

Programme

比賽賽程



HONG KONG AMATEUR SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

Hong Kong Open Swimming Championships 2019

二零一九年香港公開游泳錦標賽

9 - 11 August 2019 (Fri - Sun)

二零一九年八月九至十一日(星期五至日)

Victoria Park Swimming Pool

維多利亞公園游泳池

Address: 1 Hing Fat Street, Causeway Bay, Hong Kong

香港銅鑼灣興發街一號



Subvented by: LCSD

贊助機構
Sponsored by:

大會指定蒸餾水
Official Distilled Water:

大會指定運動飲品
Official Sports Drink:



**2019-2020 Hong Kong Open Swimming Championship
Entry Information**

No. of Entries by Event		
Event #	Event Name	Entries
37	Mixed 4x100 Medley Relay	7
1	Women 800 Freestyle	24
38	Mixed 4x100 Freestyle Relay	7
2	Men 1500 Freestyle	23
3	Women 200 Freestyle	35
4	Men 100 Freestyle	53
5	Women 100 Breaststroke	46
6	Men 50 Breaststroke	56
7	Women 100 Butterfly	39
8	Men 400 IM	15
9	Women 50 Backstroke	32
10	Men 100 Backstroke	50
11	Women 200 IM	17
12	Men 200 Butterfly	25
13	Women 50 Freestyle	69
14	Men 400 Freestyle	28
15	Women 200 Backstroke	15
16	Men 200 Breaststroke	50
17	Women 4x100 Medley Relay	8
18	Men 4x100 Medley Relay	10
19	Women 100 Freestyle	51
20	Men 50 Butterfly	63
21	Women 50 Breaststroke	47
22	Men 200 Freestyle	50
23	Women 400 IM	13
24	Men 100 Breaststroke	56
25	Women 100 Backstroke	31
26	Men 100 Butterfly	40
27	Women 200 Butterfly	13
28	Men 50 Backstroke	59
29	Women 400 Freestyle	24
30	Men 200 IM	37
31	Women 200 Breaststroke	34
32	Men 50 Freestyle	64
33	Women 50 Butterfly	60
34	Men 200 Backstroke	25
35	Women 4x100 Freestyle Relay	7
36	Men 4x100 Freestyle Relay	10

1293

Entry information by day	
Day / Session	No. of Entries
Day 1	61
Day 2	548
Day 3	684

1293

Event List for Hong Kong Open Swimming Championships 2019
二零一九年香港公開游泳錦標賽 - 項目表

Venue 場地: Victoria Park Swimming Pool
維多利亞公園游泳池

Date 日期: 9-10 August 2019 (星期五至六)

Day 1 第一日						
Warmup: 17:00-17:45 Hrs			Start:18:00 Hrs			
Women 女	Event 項目					Men 男
QT	QT					
37	04:54.00	Mixed Medley Relay 混合四式接力	4x100M			
1	09:50.29	Freestyle 自由泳	800M			
38	04:33.07	Mixed Freestyle Relay 混合自由接力	4x100M			
			1500M	Freestyle 自由泳	18:35.64	2

Day 2 第二日						
AM Warmup: 08:00-08:45 Hrs			Start:09:00 Hrs			
PM Warmup: 14:30-15:15 Hrs			Start:15:30 Hrs			
3	02:22.31	Freestyle 自由泳	200M			
			100M	Freestyle 自由泳	00:57.55	4
5	01:25.13	Breaststroke 蛙泳	100M			
			50M	Breaststroke 蛙泳	00:33.49	6
7	01:13.26	Butterfly 蝶泳	100M			
			400M	Ind. Medley 個人四式	05:20.71	8
9	00:34.89	Backstroke 背泳	50M			
			100M	Backstroke 背泳	01:09.08	10
11	02:38.84	Ind. Medley 個人四式	200M			
			200M	Butterfly 蝶泳	02:25.98	12
13	00:30.01	Freestyle 自由泳	50M			
			400M	Freestyle 自由泳	04:34.03	14
15	02:37.67	Backstroke 背泳	200M			
			200M	Breaststroke 蛙泳	02:45.08	16
17	04:54.00	Medley Relay 四式接力	4x100M	Medley Relay 四式接力	04:26.84	18

截止註冊日期 CLOSING DATE FOR REGISTRATION: **28 June 2019 (Friday)**
截止報名日期 CLOSING DATE FOR ENTRIES: **19 July 2019 (Friday)**

二零一九年香港公開游泳錦標賽 比賽章程 (本地適用)

日期：	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%; border-right: 1px solid black; padding: 5px;"> 第一日 09/08/19 (五) 熱身：1700-1745 比賽開始：1800 </td> <td style="width: 33%; border-right: 1px solid black; padding: 5px;"> 第二日 10/08/19 (六) 熱身：0800-0845 比賽開始：0900 熱身：1430-1515 比賽開始：1530 </td> <td style="width: 33%; padding: 5px;"> 第三日 11/08/19 (日) 熱身：0800-0845 比賽開始：0900 熱身：1430-1515 比賽開始：1530 </td> </tr> </table>	第一日 09/08/19 (五) 熱身：1700-1745 比賽開始：1800	第二日 10/08/19 (六) 熱身：0800-0845 比賽開始：0900 熱身：1430-1515 比賽開始：1530	第三日 11/08/19 (日) 熱身：0800-0845 比賽開始：0900 熱身：1430-1515 比賽開始：1530
第一日 09/08/19 (五) 熱身：1700-1745 比賽開始：1800	第二日 10/08/19 (六) 熱身：0800-0845 比賽開始：0900 熱身：1430-1515 比賽開始：1530	第三日 11/08/19 (日) 熱身：0800-0845 比賽開始：0900 熱身：1430-1515 比賽開始：1530		
地點：	維多利亞公園游泳池			
報名條件：	<ul style="list-style-type: none"> ✧ 所有參賽者必須為香港業餘游泳總會正式註冊的 2019-2020 年度(SW 組別) 泳員，並於比賽截止報名前廿一日註冊。 ✧ 泳員須達到標準時間方可參加比賽。 ✧ 首次報名參與公開游泳錦標賽而未能提交本會舉辦認可游泳賽事的成績證明，必須以該項的達標時間報名。 			
報名：	<ul style="list-style-type: none"> ✧ 不正確及未達標泳員的報名資料，將不獲受理，報名費概不發還。 ✧ 截止後的報名將不獲受理。 <p><u>本地組個人項目</u></p> <ul style="list-style-type: none"> ✧ 每名泳員可參加不多於四項個人項目。 ✧ 如泳員在比賽前或比賽後被發現參加多於指定數量，本會將取消該泳員最後一項的項目或成績。 ✧ *每項報名費為港幣\$15 元正。 ✧ 所有以達標時間(“QT”)報名的項目一律為港幣\$15+港幣\$40, 即港幣\$55 元正 <p><u>本地組屬會接力項目</u></p> <ul style="list-style-type: none"> ✧ 每個屬會只可派一隊參加每項接力。 ✧ *每項報名費為港幣\$15 元正。 ✧ 所有以達標時間(“QT”)報名的項目一律為港幣\$15+港幣\$40, 即港幣\$55 元正 <p>*支票請劃線，抬頭寫 HKASA。</p>			
截止註冊：	二零一九年六月二十八日 (星期五) (1700 小時)			
截止報名：	二零一九年七月十九日(星期五) (1700 小時)			
項目及參賽標準：	請參閱項目表 (附達標時間)。			
規則：	<ul style="list-style-type: none"> ✧ 賽事分本地組及國際組，兩組的所有泳員將依提交的報名時間安排線道並一同作賽。 ✧ 首天賽事以時間定名次，次天與第三天賽事上午與下午的項目次序相同，上午為初賽，下午為決賽。 ✧ 八個或少於八個泳員報名的項目於下午舉行。 ✧ 本地組的名次決定如下： <ul style="list-style-type: none"> - 先按上午賽果排列名次。 - 進入決賽的達標本地泳員/泳隊以決賽成績再排名次。 - 無論如何，進入決賽的本地泳員/泳隊所獲之最後名次必比沒有進入決賽者為高。 ✧ 合資格進入下午決賽的第九及第十名後備泳員/泳隊須於下午決賽前到召集處報到。如欲棄權，必須於指定時間內遞交棄權表格。 ✧ 比賽將採用國際泳聯及泳總規則。 			

	<ul style="list-style-type: none"> ✧ 上午成績未能達到參賽標準之泳員/屬會將不獲計分，其屬會/團體將被扣三分。 ✧ 在決賽項目中，成績未能達到參賽標準之泳員將不獲獎牌，其個人/屬會/團體不會被扣分。(直入決賽項目例外。) ✧ 屬會於接力項目未能達到參賽標準，將每項被扣六分。(初賽已達標例外) ✧ 沒有遞交棄權表格而「缺席」比賽者，其個人及屬會/團體將被扣三分。 ✧ 接力名單須於每節開賽三十分鐘前遞交。 ✧ 所有初賽棄權須於首天比賽一日(工作天)前中午十二時或之前遞交。 ✧ 決賽棄權須於<u>每項初賽成績</u>公佈後三十分鐘內遞交。 ✧ 泳員申請分段時間紀錄須於每節開賽前 30 分鐘遞交申請表連同港幣\$300元正予總裁判。任何情況下，所繳費用概不發還。 ✧ 運動員轉會：轉會競賽運動員在成功轉會日起一年內代表新屬會參與所有計分的比賽中所得的分數(不論個人或接力項目)將不會被計算至新屬會的團體總分。 ✧ 每項初賽「缺席」的罰款為港幣\$120 元正。 ✧ 每項決賽「缺席」的罰款為港幣\$120 元正。 ✧ 不達標項目的每項罰款為港幣\$120 元正
<p>獎項及計分方法：</p>	<p>✧ 本地組將獲發下列獎項：</p> <p><u>團體獎項：</u></p> <ul style="list-style-type: none"> ✧ 團體總冠軍、亞軍及季軍 ✧ 男、女子團體總冠軍、亞軍、季軍 <p><u>個人獎項：</u></p> <ol style="list-style-type: none"> 1. 個人項目首三名將獲發獎牌。 2. <u>最高積分獎</u> <ul style="list-style-type: none"> ✧ 男、女泳員各一名。 ✧ 最高積分獎頒發給是次比賽中得最高積分者，積分計算方法見附表。 ✧ 如得分相同，優勝將以金、銀、銅牌數量來定奪。(接力項目除外) 如得分仍相同，則以其所破紀錄計算：香港紀錄得 5 分，大會紀錄 3 分。 2. <u>最佳男、女子泳員獎</u> <ul style="list-style-type: none"> ✧ 頒發給在香港長池得分表中達到最高分(計至小數後兩個位)的泳員。(如得分相同，優勝將以下一個最高得分的參賽項目來定奪) ✧ 破香港紀錄的本地泳員獲頒發特別獎。
<p>上訴：</p>	<ul style="list-style-type: none"> ✧ 任何上訴須以書面提出，並須在該項目比賽後三十分鐘內，連同上訴費港幣\$300元遞交予總裁判。 ✧ 上訴交由該比賽之上訴委員會作決定。 ✧ 若上訴被駁回，已繳費用概不發還。
<p>運動禁藥管制：</p>	<ul style="list-style-type: none"> ✧ 比賽大會設有運動禁藥檢測，有關工作由香港運動禁藥委員會根據該委員會的運動禁藥條例執行。大會有權挑選任何參賽運動員接受藥檢。被挑選運動員須在監察下提供尿液樣本或/及血液樣本。拒絕提供樣本或檢測結果呈陽性均屬違反運動禁藥規條，處分可包括： <ol style="list-style-type: none"> 1. 取消比賽成績 2. 停賽

	<p>停賽期間不可以用任何身份(包括作為出賽運動員、教練、領隊、裁判等)參與比賽及體育活動</p> <p>3. 罰款港幣\$20,000</p> <p>4. 身份及違例詳情被公佈</p> <p>5. 其他適用處分</p> <p>◇ 參賽運動員應細閱並了解在香港運動禁藥委員會官方網頁(www.antidoping.hk)中的運動禁藥規條及資訊。根據嚴格責任原則，運動員須對存在於其體內的任何物質負責，「不知情」並不可用作陽性個案的抗辯理由。如有任何疑問，請聯絡香港運動禁藥委員會。</p>
--	---

計分表

名次	1	2	3	4	5	6	7	8
個人/團體	11	7	6	5	4	3	2	1
接力	22	14	12	10	8	6	4	2

HONG KONG OPEN SWIMMING CHAMPIONSHIPS 2019

Rules & Regulations (Local)

Date	<u>Day 1 09/08/19 (Fri)</u> Warm Up: 1700-1745 Start: 1800	<u>Day 2 10/08/19 (Sat)</u> Warm Up: 0800-0845 Start: 0900 Warm Up: 1430-1515 Start: 1530	<u>Day 3 11/08/19 (Sun)</u> Warm Up: 0800-0845 Start: 0900 Warm Up: 1430-1515 Start: 1530
Venue	Victoria Park Swimming Pool		
Entry Conditions	<ul style="list-style-type: none"> ❖ All competitors must be 2019/20 registered swimmers (SW) of HKASA and register to HKASA at least <u>21 days</u> prior to the closing date of entries. ❖ Swimmers should reach qualifying standard. ❖ For all new entries for any event entered with no proven result, qualify time for individual event shall be used as entry time. 		
Entries	<ul style="list-style-type: none"> ❖ Entries must be submitted with HKASA master entry forms & fees. Incomplete / Incorrect information will be rejected and fees paid will not be refunded. ❖ Late entries will not be accepted. <p style="text-align: center;"><u>Local Individual Events</u></p> <ul style="list-style-type: none"> ❖ Each swimmer is limited to no more than 4 individual events. ❖ In case of any swimmer entering number of events in excess of the entry quota, HKASA will have the sole discretion to scratch or cancel the swimmer's last entry event at any point of time. ❖ *HK\$15 per individual event. ❖ * HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time ("QT") entry <p style="text-align: center;"><u>Local Club Relay Events</u></p> <ul style="list-style-type: none"> ❖ Each club may enter one team in each relay event. ❖ *HK\$15 per team per relay event. ❖ HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time ("QT") entry <p>*Paid by cheque. Crossed cheque made payable to 'HKASA'.</p>		
Closing Date for Registration	<u>28 June 2019 (Fri)</u> <u>(1700 hrs)</u>	Closing Date for Entries	<u>19 July 2019 (Fri) (1700 hrs)</u>
Event list / Qualifying Standards	Please see attached event list (With Qualifying Time)		

<p>Rules</p>	<ul style="list-style-type: none"> ❖ The Championships consist of Local and International races. All swimmers from both categories will be seeded according to the submitted entry times and will compete together. ❖ First day of the competition is Timed-final, the morning and the afternoon sessions of the second and third day of the competition are in the same event order. Morning session of the competition is for preliminary, afternoon session will be finals. ❖ Events with 8 or less swimmers will proceed to the afternoon session. ❖ Result ranking of Local Race: <ul style="list-style-type: none"> - Rank according to the results gained in the morning session. - Local swimmers entered final (first eight qualified swimmers in the morning session) will rank according to the results gained in the afternoon final session. - Anyhow, swimmers who entered Finals will rank higher than swimmers who did not enter the Finals. ❖ Reserve swimmers in the final list (9th & 10th place in the morning session) shall report to the marshalling area before the start of the each respective event. <u>Scratch is required.</u> ❖ Name list of the Finals will announce shortly after the morning session. ❖ FINA and HKASA rules apply. ❖ Swimmers who fail to reach the respective qualifying times in the morning session will not be counted for points regardless of placing. Three points will be deducted from their respective club/team points in each case. ❖ Swimmers not meeting the qualifying times in the Finals will not be awarded medals. No Individual/Club/team points will be deducted (Except Straight Final Events). ❖ Six points will be deducted in each case when clubs fail to reach the respective qualifying times in relay events. (Except those qualified in the morning) ❖ Three points will be deducted from individual/clubs'/teams' total score for each "no show". ❖ Name list with registration number of Relay must be submitted 30 minutes before the scheduled start time of each session. ❖ <u>All Scratch for heats must be submitted on or before 1200 noon one working day before the first event day.</u> ❖ A competitor or team not wishing to take part in final in which qualification was earned shall withdraw within 30 minutes following the announcement of each prelim result. ❖ Application for Split Time Record: swimmers who apply for split time record should submit application form with application fee of HK\$300 to the Referee 30 minutes before the start of each session. Fee paid will not be refunded in any case. ❖ Swimmers' Club Transfer: Upon compliance with rules in relation to Registration of Club Transfer under Registration of Athletes, the requesting Athlete (as defined
---------------------	--

	<p>therein) can after the 1 month suspension period represent the new club in any meets but no point will be counted towards the new club's total scores for any event (whether individual or relay event) for 1 years from the first effective day of the completed Club Transfer.</p> <ul style="list-style-type: none"> ❖ <u>A fine of \$120 will be charged for each “no show” of heats.</u> ❖ <u>A fine of \$120 will be charged for each “no show” of finals.</u> ❖ A fine of \$120 will be charged for each “not qualified”
<p>Awards and Calculation of Points</p>	<p>The following awards will be awarded:</p> <ul style="list-style-type: none"> ❖ Awards for Clubs / Teams: <ul style="list-style-type: none"> -Overall Champion, 1st runners up and 2nd runners up. -Overall Men & Women Champion, 1st runners up and 2nd runners up. ❖ Awards for Swimmers: <ul style="list-style-type: none"> - Medals will be awarded to 1st, 2nd and 3rd places. ❖ Awards for High Point Winners: (Overall Boy/Overall Girl) <ul style="list-style-type: none"> - High point winner trophies will be awarded to those swimmers accumulating the highest points in their events using the point score set out below. - In case of a tie, the winner will be determined by the no. of the medals (Relay events excluded) obtained in the following sequences i.e. gold, silver and bronze and finally the no. of records obtained with the following scoring method: HK Record: 5 Points, Meet Record: 3 Points. ❖ Awards for Outstanding Swimmers: (Overall Boy/Overall Girl) <ul style="list-style-type: none"> - Awarded to swimmers scoring the highest point (calculated to 2 decimal places) on the HK Point score table during the Championships. - In case of a tie, the winner will be determined by the second highest scored event obtained. ❖ Special awards will be presented to swimmers who break Hong Kong records.
<p>Protest</p>	<ul style="list-style-type: none"> ❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with an appeal fee of HK\$300. ❖ Protest will be forward to the Appeal Board of such competition for decision. ❖ If the protest is rejected, fee paid will be forfeited.
<p>Anti-Doping Test</p>	<ul style="list-style-type: none"> ❖ Doping tests will be conducted at this event. The Hong Kong Anti-Doping Committee (HKADC) will conduct the tests in accordance to the HKADC Anti-Doping Rules. Any participating athletes could be selected for doping tests and be requested to provide urine and/or blood sample under witness. Sanctions for Anti-Doping Rules violation, such as refusal to providing sample or returning of positive test results, may include: <ol style="list-style-type: none"> 1. Disqualification of results achieved at the event 2. Ineligibility in sport <p>During the period of ineligibility, the individual is not allowed to participate in any capacity (including but not limited to competing athlete, coach, team official,</p>

	<p>judge etc.) in competitions or other sporting activities.</p> <p>3. Financial sanction of HK\$20,000</p> <p>4. Public disclosure of athlete's identity and details of the violation</p> <p>5. Any other applicable sanctions.</p> <p>❖ Athletes should read and understand the anti-doping regulations and information available on the official webpage of HKADC (www.antidoping.hk). According to the Strict Liability Principle, athlete is responsible for what could be found in his/her body. Ignorance could not be used as an excuse for a positive test. If there are any uncertainties, please contact HKADC.</p>
--	---

POINT SCORING

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Club & Individual	11	7	6	5	4	3	2	1
Relay	22	14	12	10	8	6	4	2

	<p>隊伍將直入決賽。</p> <ul style="list-style-type: none"> ◇ 每個外來團隊 / 國家最多只可以有兩位泳員進入決賽。 ◇ 所有外來團隊 / 國家最多只可以有三位泳員進入決賽。 ◇ 後備泳員 (初賽第九及第十名) 在決賽召集時，應向召集處報到。如欲棄權，必須於指定時間內遞交棄權表格。 ◇ 接力名單須於每節開賽三十分鐘前遞交。 ◇ 所有初賽棄權須於首天比賽一日(工作天)前中午十二時或之前遞交。 ◇ 決賽之棄權表格須於每項初賽成績公報後三十分鐘內遞交。
上訴：	<ul style="list-style-type: none"> ◇ 任何上訴須以書面提出，並須在該項比賽後三十分鐘內，連同上訴費港幣\$300 元遞交予總裁判。 ◇ 上訴會交由上訴委員會作決定。 ◇ 若上訴被駁回，已繳費用概不發還。

計分表

名次	1st	2nd	3rd	4th	5th	6th	7th	8th
團隊及個人	11	7	6	5	4	3	2	1
接力	22	14	12	10	8	6	4	2

HONG KONG OPEN SWIMMING

CHAMPIONSHIPS 2019

Master Information for Overseas Teams

Date	<table border="0"> <tr> <td><u>Day 1 09/08/19 (Fri)</u></td> <td><u>Day 2 10/08/19 (Sat)</u></td> <td><u>Day 3 11/08/19 (Sun)</u></td> </tr> <tr> <td>Warm Up:1700-1745</td> <td>Warm Up: 0800-0845</td> <td>Warm Up: 0800-0845</td> </tr> <tr> <td>Start: 1800</td> <td>Start: 0900</td> <td>Start: 0900</td> </tr> <tr> <td></td> <td>Warm Up: 1430-1515</td> <td>Warm Up: 1430-1515</td> </tr> <tr> <td></td> <td>Start: 1530</td> <td>Start: 1530</td> </tr> </table>	<u>Day 1 09/08/19 (Fri)</u>	<u>Day 2 10/08/19 (Sat)</u>	<u>Day 3 11/08/19 (Sun)</u>	Warm Up:1700-1745	Warm Up: 0800-0845	Warm Up: 0800-0845	Start: 1800	Start: 0900	Start: 0900		Warm Up: 1430-1515	Warm Up: 1430-1515		Start: 1530	Start: 1530
<u>Day 1 09/08/19 (Fri)</u>	<u>Day 2 10/08/19 (Sat)</u>	<u>Day 3 11/08/19 (Sun)</u>														
Warm Up:1700-1745	Warm Up: 0800-0845	Warm Up: 0800-0845														
Start: 1800	Start: 0900	Start: 0900														
	Warm Up: 1430-1515	Warm Up: 1430-1515														
	Start: 1530	Start: 1530														
Venue	Victoria Park Swimming Pool															
Entry Conditions	❖ All competitors & Teams must be registered swimmers 2019-2020 of their respective National Swimming Federation.															
Entries	<p>❖ Please complete the attached Preliminary form and Master Entry Form. Entries must be submitted along with master entry forms (see attachment).</p> <p>❖ Entry time must be submitted. Entry without entry time will not be accepted.</p> <p><u>Individual Events</u></p> <p>❖ Each swimmer is limited to no more than 4 individual events.</p> <p><u>Relay Events</u></p> <p>❖ Each team / country is limited to 1 team in each event.</p> <p>In case of any swimmer entering number of events in excess of the entry quota, HKASA will have the sole discretion to scratch or cancel the swimmer's last entry event at any point of time.</p>															
Fees	Registration fee will be \$300 per person. Entry fees shall be paid on or before the start of first day competition.															
Closing Date for Entries	<u>19 July 2019 (1700 hrs)</u>															
Events & Qualifying Standards	Please see attached event list (with Qualifying Time).															
Awards and Points System	<p><u>Individual Awards for Swimmers:</u></p> <p>i) Medals will be awarded to first three places in each event.</p> <p>ii) Awards for Outstanding Swimmers (Overall Boy/Overall Girl)</p> <p>- Awarded to swimmers scoring the highest point (calculated to 2 decimal places) on the HK Point score table during the Championships.</p> <p>In case of a tie, the winner will be determined by the second highest scored event obtained.</p>															

Rules	<ul style="list-style-type: none"> ❖ FINA rules will apply. ❖ Heats in the morning session and finals in the afternoon session are in the same event order. 800M/1500M Free in the first day of the competition will be timed final. ❖ Swimmers must meet the qualifying time during the heats in order to enter the final. ❖ Events with 8 or less swimmers/teams will proceed to straight final in the afternoon session. ❖ The maximum No. of swimmers in the final should not be more than 2 for each overseas team / country. ❖ The total No. of swimmers from overseas team / country in each final will be capped at 3. ❖ Reserve swimmers/teams in the final list (9th & 10th place in the morning session) of respective final events shall report to the marshal in final. Scratch is required. ❖ Relay Name List must be submitted 30 minutes before the scheduled start time of each session. ❖ <u>All Scratch for heats must be submitted on or before 1200 noon one working day before the first event day.</u> <ul style="list-style-type: none"> ❖ Scratch for Final shall be made within 30 minutes following the announcement of each prelim result.
Protest	<ul style="list-style-type: none"> ❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with an appeal fee of HK\$300. ❖ Protest will be forwarded to the Appeal Board of such competition for final decision. ❖ If the protest is rejected, fee paid will be forfeited to HKASA.

POINT SCORING

Placing	1st	2nd	3rd	4th	5th	6th	7th	8th
Individual	11	7	6	5	4	3	2	1
Relay	22	14	12	10	8	6	4	2

熱身安全守則

運動員及教練必須於所有本會舉辦之游泳比賽中，遵守以下熱身安全守則：

普通熱身安全守則

由熱身時間開始至熱身完結前十五分鐘期間，以下普通熱身安全守則將會執行：

- 1) 所有泳道只開放用作一般熱身之用
- 2) 泳員只能以腳入水方式落水。
- 3) 泳員只能以循環游泳方式熱身，不可以從跳台或泳池邊起跳
- 4) 泳員於熱身後須儘快離開泳道以讓其他泳員能有充足時間進行熱身。泳員更不可於泳池內逗留或嬉戲
- 5) 泳員須於起點及終點兩旁離開泳池，當泳員穿越泳道時應於泳線下越過並應儘速離開水面，不得潛泳

衝刺及起跳熱身安全守則

由熱身完結前十五分鐘至熱身完結期間，以下衝刺及起跳熱身安全守則將會執行：

- 1) 一般情況下，最外圍兩條泳道(左右各一)將開放用作起跳及衝刺練習。其他泳道仍只用作普通熱身之用。以一個標準泳池作舉例，泳道 0 及 9 將開放予泳員用作衝刺及起跳練習。
- 2) 泳員必須於練習完畢後儘速離開
- 3) 衝刺泳道將劃分為兩部份(五十米池)，由起點起計二十米及由終點起計二十米
- 4) 衝刺泳道用作予泳員於指定時段及泳道從跳台或水中起跳。泳員只能以單向方式前進。泳員必須於教練監察下作衝刺及起跳練習
- 5) 進行背泳練習之泳員須留意沒有其他泳員於跳台上同時準備起跳。如有背泳泳員準備起跳，等候中泳員不應踏上跳台

除以上守則以外，泳員須留意及遵守大會或總裁判現場有關熱身時段安排之宣佈

教練應注意以下事項:

只有泳總註冊教練方能於熱身時間期間在池面逗留，並須佩戴泳總註冊教練證於當眼處。總裁判及泳總職員將於熱身期間進行檢查，未能出示泳總註冊教練證之人仕將不能於池面逗留並須立即離開。**未合符註冊資格的教練可申請進入池面許可證。**

- 1) 佩戴泳總註冊教練證於當眼處
- 2) 指導泳員遵守安全指引及熱身注意事項
- 3) 於泳員熱身期間積極監察其安全及活動
- 4) 盡量與泳員保持良好溝通

WARM UP RULES

The following general pool procedures for the **MAIN COMPETITION POOL** must be observed throughout the warm up sessions in every HKASA swimming competition:

GENERAL Warm-up procedure

From the beginning to 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) All lanes can be used for general warm-up.
- 2) Swimmers must enter the pool feet first. NO DIVING is allowed
- 3) Lap Swimming only.
- 4) Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers to have adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 5) Swimmers are recommended to cross lanes at the side of Starting or Turning End. They should not swim under water when crossing the lane and should break to the surface as soon as possible.

Sprint and Start practice Warm-up procedure

From 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) In general, the outermost lane(s) should be used for race starts and sprint purpose, the remaining lanes for general warm-up. For instance, for a standard pool, lanes 0 and 9 would be reserved as Sprints Lanes for swimmers to have race starts and sprint practice.
- 2) Swimmers must leave the sprint lanes immediately after practice.
- 3) Sprints lanes will be split into two ends in standard 50m pool, 20m from the Starting end and 20m from the turning end of the pool.
- 4) Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- 5) Backstrokers should ensure that they are not starting at the same time while a swimmer is on the block. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.

In addition to the procedures above please be aware of announcements to determine lane usage throughout the meet, as usage may vary at the discretion of the Referee.

Coaches are responsible for the following:

Only Registered Coaches of HKASA are allowed to stay at the pool deck during warm-up time. Registered Coaches are required to wear the Coach Registration Card conspicuously when staying at the pool deck during warm up session. They should process and present the Coach Registration Card to the Referee and designated HKASA staff thereat for validation. Those who fail to process and present the Coach Registration Card will **not** be permitted to stay at the pool deck. Pool deck entry application is available for coaches who are not eligible to register with HKASA.

- 1) Wearing the Coach Registration Card conspicuously
- 2) Instructing swimmers regarding safety guidelines and warm-up procedures.
- 3) Actively supervising their swimmers throughout the warm-up sessions.
- 4) Maintaining as much contact with their swimmers as possible.



FINA A & B Qualifying Time Standards

Men's Standard

Women's Standard

OQT / A 2 Entries	OST / B 1 Entry	Event	OQT / A 2 Entries	OST / B 1 Entry
22.01	22.67	50m Freestyle	24.77	25.51
48.57	50.03	100m Freestyle	54.38	56.01
1:47.02	1:50.23	200m Freestyle	1:57.28	2:00.80
3:46.78	3:53.58	400m Freestyle	4:07.90	4:15.34
7:54.31	8:08.54	800m Freestyle	8:33.36	8:48.76
15:00.99	15:28.02	1500m Freestyle	16:32.04	17:01.80
53.85	55.47	100m Backstroke	1:00.25	1:02.06
1:57.50	2:01.03	200m Backstroke	2:10.39	2:14.30
59.93	1:01.73	100m Breaststroke	1:07.07	1:09.08
2:10.35	2:14.26	200m Breaststroke	2:25.52	2:29.89
51.96	53.52	100m Butterfly	57.92	59.66
1:56.48	1:59.97	200m Butterfly	2:08.43	2:12.28
1:59.67	2:03.26	200m Individual Medley	2:12.56	2:16.54
4:15.84	4:21.46	400m Individual Medley	4:38.53	4:46.89

Relays:

Men

Women

Freestyle: 4x100m, 4x200m,
Medley: 4x100m

4x100m, 4x200m
4x100m

Mixed: 4x100m Medley

* One (1) Relay per Federation – Maximum 16 Teams

Qualifying period - Individual entries: 1st March 2019 – 29th June 2020
Qualifying period – Relay entries: 1st March 2019 – 22nd May 2020
(only at FINA approved events)

Hong Kong Swimming Point Score 2019 (LC)

Men

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	21.72	47.93	1:45.32	3:45.11	7:44.00	14:53.60	24.76	53.45	1:56.63
99	1.01	21.94	48.41	1:46.37	3:47.36	7:48.64	15:02.54	25.01	53.98	1:57.80
98	1.02	22.15	48.89	1:47.43	3:49.61	7:53.28	15:11.47	25.26	54.52	1:58.96
97	1.03	22.37	49.37	1:48.48	3:51.86	7:57.92	15:20.41	25.50	55.05	2:00.13
96	1.04	22.59	49.85	1:49.53	3:54.11	8:02.56	15:29.34	25.75	55.59	2:01.30
95	1.05	22.81	50.33	1:50.59	3:56.37	8:07.20	15:38.28	26.00	56.12	2:02.46
94	1.06	23.02	50.81	1:51.64	3:58.62	8:11.84	15:47.22	26.25	56.66	2:03.63
93	1.07	23.24	51.29	1:52.69	4:00.87	8:16.48	15:56.15	26.49	57.19	2:04.79
92	1.08	23.46	51.76	1:53.75	4:03.12	8:21.12	16:05.09	26.74	57.73	2:05.96
91	1.09	23.67	52.24	1:54.80	4:05.37	8:25.76	16:14.02	26.99	58.26	2:07.13
90	1.10	23.89	52.72	1:55.85	4:07.62	8:30.40	16:22.96	27.24	58.80	2:08.29
89	1.11	24.11	53.20	1:56.91	4:09.87	8:35.04	16:31.90	27.48	59.33	2:09.46
88	1.12	24.33	53.68	1:57.96	4:12.12	8:39.68	16:40.83	27.73	59.86	2:10.63
87	1.13	24.54	54.16	1:59.01	4:14.37	8:44.32	16:49.77	27.98	1:00.40	2:11.79
86	1.14	24.76	54.64	2:00.06	4:16.63	8:48.96	16:58.70	28.23	1:00.93	2:12.96
85	1.15	24.98	55.12	2:01.12	4:18.88	8:53.60	17:07.64	28.47	1:01.47	2:14.12
84	1.16	25.20	55.60	2:02.17	4:21.13	8:58.24	17:16.58	28.72	1:02.00	2:15.29
83	1.17	25.41	56.08	2:03.22	4:23.38	9:02.88	17:25.51	28.97	1:02.54	2:16.46
82	1.18	25.63	56.56	2:04.28	4:25.63	9:07.52	17:34.45	29.22	1:03.07	2:17.62
81	1.19	25.85	57.04	2:05.33	4:27.88	9:12.16	17:43.38	29.46	1:03.61	2:18.79
80	1.20	26.06	57.52	2:06.38	4:30.13	9:16.80	17:52.32	29.71	1:04.14	2:19.96
79	1.21	26.28	58.00	2:07.44	4:32.38	9:21.44	18:01.26	29.96	1:04.67	2:21.12
78	1.22	26.50	58.47	2:08.49	4:34.63	9:26.08	18:10.19	30.21	1:05.21	2:22.29
77	1.23	26.72	58.95	2:09.54	4:36.89	9:30.72	18:19.13	30.45	1:05.74	2:23.45
76	1.24	26.93	59.43	2:10.60	4:39.14	9:35.36	18:28.06	30.70	1:06.28	2:24.62
75	1.25	27.15	59.91	2:11.65	4:41.39	9:40.00	18:37.00	30.95	1:06.81	2:25.79
74	1.26	27.37	1:00.39	2:12.70	4:43.64	9:44.64	18:45.94	31.20	1:07.35	2:26.95
73	1.27	27.58	1:00.87	2:13.76	4:45.89	9:49.28	18:54.87	31.45	1:07.88	2:28.12
72	1.28	27.80	1:01.35	2:14.81	4:48.14	9:53.92	19:03.81	31.69	1:08.42	2:29.29
71	1.29	28.02	1:01.83	2:15.86	4:50.39	9:58.56	19:12.74	31.94	1:08.95	2:30.45
70	1.30	28.24	1:02.31	2:16.92	4:52.64	10:03.20	19:21.68	32.19	1:09.49	2:31.62
69	1.31	28.45	1:02.79	2:17.97	4:54.89	10:07.84	19:30.62	32.44	1:10.02	2:32.79
68	1.32	28.67	1:03.27	2:19.02	4:57.15	10:12.48	19:39.55	32.68	1:10.55	2:33.95
67	1.33	28.89	1:03.75	2:20.08	4:59.40	10:17.12	19:48.49	32.93	1:11.09	2:35.12
66	1.34	29.10	1:04.23	2:21.13	5:01.65	10:21.76	19:57.42	33.18	1:11.62	2:36.28
65	1.35	29.32	1:04.71	2:22.18	5:03.90	10:26.40	20:06.36	33.43	1:12.16	2:37.45
64	1.36	29.54	1:05.18	2:23.24	5:06.15	10:31.04	20:15.30	33.67	1:12.69	2:38.62
63	1.37	29.76	1:05.66	2:24.29	5:08.40	10:35.68	20:24.23	33.92	1:13.23	2:39.78
62	1.38	29.97	1:06.14	2:25.34	5:10.65	10:40.32	20:33.17	34.17	1:13.76	2:40.95
61	1.39	30.19	1:06.62	2:26.39	5:12.90	10:44.96	20:42.10	34.42	1:14.30	2:42.12
60	1.40	30.41	1:07.10	2:27.45	5:15.15	10:49.60	20:51.04	34.66	1:14.83	2:43.28
59	1.41	30.63	1:07.58	2:28.50	5:17.41	10:54.24	20:59.98	34.91	1:15.36	2:44.45
58	1.42	30.84	1:08.06	2:29.55	5:19.66	10:58.88	21:08.91	35.16	1:15.90	2:45.61
57	1.43	31.06	1:08.54	2:30.61	5:21.91	11:03.52	21:17.85	35.41	1:16.43	2:46.78
56	1.44	31.28	1:09.02	2:31.66	5:24.16	11:08.16	21:26.78	35.65	1:16.97	2:47.95
55	1.45	31.49	1:09.50	2:32.71	5:26.41	11:12.80	21:35.72	35.90	1:17.50	2:49.11
54	1.46	31.71	1:09.98	2:33.77	5:28.66	11:17.44	21:44.66	36.15	1:18.04	2:50.28
53	1.47	31.93	1:10.46	2:34.82	5:30.91	11:22.08	21:53.59	36.40	1:18.57	2:51.45

Hong Kong Swimming Point Score 2019 (LC)

Men

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	27.04	59.26	2:09.70	23.11	51.30	1:55.34	1:56.81	4:12.97
99	1.01	27.31	59.85	2:11.00	23.34	51.81	1:56.49	1:57.98	4:15.50
98	1.02	27.58	1:00.45	2:12.29	23.57	52.33	1:57.65	1:59.15	4:18.03
97	1.03	27.85	1:01.04	2:13.59	23.80	52.84	1:58.80	2:00.31	4:20.56
96	1.04	28.12	1:01.63	2:14.89	24.03	53.35	1:59.95	2:01.48	4:23.09
95	1.05	28.39	1:02.22	2:16.19	24.27	53.87	2:01.11	2:02.65	4:25.62
94	1.06	28.66	1:02.82	2:17.48	24.50	54.38	2:02.26	2:03.82	4:28.15
93	1.07	28.93	1:03.41	2:18.78	24.73	54.89	2:03.41	2:04.99	4:30.68
92	1.08	29.20	1:04.00	2:20.08	24.96	55.40	2:04.57	2:06.15	4:33.21
91	1.09	29.47	1:04.59	2:21.37	25.19	55.92	2:05.72	2:07.32	4:35.74
90	1.10	29.74	1:05.19	2:22.67	25.42	56.43	2:06.87	2:08.49	4:38.27
89	1.11	30.01	1:05.78	2:23.97	25.65	56.94	2:08.03	2:09.66	4:40.80
88	1.12	30.28	1:06.37	2:25.26	25.88	57.46	2:09.18	2:10.83	4:43.33
87	1.13	30.56	1:06.96	2:26.56	26.11	57.97	2:10.33	2:12.00	4:45.86
86	1.14	30.83	1:07.56	2:27.86	26.35	58.48	2:11.49	2:13.16	4:48.39
85	1.15	31.10	1:08.15	2:29.16	26.58	59.00	2:12.64	2:14.33	4:50.92
84	1.16	31.37	1:08.74	2:30.45	26.81	59.51	2:13.79	2:15.50	4:53.45
83	1.17	31.64	1:09.33	2:31.75	27.04	1:00.02	2:14.95	2:16.67	4:55.97
82	1.18	31.91	1:09.93	2:33.05	27.27	1:00.53	2:16.10	2:17.84	4:58.50
81	1.19	32.18	1:10.52	2:34.34	27.50	1:01.05	2:17.25	2:19.00	5:01.03
80	1.20	32.45	1:11.11	2:35.64	27.73	1:01.56	2:18.41	2:20.17	5:03.56
79	1.21	32.72	1:11.70	2:36.94	27.96	1:02.07	2:19.56	2:21.34	5:06.09
78	1.22	32.99	1:12.30	2:38.23	28.19	1:02.59	2:20.71	2:22.51	5:08.62
77	1.23	33.26	1:12.89	2:39.53	28.43	1:03.10	2:21.87	2:23.68	5:11.15
76	1.24	33.53	1:13.48	2:40.83	28.66	1:03.61	2:23.02	2:24.84	5:13.68
75	1.25	33.80	1:14.08	2:42.13	28.89	1:04.13	2:24.18	2:26.01	5:16.21
74	1.26	34.07	1:14.67	2:43.42	29.12	1:04.64	2:25.33	2:27.18	5:18.74
73	1.27	34.34	1:15.26	2:44.72	29.35	1:05.15	2:26.48	2:28.35	5:21.27
72	1.28	34.61	1:15.85	2:46.02	29.58	1:05.66	2:27.64	2:29.52	5:23.80
71	1.29	34.88	1:16.45	2:47.31	29.81	1:06.18	2:28.79	2:30.68	5:26.33
70	1.30	35.15	1:17.04	2:48.61	30.04	1:06.69	2:29.94	2:31.85	5:28.86
69	1.31	35.42	1:17.63	2:49.91	30.27	1:07.20	2:31.10	2:33.02	5:31.39
68	1.32	35.69	1:18.22	2:51.20	30.51	1:07.72	2:32.25	2:34.19	5:33.92
67	1.33	35.96	1:18.82	2:52.50	30.74	1:08.23	2:33.40	2:35.36	5:36.45
66	1.34	36.23	1:19.41	2:53.80	30.97	1:08.74	2:34.56	2:36.53	5:38.98
65	1.35	36.50	1:20.00	2:55.10	31.20	1:09.26	2:35.71	2:37.69	5:41.51
64	1.36	36.77	1:20.59	2:56.39	31.43	1:09.77	2:36.86	2:38.86	5:44.04
63	1.37	37.04	1:21.19	2:57.69	31.66	1:10.28	2:38.02	2:40.03	5:46.57
62	1.38	37.32	1:21.78	2:58.99	31.89	1:10.79	2:39.17	2:41.20	5:49.10
61	1.39	37.59	1:22.37	3:00.28	32.12	1:11.31	2:40.32	2:42.37	5:51.63
60	1.40	37.86	1:22.96	3:01.58	32.35	1:11.82	2:41.48	2:43.53	5:54.16
59	1.41	38.13	1:23.56	3:02.88	32.59	1:12.33	2:42.63	2:44.70	5:56.69
58	1.42	38.40	1:24.15	3:04.17	32.82	1:12.85	2:43.78	2:45.87	5:59.22
57	1.43	38.67	1:24.74	3:05.47	33.05	1:13.36	2:44.94	2:47.04	6:01.75
56	1.44	38.94	1:25.33	3:06.77	33.28	1:13.87	2:46.09	2:48.21	6:04.28
55	1.45	39.21	1:25.93	3:08.07	33.51	1:14.39	2:47.24	2:49.37	6:06.81
54	1.46	39.48	1:26.52	3:09.36	33.74	1:14.90	2:48.40	2:50.54	6:09.34
53	1.47	39.75	1:27.11	3:10.66	33.97	1:15.41	2:49.55	2:51.71	6:11.87

Hong Kong Swimming Point Score 2019 (LC)

Women

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	24.36	52.86	1:54.60	4:04.01	8:20.64	16:02.24	27.46	59.03	2:06.62
99	1.01	24.60	53.39	1:55.75	4:06.45	8:25.65	16:11.86	27.73	59.62	2:07.89
98	1.02	24.85	53.92	1:56.89	4:08.89	8:30.65	16:21.48	28.01	1:00.21	2:09.15
97	1.03	25.09	54.45	1:58.04	4:11.33	8:35.66	16:31.11	28.28	1:00.80	2:10.42
96	1.04	25.33	54.97	1:59.18	4:13.77	8:40.67	16:40.73	28.56	1:01.39	2:11.68
95	1.05	25.58	55.50	2:00.33	4:16.21	8:45.67	16:50.35	28.83	1:01.98	2:12.95
94	1.06	25.82	56.03	2:01.48	4:18.65	8:50.68	16:59.97	29.11	1:02.57	2:14.22
93	1.07	26.07	56.56	2:02.62	4:21.09	8:55.68	17:09.60	29.38	1:03.16	2:15.48
92	1.08	26.31	57.09	2:03.77	4:23.53	9:00.69	17:19.22	29.66	1:03.75	2:16.75
91	1.09	26.55	57.62	2:04.91	4:25.97	9:05.70	17:28.84	29.93	1:04.34	2:18.02
90	1.10	26.80	58.15	2:06.06	4:28.41	9:10.70	17:38.46	30.21	1:04.93	2:19.28
89	1.11	27.04	58.67	2:07.21	4:30.85	9:15.71	17:48.09	30.48	1:05.52	2:20.55
88	1.12	27.28	59.20	2:08.35	4:33.29	9:20.72	17:57.71	30.76	1:06.11	2:21.81
87	1.13	27.53	59.73	2:09.50	4:35.73	9:25.72	18:07.33	31.03	1:06.70	2:23.08
86	1.14	27.77	1:00.26	2:10.64	4:38.17	9:30.73	18:16.95	31.30	1:07.29	2:24.35
85	1.15	28.01	1:00.79	2:11.79	4:40.61	9:35.74	18:26.58	31.58	1:07.88	2:25.61
84	1.16	28.26	1:01.32	2:12.94	4:43.05	9:40.74	18:36.20	31.85	1:08.47	2:26.88
83	1.17	28.50	1:01.85	2:14.08	4:45.49	9:45.75	18:45.82	32.13	1:09.07	2:28.15
82	1.18	28.74	1:02.37	2:15.23	4:47.93	9:50.76	18:55.44	32.40	1:09.66	2:29.41
81	1.19	28.99	1:02.90	2:16.37	4:50.37	9:55.76	19:05.07	32.68	1:10.25	2:30.68
80	1.20	29.23	1:03.43	2:17.52	4:52.81	10:00.77	19:14.69	32.95	1:10.84	2:31.94
79	1.21	29.48	1:03.96	2:18.67	4:55.25	10:05.77	19:24.31	33.23	1:11.43	2:33.21
78	1.22	29.72	1:04.49	2:19.81	4:57.69	10:10.78	19:33.93	33.50	1:12.02	2:34.48
77	1.23	29.96	1:05.02	2:20.96	5:00.13	10:15.79	19:43.56	33.78	1:12.61	2:35.74
76	1.24	30.21	1:05.55	2:22.10	5:02.57	10:20.79	19:53.18	34.05	1:13.20	2:37.01
75	1.25	30.45	1:06.08	2:23.25	5:05.01	10:25.80	20:02.80	34.33	1:13.79	2:38.28
74	1.26	30.69	1:06.60	2:24.40	5:07.45	10:30.81	20:12.42	34.60	1:14.38	2:39.54
73	1.27	30.94	1:07.13	2:25.54	5:09.89	10:35.81	20:22.04	34.87	1:14.97	2:40.81
72	1.28	31.18	1:07.66	2:26.69	5:12.33	10:40.82	20:31.67	35.15	1:15.56	2:42.07
71	1.29	31.42	1:08.19	2:27.83	5:14.77	10:45.83	20:41.29	35.42	1:16.15	2:43.34
70	1.30	31.67	1:08.72	2:28.98	5:17.21	10:50.83	20:50.91	35.70	1:16.74	2:44.61
69	1.31	31.91	1:09.25	2:30.13	5:19.65	10:55.84	21:00.53	35.97	1:17.33	2:45.87
68	1.32	32.16	1:09.78	2:31.27	5:22.09	11:00.84	21:10.16	36.25	1:17.92	2:47.14
67	1.33	32.40	1:10.30	2:32.42	5:24.53	11:05.85	21:19.78	36.52	1:18.51	2:48.40
66	1.34	32.64	1:10.83	2:33.56	5:26.97	11:10.86	21:29.40	36.80	1:19.10	2:49.67
65	1.35	32.89	1:11.36	2:34.71	5:29.41	11:15.86	21:39.02	37.07	1:19.69	2:50.94
64	1.36	33.13	1:11.89	2:35.86	5:31.85	11:20.87	21:48.65	37.35	1:20.28	2:52.20
63	1.37	33.37	1:12.42	2:37.00	5:34.29	11:25.88	21:58.27	37.62	1:20.87	2:53.47
62	1.38	33.62	1:12.95	2:38.15	5:36.73	11:30.88	22:07.89	37.89	1:21.46	2:54.74
61	1.39	33.86	1:13.48	2:39.29	5:39.17	11:35.89	22:17.51	38.17	1:22.05	2:56.00
60	1.40	34.10	1:14.00	2:40.44	5:41.61	11:40.90	22:27.14	38.44	1:22.64	2:57.27
59	1.41	34.35	1:14.53	2:41.59	5:44.05	11:45.90	22:36.76	38.72	1:23.23	2:58.53
58	1.42	34.59	1:15.06	2:42.73	5:46.49	11:50.91	22:46.38	38.99	1:23.82	2:59.80
57	1.43	34.83	1:15.59	2:43.88	5:48.93	11:55.92	22:56.00	39.27	1:24.41	3:01.07
56	1.44	35.08	1:16.12	2:45.02	5:51.37	12:00.92	23:05.63	39.54	1:25.00	3:02.33
55	1.45	35.32	1:16.65	2:46.17	5:53.81	12:05.93	23:15.25	39.82	1:25.59	3:03.60
54	1.46	35.57	1:17.18	2:47.32	5:56.25	12:10.93	23:24.87	40.09	1:26.18	3:04.87
53	1.47	35.81	1:17.70	2:48.46	5:58.69	12:15.94	23:34.49	40.37	1:26.77	3:06.13

Hong Kong Swimming Point Score 2019 (LC)

Women

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	30.53	1:05.71	2:22.24	25.40	56.60	2:05.84	2:08.60	4:35.36
99	1.01	30.84	1:06.37	2:23.66	25.65	57.17	2:07.10	2:09.89	4:38.11
98	1.02	31.14	1:07.02	2:25.08	25.91	57.73	2:08.36	2:11.17	4:40.87
97	1.03	31.45	1:07.68	2:26.51	26.16	58.30	2:09.62	2:12.46	4:43.62
96	1.04	31.75	1:08.34	2:27.93	26.42	58.86	2:10.87	2:13.74	4:46.37
95	1.05	32.06	1:09.00	2:29.35	26.67	59.43	2:12.13	2:15.03	4:49.13
94	1.06	32.36	1:09.65	2:30.77	26.92	1:00.00	2:13.39	2:16.32	4:51.88
93	1.07	32.67	1:10.31	2:32.20	27.18	1:00.56	2:14.65	2:17.60	4:54.64
92	1.08	32.97	1:10.97	2:33.62	27.43	1:01.13	2:15.91	2:18.89	4:57.39
91	1.09	33.28	1:11.62	2:35.04	27.69	1:01.69	2:17.17	2:20.17	5:00.14
90	1.10	33.58	1:12.28	2:36.46	27.94	1:02.26	2:18.42	2:21.46	5:02.90
89	1.11	33.89	1:12.94	2:37.89	28.19	1:02.83	2:19.68	2:22.75	5:05.65
88	1.12	34.19	1:13.60	2:39.31	28.45	1:03.39	2:20.94	2:24.03	5:08.40
87	1.13	34.50	1:14.25	2:40.73	28.70	1:03.96	2:22.20	2:25.32	5:11.16
86	1.14	34.80	1:14.91	2:42.15	28.96	1:04.52	2:23.46	2:26.60	5:13.91
85	1.15	35.11	1:15.57	2:43.58	29.21	1:05.09	2:24.72	2:27.89	5:16.66
84	1.16	35.41	1:16.22	2:45.00	29.46	1:05.66	2:25.97	2:29.18	5:19.42
83	1.17	35.72	1:16.88	2:46.42	29.72	1:06.22	2:27.23	2:30.46	5:22.17
82	1.18	36.03	1:17.54	2:47.84	29.97	1:06.79	2:28.49	2:31.75	5:24.92
81	1.19	36.33	1:18.19	2:49.27	30.23	1:07.35	2:29.75	2:33.03	5:27.68
80	1.20	36.64	1:18.85	2:50.69	30.48	1:07.92	2:31.01	2:34.32	5:30.43
79	1.21	36.94	1:19.51	2:52.11	30.73	1:08.49	2:32.27	2:35.61	5:33.19
78	1.22	37.25	1:20.17	2:53.53	30.99	1:09.05	2:33.52	2:36.89	5:35.94
77	1.23	37.55	1:20.82	2:54.96	31.24	1:09.62	2:34.78	2:38.18	5:38.69
76	1.24	37.86	1:21.48	2:56.38	31.50	1:10.18	2:36.04	2:39.46	5:41.45
75	1.25	38.16	1:22.14	2:57.80	31.75	1:10.75	2:37.30	2:40.75	5:44.20
74	1.26	38.47	1:22.79	2:59.22	32.00	1:11.32	2:38.56	2:42.04	5:46.95
73	1.27	38.77	1:23.45	3:00.64	32.26	1:11.88	2:39.82	2:43.32	5:49.71
72	1.28	39.08	1:24.11	3:02.07	32.51	1:12.45	2:41.08	2:44.61	5:52.46
71	1.29	39.38	1:24.77	3:03.49	32.77	1:13.01	2:42.33	2:45.89	5:55.21
70	1.30	39.69	1:25.42	3:04.91	33.02	1:13.58	2:43.59	2:47.18	5:57.97
69	1.31	39.99	1:26.08	3:06.33	33.27	1:14.15	2:44.85	2:48.47	6:00.72
68	1.32	40.30	1:26.74	3:07.76	33.53	1:14.71	2:46.11	2:49.75	6:03.48
67	1.33	40.60	1:27.39	3:09.18	33.78	1:15.28	2:47.37	2:51.04	6:06.23
66	1.34	40.91	1:28.05	3:10.60	34.04	1:15.84	2:48.63	2:52.32	6:08.98
65	1.35	41.22	1:28.71	3:12.02	34.29	1:16.41	2:49.88	2:53.61	6:11.74
64	1.36	41.52	1:29.37	3:13.45	34.54	1:16.98	2:51.14	2:54.90	6:14.49
63	1.37	41.83	1:30.02	3:14.87	34.80	1:17.54	2:52.40	2:56.18	6:17.24
62	1.38	42.13	1:30.68	3:16.29	35.05	1:18.11	2:53.66	2:57.47	6:20.00
61	1.39	42.44	1:31.34	3:17.71	35.31	1:18.67	2:54.92	2:58.75	6:22.75
60	1.40	42.74	1:31.99	3:19.14	35.56	1:19.24	2:56.18	3:00.04	6:25.50
59	1.41	43.05	1:32.65	3:20.56	35.81	1:19.81	2:57.43	3:01.33	6:28.26
58	1.42	43.35	1:33.31	3:21.98	36.07	1:20.37	2:58.69	3:02.61	6:31.01
57	1.43	43.66	1:33.97	3:23.40	36.32	1:20.94	2:59.95	3:03.90	6:33.76
56	1.44	43.96	1:34.62	3:24.83	36.58	1:21.50	3:01.21	3:05.18	6:36.52
55	1.45	44.27	1:35.28	3:26.25	36.83	1:22.07	3:02.47	3:06.47	6:39.27
54	1.46	44.57	1:35.94	3:27.67	37.08	1:22.64	3:03.73	3:07.76	6:42.03
53	1.47	44.88	1:36.59	3:29.09	37.34	1:23.20	3:04.98	3:09.04	6:44.78

HONG KONG SWIMMING RECORDS

Listed Date:29th July, 2019

HONG KONG LONG COURSE RECORDS

MEN'S EVENTS

*50 Free	22.18 HO Ian Yentou, SCA	30 th Summer Universiade, Napoli, July 4-10, 2019
100 Free	49.22 TO Kenneth King Him, LWS	61 st FOS – LC SW Time Trial, Apr 14-15 2018
200 Free	1:49.58 WONG Kai Wai David, HTA	14 th FINA World Champ - Shanghai, Jul 25, 2011
400 Free	3:53.05 CHEUK Ming Ho, CPS	62 nd FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
50 Back	26.03 LAU Shiu Yue, HTA	5 th FINA World Junior Swimming Champ 2015, Aug 25-30,2015
100 Back	56.63 CHEAH Geoffrey, SCA	2014 USA Swimming Grand Prix-Santa Clara, Jun19-22,2014
200 Back	2:05.47 Alex FONG Lik-sun, SCA	Olympic Games – Sydney, Sept.20,2000
50 Breast	28.23 TO Kenneth King Him, LWS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
100 Breast	1:01.91 TO Kenneth King Him, LWS	D1 AG LC Swim Comp. Part 3, Feb 10-11, 2018
200 Breast	2:15.34 NG Michael Yu Hin, CPS	62 nd FOS – LC Time Trial, April 13-14, 2019
50 Fly	24.12 CHEAH Geoffrey, SCA	16 th FINA World Championships – Kazan 2015, Aug. 2,2015
100 Fly	53.70 CHEAH Geoffrey, SCA	27 th Summer Universiade in Kazan 2013., Jul 6-17, 2013
200 Fly	2:00.43 LIM Nicholas Owen Zhaoguang, LRC	62 nd FOS – LC Time Trial, April 13-14, 2019
200 IM	2:01.37 TO Kenneth King Him, LWS	29 th Summer Universiade, Aug 19-30, 2017
400 IM	4:29.02 Alex FONG Lik-sun, SCA	Olympic Games – Sydney, Sept.17,2000
4x100 MR	3:44.16 Hong Kong Team LAU Shiu Yue, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, WONG Chen Ho Jeremy	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
4x100 FR	3:21.22 Hong Kong Team LUM Ching Tat, NG Chun Nam Derick, CHEUNG Kin Tat Kent, WONG Kai Wai David 50.88 1:40.70 2:31.65	5 th East Asian Games, Dec 8,2009
4x200 FR	7:27.16 Hong Kong Team CHEUNG Kin Tat Kent, NG Chun Nam Derick, LUM Ching Tat, WONG Kai Wai David 1:52.46 3:43.70 5:35.08	5 th East Asian Games, Dec 6, 2009

*: Pending for Swimming Committee's Ratification

HKRLC20190729

HONG KONG SWIMMING RECORDS

Listed Date:29th July, 2019

HONG KONG LONG COURSE RECORDS

WOMEN'S EVENTS

*50 Free	24.85 HAUGHEY Siobhan Bernadette, SCA	Mare Nostrum 2019 – Monaco, Jun 8-9,2019
*100 Free	53.32 HAUGHEY Siobhan Bernadette, SCA	Mare Nostrum 2019 – Monaco, Jun 8-9,2019
*200 Free	1:54.98 HAUGHEY Siobhan Bernadette, SCA	18 th FINA World Championships – Gwangju 2019, Jul 21-28, 2019
*400 Free	4:11.90 HAUGHEY Siobhan Bernadette, SCA	Mare Nostrum 2019 – Canet en Roussillon , Jun 11-12, 2019
800 Free	8:41.66 AU Hoi Shun Stephanie, DWA	Olympic Games – Beijing, Aug 14, 2008
*1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
*50 Back	27.98 AU Hoi Shun Stephanie, DWA	Mare Nostrum 2019 – Monaco, Jun 8-9,2019
100 Back	1:00.38 AU Hoi Shun Stephanie, DWA	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
200 Back	2:09.33 LAU Yin Yan Claudia, DLS	Div.1 AG LC Swim Comp. Part 3., Jul.2-3,2016
*50 Breast	31.61 YEUNG Jamie Zhen Mei, HTA	18 th FINA World Championships – Gwangju 2019, Jul 21-28, 2019
100 Breast	1:07.69 KONG Yvette Man Yi, SCA	12 th Swim Cup Eindhoven 2016, Apr 6 - 10,2016
200 Breast	2:27.96 KONG Yvette Man Yi, SCA	Edinburgh International Swim Meet, Mar 11-13,2016
50 Fly	26.66 Hannah WILSON, SCA	25 th Universiade, Jul. 5,2009
100 Fly	58.24 Hannah WILSON, SCA	25 th Universiade, Jul. 9,2009
200 Fly	2:13.91 NAM Carmen, TPS	Zoggs Queensland Swim Champ 09, Dec 18, 2009
200 IM	2:12.10 HAUGHEY Siobhan Bernadette, SCA	2017 Arena Pro Swim Series - Santa Clara, USA, June 1-4, 2017
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
4x100 MR	4:03.07 Hong Kong Team TSAI Hiu Wai Sherry, KONG Yvette Man Yi, SZE Hang Yu, Hannah WILSON 1:02.38 2:09.77 3:08.72	5 th East Asian Games, Dec 10,2009
4x100 FR	3:39.94 Hong Kong Team CHENG Camille Lily Mei, AU Hoi Shun Stephanie, SZE Hang Yu, HAUGHEY Siobhan Bernadette 55.67 1:51.18 2:46.23	Incheon 2014 Asian Games, Sept 20 th -26 th 2014
4x200 FR	8:04.55 Hong Kong Team CHENG Camille Lily Mei, AU Hoi Shun Stephanie, SZE Hang Yu, HAUGHEY Siobhan Bernadette 2:01.43 4:03.99 6:04.31	Incheon 2014 Asian Games, Sept 20 th -26 th 2014

*: Pending for Swimming Committee's Ratification

HKRLC20190729

HONG KONG SWIMMING RECORDS

Listed Date:29th July, 2019

HONG KONG LONG COURSE RECORDS

MIXED'S EVENTS

***4x100 FR 3:32.55 Hong Kong Team** 18th FINA World Championships – Gwangju 2019, Jul 21-28, 2019

LIM Nicholas Owen Zhaoguang, HO Ian Yentou, TAM Hoi Lam, CHENG Camille Lily Mei

51.99 1:41.52 2:37.76

4x100 MR 3:50.22 Hong Kong Team 18th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018

AU Hoi Shun Stephanie, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, CHENG Camille Lily Mei

1:00.52 2:01.15 2:54.90

*: Pending for Swimming Committee's Ratification

HKRLC20190729

HONG KONG SWIMMING RECORDS

Listed Date: 29th July, 2019

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

MEN'S EVENTS

50 Free	23.65 NG Chun Nam Derick, WTS	Australian Age Swim. Champ., Apr 07, 2010
100 Free	51.24 NG Chun Nam Derick, WTS	Age Group LC Champ 09, Oct. 24, 2009
200 Free	1:52.59 Cheuk Ming Ho, CPS	17 th ISF Gymnasiade - Swimming, May 2-9 2018
400 Free	3:57.77 CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
800 Free	8:25.47 CHEUK, Ming Ho, CPS	D1 AG LC Swim Comp. Part 3, Feb 10-11, 2018
1500 Free	16:00.66 CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
50 Back	26.81 NG Cheuk Yin TPS	D1 AG LC Swim Comp. Part 3, Feb 10-11, 2018
100 Back	58.17 HO Siu Lun, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
200 Back	2:07.52 NG Cheuk Yin, TPS	HK Open Swimming Champ 2018, Aug. 10-12, 2018
50 Breast	29.57 FONG Ka Yu, WDA	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 27, 2017
100 Breast	1:05.29 WONG Benson, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 27, 2017
200 Breast	2:18.11 WONG Benson, DLS	HK Open Swimming Champ 2017, July 28-30, 2017
50 Fly	24.74 NG Cheuk Yin, TPS	61 st FOS – LC SW Time Trial, Apr 14-15 2018
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:06.68 NG Chun Nam Derick, WTS	Age Group LC Champ 09, Oct. 25, 2009
200 IM	2:07.94 Lau Ping Chi, HTA	61 st FOS – LC SW Time Trial, Apr 14-15 2018
400 IM	4:33.86 Lau Ping Chi, HTA	61 st FOS – LC SW Time Trial, Apr 14-15 2018
4x100 MR	4:03.50 Hong Kong Team MOK Kai Tik Marcus, CHAN Chun Lok, CHAN Pak Hin, LUI Nok Ryan	8 th Asian Age Group Swim. Champ, Oct 1-4, 2015
4x100 FR	3:41.42 Hong Kong Team TAM Sze Shing Thomas, LAM Chak Hang, CHAN Pak Hin, Temana Andrew SHORT	52 nd Milo Pram Malaysia AG Champ, Mar 29 – Apr 4, 2016
4x200 FR	8:06.77 WTS TAM Sze Shing Thomas, LEUNG Chun Hei Bryan, FONG Ching Yuen, MOK Kai Tik Marcus	Div.1 AG LC Swim Comp. Part 1, May. 14-15, 2016

*: Pending for Swimming Committee's Ratification

HKRLC20190729

HONG KONG SWIMMING RECORDS

Listed Date:29th July, 2019

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

WOMEN'S EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31,2013
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31,2013
200 Free	1:59.77 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15,2013
400 Free	4:13.81 AU Hoi Shun Stephanie, DWA	Age Group LC Champ 07, Nov 17,2007
800 Free	8:50.21 AU Hoi Shun Stephanie, DWA	3 rd H.K. Int' Open Swimming Champ. , Aug 31, 2007
1500 Free	16:58.79 Anderson Charlotte Kiki, HIS	2014Scottish Gas National AG Swim Champ., Jun 25-29,2014
50 Back	29.52 KAN Cheuk Tung Natalie, HVA	HKSSF Div. 2 Inter-School Swim. Champ., Oct 10, 2017
100 Back	1:03.48 WONG Kwan To, HTA	HKSSF Div 1 Inter-School Swim. Champ, Oct 28, 2015
200 Back	2:17.31 LAU Yin Yan Claudia, DLS	4 th HK Int' Open Champ., Sep 12-14,2008
50 Breast	32.79 CHEUNG Hui Yan Cheyenne, DLS	4 th FINA World Junior Swimming Champ., Aug 26-31,2013
100 Breast	1:11.30 KONG Yvette Man Yi, DLS	08/09 HKSSF Inter-School Champ, Oct 17,2008
200 Breast	2:32.79 MA Hei Tung Fiona, SLA	5 th East Asian Games, Dec 9, 2009
50 Fly	27.69 CHAN Kin Lok, WTS	8 th Asian Swimming Champ., Nov 26, 2009
100 Fly	1:01.53 CHAN Kin Lok, WTS	8 th Asian Swimming Champ., Nov 27, 2009
200 Fly	2:15.73 TOWN Jennifer Ka Hang, SCA	LI FOS-Olympic Time Trial II, Apr 20, 2008
200 IM	2:13.35 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15,2013
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15,2013
4x100 MR	4:20.79 Hong Kong School Team LAU Yin Yan Claudia, KONG Man Yi Yvette, TOWN Ka Hang Jennifer, LAI Hiu Tung Vivian	3 rd Asian School Swim Champ, Jul 14-20, 2008
4x100 FR	3:56.46 Hong Kong School Team KONG Man Yi Yvette, LAU Yin Yan Claudia, TOWN Ka Hang Jennifer, LAI Hiu Tung Vivian	3 rd Asian School Swim Champ, Jul 14-20, 2008
4x200 FR	8:40.12 HVA Tang Tsoi Lam Katii, Kan Cheuk Tung Natalie, Yip Charis Gabrielle Chak Yan, Chong, Sum Yee	Div.I AG LC SWIM COMP (PART 1), July 15,2017

*: Pending for Swimming Committee's Ratification

HKRLC20190729

HONG KONG SWIMMING RECORDS

Listed Date: 29th July, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 10 & UNDER EVENTS

50 Free	29.13 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
100 Free	1:02.87 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
200 Free	2:15.96 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
50 Back	32.29 HO Siu Lun, DLS	5th HK Games. May 2-3. 2015
100 Back	1:12.02 LAU Hoi Hang, LWS	Div. 1 AG LC Swim Comp. Part 1. July 18-19, 2015
50 Breast	36.43 TAM Ka Ming, HVA	Age Group LC Champ 07, Nov 17,2007
100 Breast	1:18.73 TAM Ka Ming, *CY	HKSSF Inter-Area Primary Swim Comp., Nov 29, 2008
50 Fly	31.15 HO Siu Lun, DLS	HKSSF Inter-Area Primary Swim Comp, Nov 22, 2014
100 Fly	1:10.22 HUNG Leung-fung, PSC	Div.I AG LC SWIM COMP (PART 1), May 23, 2004
200 IM	2:35.51 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 10 & UNDER EVENTS

50 Free	28.50 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC SWIM COMP (PART 1), May 25 2008
100 Free	1:02.44 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC SWIM COMP (PART 2), Jun 29 2008
200 Free	2:16.52 LOK Hoi Man, WTS	Age Group LC Champ 11, Nov 05,2011
50 Back	33.49 MA Wing Yu, *WA	Age Group LC Champ 15, Nov 6-8,2015
100 Back	1:11.95 CHENG Jessica Chloe, TPS	Div.1 AG LC Swim Comp. Part 1, May 14-15,2016
*50 Breast	35.23 Lam Chelsie, DLS	3rd All Hong Kong Inter-Area Primary Schools Swimming Competition 2018-2019, 8 June, 2019
100 Breast	1:18.24 YIP Hiu Lok, *WA	Age Group LC Champ 15, Nov 6-8,2015
50 Fly	30.56 LEE Si Yao Peony, TPS	2 nd All Hong Kong Inter-Area Primary Schools Swimming Competition 2017-2018, 9 June, 2018
100 Fly	1:09.78 LAU Ping Yi Audrey, HTA	Div.1 AG LC Swim Comp. Part 1, May 14-15,2016
200 IM	2:32.15 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC SWIM COMP (PART 3), Jul 27, 2008

*: Pending for Swimming Committee's Ratification

HKRLC20190729

HONG KONG SWIMMING RECORDS

Listed Date: 29th July, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 11 – 12 YEARS EVENTS

50 Free	25.59 LI Sing Hoi, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	57.05 TAM Sze Shing Thomas, WTS	HK AG LC Swim Champ, Nov 7-9, 2014
200 Free	2:04.67 WONG Ming Hong, DLS	HK Games Swim Champ, May 25-26, 2013
400 Free	4:24.37 CHOW Yin-ching, *CY	Zoggs Queensland Swim Champ 07, Dec 19, 2007
50 Back	29.46 HO Siu Lun, DLS	The 6 th Hong Kong Games, May 13-14, 2017
100 Back	1:03.66 HO Siu Lun, DLS	The 6 th Hong Kong Games, May 13-14, 2017
200 Back	2:19.13 MOK Kai Tik Marcus, WTS	HK AG LC Swim Champ, Nov 8-10, 2013
50 Breast	30.24 TAM Ka Ming, *CY	HKSSF Div 1 Inter-School Swim. Champ, Oct 27, 2010
100 Breast	1:09.54 TAM Ka Ming, *CY	HKSSF Div 1 Inter-School Swim. Champ, Oct 14, 2010
200 Breast	2:30.15 WONG Benson, DLS	HKSSF Div 1 Inter-School Swim. Champ, 28 Oct, 2015
50 Fly	27.69 LI SING HOI, WTS	D1 AG LC Swim Comp. Part 2, Jan 14, 2018
100 Fly	1:01.11 SUEN Tsz Hin, PSC	HK AG LC Swim Champ. 10, Nov 06, 2010
200 Fly	2:17.51 CHOW Yin-Ching, *CY	Zoggs Queensland Swim Champ 07, Dec 19, 2007
200 IM	2:18.78 LU Pat Fan, HVA	Thailand AG Swimming Champ 2019, April 5-10, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 11 – 12 YEARS EVENTS

50 Free	26.80 HAUGHEY Siobhan Bernadette, SCA	HKSSF Div 1 Inter-School Swim. Champ, Oct 14, 2010
100 Free	57.77 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
200 Free	2:06.55 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
400 Free	4:28.03 NAM Carmen, TPS	7 th Asian Swimming Champ, Mar. 07, 2006
50 Back	31.01 MA Wing Yu, HTA	9 th Asian Age Group Swimming Championships, Sep 8-11, 2017
100 Back	1:06.02 KWOK Sabrina Christine, SCA	Zoggs Queensland Swim Champ 09, Dec 13, 2009
200 Back	2:22.78 LAU Yin-yau, DLS	4 th Asian AG Champ, Bangkok, Aug 21, 2005
50 Breast	34.33 YIP Tsz-wa, DLS	AASF Age Group Champ., Aug 24, 2003
100 Breast	1:12.78 YIP Tsz-wa, DLS	Inter-School Swim Champ Div I., Oct 15, 2003
200 Breast	2:35.62 MA Hei-tung, DLS	LI FOS-Olympic Time Trial II, Apr 20, 2008
50 Fly	28.87 LAI Chu Yi, WTS	7 th HK Open Swimming Champ., Sep 4, 2011
100 Fly	1:04.24 LAU Ping Yi Audrey, HTA	61 st FOS – LC SW Time Trial, Apr 14-15 2018
*200 Fly	2:18.68 MOK Sze Ki, HVA	D1 AG LC Swim Comp. Part 1, Jul 13-14, 2019
200 IM	2:21.79 HAUGHEY Siobhan Bernadette, SCA	D1 AG LC Swim Comp. Part 3, Jul 25, 2010

*: Pending for Swimming Committee's Ratification

HKRLC20190729

HONG KONG SWIMMING RECORDS

Listed Date: 29th July, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 13 – 14 YEARS EVENTS

50 Free	24.43 LAM Ho Yin Martin, HJC	HKSSF D1 Inter-School Swim. Comp. Oct 23, 2013
100 Free	52.80 CHEUK Ming Ho, CPS	The 6 th Hong Kong Games, May 13-14, 2017
200 Free	1:56.03 CHEUK Ming Ho, CPS	The 6 th Hong Kong Games, May 13-14, 2017
400 Free	4:08.81 CHEUK Ming Ho, CPS	HK AG LC Swim Champ 16, Nov 4-6, 2016
800 Free	8:37.69 WONG Ming Hong, HTA	Div. I AG LC SWIM COMP (PART 3), Feb 28 - Mar 1, 2015
1500 Free	16:14.23 CHEUK Ming Ho, CPS	60 th FOS – LC Time Trial, Apr. 15-16, 2017
50 Back	27.12 HO Siu Lun, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
100 Back	58.17 HO Siu Lun, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
200 Back	2:09.86 YUK Shing Chi, PSC	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
50 Breast	29.91 TAM Ka Ming, *CY	LV FOS Olympic Time Trial II, Apr 14, 2012
100 Breast	1:05.29 WONG Benson, DLS	HKSSF Div. 1 Inter-School Swim. Comp., Oct 27, 2017
200 Breast	2:18.11 WONG Benson, DLS	HK Open Swimming Champ 2017, July 28-30, 2017
50 Fly	25.75 HO Siu Lun, DLS	62 nd FOS – LC Time Trial, April 13-14, 2019
100 Fly	56.68 NG Chun Nam, Derick, WTS	LII FOS LC Sw. Time Trial, Apr 19, 2009
200 Fly	2:09.62 CHAN Pak Hin, *WD	Div. 1 AG LC Swim Comp. Part 3., Feb 20-21, 2016
200 IM	2:09.42 LAU, Ping Chi, HTA	HKSSF Div. 1 Inter-School Swim. Comp., Oct 27, 2017
400 IM	4:35.75 LAU, Ping Chi, HTA	HK Open Swimming Champ 2017, July 28-30, 2017

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 13 – 14 YEARS EVENTS

50 Free	25.93 HAUGHEY Siobhan Bernadette, SCA	Australian Age Championships, Apr 9-14, 2012
100 Free	56.07 HAUGHEY Siobhan Bernadette, SCA	Age Group LC Champ, Nov 05, 2011
200 Free	2:02.06 HAUGHEY Siobhan Bernadette, SCA	Australian Age Championships, Apr. 9-14, 2012
400 Free	4:19.62 HO Nam Wai, WTS	60 th FOS – LC Time Trial, Apr. 15-16, 2017
800 Free	8:56.31 HO Wai Nam, WTS	Thailand Age Group Swimming Championships 2017
1500 Free	17:17.68 NAM Carmen, TPS	World Champ 2007 – Melbourne, Mar 26, 2007
50 Back	29.95 LOO Tsz Ki Cherrie, DWA	Div. 1 AG LC Swim Comp. Part 3., Jan 27, 2019
100 Back	1:04.42 LAU Yin Yan Claudia, DLS	6 th Inter City Games, Oct 2007
200 Back	2:17.61 LAU Yin Yan Claudia, DLS	Hong Kong Open Champ. 07, Sep 2007
50 Breast	32.79 CHEUNG Hui Yan Cheyenne, DLS	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Breast	1:11.31 MA Hei Tung Fiona, SLA	5 th East Asian Games, Dec 8, 2009
200 Breast	2:32.79 MA Hei Tung Fiona, SLA	5 th East Asian Games, Dec 9, 2009
50 Fly	28.34 KAN Cheuk Tung Natalie, HVA	Thailand Age Group Swimming Championships 2017
100 Fly	1:02.07 LEUNG Ya Yuan Rachel, KGC	Zoggs Queensland Swim Champ 09, Dec 17, 2009
200 Fly	2:17.10 LAU Ping Yi Audrey, HTA	62 nd FOS – LC Time Trial, April 13-14, 2019
200 IM	2:18.44 HAUGHEY Siobhan Bernadette, SCA	Australian Age Championships, Apr 9-14, 2012
400 IM	4:55.42 LAM Hoi Kiu, HTA	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018

*: Pending for Swimming Committee's Ratification

HKRLC20190729

HONG KONG SWIMMING RECORDS

Listed Date: 29th July, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 15 – 17 YEARS EVENTS

50 Free	22.99 LUM Ching Tat Jeffrey, HFS	8 th Asian Swimming Champ., Nov 28, 2009
100 Free	50.48 LUM Ching Tat Jeffrey, HFS	1 st Asian Youth Games, Jul 06, 2009
200 Free	1:50.30 CHEUK Ming Ho, CPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
400 Free	3:53.05 CHEUK Ming Ho, CPS	62 nd FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
50 Back	26.27 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 19, 2018
100 Back	57.57 CHUNG Lai Yeung, TPS	5 th East Asian Games, Dec 10, 2009
*200 Back	2:05.82 NG Cheuk Yin, TPS	7th Hong Kong Games, May 18-19, 2019
50 Breast	29.34 FONG Ka Yu, WDA	D1 AG LC Swim Comp. Part 2, Jan 14, 2018
100 Breast	1:03.91 NG Yan Kin, HTA	51 st Malaysia Age Group Swim Champ., Apr 24-26, 2015
200 Breast	2:15.77 MOK Kai Tik Marcus, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
50 Fly	24.40 NG Cheuk Yin, TPS	62 nd FOS – LC Time Trial, April 13-14, 2019
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:02.70 LIM Nicholas Owen Zhaoguang, LRC	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
200 IM	2:06.38 MOK Kai Tik Marcus, WTS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
400 IM	4:31.51 LLEWELLYN Little, HTA	Australian Age Championships, Apr 06, 2010

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 15 – 17 YEARS EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
200 Free	1:59.66 HAUGHEY Siobhan Bernadette, SCA	Incheon 2014 Asian Games, Sep 20-26, 2014
400 Free	4:13.81 AU Hoi Shun Stephanie, DWA	Age Group LC Champ 07, Nov 17, 2007
800 Free	8:41.66 AU Hoi Shun Stephanie, DWA	Olympic Games – Beijing, Aug 14, 2008
*1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	29.01 Kwok Sabrina Christine YingYing, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Back	1:01.92 WONG ToTo Kwan To, HTA	10 th Asian Swimming Championships, Nov 17-20, 2016
200 Back	2:15.18 LAU Yin Yan Claudia, DLS	5 th East Asian Games, Dec 6, 2009
50 Breast	31.82 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 6, 2009
100 Breast	1:08.43 KONG Yvette Man Yi, SCA	8 th Asian Swimming Champ., Nov 27, 2009
200 Breast	2:31.65 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 9, 2009
50 Fly	27.52 KAN Cheuk Tung Natalie, HVA	62 nd FOS – LC Time Trial, April 13-14, 2019
100 Fly	1:00.61 KAN Cheuk Tung Natalie, HVA	62 nd MILO/PRAM Malaysia Open Swimming Championships 2019, April 25-28, 2019
200 Fly	2:13.91 NAM Carmen, TPS	Zoggs Queensland Swim Champ 09, Dec 18, 2009
200 IM	2:13.07 HAUGHEY Siobhan Bernadette, SCA	16 th FINA World Championships – Kazan 2015, Aug 2, 2015
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013

*: Pending for Swimming Committee's Ratification

HKRLC20190729

Hong Kong Open Swimming Championships 2019

Reject List

No.	Name	Event	Club	Remarks
1	Chan Sharron	20	DWA	Wrong Event
2	Chan Sharron	38	DWA	Wrong Event
3	Sun Ka Ying Natalie	9	DWA	Wrong Time
4	Hui Ka Lai	33	KTC	Have swimming record
5	Cheung Hau Wing	21	LWS	Entry time slower than QT
6	Leung Tung Yan Angela	9	SCA	No Reg
7	Chillingworth Adam John	16	SCA	Wrong Time
8	Lau Shing Yan	10	TPS	Have swimming record
9	Chu Hon Hei	4	WDA	Entry time slower than QT
10	Lau Chak Lam	24	*GW	No Reg

* Please submit re-entry form no later than 12p.m on 8 August 2019

Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19
Meet Program - Day 1

Event 37 Mixed 4x100 LC Meter Medley Relay

HKR: 3:50.22 **Hong Kong Team**
MR: 4:03.23 **Hoi Tin Athletic Association**
4:54.00 QT Qualifying Time

Meet Qualifying: 4:54.00

Lane	Team	Relay	Seed Time
Heat 1 of 1 Timed Finals			
2	White Dolphin Sport Assn	A	4:54.00 QT
3	Win Tin Swimming Club	A	4:13.36 QT
4	Hoi Tin Athletic Assn Ltd	A	4:03.28 QT
5	South China Athletic Assn	A	4:12.51 QT
6	Happy Valley Athletic Assn	A	4:19.09 QT

Event 1 Women 800 LC Meter Freestyle

HKR: 8:41.66 **AU Hoi Shun Stephanie, DWA**
OST: 8:48.76
OQT: 8:33.36
MR: 8:50.21 **Au Hoi Shun Stephanie - DWA**
9:50.29 QT Qualifying Time

Meet Qualifying: 9:50.29

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Timed Finals					
3	24160 IAZ	Ng, Yat Yee	17	Happy Valley	9:47.42 QT
4	18545	Lam, Pac Tung Nikita	19	Tai Po	9:29.73 QT
5	29111 B	Chan, Lok Wai	15	Happy Valley	9:46.00 QT
6		Mojdeh, Micaela Jasmine	13	Philippines	9:50.00 QT
Heat 2 of 3 Timed Finals					
1	29498 B	Tang, Yee Man	15	Dik Wing	9:24.15 QT
2	29117 IAZ	Wong, Po Yin	14	Happy Valley	9:20.05 QT
3		Pang, Rosalind	18	Malaysia	9:17.13 QT
4	29519 IAZ	Hung, Lok Ching	14	Happy Valley	9:16.00 QT
5	09770 IA	Li, Hannah Hang Fung	22	Kwan Hung	9:16.57 QT
6	31841 IAZ	Ng, Lai Wa	13	Hoi Tin	9:17.66 QT
7	31648 P	Du, Olivia Yiting	14	South China	9:22.06 QT
8	32326 B	Mok, Sze Ki	12	Happy Valley	9:26.09 QT
Heat 3 of 3 Timed Finals					
1	09959 IAZ	Mok, Hoi Man Sheron	23	Pacific	9:11.74 QT
2	19207 B	Nip, Tsz Yin	19	Eastern Winter	9:06.55 QT
3		Himathongkom, Ammiga	22	Thailand	8:54.12 QT
4	21383 B	Ho, Nam Wai	17	Win Tin	8:29.61 QT
5		Ammiga, Himathongkom	22	Thailand	8:54.12 QT
6	12202 IAZ	Cheng, Cin Ying Jessica	20	Hoi Tin	8:57.63 QT
7	23856 B	Leung, Ka Ching	15	Hoi Tin	9:08.06 QT
8		Santa Ana, Rosalee Mira	22	Philippines	9:15.51 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program - Day 1

Event 38 Mixed 4x100 LC Meter Freestyle Relay

HKR: 3:32.55 Hong Kong Team
 MR: 3:37.67 Hoi Tin Athletic Association
 4:33.07 QT Qualifying Time

Meet Qualifying: 4:33.07

Lane	Team	Relay	Seed Time
Heat 1 of 1 Timed Finals			
2	White Dolphin Sport Assn	A	4:33.07 QT
3	Happy Valley Athletic Assn	A	3:48.06 QT
4	Hoi Tin Athletic Assn Ltd	A	3:41.56 QT
5	South China Athletic Assn	A	3:47.22 QT
6	Win Tin Swimming Club	A	3:48.79 QT

Event 2 Men 1500 LC Meter Freestyle

HKR: 15:38.76 CHEUK Ming Ho, CPS
 OST: 15:28.02
 OQT: 15:00.99
 MR: 15:21.60 Hao Yun - China
 18:35.64 QT Qualifying Time

Meet Qualifying: 18:35.64

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Timed Finals					
2	22270 B	Law, Lok Yin Alvin	18	Tuen Mun	18:00.20 QT
3	22961 B	Chan, Tsun Hin	14	White Dolphin	17:40.22 QT
4		Puri, Pattanavibul	15	Thailand	17:33.36 QT
5		Nitis, Natesawang	13	Thailand	17:38.00 QT
6	29579 IAZ	Kan, Tsz Chun	14	Pacific	17:57.62 QT
7		Adrian, Edward Sutjipto	13	Indonesia	18:35.64 QT
Heat 2 of 3 Timed Finals					
1	29849 B	Yeung, Cheuk Hay Hayden	13	Chi Pui	17:22.40 QT
2	35894 B	Chui, Ka Yeung	13	Win Tin	17:16.69 QT
3	27061 IAZ	Chow, Ching Hei Julian	16	South China	17:00.78 QT
4	18172 B	Tsang, Tsz Ho	21	Happy Valley	16:50.00 QT
5		Liew, Daniel	18	Malaysia	16:50.43 QT
6	25326 B	Lam, Tsz Him	15	Happy Valley	17:05.02 QT
7		DE Kam, Marcus Johannes	14	Philippines	17:21.20 QT
8	25889 IAZ	Chung, Yu Jing	15	Hoi Tin	17:22.75 QT
Heat 3 of 3 Timed Finals					
1	23092 B	Chan, Chun Yip Jonathan	15	Happy Valley	16:39.58 QT
2	03439 IAZ	Sin, Chin Ting Keith	24	South China	16:26.97 QT
3	28345 B	Sum, Ka Lok Leo	15	White Dolphin	16:16.21 QT
4		Joe Aditya, Wijaya Kurniawan	18	Indonesia	16:04.45 QT
5		Ernest, Fabian Wijaya	16	Indonesia	16:11.01 QT
6	29257 B	He, Shing Ip	13	Chi Pui	16:17.64 QT
7	22009 IAZ	Eng, Matthew Tingchen	15	Pacific	16:33.38 QT
8	05296 B	Hui, Chun Hin	26	Eastern Winter	16:43.89 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19
Meet Program

Event 3 Women 200 LC Meter Freestyle

HKR: 1:55.96 HAUGHEY Siobhan Bernadette, SCA
 OST: 2:00.80
 OQT: 1:57.28
 MR: 2:00.11 Sze Hang Yu - WTS
 2:22.31 QT Qualifying Time

Meet Qualifying: 2:22.31

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
1	29709 B	Cheung, Ho Ying	16	Hksam	2:22.31 QT
2		Adelia, Cahya Mutiara	19	Indonesia	2:20.50 QT
3		Raisa, Priskhila Z.	20	Indonesia	2:17.55 QT
4	18174 #IAZ	Chan, Wing Sze Kelly	18	Win Tin	2:15.86 QT
5	31469 B	Lee, Si Yao Peony	11	South China	2:17.35 QT
6	29711 B	Cheong, Sui Kei	17	Hksam	2:18.53 QT
7		Villamil, Angela	19	Philippines	2:22.01 QT
Heat 2 of 4 Prelims					
1	31301 IAZ	To, Wing Yan	13	Sha Mei 318	2:12.50 QT
2	29519 IAZ	Hung, Lok Ching	14	Happy Valley	2:09.74 QT
3		Napatsawan, Jaritkla	13	Thailand	2:06.25 QT
4		Lee, Yen Ni	23	Chinese Taipei	2:03.36 QT
5		Himathongkom, Ammiga	22	Thailand	2:05.97 QT
6		Angel, Gabriella Yus	17	Indonesia	2:06.70 QT
7	29449 B	Leung, Wing Tsun Rachel	12	Win Tin	2:11.33 QT
8	27385 IAZ	Lam, Michelle Hiu-tung	15	South China	2:14.10 QT
Heat 3 of 4 Prelims					
1		Nuraini, Kirana Maharani	14	Indonesia	2:11.86 QT
2		Pang, Rosalind	18	Malaysia	2:08.63 QT
3	29060 IAZ	Lam, Hoi Kiu	15	Hoi Tin	2:06.16 QT
4	22842 IAZ	Tang, Tsoi Lam Katii	17	Happy Valley	2:02.90 QT
5		Santa Ana, Rosalee Mira	22	Philippines	2:05.54 QT
6	22622 IAZ	Yip Charis Gabrielle, Chak Y	16	Happy Valley	2:06.63 QT
7	27774 B	Lam, Hoi Ching Summer	14	South China	2:10.55 QT
8	28573 B	Wong, Yu Ching	13	Hoi Tin	2:13.54 QT
Heat 4 of 4 Prelims					
1	26940 B	Yau, Yee Shun Hannah	14	Tai Po	2:11.34 QT
2	27089 B	Chan, Ying Sen	14	Hoi Tin	2:08.09 QT
3		Ammiga, Himathongkom	22	Thailand	2:05.97 QT
4	21383 B	Ho, Nam Wai	17	Win Tin	1:56.83 QT
5		Sapianchai, Kornkarnjana	22	Thailand	2:03.74 QT
6	09770 IA	Li, Hannah Hang Fung	22	Kwan Hung	2:06.50 QT
7	31648 P	Du, Olivia Yiting	14	South China	2:10.46 QT
8	33759 B	Mak, Hoi Ching	12	Hoi Tin	2:13.02 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19
Meet Program

Event 4 Men 100 LC Meter Freestyle

HKR: 49.22 **TO Kenneth King Him, LWS**
OST: 50.03
OQT: 48.57
MR: 49.33 **To Kenneth King Him - LWS**
57.55 **QT Qualifying Time**

Meet Qualifying: 57.55

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 7 Prelims					
3	18216 B	Wong, Kwok Ho Horace	18	Kwan Hung	57.55 QT
4	24611 B	Yang, Henry Bing Ray	15	Jockey Club	57.55 QT
5	30637 B	Nip, Tsz Tsun	15	Creative Youth	57.55 QT
Heat 2 of 7 Prelims					
1		Krittiphum, Ramsiri	15	Thailand	57.55 QT
2	20081 IAZ	Chu, Yui Hang	19	HK Sportworld	56.93 QT
3	35894 B	Chui, Ka Yeung	13	Win Tin	56.59 QT
4		Guerrero, Gabriel	19	Philippines	56.31 QT
5	29708 IAZ	Wong, Hon Yin	17	Hksam	56.46 QT
6		DE Kam, Marcus Johannes	14	Philippines	56.85 QT
7		Guerrero, Grayiel	18	Philippines	57.23 QT
8	13321 B	Liao, Xian Hao Jonathan	20	Jockey Club	57.55 QT
Heat 3 of 7 Prelims					
1	22961 B	Chan, Tsun Hin	14	White Dolphin	56.16 QT
2		Ernest, Fabian Wijaya	16	Indonesia	56.01 QT
3	25848 B	Tsang, Ho Ka	16	Win Tin	55.83 QT
4	21134 B	Cheuk, King Pok	15	Tolo Harbour	55.56 QT
5		Widad, Aidir	21	Indonesia	55.64 QT
6	18634 B	Chan, Hei Chun	17	Juan Hua Club	55.89 QT
7	26973 #B	Zhang, Tsz Hin	16	HK Sportworld	56.05 QT
8	32240 IAZ	Choy, Man Hin	16	Csu	56.20 QT
Heat 4 of 7 Prelims					
1	30499 IAO	Chan, Nathan	16	Dik Wing	55.10 QT
2	23023 B	Lam, Chun Fai	18	Happy Valley	54.59 QT
3	20376 B	Tsang, Ho Yan	17	Win Tin	54.38 QT
4	24901 IAZ	Yau, Alfred Kap Fong	15	South China	53.53 QT
5	19092 IAZ	Wong, Ming Hong	19	Hoi Tin	54.00 QT
6	26160 IAZ	Fu, Chun	17	Tai Po	54.43 QT
7	08999 B	Ho, Tin Long	22	Win Tin	54.71 QT
8	24576 IAZ	Tsang, Long Kiu	17	Dik Wing	55.46 QT
Heat 5 of 7 Prelims					
1	21094 IAZ	Leung, Chun Hei Bryan	18	Win Tin	53.02 QT
2		Ilustre, Maurice Sacho C.	20	Philippines	52.42 QT
3	10574 B	Chen, Cheuk Fung	22	South China	51.58 QT
4		An, Ting Yao	21	Chinese Taipei	50.00 QT
5		Wang, Tse	21	Chinese Taipei	50.80 QT
6		Ng, Terence	19	Malaysia	52.03 QT
7	20214 B	Ho, Lok Yin	17	Win Tin	52.78 QT
8	22824 IAZ	Wong, Lok Kan	15	Hoi Tin	53.22 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 6 Prelims... (Event 4 Men 100 LC Meter Freestyle)

1		Lin, Shih Chieh	27	Chinese Taipei	53.00	QT
2		Danandra, Indra Damario	19	Indonesia	52.19	QT
3		Wang, Hao	20	Chinese Taipei	51.28	QT
4	22533 IAZ	Ng, Cheuk Yin	16	Tai Po	49.86	QT
5		Wang, Yu Lien	24	Chinese Taipei	50.14	QT
6		Putra, Muhammad Randa	24	Indonesia	52.02	QT
7	20289 IAZ	Tsui, Wai Chi	17	Win Tin	52.52	QT
8		Lin, Sizhuang	20	Macau, China	53.09	QT

Heat 7 of 7 Prelims

1		Chan, Jun Jian	19	Malaysia	52.86	QT
2	32248 B	Li, Sing Hoi	14	Win Tin	52.12	QT
3	14415 B	Law, Siu Chung	21	Happy Valley	50.88	QT
4	15203 B	Lam, Ho Yin Martin	20	Jockey Club	49.53	QT
5	07734 P	Wong, Chen Ho Jeremy	25	Hoi Tin	50.02	QT
6	06697 B	Koo, Yat Ho	21	Hoi Tin	51.74	QT
7		Alexis, Wijaya Ohmar	24	Indonesia	52.45	QT
8		Lim, Zi Win	17	Malaysia	53.08	QT

Event 5 Women 100 LC Meter Breaststroke

HKR:	1:07.69	KONG Yvette Man Yi, SCA
OST:	1:09.08	
OQT:	1:07.07	
MR:	1:08.66	Lin Pei Wun - TPE
	1:25.13	QT Qualifying Time

Meet Qualifying: 1:25.13

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 6 Prelims						
3	30401 IAZ	Chiu, Jamie Tsz Ching	16	Kowloon Tong Club	1:25.13	QT
4	30273 IAZ	Tse, Lam Yan Karen	15	Hksam	1:24.24	QT
5	38297 IAX	Cheung, Hau Wing	11	Lai Wa	1:25.13	QT
Heat 2 of 6 Prelims						
1	27073 B	Tai, Ji Ching	17	Hoi Ngai	1:23.72	QT
2	32230 B	Ko, Yu Ting	15	Giant Whale	1:22.36	QT
3	21701 IAZ	Hui, Ka Lai	20	Kowloon Tong Club	1:21.60	QT
4	31053 B	Imura, Hanna	14	Pacific	1:21.00	QT
5	33886 IAZ	Leung, Chung Hang Jade	12	Sword Fish Club	1:21.35	QT
6		Uy, Tara Kenisha	17	Philippines	1:21.83	QT
7	27661 IAZ	Mak, Ying Qian Phoebe	16	Giant Whale	1:22.86	QT
8		Dinda, Ratna Pitaloka	19	Indonesia	1:24.13	QT
Heat 3 of 6 Prelims						
1	33140 B	Choi, Ka Wai	13	Long Fame	1:20.68	QT
2	28438 B	Lam, Hiu Nam	15	Kwun Tong	1:20.38	QT
3		Carreon, Dara Nichelle	19	Philippines	1:19.89	QT
4		Alvia, Azzahra D.	18	Indonesia	1:19.39	QT
5	30999 IAZ	Lau, Tsz Ching Jaime	15	Tai Po	1:19.41	QT
6	28998 B	Lai, Nok Hei	13	Tai Po	1:19.92	QT
7	33129 IAZ	Lau, Yui Sze	12	Sword Fish Club	1:20.39	QT
8	36319 IAZN	Yim, Ying Oi Kelly	13	Tai Po	1:20.99	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19**Meet Program****Heat 4 Prelims... (Event 5 Women 100 LC Meter Breaststroke)**

1	26152 IAO	Tang, Vanessa Yik Ching	17	Sea Lion	1:18.58	QT
2	31524 B	Chu, Wai Ki	12	Win Tin	1:16.18	QT
3	19152 IAZ	Cheung, Wing Yan	19	Tai Po	1:15.17	QT
4		Liao, Man Wen	24	Chinese Taipei	1:10.84	QT
5		Dela Ruz, Thanya Angelyn C.	16	Philippines	1:13.60	QT
6	34467 B	Chan, Tsz Ching	13	Sea Lion	1:15.97	QT
7	29344 B	Cheng, Cheuk Ying	16	Kwun Tong	1:17.06	QT
8		Mojdeh, Micaela Jasmine	13	Philippines	1:19.03	QT

Heat 5 of 6 Prelims

1	33004 B	So, Reenie	13	Win Tin	1:17.27	QT
2	35365 B	Choy, Lai Lam	12	Hoi Tin	1:16.15	QT
3	27413 B	Wong, Suet Ching	15	Happy Valley	1:15.13	QT
4	15574 P	Yeung, Jamie Zhen Mei	22	Hoi Tin	1:09.85	QT
5	23005 B	Lam, Hiu Wai	18	Kwun Tong	1:11.78	QT
6	33815 IAZ	Wong, Hin Yi	12	Tai Po	1:15.93	QT
7	26665 IAZ	Chan, Yuen Ting Charmaine	13	South China	1:16.98	QT
8		Ni, Putu Pande Lisa	12	Indonesia	1:18.77	QT

Heat 6 of 6 Prelims

1	39592 #IAZ	Sng, Yan Megan	14	Dik Wing	1:17.16	QT
2		Phurichaya, Junyamitree	13	Thailand	1:16.00	QT
3	27647 IAZ	Tam, Yik Shan	14	Pacific	1:14.21	QT
4		Lin, Pei Wun	19	Chinese Taipei	1:08.00	QT
5		Boonamphai, Saovanee	19	Thailand	1:11.09	QT
6	34810 IAZ	Chan, Chi Ting	13	Pacific	1:15.86	QT
7	31033 IAZ	Ho, Wan Yui	13	Flying Dragon	1:16.38	QT
8	20969 IAZ	Lui, Wing Lam	17	Lai Wa	1:18.70	QT

Event 6 Men 50 LC Meter Breaststroke

HKR: 28.23

TO Kenneth King Him, LWS

MR: 28.33

Balandin,Dmitriy - Kazakhstan

33.49 QT Qualifying Time

Meet Qualifying: 33.49

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 7 Prelims					
2	32776 IAZ	Lai, Wai Tsan	14	South China	33.49 QT
3	34402 IAZ	Lam, Yu Him	15	South China	33.49 QT
4	29306 #B	Cheng, Hoi Kei	14	White Dolphin	33.43 QT
5	22725 B	Wong, Cheuk Chi	17	New Wave	33.49 QT
6	18592 B	Lam, Sheung Nam Sean	20	Giant Whale	33.49 QT
7	25442 #B	Kong, Wai Chun	15	HK Sportworld	33.49 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 2 Prelims... (Event 6 Men 50 LC Meter Breaststroke)

1	24340 B	Chow, Cheuk Wing	17 Sea Lion	32.99	QT
2	23201 #B	So, Fermin	16 Dik Wing	32.40	QT
3	25003 B	Tsui, Dylan Ethan	17 Happy Valley	31.76	QT
4	31867 #P	Lam, Ka Chun	16 Pacific	31.54	QT
5	33407 IAZ	Chu, Ho Yin	14 Tai Po	31.74	QT
6	24279 IAZ	Au, Chung Yin	18 White Dolphin	31.79	QT
7	30592 IAZ	Sin, Yau Cheung	15 Sea Lion	32.87	QT
8	31544 IAZ	Chan, Yeuk Hei Andrew	13 Kowloon Tong Club	33.17	QT

Heat 3 of 7 Prelims

1	18657 B	Hung, Yuk Sen Jason	18 Tai Po	31.44	QT
2	22513 IAZ	Tang, Cheuk Yan	18 Chi Pui	31.24	QT
3	29599 IAZ	Lai, Ching Hei	15 Pacific	31.15	QT
4		Yu, Jen Chun	17 Chinese Taipei	31.15	QT
5	02591	Luk, Wing Kin Andy	30 Kwan Hung	31.15	QT
6		Lobos, Jordan Ken	15 Philippines	31.20	QT
7	25440 P	Cheng, Tsz Kin	17 HK Sportworld	31.32	QT
8	25108 B	Au, Hao Yang	14 Win Tin	31.47	QT

Heat 4 of 7 Prelims

1	21189 B	Chau, Ho Yin	18 Win Tin	31.09	QT
2	25227 IAZ	Yeung, Pok Hin	22 Sea Lion	30.93	QT
3	29568 B	Chan, Chun Shek	16 Win Tin	30.72	QT
4	31941 IAZ	Tang, Kwok Ho	15 White Dolphin	30.66	QT
5	17949 B	Ip, Alvin Ho Shuen	17 South China	30.68	QT
6	19430 B	Mok, Yik Long	17 Win Tin	30.84	QT
7	42025 IAO	Luk, Arnold Bingtse	22 South China	31.04	QT
8	40109 IAZ	Lee, Chun Sing Jason	15 South China	31.11	QT

Heat 5 of 7 Prelims

1	25050 B	Kung, Lok Sum	15 Tai Po	30.51	QT
2	26736 IAZ	Wong, Hong Kiu	17 Tai Po	29.98	QT
3		Ilham, Achmad Turmudzi	21 Indonesia	29.06	QT
4		Pipimnan, Kitiphath	24 Thailand	28.52	QT
5	01635 ICZ	Wong, Chun Yan	32 Hoi Tin	28.72	QT
6	19440 B	Chan, Chun Lok	18 Win Tin	29.33	QT
7	22413 IAZ	Lee, Shing Yan	16 Hoi Tin	30.05	QT
8	22087 IAZ	Yung, Ting Cheung	19 Kowloon Tong Club	30.63	QT

Heat 6 of 7 Prelims

1	22994 B	Wong, Benson	16 Dali Swimming Club	30.25	QT
2	28535 B	Law, Tsz Hin	16 Hoi Ngai	29.89	QT
3		Dennis, Joshua Tiwa	25 Indonesia	29.01	QT
4		Hsu, Han-Peng	20 Chinese Taipei	28.50	QT
5	12303 IAZ	Ng, Yan Kin	22 Hoi Tin	28.66	QT
6		Tirol, Rian Marco A.	18 Philippines	29.30	QT
7	31264 IAZ	Tam, Chun Yik	17 Hoi Tin	30.02	QT
8	23703 IAZ	Lam, Chun Lok Francis	17 Win Tin	30.55	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 7 Prelims... (Event 6 Men 50 LC Meter Breaststroke)

1	23816 IAZ	Tsui, Chi Hei	18	Hoi Tin	30.08	QT
2	11395 B	Chan, Yin Kwan	21	Sea Lion	29.36	QT
3		Gagarin, Nathaniel Yus	23	Indonesia	28.83	QT
4		Chao, Man Hou	23	Macau, China	27.91	QT
5	00421 IAZ	Mak, Ho Lun Raymond	26	Hoi Tin	28.62	QT
6	15204 B	Yang, Hin Ho Boris	20	Jockey Club	29.30	QT
7	20934 B	Tang, Ho Chuen	18	Sea Lion	30.01	QT
8	27080 B	Chan, Tsz Chung Samuel	15	Sword Fish Club	30.54	QT

Event 7 Women 100 LC Meter Butterfly

HKR: 58.24 Hannah WILSON, SCA

OST: 59.66

OQT: 57.92

MR: 59.78 Tao Li - Singapore

1:13.26 QT Qualifying Time

Meet Qualifying: 1:13.26

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
3	31657 IAZ	Chan, Lok Mei	11	Happy Valley	1:11.85	QT
4	33749 P	Standing, Emma	13	South China	1:11.38	QT
5	35684 IAZ	Chan, Yui Lam	15	Hksam	1:11.54	QT
6	29709 B	Cheung, Ho Ying	16	Hksam	1:13.26	QT
Heat 2 of 5 Prelims						
1		Tee Ten, Winona Nadine	22	Philippines	1:09.46	QT
2		Asih, Setyarini	20	Indonesia	1:08.99	QT
3	27190 IAO	Pun, Kate Cruz	15	Tai Po	1:08.58	QT
4	29902 B	Lam, Cheuk Ue Natalie	15	Tai Po	1:07.55	QT
5		Kawisara, Tansatien	17	Thailand	1:07.97	QT
6	31469 B	Lee, Si Yao Peony	11	South China	1:08.86	QT
7	27659 P	Lai, Lok Yee	16	Giant Whale	1:09.03	QT
8	14069 IAZ	Yuen, Sin Ling	22	White Dolphin	1:09.91	QT
Heat 3 of 5 Prelims						
1		Liew, Chern Xin	17	Malaysia	1:05.86	QT
2		Mojdeh, Micaela Jasmine	13	Philippines	1:04.10	QT
3	32326 B	Mok, Sze Ki	12	Happy Valley	1:03.17	QT
4	11920 B	Tam, Hoi Lam	21	Current Club Ltd	59.63	QT
5		Sapianchai, Kornkarnjana	22	Thailand	1:02.00	QT
6		Buico, Camille Lauren	16	Philippines	1:03.60	QT
7	20766 B	Li, Yuet Sum Phyllis	17	Tai Po	1:05.35	QT
8	14774 IAZ	Wong, Hoi Yan	18	Pacific	1:06.54	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 4 Prelims... (Event 7 Women 100 LC Meter Butterfly)

1		Nuraini, Kirana Maharani	14	Indonesia	1:05.65	QT
2	18783 IAZ	Wong, Wai Nam	17	White Dolphin	1:04.08	QT
3	38093 IAZ	Wang, Yu Chi	17	Hoi Tin	1:02.54	QT
4	20540 IAZ	Kan, Cheuk Tung Natalie	17	Happy Valley	59.47	QT
5		Supasuta, Sounthornchote	23	Thailand	1:01.16	QT
6	24160 IAZ	Ng, Yat Yee	17	Happy Valley	1:03.54	QT
7	21860 B	Tam, Suet Ying	15	Win Tin	1:05.05	QT
8	32517 B	Wong, Hoi Wai	13	Happy Valley	1:06.19	QT

Heat 5 of 5 Prelims

1	29111 B	Chan, Lok Wai	15	Happy Valley	1:05.38	QT
2		Parada, Promtaung	17	Thailand	1:03.99	QT
3	30455 B	Lui, Ho Yee Chloe	14	Win Tin	1:02.53	QT
4	05641 IBZ	Chan, Kin Lok	25	Win Tin	58.72	QT
5		Alkhalidi, Jasmine	26	Philippines	1:01.10	QT
6		Napatsawan, Jaritkla	13	Thailand	1:03.21	QT
7		Angel, Gabriella Yus	17	Indonesia	1:04.40	QT
8	29240 B	Chu, Sarah Ting Yan	14	South China	1:06.09	QT

Event 8 Men 400 LC Meter IM

HKR: 4:29.02 Alex FONG Lik-sun, SCA

OST: 4:21.46

OQT: 4:15.84

MR: 4:15.86

5:20.71

Wang Hsing Hao - TPE

QT Qualifying Time

Meet Qualifying: 5:20.71

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims					
1	29599 IAZ	Lai, Ching Hei	15	Pacific	4:52.73 QT
2	30024 B	Lau, Yui Hin	16	Sword Fish Club	4:45.71 QT
3		Adityastha, Rai Wratsangka	21	Indonesia	4:41.11 QT
4	11438 B	Fung, Chun Ho	21	Hoi Tin	4:23.22 QT
5	03439 IAZ	Sin, Chin Ting Keith	24	South China	4:34.19 QT
6	33495 #IAZ	Wan, Siu Chun	14	Tai Po	4:43.06 QT
7		Ernest, Fabian Wijaya	16	Indonesia	4:52.02 QT
Heat 2 of 2 Prelims					
1		Arcilla, Sebastian	20	Philippines	4:52.11 QT
2	22210 B	Chan, Yin Ban	15	White Dolphin	4:43.69 QT
3	26123 IAZ	Wong, Wai Lun	17	Hoi Tin	4:35.92 QT
4		Wang, Hsing Hao	20	Chinese Taipei	4:15.00 QT
5		Sukkieo, Phuwadon	22	Thailand	4:31.00 QT
6	28610 IAZ	Chan, Long Tin	18	Hksam	4:41.47 QT
7	29257 B	He, Shing Ip	13	Chi Pui	4:48.87 QT
8	26308 IAZ	Yip, Ching Tak	17	Csu	4:56.24 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19
Meet Program

Event 9 Women 50 LC Meter Backstroke

HKR: 27.98 **AU Hoi Shun Stephanie, DWA**
MR: 28.49 **Au Hoi Shun Stephanie - DWA**
34.89 **QT Qualifying Time**

Meet Qualifying: 34.89

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
3	34922 #B	Ma, Wing Sum	15	Tai Po	34.89 QT
4	31437 B	Yeung, Hoi Ching	12	Tai Po	34.03 QT
5		Almira, Pohaci	19	Indonesia	34.40 QT
Heat 2 of 4 Prelims					
1		Villamil, Angela	19	Philippines	33.53 QT
2	28142 B	Lee, Man Fei	13	Win Tin	31.56 QT
3	21869 B	Kwan, Sum Yuet	17	Win Tin	30.78 QT
4	26541 B	Lee, Yan Hei	14	Win Tin	29.69 QT
5		Nimdam, Kanitta	27	Thailand	29.91 QT
6	18549 IAZ	So, Ching Laam	18	Win Tin	31.24 QT
7	34893 #IAZ	Sun, Ka Ying Natalie	15	Dik Wing	32.41 QT
Heat 3 of 4 Prelims					
1		Ngui, Andrea Ann Tiffany	21	Philippines	33.21 QT
2	18130 IAZ	Mak, Agnes	16	Kwun Tong	31.39 QT
3		Sofie, Kemala Fatiha	18	Indonesia	30.45 QT
4	22719 IAZ	Wong, Kwan To	19	Hoi Tin	27.78 QT
5	17084 IAZ	Lau, Sze Wing	21	Hoi Tin	29.88 QT
6	20885 B	Tsang, Hoi Lan	17	Giant Whale	31.09 QT
7	29746 B	Tang, Ka Ying Lorraine	14	Jockey Club	31.96 QT
8	33539 IAZ	Ng, Wing Sum Minnie	14	Giant Whale	33.98 QT
Heat 4 of 4 Prelims					
1	25033 B	Chu, Karen	15	Tai Po	32.64 QT
2	20769 B	Yeung, Tsoi Yuk	16	Dik Wing	31.39 QT
3	29057 B	Cheng, Jessica Chloe	13	Tai Po	30.10 QT
4	00866 IAZ	Au, Hoi Shun Stephanie	27	Dik Wing	27.68 QT
5		Anak Agung, Istri Kania Ratih	21	Indonesia	29.77 QT
6	10974 IAZ	Au, Hiu Pui	23	Giant Whale	31.05 QT
7	29211 B	Hsieh, Hoi Ying Katrina	13	South China	31.75 QT
8	29104 #B	Ng, Wai Ling	12	Tai Po	33.58 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 5 Prelims... (Event 10 Men 100 LC Meter Backstroke)

1	34197 IAZ	Ong, Chak Min	15	Tai Po	1:01.76	QT
2		Yu, Jen Chun	17	Chinese Taipei	1:00.85	QT
3		Ng, Terence	19	Malaysia	59.06	QT
4		Chuang, Mu Lun	18	Chinese Taipei	55.11	QT
5	24698 B	Fong, Ching Yuen	18	Win Tin	56.99	QT
6		Punnaprasart, Pooncharat	15	Thailand	1:00.47	QT
7	26160 IAZ	Fu, Chun	17	Tai Po	1:01.31	QT
8	32420 IAZ	Hui, Wai Chun	15	CYM	1:03.50	QT

Heat 6 of 6 Prelims

1	24751 B	Lau, Hoi Hang	15	Lai Wa	1:01.55	QT
2	31320 IAZ	Leung, Lok Him Barry	17	Pacific	1:00.61	QT
3	23023 B	Lam, Chun Fai	18	Happy Valley	58.82	QT
4	22533 IAZ	Ng, Cheuk Yin	16	Tai Po	54.62	QT
5		I Gde, Siman Sudartawa	24	Indonesia	56.27	QT
6	27239 B	Chan, Sheung Kwan	17	Keung Sang	1:00.22	QT
7	26832 IAZ	Hui, Ka Chun	18	Hksam	1:01.17	QT
8	29589 B	Yeung, Ho Ning	15	Tai Po	1:03.08	QT

Event 11 Women 200 LC Meter IM

HKR:	2:12.10	HAUGHEY Siobhan Bernadette, SC
OST:	2:16.54	
OQT:	2:12.56	
MR:	2:13.56	Zhang Si Shi - China
	2:38.84	QT Qualifying Time

Meet Qualifying: 2:38.84

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 2 Prelims						
1		Ni, Putu Pande Lisa	12	Indonesia	2:38.67	QT
2	27190 IAO	Pun, Kate Cruz	15	Tai Po	2:36.31	QT
3	29449 B	Leung, Wing Tsun Rachel	12	Win Tin	2:27.55	QT
4	15574 P	Yeung, Jamie Zhen Mei	22	Hoi Tin	2:17.85	QT
5	20766 B	Li, Yuet Sum Phyllis	17	Tai Po	2:26.83	QT
6	14774 IAZ	Wong, Hoi Yan	18	Pacific	2:29.68	QT
7		Phurichaya, Junyamitree	13	Thailand	2:37.76	QT
8	33129 IAZ	Lau, Yui Sze	12	Sword Fish Club	2:38.84	QT
Heat 2 of 2 Prelims						
1		Carreon, Dara Nichelle	19	Philippines	2:37.99	QT
2		Tee Ten, Winona Nadine	22	Philippines	2:31.76	QT
3	27413 B	Wong, Suet Ching	15	Happy Valley	2:26.94	QT
4	20540 IAZ	Kan, Cheuk Tung Natalie	17	Happy Valley	2:13.42	QT
5	15445 IAZ	Liu, Karen	19	Hoi Tin	2:19.40	QT
6	35684 IAZ	Chan, Yui Lam	15	Hksam	2:29.12	QT
7	32517 B	Wong, Hoi Wai	13	Happy Valley	2:37.57	QT
8	31053 B	Imura, Hanna	14	Pacific	2:38.84	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 2 Prelims... (Event 13 Women 50 LC Meter Freestyle)

1	33539 IAZ	Ng, Wing Sum Minnie	14 Giant Whale	29.81	QT
2		Alvia, Azzahra D.	18 Indonesia	29.51	QT
3	32456 IAZ	Leung, Sylvia	17 Hoi Tin	29.18	QT
4	37157 B	Lam, Lok Hei	13 Csu	28.99	QT
5	34467 B	Chan, Tsz Ching	13 Sea Lion	29.15	QT
6	36161 IAO	Oldenziel, Angela Ying Ying	16 Hoi Tin	29.45	QT
7		Almira, Pohaci	19 Indonesia	29.78	QT
8	27661 IAZ	Mak, Ying Qian Phoebe	16 Giant Whale	29.92	QT

Heat 3 of 8 Prelims

1		Kawisara, Tansatien	17 Thailand	28.89	QT
2	28573 B	Wong, Yu Ching	13 Hoi Tin	28.79	QT
3	16992 IAZ	Leung, Ching In	19 Sea Lion	28.36	QT
4		Villamil, Angela	19 Philippines	28.31	QT
5		Uy, Tara Kenisha	17 Philippines	28.33	QT
6	36011 B	Law, Hang Ue Anastasia	13 Hoi Tin	28.67	QT
7		Adelia, Cahya Mutiara	19 Indonesia	28.86	QT
8		Raisa, Priskhila Z.	20 Indonesia	28.90	QT

Heat 4 of 8 Prelims

1	10974 IAZ	Au, Hiu Pui	23 Giant Whale	28.28	QT
2	27774 B	Lam, Hoi Ching Summer	14 South China	28.27	QT
3	27659 P	Lai, Lok Yee	16 Giant Whale	28.14	QT
4	29746 B	Tang, Ka Ying Lorraine	14 Jockey Club	28.10	QT
5	29542 IAZ	Yeung, Hin Yan	15 Hoi Tin	28.12	QT
6	33749 P	Standing, Emma	13 South China	28.26	QT
7	19093 B	Hung, Hiu Yan	18 Dali Swimming Club	28.27	QT
8	33329 B	Sin, Ka Ying	16 CYM	28.30	QT

Heat 5 of 8 Prelims

1		Asih, Setyarini	20 Indonesia	28.05	QT
2	31301 IAZ	To, Wing Yan	13 Sha Mei 318	28.05	QT
3	21701 IAZ	Hui, Ka Lai	20 Kowloon Tong Club	28.00	QT
4	34922 #B	Ma, Wing Sum	15 Tai Po	27.79	QT
5	26940 B	Yau, Yee Shun Hannah	14 Tai Po	27.91	QT
6	20885 B	Tsang, Hoi Lan	17 Giant Whale	28.05	QT
7		Sofie, Kemala Fatiha	18 Indonesia	28.05	QT
8	16235 D	Tsui, Sze Yu	20 Win Tin	28.06	QT

Heat 6 of 8 Prelims

1	29240 B	Chu, Sarah Ting Yan	14 South China	27.49	QT
2	18028 B	Leung, Ho Ching	19 Pacific	27.08	QT
3		Anak Agung, Istri Kania Ratih	21 Indonesia	26.23	QT
4	22347 B	Wong, Sze Ting	15 Win Tin	25.22	QT
5		Lin, Pei Wun	19 Chinese Taipei	25.90	QT
6		Parada, Promtaung	17 Thailand	26.84	QT
7	27089 B	Chan, Ying Sen	14 Hoi Tin	27.32	QT
8		Buico, Camille Lauren	16 Philippines	27.79	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 7 Prelims... (Event 13 Women 50 LC Meter Freestyle)

1	29211 B	Hsieh, Hoi Ying Katrina	13	South China	27.45	QT
2	18227 IAZ	Tse, Ching Ting	19	Lai Wa	27.01	QT
3	26541 B	Lee, Yan Hei	14	Win Tin	26.09	QT
4	11920 B	Tam, Hoi Lam	21	Current Club Ltd	25.13	QT
5	05641 IBZ	Chan, Kin Lok	25	Win Tin	25.64	QT
6	26511 #IAZ	Chan, Sharron	18	Dik Wing	26.50	QT
7	30455 B	Lui, Ho Yee Chloe	14	Win Tin	27.19	QT
8	31869 IAZ	Ma, Gian	14	Tai Po	27.78	QT

Heat 8 of 8 Prelims

1		Liew, Chern Xin	17	Malaysia	27.37	QT
2	28081 B	Cheung, Hoi Lam	14	White Dolphin	26.88	QT
3		Alkhalidi, Jasmine	26	Philippines	26.02	QT
4	06425 B	Haughey, Siobhan Bernadette	21	South China	24.85	QT
5	14159 B	Cheng, Camille Lily Mei	26	Hoi Tin	25.50	QT
6	22487 B	Ha, Yuen Wai	16	Hoi Tin	26.50	QT
7		Ngui, Andrea Ann Tiffany	21	Philippines	27.09	QT
8		Gemma, Allegra Halim	17	Indonesia	27.65	QT

Event 14 Men 400 LC Meter Freestyle

HKR:	3:53.05	CHEUK Ming Ho, CPS
OST:	3:53.58	
OQT:	3:46.78	
MR:	3:51.23	Hao Yun - China
	4:34.03	QT Qualifying Time

Meet Qualifying: 4:34.03

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
3	10574 B	Chen, Cheuk Fung	22	South China	4:34.03	QT
4	22270 B	Law, Lok Yin Alvin	18	Tuen Mun	4:33.37	QT
5		Adrian, Edward Sutjipto	13	Indonesia	4:34.03	QT
Heat 2 of 4 Prelims						
1	29282 #IAZ	Lin, Lok Him Angus	12	Pacific	4:31.79	QT
2	27030 #B	Tsai, Ho Hin Ethan	13	Hoi Tin	4:27.18	QT
3	25848 B	Tsang, Ho Ka	16	Win Tin	4:24.28	QT
4		Puri, Pattanavibul	15	Thailand	4:22.44	QT
5		Nitis, Natesawang	13	Thailand	4:23.00	QT
6	24611 B	Yang, Henry Bing Ray	15	Jockey Club	4:26.08	QT
7	29708 IAZ	Wong, Hon Yin	17	Hksam	4:27.20	QT
8	35894 B	Chui, Ka Yeung	13	Win Tin	4:32.46	QT
Heat 3 of 4 Prelims						
1	28345 B	Sum, Ka Lok Leo	15	White Dolphin	4:15.58	QT
2		Ernest, Fabian Wijaya	16	Indonesia	4:10.01	QT
3		Thavarabha, Jittrapon	19	Thailand	4:07.08	QT
4		Joe Aditya, Wijaya Kurniawan	18	Indonesia	4:01.01	QT
5	21094 IAZ	Leung, Chun Hei Bryan	18	Win Tin	4:04.29	QT
6	21052 B	Thorley, William Yan	16	Sha Mei 318	4:09.11	QT
7	28580 IAZ	Yau, Ryan Long Yuen	16	South China	4:11.67	QT
8		DE Kam, Marcus Johannes	14	Philippines	4:20.50	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 4 Prelims... (Event 14 Men 400 LC Meter Freestyle)

1	22009 IAZ	Eng, Matthew Tingchen	15	Pacific	4:11.92	QT
2	23092 B	Chan, Chun Yip Jonathan	15	Happy Valley	4:09.87	QT
3	19092 IAZ	Wong, Ming Hong	19	Hoi Tin	4:06.05	QT
4	13321 B	Liao, Xian Hao Jonathan	20	Jockey Club	3:54.73	QT
5		Putra, Muhammad Randa	24	Indonesia	4:01.02	QT
6	29257 B	He, Shing Ip	13	Chi Pui	4:08.04	QT
7	17507 B	Leung, Cheuk Fung	17	Dali Swimming Club	4:10.39	QT
8	22824 IAZ	Wong, Lok Kan	15	Hoi Tin	4:20.01	QT

Event 15 Women 200 LC Meter Backstroke

HKR: 2:09.33 LAU Yin Yan Claudia, DLS

OST: 2:14.30

OQT: 2:10.39

MR: 2:15.09

Au Hoi Shun Stephanie - DWA

2:37.67 QT Qualifying Time

Meet Qualifying: 2:37.67

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 2 Prelims						
2	28142 B	Lee, Man Fei	13	Win Tin	2:24.14	QT
3	09959 IAZ	Mok, Hoi Man Sheron	23	Pacific	2:19.31	QT
4	00866 IAZ	Au, Hoi Shun Stephanie	27	Dik Wing	2:13.87	QT
5		Yamsuan, Fonpray	18	Thailand	2:17.31	QT
6	22622 IAZ	Yip Charis Gabrielle, Chak Y	16	Happy Valley	2:22.49	QT
7	29117 IAZ	Wong, Po Yin	14	Happy Valley	2:28.26	QT
Heat 2 of 2 Prelims						
2	18130 IAZ	Mak, Agnes	16	Kwun Tong	2:23.46	QT
3	29057 B	Cheng, Jessica Chloe	13	Tai Po	2:18.62	QT
4	22719 IAZ	Wong, Kwan To	19	Hoi Tin	2:08.91	QT
5		Wang, Wan Chen	14	Chinese Taipei	2:16.61	QT
6	31841 IAZ	Ng, Lai Wa	13	Hoi Tin	2:21.51	QT
7	17084 IAZ	Lau, Sze Wing	21	Hoi Tin	2:26.60	QT

Event 16 Men 200 LC Meter Breaststroke

HKR: 2:15.34 NG Michael Yu Hin, CPS

OST: 2:14.26

OQT: 2:10.35

MR: 2:14.64

Balandin, Dmitriy - Kazakhstan

2:45.08 QT Qualifying Time

Meet Qualifying: 2:45.08

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 6 Prelims						
3	35805 B	So, Chun Hin	12	Pacific	2:45.08	QT
4	14815 P	Chillingworth, Adam John	21	South China	2:45.08	QT
5	31867 #P	Lam, Ka Chun	16	Pacific	2:45.08	QT
6	25442 #B	Kong, Wai Chun	15	HK Sportworld	2:45.08	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 2 Prelims... (Event 16 Men 200 LC Meter Breaststroke)

1	25003 B	Tsui, Dylan Ethan	17 Happy Valley	2:40.88	QT
2	31941 IAZ	Tang, Kwok Ho	15 White Dolphin	2:39.93	QT
3	25819 B	Yip, Hei Kit	16 Penguin	2:38.25	QT
4	35559 B	Yam, Ming Chit Frederick	13 Win Tin	2:37.76	QT
5	30571 P	Li, Hao Ming	13 Hoi Tin	2:38.13	QT
6	25440 P	Cheng, Tsz Kin	17 HK Sportworld	2:39.19	QT
7	30592 IAZ	Sin, Yau Cheung	15 Sea Lion	2:40.40	QT
8	32151 #B	Tang, Sze Ming Adrian	13 White Dolphin	2:41.12	QT

Heat 3 of 6 Prelims

1	26212 B	Ching, Wai Tsun	13 Kowloon Tong Club	2:35.92	QT
2	25379 B	Mak, Sai Ting	13 White Dolphin	2:35.23	QT
3	42025 IAO	Luk, Arnold Bingtse	22 South China	2:33.58	QT
4	29579 IAZ	Kan, Tsz Chun	14 Pacific	2:32.39	QT
5	34402 IAZ	Lam, Yu Him	15 South China	2:33.39	QT
6	26751 IAZ	Kong, Chi Long	14 Kowloon City	2:33.95	QT
7	29792 #B	Leung, Tze Ngo Darren	14 Dik Wing	2:35.84	QT
8	21189 B	Chau, Ho Yin	18 Win Tin	2:36.62	QT

Heat 4 of 6 Prelims

1	24279 IAZ	Au, Chung Yin	18 White Dolphin	2:28.67	QT
2	25050 B	Kung, Lok Sum	15 Tai Po	2:24.85	QT
3		Ilham, Achmad Turmudzi	21 Indonesia	2:23.45	QT
4	22994 B	Wong, Benson	16 Dali Swimming Club	2:14.80	QT
5	29599 IAZ	Lai, Ching Hei	15 Pacific	2:20.33	QT
6	22413 IAZ	Lee, Shing Yan	16 Hoi Tin	2:23.69	QT
7	33407 IAZ	Chu, Ho Yin	14 Tai Po	2:26.07	QT
8	25129 B	Chan, Pak Hei	18 Sun Yip	2:31.02	QT

Heat 5 of 6 Prelims

1	27061 IAZ	Chow, Ching Hei Julian	16 South China	2:28.63	QT
2	20934 B	Tang, Ho Chuen	18 Sea Lion	2:24.85	QT
3	22987 IAZ	Yuen, Kai Ho	16 Hoi Tin	2:22.47	QT
4		Ketin, Nuttapong	26 Thailand	2:14.50	QT
5		Ng, Yi Hao	27 Malaysia	2:19.02	QT
6	27080 B	Chan, Tsz Chung Samuel	15 Sword Fish Club	2:23.65	QT
7		Lobos, Jordan Ken	15 Philippines	2:25.60	QT
8	26597 IAZ	Ngai, Tsz Ho	15 Hoi Tin	2:29.62	QT

Heat 6 of 6 Prelims

1	23201 #B	So, Fermin	16 Dik Wing	2:27.33	QT
2	02591	Luk, Wing Kin Andy	30 Kwan Hung	2:24.67	QT
3	26736 IAZ	Wong, Hong Kiu	17 Tai Po	2:22.46	QT
4	15204 B	Yang, Hin Ho Boris	20 Jockey Club	2:12.12	QT
5	19440 B	Chan, Chun Lok	18 Win Tin	2:16.73	QT
6		Tirol, Rian Marco A.	18 Philippines	2:23.50	QT
7	29568 B	Chan, Chun Shek	16 Win Tin	2:25.37	QT
8	17949 B	Ip, Alvin Ho Shuen	17 South China	2:29.60	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19
Meet Program

Event 17 Women 4x100 LC Meter Medley Relay**Straight Final in PM Session**

HKR: 4:03.07 **Hong Kong Team**
 MR: 4:18.12 **Win Tin Swimming Club**
 4:54.00 **QT Qualifying Time**

Meet Qualifying: 4:54.00

Lane	Team	Relay	Seed Time
Heat 1 of 1 Prelims			
1	Sea Lion Aqua Club Limited	A	4:51.35 QT
2	South China Athletic Assn	A	4:34.97 QT
3	Hoi Tin Athletic Assn Ltd	A	4:26.52 QT
4	Win Tin Swimming Club	A	4:23.35 QT
5	Happy Valley Athletic Assn	A	4:26.26 QT
6	Indonesia	A	4:28.03 QT
7	Philippines	A	4:38.07 QT

Event 18 Men 4x100 LC Meter Medley Relay

HKR: 3:44.16 **Hong Kong Team**
 MR: 3:41.94 **Chinese Taipei**
 4:26.84 **QT Qualifying Time**

Meet Qualifying: 4:26.84

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
2	White Dolphin Sport Assn	A	4:26.84 QT
3	Happy Valley Athletic Assn	A	4:10.39 QT
4	Indonesia	A	3:55.01 QT
5	South China Athletic Assn	A	4:04.73 QT
6	Philippines	A	4:14.30 QT
Heat 2 of 2 Prelims			
2	Hong Kong Sportworld Assn	A	4:20.10 QT
3	Chi Pui Swimming Club Ltd	A	4:07.16 QT
4	Hoi Tin Athletic Assn Ltd	A	3:53.59 QT
5	Win Tin Swimming Club	A	4:01.74 QT
6	Sea Lion Aqua Club Limited	A	4:12.18 QT

Event 19 Women 100 LC Meter Freestyle

HKR: 53.32 **HAUGHEY Siobhan Bernadette, SC**
 OST: 56.01
 OQT: 54.38
 MR: 55.77 **Haughey, Siobhan Bernadette-SCA**
 1:04.84 **QT Qualifying Time**

Meet Qualifying: 1:04.84

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims					
3	29711 B	Cheong, Sui Kei	17	Hksam	1:04.84 QT
4	31657 IAZ	Chan, Lok Mei	11	Happy Valley	1:04.36 QT
5	37157 B	Lam, Lok Hei	13	Csu	1:04.84 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 2 Prelims... (Event 19 Women 100 LC Meter Freestyle)

1	36161 IAO	Oldenziel, Angela Ying Ying	16 Hoi Tin	1:03.09	QT
2	31469 B	Lee, Si Yao Peony	11 South China	1:02.30	QT
3		Raisa, Priskhila Z.	20 Indonesia	1:02.01	QT
4	29498 B	Tang, Yee Man	15 Dik Wing	1:01.87	QT
5	28573 B	Wong, Yu Ching	13 Hoi Tin	1:01.98	QT
6	27385 IAZ	Lam, Michelle Hiu-tung	15 South China	1:02.24	QT
7	33749 P	Standing, Emma	13 South China	1:02.83	QT
8		Adelia, Cahya Mutiara	19 Indonesia	1:03.60	QT

Heat 3 of 6 Prelims

1	27659 P	Lai, Lok Yee	16 Giant Whale	1:01.27	QT
2	29449 B	Leung, Wing Tsun Rachel	12 Win Tin	1:01.21	QT
3		Nuraini, Kirana Maharani	14 Indonesia	1:00.64	QT
4	34922 #B	Ma, Wing Sum	15 Tai Po	1:00.53	QT
5	20885 B	Tsang, Hoi Lan	17 Giant Whale	1:00.64	QT
6	29542 IAZ	Yeung, Hin Yan	15 Hoi Tin	1:01.17	QT
7	31301 IAZ	To, Wing Yan	13 Sha Mei 318	1:01.21	QT
8		Asih, Setyarini	20 Indonesia	1:01.56	QT

Heat 4 of 6 Prelims

1		Buico, Camille Lauren	16 Philippines	59.77	QT
2	29240 B	Chu, Sarah Ting Yan	14 South China	59.11	QT
3	26541 B	Lee, Yan Hei	14 Win Tin	57.12	QT
4	22347 B	Wong, Sze Ting	15 Win Tin	55.22	QT
5		Alkhalidi, Jasmine	26 Philippines	56.40	QT
6		Parada, Promtaung	17 Thailand	57.84	QT
7	28081 B	Cheung, Hoi Lam	14 White Dolphin	59.47	QT
8	26940 B	Yau, Yee Shun Hannah	14 Tai Po	1:00.30	QT

Heat 5 of 6 Prelims

1	30455 B	Lui, Ho Yee Chloe	14 Win Tin	59.55	QT
2		Gemma, Allegra Halim	17 Indonesia	58.61	QT
3		Lee, Yen Ni	23 Chinese Taipei	56.70	QT
4	11920 B	Tam, Hoi Lam	21 Current Club Ltd	55.02	QT
5	22842 IAZ	Tang, Tsoi Lam Katii	17 Happy Valley	56.04	QT
6	18028 B	Leung, Ho Ching	19 Pacific	57.64	QT
7		Liew, Chern Xin	17 Malaysia	59.47	QT
8		Angel, Gabriella Yus	17 Indonesia	59.89	QT

Heat 6 of 6 Prelims

1		Ngui, Andrea Ann Tiffany	21 Philippines	59.51	QT
2	22719 IAZ	Wong, Kwan To	19 Hoi Tin	57.98	QT
3		Sopianchai, Kornkarnjana	22 Thailand	56.68	QT
4	14159 B	Cheng, Camille Lily Mei	26 Hoi Tin	54.49	QT
5	21383 B	Ho, Nam Wai	17 Win Tin	55.77	QT
6	05641 IBZ	Chan, Kin Lok	25 Win Tin	57.34	QT
7	27089 B	Chan, Ying Sen	14 Hoi Tin	59.23	QT
8	29211 B	Hsieh, Hoi Ying Katrina	13 South China	59.89	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19
Meet Program

Event 20 Men 50 LC Meter Butterfly

HKR: 24.12 **CHEAH Geoffrey, SCA**
MR: 24.28 **To Kenneth King Him - LWS**
29.26 **QT Qualifying Time**

Meet Qualifying: 29.26

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 8 Prelims					
3	28610 IAZ	Chan, Long Tin	18	Hksam	29.26 QT
4	36330 IAZ	Chong, Wang Hong Joshua	16	Flying Fish	29.26 QT
5	33477 IAZ	Leung, Lok Man	12	Tai Po	29.26 QT
Heat 2 of 8 Prelims					
1	28249 #B	Fung, O See Asaph	13	Kowloon Tong Club	29.26 QT
2	04579 IAO	Cheng, Chris	22	Pacific	29.26 QT
3	29072 IAZ	Tsui, Shu Sum	16	Pacific	28.75 QT
4		M. Adlan, Sumori	20	Indonesia	28.69 QT
5		Asyraf, Figih	18	Indonesia	28.71 QT
6	32170 B	Wan, Michael Tsz Shun	13	Tai Po	29.26 QT
7	29897 IAZ	Kwan, Cho Yin	14	Penguin	29.26 QT
8	06697 B	Koo, Yat Ho	21	Hoi Tin	29.26 QT
Heat 3 of 8 Prelims					
1	32042 IAZ	Lee, Jia Jun Jody George	13	South China	28.36 QT
2	36000 B	Chan, Chi Chung	13	White Dolphin	27.97 QT
3	16201 B	Kwok, Yuk Hang	22	Kwun Tong	27.75 QT
4	33370 IAZ	Hui, Ching Ho	12	Sword Fish Club	27.68 QT
5	27411 IAZ	Siu, Ka Hang	15	Hoi Tin	27.72 QT
6		Widad, Aidir	21	Indonesia	27.87 QT
7	32153 #B	Wong, Hoi Kit	14	White Dolphin	28.15 QT
8		Pumipat, Khamsaard	14	Thailand	28.60 QT
Heat 4 of 8 Prelims					
1	19793 B	Kwok, Ching Heng	17	Hoi Ngai	27.53 QT
2	20081 IAZ	Chu, Yui Hang	19	HK Sportworld	27.17 QT
3	26973 #B	Zhang, Tsz Hin	16	HK Sportworld	27.01 QT
4	30024 B	Lau, Yui Hin	16	Sword Fish Club	26.89 QT
5	22513 IAZ	Tang, Cheuk Yan	18	Chi Pui	26.91 QT
6	29002 B	Wong, Lui	15	Win Tin	27.10 QT
7	24849 IAZ	Cho, Hei Kang	16	Pacific	27.41 QT
8		Guerrero, Grayiel	18	Philippines	27.67 QT
Heat 5 of 8 Prelims					
1		Guerrero, Gabriel	19	Philippines	26.79 QT
2		Khemawat, Ramsiri	17	Thailand	26.70 QT
3	20101 P	Wong, Siu Hei	18	Pacific	26.61 QT
4	22222 #B	Wong, Cheuk Hei	19	Hoi Tin	26.54 QT
5		Guntur, Alito	28	Indonesia	26.56 QT
6	15203 B	Lam, Ho Yin Martin	20	Jockey Club	26.62 QT
7		Yu, Jen Chun	17	Chinese Taipei	26.72 QT
8	24576 IAZ	Tsang, Long Kiu	17	Dik Wing	26.80 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 6 Prelims... (Event 20 Men 50 LC Meter Butterfly)

1	12959 B	Lui, Yiu Kwong	21	Giant Whale	26.29	QT
2	30499 IAO	Chan, Nathan	16	Dik Wing	25.92	QT
3		Ng, Tze Xiang	17	Malaysia	25.56	QT
4	14415 B	Law, Siu Chung	21	Happy Valley	24.78	QT
5		Chao, Man Hou	23	Macau, China	25.02	QT
6	22762 IAZ	Tse, Jonathan Chun Luen	19	CYM	25.75	QT
7	24698 B	Fong, Ching Yuen	18	Win Tin	25.96	QT
8	04637 IBZ	Kwan, Yui Hang	26	CYM	26.51	QT

Heat 7 of 8 Prelims

1	28938 IAZ	To, Oscar	14	Kowloon City	26.29	QT
2	24901 IAZ	Yau, Alfred Kap Fong	15	South China	25.85	QT
3		Pornsiriporn, Narang	18	Thailand	25.46	QT
4	00421 IAZ	Mak, Ho Lun Raymond	26	Hoi Tin	24.60	QT
5	13133 B	Lo, Cheuk Chun	20	Tai Po	24.85	QT
6	32248 B	Li, Sing Hoi	14	Win Tin	25.71	QT
7	11438 B	Fung, Chun Ho	21	Hoi Tin	25.94	QT
8		Krittiphum, Ramsiri	15	Thailand	26.47	QT

Heat 8 of 8 Prelims

1	02580	Lau, Chun Leung Johnny	27	Kwan Hung	26.21	QT
2		Raymond, Sumitra Lukman	22	Indonesia	25.80	QT
3		Danandra, Indra Damario	19	Indonesia	25.38	QT
4	08999 B	Ho, Tin Long	22	Win Tin	24.49	QT
5		Wang, Kuan Hung	17	Chinese Taipei	24.80	QT
6		Azel, Zelmi Aryalingga	18	Indonesia	25.59	QT
7	20289 IAZ	Tsui, Wai Chi	17	Win Tin	25.93	QT
8		Mirandjilla, Mervien Jules	17	Philippines	26.30	QT

Event 21 Women 50 LC Meter Breaststroke

HKR:	31.61	YEUNG Jamie Zhen Mei, HTA
MR:	31.41	Lin Pei Wun - TPE
	39.06	QT Qualifying Time

Meet Qualifying: 39.06

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims					
3	30273 IAZ	Tse, Lam Yan Karen	15	Hksam	39.06 QT
4	31053 B	Imura, Hanna	14	Pacific	39.04 QT
5	33140 B	Choi, Ka Wai	13	Long Fame	39.06 QT
Heat 2 of 6 Prelims					
1		Dinda, Ratna Pitaloka	19	Indonesia	38.67 QT
2	20969 IAZ	Lui, Wing Lam	17	Lai Wa	37.61 QT
3	30401 IAZ	Chiu, Jamie Tsz Ching	16	Kowloon Tong Club	37.12 QT
4	28998 B	Lai, Nok Hei	13	Tai Po	36.98 QT
5		Uy, Tara Kenisha	17	Philippines	37.09 QT
6	27073 B	Tai, Ji Ching	17	Hoi Ngai	37.59 QT
7	36319 IAZN	Yim, Ying Oi Kelly	13	Tai Po	37.77 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19**Meet Program****Heat 3 Prelims... (Event 21 Women 50 LC Meter Breaststroke)**

1	33886 IAZ	Leung, Chung Hang Jade	12	Sword Fish Club	36.83	QT
2	28108 B	Seeto, Wai Ching	14	Keung Sang	36.28	QT
3		Alvia, Azzahra D.	18	Indonesia	36.01	QT
4	30999 IAZ	Lau, Tsz Ching Jaime	15	Tai Po	35.84	QT
5	26665 IAZ	Chan, Yuen Ting Charmaine	13	South China	35.92	QT
6	24409 #B	Chiu, Hei Ching	14	Kowloon Tong Club	36.08	QT
7		Carreon, Dara Nichelle	19	Philippines	36.51	QT
8	27661 IAZ	Mak, Ying Qian Phoebe	16	Giant Whale	36.87	QT

Heat 4 of 6 Prelims

1	38578 IAO	Ng, Vianca	13	Dik Wing	35.43	QT
2	34467 B	Chan, Tsz Ching	13	Sea Lion	34.60	QT
3		Phurichaya, Junyamitree	13	Thailand	34.11	QT
4	15574 P	Yeung, Jamie Zhen Mei	22	Hoi Tin	31.99	QT
5	23005 B	Lam, Hiu Wai	18	Kwun Tong	33.55	QT
6	31033 IAZ	Ho, Wan Yui	13	Flying Dragon	34.34	QT
7	33815 IAZ	Wong, Hin Yi	12	Tai Po	35.26	QT
8	29746 B	Tang, Ka Ying Lorraine	14	Jockey Club	35.72	QT

Heat 5 of 6 Prelims

1	33004 B	So, Reenie	13	Win Tin	35.35	QT
2	39592 #IAZ	Sng, Yan Megan	14	Dik Wing	34.54	QT
3	28081 B	Cheung, Hoi Lam	14	White Dolphin	33.98	QT
4	29060 IAZ	Lam, Hoi Kiu	15	Hoi Tin	31.82	QT
5		Dela Ruz, Thanya Angelyn C.	16	Philippines	33.46	QT
6	27647 IAZ	Tam, Yik Shan	14	Pacific	34.31	QT
7	29344 B	Cheng, Cheuk Ying	16	Kwun Tong	35.04	QT
8	20769 B	Yeung, Tsoi Yuk	16	Dik Wing	35.66	QT

Heat 6 of 6 Prelims

1	34810 IAZ	Chan, Chi Ting	13	Pacific	35.28	QT
2	35365 B	Choy, Lai Lam	12	Hoi Tin	34.51	QT
3	27413 B	Wong, Suet Ching	15	Happy Valley	33.57	QT
4		Lin, Pei Wun	19	Chinese Taipei	31.00	QT
5		Liao, Man Wen	24	Chinese Taipei	32.71	QT
6		Liew, Chern Xin	17	Malaysia	34.19	QT
7	31524 B	Chu, Wai Ki	12	Win Tin	35.02	QT
8	21701 IAZ	Hui, Ka Lai	20	Kowloon Tong Club	35.52	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19
Meet Program

Event 22 Men 200 LC Meter Freestyle

HKR: 1:49.58 WONG Kai Wai David, HTA

OST: 1:50.23

OQT: 1:47.02

MR: 1:50.83 An Ting Yao - TPE

2:10.45 QT Qualifying Time

Meet Qualifying: 2:10.45

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims					
1	26856 IAZ	Lee, Pak Him	16	Hksam	2:10.45 QT
2	22270 B	Law, Lok Yin Alvin	18	Tuen Mun	2:07.11 QT
3	34402 IAZ	Lam, Yu Him	15	South China	2:05.49 QT
4		Puri, Pattanavibul	15	Thailand	2:03.86 QT
5		Paderes, John Neil	17	Philippines	2:04.00 QT
6	29282 #IAZ	Lin, Lok Him Angus	12	Pacific	2:05.51 QT
7		Adrian, Edward Sutjipto	13	Indonesia	2:10.45 QT
Heat 2 of 6 Prelims					
1	18634 B	Chan, Hei Chun	17	Juan Hua Club	2:03.28 QT
2	35894 B	Chui, Ka Yeung	13	Win Tin	2:02.10 QT
3	29708 IAZ	Wong, Hon Yin	17	Hksam	2:01.38 QT
4		DE Kam, Marcus Johannes	14	Philippines	2:01.00 QT
5	25848 B	Tsang, Ho Ka	16	Win Tin	2:01.22 QT
6	05296 B	Hui, Chun Hin	26	Eastern Winter	2:01.83 QT
7		Nitis, Natesawang	13	Thailand	2:03.00 QT
8	24611 B	Yang, Henry Bing Ray	15	Jockey Club	2:03.58 QT
Heat 3 of 6 Prelims					
1	20376 B	Tsang, Ho Yan	17	Win Tin	2:00.75 QT
2	17507 B	Leung, Cheuk Fung	17	Dali Swimming Club	2:00.05 QT
3	21052 B	Thorley, William Yan	16	Sha Mei 318	1:59.96 QT
4	19020 IAZ	Ma, Zai Xiang	21	South China	1:59.32 QT
5	25138 B	Chan, Long Yin	17	Hoi Tin	1:59.90 QT
6	28580 IAZ	Yau, Ryan Long Yuen	16	South China	1:59.98 QT
7	28345 B	Sum, Ka Lok Leo	15	White Dolphin	2:00.54 QT
8	22824 IAZ	Wong, Lok Kan	15	Hoi Tin	2:00.82 QT
Heat 4 of 6 Prelims					
1		Lin, Shih Chieh	27	Chinese Taipei	1:57.00 QT
2		Adityastha, Rai Wratsangka	21	Indonesia	1:55.60 QT
3	21094 IAZ	Leung, Chun Hei Bryan	18	Win Tin	1:54.09 QT
4		Wang, Hao	20	Chinese Taipei	1:50.77 QT
5		Putra, Muhammad Randa	24	Indonesia	1:52.34 QT
6	19092 IAZ	Wong, Ming Hong	19	Hoi Tin	1:54.61 QT
7	23015 IAZ	Tang, Wai Lok	22	Hksam	1:56.48 QT
8		Liew, Daniel	18	Malaysia	1:59.10 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 5 Prelims... (Event 22 Men 200 LC Meter Freestyle)

1	20214 B	Ho, Lok Yin	17	Win Tin	1:56.73	QT
2		Lin, Sizhuang	20	Macau, China	1:55.12	QT
3	10574 B	Chen, Cheuk Fung	22	South China	1:53.71	QT
4		An, Ting Yao	21	Chinese Taipei	1:48.07	QT
5	13321 B	Liao, Xian Hao Jonathan	20	Jockey Club	1:51.74	QT
6		Joe Aditya, Wijaya Kurniawan	18	Indonesia	1:54.49	QT
7		Thavarabha, Jittrapon	19	Thailand	1:56.19	QT
8	22009 IAZ	Eng, Matthew Tingchen	15	Pacific	1:58.98	QT

Heat 6 of 6 Prelims

1		Alexis, Wijaya Ohmar	24	Indonesia	1:56.60	QT
2		Ng, Terence	19	Malaysia	1:54.86	QT
3		Ilustre, Maurice Sacho C.	20	Philippines	1:52.35	QT
4		Wang, Hsing Hao	20	Chinese Taipei	1:48.00	QT
5		Wang, Tse	21	Chinese Taipei	1:51.60	QT
6	20289 IAZ	Tsui, Wai Chi	17	Win Tin	1:54.45	QT
7		Chan, Jun Jian	19	Malaysia	1:56.10	QT
8	29257 B	He, Shing Ip	13	Chi Pui	1:57.35	QT

Event 23 Women 400 LC Meter IM

HKR:	4:51.30	HAUGHEY Siobhan Bernadette, SC
OQT:	4:46.89	
OQT:	4:38.53	
MR:	4:45.27	Zang Si Shi - China
	5:38.68	QT Qualifying Time

Meet Qualifying: 5:38.68

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims					
2	29567 B	Chan, Wing Yan	12	Win Tin	5:24.21 QT
3	29117 IAZ	Wong, Po Yin	14	Happy Valley	5:09.55 QT
4	31841 IAZ	Ng, Lai Wa	13	Hoi Tin	5:02.05 QT
5	20766 B	Li, Yuet Sum Phyllis	17	Tai Po	5:03.73 QT
6	29519 IAZ	Hung, Lok Ching	14	Happy Valley	5:12.90 QT
7	32517 B	Wong, Hoi Wai	13	Happy Valley	5:38.68 QT
Heat 2 of 2 Prelims					
2		Ni, Putu Pande Lisa	12	Indonesia	5:21.40 QT
3	22622 IAZ	Yip Charis Gabrielle, Chak Y	16	Happy Valley	5:09.09 QT
4	15445 IAZ	Liu, Karen	19	Hoi Tin	4:50.30 QT
5	12202 IAZ	Cheng, Cin Ying Jessica	20	Hoi Tin	5:02.56 QT
6	32326 B	Mok, Sze Ki	12	Happy Valley	5:10.91 QT
7	18174 #IAZ	Chan, Wing Sze Kelly	18	Win Tin	5:24.93 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19
Meet Program

Event 24 Men 100 LC Meter Breaststroke

HKR: 1:01.91 TO Kenneth King Him, LWS

OST: 1:01.73

OQT: 59.93

MR: 1:01.04 Balandin,Dmitriy - Kazakhstan

1:13.91 QT Qualifying Time

Meet Qualifying: 1:13.91

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 7 Prelims					
2	26832 IAZ	Hui, Ka Chun	18	Hksam	1:13.91 QT
3		Laode, Ahmad Fikri	22	Indonesia	1:13.88 QT
4	30592 IAZ	Sin, Yau Cheung	15	Sea Lion	1:13.41 QT
5	24340 B	Chow, Cheuk Wing	17	Sea Lion	1:13.69 QT
6	21189 B	Chau, Ho Yin	18	Win Tin	1:13.91 QT
7	14815 P	Chillingworth, Adam John	21	South China	1:13.91 QT
Heat 2 of 7 Prelims					
1	25003 B	Tsui, Dylan Ethan	17	Happy Valley	1:12.83 QT
2	23201 #B	So, Fermin	16	Dik Wing	1:12.66 QT
3	26212 B	Ching, Wai Tsun	13	Kowloon Tong Club	1:12.03 QT
4	32776 IAZ	Lai, Wai Tsan	14	South China	1:11.87 QT
5	25440 P	Cheng, Tsz Kin	17	HK Sportworld	1:11.98 QT
6	29792 #B	Leung, Tze Ngo Darren	14	Dik Wing	1:12.66 QT
7	31544 IAZ	Chan, Yeuk Hei Andrew	13	Kowloon Tong Club	1:12.72 QT
8	29306 #B	Cheng, Hoi Kei	14	White Dolphin	1:13.27 QT
Heat 3 of 7 Prelims					
1	31867 #P	Lam, Ka Chun	16	Pacific	1:10.64 QT
2	29579 IAZ	Kan, Tsz Chun	14	Pacific	1:10.19 QT
3	31941 IAZ	Tang, Kwok Ho	15	White Dolphin	1:08.75 QT
4		Lobos, Jordan Ken	15	Philippines	1:08.40 QT
5		Lim, Zi Win	17	Malaysia	1:08.50 QT
6	17949 B	Ip, Alvin Ho Shuen	17	South China	1:08.98 QT
7	28610 IAZ	Chan, Long Tin	18	Hksam	1:10.43 QT
8	39908 ICO	Leong, Kin Rong	13	South China	1:11.85 QT
Heat 4 of 7 Prelims					
1	22087 IAZ	Yung, Ting Cheung	19	Kowloon Tong Club	1:08.26 QT
2	33407 IAZ	Chu, Ho Yin	14	Tai Po	1:07.70 QT
3	02591	Luk, Wing Kin Andy	30	Kwan Hung	1:07.38 QT
4	27080 B	Chan, Tsz Chung Samuel	15	Sword Fish Club	1:06.99 QT
5	42025 IAO	Luk, Arnold Bingtse	22	South China	1:07.18 QT
6	29568 B	Chan, Chun Shek	16	Win Tin	1:07.54 QT
7	27061 IAZ	Chow, Ching Hei Julian	16	South China	1:08.25 QT
8	24279 IAZ	Au, Chung Yin	18	White Dolphin	1:08.39 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 5 Prelims... (Event 24 Men 100 LC Meter Breaststroke)

1	20934 B	Tang, Ho Chuen	18	Sea Lion	1:06.31	QT
2		Tirol, Rian Marco A.	18	Philippines	1:05.30	QT
3		Pipimnan, Kitiphath	24	Thailand	1:04.10	QT
4		Hsu, Han-Peng	20	Chinese Taipei	1:02.50	QT
5		Ketin, Nuttapong	26	Thailand	1:03.40	QT
6		Dennis, Joshua Tiwa	25	Indonesia	1:04.50	QT
7	31264 IAZ	Tam, Chun Yik	17	Hoi Tin	1:05.81	QT
8	25050 B	Kung, Lok Sum	15	Tai Po	1:06.94	QT

Heat 6 of 7 Prelims

1	11395 B	Chan, Yin Kwan	21	Sea Lion	1:06.19	QT
2		Ng, Yi Hao	27	Malaysia	1:05.24	QT
3	01635 ICZ	Wong, Chun Yan	32	Hoi Tin	1:03.55	QT
4	12303 IAZ	Ng, Yan Kin	22	Hoi Tin	1:01.52	QT
5	22994 B	Wong, Benson	16	Dali Swimming Club	1:03.37	QT
6		Ilham, Achmad Turmudzi	21	Indonesia	1:04.24	QT
7	28535 B	Law, Tsz Hin	16	Hoi Ngai	1:05.77	QT
8	19430 B	Mok, Yik Long	17	Win Tin	1:06.76	QT

Heat 7 of 7 Prelims

1	22987 IAZ	Yuen, Kai Ho	16	Hoi Tin	1:05.94	QT
2	22413 IAZ	Lee, Shing Yan	16	Hoi Tin	1:05.14	QT
3	19440 B	Chan, Chun Lok	18	Win Tin	1:03.43	QT
4	15204 B	Yang, Hin Ho Boris	20	Jockey Club	1:00.85	QT
5		Gagarin, Nathaniel Yus	23	Indonesia	1:02.87	QT
6	26736 IAZ	Wong, Hong Kiu	17	Tai Po	1:04.13	QT
7	23816 IAZ	Tsui, Chi Hei	18	Hoi Tin	1:05.69	QT
8	29599 IAZ	Lai, Ching Hei	15	Pacific	1:06.61	QT

Event 25 Women 100 LC Meter Backstroke

HKR:	1:00.38	AU Hoi Shun Stephanie, DWA
OST:	1:02.06	
OQT:	1:00.25	
MR:	1:02.07	Wong Kwan To - HTA
	1:15.88	QT Qualifying Time

Meet Qualifying: 1:15.88

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
1	35455 B	Poon, Lok Yan	11	Chi Pui	1:11.40 QT
2	29498 B	Tang, Yee Man	15	Dik Wing	1:08.31 QT
3	21869 B	Kwan, Sum Yuet	17	Win Tin	1:05.99 QT
4	26541 B	Lee, Yan Hei	14	Win Tin	1:03.63 QT
5		Yamsuan, Fonpray	18	Thailand	1:05.39 QT
6	18549 IAZ	So, Ching Laam	18	Win Tin	1:07.07 QT
7	24746 B	Ho, Pui Chi	15	Hoi Tin	1:09.48 QT
8		Uy, Tara Kenisha	17	Philippines	1:14.37 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 2 Prelims... (Event 25 Women 100 LC Meter Backstroke)

1	14774 IAZ	Wong, Hoi Yan	18	Pacific	1:10.93	QT
2	10974 IAZ	Au, Hiu Pui	23	Giant Whale	1:08.18	QT
3		Nimdam, Kanitta	27	Thailand	1:05.89	QT
4	00866 IAZ	Au, Hoi Shun Stephanie	27	Dik Wing	1:00.15	QT
5	17084 IAZ	Lau, Sze Wing	21	Hoi Tin	1:04.79	QT
6	18130 IAZ	Mak, Agnes	16	Kwun Tong	1:06.96	QT
7	20769 B	Yeung, Tsoi Yuk	16	Dik Wing	1:08.37	QT
8	35684 IAZ	Chan, Yui Lam	15	Hksam	1:13.32	QT

Heat 3 of 3 Prelims

1	34893 #IAZ	Sun, Ka Ying Natalie	15	Dik Wing	1:10.65	QT
2		Gemma, Allegra Halim	17	Indonesia	1:07.45	QT
3		Boonamphai, Saovanee	19	Thailand	1:05.70	QT
4	22719 IAZ	Wong, Kwan To	19	Hoi Tin	59.71	QT
5	29057 B	Cheng, Jessica Chloe	13	Tai Po	1:04.59	QT
6		Sofie, Kemala Fatiha	18	Indonesia	1:06.35	QT
7	28142 B	Lee, Man Fei	13	Win Tin	1:08.33	QT
8	25033 B	Chu, Karen	15	Tai Po	1:11.86	QT

Event 26 Men 100 LC Meter Butterfly

HKR: 53.70

CHEAH Geoffrey, SCA

OST: 53.52

OQT: 51.96

MR: 53.45

Triady, Fauzi Sidiq - IND

1:06.03

QT Qualifying Time

Meet Qualifying: 1:06.03

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
2	32170 B	Wan, Michael Tsz Shun	13	Tai Po	1:06.03	QT
3	04579 IAO	Cheng, Chris	22	Pacific	1:06.03	QT
4		M. Adlan, Sumori	20	Indonesia	1:03.71	QT
5	24292 B	Chu, Hon Hei	12	White Dolphin	1:05.02	QT
6	25442 #B	Kong, Wai Chun	15	HK Sportworld	1:06.03	QT
Heat 2 of 5 Prelims						
1	33370 IAZ	Hui, Ching Ho	12	Sword Fish Club	1:03.48	QT
2		Guerrero, Grayiel	18	Philippines	1:03.09	QT
3	23101 #P	Li, Chun Yin Jason	18	Happy Valley	1:02.79	QT
4	22513 IAZ	Tang, Cheuk Yan	18	Chi Pui	1:02.07	QT
5		Guerrero, Gabriel	19	Philippines	1:02.37	QT
6	28832 B	So, Pok Man	12	Hoi Tin	1:03.03	QT
7	32042 IAZ	Lee, Jia Jun Jody George	13	South China	1:03.11	QT
8		Cabana, Yohan Mikhail	14	Philippines	1:03.60	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 3 Prelims... (Event 26 Men 100 LC Meter Butterfly)

1		Krittiphum, Ramsiri	15	Thailand	1:00.16	QT
2		Khemmwat, Ramsiri	17	Thailand	58.20	QT
3		Ng, Tze Xiang	17	Malaysia	56.60	QT
4		Azel, Zelmi Aryalingga	18	Indonesia	55.04	QT
5	13133 B	Lo, Cheuk Chun	20	Tai Po	55.54	QT
6	30444 IAZ	Ho, Chung Lun	16	CYM	57.81	QT
7	29002 B	Wong, Lui	15	Win Tin	59.12	QT
8	22961 B	Chan, Tsun Hin	14	White Dolphin	1:01.78	QT

Heat 4 of 5 Prelims

1	28938 IAZ	To, Oscar	14	Kowloon City	59.38	QT
2		Mirandjilla, Mervien Jules	17	Philippines	58.10	QT
3		Danandra, Indra Damario	19	Indonesia	56.26	QT
4	08999 B	Ho, Tin Long	22	Win Tin	53.85	QT
5	06697 B	Koo, Yat Ho	21	Hoi Tin	55.26	QT
6	32248 B	Li, Sing Hoi	14	Win Tin	57.78	QT
7	20376 B	Tsang, Ho Yan	17	Win Tin	58.71	QT
8		Pumipat, Khamsaard	14	Thailand	1:01.64	QT

Heat 5 of 5 Prelims

1	30024 B	Lau, Yui Hin	16	Sword Fish Club	59.18	QT
2	23092 B	Chan, Chun Yip Jonathan	15	Happy Valley	58.00	QT
3	02580	Lau, Chun Leung Johnny	27	Kwan Hung	55.89	QT
4		Wang, Kuan Hung	17	Chinese Taipei	53.00	QT
5	11438 B	Fung, Chun Ho	21	Hoi Tin	55.17	QT
6		Ilustre, Maurice Sacho C.	20	Philippines	56.65	QT
7	22762 IAZ	Tse, Jonathan Chun Luen	19	CYM	58.32	QT
8	20081 IAZ	Chu, Yui Hang	19	HK Sportworld	1:00.93	QT

Event 27 Women 200 LC Meter Butterfly

HKR:	2:13.91	NAM Carmen, TPS
OST:	2:12.28	
OQT:	2:08.43	
MR:	2:12.75	Li Shuang - China
	2:31.17	QT Qualifying Time

Meet Qualifying: 2:31.17

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims					
2	18783 IAZ	Wong, Wai Nam	17	White Dolphin	2:26.59 QT
3	27190 IAO	Pun, Kate Cruz	15	Tai Po	2:24.37 QT
4		Santa Ana, Rosalee Mira	22	Philippines	2:18.45 QT
5		Mojdeh, Micaela Jasmine	13	Philippines	2:21.10 QT
6	38093 IAZ	Wang, Yu Chi	17	Hoi Tin	2:25.04 QT
Heat 2 of 2 Prelims					
2	29902 B	Lam, Cheuk Ue Natalie	15	Tai Po	2:25.79 QT
3	24160 IAZ	Ng, Yat Yee	17	Happy Valley	2:22.73 QT
4	15445 IAZ	Liu, Karen	19	Hoi Tin	2:13.12 QT
5		Supasuta, Sounthornchote	23	Thailand	2:18.56 QT
6	32517 B	Wong, Hoi Wai	13	Happy Valley	2:24.65 QT
7	29111 B	Chan, Lok Wai	15	Happy Valley	2:28.09 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19
Meet Program

Event 28 Men 50 LC Meter Backstroke

HKR: 26.03 **LAU Shiu Yue, HTA**
MR: 25.70 **S.Sudartawa I Gede - Indonesia**
32.00 **QT Qualifying Time**

Meet Qualifying: 32.00

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 7 Prelims						
3	23903 B	Lee, Kwan Hon	14	Tai Po	32.00	QT
4	18657 B	Hung, Yuk Sen Jason	18	Tai Po	32.00	QT
5	23015 IAZ	Tang, Wai Lok	22	Hksam	32.00	QT
Heat 2 of 7 Prelims						
1	26832 IAZ	Hui, Ka Chun	18	Hksam	32.00	QT
2	39781 B	Tsang, Pak Yiu	10	Tai Po	32.00	QT
3	33354 IAZ	Lin, Hoi Yiu	14	Tai Po	32.00	QT
4		Rico, Zelmi E.	21	Indonesia	31.99	QT
5	33378 IAZ	Choi, Nathan Ching Yin	13	Kowloon Tong Club	32.00	QT
6	34597 #IAZ	Lau, Shing Yan	14	Tai Po	32.00	QT
7		Asyraf, Figih	18	Indonesia	32.00	QT
Heat 3 of 7 Prelims						
1		Guerrero, Grayiel	18	Philippines	31.89	QT
2	21134 B	Cheuk, King Pok	15	Tolo Harbour	31.73	QT
3	31621 B	Chan, Yat Long	15	Sea Lion	31.00	QT
4	29334 #P	Chow, Man Tik	16	Tuen Mun	30.82	QT
5	26867 B	Lau, Chun Yin	16	HK Sportworld	30.92	QT
6		Sena, Septa G	14	Indonesia	31.05	QT
7		Laode, Ahmad Fikri	22	Indonesia	31.88	QT
8		Ethan, Phoon	13	Singapore	31.98	QT
Heat 4 of 7 Prelims						
1	30435 IAZ	Chan, Chin Kan	14	Lai Wa	30.63	QT
2	32153 #B	Wong, Hoi Kit	14	White Dolphin	29.73	QT
3	33477 IAZ	Leung, Lok Man	12	Tai Po	29.53	QT
4	31028 IAO	Ho, Cyrus	14	Win Tin	29.24	QT
5	24751 B	Lau, Hoi Hang	15	Lai Wa	29.48	QT
6	16201 B	Kwok, Yuk Hang	22	Kwun Tong	29.53	QT
7	19793 B	Kwok, Ching Heng	17	Hoi Ngai	29.77	QT
8		Cabana, Yohan Mikhail	14	Philippines	30.67	QT
Heat 5 of 7 Prelims						
1	39015 P	Chan, Tsz Kwan	12	Tai Po	29.00	QT
2	23023 B	Lam, Chun Fai	18	Happy Valley	28.21	QT
3		Dwiki, Anugrah	19	Indonesia	27.03	QT
4		Chuang, Mu Lun	18	Chinese Taipei	25.71	QT
5		Wang, Yu Lien	24	Chinese Taipei	26.30	QT
6		Yu, Jen Chun	17	Chinese Taipei	27.93	QT
7	31077 B	Lo, Man Kit	15	Sword Fish Club	28.57	QT
8	29589 B	Yeung, Ho Ning	15	Tai Po	29.19	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 6 Prelims... (Event 28 Men 50 LC Meter Backstroke)

1	32420 IAZ	Hui, Wai Chun	15	CYM	28.74	QT
2	31320 IAZ	Leung, Lok Him Barry	17	Pacific	28.13	QT
3	15423 IAZ	Cheung, Yau Ming	21	Giant Whale	27.01	QT
4		I Gde, Siman Sudartawa	24	Indonesia	25.56	QT
5	24698 B	Fong, Ching Yuen	18	Win Tin	25.98	QT
6		Guntur, Alito	28	Indonesia	27.90	QT
7		Ng, Tze Xiang	17	Malaysia	28.40	QT
8	29545 IAZN	Cheung, Cheuk To	13	Tai Po	29.02	QT

Heat 7 of 7 Prelims

1		Paderes, John Neil	17	Philippines	28.70	QT
2	34197 IAZ	Ong, Chak Min	15	Tai Po	28.03	QT
3		Pornsiriporn, Narang	18	Thailand	26.69	QT
4	12117 IAZ	Lau, Shiu Yue	22	Hoi Tin	25.14	QT
5	00421 IAZ	Mak, Ho Lun Raymond	26	Hoi Tin	25.90	QT
6	27239 B	Chan, Sheung Kwan	17	Keung Sang	27.70	QT
7	26160 IAZ	Fu, Chun	17	Tai Po	28.25	QT
8	20968 B	Ho, Sze Ming	17	Hoi Tin	29.00	QT

Event 29 Women 400 LC Meter Freestyle

HKR:	4:11.90	HAUGHEY Siobhan Bernadette, SC
OST:	4:15.34	
OQT:	4:07.90	
MR:	4:16.86	Sze Hang Yu - WTS
	4:52.07	QT Qualifying Time

Meet Qualifying: 4:52.07

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 3 Prelims						
1	31657 IAZ	Chan, Lok Mei	11	Happy Valley	4:52.07	QT
2		Nuraini, Kirana Maharani	14	Indonesia	4:44.29	QT
3	26940 B	Yau, Yee Shun Hannah	14	Tai Po	4:42.23	QT
4	27774 B	Lam, Hoi Ching Summer	14	South China	4:40.56	QT
5	29902 B	Lam, Cheuk Ue Natalie	15	Tai Po	4:41.51	QT
6	28573 B	Wong, Yu Ching	13	Hoi Tin	4:43.59	QT
7		Tee Ten, Winona Nadine	22	Philippines	4:46.31	QT
Heat 2 of 3 Prelims						
1	18545	Lam, Pac Tung Nikita	19	Tai Po	4:38.14	QT
2	31841 IAZ	Ng, Lai Wa	13	Hoi Tin	4:29.05	QT
3		Santa Ana, Rosalee Mira	22	Philippines	4:26.97	QT
4	12202 IAZ	Cheng, Cin Ying Jessica	20	Hoi Tin	4:20.34	QT
5		Ammiga, Himathongkom	22	Thailand	4:20.91	QT
6	09770 IA	Li, Hannah Hang Fung	22	Kwan Hung	4:28.10	QT
7		Pang, Rosalind	18	Malaysia	4:29.63	QT
8	31648 P	Du, Olivia Yiting	14	South China	4:40.37	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 3 Prelims... (Event 29 Women 400 LC Meter Freestyle)

1	33759 B	Mak, Hoi Ching	12	Hoi Tin	4:37.84	QT
2	23856 B	Leung, Ka Ching	15	Hoi Tin	4:28.16	QT
3		Lee, Yen Ni	23	Chinese Taipei	4:25.59	QT
4	21383 B	Ho, Nam Wai	17	Win Tin	4:05.59	QT
5		Himathongkom, Ammiga	22	Thailand	4:20.91	QT
6	09959 IAZ	Mok, Hoi Man Sheron	23	Pacific	4:27.53	QT
7	19207 B	Nip, Tsz Yin	19	Eastern Winter	4:29.49	QT
8	27385 IAZ	Lam, Michelle Hiu-tung	15	South China	4:39.59	QT

Event 30 Men 200 LC Meter IM

HKR: 2:01.37 TO Kenneth King Him, LWS

OST: 2:03.26

OQT: 1:59.67

MR: 2:01.12 To Kenneth King Him - LWS

2:28.92 QT Qualifying Time

Meet Qualifying: 2:28.92

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
3	32042 IAZ	Lee, Jia Jun Jody George	13	South China	2:26.91	QT
4	26597 IAZ	Ngai, Tsz Ho	15	Hoi Tin	2:25.54	QT
5	29579 IAZ	Kan, Tsz Chun	14	Pacific	2:26.73	QT
6	19020 IAZ	Ma, Zai Xiang	21	South China	2:28.92	QT
Heat 2 of 5 Prelims						
1	26867 B	Lau, Chun Yin	16	HK Sportworld	2:24.55	QT
2	17949 B	Ip, Alvin Ho Shuen	17	South China	2:21.18	QT
3	29708 IAZ	Wong, Hon Yin	17	Hksam	2:19.85	QT
4	27061 IAZ	Chow, Ching Hei Julian	16	South China	2:18.76	QT
5		Arcilla, Sebastian	20	Philippines	2:19.81	QT
6	31867 #P	Lam, Ka Chun	16	Pacific	2:20.71	QT
7	26308 IAZ	Yip, Ching Tak	17	Csu	2:23.45	QT
8	25440 P	Cheng, Tsz Kin	17	HK Sportworld	2:24.94	QT
Heat 3 of 5 Prelims						
1	22009 IAZ	Eng, Matthew Tingchen	15	Pacific	2:17.03	QT
2	30024 B	Lau, Yui Hin	16	Sword Fish Club	2:14.06	QT
3	26123 IAZ	Wong, Wai Lun	17	Hoi Tin	2:10.87	QT
4	13321 B	Liao, Xian Hao Jonathan	20	Jockey Club	2:02.73	QT
5		Dwiki, Anugrah	19	Indonesia	2:07.30	QT
6	28610 IAZ	Chan, Long Tin	18	Hksam	2:12.76	QT
7	33495 #IAZ	Wan, Siu Chun	14	Tai Po	2:15.75	QT
8	34402 IAZ	Lam, Yu Him	15	South China	2:18.69	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 4 Prelims... (Event 30 Men 200 LC Meter IM)

1	28345 B	Sum, Ka Lok Leo	15	White Dolphin	2:16.63	QT
2	28580 IAZ	Yau, Ryan Long Yuen	16	South China	2:13.89	QT
3		Adityastha, Rai Wratsangka	21	Indonesia	2:10.20	QT
4	11438 B	Fung, Chun Ho	21	Hoi Tin	2:01.94	QT
5		Sukkio, Phuwadon	22	Thailand	2:07.00	QT
6	20968 B	Ho, Sze Ming	17	Hoi Tin	2:12.47	QT
7		Lobos, Jordan Ken	15	Philippines	2:14.50	QT
8	23201 #B	So, Fermin	16	Dik Wing	2:18.24	QT

Heat 5 of 5 Prelims

1	22210 B	Chan, Yin Ban	15	White Dolphin	2:15.94	QT
2	25050 B	Kung, Lok Sum	15	Tai Po	2:13.10	QT
3	12303 IAZ	Ng, Yan Kin	22	Hoi Tin	2:08.02	QT
4		Wang, Hsing Hao	20	Chinese Taipei	1:59.00	QT
5	15204 B	Yang, Hin Ho Boris	20	Jockey Club	2:03.22	QT
6		Ng, Yi Hao	27	Malaysia	2:12.13	QT
7	30444 IAZ	Ho, Chung Lun	16	CYM	2:14.08	QT
8	31320 IAZ	Leung, Lok Him Barry	17	Pacific	2:17.15	QT

Event 31 Women 200 LC Meter Breaststroke

HKR:	2:27.96	KONG Yvette Man Yi, SCA
OST:	2:29.89	
OQT:	2:25.52	
MR:	2:33.54	Zhang Wan Yue - China
	3:03.83	QT Qualifying Time

Meet Qualifying: 3:03.83

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
3	30273 IAZ	Tse, Lam Yan Karen	15	Hksam	3:03.83	QT
4		Tee Ten, Winona Nadine	22	Philippines	3:01.89	QT
5		Dinda, Ratna Pitaloka	19	Indonesia	3:01.97	QT
Heat 2 of 5 Prelims						
2	27661 IAZ	Mak, Ying Qian Phoebe	16	Giant Whale	2:59.40	QT
3	36319 IAZN	Yim, Ying Oi Kelly	13	Tai Po	2:56.60	QT
4	27640 B	Chen, Yu Xin	14	Chi Pui	2:53.94	QT
5		Carreon, Dara Nichelle	19	Philippines	2:55.47	QT
6		Alvia, Azzahra D.	18	Indonesia	2:57.36	QT
7	29344 B	Cheng, Cheuk Ying	16	Kwun Tong	3:01.48	QT
Heat 3 of 5 Prelims						
1	20969 IAZ	Lui, Wing Lam	17	Lai Wa	2:48.37	QT
2	28108 B	Seeto, Wai Ching	14	Keung Sang	2:45.87	QT
3	31524 B	Chu, Wai Ki	12	Win Tin	2:42.52	QT
4	23005 B	Lam, Hiu Wai	18	Kwun Tong	2:33.30	QT
5	35365 B	Choy, Lai Lam	12	Hoi Tin	2:40.04	QT
6		Phurichaya, Junyamitree	13	Thailand	2:44.56	QT
7		Ni, Putu Pande Lisa	12	Indonesia	2:47.89	QT
8	28438 B	Lam, Hiu Nam	15	Kwun Tong	2:53.51	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 4 Prelims... (Event 31 Women 200 LC Meter Breaststroke)

1	26665 IAZ	Chan, Yuen Ting Charmaine	13	South China	2:48.05	QT
2	30999 IAZ	Lau, Tsz Ching Jaime	15	Tai Po	2:45.40	QT
3		Dela Ruz, Thanya Angelyn C.	16	Philippines	2:41.50	QT
4		Liao, Man Wen	24	Chinese Taipei	2:32.59	QT
5	27647 IAZ	Tam, Yik Shan	14	Pacific	2:39.08	QT
6	34467 B	Chan, Tsz Ching	13	Sea Lion	2:43.75	QT
7	26152 IAO	Tang, Vanessa Yik Ching	17	Sea Lion	2:47.15	QT
8	33129 IAZ	Lau, Yui Sze	12	Sword Fish Club	2:49.20	QT

Heat 5 of 5 Prelims

1	28998 B	Lai, Nok Hei	13	Tai Po	2:48.04	QT
2	31033 IAZ	Ho, Wan Yui	13	Flying Dragon	2:44.91	QT
3	33004 B	So, Reenie	13	Win Tin	2:41.46	QT
4	29060 IAZ	Lam, Hoi Kiu	15	Hoi Tin	2:28.79	QT
5	19152 IAZ	Cheung, Wing Yan	19	Tai Po	2:38.21	QT
6	33815 IAZ	Wong, Hin Yi	12	Tai Po	2:43.39	QT
7	34810 IAZ	Chan, Chi Ting	13	Pacific	2:46.20	QT
8	39592 #IAZ	Sng, Yan Megan	14	Dik Wing	2:48.89	QT

Event 32 Men 50 LC Meter Freestyle

HKR:	22.18	HO Ian Yentou, SCA
OST:	22.67	
OQT:	22.01	
MR:	22.61	To Kenneth King Him -LWS
	26.11	QT Qualifying Time

Meet Qualifying: 26.11

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 8 Prelims						
3	18634 B	Chan, Hei Chun	17	Juan Hua Club	26.11	QT
4	28249 #B	Fung, O See Asaph	13	Kowloon Tong Club	26.11	QT
5		Asyraf, Figih	18	Indonesia	26.11	QT
Heat 2 of 8 Prelims						
1	23903 B	Lee, Kwan Hon	14	Tai Po	26.11	QT
2		M. Adlan, Sumori	20	Indonesia	26.11	QT
3	24292 B	Chu, Hon Hei	12	White Dolphin	26.11	QT
4	36000 B	Chan, Chi Chung	13	White Dolphin	25.95	QT
5	33378 IAZ	Choi, Nathan Ching Yin	13	Kowloon Tong Club	26.11	QT
6		Rico, Zelmi E.	21	Indonesia	26.11	QT
7	22725 B	Wong, Cheuk Chi	17	New Wave	26.11	QT
Heat 3 of 8 Prelims						
1	33370 IAZ	Hui, Ching Ho	12	Sword Fish Club	25.91	QT
2		Guerrero, Gabriel	19	Philippines	25.79	QT
3	18657 B	Hung, Yuk Sen Jason	18	Tai Po	25.70	QT
4		Mirandjlla, Mervien Jules	17	Philippines	25.60	QT
5	26160 IAZ	Fu, Chun	17	Tai Po	25.70	QT
6	27411 IAZ	Siu, Ka Hang	15	Hoi Tin	25.75	QT
7	42025 IAO	Luk, Arnold Bingtse	22	South China	25.88	QT
8	24849 IAZ	Cho, Hei Kang	16	Pacific	25.93	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 4 Prelims... (Event 32 Men 50 LC Meter Freestyle)

1	09419 B	Lau, Ka Ming	22 Penguin	25.46	QT
2	21134 B	Cheuk, King Pok	15 Tolo Harbour	25.34	QT
3		Krittiphum, Ramsiri	15 Thailand	25.15	QT
4	30637 B	Nip, Tsz Tsun	15 Creative Youth	25.11	QT
5	29072 IAZ	Tsui, Shu Sum	16 Pacific	25.13	QT
6	25003 B	Tsui, Dylan Ethan	17 Happy Valley	25.25	QT
7		Widad, Aidir	21 Indonesia	25.40	QT
8	34197 IAZ	Ong, Chak Min	15 Tai Po	25.55	QT

Heat 5 of 8 Prelims

1	22532 IAZ	Ma, Chun Pong Angus	19 Tai Po	24.90	QT
2	01727	Cheung, Kin Tat Kent	26 Chi Pui	24.78	QT
3	23366 P	Au Yeung, Tsz Ching	18 Tolo Harbour	24.70	QT
4	22222 #B	Wong, Cheuk Hei	19 Hoi Tin	24.50	QT
5	04637 IBZ	Kwan, Yui Hang	26 CYM	24.67	QT
6	21094 IAZ	Leung, Chun Hei Bryan	18 Win Tin	24.72	QT
7	26973 #B	Zhang, Tsz Hin	16 HK Sportworld	24.85	QT
8	20101 P	Wong, Siu Hei	18 Pacific	24.98	QT

Heat 6 of 8 Prelims

1		Chan, Jun Jian	19 Malaysia	24.30	QT
2	24901 IAZ	Yau, Alfred Kap Fong	15 South China	24.18	QT
3	10574 B	Chen, Cheuk Fung	22 South China	23.92	QT
4	00421 IAZ	Mak, Ho Lun Raymond	26 Hoi Tin	23.23	QT
5	32248 B	Li, Sing Hoi	14 Win Tin	23.67	QT
6	24576 IAZ	Tsang, Long Kiu	17 Dik Wing	24.12	QT
7	13133 B	Lo, Cheuk Chun	20 Tai Po	24.23	QT
8	19493 B	Lau, Ka Lok	19 Sha Mei 318	24.41	QT

Heat 7 of 8 Prelims

1	18216 B	Wong, Kwok Ho Horace	18 Kwan Hung	24.29	QT
2	25227 IAZ	Yeung, Pok Hin	22 Sea Lion	24.16	QT
3		Raymond, Sumitra Lukman	22 Indonesia	23.90	QT
4	15203 B	Lam, Ho Yin Martin	20 Jockey Club	22.74	QT
5	06697 B	Koo, Yat Ho	21 Hoi Tin	23.36	QT
6		Gagarin, Nathaniel Yus	23 Indonesia	24.06	QT
7	14415 B	Law, Siu Chung	21 Happy Valley	24.19	QT
8	20214 B	Ho, Lok Yin	17 Win Tin	24.33	QT

Heat 8 of 8 Prelims

1	30499 IAO	Chan, Nathan	16 Dik Wing	24.26	QT
2	31264 IAZ	Tam, Chun Yik	17 Hoi Tin	24.13	QT
3		Danandra, Indra Damario	19 Indonesia	23.71	QT
4		Chuang, Mu Lun	18 Chinese Taipei	22.50	QT
5	07734 P	Wong, Chen Ho Jeremy	25 Hoi Tin	23.30	QT
6		Lim, Zi Win	17 Malaysia	24.06	QT
7	23023 B	Lam, Chun Fai	18 Happy Valley	24.19	QT
8		Alexis, Wijaya Ohmar	24 Indonesia	24.32	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19
Meet Program

Event 33 Women 50 LC Meter Butterfly

HKR: 26.66 **Hannah WILSON, SCA**
MR: 26.78 **Tao Li - Singapore**
33.09 **QT Qualifying Time**

Meet Qualifying: 33.09

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 7 Prelims					
2	25033 B	Chu, Karen	15	Tai Po	33.09 QT
3	23005 B	Lam, Hiu Wai	18	Kwun Tong	33.09 QT
4	29746 B	Tang, Ka Ying Lorraine	14	Jockey Club	33.07 QT
5	35684 IAZ	Chan, Yui Lam	15	Hksam	33.09 QT
6	29709 B	Cheung, Ho Ying	16	Hksam	33.09 QT
Heat 2 of 7 Prelims					
1		Almira, Pohaci	19	Indonesia	32.75 QT
2	35455 B	Poon, Lok Yan	11	Chi Pui	31.72 QT
3	29902 B	Lam, Cheuk Ue Natalie	15	Tai Po	31.36 QT
4	33749 P	Standing, Emma	13	South China	31.17 QT
5		Villamil, Angela	19	Philippines	31.23 QT
6	33540 B	Kwok, Tsz Yu	15	Giant Whale	31.42 QT
7	31053 B	Imura, Hanna	14	Pacific	32.05 QT
8		Adelia, Cahya Mutiara	19	Indonesia	33.00 QT
Heat 3 of 7 Prelims					
1	27403 IAZ	Yuen, Hiu Tung Alyssa	15	Lai Tsun	30.96 QT
2		Kawisara, Tansatien	17	Thailand	30.83 QT
3	27640 B	Chen, Yu Xin	14	Chi Pui	30.75 QT
4	18549 IAZ	So, Ching Laam	18	Win Tin	30.49 QT
5	14069 IAZ	Yuen, Sin Ling	22	White Dolphin	30.50 QT
6	31301 IAZ	To, Wing Yan	13	Sha Mei 318	30.79 QT
7	31469 B	Lee, Si Yao Peony	11	South China	30.88 QT
8	26511 #IAZ	Chan, Sharron	18	Dik Wing	31.01 QT
Heat 4 of 7 Prelims					
1	20885 B	Tsang, Hoi Lan	17	Giant Whale	30.45 QT
2		Ngui, Andrea Ann Tiffany	21	Philippines	30.27 QT
3	14779 IAZ	To, Long Yan Esther	21	Giant Whale	30.25 QT
4	21860 B	Tam, Suet Ying	15	Win Tin	30.24 QT
5	34922 #B	Ma, Wing Sum	15	Tai Po	30.24 QT
6	29449 B	Leung, Wing Tsun Rachel	12	Win Tin	30.25 QT
7	27659 P	Lai, Lok Yee	16	Giant Whale	30.33 QT
8		Asih, Setyarini	20	Indonesia	30.45 QT
Heat 5 of 7 Prelims					
1	20769 B	Yeung, Tsoi Yuk	16	Dik Wing	29.94 QT
2	27089 B	Chan, Ying Sen	14	Hoi Tin	29.50 QT
3	22487 B	Ha, Yuen Wai	16	Hoi Tin	28.41 QT
4		Anak Agung, Istri Kania Ratih	21	Indonesia	27.85 QT
5	18783 IAZ	Wong, Wai Nam	17	White Dolphin	28.33 QT
6		Angel, Gabriella Yus	17	Indonesia	28.82 QT
7	14774 IAZ	Wong, Hoi Yan	18	Pacific	29.53 QT
8	33410 IAZ	Luo, Cheuk Yi	14	Tai Po	30.19 QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 6 Prelims... (Event 33 Women 50 LC Meter Butterfly)

1	20766 B	Li, Yuet Sum Phyllis	17	Tai Po	29.79	QT
2	27413 B	Wong, Suet Ching	15	Happy Valley	29.33	QT
3	15574 P	Yeung, Jamie Zhen Mei	22	Hoi Tin	28.39	QT
4		Alkhalidi, Jasmine	26	Philippines	27.50	QT
5	38093 IAZ	Wang, Yu Chi	17	Hoi Tin	28.30	QT
6		Parada, Promtaung	17	Thailand	28.77	QT
7	29498 B	Tang, Yee Man	15	Dik Wing	29.50	QT
8	10974 IAZ	Au, Hiu Pui	23	Giant Whale	30.17	QT

Heat 7 of 7 Prelims

1	29240 B	Chu, Sarah Ting Yan	14	South China	29.58	QT
2		Sofie, Kemala Fatiha	18	Indonesia	29.15	QT
3		Supasuta, Sounthornchote	23	Thailand	28.36	QT
4	05641 IBZ	Chan, Kin Lok	25	Win Tin	26.54	QT
5	30455 B	Lui, Ho Yee Chloe	14	Win Tin	28.11	QT
6		Buico, Camille Lauren	16	Philippines	28.63	QT
7	31437 B	Yeung, Hoi Ching	12	Tai Po	29.50	QT
8	27774 B	Lam, Hoi Ching Summer	14	South China	30.12	QT

Event 34 Men 200 LC Meter Backstroke

HKR: 2:05.47 Alex FONG Lik-sun, SCA

OST: 2:01.03

OQT: 1:57.50

MR: 2:03.30 Lin Tai Oi - China

2:28.79 QT Qualifying Time

Meet Qualifying: 2:28.79

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 3 Prelims						
1	39781 B	Tsang, Pak Yiu	10	Tai Po	2:28.79	QT
2	18172 B	Tsang, Tsz Ho	21	Happy Valley	2:17.54	QT
3		Punnaprasart, Pooncharat	15	Thailand	2:11.71	QT
4		Lin, Shih Chieh	27	Chinese Taipei	2:05.00	QT
5		Udomthanagulchai, Thanakorn	21	Thailand	2:08.00	QT
6		Arcilla, Sebastian	20	Philippines	2:14.30	QT
7	29545 IAZN	Cheung, Cheuk To	13	Tai Po	2:24.82	QT
Heat 2 of 3 Prelims						
1		Adrian, Edward Sutjipto	13	Indonesia	2:28.79	QT
2	24751 B	Lau, Hoi Hang	15	Lai Wa	2:15.81	QT
3		Phacharaboonyakiat, Peerakri	17	Thailand	2:11.27	QT
4	12117 IAZ	Lau, Shiu Yue	22	Hoi Tin	2:04.16	QT
5	15423 IAZ	Cheung, Yau Ming	21	Giant Whale	2:07.55	QT
6		Paderes, John Neil	17	Philippines	2:14.10	QT
7		Cabana, Yohan Mikhail	14	Philippines	2:24.10	QT



Hong Kong Open Swimming Championships 2019 - 09-Aug-19 to 11-Aug-19

Meet Program

Heat 3 Prelims... (Event 34 Men 200 LC Meter Backstroke)

1		Ethan, Phoon	13	Singapore	2:28.16	QT
2	26160 IAZ	Fu, Chun	17	Tai Po	2:14.91	QT
3		Ng, Terence	19	Malaysia	2:09.12	QT
4	22533 IAZ	Ng, Cheuk Yin	16	Tai Po	1:59.14	QT
5		Dwiki, Anugrah	19	Indonesia	2:06.80	QT
6	27239 B	Chan, Sheung Kwan	17	Keung Sang	2:11.93	QT
7	30435 IAZ	Chan, Chin Kan	14	Lai Wa	2:21.12	QT
8	34597 #IAZ	Lau, Shing Yan	14	Tai Po	2:28.79	QT

Event 35 Women 4x100 LC Meter Freestyle Relay

Straight Final in PM Session

HKR: 3:39.94 Hong Kong Team

MR: 3:43.49 Hong Kong Team

4:33.07 QT Qualifying Time

Meet Qualifying: 4:33.07

Lane	Team	Relay	Seed Time
Heat 1 of 1 Prelims			
1	Sea Lion Aqua Club Limited	A	4:15.42 QT
2	South China Athletic Assn	A	4:04.12 QT
3	Hoi Tin Athletic Assn Ltd	A	4:03.22 QT
4	Win Tin Swimming Club	A	3:53.40 QT
5	Happy Valley Athletic Assn	A	3:53.48 QT
6	Indonesia	A	4:04.02 QT
7	Philippines	A	4:04.37 QT

Event 36 Men 4x100 LC Meter Freestyle Relay

HKR: 3:21.22 Hong Kong Team

MR: 3:19.69 Chinese Taipei

3:57.79 QT Qualifying Time

Meet Qualifying: 3:57.79

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
2	White Dolphin Sport Assn	A	3:57.79 QT
3	South China Athletic Assn	A	3:45.77 QT
4	Win Tin Swimming Club	A	3:34.15 QT
5	Happy Valley Athletic Assn	A	3:41.69 QT
6	Chi Pui Swimming Club Ltd	A	3:48.69 QT
Heat 2 of 2 Prelims			
2	Hong Kong Sportworld Assn	A	3:53.03 QT
3	Philippines	A	3:45.03 QT
4	Hoi Tin Athletic Assn Ltd	A	3:31.69 QT
5	Indonesia	A	3:40.01 QT
6	Sea Lion Aqua Club Limited	A	3:46.42 QT

