主辦機構: 中國香港游泳總會 Hong Kong China Swimming Association

資助機構: 政府資助計劃 Government-funded programme; 康樂及文化事務署 Leisure and Cultural Services Department

# 青 少 年 韻 律 泳 推 廣 計 劃 2026 – 2027
# Youth Artistic Swimming Promotion Scheme 2026 – 2027

Updated as on 2/11/2026
更新於 2026 年 11 月 2 日

## Basic Course (Star I - III) 基本課程 (一星至三星)訓練班

| | Course Code 課程編號 | Period 期間 | Venue 地點 | Date 日期 | Time 時間 | Lesson Date 上課日期 |
|---|---|---|---|---|---|---|
| Phase I 第一季 | SVPE-1 | 4 - 7/2026 | Victoria Park Swimming Pool 維多利亞公園游泳池 | Mon, Wed 星期一、三 | 1800-2000 (多用途池) | **2026**<br>27, 29/4<br>4, 6, 11, 13, 18, 20, 27/5<br>1, 3, 8, 10, 15, 17, 22, 24, 29/6<br>6, 8, 13/7 |
| | SKPE-1 | 6 - 7/2026 | Kowloon Park Swimming Pool 九龍公園游泳池 | Tue 星期二 | 1700-1800 (彈網室)<br>1800-2000 (跳水池) | **2026**<br>9, 16, 23, 30/6 |
| | | | | Tue, Thu 星期二、四 | 1700-1800 (彈網室)<br>1800-1900 (跳水池) | **2026**<br>11, 25/6<br>2, 7, 9, 14/7 |
| | | | | Sat 星期六 | 0900-1200 (跳水池) | **2026**<br>6, 13, 20, 27/6<br>4, 11/7 |
| Phase II 第二季 | SKPE-2.1 | 7 - 10/2026 | Kowloon Park Swimming Pool 九龍公園游泳池 | Thu, Sat 星期四、六 | 0900-1200 (跳水池) | **2026**<br>23, 25/7<br>~~6~~, 13, 20, 22, 27, 29/8<br>5, 12, 19/9<br>3, 10, 17, 24/10 |
| | SKPE-2.2 | 7 - 9/2026 | Kowloon Park Swimming Pool 九龍公園游泳池 | Tue 星期二 | 1700-1800 (彈網室)<br>1800-2000 (跳水池) | **2026**<br>21, 28/7<br>4, 11, 18, 25/8<br>1, 8, 15, 22/9 |
| | | | | Tue, Thu 星期二、四 | 1700-1800 (彈網室)<br>1800-1900 (跳水池) | **2026**<br>14, 23/7<br>~~6,~~ 20, 27/8<br>24, 29/9 |
| | SMPE-2 | 7 -9/2026 | Morse Park Swimming Pool 摩士公園游泳池 | Tue, Thu, Sat 星期二, 四, 六 | 1800-2000 (跳水池) | **2026**<br>18, 21, 23, 25, 28, 30/7<br>1, 4, 6, 8, 11, 13, 15, 18, 20, 22, 25, 27, 29/8<br>1, 3/9 |
| | SVPE-2 | 7 - 9/2026 | Victoria Park Swimming Pool 維多利亞公園游泳池 | Mon, Wed 星期一、三 | 1800-2000 (多用途池) | **2026**<br>15, 20, 22, 27, 29/7<br>3, 5, 10, 12, 17, 19, 24, 26, 31/8<br>2, 7, 9, 14, 16, 21, 23/9 |

主辦機構:

中國香港游泳總會
Hong Kong China Swimming Association

資助機構:

政府資助計劃 Government-funded programme

康樂及文化事務署 Leisure and Cultural Services Department

# 青 少 年 韻 律 泳 推 廣 計 劃 2026 – 2027
# Youth Artistic Swimming Promotion Scheme 2026 – 2027

| | | | | | | |
|---|---|---|---|---|---|---|
| Phase III<br>第三季 | SVPE-3 | 10 - 12/2026 | Victoria Park Swimming Pool<br>維多利亞公園游泳池 | Mon, Wed<br>星期一、三 | 1800-2000 (多用途池) | **2026**<br>5, 7, 12, 14, 21, 26, 28/10<br>2, 4, 9, 11, 16, 18, 23, 25, 30/11<br>2, 7, 9, 14, 16/12 |
| | SKPE-3 | 10 - 12/2026 | Kowloon Park Swimming Pool<br>九龍公園游泳池 | Tue, Thu<br>星期二、四 | 1700-1800 (彈網室)<br>1800-1900 (跳水池) | **2026**<br>6, 8, 13, 15, 20, 22, 27/10<br>3, 5, 10, 12, 17, 24, 26/11<br>1, 3, 8, 10, 15, 29, 31/12 |
| Phase IV<br>第四季 | SVPE-4 | 12/2026 - 3/2027 | Victoria Park Swimming Pool<br>維多利亞公園游泳池 | Mon, Wed<br>星期一、三 | 1800-2000 (多用途池) | **2026**<br>21, 23, 30/12<br>**2027**<br>4, 6, 11, 13, 18, 20, 25, 27/1<br>1, 3, 10/2 |
| | | | Wan Chai Swimming Pool<br>灣仔游泳池 | Sun<br>星期日 | 1800-2000 (主池) | TBC<br>待定 |
| | SKPE-4 | 12/2026 - 3/2027 | Kowloon Park Swimming Pool<br>九龍公園游泳池 | Tue, Thu<br>星期二、四 | 1700-1800 (彈網室)<br>1800-1900 (跳水池) | **2026**<br>29, 31/12<br>**2027**<br>5, 7, 12, 14, 19, 21, 26, 28/1<br>2, 4, 11, 16, 18, 23, 25/2<br>2, 4, 9, 11/3 |

## Refinement Course (Star IV - VI) 改良班 (四星至六星)訓練班

| | Course Code<br>課程編號 | Period<br>期間 | Venue<br>地點 | Date<br>日期 | Time<br>時間 | Lesson Date<br>上課日期 |
|---|---|---|---|---|---|---|
| Phase I<br>第一季 | SKPR-1 | 7 - 10/2026 | Kowloon Park Swimming Pool<br>九龍公園游泳池 | Thu, Sat<br>星期四、六 | 0900-1200 (跳水池) | **2026**<br>4, 11, 23, 25/7<br>~~6~~, 13, 20, 22, 27, 29/8<br>5, 12, 19/9<br>3, 10, 17, 24/10 |
| Phase II<br>第二季 | SKPR-2 | 10-12/2026 | Kowloon Park Swimming Pool<br>九龍公園游泳池 | Tue<br>星期二 | 1700-1800 (彈網室)<br>1800-2000 (跳水池) | **2026**<br>6, 13, 20, 27/10<br>3, 10/11 |
| | | | | Tue, Thu<br>星期二、四 | 1700-1800 (彈網室)<br>1800-1900 (跳水池) | **2026**<br>8, 15, 22/10<br>5, 12, 17, 24, 26/11<br>1, 3, 8, 10, 15, 29, 31/12 |

主辦機構: 中國香港游泳總會 Hong Kong China Swimming Association

資助機構: 政府資助計劃 Government-funded programme; 康樂及文化事務署 Leisure and Cultural Services Department

# 青 少 年 韻 律 泳 推 廣 計 劃 2026 – 2027
# Youth Artistic Swimming Promotion Scheme 2026 – 2027

| | **Course Code 課程編號** | | **Venue 地點** | **Date 日期** | **Time 時間** | **Lesson Date 上課日期** |
|---|---|---|---|---|---|---|
| Phase II 第二季 | SVPR-2 | | Victoria Park Swimming Pool 維多利亞公園游泳池 | Mon, Wed 星期一、三 | 1800-2000 (多用途池) | **2026**<br>5, 7, 12, 14, 21, 26, 28/10<br>2, 4, 9, 11, 16, 18, 23, 25, 30/11<br>2, 7, 9, 14, 16, 21, 23, 30/12 |
| Phase III 第三季 | SKPR-3 | 1-3/2027 | Kowloon Park Swimming Pool 九龍公園游泳池 | Tue, Thu 星期二、四 | 1700-1800 (彈網室)<br>1800-1900 (跳水池) | **2027**<br>5, 7, 12, 14, 19, 21, 26, 28/1<br>2, 4, 11, 16, 18, 23, 25/2<br>2, 4, 9, 11, 16, 18, 23, 25, 30/3 |

**如有更改，本會將另行通知。*