



Organized by:



WOMEN'S WATER POLO

女子水球

隊員招募



8 至12歲
8-12 year olds



能完成100m自由泳及蛙泳
Be able to finish 100m
Freestyle & Breaststroke



AQUABALL
幼青水球

逢星期一、三、五下午兩小時訓練
2 hours training every
Mon-Wed-Fri afternoon

12歲以上
12 year olds +



能完成200m自由泳及蛙泳
Be able to finish 200m
Freestyle & Breaststroke



Training Squad
預備隊

逢星期二、四、六下午兩小時訓練
2 hours training every
Tue-Thu-Sat evening

★ **Selection Day** ★

31-8-2024 甄選日

時間 Time: 19:30

Venue: Wan Chai Swimming Pool

地點: 灣仔游泳池

報名方法 Registration

Call HKGSA 2572 8594 or
Whatsapp +852 6307 2737

或致電泳總 2572 8594

National Squad
代表隊

逢星期一至六晚上三小時訓練
3 hours training every
Mon-Sat evening

“



水球可能是我第一次接觸球類運動。到代表香港到馬來西亞比賽成功入球的那一刻，整個過程都感覺好像不太真實，亦是我人生中最深刻的一個畫面。

林雅汶, 19歲

“

One of the most unforgettable moment is scoring a goal in the Malaysia competition. I have learned a lot during the competition as the seniors have taught and shared so much of their experience with us.

Samantha Chan, 17

