



HONG KONG CHINA SWIMMING ASSOCIATION

Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon

Tel: (852) 2572 8594 Fax: (852) 2591 0792 E-mail: info@hkgswimming.org.hk Web-site: www.hkgswimming.org.hk

17th April 2026

BY EMAIL

Dear Principal / Teacher-in-Charge,

Tseung Kwan O Water Polo Development Program 2026

The Hong Kong China Swimming Association (HKGSA) is pleased to invite your school to participate in the **Tseung Kwan O Water Polo Development Program 2026**.

The program will run from **2 May – 31 October**, every Wednesday and Friday **6:00-7:00 pm**, and every Saturday **12:00-1:00 pm** at the Tseung Kwan O Swimming Pool – Diving Pool.

Water polo is an exciting team water sport combining swimming, ball skills, and strategy. This program is designed to introduce students to beginner-level water polo skills, including passing, shooting, treading water, and basic game rules. Coaching will be provided by **current and former Hong Kong China Water Polo Team members**, holding valid water polo coach certificates.

Who can join?

Students aged **8–14** who can swim 100m freestyle and 100m breaststroke continuously.

Program Highlights

- Learn essential water polo skills: passing, shooting, treading water, game play etc.
- Led by current/former HK Team athletes with valid coaching certifications
- Certificate awarded for 80% attendance
- Foster teamwork, confidence, and provide pathways for further talent development & potential progression

Coach:

Mr. Kwok Bing Chung Benjamin

Coaching Experience:

- Head Coach of The Chinese University of Hong Kong Water Polo Team (2016 – present)
- Dali Swimming Club Water Polo Course (2024)

Playing Experience:

- Panasonic 24th Asia Pacific Water Polo Tournament 2025
- 64th MILO-DSA-PRM Malaysia Open Water Polo Championships 2023

Qualifications:

- Hong Kong China Swimming Association Water Polo Technical Official (Level 2)
- Hong Kong China Swimming Association Water Polo Coach (Intermediate Level)

Mr. Chiu Chun Hei Benson

Coaching Experience:

- HKGSA Learn Water Polo Course Coach (2026 - present)

Playing Experience:

- Former Player of Hong Kong Water Polo Team (2022-2025)



HONG KONG CHINA SWIMMING ASSOCIATION

Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon

Tel: (852) 2572 8594 Fax: (852) 2591 0792 E-mail: info@hkgswimming.org.hk Web-site: www.hkgswimming.org.hk

- HKGSA Water Polo Boys' U18 Player of the Year 2023
- China National Youth Games 2023
- China Men's National Water Polo Championships 2024

Qualifications:

- Hong Kong China Swimming Association Water Polo Coach (Intermediate Level)

Mr. Yim Wai Ho Ethan

Coaching Experience:

- HKGSA Learn Water Polo Course Coach (2024 - present)

Playing Experience:

- Former goalkeeper of Hong Kong water polo team (2013 - 2025)
- Captain of The Chinese University of Hong Kong Water Polo Team
- 2024 Asian Games - Hangzhou
- 2018 Asian Games - Jakarta
- Asia Water Polo Championship 2023 - Singapore
- Asia Beach Games 2016 - Danang
- Asia Pacific Water Polo Tournament (2014-2024)
- Inter-Collegiate Water Polo Championship Champion (first place '17, '18, third place '22, MVP '17, '23)

Qualifications:

- Hong Kong China Swimming Association Water Polo Coach (Intermediate Level)

We encourage you to share this with your PE teachers, swim coaches, and students. Schools with interested students may submit applications via the attached form.

For enquiries, please contact Ms. Collette YAU or Ms. Funny FUNG at 2572 8594.

We look forward to your support in promoting team sports and fostering athletic development among students.

Yours sincerely

CHEUNG Hok Him
Hon. Secretary, Water Polo Committee
Hong Kong China Swimming Association

c.c. Chairman & Vice Chairman, Water Polo Committee