



HONG KONG CHINA SWIMMING ASSOCIATION

Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon

Tel: (852) 2572 8594 Fax: (852) 2591 0792 E-mail: info@hkgswimming.org.hk Web-site: www.hkgswimming.org.hk

Ref:2025110013

17th November 2025

By Email

To: Swimmers & Coaches c/o respective clubs

Team List:

Team Manager & Person In Charge:

Mr. Wilson Kam Tat YEUNG

Coaches*:

1. Mr. CHEN Jianhong
2. Mr. WONG Kai Wai David
3. Mr. NG Yan Kin
4. Mr. LAM Chin Ming Waley
5. Mr. Tom Stewart RUSHTON
6. Ms. YANG Jing
7. Mr. Michael Peter FASCHING
8. Mr. MAK Ho Lun Raymond
9. Ms. TSAI Hiu Wai Sherry

Scientific Conditioning Coach:

Mr. CHAN Chun Kwan

Senior Sport Physiotherapist:

Ms. LAU Cheuk Chi

Senior Sports Recovery Officer:

Mr. KANG Xiuquan

Senior Sport Dietitian:

Mr. SIU Pui Lam Frankie

Assistant Sport Biomechanics Manager:

Dr. QIU Xiao

Swimmers:

Women: 14

No.	Name	Chi Name	Club
1	CHAN Tsz Yu Ashley	陳梓瑜	HTA
2	CHEUNG Sum Yuet Cindy	張心悅	TPS
3	CHEUNG Wing Yi Claire	張穎怡	HJC
4	GAO Jialian Candice	高嘉蓮	CPS
5	HAUGHEY Siobhan Bernadette	何詩蓓	SCA
6	HO Pui Yan	何佩恩	WTS
7	LAM Hoi Kiu	林凱喬	HTA
8	LI Sum Yiu	李芯瑤	WDA
9	MA Gilaine	馬紫玲	TPS
10	MAN Wui Kiu	文薈喬	CPS

Men: 17

No.	Name	Chi Name	Club
1	CHAN Nathan	陳一鳴	DWA
2	CHAN Tsz Chiu	陳鎡樵	KGC
3	CHEUNG Chi Kit Nicholas	張智傑	WTS
4	CHEUNG Yung	張勇	WDA
5	CHILLINGWORTH Adam John	趙浩俊	SCA
6	HO Ian Yentou	何甄陶	SCA
7	HOFSTEDE Adam Marcel	何沛熹	DWA
8	KOO Ralph Yat Ho	古逸豪	HTA
9	LAI King Wo Barry	賴敬和	WTS
10	LAU Ping Chi	劉平治	HTA



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11	MATHIS Mya Lynn	文雪兒	TPS	11	LAU Shiu Yue	劉紹宇	HTA
12	NG Lai Wa	吳麗華	HTA	12	LI Sing Hoi	李昇海	WTS
13	WANG Xintong	王欣桐	WTS	13	LO Tsz Lam	盧梓霖	WTS
14	YEUNG Hoi Ching	楊凱晴	TPS	14	MAK Sai Ting Adam	麥世霆	HTA
				15	TSUI Yik Ki	徐奕祺	PSC
				16	WANG Yi Shun	王一舜	CPS
				17	ZHU Xiuping	朱修平	PSC

Dear Swimmers, Coaches and Support Staff of the Hong Kong China Swimming Team,

**Team Circular No.5 – 15th National Games - Swimming
(10th – 17th November 2025)**

On behalf of the Hong Kong China Swimming Association, I am writing to extend our warmest congratulations and deepest admiration for your exceptional performance at the 15th National Games – Swimming. We are immensely proud of your remarkable successes, particularly the outstanding achievements of our medal-winning swimmers.

The team's dedication, perseverance, and sportsmanship were on full display throughout the competition. Our swimmers demonstrated not only incredible speed and power but also the mental fortitude required to compete at the highest level. Each medal and personal best is a testament to the countless hours of rigorous training, immense sacrifice, and unwavering commitment you have all invested.

A special commendation must be extended to our medalists, HAUGHEY Siobhan Bernadette, HO Ian Yentou and MAK Sai Ting Adam, for their spectacular victories in the following events:

Gold Medal

Women 200m Freestyle - Haughey Siobhan Bernadette (1:54.85)

Women 100m Freestyle - Haughey Siobhan Bernadette (52.89)

Men 50m Freestyle - Ho Ian Yentou (21.71)



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Bronze Medal

Men 200m Breaststroke - Mak Sai Ting Adam (2:09.93)

Women 50m Breaststroke - Haughey Siobhan Bernadette (30.71)

Women 50m Freestyle - Haughey Siobhan Bernadette (24.84)

Your triumphs have inspired our entire community. Furthermore, we recognize that these achievements are the result of a collective effort. Our sincere gratitude goes to the dedicated coaching staff, tireless support personnel, and the families of the swimmers—your guidance and encouragement are the backbone of this success.

You have not only elevated Hong Kong's standing in the international sporting arena but have also ignited a sense of immense pride and inspiration among all Hong Kong citizens. You are true role models for our future generations of swimmers.

We encourage you to cherish this moment of glory and to carry this winning momentum forward. As you return to training, we wish you continued strength and focus for the challenges and opportunities that lie ahead.

Wish you the very best in your future endeavors.

Yours sincerely,

A handwritten signature in blue ink, appearing to be "Ronnie Man Chiu Wong".

Ronnie Man Chiu WONG

President

Hong Kong China Swimming Association