

**2023 – 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION III (PART 1)**

**2023 – 2024 第三組短池分齡游泳比賽第一節**

<b>Date:</b>	16 December 2023 (Saturday)	<b>Venue:</b>	Shing Mun Valley Swimming Pool	城門谷游泳池
<b>Morning Warm up:</b>	0900 - 0945 hours	<b>Morning Session First Event:</b>	1000 hours	
<b>Afternoon Warm Up:</b>	1300 - 1345 hours	<b>Afternoon Session First Event:</b>	1400 hours	

<b>GIRLS 女</b>				<b>BOYS 男</b>	
1	13 & 14 YRS	50M	BREASTSTROKE	蛙泳	2
3	15 - 17 YRS	50M	BREASTSTROKE	蛙泳	4
5	8 YRS & UNDER	50M	BREASTSTROKE	蛙泳	6
7	13 & 14 YRS	100M	BACKSTROKE	背泳	8
9	15 - 17 YRS	100M	BACKSTROKE	背泳	10
11	8 YRS & UNDER	100M	BACKSTROKE	背泳	12
13	13 & 14 YRS	50M	BUTTERFLY	蝶泳	14
15	15 - 17 YRS	50M	BUTTERFLY	蝶泳	16
17	8 YRS & UNDER	50M	BUTTERFLY	蝶泳	18

**BREAK 休息**

19	9 & 10 YRS	50M	BREASTSTROKE	蛙泳	20
21	11 & 12 YRS	50M	BREASTSTROKE	蛙泳	22
23	9 & 10 YRS	100M	BACKSTROKE	背泳	24
25	11 & 12 YRS	100M	BACKSTROKE	背泳	26
27	9 & 10 YRS	50M	BUTTERFLY	蝶泳	28
29	11 & 12 YRS	50M	BUTTERFLY	蝶泳	30

截止註冊日期 CLOSING DATE FOR REGISTRATION: **3 November 2023 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **24 November 2023 (1700 hours)**

**2023 – 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION III (PART 2)**

**2023 – 2024 第三組短池分齡游泳比賽第二節**

**REVISED**

<b>Date:</b>	17 February 2024 (Saturday)	<b>Venue:</b>	Shing Mun Valley Swimming Pool	城門谷游泳池
<b>Morning Warm up:</b>	0900 - 0945 hours	<b>Morning Session First Event:</b>	1000 hours	
<b>Afternoon Warm Up:</b>	1300 - 1345 hours	<b>Afternoon Session First Event:</b>	1400 hours	

**GIRLS 女**

**BOYS 男**

1	13 & 14 YRS	50M	FREESTYLE	自由泳	2
3	15 - 17 YRS	50M	FREESTYLE	自由泳	4
<b>29</b>	<b>8 YRS &amp; UNDER</b>	<b>50M</b>	<b>FREESTYLE</b>	<b>自由泳</b>	<b>30</b>

5	13 & 14 YRS	100M	BREASTSTROKE	蛙泳	6
7	15 - 17 YRS	100M	BREASTSTROKE	蛙泳	8
9	8 YRS & UNDER	100M	BREASTSTROKE	蛙泳	10
11	13 & 14 YRS	50M	BACKSTROKE	背泳	12
13	15 - 17 YRS	50M	BACKSTROKE	背泳	14
15	8 YRS & UNDER	50M	BACKSTROKE	背泳	16

**BREAK 休息**

17	9 & 10 YRS	50M	FREESTYLE	自由泳	18
19	11 & 12 YRS	50M	FREESTYLE	自由泳	20
21	9 & 10 YRS	100M	BREASTSTROKE	蛙泳	22
23	11 & 12 YRS	100M	BREASTSTROKE	蛙泳	24
25	9 & 10 YRS	50M	BACKSTROKE	背泳	26
27	11 & 12 YRS	50M	BACKSTROKE	背泳	28

截止註冊日期 CLOSING DATE FOR REGISTRATION: **5 January 2024 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **26 January 2024 (1700 hours)**

**2023 – 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION III (PART 3)**

**2023 – 2024 第三組短池分齡游泳比賽第三節**

<b>Date:</b>	16 March 2024 (Saturday)	<b>Venue:</b>	Shing Mun Valley Swimming Pool	城門谷游泳池
<b>Morning Warm up:</b>	0900 - 0945 hours	<b>Morning Session First Event:</b>	1000 hours	
<b>Afternoon Warm Up:</b>	1300 - 1345 hours	<b>Afternoon Session First Event:</b>	1400 hours	

<b>GIRLS 女</b>					<b>BOYS 男</b>
1	13 & 14 YRS	100M	FREESTYLE	自由泳	2
3	15 - 17 YRS	100M	FREESTYLE	自由泳	4
5	8 YRS & UNDER	100M	FREESTYLE	自由泳	6
7	13 & 14 YRS	100M	IND. MEDLEY	個人四式	8
9	15 - 17 YRS	100M	IND. MEDLEY	個人四式	10
11	8 YRS & UNDER	100M	IND. MEDLEY	個人四式	12
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<b>BREAK 休息</b>					
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13	9 & 10 YRS	100M	FREESTYLE	自由泳	14
15	11 & 12 YRS	100M	FREESTYLE	自由泳	16
17	9 & 10 YRS	100M	IND. MEDLEY	個人四式	18
19	11 & 12 YRS	100M	IND. MEDLEY	個人四式	20

截止註冊日期      CLOSING DATE FOR REGISTRATION:      **2 February 2024 (1700 hours)**

截止報名日期      CLOSING DATE FOR ENTRIES:      **23 February 2024 (1700 hours)**