50-54 MSR:	58.29
55-59 MSR:	1:03.62
60-64 MSR:	1:04.39
65-69 MSR:	1:08.31

	ID#	Name	Age	Team	Seed Time
18-24... (Event 9 Men 100 LC Meter Freestyle)					
1	34058 B	Chow, Hong-Yo Sandy	19	Pacific	1:00.00
2	25287 IAZ	Chiu, Long Kit	23	Sword Fish Club	1:00.00
3	33220 B	Yim, Wai Shing	18	Sword Fish Club	1:00.00
4	25611 B	Chu, Kin Shing	19	Creative Youth	1:01.23
5	40918 IAZ	Yeung, Ho Lam	18	Current Club Ltd	1:03.59
6	23308 IAZ	Lau, Chung Hei	22	Pacific	1:05.00
7	51730 @^IM	Xi, Kai	21	Sword Fish Club	1:05.00
8	37171 IAZ	Wong, Wai Cheung	18	Current Club Ltd	1:06.33
9	28567 IAZ	Tam, Wang Yin	23	New Water Polo	1:10.00
10	52301 @^IM	Cui, Zhiqin	20	New Water Polo	1:12.00
11	52219 @^IM	Cai, Hengye	24	New Water Polo	1:18.00
12	32318 P	Li, Ho Yin	19	Creative Youth	1:40.00
13	40140 IAZ	Li, Wing Yin	19	Creative Youth	1:40.00
25-29					
1	15815	Lo, Ting Kin	27	Sea Green	59.00
2	05695 IBZ	Wu, Tsz Fung	29	Sword Fish Club	1:00.00
3	16830 IAM	Yip, Ming Hei	27	New Water Polo	1:10.00
4	52157 @^IM	Liang, Shao Kai	27	New Water Polo	1:12.00
5	15653 B	Poon, Chi Leung	27	Sword Fish Club	1:12.00
30-34					
1	02021 IBZ	Chow, Man Ho	33	Kwan Hung	57.30
2	01964 IAZ	Law, Leong Tim	30	Sword Fish Club	1:00.00
3	52212 @^IM	Wang, Qian	30	New Water Polo	1:02.00
4	50488 @^IM	Huang, Ziwei	34	Sword Fish Club	1:04.00
5	33387 IAO	Wu, Kenneth Yee Lok	32	Sword Fish Club	1:05.00
6	51779 @ICX	Lin, Hang	30	South China	1:06.20
7	51729 @^IM	Chen, Haoxiang	31	Sword Fish Club	1:13.00
8	00529 B	Wong, Lok Sum	30	Kwun Tong	1:15.00
9	49951 IAZ	Fung, Chi Wing Ryan	31	Pacific	1:24.55
10	52318 @^IM	Yi, Xinhai	32	New Water Polo	1:30.00
11	42848 P	Li, Yuhui	34	Sword Fish Club	1:30.00
12	52204 IAZ	Chan, Tsz Ming	31	Pacific	1:40.00
35-39					
1	51101 @ICO	Smit, Marcel Pieter Arnold	36	Fastlane Swimming	54.66
2	01621 IBZ	So, Man Hon	35	Fastlane Swimming	1:02.00
3	27874 IAZ	Chan, Cheuk Man	35	New Water Polo	1:02.00
4	46504 @IAO	Coe, Jason George	39	Fastlane Swimming	1:07.00
5	49017 @ICO	McInnes, Christopher Peter	38	Kwun Tong	1:07.00
6	51511 @ICO	Bitterly, Thomas Bradford	37	New Water Polo	1:07.00
7	28529 IAO	Wright, Henry Thomas	36	Barracuda	1:10.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

35-39... (Event 9 Men 100 LC Meter Freestyle)

8	52309 @^IM	Shi, Liang	38 Flying Dragon	1:10.00
9	49018 @ICO	Alkemade, Frank Rogier	36 Kwun Tong	1:12.00
10	42024 IAZ	Tang, Cheuk Hang	39 Current Club Ltd	1:15.00
11	52059 @^IM	Shao, Junkai	35 New Water Polo	1:20.00
12	50508 @^IM	Zhong, Zhiming	38 Sword Fish Club	1:30.00
13	52073 @^IM	Wang, Huafeng	36 New Water Polo	1:39.00
14	33910 IAZ	Cheung, Tai Hang	35 Crest Ray	1:40.00

40-44

1	42215 #@^IM	He, Qihui	43 New Water Polo	1:08.00
2	42708 IAZ	Tang, Wing Chung Jonathan	41 Hoi Fung	1:09.00
3	03409	Ho, Kin Kan Adrian	40 Barracuda	1:10.00
4	51746 IAZ	Lai, Hong Ho Ronald	40 Hoi Fung	1:10.00
5	42222 IAZ	Yick, Tsip Lam	40 Sword Fish Club	1:10.00
6	52174 @^P	Aksoy, Egemen	43 New Water Polo	1:20.00
7	49027 IAZ	Ng, Fung Kei	43 Sword Fish Club	1:22.00
8	51953 IAZ	Chan, Wing Lok	41 Wong Tai Sin	1:25.00
9	38035 IAZ	Mok, Kin Fan	43 Tolo Harbour	1:40.00
10	27133 IAZ	Poon, Man Chun	42 Wong Tai Sin	1:40.00

45-49

1	27471 ICO	Nortje, Craig Andrew	45 Hong Kong Footba	58.00
2	37671 @ICO	Stamenovic, Ivan	47 LRC	1:00.16
3	04238	Woo, Chun Kuen Douglas	45 LRC	1:03.25
4	51100 IAO	Loo, Kevin Lester	45 Fastlane Swimming	1:10.00
5	02366	Li, Ka Wing	49 Kwun Tong	1:10.00
6	50510 @^IM	Ye, Qiang	48 Sword Fish Club	1:12.00
7	51192 IAZ	Lo, Yui Man	46 Flying Fish	1:16.00
8	52272 @^IM	Ye, Shaowei	46 New Water Polo	1:30.00
9	48593 IAZ	Cheng, Wai Leung	46 Sword Fish Club	1:30.00
10	50404 @IAO	Livotto, Andrea	49 Fastlane Swimming	1:38.00
11	06227	Wong, Kam Tat	49 Sea Green	1:50.00

50-54

1	10264 #IAO	Faiola, Jeff Alan	52 Island Stingrays	1:02.28
2	06310	Chan, Fung Sun	50 Kwun Tong	1:07.00
3	48285 IAZ	Wan, Hong Yin Edmund	52 Hong Kong Footba	1:08.00
4	51473 @IAO	Loh, Yeong Shang	50 Barracuda	1:08.00
5	52170 @^IM	Lin, Xin	52 New Water Polo	1:10.00
6	07427	Wong, Ho Ming Edwin	54 Barracuda	1:15.00
7	35849 IAX	Ku, Kin Hing	50 Hoi Fung	1:20.00

55-59

1	32253 #IAZ	Watt, Kam Sing Michael	56 Fastlane Swimming	1:09.00
2	05138	Lanzone, Francesco	55 Barracuda	1:10.00
3	43198 #	Huang, Jin Liang	58 New Water Polo	1:10.00
4	42202	Rong, Kangwen	56 Sword Fish Club	1:12.00
5	52068 @^IM	Liang, Jianjun	57 New Water Polo	1:14.00
6	05139	Lin, Fulong	56 Flying Fish	1:24.41
7	52275 @^IM	Shan, Jinzhi	55 Sword Fish Club	1:30.00
8	50458 @^IM	Li, Guoxin	58 Tuen Mun	1:36.00
9	29472 IAZN	Choi, Kwok Man Tony	57 Sword Fish Club	1:45.00
10	35313 IAZ	Pong, Chiu Yee Dario	55 LRC	1:55.00
11	45582 @IAO	Reeve, Blair	55 LRC	1:55.00

60-64

1	50482 @^IM	Chen, Heqiang	60 Sword Fish Club	1:12.00
2	50485 #@^IM	Chen, Shuquan	60 New Water Polo	1:20.00
3	04512	Wong, Shek Ming	63 New Water Polo	1:20.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

60-64... (Event 9 Men 100 LC Meter Freestyle)

4	46092 @IAO	Munro, Gavin Malcolm	63 LRC	1:21.79
5	37048 IAZ	Cheung, Wai Chuen Jimmy	60 Sword Fish Club	1:23.00
6	40861 IAZ	Cheung, Chi Ming Rover	60 Sword Fish Club	1:30.00
7	44359 IAZ	Lee, Chi Wai	64 Kornhill	2:06.32
8	46162 @IAO	Syrett, Guy Neil	63 AVO	2:10.00

65-69

1	06331 ICZ	Ma, Etienne	66 YMCA OF Hong Kong	1:08.00
2	45199 #IAZ	Fok, Siu Por	65 New Water Polo	1:22.00
3	05071	Choi, Tony	65 LRC	1:25.35
4	52225 @^IM	Chen, Shengyou	67 New Water Polo	1:30.00
5	52302 @^IM	He, Jiaming	66 New Water Polo	1:35.00
6	50459 #@^IM	Zhu, Weijin	69 New Water Polo	1:35.00
7	52216 @^IM	Ding, Liping	66 New Water Polo	1:50.00
8	52210 @^IM	Xu, Congshan	68 New Water Polo	1:55.00
9	15527	Zhou, Hao	65 Tung Sing	2:00.00

70-74

1	06268	Tse, Kwok Piu	72 Sword Fish Club	1:16.00
2	41729 IAZ	Ko, Leung Hung Alex	71 Diocesan School	1:40.00
3	50503 @^IM	Feng, Bingkun	72 Sword Fish Club	1:40.00

75-79

1	44756 IAZ	Lo, Che Hung	75 Lai Tsun	1:40.00
2	14029	Ieong, Vun Fai	77 Sword Fish Club	2:10.00

85-89

1	05407	Lee, She Kwok	85 Sword Fish Club	2:10.00
2	06246	Ling, Wang Yam	86 Wong Tai Sin	2:13.00

Event 10 Women 100 LC Meter Freestyle

- 18-24 MSR: 1:02.73**
- 25-29 MSR: 1:01.02**
- 30-34 MSR: 1:01.79**
- 35-39 MSR: 1:01.54**
- 40-44 MSR: 1:01.45**
- 45-49 MSR: 1:03.33**
- 50-54 MSR: 1:05.38**
- 55-59 MSR: 1:14.96**
- 60-64 MSR: 1:22.04**
- 65-69 MSR: 1:28.57**

	ID#	Name	Age Team	Seed Time
18-24				
1	21953 B	Chan, Tsz Ching	23 Fastlane Swimming	1:00.50
2	31444 #IAX	Tang, Hiu Tung	22 Pacific	1:08.40
3	16159 IAZ	Cheng, Megan Tszyeuk	24 Hoi Fung	1:16.00
25-29				
1	09959 IAZ	Mok, Hoi Man Sheron	28 New Water Polo	1:02.00
2	11864 B	Chow, Tsz Hei	26 Crest Ray	1:03.36
3	09413 B	Fang, Ka Ying	28 Eastern Winter	1:07.81
4	09361 IAZ	Leung, Hoi Yan	29 Kwun Tong	1:10.00
5	18350 IAZ	Lam, Nga Yin Eunice	27 South China	1:15.89
30-34				
1	01655 IB	Zhang, Xiao Tong Isabella	34 Fastlane Swimming	1:02.00
2	52158 @^IM	He, Suichun	34 New Water Polo	1:08.00
3	01262	Mau, Lok Yan Eunice	30 Current Club Ltd	1:08.65
4	00085	Yu, Pei En Priscilla	34 Current Club Ltd	1:18.00
5	47086 @ICX	Miao, Amy	34 Barracuda	1:25.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

30-34... (Event 10 Women 100 LC Meter Freestyle)

6	06608 B	Shek, Yan Sin	30	New Water Polo	1:50.00
35-39					
1	02685 ICZ	Master, Farah Jimmy	38	Hong Kong Footba	1:05.00
2	52279 @^IM	Zhang, Yong	39	Sword Fish Club	1:06.00
3	00914	Lai, Godina Yun Zhi	37	Kornhill	1:13.63
4	52169 @^IM	Li, Zhijia	39	New Water Polo	1:20.00
5	43390 ICO	Wong, Sook Leng	35	Hoi Fung	1:25.00
6	52076 @P	Saw, Phei Er	38	New Water Polo	1:45.00
7	00288 IBZ	Yip, Wing Yan	35	Dik Wing	1:50.00
8	13384 ICZ	Lee, May Sze Mei	36	New Water Polo	2:05.00
40-44					
1	52160 @^IM	Chen, Dandan	42	New Water Polo	1:22.00
2	08977	Ho, Yee Yun Rosalind	44	Current Club Ltd	1:23.99
3	38502 ICO	Alfheim, Mai-britt	41	Barracuda	1:28.00
4	52215 @^P	Li, Yunfen	41	New Water Polo	1:37.00
5	50515 IAZ	Cheung, Hiu Yan	41	Sword Fish Club	1:46.00
6	52214 @^IM	Yu, Lang	44	New Water Polo	2:00.00
45-49					
1	45139 IAZ	Tai, Kwan Yee	46	Hoi Fung	43.00
2	46247 @IAO	Krkalo, Shauna Kathleen	45	LRC	1:03.33
3	33036 ICO	Coleman, Claire Michelle	45	Fastlane Swimming	1:09.01
4	36434 IAZ	Lam, Wing Yan Jada	49	Jockey Club	1:15.00
5	47583 @IAX	Wei, Yan	45	South China	1:25.00
6	06315	Chan, Sui Yee	47	LRC	2:05.00
50-54					
1	43977	Lin, Zihe	54	New Water Polo	1:20.00
2	38302 IAZ	Cheung, Man Ling Melody	51	Lai Tsun	1:25.00
3	52277 @^IM	Lin, Xinyu	54	Sword Fish Club	1:29.00
4	27463 IAX	Chen, Yugen	52	New Water Polo	1:30.00
5	35969 IAX	Wang, Ying Lian	51	Tung Sing	1:32.00
6	36431 @^P	Buchta, Katrin	53	Sword Fish Club	1:38.00
7	47040 @IAX	Zou, Shengling	52	Tung Sing	1:42.00
8	51785 IAX	Shum, Yim	52	Current Club Ltd	1:42.26
9	52270 IAZ	Choi, Tak Ming	50	Pacific	1:50.00
10	40937 #IAZ	Leung, Wai Fan Fanny	53	South China	2:00.00
55-59					
1	40907 IAZ	Lai, Shui Nin Ingrid	56	YMCA OF Hong Kong	1:16.00
2	12894	Lee, Wai Yee Stella	57	Hoi Fung	1:18.00
3	08917	Chang, Lai Shan Eliza	55	Kwun Tong	1:20.00
4	52281 @^IM	Tian, Meilian	58	Sword Fish Club	1:25.00
5	51706 @^IM	Wang, Shihong	55	New Water Polo	1:30.00
6	36045 IAZN	Hsu, Ava	56	LRC	1:38.93
7	23323 IAZ	Tam, Choi Ping Scalene	58	New Water Polo	1:40.00
8	48634 IAZ	Cheung, Wing Yee	57	New Water Polo	1:46.00
9	50893 @^P	Niu, Zili	59	New Water Polo	1:55.00
10	41911 IAZN	Ng, Kit Man Joanna	58	New Water Polo	2:05.00
60-64					
1	26049 IAZ	Kirkwood, Tain Mhaira	60	LRC	1:15.51
2	41423 IAZ	Chiu, Pauline	61	Tung Sing	1:40.00
3	43595	Ao, Wai Lan	61	Sword Fish Club	1:46.00
4	31750 IAZ	Cheung, Lai Ying Anita	60	Lai Tsun	1:53.00
5	45187 IAX	Chan, On Mei	60	Sword Fish Club	2:00.00
6	52075 @^IM	Yuan, Mandi	63	New Water Polo	2:07.00
7	36225 IAX	Li, Wai Kam	61	Sea Green	2:10.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

60-64... (Event 10 Women 100 LC Meter Freestyle)

8	06113	Dudok Van Heel, Jane	62	LRC	2:20.00
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65-69

1	52109 @^IM	Wang, Yan	67	Sword Fish Club	1:21.00
2	52149 @^IM	Li, Huiling	65	Sword Fish Club	1:32.00
3	03503	Castka, Gillian Hancer	67	Sword Fish Club	1:36.00
4	25237 IAZ	Yu, Chi Seung	65	New Water Polo	2:10.00

70-74

1	46236 #IAZ	Fok, Miu Han	70	New Water Polo	2:09.59
2	52297 @^IM	Liang, Meixing	72	New Water Polo	2:10.00
3	06212	Lo, Yeuk Shuen	74	Wong Tai Sin	2:30.00

75-79

1	32571 IAZ	Chan, Pui Yee	79	Sword Fish Club	1:20.00
2	39991 IAS	Sam, Choi Lin	75	Sword Fish Club	1:59.00
3	02365	Chow, So Kam	78	Kwun Tong	2:30.00

Event 11 Men 50 LC Meter Butterfly

18-24 MSR: 26.27

25-29 MSR: 26.21

30-34 MSR: 26.54

35-39 MSR: 26.46

40-44 MSR: 26.85

45-49 MSR: 27.47

50-54 MSR: 27.94

55-59 MSR: 30.04

60-64 MSR: 30.60

65-69 MSR: 33.20

	ID#	Name	Age	Team	Seed Time
18-24					
1	52161 @^IM	Wu, Zi Feng	24	New Water Polo	27.00
2	50457 @^IM	Miao, Chenglin	23	Tuen Mun	27.50
3	33220 B	Yim, Wai Shing	18	Sword Fish Club	29.00
4	18027 B	Leung, Lok Hang	23	Pacific	29.85
5	28567 IAZ	Tam, Wang Yin	23	New Water Polo	30.00
6	30694 IAZ	Cheung, Chi Kit Nicholas	18	Wong Tai Sin	30.00
7	22276 B	Chong, Michael Yat Tsun	22	Sword Fish Club	30.08
8	40782 IAZ	Chan, Ho Long	18	Current Club Ltd	30.75
9	34058 B	Chow, Hong-Yo Sandy	19	Pacific	31.00
10	32406 IAZ	Lau, Chun Ting	20	Tolo Harbour	32.00
11	15351 IAZ	Chang, Jaw Ting	22	Pacific	34.00
12	29520 IAZ	Chui, Yu Hin	23	Pacific	34.00
13	23308 IAZ	Lau, Chung Hei	22	Pacific	34.00
14	41451 IAZ	Kwan, Wing Hin	19	Crest Ray	35.00
15	52062 @^IM	Lin, Jiapeng	23	New Water Polo	35.00
16	22816 #IAZ	Cheung, Tsz Nok	20	Dik Wing	NT
25-29					
1	04579 IAO	Cheng, Chris	26	Hong Kong Footba	26.05
2	05577 IBZ	Yuen, Marcus	29	LRC	28.39
3	52157 @^IM	Liang, Shao Kai	27	New Water Polo	29.00
4	09456 IAZ	Chan, Shun Hei	28	Sword Fish Club	29.00
5	16830 IAM	Yip, Ming Hei	27	New Water Polo	30.00
6	50663 @^P	Lei, Hou Wai	28	Sword Fish Club	30.00
7	24728 IAZ	Chan, Wing Fa	26	Eastern Winter	32.00
8	49929 @ICO	Maggiorani, Freedy	27	Kwun Tong	35.00
9	51530 IAZ	Yuen, Kai Hong	29	South China	40.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

30-34... (Event 11 Men 50 LC Meter Butterfly)

1	52212 @^IM	Wang, Qian	30 New Water Polo	26.00
2	52318 @^IM	Yi, Xinhai	32 New Water Polo	27.00
3	14526 IBZ	Ho, Chun Sum Samuel	34 New Water Polo	29.00
4	50488 @^IM	Huang, Ziwei	34 Sword Fish Club	31.00
5	49546 @ICO	Ly, Jonathan	31 Kwun Tong	32.00
6	51779 @ICX	Lin, Hang	30 South China	32.00
7	03312 IAZ	Li, Yun Sing	33 Diocesan School	33.00
8	33387 IAO	Wu, Kenneth Yee Lok	32 Sword Fish Club	33.00
9	10686	Chan, Ching	32 Golden Dolphin	35.00
10	42848 P	Li, Yuhui	34 Sword Fish Club	45.00

35-39

1	51101 @ICO	Smit, Marcel Pieter Arnold	36 Fastlane Swimming	26.46
2	52226 @^IM	Huang, Shengjie	36 New Water Polo	27.00
3	01621 IBZ	So, Man Hon	35 Fastlane Swimming	29.00
4	28529 IAO	Wright, Henry Thomas	36 Barracuda	29.00
5	27874 IAZ	Chan, Cheuk Man	35 New Water Polo	29.00
6	00557 #	Chow, Sik Hang	35 New Water Polo	29.01
7	51511 @ICO	Bitterly, Thomas Bradford	37 New Water Polo	30.00
8	05179 ICZ	Wan, Chun Pong Michael	39 Fastlane Swimming	31.00
9	52224 @^IM	Zhang, Fan	39 New Water Polo	31.00
10	52073 @^IM	Wang, Huafeng	36 New Water Polo	1:36.00

40-44

1	46248 @ICO	O' Neill, Donal Thomas	43 LRC	26.91
2	49497 @ICO	Macceod, Andrew Ian	44 LRC	29.22
3	39981 IAZ	Mui, Ho Chuen	43 Sword Fish Club	30.34
4	49498 @IAO	Dunwoody, Ross William	42 LRC	32.18
5	03409	Ho, Kin Kan Adrian	40 Barracuda	33.00
6	03793 ICZ	Po, Tik San	41 New Water Polo	35.00
7	52317 @^IM	Huang, Wenjun	40 New Water Polo	39.00
8	40558 IAZ	Law, Sai Wo	44 Tolo Harbour	41.00

45-49

1	27471 ICO	Nortje, Craig Andrew	45 Hong Kong Footba	28.00
2	04238	Woo, Chun Kuen Douglas	45 LRC	30.76
3	39203 IAX	Lau, Hang	49 Sword Fish Club	31.00
4	51233 @^IM	Ou, Enjian	49 Sword Fish Club	32.45
5	37032 IAZ	Wu, Kai Wing	47 Wong Tai Sin	35.00
6	52272 @^IM	Ye, Shaowei	46 New Water Polo	38.00
7	41887 IAZ	Woo, Cheuk Yiu Jeffrey	48 YMCA OF Hong Kong	38.00
8	37781 IAZ	Lo, Kar Lai Gary	45 New Water Polo	40.00
9	51531 IAX	Tang, Min	48 South China	40.00
10	40835 IAZ	Leung, Wing Hong Alvin	49 Diocesan School	42.00

50-54

1	10264 #IAO	Faiola, Jeff Alan	52 Island Stingrays	28.91
2	06711	Leung, Tsz Kin	51 New Water Polo	32.33
3	51342 @ICO	Koh, Mun Hoe Terry	53 Fastlane Swimming	33.00
4	06310	Chan, Fung Sun	50 Kwun Tong	36.00
5	21008 IAZ	Cheung, Chun Kwan Michael	50 Wong Tai Sin	36.00
6	50660 @^IM	Chen, Fujiang	53 Sword Fish Club	38.00

55-59

1	50495 @^IM	Zhou, Liang	59 Sword Fish Club	32.00
2	43144	Xiao, Donghong	57 New Water Polo	33.00
3	35313 IAZ	Pong, Chiu Yee Dario	55 LRC	35.00
4	41548 IAZ	Ip, Ka Keung Patrick	55 Hong Kong Footba	37.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

55-59... (Event 11 Men 50 LC Meter Butterfly)

5	31109 IAZ	Chan, Ping Yan Bryan	57 Hoi Fung	37.00
6	25579 IAZ	Leung, Tak Sing	57 Hoi Fung	37.00
7	42202	Rong, Kangwen	56 Sword Fish Club	37.00
8	13992	Yim, Chung Chee	58 YMCA OF Hong Kong	37.00
9	39982 IAZ	Chow, Wing Chun	59 Sword Fish Club	40.00
10	52068 @^IM	Liang, Jianjun	57 New Water Polo	45.00
11	05119 @IAO	Woodring, Merritt Douglas	58 AVO	NT
12	44678 IAZ	Hung, Tin Wai Robert	57 Pacific	NT

60-64

1	52294 @^IM	Li, Nongzhan	61 New Water Polo	31.00
2	50469 @^IM	Liang, Yideng	61 Tuen Mun	32.15
3	50485 #@^IM	Chen, Shuquan	60 New Water Polo	35.00
4	51277 @^IM	Zhang, Xiaoguang	63 New Water Polo	36.00
5	50514 @^IM	Ye, Jinkun	61 Sword Fish Club	37.00
6	41007 IAZ	So, Man Sing	62 Sea Green	39.00
7	51956 @IM	Bai, Xiang	61 New Water Polo	50.00
8	52295 @^IM	Wu, Jingxiang	61 New Water Polo	50.00
9	52316 @^IM	Huang, Shimao	60 New Water Polo	52.00
10	07802	Chau, Kam Tim	63 Sea Green	1:00.00

65-69

1	36553 IAO	Inglis, Peter	69 Hong Kong Footba	35.00
2	03215 IAZ	Leung, Yiu Chuen	65 Sun Yip	36.00
3	42191	Lin, Haichao	66 Sword Fish Club	38.00
4	43205 #	Zhou, Jin Jia	68 New Water Polo	40.00
5	06176	Wong, Kung Wan	67 Sea Green	41.00
6	52225 @^IM	Chen, Shengyou	67 New Water Polo	45.00
7	06184	Ng, Pak Chiu	69 Sea Green	45.00
8	06388	Lau, Man Kin	69 Sword Fish Club	50.00
9	52216 @^IM	Ding, Liping	66 New Water Polo	55.00
10	06187	Kan, Kai Kwong	68 Sea Green	55.00
11	48753 IAX	Fung, Sik Tong	67 Sea Green	59.00
12	15527	Zhou, Hao	65 Tung Sing	1:20.00

70-74

1	06398	Cho, Wai Sun	70 Fastlane Swimming	40.00
2	22182 IAZ	Ngai, Yin Leung	74 Sword Fish Club	55.36
3	06192	Chu, Shui Yi	72 Sea Green	59.00
4	10252	Chow, Eugene	72 Diocesan School	1:05.00

75-79

1	23297 IAZ	Chan, Shing Chi	75 Lai Tsun	52.00
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80-84

1	06270	Lam, Luk Kan	82 Sword Fish Club	1:05.00
2	38301 IAX	Cheung, Hao Yen	80 Lai Tsun	NT

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

Event 12 Women 50 LC Meter Butterfly

18-24 MSR:	29.61
25-29 MSR:	29.30
30-34 MSR:	30.25
35-39 MSR:	30.58
40-44 MSR:	30.39
45-49 MSR:	29.99
50-54 MSR:	32.53
55-59 MSR:	36.39
60-64 MSR:	37.47
65-69 MSR:	41.78

	ID#	Name	Age	Team	Seed Time
18-24... (Event 12 Women 50 LC Meter Butterfly)					
1	21953 B	Chan, Tsz Ching	23	Fastlane Swimming	29.60
2	31444 #IAX	Tang, Hiu Tung	22	Pacific	31.90
3	19556 B	Tao, Tsz Kiu	24	Pacific	38.00
4	44284 @ICO	Tanaka, Miu	18	Barracuda	40.00
5	16159 IAZ	Cheng, Megan Tszyeuk	24	Hoi Fung	40.00
6	23105 IAZ	Ho, Cheuk Wai	22	Dik Wing	NT
25-29					
1	50505 #@^IM	Huang, Shaofen	29	New Water Polo	32.00
2	09959 IAZ	Mok, Hoi Man Sheron	28	New Water Polo	32.00
3	16514 IAZ	Li, Alexandra	26	Tolo Harbour	32.00
4	09413 B	Fang, Ka Ying	28	Eastern Winter	34.23
5	18350 IAZ	Lam, Nga Yin Eunice	27	South China	36.00
30-34					
1	01262	Mau, Lok Yan Eunice	30	Current Club Ltd	30.73
2	01655 IB	Zhang, Xiao Tong Isabella	34	Fastlane Swimming	31.00
3	03730 IBZ	Li, Jamie	31	Kwan Hung	34.00
4	00085	Yu, Pei En Priscilla	34	Current Club Ltd	36.13
5	05670 B	Lam, Tsz Kwan	30	Tolo Harbour	39.00
6	47086 @ICX	Miao, Amy	34	Barracuda	45.00
7	40936 IAZ	Chan, Po Yan	33	New Water Polo	50.00
35-39					
1	02685 ICZ	Master, Farah Jimmy	38	Hong Kong Footba	35.00
2	52169 @^IM	Li, Zhijia	39	New Water Polo	37.00
3	00914	Lai, Godina Yun Zhi	37	Kornhill	37.73
4	42712 IAZ	Chan, Hiu Ying	39	Real Kinetic	38.00
5	43607 #@^IM	Feng, Yuxi	37	New Water Polo	45.00
40-44					
1	52077 @^IM	Gan, Xiaomin	41	New Water Polo	32.00
2	49442 IAZ	Chan, Yuk Man Phoebe	44	Sword Fish Club	34.00
3	30072 ICW	Chao, Man Chi	44	New Water Polo	38.62
4	44676 IAZ	Lam, Sze Wai Jacqueline	43	Jockey Club	40.00
5	08977	Ho, Yee Yun Rosalind	44	Current Club Ltd	42.11
6	52215 @^P	Li, Yunfen	41	New Water Polo	50.00
45-49					
1	47583 @IAX	Wei, Yan	45	South China	45.00
50-54					
1	33517 IAO	Yamaguchi, Mika	51	Fastlane Swimming	33.00
2	43977	Lin, Zihe	54	New Water Polo	40.00
3	38302 IAZ	Cheung, Man Ling Melody	51	Lai Tsun	48.00
4	49429 #IAZ	Choy, Yee Ling Elina Elain	54	Fastlane Swimming	50.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

50-54... (Event 12 Women 50 LC Meter Butterfly)

5	40912 IAZ	Ng, Yee Ling	52 Tolo Harbour	56.00
6	44340	Wang, Wei	51 New Water Polo	58.00
7	06349	Ip, Oi Wa Wendy	51 Sword Fish Club	1:00.00

55-59

1	08917	Chang, Lai Shan Eliza	55 Kwun Tong	34.00
2	12894	Lee, Wai Yee Stella	57 Hoi Fung	43.00
3	51706 @^IM	Wang, Shihong	55 New Water Polo	46.00
4	16303	Rana, Naomi	57 LRC	53.00
5	26254 IAX	Ng, Kong Ching	58 New Water Polo	55.00
6	50490 @^IM	Liang, Yanling	59 Sword Fish Club	55.00
7	36045 IAZN	Hsu, Ava	56 LRC	1:03.79
8	43525	Bao, Haiyan	55 New Water Polo	1:09.00
9	44303 IAZ	Lam, Man Lai	57 Sword Fish Club	1:10.00

60-64

1	49914 @IAXB	Ng, Yee Man	64 New Water Polo	39.00
2	52222 @^P	Wang, Min	61 New Water Polo	42.00
3	51472 @IM	Pang, Yunxiao	60 New Water Polo	45.00
4	51787 @^IM	Li, Weiwei	62 Sword Fish Club	55.00
5	45187 IAX	Chan, On Mei	60 Sword Fish Club	1:05.00

65-69

1	19290 IAX	Tseung, Nga Wah	66 Sword Fish Club	48.00
2	06355	Lo, Lai Yung	68 New Water Polo	55.00
3	03503	Castka, Gillian Hancer	67 Sword Fish Club	1:00.00

70-74

1	52146 @^IM	Li, Lianzhi	71 Sword Fish Club	1:08.00
2	52297 @^IM	Liang, Meixing	72 New Water Polo	1:10.00
3	50448 @IM	Liu, Xiaodong	72 New Water Polo	1:10.00
4	06212	Lo, Yeuk Shuen	74 Wong Tai Sin	1:50.00

75-79

1	06357	Suen, Ming Chu	75 Sword Fish Club	1:10.00
2	02365	Chow, So Kam	78 Kwun Tong	1:20.00

Event 13 Men 4x50 LC Meter Medley Relay

100-119 MSR:	1:49.32
120-159 MSR:	1:54.76
160-199 MSR:	1:53.94
200-239 MSR:	2:03.19
240-279 MSR:	2:19.80
280-319 MSR:	2:36.85
320-359 MSR:	3:30.63

	Team	Relay	Seed Time
100-119			
1	New Water Polo Club	M100 A	NT
2	Sword Fish Club	M100 A	NT
3	Diocesan School Old Boys' Assn	M100 A	NT
120-159			
1	Ladies' Recreation Club	M120 A	NT
2	New Water Polo Club	M120 A	NT
3	Sword Fish Club	M120 A	NT
4	Sea Green Swimming & L.S. Club	M120 A	NT
5	Fastlane Swimming	M120 A	NT
6	Diocesan School Old Boys' Assn	M120 A	NT
160-199			
1	Wong Tai Sin District L.S. S.	M160 A	2:30.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

160-199... (Event 13 Men 4x50 LC Meter Medley Relay)

2	Barracuda Swimming Club	M160	A	NT
3	Hoi Fung Swimming Club	M160	A	NT
4	Kwun Tong Swimming Club	M160	A	NT
5	Ladies' Recreation Club	M160	A	NT
6	New Water Polo Club	M160	A	NT
7	Sword Fish Club	M160	A	NT
8	Sea Green Swimming & L.S. Club	M160	A	NT
9	Fastlane Swimming	M160	A	NT
10	Diocesan School Old Boys' Assn	M160	A	NT
11	Hong Kong Football Club	M160	A	NT

200-239

1	Sun Yip Swimming Club	M200	A	2:19.00
2	YMCA OF Hong Kong	M200	A	2:20.00
3	Kwun Tong Swimming Club	M200	A	NT
4	Ladies' Recreation Club	M200	A	NT
5	New Water Polo Club	M200	A	NT
6	Sword Fish Club	M200	A	NT
7	Fastlane Swimming	M200	A	NT
8	Diocesan School Old Boys' Assn	M200	A	NT
9	Hong Kong Football Club	M200	A	NT

240-279

1	Ladies' Recreation Club	M240	A	NT
2	Lai Tsun Swimming Society	M240	A	NT
3	New Water Polo Club	M240	A	NT
4	Sword Fish Club	M240	A	NT
5	Sea Green Swimming & L.S. Club	M240	A	NT
6	Fastlane Swimming	M240	A	NT

280-319

1	Wong Tai Sin District L.S. S.	M280	A	3:10.00
2	HK Flying Fish Athletic Assn	M280	A	NT
3	Lai Tsun Swimming Society	M280	A	NT
4	New Water Polo Club	M280	A	NT
5	Sword Fish Club	M280	A	NT

320-359

1	Sword Fish Club	M320	A	NT
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Event 14 Women 4x50 LC Meter Medley Relay

100-119 MSR:	2:19.21
120-159 MSR:	2:10.92
160-199 MSR:	2:10.35
200-239 MSR:	2:32.48
240-279 MSR:	2:48.90
280-319 MSR:	3:21.30

	Team	Relay	Seed Time
100-119			
1	New Water Polo Club	W100 A	NT
120-159			
1	Ladies' Recreation Club	W120 A	NT
2	New Water Polo Club	W120 A	NT
3	Pacific Swimming Club	W120 A	NT
4	Sword Fish Club	W120 A	NT
5	Fastlane Swimming	W120 A	NT
160-199			
1	South China Athletic Assn	W160 A	3:00.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

160-199... (Event 14 Women 4x50 LC Meter Medley Relay)

2	Current Club Ltd	W160	A	NT
3	Hoi Fung Swimming Club	W160	A	NT
4	Kwun Tong Swimming Club	W160	A	NT
5	Ladies' Recreation Club	W160	A	NT
6	Lai Tsun Swimming Society	W160	A	NT
7	New Water Polo Club	W160	A	NT
8	Sword Fish Club	W160	A	NT
9	Fastlane Swimming	W160	A	NT

200-239

1	Tung Sing Athletic Association	W200	A	3:20.00
2	Ladies' Recreation Club	W200	A	NT
3	Lai Tsun Swimming Society	W200	A	NT
4	New Water Polo Club	W200	A	NT
5	Sword Fish Club	W200	A	NT
6	Fastlane Swimming	W200	A	NT

240-279

1	Ladies' Recreation Club	W240	A	NT
2	New Water Polo Club	W240	A	NT
3	Sword Fish Club	W240	A	NT

280-319

1	New Water Polo Club	W280	A	NT
2	Sword Fish Club	W280	A	NT

Event 15 Men 50 LC Meter Breaststroke

18-24 MSR:	28.82
25-29 MSR:	30.66
30-34 MSR:	31.11
35-39 MSR:	31.14
40-44 MSR:	33.00
45-49 MSR:	32.70
50-54 MSR:	34.48
55-59 MSR:	35.10
60-64 MSR:	36.61
65-69 MSR:	37.84

	ID#	Name	Age	Team	Seed Time
18-24					
1	30694 IAZ	Cheung, Chi Kit Nicholas	18	Wong Tai Sin	29.99
2	52213 @^IM	Wang, Xizhi	22	New Water Polo	31.00
3	22513 IAZ	Tang, Cheuk Yan	23	Kwun Tong	31.11
4	51730 @^IM	Xi, Kai	21	Sword Fish Club	32.00
5	29520 IAZ	Chui, Yu Hin	23	Pacific	33.98
6	52219 @^IM	Cai, Hengye	24	New Water Polo	35.00
7	32406 IAZ	Lau, Chun Ting	20	Tolo Harbour	35.00
8	48045 IAZ	Lo, Tsz Wang	20	Kwun Tong	35.13
9	18027 B	Leung, Lok Hang	23	Pacific	38.00
10	52061 @^IM	Zheng, Jianjun	24	New Water Polo	41.00
11	41451 IAZ	Kwan, Wing Hin	19	Crest Ray	NT
12	25611 B	Chu, Kin Shing	19	Creative Youth	NT
13	32318 P	Li, Ho Yin	19	Creative Youth	NT
14	22816 #IAZ	Cheung, Tsz Nok	20	Dik Wing	NT
25-29					
1	05577 IBZ	Yuen, Marcus	29	LRC	31.43
2	09456 IAZ	Chan, Shun Hei	28	Sword Fish Club	32.00
3	08003 B	Lam, Chun Kit	28	Tuen Mun	35.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

25-29... (Event 15 Men 50 LC Meter Breaststroke)

4	24728 IAZ	Chan, Wing Fa	26 Eastern Winter	35.00
5	52157 @^IM	Liang, Shao Kai	27 New Water Polo	35.00
6	05695 IBZ	Wu, Tsz Fung	29 Sword Fish Club	36.00
7	52303 @^IM	Lyu, Juzhong	27 New Water Polo	42.00

30-34

1	02591	Luk, Wing Kin Andy	34 Kwan Hung	31.00
2	42728 P	Febo, Christopher Vincenzo	30 Sword Fish Club	31.00
3	49546 @ICO	Ly, Jonathan	31 Kwun Tong	35.50
4	04877 IBZ	Ng, Yu Ting	32 Sword Fish Club	36.00
5	00529 B	Wong, Lok Sum	30 Kwun Tong	38.00
6	42848 P	Li, Yuhui	34 Sword Fish Club	1:20.00

35-39

1	52298 @^IM	Gu, Biaorong	35 New Water Polo	31.00
2	47580 @IAO	Poon, Derrick Gene-ming	35 Fastlane Swimming	31.25
3	48666 @ICO	Upman, David Ross	39 Fastlane Swimming	35.50
4	52224 @^IM	Zhang, Fan	39 New Water Polo	36.00
5	48856 @IAO	Gallearchie, Jeewantha Madu	39 Fastlane Swimming	38.00
6	52309 @^IM	Shi, Liang	38 Flying Dragon	38.00
7	52293 @^IM	Liang, Zhenxiong	35 New Water Polo	38.00
8	52292 @^IM	Liang, Jinzhan	35 New Water Polo	39.00
9	48667 @IRO	Wong, Dominic Clayton Joe	35 Fastlane Swimming	44.00
10	52291 @^IM	Xu, Zherui	35 New Water Polo	1:15.00

40-44

1	40834 IAZ	Chang, Hsi Tse JosephJeremy	44 Diocesan School	37.00
2	03409	Ho, Kin Kan Adrian	40 Barracuda	38.00
3	42708 IAZ	Tang, Wing Chung Jonathan	41 Hoi Fung	39.00
4	40558 IAZ	Law, Sai Wo	44 Tolo Harbour	39.00
5	11587	Ng, Yu Hon	40 Sea Green	42.00
6	52285 IAO	Lung, Donald Andrew	41 Diocesan School	45.00
7	45574 IAZ	Ng, Siu Kwong	41 Sword Fish Club	45.00
8	51953 IAZ	Chan, Wing Lok	41 Wong Tai Sin	45.00
9	38035 IAZ	Mok, Kin Fan	43 Tolo Harbour	52.00
10	51764 IAZ	Leung, Hang Fai Henry	44 Kowloon Tong Club	NT

45-49

1	17961 ICO	Jones, Simon	47 LRC	33.90
2	05160	Chan, Ka Wo	46 Diocesan School	35.00
3	52304 @^IM	Huang, Junfa	46 New Water Polo	38.00
4	04238	Woo, Chun Kuen Douglas	45 LRC	39.78
5	27459 IAZ	Lui, Wing Tak Victor	49 Diocesan School	40.00
6	40835 IAZ	Leung, Wing Hong Alvin	49 Diocesan School	44.00
7	51192 IAZ	Lo, Yui Man	46 Flying Fish	45.00
8	38831 IAZ	Leung, Yin Tat	47 Hoi Fung	48.00
9	06227	Wong, Kam Tat	49 Sea Green	49.00

50-54

1	03555	Fung, Kim Hung	52 YMCA OF Hong Kong	38.00
2	26317 IAZN	Tung, Shang Wei Timothy	53 Kwun Tong	39.00
3	21008 IAZ	Cheung, Chun Kwan Michael	50 Wong Tai Sin	40.00
4	35849 IAX	Ku, Kin Hing	50 Hoi Fung	41.00
5	48285 IAZ	Wan, Hong Yin Edmund	52 Hong Kong Footba	42.00
6	42364 IAZ	Lau, Yip Kwong Francis	54 Diocesan School	43.00
7	43158 IAZ	Chan, Tin Lung	54 Lai Tsun	43.00
8	50660 @^IM	Chen, Fujiang	53 Sword Fish Club	45.00
9	48392 IAZ	Chan, Ting	50 Hoi Fung	48.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

55-59... (Event 15 Men 50 LC Meter Breaststroke)

1	52063 @^IM	Xu, Yunan	56 New Water Polo	35.00
2	32253 #IAZ	Watt, Kam Sing Michael	56 Fastlane Swimming	35.33
3	42217	Wu, Lewen	58 Sword Fish Club	37.00
4	18856 IAZ	Au, Mun Shing	58 Sword Fish Club	39.00
5	05138	Lanzone, Francesco	55 Barracuda	40.00
6	51283 IAZ	Chan, Shu Hang	59 Hoi Fung	41.00
7	44678 IAZ	Hung, Tin Wai Robert	57 Pacific	44.36
8	40839 IAZ	Leung, Wing Hang Michael	58 Diocesan School	45.00
9	21736 IAM	Lo, Lai Tou	55 Sword Fish Club	48.00
10	45582 @IAO	Reeve, Blair	55 LRC	49.09
11	40840 IAZ	Ng, Ka Yiu Karl	59 Diocesan School	50.00
12	05119 @IAO	Woodring, Merritt Douglas	58 AVO	NT

60-64

1	52294 @^IM	Li, Nongzhan	61 New Water Polo	36.00
2	50511 @^IM	Ye, Huanliang	60 Sword Fish Club	39.00
3	45930 IAZ	Lo, Wing Kwong	62 Sun Yip	40.00
4	52223 @^IM	Li, Jianlin	63 New Water Polo	45.00
5	04512	Wong, Shek Ming	63 New Water Polo	46.00
6	37048 IAZ	Cheung, Wai Chuen Jimmy	60 Sword Fish Club	46.00
7	18872 IAZ	Chan, Kin Chung	62 Wong Tai Sin	46.40
8	50493 #@^IM	Kong, Lingxiong	64 New Water Polo	47.00
9	40861 IAZ	Cheung, Chi Ming Rover	60 Sword Fish Club	50.00
10	36725 IAZ	Yau, Wai	64 Sea Green	52.00
11	41426 IAZ	Tang, Yu Hang Francis	62 Tung Sing	54.00
12	25226 IAZ	Choi, Tai Wing	62 Sword Fish Club	55.00
13	50782 @IAX	Pang, Shu Ming	62 Sea Green	55.00

65-69

1	36553 IAO	Inglis, Peter	69 Hong Kong Footba	40.00
2	50662 @^P	Zong, Cheng	65 Sword Fish Club	40.00
3	14555 @IAX	Tang, Kon Leong	67 Sword Fish Club	42.00
4	03847	Cheung, Kwok Yu	67 Sun Yip	42.00
5	52147 @^IM	Ye, Shuwen	67 Sword Fish Club	45.00
6	52305 @^IM	Yang, Yongrun	65 New Water Polo	47.00
7	06176	Wong, Kung Wan	67 Sea Green	49.00
8	52302 @^IM	He, Jiaming	66 New Water Polo	50.00
9	06388	Lau, Man Kin	69 Sword Fish Club	55.00
10	52274 @^IM	Chen, Haiming	69 Sword Fish Club	58.00

70-74

1	06382	Chan, Kam Por	71 Sword Fish Club	43.00
2	50503 @^IM	Feng, Bingkun	72 Sword Fish Club	45.00
3	05917	Yong, Khin Syn	74 Sword Fish Club	46.00
4	06389	Chan, Hong Wah	70 New Water Polo	49.00
5	20634 IAZ	Wu, Shu Sun	73 New Water Polo	50.00
6	06243	Koo, Choi Fat	73 Wong Tai Sin	50.00
7	22182 IAZ	Ngai, Yin Leung	74 Sword Fish Club	56.00
8	14035	Wong, Shing Kuen	70 Lai Tsun	1:00.00
9	10252	Chow, Eugene	72 Diocesan School	1:01.00

75-79

1	03845	Tin, Sheung Kwai	76 New Water Polo	50.02
2	14029	Ieong, Vun Fai	77 Sword Fish Club	56.00
3	10274	Lau, Chun Nung	77 Lai Tsun	1:05.00

80-84

1	06270	Lam, Luk Kan	82 Sword Fish Club	58.00
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Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

85-89... (Event 15 Men 50 LC Meter Breaststroke)

1 06246 Ling, Wang Yam 86 Wong Tai Sin 1:16.00

Event 16 Women 50 LC Meter Breaststroke

- 18-24 MSR: 35.53
- 25-29 MSR: 36.06
- 30-34 MSR: 35.23
- 35-39 MSR: 34.71
- 40-44 MSR: 34.74
- 45-49 MSR: 34.47
- 50-54 MSR: 37.63
- 55-59 MSR: 38.73
- 60-64 MSR: 47.46
- 65-69 MSR: 50.56

	ID#	Name	Age	Team	Seed Time
18-24					
1	19556 B	Tao, Tsz Kiu	24	Pacific	40.00
2	44284 @ICO	Tanaka, Miu	18	Barracuda	42.00
3	50379 @^ICO	Kuai, Wen	24	Kwun Tong	42.00
4	49847 IAZ	Li, Ka Yu Karen	21	Pacific	47.00
5	16159 IAZ	Cheng, Megan Tszyeuk	24	Hoi Fung	48.00
6	37318 IAO	Chio, Yi Lan	20	Dik Wing	NT
7	28242 IAZ	Hang, Kwan Tung Ruby	21	Dik Wing	NT
8	23105 IAZ	Ho, Cheuk Wai	22	Dik Wing	NT
9	26980 IAZ	Wong, Suet Wing	24	Dik Wing	NT
25-29					
1	50505 #@^IM	Huang, Shaofen	29	New Water Polo	38.00
2	50661 @^P	Wong, Ian Man	29	Sword Fish Club	38.00
3	15442 IBZ	Cheong, Ka Ching	29	Fastlane Swimming	39.00
4	47460 IAZ	Mak, Cheuk Lam	28	New Water Polo	50.00
30-34					
1	52158 @^IM	He, Suichun	34	New Water Polo	40.00
2	06608 B	Shek, Yan Sin	30	New Water Polo	40.00
3	01552 #IBZ	Lai, Hiu Ling	34	Pacific	40.00
4	00085	Yu, Pei En Priscilla	34	Current Club Ltd	42.24
35-39					
1	02685 ICZ	Master, Farah Jimmy	38	Hong Kong Footba	40.00
2	49329 @IAO	Ng, Carmen C M	39	Pacific	41.59
3	43489 @IAXN	Wehl Kwok, Hiu Chin June	37	LRC	53.88
40-44					
1	30072 ICW	Chao, Man Chi	44	New Water Polo	44.16
2	44676 IAZ	Lam, Sze Wai Jacqueline	43	Jockey Club	46.21
3	08977	Ho, Yee Yun Rosalind	44	Current Club Ltd	47.99
4	44929 ICX	Luo, Yan	41	New Water Polo	52.00
5	50515 IAZ	Cheung, Hiu Yan	41	Sword Fish Club	54.00
6	52064 @^IM	Bai, Xue	43	New Water Polo	56.00
45-49					
1	33036 ICO	Coleman, Claire Michelle	45	Fastlane Swimming	40.40
2	40853 @IAO	Tam, Alison Mai Ling	45	Fastlane Swimming	43.00
3	36434 IAZ	Lam, Wing Yan Jada	49	Jockey Club	47.02
4	43157 @ICO	Lee, Chew Ling	46	LRC	49.20
5	51676 @^IM	Li, Fan	47	Sword Fish Club	55.00
6	52278 @^IM	Mo, Yanfei	47	Sword Fish Club	1:00.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

50-54... (Event 16 Women 50 LC Meter Breaststroke)

1	50110 IAZ	Chow, Yin Wei Nora	51 New Water Polo	47.00
2	35982 IAZ	Chang, Wing Man	51 Lai Tsun	49.00
3	27463 IAX	Chen, Yugen	52 New Water Polo	50.00
4	06349	Ip, Oi Wa Wendy	51 Sword Fish Club	54.00
5	49204 IAZ	Cheng, Wai Man	52 Sea Green	55.00
6	43063 @IAO	Wong, Rose	53 LRC	57.89
7	40937 #IAZ	Leung, Wai Fan Fanny	53 South China	1:01.56

55-59

1	08917	Chang, Lai Shan Eliza	55 Kwun Tong	42.00
2	52281 @^IM	Tian, Meilian	58 Sword Fish Club	48.00
3	50509 #@^IM	Guan, Xiuqin	56 New Water Polo	50.00
4	50492 @^IM	Guo, Liyan	58 Sword Fish Club	50.00
5	29752 IAZ	Chow, Yee Heung Liza	59 Lai Tsun	51.00
6	51794 IAZ	Koo, Wai Man Anne	56 Fastlane Swimming	55.00
7	52280 @^IM	Ma, Rong	58 Sword Fish Club	55.00
8	38289 IAZ	Ng, Wai Lin Angie	59 Sword Fish Club	58.00
9	43525	Bao, Haiyan	55 New Water Polo	1:09.00
10	38460 IAZ	Tang, Kit Fong Yvonne	59 New Water Polo	1:10.00

60-64

1	26049 IAZ	Kirkwood, Tain Mhaira	60 LRC	46.00
2	52222 @^P	Wang, Min	61 New Water Polo	48.00
3	51472 @IM	Pang, Yunxiao	60 New Water Polo	50.00
4	51788 @^IM	Li, Yueying	60 Sword Fish Club	51.00
5	41423 IAZ	Chiu, Pauline	61 Tung Sing	52.00
6	22428 IAZ	Lau, Yuk Lin Rocky	61 Sea Green	53.00
7	20640 IAZ	Wong, Fung Yee	63 Sword Fish Club	55.00
8	34668 IAZ	Tang, Pik Ha	63 New Water Polo	55.48
9	51705 IAX	Yip, Wing Sheung	64 New Water Polo	1:10.00

65-69

1	52149 @^IM	Li, Huiling	65 Sword Fish Club	47.00
2	52283 @^IM	Li, Weihua	67 Sword Fish Club	48.00
3	51785 @^IM	Li, Yuemei	67 Sword Fish Club	52.00
4	19290 IAX	Tseung, Nga Wah	66 Sword Fish Club	58.00
5	02711	Fok, Wai Fung	65 Wong Tai Sin	59.43

70-74

1	52218 @^IM	Luo, Yongchang	74 New Water Polo	55.00
2	06147	Leung Wong, Yin Har Hayley	71 Sea Green	1:20.00
3	06212	Lo, Yeuk Shuen	74 Wong Tai Sin	1:30.00

75-79

1	17480 IAZ	Chow, Pui Han Angela	77 Lai Tsun	1:18.00
2	02365	Chow, So Kam	78 Kwun Tong	1:20.00

80-84

1	06374	Wong, Jim	82 Sword Fish Club	1:08.00
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Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

Event 17 Men 4x50 LC Meter Freestyle Relay

- 100-119 MSR: 1:36.96
- 120-159 MSR: 1:40.03
- 160-199 MSR: 1:40.73
- 200-239 MSR: 1:52.52
- 240-279 MSR: 2:02.09
- 280-319 MSR: 2:18.05
- 320-359 MSR: 3:09.80

	Team	Relay	Seed Time
100-119... (Event 17 Men 4x50 LC Meter Freestyle Relay)			
1	New Water Polo Club	M100 A	NT
2	Sword Fish Club	M100 A	NT
3	Diocesan School Old Boys' Ass	M100 A	NT
120-159			
1	Ladies' Recreation Club	M120 A	NT
2	New Water Polo Club	M120 A	NT
3	Sword Fish Club	M120 A	NT
4	Sea Green Swimming & L.S. C	M120 A	NT
5	Fastlane Swimming	M120 A	NT
6	Diocesan School Old Boys' Ass	M120 A	NT
160-199			
1	Wong Tai Sin District L.S. S.	M160 A	2:30.00
2	Barracuda Swimming Club	M160 A	NT
3	Hoi Fung Swimming Club	M160 A	NT
4	Kwun Tong Swimming Club	M160 A	NT
5	Ladies' Recreation Club	M160 A	NT
6	New Water Polo Club	M160 A	NT
7	Sword Fish Club	M160 A	NT
8	Sea Green Swimming & L.S. C	M160 A	NT
9	Fastlane Swimming	M160 A	NT
10	Diocesan School Old Boys' Ass	M160 A	NT
11	Hong Kong Football Club	M160 A	NT
200-239			
1	Sun Yip Swimming Club	M200 A	2:10.00
2	YMCA OF Hong Kong	M200 A	2:10.00
3	Hoi Fung Swimming Club	M200 A	NT
4	Kwun Tong Swimming Club	M200 A	NT
5	Ladies' Recreation Club	M200 A	NT
6	New Water Polo Club	M200 A	NT
7	Sword Fish Club	M200 A	NT
8	Fastlane Swimming	M200 A	NT
9	Diocesan School Old Boys' Ass	M200 A	NT
10	Hong Kong Football Club	M200 A	NT
240-279			
1	Kwun Tong Swimming Club	M240 A	NT
2	Ladies' Recreation Club	M240 A	NT
3	Lai Tsun Swimming Society	M240 A	NT
4	New Water Polo Club	M240 A	NT
5	Sword Fish Club	M240 A	NT
6	Sea Green Swimming & L.S. C	M240 A	NT
7	Fastlane Swimming	M240 A	NT
280-319			
1	Wong Tai Sin District L.S. S.	M280 A	3:10.00

Annual LC Masters Swimming Championships 2023 - 03/12/2023

Psych Sheet

280-319... (Event 17 Men 4x50 LC Meter Freestyle Relay)

2	HK Flying Fish Athletic Assn	M280	A	NT
3	Lai Tsun Swimming Society	M280	A	NT
4	New Water Polo Club	M280	A	NT
5	Sword Fish Club	M280	A	NT

320-359

1	Sword Fish Club	M320	A	NT
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Event 18 Women 4x50 LC Meter Freestyle Relay

100-119 MSR:	1:58.55
120-159 MSR:	1:55.57
160-199 MSR:	1:54.74
200-239 MSR:	2:12.67
240-279 MSR:	2:34.06
280-319 MSR:	2:42.61

	Team	Relay	Seed Time
100-119			
1	New Water Polo Club	W100 A	NT
120-159			
1	Ladies' Recreation Club	W120 A	NT
2	New Water Polo Club	W120 A	NT
3	Pacific Swimming Club	W120 A	NT
4	Sword Fish Club	W120 A	NT
5	Fastlane Swimming	W120 A	NT
160-199			
1	South China Athletic Assn	W160 A	3:00.00
2	Current Club Ltd	W160 A	NT
3	Hoi Fung Swimming Club	W160 A	NT
4	Kwun Tong Swimming Club	W160 A	NT
5	Ladies' Recreation Club	W160 A	NT
6	Lai Tsun Swimming Society	W160 A	NT
7	New Water Polo Club	W160 A	NT
8	Sword Fish Club	W160 A	NT
9	Fastlane Swimming	W160 A	NT
200-239			
1	Tung Sing Athletic Association	W200 A	2:58.00
2	Ladies' Recreation Club	W200 A	NT
3	Lai Tsun Swimming Society	W200 A	NT
4	New Water Polo Club	W200 A	NT
5	Sword Fish Club	W200 A	NT
6	Fastlane Swimming	W200 A	NT
240-279			
1	Ladies' Recreation Club	W240 A	NT
2	New Water Polo Club	W240 A	NT
3	Sword Fish Club	W240 A	NT
280-319			
1	New Water Polo Club	W280 A	NT
2	Sword Fish Club	W280 A	NT