

**2022 – 2023 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION III (PART 2)**

**2022 – 2023 第三組短池分齡游泳比賽第二節**

**Date:** 28 January 2023 (Saturday)

**Venue:** Shing Mun Valley Sw. Pool  
城門谷游泳池

**Morning Warm up:** No Warm up session 不設熱身

**Morning Session First Event:** 09:00 hours

**Afternoon Warm Up:** No Warm up session 不設熱身

**Afternoon Session First Event:** 14:00 hours

**GIRLS 女**

**BOYS 男**

3	15 - 17 YRS	50M	FREESTYLE	自由泳	4
7	15 - 17 YRS	100M	BREASTSTROKE	蛙泳	8
9	8 YRS & UNDER	100M	BREASTSTROKE	蛙泳	10
13	15 - 17 YRS	50M	BACKSTROKE	背泳	14
15	8 YRS & UNDER	50M	BACKSTROKE	背泳	16

**13-14歲組登記入場：上午10時20分 開始**  
**Registration starts for Age 13-14 at around 10:20 am**

**13-14歲組比賽開始：上午11時10分**  
**Age 13-14 First Event starts at around 11:10 am**

1	13 & 14 YRS	50M	FREESTYLE	自由泳	2
5	13 & 14 YRS	100M	BREASTSTROKE	蛙泳	6
11	13 & 14 YRS	50M	BACKSTROKE	背泳	12

**BREAK 休息**

**9-10歲組登記入場：下午1時正 開始**  
**Registration starts for Age 9-10 at around 1:00 pm**

**9-10歲組比賽開始：下午2時正**  
**Age 9-10 First Event starts at around 2:00 pm**

17	9 & 10 YRS	50M	FREESTYLE	自由泳	18
21	9 & 10 YRS	100M	BREASTSTROKE	蛙泳	22
25	9 & 10 YRS	50M	BACKSTROKE	背泳	26

**11-12歲組登記入場：下午4時正 開始**  
**Registration starts for Age 11-12 at 4:00 pm**

**11-12歲組比賽開始：下午5時正**  
**Age 11-12 First Event starts at 5:00 pm**

19	11 & 12 YRS	50M	FREESTYLE	自由泳	20
23	11 & 12 YRS	100M	BREASTSTROKE	蛙泳	24
27	11 & 12 YRS	50M	BACKSTROKE	背泳	28

截止註冊日期 CLOSING DATE FOR REGISTRATION: **16 December 2022 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **6 January 2023 (1700 hours)**