

## **60th MILO / MAS Malaysia Invitational Age Group Swimming Championships 2025**

	<b>Open: 19 years &amp; over (Born in 2006 or earlier)</b>		<b>Group 1: 16 – 18 years (Born in 2007 – 2009)</b>		<b>Group 2: 14 – 15 years (Born in 2010 – 2011)</b>		<b>Group 3: 12 – 13 years (Born in 2012 – 2013)</b>	
	<b><u>Boys</u></b>	<b><u>Girls</u></b>	<b><u>Boys</u></b>	<b><u>Girls</u></b>	<b><u>Boys</u></b>	<b><u>Girls</u></b>	<b><u>Boys</u></b>	<b><u>Girls</u></b>
<b>50m Freestyle</b>	0:23.47	0:27.42	0:23.94	0:27.34	0:25.55	0:28.01	0:26.88	0:28.39
<b>100m Freestyle</b>	0:51.78	0:59.50	0:52.93	0:59.39	0:55.09	1:00.81	0:57.94	1:01.81
<b>200m Freestyle</b>	1:53.09	2:08.61	1:55.06	2:10.01	2:00.84	2:11.68	2:06.68	2:14.61
<b>400m Freestyle</b>	4:08.40	4:36.76	4:06.22	4:37.07	4:20.63	4:46.53	4:34.30	4:47.09
<b>800m Freestyle</b>	9:06.73	9:48.32	8:30.49	9:30.37	8:59.29	9:44.84	9:40.00	9:51.36
<b>1500m Freestyle</b>	16:49.66	18:47.78	16:33.75	18:29.70	17:17.42	19:15.82	18:18.77	19:57.06
<b>50m Backstroke</b>	0:27.00	0:30.67	0:27.88	0:30.82	0:29.57	0:32.07	0:30.74	0:32.51
<b>100m Backstroke</b>	0:57.97	1:08.58	0:59.94	1:07.02	1:03.77	1:09.16	1:07.24	1:09.77
<b>200m Backstroke</b>	2:09.94	2:24.59	2:15.76	2:28.29	2:20.24	2:31.83	2:25.62	2:39.03
<b>50m Breaststroke</b>	0:28.91	0:33.79	0:29.99	0:34.74	0:30.67	0:35.40	0:33.61	0:34.53
<b>100m Breaststroke</b>	1:04.21	1:15.01	1:06.98	1:17.14	1:07.22	1:15.27	1:13.28	1:17.39
<b>200m Breaststroke</b>	2:25.41	2:37.31	2:25.15	2:47.53	2:31.67	2:48.45	2:40.58	2:49.59
<b>50m Butterfly</b>	0:24.93	0:29.24	0:25.51	0:29.17	0:27.15	0:29.35	0:28.87	0:31.33
<b>100m Butterfly</b>	0:55.04	1:05.07	0:56.72	1:04.85	1:00.52	1:06.05	1:03.64	1:09.36
<b>200m Butterfly</b>	2:04.90	2:30.11	2:05.66	2:26.42	2:16.92	2:29.42	2:26.40	2:37.64
<b>200m IM</b>	2:05.50	2:29.42	2:11.96	2:27.53	2:17.44	2:30.58	2:25.01	2:29.97
<b>400m IM</b>	4:44.12	5:30.01	4:44.49	5:17.57	5:01.83	5:23.87	5:17.52	5:36.44