

2023 - 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 3)

2023 - 2024 第一組短池分齡游泳比賽第三節

Date:

9 December 2023 (Saturday)

Venue:

Victoria Park Swimming Pool 維多利亞公園游泳池

Warm up:

1400 - 1445 hours

First Event:

1500 hours

GIRLS 女					BOYS 男	
1	13 & 14 YRS	1500M	FREESTYLE	自由泳	~	
3	15 - 17 YRS	1500M	FREESTYLE	自由泳	~	
5	18 & OVER	1500M	FREESTYLE	自由泳	~	
~	13 & 14 YRS	800M	FREESTYLE	自由泳	2	
~	15 - 17 YRS	800M	FREESTYLE	自由泳	4	
~	18 & OVER	800M	FREESTYLE	自由泳	6	

截止註冊日期

CLOSING DATE FOR REGISTRATION:

27 October 2023 (1700 hours)

截止報名日期

CLOSING DATE FOR ENTRIES:

17 November 2023 (1700 hours)

2023 - 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 3)

2023 - 2024 第一組短池分齡游泳比賽第三節

Date:	10 December 2023 (Sunday)	Venue:	Victoria Park Swimming Pool 維多利亞公園游泳池
Morning Warm up:	0800 - 0845 hours	Morning Session First Event:	0900 hours
Afternoon Warm up:	1300 - 1345 hours	Afternoon Session First Event:	1400 hours

GIRLS 女					BOYS 男	
7	10 YRS & UNDER	100M	FREESTYLE	自由泳	8	
9	11 & 12 YRS	100M	FREESTYLE	自由泳	10	
11	13 & 14 YRS	100M	FREESTYLE	自由泳	12	
13	15 – 17 YRS	100M	FREESTYLE	自由泳	14	
15	18 & OVER	100M	FREESTYLE	自由泳	16	
17	10 YRS & UNDER	50M	BUTTERFLY	蝶泳	18	
19	11 & 12 YRS	50M	BUTTERFLY	蝶泳	20	
21	13 & 14 YRS	50M	BUTTERFLY	蝶泳	22	
23	15 - 17 YRS	50M	BUTTERFLY	蝶泳	24	
25	18 & OVER	50M	BUTTERFLY	蝶泳	26	
27	11 & 12 YRS	200M	BREASTSTROKE	蛙泳	28	
29	13 & 14 YRS	200M	BREASTSTROKE	蛙泳	30	
31	15 - 17 YRS	200M	BREASTSTROKE	蛙泳	32	
33	18 & OVER	200M	BREASTSTROKE	蛙泳	34	
LUNCH BREAK 午膳時間						
35		4X100M	MEDLEY RELAY	四式接力	36	
37	10 YRS & UNDER	100M	BACKSTROKE	背泳	38	
39	11 & 12 YRS	100M	BACKSTROKE	背泳	40	
41	13 & 14 YRS	100M	BACKSTROKE	背泳	42	
43	15 - 17 YRS	100M	BACKSTROKE	背泳	44	
45	18 & OVER	100M	BACKSTROKE	背泳	46	
47	13 & 14 YRS	400M	IND. MEDLEY	個人四式	48	
49	15 - 17 YRS	400M	IND. MEDLEY	個人四式	50	
51	18 & OVER	400M	IND. MEDLEY	個人四式	52	

截止註冊日期 CLOSING DATE FOR REGISTRATION: 27 October 2023 (1700 hours)

截止報名日期 CLOSING DATE FOR ENTRIES: 17 November 2023 (1700 hours)