

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2023-24 Short Course Masters Swimming Competition (Part 1)

二零二三至二四年短池先進游泳比賽第一部份

17 September 2023 (Sun)

二零二三年九月十七日(日)

Shing Mun Valley

Swimming Pool

城門谷游泳池

Subvented by the LCSD



2023-2024 MSSCP1 - Entry Information

| No. of Entries by Event | | |
|-------------------------|----------------------------|---------|
| Event # | Event Name | Entries |
| 1 | Men 200 Breaststroke | 57 |
| 2 | Women 200 Breaststroke | 27 |
| 3 | Men 50 Freestyle | 142 |
| 4 | Women 50 Freestyle | 82 |
| 5 | Men 25 Breaststroke | 133 |
| 6 | Women 25 Breaststroke | 75 |
| 7 | Men 50 Backstroke | 59 |
| 8 | Women 50 Backstroke | 50 |
| 9 | Men 100 IM | 130 |
| 10 | Women 100 IM | 83 |
| 11 | Men 25 Butterfly | 167 |
| 12 | Women 25 Butterfly | 81 |
| 13 | Men 4x25 Medley Relay | 54 |
| 14 | Women 4x25 Medley Relay | 28 |
| 15 | Men 50 Breaststroke | 116 |
| 16 | Women 50 Breaststroke | 71 |
| 17 | Men 100 Freestyle | 89 |
| 18 | Women 100 Freestyle | 43 |
| 19 | Mixed 4x25 Freestyle Relay | 48 |

Total **1535**

| Entry information by Day | | |
|--------------------------|----------------|-------------|
| Day / Session | No. of Entries | Total |
| A.M. | 625 | 1535 |
| P.M. | 910 | |

Short Course Masters Swimming Competition – Part 1

短池先進游泳比賽 – 第一部份

Date: 17-09-2023 (Sunday)

Venue: Shing Mun Valley Swimming Pool 城門谷游泳池

Morning Warm up/ 0900 – 0950 Hrs
熱身:

Morning First Event/ 1000 Hrs
開始:

Afternoon Warm up/ 1300 – 1350 Hrs
熱身:

Afternoon First Event/開始: 1400 Hrs

| MEN | | | WOMEN | |
|------------------|----------|-----------------------|--------------|----|
| 1 | 200 M | Breaststroke | 蛙泳 | 2 |
| 3 | 50 M | Freestyle | 自由泳 | 4 |
| 5 | 25 M | Breaststroke | 蛙泳 | 6 |
| 7 | 50 M | Backstroke | 背泳 | 8 |
| Lunch Break 午膳時間 | | | | |
| 9 | 100 M | Individual Medley | 個人四式 | 10 |
| 11 | 25 M | Butterfly | 蝶泳 | 12 |
| 13 | 4 x 25 M | Medley Relay | 四式接力 | 14 |
| 15 | 50 M | Breaststroke | 蛙泳 | 16 |
| 17 | 100 M | Freestyle | 自由泳 | 18 |
| 19 | 4 x 25 M | Mixed Freestyle Relay | 男女混合 自由接力 | |

二零二三至二四年香港先進游泳比賽系列

比賽規程

| | |
|--------|---|
| 日期/時間： | 請參閱比賽年表及項目表。 |
| 地點： | 請參閱比賽年表。 |
| 報名條件： | <ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2023-2024 年度先進組別泳員。2023-24 年註冊費為港幣\$100 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。 |
| 報名： | <ul style="list-style-type: none"> ◇ 必須以報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 每名泳員可參加不多於 3 項個人項目。 ◇ 每項報名費為港幣\$15 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每位泳員於每項接力項目只能參加一個年齡組別。如泳員參加多於一個年齡組別，該泳員所參與的接力項目成績將會被取消。 ◇ 各隊所有運動員需依照所屬屬會提交的接力表上次序比賽，如運動員沒有依照接力表上的次序比賽，該隊成績將會被取消。 ◇ 每項報名費為港幣\$15 元正。 <p>支票請劃線，抬頭寫 HKGSA。</p> |
| 截止報名： | 報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準) |
| 截止註冊： | 註冊須於比賽截止報名 21 日前辦妥。(以泳總的公佈為準) *(包括轉會註冊) |
| 項目： | 請參閱項目表。 所有賽事均以時間決定名次，不設初賽。 |
| 年齡組： | <p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399 |
| 接力： | ◇ 接力名單須於 比賽日 12 時前遞交 。 |
| 棄權： | <ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 每次“缺席”的罰款為港幣\$30 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受報名。 |
| 線道安排： | ◇ 所有參加者，將不按年齡，而是跟據其提交的報名時間作編組，唯成績將按泳員所屬的組別分別處理。 |
| 獎項： | <ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ *個人項目前八名可分別獲得 9, 7, 6, 5, 4, 3, 2 及 1 分 ◇ *接力首八名得分為 18, 14, 12, 10, 8, 6, 4, 2。(年齡 18-24 組除外) ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍。 |
| 規則： | ◇ 比賽採用世界泳聯的規則。 |

| | <ul style="list-style-type: none"> ◇ 如參加 400m 或 800m 自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為“DNF”（未能完成比賽）。 ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。 ◇ 泳會必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手或頂包行為，泳會將被嚴厲處分。詳細罰則如下： <ul style="list-style-type: none"> <u>第一次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。 <u>第二次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。 <u>第三次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。 <p style="text-align: center;"><u>違規記錄於一個財政年度清算(由 4 月 1 日起至 3 月 31 日)</u></p> | | | | | | | | | | | | |
|----------------|---|-------------|------------|-------------|----------|---|---|-----------|---|---|---------|---|---|
| <p>工作人員安排：</p> | <ul style="list-style-type: none"> ◇ 各參賽屬會需派出以下工作人員數量： <table border="1" data-bbox="270 885 919 1193" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="padding: 5px;">參賽人數</th> <th style="padding: 5px;">需要提供工作人員數量</th> <th style="padding: 5px;">最多可派出工作人員數量</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">5 至 14 人</td> <td style="padding: 5px;">1</td> <td style="padding: 5px;">4</td> </tr> <tr> <td style="padding: 5px;">15 至 24 人</td> <td style="padding: 5px;">2</td> <td style="padding: 5px;">4</td> </tr> <tr> <td style="padding: 5px;">25 人或以上</td> <td style="padding: 5px;">3</td> <td style="padding: 5px;">4</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ◇ 如屬會不能提供所需工作人員數量，有關屬會將於下個比賽被罰停賽一次。 | 參賽人數 | 需要提供工作人員數量 | 最多可派出工作人員數量 | 5 至 14 人 | 1 | 4 | 15 至 24 人 | 2 | 4 | 25 人或以上 | 3 | 4 |
| 參賽人數 | 需要提供工作人員數量 | 最多可派出工作人員數量 | | | | | | | | | | | |
| 5 至 14 人 | 1 | 4 | | | | | | | | | | | |
| 15 至 24 人 | 2 | 4 | | | | | | | | | | | |
| 25 人或以上 | 3 | 4 | | | | | | | | | | | |
| <p>上訴：</p> | <ul style="list-style-type: none"> ◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的 30 分鐘內，連同上訴費港幣\$200 元遞交予總裁判。 ◇ 上訴會交由該比賽之上訴委員會作決定。 ◇ 若上訴被駁回，已繳費用概不發還。 | | | | | | | | | | | | |

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2023-24

Rules & Regulations for Local Competitors

| | |
|-------------------------------|--|
| Date / Time | Please see attached event calendar and event list. |
| Venue | Please see attached event calendar. |
| Entry Conditions | <ul style="list-style-type: none"> ※ All competitors must be 2023-24 registered masters (MS) swimmers of HKGSA (2023-24 Registration Fee: HK\$100 per swimmer) ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2023-24 registered masters swimmers of their respective National Swimming Federation.</u> |
| Entries | <ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <u>Individual Events</u> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$15 per individual event <u>Relay Events</u> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ Each swimmer is only allowed to participate in one age group of each relay event. If swimmer race in two or more age group relay, concerned team result shall be disqualified. ※ The composition of a relay team must be the same order to the submitted relay form. Any club failed to follow the same order will result in disqualified. ※ HK\$15 per team per relay event. <p>Paid by cheque. Crossed cheque made <u>payable to 'HKGSA'</u>.</p> |
| Closing Date for Entries | 21 days prior to the date of competition. (Subject to the announcement of the HKGSA) |
| Closing Date for Registration | 21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKGSA) *(Including Transfer Registration) |
| Event list | Please see attached event lists. Events will be run as timed finals. |

| | | | | | | | | | | | | | | | | | | | |
|------------------|--|------------|----|----|---|---|---|---|---|---|-------|----|----|----|----|---|---|---|---|
| Age Group | <p>※ Age is calculated as at 31 December of the year of the competition.</p> <p><u>Individual Events</u> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over</p> <p><u>Relay Events</u> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399</p> | | | | | | | | | | | | | | | | | | |
| Relay | <p>※ Relay entry form must be submitted before 1200hours on the competition day.</p> | | | | | | | | | | | | | | | | | | |
| Scratches | <p>※ Scratches must be submitted 30 minutes before the scheduled start time of each session.</p> <p>※ A fine of \$30 will be charged for each "no show". Fine payment should be settled before the next competition entry deadline. Otherwise, entry will not be accepted.</p> | | | | | | | | | | | | | | | | | | |
| Seeding | <p>※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.</p> | | | | | | | | | | | | | | | | | | |
| Awards | <p>※ Medals will be awarded to 1st, 2nd and 3rd places.</p> <p>※ *Point score for first 8 places respectively (exclude Age 18-24 Group):</p> <table border="1" data-bbox="299 1028 954 1105"> <tr> <td>Individual</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>Relay</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> <p>※ *Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.</p> | Individual | 9 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | Relay | 18 | 14 | 12 | 10 | 8 | 6 | 4 | 2 |
| Individual | 9 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | | | | | | | | | | | |
| Relay | 18 | 14 | 12 | 10 | 8 | 6 | 4 | 2 | | | | | | | | | | | |

| <p>Rules</p> | <ul style="list-style-type: none"> ※ World Aquatic rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did not Finish). ※ Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards. ※ Swimmers shall not replace the swimmers on the swimmers list without HKASA's permission, represented clubs will be punished as follows: <ul style="list-style-type: none"> <u>First time of violation</u> A fine of \$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given. <u>Second time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women's relay events will not be given. <u>Third time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events during the competition will not be given and respective club shall be suspended from the next competition. <p><u>Violation would be counted within one financial year, i.e. (starting from 1st April and ending 31st March)</u></p> | | | | | | | | | | | | |
|-----------------------------------|---|---|---|---|------|---|---|-------|---|---|------------|---|---|
| <p>Official Arrangement</p> | <ul style="list-style-type: none"> ※ Clubs would need to provide the below number of officials for the competition: <table border="1" data-bbox="298 1377 954 1708"> <thead> <tr> <th>Swimmer(s) attend the competition</th> <th>Minimum Numbers of Official need to provide</th> <th>Maximum Numbers of Official could be provided</th> </tr> </thead> <tbody> <tr> <td>5-14</td> <td>1</td> <td>4</td> </tr> <tr> <td>15-24</td> <td>2</td> <td>4</td> </tr> <tr> <td>25 or more</td> <td>3</td> <td>4</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ※ Clubs will be suspended from the next competition if failed to fulfil the requirement. | Swimmer(s) attend the competition | Minimum Numbers of Official need to provide | Maximum Numbers of Official could be provided | 5-14 | 1 | 4 | 15-24 | 2 | 4 | 25 or more | 3 | 4 |
| Swimmer(s) attend the competition | Minimum Numbers of Official need to provide | Maximum Numbers of Official could be provided | | | | | | | | | | | |
| 5-14 | 1 | 4 | | | | | | | | | | | |
| 15-24 | 2 | 4 | | | | | | | | | | | |
| 25 or more | 3 | 4 | | | | | | | | | | | |

| | |
|----------------|--|
| Protest | <ul style="list-style-type: none">※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200.※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final.※ If the protest is rejected, the fee paid will be forfeited to the HKGSA. |
|----------------|--|

* Not apply to Overseas Competitors.

Hong Kong Masters Swimming Competition Series 2023-24

Rules & Regulations for Overseas Competitors

| | |
|--------------------------|---|
| Date / Time | Please see attached event calendar and event list. |
| Venue | Please see attached event calendar. |
| Entry Conditions | <ul style="list-style-type: none"> ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2023-2024 registered masters swimmers of their respective National Swimming Federation.</u> |
| Entries | <ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <u>Individual Events</u> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$20.00 per individual event <u>Relay Events</u> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ HK\$30.00 per team per relay event. <p>Paid by cheque ONLY. Crossed cheque made <u>payable to 'HKGSA'</u>.</p> |
| Closing Date for Entries | <u>1 month</u> before the 1 st date of competition of each meet. |
| Event list | Please see attached event lists. Events will be run as timed finals. |
| Age Group | <ul style="list-style-type: none"> ※ Age is calculated as at 31 December of the year of the competition. <u>Individual Events</u> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over <u>Relay Events</u> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399 |

| | |
|-----------|--|
| Relay | <ul style="list-style-type: none"> ※ Relay entry form must be submitted before 1200hours on the competition day. |
| Scratches | <ul style="list-style-type: none"> ※ Scratches must be submitted 30 minutes before the scheduled start time of each session. ※ Relay entry form must be submitted before 1200hours on the competition day. |
| Seeding | <ul style="list-style-type: none"> ※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group. |
| Awards | <ul style="list-style-type: none"> ※ Medals will be awarded to 1st, 2nd and 3rd places. Separate medals will be awarded to overseas swimmers. |
| Rules | <ul style="list-style-type: none"> ※ World Aquatic rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did not Finish). |
| Protest | <ul style="list-style-type: none"> ※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200. ※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final. ※ If the protest is rejected, the fee paid will be forfeited to the HKGSA. |

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2022-23 Short Course Masters Swimming Competition - Part 2)

MEN 25M FREESTYLE

| | | | | NAME OF MEET | DATE ACHIEVED |
|----------------------------|------------|--------------|----------------|---|------------------|
| LEE MING | SFC | 90-94 | 0:25.01 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| LEE SHE KWOK | SFC | 85-89 | 0:20.91 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| FU TAI CHUN | KTS | 80-84 | 0:19.48 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| TAM WING SING | NWC | 75-79 | 0:15.46 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| TIN SHEUNG KWAI | NWC | 70-74 | 0:14.08 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |
| TIN SHEUNG KWAI | SFC | 65-69 | 0:13.62 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| CHAN KIN YUEN | SFC | 60-64 | 0:13.07 | 2012-13 Short Course Masters Swimming Competition - Part 2 | 27-Jan-13 |
| WAI CHRIS TAK WING | NWC | 55-59 | 0:13.12 | 2015-16 Short Course Masters Swimming Competition - Part 2 | 24-Jan-16 |
| WONG KWOK WAH | KHC | 50-54 | 0:11.73 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| NORTJE CRAIG ANDREW | #FB | 45-49 | 0:12.29 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| NORTJE CRAIG ANDREW | #FB | 40-44 | 0:11.52 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| FU WING HARBETH | KTS | 35-39 | 0:11.28 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |
| CHOW SIK HANG | NWC | 30-34 | 0:10.97 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| CHENG HEI MAN | #DB | 25-29 | 0:10.70 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| TSANG PAK HO | THS | 18-24 | 0:11.49 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |

WOMEN 25M FREESTYLE

| | | | | NAME OF MEET | DATE ACHIEVED |
|-----------------------------|------------|--------------|----------------|---|------------------|
| TAI LI HUA | SFC | 80-84 | 0:18.80 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| WONG JIM | SFC | 75-79 | 0:19.23 | 2015-16 Short Course Masters Swimming Competition - Part 2 | 24-Jan-16 |
| BAI XIUFEN | SFC | 70-74 | 0:17.91 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| TSEUNG NGA WAH | SFC | 65-69 | 0:15.96 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| KIRKWOOD,TAIN MHAIRA | LRC | 60-64 | 0:14.74 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| KIRKWOOD,TAIN MHAIRA | LRC | 55-59 | 0:14.12 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| YAMAGUCHI MIKA | #FL | 50-54 | 0:13.51 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| YAMAGUCHI MIKA | PSC | 45-49 | 0:13.81 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| MATSUDA, HITOMI | SFC | 40-44 | 0:13.37 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| LAU HOK LAM | PSC | 35-39 | 0:13.60 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| MOK WING YAN | CLT | 30-34 | 0:13.14 | 2010-11 Short Course Masters Swimming Championships - Part 2 | 30-Jan-11 |
| CHAN YU NING | DLS | 25-29 | 0:13.08 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| LAI VIVIAN HIU TUNG | DLS | 18-24 | 0:12.79 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |

MEN 50M FREESTYLE

| | | | | NAME OF MEET | DATE ACHIEVED |
|--------------------|-----|-------|---------|--|---------------|
| LEE MING | SFC | 90-94 | 0:53.15 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| LEE MING | SFC | 85-89 | 0:45.70 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| LEE MING | SFC | 80-84 | 0:43.06 | Short Course Masters Open Swimming Championships 2010 | 17-Jan-10 |
| FU TAI CHUN | KTS | 75-79 | 0:34.15 | 2011-12 Short Course Masters Swimming Competition - Part 2 | 29-Jan-12 |
| TSE KWOK PUI | SFC | 70-74 | 0:32.12 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| FU TAI CHUN | KTS | 65-69 | 0:29.43 | Short Course Masters Swimming Championships 2003 | 15-Feb-03 |
| FU TAI CHUN | KTS | 60-64 | 0:28.63 | Short Course Masters Swimming Championships 1997 | 22-Feb-97 |
| WONG KWOK WAH | KHC | 55-59 | 0:25.67 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| WONG KWOK WAH | KHC | 50-54 | 0:25.42 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| RUST STEFAN ROBERT | LRC | 45-49 | 0:25.64 | 2015-16 Short Course Masters Swimming Competition - Part 1 | 01-Nov-15 |
| FU WING HARBETH | KTS | 40-44 | 0:24.50 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| FU WING HARBETH | KTS | 35-39 | 0:24.05 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| FU WING HARBETH | KTS | 30-34 | 0:23.80 | 2010-11 Short Course Masters Swimming Championships - Part 2 | 30-Jan-11 |
| CHUNG LAI YEUNG | #DB | 25-29 | 0:23.20 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| KONG CHUN YIN | HVA | 18-24 | 0:23.45 | 2013-14 Short Course Masters Swimming Competition - Part 1 | 22-Sep-13 |

WOMEN 50M FREESTYLE

| | | | | NAME OF MEET | DATE ACHIEVED |
|----------------------------------|------------|--------------|----------------|---|------------------|
| MAK SUET MAN | SGC | 85-89 | 1:07.96 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| TAI LI HUA | SFC | 80-84 | 0:45.12 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| WONG JIM | SFC | 75-79 | 0:44.41 | 2016-17 Short Course Masters Swimming Competition - Part 1 | 18-Sep-16 |
| BAI XIUFEN | SFC | 70-74 | 0:40.08 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| TSEUNG NGA WAH | SFC | 65-69 | 0:34.64 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| KIRKWOOD,TAIN MHAIRA | LRC | 60-64 | 0:32.72 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| KIRKWOOD TAIN MHAIRA | LRC | 55-59 | 0:32.18 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| YAMAGUCHI MIKA | #FL | 50-54 | 0:29.22 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| KRKALO SHAUNA KATHLEEN | LRC | 45-49 | 0:27.46 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| KRKALO SHAUNA KATHLEEN | LRC | 40-44 | 0:27.54 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| YIP WING YAN | DWA | 35-39 | 0:27.91 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| *ZHANG XIAO TONG ISABELLA | *FL | 30-34 | 0:27.03 | Hong Kong Age Group Short Course Swimming Championships | 28-May-23 |
| MOK HUI MAN SHERON | NWC | 25-29 | 0:27.42 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| LEUNG HO CHING | #FL | 18-24 | 0:27.68 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2022-23 Short Course Masters Swimming Competition - Part 2)

| MEN 100M FREESTYLE | | | | NAME OF MEET | DATE ACHIEVED |
|--------------------------------|------------|--------------|----------------|--|------------------|
| LING WANG YAM | WDS | 85-89 | 2:12.57 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| LEE MING | SFC | 80-84 | 1:39.86 | 2010-11 Short Course Masters Swimming Championships - Part 1 | 16-Oct-10 |
| LAM LIT KWAN | LTS | 75-79 | 1:34.01 | 2016-17 Short Course Masters Swimming Competition - Part 1 | 18-Sep-16 |
| TSE KWOK PIU | NWC | 70-74 | 1:11.04 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| TSE KWOK PIU | SFC | 65-69 | 1:09.73 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| HO ROBERT YAU CHUNG | LRC | 60-64 | 1:03.67 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| MA ETIENNE | YMC | 55-59 | 1:01.39 | 2012-13 Short Course Masters Swimming Competition - Part 1 | 30-Sep-12 |
| RUST STEFAN ROBERT | LRC | 50-54 | 0:57.63 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| STAMENOVIC IVAN | LRC | 45-49 | 0:57.32 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| O'NEILL DONAL THOMAS | LRC | 40-44 | 0:54.46 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| *POON DERRICK GENE-MING | *FL | 35-39 | 0:54.70 | Hong Kong Age Group Short Course Swimming Championships | 27-May-23 |
| BEAHAN GRANT KENNETH | BSC | 30-34 | 0:54.17 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| *LEE MAN TIM | HTA | 25-29 | 0:52.91 | Hong Kong Age Group Short Course Swimming Championships | 27-May-23 |
| WONG SING TSUN DEREK | CUC | 18-24 | 0:53.96 | 2013-14 Short Course Masters Swimming Competition - Part 1 | 22-Sep-13 |

| WOMEN 100M FREESTYLE | | | | NAME OF MEET | DATE ACHIEVED |
|----------------------------------|------------|--------------|----------------|--|------------------|
| MAK SUET MAN | SGC | 85-89 | 2:37.90 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| MAK SUET MAN | SGC | 80-84 | 2:32.06 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| WONG JIM | SFC | 75-79 | 1:53.52 | 2016-17 Short Course Masters Swimming Competition - Part 1 | 18-Sep-16 |
| SAM CHOI LIN | SFC | 70-74 | 1:48.91 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| TSEUNG NGA WAH | SFC | 65-69 | 1:24.13 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| TSEUNG NGA WAH | SFC | 60-64 | 1:20.88 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| KIRKWOOD TAIN MHAIRA | LRC | 55-59 | 1:14.61 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| YAMAGUCHI MIKA | #FL | 50-54 | 1:04.56 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| YAMAGUCHI MIKA | #FL | 45-49 | 1:04.90 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| KRKALO SHAUNA KATHLEEN | LRC | 40-44 | 1:02.37 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| KELSEY JANE MACFARLAND | LRC | 35-39 | 1:01.44 | 2014-15 Short Course Masters Swimming Competition - Part 1 | 21-Sep-14 |
| *ZHANG XIAO TONG ISABELLA | *FL | 30-34 | 1:00.06 | Hong Kong Age Group Short Course Swimming Championships | 27-May-23 |
| VAINIUS THERESE ELLEN | LRC | 25-29 | 1:01.80 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| MAU LOK YAN EUNICE | CUC | 18-24 | 1:01.93 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |

| MEN 200M FREESTYLE | | | | NAME OF MEET | DATE ACHIEVED |
|------------------------------------|------------|--------------|----------------|---|------------------|
| YIM KAM WING | NWC | 80-84 | 3:47.42 | 2013-14 Short Course Masters Swimming Competition - Part 2 | 02-Mar-14 |
| LEE MING | SFC | 75-79 | 3:29.45 | Short Course Masters Open Swimming Championships 2007 | 04-Mar-07 |
| FU TAI CHUN | KTS | 70-74 | 2:49.62 | Short Course Masters Open Swimming Championships 2008 | 01-Mar-08 |
| MA ETIENNE | YMC | 65-69 | 2:30.72 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| HO ROBERT YAU CHUNG | LRC | 60-64 | 2:27.89 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| MA ETIENNE | YMC | 55-59 | 2:19.34 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| MA ETIENNE | YMC | 50-54 | 2:19.05 | 2010-11 Short Course Masters Swimming Championships - Part 2 | 30-Jan-11 |
| LILJESTROEM LENNART, PETER FREDRIC | LRC | 45-49 | 2:08.25 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| MCKINLAY CALUM JOHN | HIS | 40-44 | 2:04.25 | Short Course Masters Open Swimming Championships 2008 | 01-Mar-08 |
| CAGGIO, ANTONINO | NWC | 35-39 | 2:01.74 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| CHOW KEVIN TZE HO | SCA | 30-34 | 2:06.50 | 2011-12 Short Course Masters Swimming Competition - Part 2 | 29-Jan-12 |
| LAU CHUN LEUNG JOHNNY | KHC | 25-29 | 1:58.61 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| LUI CHUN YIN | DLS | 18-24 | 1:59.50 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |

| WOMEN 200M FREESTYLE | | | | NAME OF MEET | DATE ACHIEVED |
|---------------------------|------------|--------------|----------------|---|------------------|
| MAK SUET MAN | SGC | 80-84 | 5:11.28 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |
| WONG JIM | SFC | 75-79 | 4:44.82 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| SUEN MING CHU | SFC | 70-74 | 3:33.59 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| SUEN MING CHU | SGC | 65-69 | 3:18.38 | 2012-13 Short Course Masters Swimming Competition - Part 2 | 27-Jan-13 |
| SUEN MING CHU | SCA | 60-64 | 3:12.88 | Short Course Masters Open Swimming Championships 2008 | 01-Mar-08 |
| KIRKWOOD, TAIN MHAIRA | LRC | 55-59 | 2:45.79 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| COGGINS LYNDY ANNE | LRC | 50-54 | 2:33.29 | 2015-16 Short Course Masters Swimming Competition - Part 2 | 24-Jan-16 |
| YAMAGUCHI MIKA | PSC | 45-49 | 2:28.46 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| KELSEY JANE MACFARLAND | LRC | 40-44 | 2:14.12 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| KELSEY JANE MACFARLAND | LRC | 35-39 | 2:12.81 | 2013-14 Short Course Masters Swimming Competition - Part 2 | 02-Mar-14 |
| CARPENTER LINH THUC LUONG | LRC | 30-34 | 2:20.77 | 2015-16 Short Course Masters Swimming Competition - Part 2 | 24-Jan-16 |
| MOK HOI MAN SHERON | NWC | 25-29 | 2:11.92 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| CHOW SIN HANG | KTS | 18-24 | 2:19.51 | 2013-14 Short Course Masters Swimming Competition - Part 2 | 02-Mar-14 |

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2022-23 Short Course Masters Swimming Competition - Part 2)

| MEN 25M BACKSTROKE | | NAME OF MEET | | | DATE ACHIEVED |
|----------------------------|------------|--------------|----------------|---|------------------|
| FU TAI CHUN | SFC | 80-84 | 0:24.48 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |
| FU TAI CHUN | KTS | 75-79 | 0:20.32 | 2011-12 Short Course Masters Swimming Competition - Part 2 | 29-Jan-12 |
| TIN SHEUNG KWAI | NWC | 70-74 | 0:17.13 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |
| TIN SHEUNG KWAI | KTS | 65-69 | 0:16.43 | 2011-12 Short Course Masters Swimming Competition - Part 2 | 29-Jan-12 |
| CHAN KIN YUEN | KTS | 60-64 | 0:16.42 | 2010-11 Short Course Masters Swimming Championships - Part 2 | 30-Jan-11 |
| HO ROBERT YAU CHUNG | LRC | 55-59 | 0:15.76 | 2015-16 Short Course Masters Swimming Competition - Part 2 | 24-Jan-16 |
| XIE JIANGHONG | SFC | 50-54 | 0:14.85 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| RUST STEFAN ROBERT | LRC | 45-49 | 0:14.84 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| NORTJE, CRAIG ANDREW | #FB | 40-44 | 0:14.15 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| LAM YAU SUN DICKSON | #DB | 35-39 | 0:13.26 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| LAM YAU SUN DICKSON | #DB | 30-34 | 0:13.34 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| CHEUNG YAU MING | #DB | 25-29 | 0:12.72 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| CHEUNG YAU MING | #DB | 18-24 | 0:12.46 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |

| WOMEN 25M BACKSTROKE | | NAME OF MEET | | | DATE ACHIEVED |
|---------------------------|------------|--------------|----------------|---|------------------|
| TAI LI HUA | SFC | 80-84 | 0:24.02 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| WONG JIM | SFC | 75-79 | 0:26.44 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| WONG JIM | KTS | 70-74 | 0:24.58 | 2012-13 Short Course Masters Swimming Competition - Part 2 | 27-Jan-13 |
| BAI XIUFEN | SFC | 65-69 | 0:19.49 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| NG YEE MAN | SFC | 60-64 | 0:20.32 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| LEUNG WAI FAN | KTS | 55-59 | 0:17.86 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| COGGINS LYNDA ANNE | LRC | 50-54 | 0:16.27 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| TAM ALISON MAILING | #FL | 45-49 | 0:16.24 | 2022-23 Short Course Masters Swimming Competition - Part 2 | 11-Feb-23 |
| LAKE AMBER ROBYN | LRC | 40-44 | 0:16.08 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| CHEN YANGYANG | LRC | 35-39 | 0:15.71 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| CHAN WING SUET | CKW | 30-34 | 0:15.12 | 2015-16 Short Course Masters Swimming Competition - Part 2 | 24-Jan-16 |
| CARPENTER LINH THUC LUONG | LRC | 25-29 | 0:14.97 | 2012-13 Short Course Masters Swimming Competition - Part 2 | 27-Jan-13 |
| LAM SUET | HKP | 18-24 | 0:15.19 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |

| MEN 50M BACKSTROKE | | NAME OF MEET | | | DATE ACHIEVED |
|----------------------|------------|--------------|----------------|--|------------------|
| CHEUNG TSAN | SFC | 85-89 | 1:09.13 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| MAK HEI CHI | SGC | 80-84 | 0:57.47 | Short Course Masters Open Swimming Championships 2009 | 18-Jan-09 |
| LAM LIT KWAN | LTS | 75-79 | 0:48.18 | 2016-17 Short Course Masters Swimming Competition - Part 1 | 18-Sep-16 |
| FU TAI CHUN | KTS | 70-74 | 0:42.19 | Short Course Masters Open Swimming Championships 2007 | 04-Mar-07 |
| WONG CHEUK YIN | FWC | 65-69 | 0:39.06 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| NGAI WING FOOK | KTS | 60-64 | 0:35.84 | Short Course Masters Swimming Championships 2003 | 15-Feb-03 |
| HO ROBERT YAU CHUNG | LRC | 55-59 | 0:33.42 | 2013-14 Short Course Masters Swimming Competition - Part 1 | 22-Sep-13 |
| JOHNSON ERIC ANDREW | LRC | 50-54 | 0:31.06 | 2011-12 Short Course Masters Swimming Competition - Part 1 | 12-Nov-11 |
| JOHNSON ERIC ANDREW | LRC | 45-49 | 0:30.51 | Short Course Masters Open Swimming Championships 2009 | 18-Jan-09 |
| O'NEILL DONAL THOMAS | LRC | 40-44 | 0:27.54 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| LAM YAU SUN DICKSON | #DB | 35-39 | 0:28.05 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| LAM YAU SUN DICKSON | #DB | 30-34 | 0:28.15 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| *LEE MAN TIM | HTA | 25-29 | 0:27.00 | Hong Kong Age Group Short Course Swimming Championships | 28-May-23 |
| LEUNG WING KEI | CUC | 18-24 | 0:27.55 | 2011-12 Short Course Masters Swimming Competition - Part 1 | 12-Nov-11 |

| WOMEN 50M BACKSTROKE | | NAME OF MEET | | | DATE ACHIEVED |
|----------------------------|---------|--------------|---------|--|---------------|
| MAK SUET MAN | SGC | 85-89 | 1:40.93 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| WONG JIM | SFC | 80-84 | 1:03.64 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| WONG JIM | SFC | 75-79 | 0:58.66 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| BAN XIUFEN | SFC | 70-74 | 0:43.96 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| LO LAI YING | SFC | 65-69 | 0:48.47 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| TSEUNG NGA WAH | SFC | 60-64 | 0:44.48 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| LAI SHUI NIN INGRID | YMC | 55-59 | 0:42.54 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| COGGINS LYNDA ANNE | LRC | 50-54 | 0:35.04 | 2014-15 Short Course Masters Swimming Competition - Part 1 | 21-Sep-14 |
| LAKE AMBER ROBYN | LRC | 45-49 | 0:34.31 | 2016-17 Short Course Masters Swimming Competition - Part 1 | 18-Sep-16 |
| TAM ALISON MAILING | #FL | 40-44 | 0:33.27 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| KELSEY JANE MACFARLAND | LRC | 35-39 | 0:33.53 | 2014-15 Short Course Masters Swimming Competition - Part 1 | 21-Sep-14 |
| CARPENTER LINH THUC LUONG | LRC | 30-34 | 0:32.19 | 2014-15 Short Course Masters Swimming Competition - Part 1 | 21-Sep-14 |
| CHAN KA KA / SETO WING YAN | HKP/NWC | 25-29 | 0:33.63 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| FONG SIN YI | KTS | 18-24 | 0:32.59 | 2012-13 Short Course Masters Swimming Competition - Part 1 | 30-Sep-12 |

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2022-23 Short Course Masters Swimming Competition - Part 2)

MEN 25M BREASTSTROKE

| | | | | NAME OF MEET | DATE ACHIEVED |
|-----------------------|-----|-------|---------|--|---------------|
| HO SHUI ON | KRS | 85-89 | 0:25.42 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| HO SHUI ON | KRS | 80-84 | 0:25.64 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| TIN SHEUNG KWAI | NWC | 75-79 | 0:18.88 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| TIN SHEUNG KWAI | NWC | 70-74 | 0:17.28 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| CHAN KAM POR | SFC | 65-69 | 0:16.85 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| TANG KON LEONG | SFC | 60-64 | 0:16.29 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| WAN LAP SUN | FWC | 55-59 | 0:16.27 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| WATT KAM SING MICHAEL | KTC | 50-54 | 0:15.09 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| WAN LAP SUN | FWC | 45-49 | 0:14.68 | 2012-13 Short Course Masters Swimming Competition - Part 1 | 30-Sep-12 |
| LEUNG SIU KIN PHILIP | LTS | 40-44 | 0:13.97 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| LO JONATHAN KA YAN | LRC | 35-39 | 0:14.02 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| WONG CHUN YAN | HTA | 30-34 | 0:13.55 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| YUEN MARCUS | LRC | 25-29 | 0:13.27 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| YUEN MARCUS | PSC | 18-24 | 0:13.30 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |

WOMEN 25M BREASTSTROKE

| | | | | NAME OF MEET | DATE ACHIEVED |
|---------------------------|-----|-------|---------|--|---------------|
| TAI LI HUA | SFC | 80-84 | 0:24.09 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| TAI LI HUA | LTS | 75-79 | 0:22.48 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| WONG JIM | SFC | 70-74 | 0:24.24 | 2014-15 Short Course Masters Swimming Competition - Part 1 | 21-Sep-14 |
| LEUNG WONG YIN HAR HAYLEY | SGC | 65-69 | 0:22.60 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| TSANG NGA WAH | SFC | 60-64 | 0:21.03 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| CHOW YEE HEUNG LIZA | LTS | 55-59 | 0:21.39 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| LEUNG WAI FAN | KTS | 50-54 | 0:17.63 | 2013-14 Short Course Masters Swimming Competition - Part 1 | 22-Sep-13 |
| YAMAGUCHI MIKA | SFC | 45-49 | 0:17.66 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| YAMAGUCHI MIKA | SFC | 40-44 | 0:18.04 | 2016-17 Short Course Masters Swimming Competition - Part 1 | 18-Sep-16 |
| YAU LOK LAM VAN | RSC | 35-39 | 0:16.60 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| TU PUI YEE | HKP | 30-34 | 0:16.31 | 2014-15 Short Course Masters Swimming Competition - Part 1 | 21-Sep-14 |
| LI TSZ YU | NWC | 25-29 | 0:15.75 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| LI TSZ YU | HFS | 18-24 | 0:16.84 | 2013-14 Short Course Masters Swimming Competition - Part 1 | 22-Sep-13 |

MEN 50M BREASTSTROKE

| | | | | NAME OF MEET | DATE ACHIEVED |
|----------------------|-----|-------|---------|--|---------------|
| LEE MING | SFC | 90-94 | 1:21.29 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| CHI LIEH YUNG | SFC | 85-89 | 1:01.03 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| CHAM KAM | SFC | 80-84 | 0:53.46 | Short Course Masters Open Swimming Championships 2009 | 18-Jan-09 |
| TIN SHEUNG KWAI | NWC | 75-79 | 0:43.38 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| YONG KHIN SYN | SFC | 70-74 | 0:40.23 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| YONG KHIN SYN | SFC | 65-69 | 0:37.04 | 2013-14 Short Course Masters Swimming Competition - Part 2 | 02-Mar-14 |
| FU TAI CHUN | KTS | 60-64 | 0:36.15 | Short Course Masters Swimming Championships 1997 | 22-Feb-97 |
| FU TAI CHUN | KTS | 55-59 | 0:34.52 | Short Course Masters Swimming Championships 1993 | 06-Feb-93 |
| SIEH TIEN YU | KTS | 50-54 | 0:33.32 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| YEW SING MING KELVIN | SFC | 45-49 | 0:30.99 | 2015-16 Short Course Masters Swimming Competition - Part 2 | 24-Jan-16 |
| IMAL RYOSUKE | PSC | 40-44 | 0:28.91 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| LO JONATHAN KA YAN | LRC | 35-39 | 0:30.71 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| WONG CHUN YAN | HTA | 30-34 | 0:29.76 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| LAM CHEUK YIN | FWC | 25-29 | 0:29.15 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| WONG HO KIU | #RF | 18-24 | 0:29.16 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |

WOMEN 50M BREASTSTROKE

| | | | | NAME OF MEET | DATE ACHIEVED |
|---|-------------------|---------------------|-----------------------|--|-------------------------|
| HO PO YEE | WDS | 85-89 | 1:41.84 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| WONG JIM | SFC | 80-84 | 1:04.76 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| WONG JIM | SFC | 75-79 | 0:59.17 | 2015-16 Short Course Masters Swimming Competition - Part 2 | 24-Jan-16 |
| <u>LEUNG WONG YIN HAR HAYLEY</u> | <u>SGC</u> | <u>70-74</u> | <u>0:55.19</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| LEUNG WONG YIN HAR HAYLEY | SGC | 65-69 | 0:49.83 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| LEUNG WAI FAN | KTS | 60-64 | 0:39.01 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| LEUNG WAI FAN | KTS | 55-59 | 0:38.71 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| LEUNG WAI FAN | KTS | 50-54 | 0:37.68 | 2013-14 Short Course Masters Swimming Competition - Part 2 | 02-Mar-14 |
| <u>KRKALO SHAUNA KATHLEEN</u> | <u>LRC</u> | <u>45-49</u> | <u>0:33.86</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| KRKALO SHAUNA KATHLEEN | LRC | 40-44 | 0:34.87 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| PANG WAN YIU SNOWIE VERONIC | FWC | 35-39 | 0:37.14 | 2011-12 Short Course Masters Swimming Competition - Part 2 | 29-Jan-12 |
| LIU KA LEI | KTS | 30-34 | 0:35.44 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| LEE WAI SZE | NWC | 25-29 | 0:35.73 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |
| IP RAINBOW | FFA | 18-24 | 0:34.80 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2022-23 Short Course Masters Swimming Competition - Part 2)

| MEN 100M BREASTSTROKE | | | | NAME OF MEET | DATE ACHIEVED |
|--------------------------|------------|--------------|----------------|---|------------------|
| LEE MING | SFC | 85-89 | 2:35.25 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| CHAN KAM | SFC | 80-84 | 2:19.76 | 2010-11 Short Course Masters Swimming Championships - Part 2 | 30-Jan-11 |
| <u>WONG CHIU SHUN</u> | <u>SFC</u> | <u>75-79</u> | <u>1:52.16</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| <u>CHAN KAM POR</u> | <u>SFC</u> | <u>70-74</u> | <u>1:31.45</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| CHAN KAM POR | SFC | 65-69 | 1:23.71 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |
| CHAN KAM POR | SGC | 60-64 | 1:23.13 | 2011-12 Short Course Masters Swimming Competition - Part 2 | 29-Jan-12 |
| <u>LANZONE FRANCESCO</u> | <u>BSC</u> | <u>55-59</u> | <u>1:21.26</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| WATT KAM SING MICHAEL | KTS | 50-54 | 1:15.62 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |
| YEW SING MING KELVIN | SFC | 45-49 | 1:08.66 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| IMAI RYOSUKE | PSC | 40-44 | 1:03.04 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| <u>KWOK HO TIN</u> | <u>NWC</u> | <u>35-39</u> | <u>1:07.79</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| KWOK HO TIN | NWC | 30-34 | 1:05.84 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| LAM CHEUK YIN | FWC | 25-29 | 1:05.86 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| YUEN MARCUS | PSC | 18-24 | 1:04.89 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |

| WOMEN 100M BREASTSTROKE | | | | NAME OF MEET | DATE ACHIEVED |
|---------------------------|------------|--------------|----------------|---|------------------|
| WONG JIM | SFC | 75-79 | 2:12.86 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |
| SUEN MING CHU | SFC | 70-74 | 1:53.64 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| LEUNG WONG YIN HAR HAYLEY | SGC | 65-69 | 1:50.27 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |
| LEUNG WONG YIN HAR HAYLEY | SGC | 60-64 | 1:44.12 | 2012-13 Short Course Masters Swimming Competition - Part 2 | 27-Jan-13 |
| KIRKWOOD, TAIN MHAIRA | LRC | 55-59 | 1:31.00 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| COGGINS LYNDA ANNE | LRC | 50-54 | 1:25.41 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| YAMAGUCHI, MIKA | PSC | 45-49 | 1:27.19 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| MATSUDA, HITOMI | SFC | 40-44 | 1:17.56 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| LIU KA LEI | KTS | 35-39 | 1:19.36 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| MORRISON RUTH | LRC | 30-34 | 1:19.10 | 2011-12 Short Course Masters Swimming Competition - Part 2 | 29-Jan-12 |
| LIU KA LEI | KTS | 25-29 | 1:20.71 | 2012-13 Short Course Masters Swimming Competition - Part 2 | 27-Jan-13 |
| <u>HO CHEUK WAI</u> | <u>DWA</u> | <u>18-24</u> | <u>1:22.13</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |

| MEN 200M BREASTSTROKE | | | | NAME OF MEET | DATE ACHIEVED |
|-----------------------|-----|-------|---------|--|---------------|
| WONG YUEN YING | KRS | 85-89 | 8:26.57 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| CHAN KAM | SFC | 80-84 | 4:43.82 | Short Course Masters Open Swimming Championships 2009 | 18-Jan-09 |
| MAK HEI CHI | SGC | 75-79 | 4:01.31 | Short Course Masters Swimming Championships 2005 | 06-Mar-05 |
| YONG KHIN SYN | SFC | 70-74 | 3:29.88 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| CHAN KAM POR | SFC | 65-69 | 3:09.33 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| KOO YU FAT MARCUS | FFA | 60-64 | 3:00.95 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| AU MUN SHING | SFC | 55-59 | 2:56.00 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| SIEH TIEN YU | KTS | 50-54 | 2:43.57 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| WAN LAP SUN | FWC | 45-49 | 2:49.84 | 2012-13 Short Course Masters Swimming Competition - Part 1 | 30-Sep-12 |
| FONG LIK SUN | #FB | 40-44 | 2:30.19 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| LO JONATHAN KA YAN | LRC | 35-39 | 2:34.06 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| KWOK HO TIN | NWC | 30-34 | 2:26.54 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| YUEN MARCUS | LRC | 25-29 | 2:25.14 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| YUEN MARCUS | PSC | 18-24 | 2:25.93 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |

| WOMEN 200M BREASTSTROKE | | | | NAME OF MEET | DATE ACHIEVED |
|---------------------------|-----|-------|---------|--|---------------|
| WONG JIM | SFC | 75-79 | 5:03.90 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| SUEN, MING CHU | SFC | 70-74 | 4:02.83 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| LEUNG WONG YIN HAR HAYLEY | SGC | 65-69 | 3:59.49 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| LEUNG WONG YIN HAR HAYLEY | SGC | 60-64 | 3:48.33 | 2012-13 Short Course Masters Swimming Competition - Part 1 | 30-Sep-12 |
| KIRKWOOD TAIN MHAIRA | KTS | 55-59 | 3:26.68 | 2013-14 Short Course Masters Swimming Competition - Part 1 | 22-Sep-13 |
| COGGINS LYNDA ANNE | LRC | 50-54 | 3:12.28 | 2015-16 Short Course Masters Swimming Competition - Part 1 | 01-Nov-15 |
| COGGINS LYNDA ANNE | LRC | 45-49 | 3:11.08 | 2011-12 Short Course Masters Swimming Competition - Part 1 | 12-Nov-11 |
| CHEUNG MAN YIU | SGC | 40-44 | 3:16.78 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| CHEUNG MAN YIU | SGC | 35-39 | 3:24.76 | 2011-12 Short Course Masters Swimming Competition - Part 1 | 21-Sep-14 |
| MORRISON RUTH | LRC | 30-34 | 2:58.22 | 2011-12 Short Course Masters Swimming Competition - Part 1 | 12-Nov-11 |
| LEE WAI SZE | NWC | 25-29 | 2:49.49 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| MOK KA KA JANIS | #FL | 18-24 | 2:53.53 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2022-23 Short Course Masters Swimming Competition - Part 2)

MEN 25M BUTTERFLY

| | | | | NAME OF MEET | DATE ACHIEVED |
|----------------------|-----|-------|---------|--|---------------|
| YIM KAM WING | NWC | 80-84 | 0:20.99 | 2013-14 Short Course Masters Swimming Competition - Part 1 | 22-Sep-13 |
| TIN SHEUNG KWAI | NWC | 75-79 | 0:16.49 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| LECKIE STUART | LRC | 70-74 | 0:16.31 | 2015-16 Short Course Masters Swimming Competition - Part 1 | 01-Nov-15 |
| CHAN KAM POR | SFC | 65-69 | 0:15.41 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| HO ROBERT YAU CHUNG | LRC | 60-64 | 0:14.48 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| WONG KWOK WAH | KHC | 55-59 | 0:12.59 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| TSANG YI MING | SMC | 50-54 | 0:12.80 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| SIEH TIEN YU | KTS | 45-49 | 0:13.01 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| LEWIS GARETH RHYS | LRC | 40-44 | 0:12.40 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| YAN HO CHUN | #DB | 35-39 | 0:11.90 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| BEAHAN GRANT KENNETH | BSC | 30-34 | 0:12.01 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| KONG CHUN YIN | FWC | 25-29 | 0:11.99 | 2015-16 Short Course Masters Swimming Competition - Part 1 | 01-Nov-15 |
| KONG CHUN YIN | HVA | 18-24 | 0:11.89 | 2013-14 Short Course Masters Swimming Competition - Part 1 | 22-Sep-13 |

WOMEN 25M BUTTERFLY

| | | | | NAME OF MEET | DATE ACHIEVED |
|-----------------------|-----|-------|---------|--|---------------|
| TAI LI HUA | SFC | 80-84 | 0:25.47 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| WONG JIM | SFC | 75-79 | 0:24.48 | 2016-17 Short Course Masters Swimming Competition - Part 1 | 18-Sep-16 |
| SUEN MING CHU | SFC | 70-74 | 0:20.34 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| TSEUNG NGA WAH | SFC | 65-69 | 0:17.31 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| TSEUNG NGA WAH | SFC | 60-64 | 0:17.48 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| KIRKWOOD TAIN MHAIRA | LRC | 55-59 | 0:15.59 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| YAMAGUCHI MIKA | #FL | 50-54 | 0:14.54 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| PAZOS CHRISTENA MARIA | LRC | 45-49 | 0:14.90 | 2015-16 Short Course Masters Swimming Competition - Part 1 | 01-Nov-15 |
| TAM ALISON MAI LING | #FL | 40-44 | 0:14.84 | 2019-20 Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| YAU LOK LAM VAN | RSC | 35-39 | 0:14.37 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| CHAN WING SUET | CKW | 30-34 | 0:13.87 | 2017-18 Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| YIP WING YAN | DWA | 30-24 | 0:13.87 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| LI TSZ YU | NWC | 25-29 | 0:14.26 | 2022-23 Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| IP RAINBOW | FFA | 18-24 | 0:13.82 | 2021-22 Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |

MEN 50M BUTTERFLY

| | | | | NAME OF MEET | DATE ACHIEVED |
|-----------------------------|------------|--------------|----------------|---|------------------|
| MAK HEI CHI | SGC | 80-84 | 0:58.69 | Short Course Masters Open Swimming Championships 2007 | 04-Mar-07 |
| <u>CHAN SHING CHI</u> | <u>LTS</u> | <u>75-79</u> | <u>0:51.42</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| <u>CHAN KAM POR</u> | <u>SFC</u> | <u>70-74</u> | <u>0:37.48</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| FU TAI CHUN | KTS | 65-69 | 0:33.04 | Short Course Masters Swimming Championships 2003 | 15-Feb-03 |
| HO ROBERT YAU CHUNG | LRC | 60-64 | 0:31.69 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| FU TAI CHUN | KTS | 55-59 | 0:29.97 | Short Course Masters Swimming Championships 1993 | 06-Feb-93 |
| SIEH TIEN YU | KTS | 50-54 | 0:28.61 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| YEW SING MING KELVIN | SFC | 45-49 | 0:27.89 | 2015-16 Short Course Masters Swimming Competition - Part 2 | 24-Jan-16 |
| <u>O'NEILL DONAL THOMAS</u> | <u>LRC</u> | <u>40-44</u> | <u>0:26.40</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| NORTJE CRAIG ANDREW | VRC | 35-39 | 0:26.94 | 2013-14 Short Course Masters Swimming Competition - Part 2 | 02-Mar-14 |
| WANG TIMOTHY JONG | LRC | 30-34 | 0:25.93 | 2013-14 Short Course Masters Swimming Competition - Part 2 | 02-Mar-14 |
| <u>*LEE MAN TIM</u> | <u>HTA</u> | <u>25-29</u> | <u>0:25.38</u> | <u>Hong Kong Age Group Short Course Swimming Championships</u> | <u>27-May-23</u> |
| LUI CHUN YIN | DLS | 18-24 | 0:26.29 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |

WOMEN 50M BUTTERFLY

| | | | | NAME OF MEET | DATE ACHIEVED |
|-------------------------------|------------|--------------|----------------|---|------------------|
| WONG JIM | SFC | 75-79 | 0:59.89 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |
| SUEN MING CHU | SFC | 70-74 | 0:47.96 | 2019-20 Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| <u>TSEUNG NGA WAH</u> | <u>SFC</u> | <u>65-69</u> | <u>0:42.59</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| <u>KIRKWOOD TAIN MHAIRA</u> | <u>LRC</u> | <u>60-64</u> | <u>0:35.69</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| KIRKWOOD TAIN MHAIRA | LRC | 55-59 | 0:37.05 | 2017-18 Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| LEE TANYA DIANE | PSC | 50-54 | 0:33.24 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| <u>KRKALO SHAUNA KATHLEEN</u> | <u>LRC</u> | <u>45-49</u> | <u>0:29.99</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| TAM ALISON MAI LING | PSC | 40-44 | 0:32.64 | 2018-19 Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| <u>YIP WING YAN</u> | <u>DWA</u> | <u>35-39</u> | <u>0:30.73</u> | <u>2022-23 Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| CHAN WING SUET | CKW | 30-34 | 0:30.53 | 2015-16 Short Course Masters Swimming Competition - Part 2 | 24-Jan-16 |
| NG KA MAN | SFC | 25-29 | 0:28.88 | 2014-15 Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| LAM SUET | HKP | 18-24 | 0:30.91 | 2016-17 Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2022-23 Short Course Masters Swimming Competition - Part 2)

MEN 100M INDIVIDUAL MEDLEY

| | | | | | NAME OF MEET | DATE ACHIEVED |
|-----------------------|-----|-------|---------|---------|--|---------------|
| YIM KAM WING | NWC | 80-84 | 1:58.33 | 2013-14 | Short Course Masters Swimming Competition - Part 1 | 22-Sep-13 |
| CHEUNG TSAN | SFC | 75-79 | 1:41.33 | | Short Course Masters Swimming Championships 2004 | 15-Feb-04 |
| TIN SHEUNG KWAI | NWC | 70-74 | 1:25.49 | 2017-18 | Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| CHAN KAM POR | SFC | 65-69 | 1:18.72 | 2016-17 | Short Course Masters Swimming Competition - Part 2 | 26-Feb-17 |
| KOO YU FAT MARCUS | FFA | 60-64 | 1:15.43 | 2022-23 | Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| KOO YU FAT MARCUS | FFA | 55-59 | 1:13.19 | 2017-18 | Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| JOHNSON ERIC ANDREW | LRC | 50-54 | 1:07.05 | 2011-12 | Short Course Masters Swimming Competition - Part 1 | 12-Nov-11 |
| YEW SHING MING KELVIN | SFC | 45-49 | 1:06.31 | 2017-18 | Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| IMAL RYOSUKE | PSC | 40-44 | 0:59.78 | 2018-19 | Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| LO JONATHAN KA YAN | LRC | 35-39 | 1:02.62 | 2018-19 | Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| YAN HO CHUN | NWC | 30-34 | 1:01.12 | 2017-18 | Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| KONG CHUN YIN | FWC | 25-29 | 0:59.29 | 2014-15 | Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| CHEUNG YAU MING | #DB | 18-24 | 0:57.30 | 2018-19 | Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |

WOMEN 100M INDIVIDUAL MEDLEY

| | | | | | NAME OF MEET | DATE ACHIEVED |
|------------------------|-----|-------|---------|---------|--|---------------|
| WONG JIM | SFC | 80-84 | 2:21.31 | 2021-22 | Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| WONG JIM | SFC | 75-79 | 2:09.67 | 2015-16 | Short Course Masters Swimming Competition - Part 2 | 24-Jan-16 |
| SUEN MING CHU | SFC | 70-74 | 1:46.53 | 2017-18 | Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| SUEN MING CHU | SFC | 65-69 | 1:41.95 | 2013-14 | Short Course Masters Swimming Competition - Part 2 | 02-Mar-14 |
| TSEUNG NGA WAH | SFC | 60-64 | 1:33.28 | 2017-18 | Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| POON WAI FUN | SGC | 55-59 | 1:20.27 | 2014-15 | Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| LEE TANYA DIANE | PSC | 50-54 | 1:15.67 | 2014-15 | Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| YAMAGUCHI MIKA | #FL | 45-49 | 1:14.24 | 2021-22 | Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| MATSUDA HITOMI | SFC | 40-44 | 1:11.54 | 2018-19 | Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| KELSEY JANE MACFARLAND | LRC | 35-39 | 1:13.09 | 2011-12 | Short Course Masters Swimming Competition - Part 1 | 12-Nov-11 |
| CHAN WING SUET | CKW | 30-34 | 1:11.96 | 2016-17 | Short Course Masters Swimming Competition - Part 1 | 18-Sep-16 |
| NG KA MAN | KTS | 25-29 | 1:08.89 | 2014-15 | Short Course Masters Swimming Competition - Part 2 | 25-Jan-15 |
| AU HIU PUI | *GW | 18-24 | 1:07.92 | 2018-19 | Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |

MEN 4 X 25M FREESTYLE RELAY

| | | | | | NAME OF MEET | DATE ACHIEVED |
|---|-------------------|--------------------|-----------------------|-----------------------|--|-------------------------|
| <u>SWORD FISH CLUB</u> | <u>SFC</u> | <u>320+</u> | <u>1:24.17</u> | <u>2022-23</u> | <u>Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| NEW WATER POLO CLUB | NWC | 280+ | 1:00.84 | 2017-18 | Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| SWORD FISH CLUB | SFC | 240+ | 0:54.51 | 2018-19 | Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| <u>FASTLANE SWIMMING</u> | <u>#FL</u> | <u>200+</u> | <u>0:51.47</u> | <u>2022-23</u> | <u>Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| LADIES' RECREATION CLUB | LRC | 160+ | 0:46.94 | 2017-18 | Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| <u>KWUN TONG SWIMMING CLUB</u> | <u>KTS</u> | <u>120+</u> | <u>0:44.93</u> | <u>2022-23</u> | <u>Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| <u>DIOCESAN SCHOOL OLD BOYS' ASSOCIATION</u> | <u>#DB</u> | <u>100+</u> | <u>0:44.62</u> | <u>2022-23</u> | <u>Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |

WOMEN 4 X 25M FREESTYLE RELAY

| | | | | | NAME OF MEET | DATE ACHIEVED |
|---------------------------------|-------------------|--------------------|-----------------------|-----------------------|--|-------------------------|
| SWORD FISH CLUB | SFC | 280+ | 1:11.72 | 2019-20 | Short Course Masters Swimming Competition - Part 2 | 19-Jan-20 |
| SWORD FISH CLUB | SFC | 240+ | 1:06.99 | 2017-18 | Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| KWUN TONG SWIMMING CLUB | KTS | 200+ | 1:01.27 | 2016-17 | Short Course Masters Swimming Competition - Part 1 | 18-Sep-16 |
| LADIES' RECREATION CLUB | LRC | 160+ | 0:55.11 | 2013-14 | Short Course Masters Swimming Competition - Part 2 | 02-Mar-14 |
| <u>FASTLANE SWIMMING</u> | <u>#FL</u> | <u>120+</u> | <u>0:54.06</u> | <u>2022-23</u> | <u>Short Course Masters Swimming Competition - Part 2</u> | <u>11-Feb-23</u> |
| NEW WATER POLO CLUB | NWC | 100+ | 0:54.79 | 2017-18 | Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |

MEN 4 X 25M MEDLEY RELAY

| | | | | | NAME OF MEET | DATE ACHIEVED |
|---------------------------------------|-----|------|---------|---------|--|---------------|
| SWORD FISH CLUB | SFC | 320+ | 1:47.23 | 2014-15 | Short Course Masters Swimming Competition - Part 1 | 21-Sep-14 |
| SWORD FISH CLUB | SFC | 280+ | 1:11.02 | 2017-18 | Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| SWORD FISH CLUB | SFC | 240+ | 1:02.52 | 2013-14 | Short Course Masters Swimming Competition - Part 1 | 22-Sep-13 |
| FIRE SERVICES | FWC | 200+ | 0:57.73 | 2013-14 | Short Course Masters Swimming Competition - Part 2 | 02-Mar-14 |
| LADIES' RECREATION CLUB | LRC | 160+ | 0:54.39 | 2017-18 | Short Course Masters Swimming Competition - Part 2 | 28-Jan-18 |
| NEW WATER POLO CLUB | NWC | 120+ | 0:50.84 | 2018-19 | Short Course Masters Swimming Competition - Part 2 | 27-Jan-19 |
| DIOCESAN SCHOOL OLD BOYS' ASSOCIATION | #DB | 100+ | 0:49.78 | 2021-22 | Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |

WOMEN 4 X 25M MEDLEY RELAY

| | | | | | NAME OF MEET | DATE ACHIEVED |
|-------------------------|-----|------|---------|---------|--|---------------|
| SWORD FISH CLUB | SFC | 280+ | 1:41.68 | 2019-20 | Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| SWORD FISH CLUB | SFC | 240+ | 1:16.20 | 2021-22 | Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| LADIES' RECREATION CLUB | LRC | 200+ | 1:07.31 | 2015-16 | Short Course Masters Swimming Competition - Part 2 | 24-Jan-16 |
| LADIES' RECREATION CLUB | LRC | 160+ | 1:02.16 | 2013-14 | Short Course Masters Swimming Competition - Part 2 | 02-Mar-14 |
| LADIES' RECREATION CLUB | LRC | 120+ | 1:00.50 | 2021-22 | Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| NEW WATER POLO CLUB | NWC | 100+ | 1:02.35 | 2017-18 | Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |

MIXED 4 X 25M FREESTYLE RELAY

| | | | | | NAME OF MEET | DATE ACHIEVED |
|-------------------------|-----|------|---------|---------|--|---------------|
| SWORD FISH CLUB | SFC | 320+ | 1:31.09 | 2021-22 | Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| SWORD FISH CLUB | SFC | 280+ | 1:08.26 | 2022-23 | Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| SWORD FISH CLUB | SFC | 240+ | 1:00.03 | 2017-18 | Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |
| FASTLANE SWIMMING | #FL | 200+ | 0:55.25 | 2022-23 | Short Course Masters Swimming Competition - Part 1 | 04-Sep-22 |
| FASTLANE SWIMMING | #FL | 160+ | 0:51.28 | 2019-20 | Short Course Masters Swimming Competition - Part 1 | 22-Sep-19 |
| LADIES' RECREATION CLUB | LRC | 120+ | 0:49.14 | 2021-22 | Short Course Masters Swimming Competition - Part 1 | 26-Sep-21 |
| NEW WATER POLO CLUB | NWC | 100+ | 0:48.19 | 2017-18 | Short Course Masters Swimming Competition - Part 1 | 17-Sep-17 |

2023-2024 Short Course Masters Swimming Competition (Part 1)**Reject List**

| No. | Name | Event | Club | Remarks |
|-----|---------------------|-------|------|-----------------------------|
| 1 | Ip Chu Wah Gary | 1 | FFA | No Record |
| 2 | Lam Luk Kan | 1 | SFC | Entry Time Slower Than MSQT |
| 3 | Wan Hong Yin Edmund | 17 | #FB | More Than Limited Entry |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

Event 1 Men 200 SC Meter Breaststroke

18-24 MSR: 2:25.93

25-29 MSR: 2:25.14

30-34 MSR: 2:26.54

35-39 MSR: 2:34.06

40-44 MSR: 2:30.19

45-49 MSR: 2:49.84

50-54 MSR: 2:43.57

55-59 MSR: 2:56.00

60-64 MSR: 3:00.95

65-69 MSR: 3:09.33

| | ID# | Name | Age | Team | Seed Time |
|--------------|------------|-----------------------------|-----|-------------------|-----------|
| 18-24 | | | | | |
| 1 | 30694 IAZ | Cheung, Chi Kit Nicholas | 18 | Wong Tai Sin | 2:26.00 |
| 2 | 48045 IAZ | Lo, Tsz Wang | 20 | Kwun Tong | 2:55.00 |
| 3 | 20997 B | Yung, Cheuk Long Charlie | 24 | Kwan Hung | 3:00.00 |
| 4 | 40918 IAZ | Yeung, Ho Lam | 18 | Current Club Ltd | 3:30.00 |
| 25-29 | | | | | |
| 1 | 40333 IAZ | Lam, Pak Lai | 26 | Flying Fish | 3:11.98 |
| 2 | 10083 IAZ | Chan, Chun Yin Wilson | 29 | Hong Kong Police | 3:13.29 |
| 3 | 23081 IAZ | Loo, Chun Hei | 25 | Dik Wing | 3:30.00 |
| 30-34 | | | | | |
| 1 | 02591 | Luk, Wing Kin Andy | 34 | Kwan Hung | 2:32.00 |
| 2 | 03978 | Lau, Chun Sing | 31 | Marlins | 2:46.31 |
| 3 | 14526 IBZ | Ho, Chun Sum Samuel | 34 | New Water Polo | 2:55.45 |
| 4 | 49546 @ICO | Ly, Jonathan | 31 | Kwun Tong | 3:00.51 |
| 35-39 | | | | | |
| 1 | 00444 | Lam, Yau Sun Dickson | 38 | Diocesan School | 3:25.00 |
| 2 | 27469 IAX | Lam, Kin Wang | 38 | Hong Kong Police | 3:30.00 |
| 3 | 38303 IAZ | Ng, Ho Yin | 38 | Sun Yip | 3:30.00 |
| 40-44 | | | | | |
| 1 | 05155 | Chan, Albert Kam Ming | 42 | Diocesan School | 3:10.00 |
| 2 | 03796 ICZ | Chan, Pui Kei | 42 | New Water Polo | 3:10.00 |
| 3 | 01465 ICZ | Chiang, Filomeno | 41 | Hong Kong Police | 3:11.70 |
| 4 | 40834 IAZ | Chang, Hsi Tse JosephJeremy | 44 | Diocesan School | 3:15.00 |
| 5 | 45574 IAZ | Ng, Siu Kwong | 41 | Sword Fish Club | 3:30.00 |
| 6 | 01948 ICZ | Tang, Ho Yuen | 41 | Diocesan School | 3:45.00 |
| 7 | 35790 ICO | Launay, Thomas | 44 | LRC | 3:45.00 |
| 8 | 43948 @^IM | Wang, Shengli | 44 | New Water Polo | 3:45.00 |
| 45-49 | | | | | |
| 1 | 16451 | Cheng, Ngai Bun | 45 | Kwun Tong | 3:22.44 |
| 2 | 42737 IAZ | So, Ma Loi | 47 | Sword Fish Club | 3:30.00 |
| 3 | 24603 IAZ | Hung, Ka Ming | 48 | YMCA OF Hong Kong | 3:40.00 |
| 4 | 05160 | Chan, Ka Wo | 46 | Diocesan School | 3:44.00 |
| 5 | 17961 ICO | Jones, Simon | 47 | LRC | 3:45.00 |
| 6 | 48593 IAZ | Cheng, Wai Leung | 46 | Sword Fish Club | 3:45.00 |
| 50-54 | | | | | |
| 1 | 25592 IAZ | Cheung, Wai Kei | 51 | Flying Fish | 3:06.35 |
| 2 | 26317 IAZN | Tung, Shang Wei Timothy | 53 | Kwun Tong | 3:16.91 |
| 3 | 26053 IAZ | Wong, Yee Keung | 52 | Flying Fish | 3:20.00 |
| 4 | 27868 IAZ | Chan, Chi Wah Ringo | 51 | Sword Fish Club | 3:22.51 |
| 5 | 24606 IAZ | Tsang, Hin Lap | 52 | Flying Fish | 3:30.00 |
| 6 | 35849 IAX | Ku, Kin Hing | 50 | Hoi Fung | 3:37.46 |
| 7 | 35711 IAX | Wong, Fuk Kei | 54 | Sword Fish Club | 3:45.00 |
| 8 | 15166 | Leung, Chi Keung | 51 | Sun Yip | 3:45.00 |
| 55-59 | | | | | |
| 1 | 18856 IAZ | Au, Mun Shing | 58 | Sword Fish Club | 3:02.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

55-59... (Event 1 Men 200 SC Meter Breaststroke)

| | | | | | |
|---|-----------|----------------------|----|------------------|---------|
| 2 | 40592 IAZ | Fo, Pui Keung | 59 | Hong Kong Police | 3:37.95 |
| 3 | 10135 IAZ | Mo, Kim Fung Bosco | 59 | Kwun Tong | 3:43.36 |
| 4 | 41548 IAZ | Ip, Ka Keung Patrick | 55 | Hong Kong Footba | 3:45.00 |
| 5 | 38291 IAZ | Liu, Chun Sing | 57 | Sword Fish Club | 3:50.00 |

60-64

| | | | | | |
|---|-------------|---------------------|----|-----------------|---------|
| 1 | 05191 | Koo, Yu Fat Marcus | 61 | Flying Fish | 2:59.40 |
| 2 | 45198 #IAZN | Lam, Tsz Kiu Goldie | 61 | New Water Polo | 3:40.00 |
| 3 | 25226 IAZ | Choi, Tai Wing | 62 | Sword Fish Club | 3:55.00 |
| 4 | 36725 IAZ | Yau, Wai | 64 | Sea Green | 3:58.00 |
| 5 | 50511 @^IM | Ye, Huanliang | 60 | Sword Fish Club | 4:00.00 |

65-69

| | | | | | |
|---|------------|----------------|----|-----------------|---------|
| 1 | 06176 | Wong, Kung Wan | 67 | Sea Green | 3:33.42 |
| 2 | 49915 @IAX | Tai, Yu Chung | 65 | New Water Polo | 3:40.00 |
| 3 | 43205 | Zhou, Jin Jia | 68 | Sword Fish Club | 3:40.00 |
| 4 | 43953 @^IM | Guan, Nanqun | 67 | New Water Polo | 3:50.00 |

70-74

| | | | | | |
|---|-----------|----------------|----|-----------------|---------|
| 1 | 06382 | Chan, Kam Por | 71 | Sword Fish Club | 3:35.00 |
| 2 | 04504 IAO | Yura, Tadami | 71 | Sword Fish Club | 3:52.00 |
| 3 | 11563 | Lee, Kwok Hung | 70 | Sword Fish Club | 4:00.00 |
| 4 | 05917 | Yong, Khin Syn | 74 | Sword Fish Club | 4:00.00 |
| 5 | 06243 | Koo, Choi Fat | 73 | Wong Tai Sin | 4:00.00 |

75-79

| | | | | | |
|---|-----------|----------------|----|-----------------|---------|
| 1 | 44793 IAZ | Iu, Pui To | 76 | Diocesan School | 4:00.00 |
| 2 | 10274 | Lau, Chun Nung | 77 | Lai Tsun | 4:00.00 |

Event 2 Women 200 SC Meter Breaststroke

18-24 MSR: 2:53.53

25-29 MSR: 2:49.49

30-34 MSR: 2:58.22

35-39 MSR: 3:24.76

40-44 MSR: 3:16.78

45-49 MSR: 3:11.08

50-54 MSR: 3:12.28

55-59 MSR: 3:26.68

60-64 MSR: 3:48.33

65-69 MSR: 3:59.49

| | ID# | Name | Age | Team | Seed Time |
|--------------|------------|----------------------------|-----|-------------------|-----------|
| 18-24 | | | | | |
| 1 | 31444 #IAX | Tang, Hiu Tung | 22 | Pacific | 3:02.92 |
| 2 | 18028 B | Leung, Ho Ching | 24 | Fastlane Swimming | 3:08.00 |
| 3 | 23688 IAZ | Mok, Ka Ka Janis | 23 | Fastlane Swimming | 3:08.00 |
| 4 | 31549 IAZ | Wong, Choi Wan Phoebe | 21 | Pacific | 3:08.95 |
| 5 | 37318 IAO | Chio, Yi Lan | 20 | Dik Wing | 3:40.00 |
| 6 | 26980 IAZ | Wong, Suet Wing | 24 | Dik Wing | 3:40.00 |
| 7 | 26669 P | Mak, Ho Yan | 20 | Eastern Winter | 3:40.00 |
| 25-29 | | | | | |
| 1 | 38653 IAZ | Sin, Wai Ting | 29 | Golden Dolphin | 3:40.00 |
| 30-34 | | | | | |
| 1 | 50922 @ICO | Hughes, Christine Virginia | 32 | LRC | 3:25.00 |
| 35-39 | | | | | |
| 1 | 50839 @^IM | Zhuo, Enqi | 39 | Tuen Mun | 3:40.00 |
| 2 | 46294 ICX | Lin, Shengzhu | 35 | New Water Polo | 3:40.00 |
| 3 | 35921 IAZ | Lui, Yick Ling | 37 | Kornhill | 3:40.45 |
| 40-44 | | | | | |
| 1 | 06304 ICZ | Cheung, Man Yiu | 44 | Sea Green | 3:16.00 |
| 2 | 45041 IAZ | Fung, Cheuk Ching Candy | 41 | Hoi Fung | 3:40.45 |
| 3 | 30072 ICW | Chao, Man Chi | 44 | New Water Polo | 3:41.57 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

50-54... (Event 2 Women 200 SC Meter Breaststroke)

| | | | | | |
|--------------|-----------|----------------------------|----|-----------------|---------|
| 1 | 49204 IAZ | Cheng, Wai Man | 52 | Sea Green | 3:50.00 |
| 2 | 36431 @^P | Buchta, Katrin | 53 | Sword Fish Club | 3:55.00 |
| 3 | 44304 IAX | Choi, Shan Shan | 51 | Sword Fish Club | 3:55.00 |
| 4 | 06349 | Ip, Oi Wa Wendy | 51 | Sword Fish Club | 3:55.00 |
| 55-59 | | | | | |
| 1 | 38289 IAZ | Ng, Wai Lin Angie | 59 | Sword Fish Club | 3:55.00 |
| 2 | 23588 IAZ | Lee, Ying Chi | 55 | Tung Sing | 3:55.00 |
| 60-64 | | | | | |
| 1 | 22428 IAZ | Lau, Yuk Lin Rocky | 61 | Sea Green | 3:58.00 |
| 2 | 16533 | Wong, Shun Ying | 64 | Sea Green | 4:10.00 |
| 65-69 | | | | | |
| 1 | 23957 IAX | Yeung, Tun Lim Lily | 66 | Sword Fish Club | 4:10.00 |
| 2 | 02711 | Fok, Wai Fung | 65 | Wong Tai Sin | 4:10.00 |
| 70-74 | | | | | |
| 1 | 06147 | Leung Wong, Yin Har Hayley | 71 | Sea Green | 4:10.00 |
| 80-84 | | | | | |
| 1 | 06374 | Wong, Jim | 82 | Sword Fish Club | 4:10.00 |

Event 3 Men 50 SC Meter Freestyle

| | |
|-------------------|--------------|
| 18-24 MSR: | 23.45 |
| 25-29 MSR: | 23.20 |
| 30-34 MSR: | 23.80 |
| 35-39 MSR: | 24.05 |
| 40-44 MSR: | 24.50 |
| 45-49 MSR: | 25.64 |
| 50-54 MSR: | 25.42 |
| 55-59 MSR: | 25.67 |
| 60-64 MSR: | 28.63 |
| 65-69 MSR: | 29.73 |

| | ID# | Name | Age | Team | Seed Time |
|--------------|------------|--------------------------|------------|-------------------|------------------|
| 18-24 | | | | | |
| 1 | 51730 @^IM | Xi, Kai | 21 | Sword Fish Club | 15.00 |
| 2 | 25287 IAZ | Chiu, Long Kit | 23 | Sword Fish Club | 26.00 |
| 3 | 22276 B | Chong, Michael Yat Tsun | 22 | Sword Fish Club | 26.00 |
| 4 | 50457 @^IM | Miao, Chenglli | 23 | Tuen Mun | 27.00 |
| 5 | 24692 IAZ | Ho, Hok Wang | 21 | New Water Polo | 27.00 |
| 6 | 32406 IAZ | Lau, Chun Ting | 20 | Tolo Harbour | 27.00 |
| 7 | 27703 #IAZ | Chan, Ming Chi | 23 | Hong Kong Police | 29.50 |
| 8 | 40918 IAZ | Yeung, Ho Lam | 18 | Current Club Ltd | 29.84 |
| 9 | 19383 B | Lee, Man Kit | 24 | Kwan Hung | 30.00 |
| 10 | 19958 IAZ | Wong, Ting Toh | 24 | Kwan Hung | 30.00 |
| 11 | 20997 B | Yung, Cheuk Long Charlie | 24 | Kwan Hung | 30.00 |
| 12 | 45854 IAZ | Cheng, Wing Ka | 18 | Current Club Ltd | 34.96 |
| 13 | 22816 #IAZ | Cheung, Tsz Nok | 20 | Dik Wing | NT |
| 25-29 | | | | | |
| 1 | 09964 IAZ | Lau, Chak Lam Nicholas | 28 | Diocesan School | 25.00 |
| 2 | 50507 @^IM | Zhou, Boyang | 27 | Sword Fish Club | 26.00 |
| 3 | 11728 B | Ng, Yu Hin | 25 | Fastlane Swimming | 27.00 |
| 4 | 13542 B | Chan, Tsz Wing | 25 | New Water Polo | 27.00 |
| 5 | 12069 B | Sit, Kwok Lun | 26 | New Water Polo | 27.00 |
| 6 | 50663 @^P | Lei, Hou Wai | 28 | Sword Fish Club | 27.00 |
| 7 | 05695 IBZ | Wu, Tsz Fung | 29 | Sword Fish Club | 27.00 |
| 8 | 10341 IAZ | Yuen, Ting Hin | 26 | Hong Kong Police | 27.30 |
| 9 | 47043 IAZ | Lam, Pak Lun | 29 | Flying Fish | 28.00 |
| 10 | 42362 IAZ | Leung, Kung Ming | 27 | YMCA OF Hong Kong | 29.00 |
| 11 | 50487 @^IM | Miao, Chunlei | 29 | Sword Fish Club | 30.00 |
| 12 | 49544 IAZ | Chui, Hiu Fung Roy | 29 | Kwun Tong | 34.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

25-29... (Event 3 Men 50 SC Meter Freestyle)

| | | | | | |
|--------------|------------|---------------------------|----|-------------------|-------|
| 13 | 31246 IAZ | Ho, Ka Hei | 29 | Dik Wing | NT |
| 30-34 | | | | | |
| 1 | 51747 @^P | Li, Wenyu | 33 | Hoi Tin | 25.00 |
| 2 | 06092 IAZ | Ng, Yan Ho | 33 | Hong Kong Police | 25.90 |
| 3 | 05004 B | Leung, Ka Ming | 32 | Hong Kong Police | 25.92 |
| 4 | 06602 IBZ | Yam, Chi Ching | 34 | Fire Services | 26.00 |
| 5 | 01784 B | Tso, Hiu Fung | 32 | Diocesan School | 27.00 |
| 6 | 04637 IBZ | Kwan, Yui Hang | 30 | Current Club Ltd | 27.00 |
| 7 | 05854 IAZ | Cho, Wai Ching | 32 | Flying Fish | 27.00 |
| 8 | 29833 IAZ | Chow, Chun Pui | 32 | Fire Services | 27.00 |
| 9 | 01433 | Tai, Hilary Francis | 33 | Diocesan School | 29.00 |
| 10 | 06886 B | Li, Chin Long | 33 | Eastern Winter | 30.00 |
| 11 | 51729 @^IM | Chen, Haoxiang | 31 | Sword Fish Club | 31.00 |
| 12 | 10686 | Chan, Ching | 32 | Golden Dolphin | 32.00 |
| 13 | 48029 IAZ | Lee, Ka Hung | 33 | Hong Kong Police | 33.04 |
| 14 | 51281 IAZ | Hui, Ka Yin | 30 | Lai Tsun | 40.00 |
| 35-39 | | | | | |
| 1 | 47580 @IAO | Poon, Derrick Gene-ming | 35 | Fastlane Swimming | 25.11 |
| 2 | 22420 IAZ | Chan, Chi Ming | 37 | Kwun Tong | 26.00 |
| 3 | 51246 @^IM | Zhang, Wei | 35 | New Water Polo | 27.00 |
| 4 | 41147 IAZ | Mok, Lai Yeung Jason | 39 | Diocesan School | 28.00 |
| 5 | 03713 IBZ | Tang, Chee Kit | 37 | Diocesan School | 28.00 |
| 6 | 38441 ICO | Davis, Shane Joseph | 37 | Hong Kong Footba | 30.00 |
| 7 | 51511 @ICO | Bitterly, Thomas Bradford | 37 | New Water Polo | 30.00 |
| 8 | 48667 @IRO | Wong, Dominic Clayton Joe | 35 | Fastlane Swimming | 32.00 |
| 40-44 | | | | | |
| 1 | 01591 ICZ | Fu, Wing Harbeth | 43 | Kwun Tong | 25.00 |
| 2 | 50180 @IAO | Ong, Chi Tuan | 41 | LRC | 28.00 |
| 3 | 49498 @IAO | Dunwoody, Ross William | 42 | LRC | 28.53 |
| 4 | 09165 | Cheung, Siu Fung | 40 | Lai Tsun | 29.00 |
| 5 | 03796 ICZ | Chan, Pui Kei | 42 | New Water Polo | 29.00 |
| 6 | 12176 ICZ | Ng, Siu Yu | 41 | Sword Fish Club | 29.00 |
| 7 | 24266 IAZ | Ma, Ling Ho Herwin | 40 | Hong Kong Police | 29.99 |
| 8 | 40107 IAZ | Chan, Falcon | 44 | Lai Tsun | 30.00 |
| 9 | 43601 | Zhang, Siyuan | 42 | Sword Fish Club | 30.00 |
| 10 | 38121 IAZ | Cheung, Chi Yan Clifford | 43 | Sea Green | 30.00 |
| 11 | 12873 | Wan, Ka Fai | 41 | Sea Green | 30.00 |
| 12 | 40841 IAX | Tsang, Kwok Tung | 44 | Diocesan School | 32.00 |
| 13 | 01948 ICZ | Tang, Ho Yuen | 41 | Diocesan School | 33.00 |
| 14 | 11587 | Ng, Yu Hon | 40 | Sea Green | 33.00 |
| 15 | 03793 ICZ | Po, Tik San | 41 | New Water Polo | 35.00 |
| 16 | 48934 IAZ | Yeung, Kam Hin Nelson | 44 | Pacific | 35.00 |
| 17 | 49027 IAZ | Ng, Fung Kei | 43 | Sword Fish Club | 35.00 |
| 18 | 33415 IAZ | Chung, Michael Wai Kit | 42 | Tai PO | NT |
| 19 | 09453 ICZ | Law, Wai Ho | 41 | Tai PO | NT |
| 45-49 | | | | | |
| 1 | 39203 IAX | Lau, Hang | 49 | Sword Fish Club | 28.00 |
| 2 | 16451 | Cheng, Ngai Bun | 45 | Kwun Tong | 31.00 |
| 3 | 51531 IAX | Tang, Min | 48 | South China | 32.00 |
| 4 | 26077 IAZ | Tsui, Chun Wai | 46 | Hong Kong Police | 32.44 |
| 5 | 51100 IAO | Loo, Kevin Lester | 45 | Fastlane Swimming | 33.00 |
| 6 | 39987 @^P | Chu, Tong Man | 47 | Sword Fish Club | 33.00 |
| 7 | 40835 IAZ | Leung, Wing Hong Alvin | 49 | Diocesan School | 35.00 |
| 8 | 40925 IAZ | Chan, Kam Hang | 45 | Golden Dolphin | 35.00 |
| 9 | 51192 IAZ | Lo, Yui Man | 46 | Flying Fish | 36.00 |
| 10 | 43949 @^IM | Yang, Zhipeng | 47 | New Water Polo | 36.00 |
| 11 | 50404 @IAO | Livotto, Andrea | 49 | Fastlane Swimming | 45.00 |
| 12 | 50902 IAZ | Sit, Ming Yeung | 46 | Pacific | 50.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

45-49... (Event 3 Men 50 SC Meter Freestyle)

| | | | | |
|--------------|-------------|--------------------------|----------------------|--------|
| 13 | 51389 IAZ | Tsang, King Ting Brian | 46 Kowloon Tong Club | NT |
| 50-54 | | | | |
| 1 | 27451 IAZ | Yip, Kin Man Stephen | 53 Kwun Tong | 29.00 |
| 2 | 48285 IAZ | Wan, Hong Yin Edmund | 52 Hong Kong Footba | 29.02 |
| 3 | 26821 IAZ | Chan, Kwok Chi | 52 Sword Fish Club | 30.00 |
| 4 | 03372 | Lau, Allan | 50 Sword Fish Club | 30.00 |
| 5 | 50894 @^IM | Qian, Jun | 54 New Water Polo | 33.00 |
| 6 | 49443 IAZN | Siu, Cheuk Kuen | 51 Sword Fish Club | 35.00 |
| 7 | | Chua, Anthony | 54 Vas Team | X35.01 |
| 8 | 17701 IAZ | Lee, Chor Fu | 54 Wong Tai Sin | 38.00 |
| 9 | 42364 IAZ | Lau, Yip Kwong Francis | 54 Diocesan School | 40.00 |
| 10 | 49010 @IAON | Cheung, Stephen Wen Ping | 52 Kwun Tong | 40.00 |
| 11 | 15166 | Leung, Chi Keung | 51 Sun Yip | 44.00 |
| 12 | 04184 | Woo, Siu Ming William | 52 Sword Fish Club | 45.00 |
| 13 | 05273 | Poon, Ho Keung Danny | 53 Flying Fish | NT |
| 55-59 | | | | |
| 1 | 50495 @^IM | Zhou, Liang | 59 Sword Fish Club | 29.00 |
| 2 | 43144 | Xiao, Donghong | 57 New Water Polo | 31.00 |
| 3 | 43198 | Huang, Jin Liang | 58 Sword Fish Club | 31.00 |
| 4 | 51817 @P | Chan, Cheok Man | 55 Sword Fish Club | 38.00 |
| 5 | 45582 @IAO | Reeve, Blair | 55 LRC | 40.62 |
| 60-64 | | | | |
| 1 | 45198 #IAZN | Lam, Tsz Kiu Goldie | 61 New Water Polo | 31.00 |
| 2 | 50514 @^IM | Ye, Jinkun | 61 Sword Fish Club | 31.00 |
| 3 | 06256 | Chan, Kwong Peter | 62 Sea Green | 31.00 |
| 4 | 15528 | Tsui, Tak Shing Dominic | 61 Fastlane Swimming | 32.00 |
| 5 | 50469 @^IM | Liang, Yideng | 61 Tuen Mun | 32.30 |
| 6 | 41007 IAZ | So, Man Sing | 62 Sea Green | 33.00 |
| 7 | 50485 @^IM | Chen, Shuquan | 60 Sword Fish Club | 34.00 |
| 8 | 37048 IAZ | Cheung, Wai Chuen Jimmy | 60 Sword Fish Club | 35.00 |
| 9 | 51228 @^IM | Cui, Xiaobin | 60 Sword Fish Club | 36.00 |
| 10 | 40861 IAZ | Cheung, Chi Ming Rover | 60 Sword Fish Club | 37.00 |
| 11 | 24256 IAW | Lok, Wai Man | 60 New Water Polo | 38.00 |
| 12 | 28339 IAZ | Yim, Chi Yiu | 63 New Water Polo | 38.00 |
| 13 | 51276 @^IM | Chen, Zhihe | 63 New Water Polo | 40.00 |
| 14 | 20636 IAZ | Pang, Seung Chiu | 64 Lai Tsun | 44.00 |
| 15 | 41426 IAZ | Tang, Yu Hang Francis | 62 Tung Sing | 50.00 |
| 16 | 44359 IAZ | Lee, Chi Wai | 64 Kornhill | 52.24 |
| 65-69 | | | | |
| 1 | 05071 | Choi, Tony | 65 LRC | 33.00 |
| 2 | 51675 @^IM | Liu, Binghua | 65 Sword Fish Club | 34.00 |
| 3 | 14555 @IAX | Tang, Kon Leong | 67 Sword Fish Club | 35.00 |
| 4 | 50662 @^P | Zong, Cheng | 65 Sword Fish Club | 35.00 |
| 5 | 45199 IAZ | Fok, Siu Por | 65 Juan Hua Club | 36.42 |
| 6 | 50459 @^IM | Zhu, Weijin | 69 Tuen Mun | 38.30 |
| 7 | 06281 | Fung, Kam Tai | 68 Sword Fish Club | 39.00 |
| 8 | 06184 | Ng, Pak Chiu | 69 Sea Green | 39.00 |
| 9 | 43953 @^IM | Guan, Nanqun | 67 New Water Polo | 41.00 |
| 10 | 40576 P | Aw, Seng Meng | 69 Sword Fish Club | 43.00 |
| 70-74 | | | | |
| 1 | 06268 | Tse, Kwok Piu | 72 Sword Fish Club | 33.00 |
| 2 | 06398 | Cho, Wai Sun | 70 Fastlane Swimming | 34.00 |
| 3 | 06389 | Chan, Hong Wah | 70 New Water Polo | 38.00 |
| 4 | 50503 @^IM | Feng, Bingkun | 72 Sword Fish Club | 39.00 |
| 5 | 41729 IAZ | Ko, Leung Hung Alex | 71 Diocesan School | 40.00 |
| 6 | 23123 IAZ | Poon, Wai | 71 Sword Fish Club | 42.00 |
| 7 | 11563 | Lee, Kwok Hung | 70 Sword Fish Club | 50.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

75-79... (Event 3 Men 50 SC Meter Freestyle)

| | | | | | |
|---|-------------|------------------|----|-----------------|-------|
| 1 | 03845 | Tin, Sheung Kwai | 76 | New Water Polo | 32.99 |
| 2 | 23297 IAZ | Chan, Shing Chi | 75 | Lai Tsun | 39.00 |
| 3 | 44756 IAZ | Lo, Che Hung | 75 | Lai Tsun | 40.00 |
| 4 | 09171 | Chan, Ying Chi | 77 | Sword Fish Club | 48.00 |
| 5 | 49541 @IAXN | Yang, Victor | 78 | Diocesan School | 55.00 |

80-84

| | | | | | |
|---|------------|-----------------|----|-----------------|---------|
| 1 | 51667 @^IM | Liu, Dingyi | 81 | Sword Fish Club | 42.00 |
| 2 | 38301 IAX | Cheung, Hao Yen | 80 | Lai Tsun | 52.00 |
| 3 | 23959 IAZ | Chiu, Chin Hung | 83 | Kornhill | 1:08.76 |

85-89

| | | | | | |
|---|-----------|----------------|----|-----------------|---------|
| 1 | 05407 | Lee, She Kwok | 85 | Sword Fish Club | 49.00 |
| 2 | 17832 IAX | Chan, Sau | 86 | Sword Fish Club | 1:03.00 |
| 3 | 15490 | Law, Kwai Fong | 87 | Sword Fish Club | 1:04.00 |

Event 4 Women 50 SC Meter Freestyle

18-24 MSR: 27.68

25-29 MSR: 27.42

30-34 MSR: 27.03

35-39 MSR: 27.91

40-44 MSR: 27.54

45-49 MSR: 27.46

50-54 MSR: 29.22

55-59 MSR: 32.18

60-64 MSR: 32.72

65-69 MSR: 34.64

| | ID# | Name | Age | Team | Seed Time |
|--------------|-------------|----------------------------|-----|-------------------|-----------|
| 18-24 | | | | | |
| 1 | 50379 @^ICO | Kuai, Wen | 24 | Kwun Tong | 32.00 |
| 2 | 49847 IAZ | Li, Ka Yu Karen | 21 | Pacific | 33.64 |
| 3 | 27376 IAZ | Lee, Wai Ki | 23 | Kwan Hung | 35.00 |
| 4 | 18489 B | Ng, Sin Yu | 22 | Kwan Hung | 35.00 |
| 5 | 22604 #IAZ | Ng, Yuen Ying | 24 | Kwan Hung | 35.00 |
| 6 | 50384 IAZ | Hao, Chaohui Suzukitomoe | 18 | Current Club Ltd | 41.72 |
| 7 | 23105 IAZ | Ho, Cheuk Wai | 22 | Dik Wing | NT |
| 8 | 26980 IAZ | Wong, Suet Wing | 24 | Dik Wing | NT |
| 25-29 | | | | | |
| 1 | 16514 IAZ | Li, Wing Yan | 26 | Tolo Harbour | 29.00 |
| 2 | 15442 IBZ | Cheong, Ka Ching | 29 | Fastlane Swimming | 30.00 |
| 3 | 29564 IAZ | Ng, Wai Ying Megan | 27 | Flying Fish | 30.00 |
| 4 | 09361 IAZ | Leung, Hoi Yan | 29 | Kwun Tong | 32.00 |
| 5 | 18350 IAZ | Lam, Nga Yin Eunice | 27 | South China | 32.00 |
| 6 | 43533 IAZ | Wong, Yu Tung | 25 | New Water Polo | 50.00 |
| 7 | 43597 @^IM | Su, Wenting | 27 | Sword Fish Club | 1:00.00 |
| 30-34 | | | | | |
| 1 | 01655 IB | Zhang, Xiao Tong Isabella | 34 | Fastlane Swimming | 28.50 |
| 2 | 50922 @ICO | Hughes, Christine Virginia | 32 | LRC | 28.79 |
| 3 | 17382 IAZ | Tsui, Man Hei | 32 | New Water Polo | 31.00 |
| 4 | 06608 B | Shek, Yan Sin | 30 | New Water Polo | 33.00 |
| 5 | 01271 IAZ | Lo, Yan Yin | 31 | Current Club Ltd | 34.70 |
| 35-39 | | | | | |
| 1 | 03070 | Tu, Pui Yee | 39 | Hong Kong Police | 30.25 |
| 2 | 02131 | Tsang, Ting Yan Tania | 37 | LRC | 30.32 |
| 3 | 01513 IAZ | Ngai, Sze Long | 35 | Hong Kong Police | 33.17 |
| 4 | 35921 IAZ | Lui, Yick Ling | 37 | Kornhill | 36.27 |
| 5 | 43489 @IAXN | Wehl Kwok, Hiu Chin June | 37 | LRC | 37.93 |
| 6 | 51099 IAZ | Wong, Jane Tsin | 39 | Fastlane Swimming | 41.00 |
| 7 | 13384 ICZ | Lee, May Sze Mei | 36 | New Water Polo | 1:00.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

35-39... (Event 4 Women 50 SC Meter Freestyle)

| | | | | | |
|--------------|------------|---------------------------|----|-------------------|---------|
| 8 | 00288 IBZ | Yip, Wing Yan | 35 | Dik Wing | NT |
| 40-44 | | | | | |
| 1 | 38440 ICO | Eichelberger, Melissa Ann | 40 | Fastlane Swimming | 28.70 |
| 2 | 50497 @^IM | Ye, Fengwei | 43 | Sword Fish Club | 34.00 |
| 3 | 43972 @^IM | Liu, Bei | 42 | New Water Polo | 35.00 |
| 4 | 47582 @IAX | Dong, Lei | 41 | South China | 37.00 |
| 5 | 44929 ICX | Luo, Yan | 41 | New Water Polo | 45.00 |
| 6 | 50515 IAZ | Cheung, Hiu Yan | 41 | Sword Fish Club | 46.00 |
| 45-49 | | | | | |
| 1 | 46247 @IAO | Krkalo, Shauna Kathleen | 45 | LRC | 27.46 |
| 2 | | Boyko, Oksana | 48 | Wolfpack | X29.89 |
| 3 | 33036 ICO | Coleman, Claire Michelle | 45 | Fastlane Swimming | 30.10 |
| 4 | 07784 #IAZ | Tang, Mei Yin | 46 | Hong Kong Police | 35.00 |
| 5 | 47583 @IAX | Wei, Yan | 45 | South China | 37.00 |
| 6 | 43157 @ICO | Lee, Chew Ling | 46 | LRC | 38.20 |
| 7 | 48028 IAZ | Chan, Wing Yi Winnie | 48 | Hong Kong Police | 40.38 |
| 8 | 36961 IAZ | Tung, Fung | 46 | Kwun Tong | 45.00 |
| 9 | 36517 IAZ | Li, Ho Suet | 47 | Sword Fish Club | 45.00 |
| 10 | 45917 @^IM | Huang, Caifang | 49 | Sword Fish Club | 51.00 |
| 11 | 51829 @^IM | Wang, Qiuwei | 45 | New Water Polo | 55.00 |
| 50-54 | | | | | |
| 1 | 33517 IAO | Yamaguchi, Mika | 51 | Fastlane Swimming | 29.22 |
| 2 | 50110 IAZ | Chow, Yin Wei Nora | 51 | New Water Polo | 35.00 |
| 3 | 47040 @IAX | Zou, Shengling | 52 | Tung Sing | 44.00 |
| 4 | 36431 @^P | Buchta, Katrin | 53 | Sword Fish Club | 45.00 |
| 5 | 43063 @IAO | Wong, Rose | 53 | LRC | 48.11 |
| 6 | 51135 IAX | Tau, Ling Ling | 54 | Pacific | 55.00 |
| 7 | 43520 | Luo, Juanhui | 53 | New Water Polo | 58.00 |
| 8 | 04986 | Pun, Kok Ching | 50 | Fire Services | NT |
| 55-59 | | | | | |
| 1 | 40907 IAZ | Lai, Shui Nin Ingrid | 56 | YMCA OF Hong Kong | 33.50 |
| 2 | 26254 IAX | Ng, Kong Ching | 58 | New Water Polo | 40.00 |
| 3 | 23323 IAZ | Tam, Choi Ping Scalene | 58 | New Water Polo | 40.00 |
| 4 | 16303 | Rana, Naomi | 57 | LRC | 42.68 |
| 5 | 36045 IAZN | Hsu, Ava | 56 | LRC | 44.39 |
| 6 | 43962 @^IM | Pan, Lijian | 58 | New Water Polo | 45.00 |
| 7 | 43226 IAZ | Yuen, Lai Ping Anna | 57 | South China | 50.00 |
| 8 | 50893 @^P | Niu, Zili | 59 | New Water Polo | 53.00 |
| 9 | 51794 IAZ | Koo, Wai Man Anne | 56 | Fastlane Swimming | 1:00.00 |
| 60-64 | | | | | |
| 1 | 41423 IAZ | Chiu, Pauline | 61 | Tung Sing | 40.00 |
| 2 | 51787 @^IM | Li, Weiwei | 62 | Sword Fish Club | 43.00 |
| 3 | 43595 | Ao, Wai Lan | 61 | Sword Fish Club | 45.00 |
| 4 | 30804 IAON | Yue, Roberta May-wan | 60 | LRC | 45.20 |
| 5 | 31750 IAZ | Cheung, Lai Ying Anita | 60 | Lai Tsun | 46.00 |
| 6 | 36225 IAX | Li, Wai Kam | 61 | Sea Green | 49.00 |
| 7 | 20640 IAZ | Wong, Fung Yee | 63 | Sword Fish Club | 50.00 |
| 65-69 | | | | | |
| 1 | 03503 | Castka, Gillian Hancer | 67 | Sword Fish Club | 40.00 |
| 2 | 51786 @^IM | Chen, Junying | 65 | Sword Fish Club | 41.00 |
| 3 | 07474 IAZ | Shing, Mei San | 67 | South China | 46.00 |
| 4 | 43980 | Zhang, Jun | 65 | New Water Polo | 55.00 |
| 5 | 23957 IAX | Yeung, Tun Lim Lily | 66 | Sword Fish Club | 1:00.00 |
| 70-74 | | | | | |
| 1 | 06150 | Ho, Po Chu | 72 | South China | 50.00 |
| 2 | 06356 IAZN | Lo Yeung, Sau Han | 70 | Kwun Tong | 51.00 |
| 3 | 45573 P | Suzanawati, Titus | 70 | Sword Fish Club | 56.00 |
| 4 | 46236 IAZ | Fok, Miu Han | 70 | Juan Hua Club | 56.10 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

75-79... (Event 4 Women 50 SC Meter Freestyle)

| | | | | | |
|---|-----------|----------------------|----|-----------------|---------|
| 1 | 39991 IAS | Sam, Choi Lin | 75 | Sword Fish Club | 48.00 |
| 2 | 17480 IAZ | Chow, Pui Han Angela | 77 | Lai Tsun | 1:10.00 |

80-84

| | | | | | |
|---|-------|-------------------|----|--------------|---------|
| 1 | 13262 | Kwong, Shuet Hing | 83 | Wong Tai Sin | 1:12.20 |
|---|-------|-------------------|----|--------------|---------|

85-89

| | | | | | |
|---|-------|---------------|----|-----------|---------|
| 1 | 06144 | Mak, Suet Man | 86 | Sea Green | 1:10.00 |
|---|-------|---------------|----|-----------|---------|

Event 5 Men 25 SC Meter Breaststroke

18-24 MSR: 13.30

25-29 MSR: 13.27

30-34 MSR: 13.55

35-39 MSR: 14.02

40-44 MSR: 13.97

45-49 MSR: 14.68

50-54 MSR: 15.09

55-59 MSR: 16.27

60-64 MSR: 16.29

65-69 MSR: 16.85

| | ID# | Name | Age | Team | Seed Time |
|--------------|------------|--------------------------|-----|-------------------|-----------|
| 18-24 | | | | | |
| 1 | 30694 IAZ | Cheung, Chi Kit Nicholas | 18 | Wong Tai Sin | 13.40 |
| 2 | 40782 IAZ | Chan, Ho Long | 18 | Current Club Ltd | 18.00 |
| 3 | 27205 P | Chan, Yan Shing | 21 | Current Club Ltd | 18.00 |
| 4 | 27703 #IAZ | Chan, Ming Chi | 23 | Hong Kong Police | 18.00 |
| 5 | 15351 IAZ | Chang, Jaw Ting | 22 | Pacific | 18.00 |
| 6 | 19383 B | Lee, Man Kit | 24 | Kwan Hung | 20.00 |
| 7 | 19958 IAZ | Wong, Ting Toh | 24 | Kwan Hung | 20.00 |
| 8 | 50489 @^IM | Yang, Zecheng | 23 | Sword Fish Club | 30.00 |
| 9 | 18591 B | Ching, Yuk Tsun | 24 | Dik Wing | NT |
| 25-29 | | | | | |
| 1 | 09964 IAZ | Lau, Chak Lam Nicholas | 28 | Diocesan School | 15.00 |
| 2 | 02303 B | Lam, Cheuk Yin | 29 | Fire Services | 15.00 |
| 3 | 12069 B | Sit, Kwok Lun | 26 | New Water Polo | 15.00 |
| 4 | 10687 B | Lau, Chun Hei | 25 | Fire Services | 16.00 |
| 5 | 40333 IAZ | Lam, Pak Lai | 26 | Flying Fish | 17.00 |
| 6 | 47043 IAZ | Lam, Pak Lun | 29 | Flying Fish | 17.00 |
| 7 | 51731 IAZ | Pang, Lok Him | 27 | Sword Fish Club | 17.00 |
| 8 | 15653 B | Poon, Chi Leung | 27 | Sword Fish Club | 17.00 |
| 9 | 23081 IAZ | Loo, Chun Hei | 25 | Dik Wing | NT |
| 30-34 | | | | | |
| 1 | 51747 @^P | Li, Wenyu | 33 | Hoi Tin | 13.00 |
| 2 | 01784 B | Tso, Hiu Fung | 32 | Diocesan School | 15.00 |
| 3 | 09319 IBZ | Chan, Chun Wing | 31 | New Water Polo | 15.00 |
| 4 | 14158 #IAZ | Li, Hok Yee Terence | 30 | New Water Polo | 15.00 |
| 5 | 41694 IAZ | Tang, Toa | 32 | Hong Kong Police | 15.29 |
| 6 | 06602 IBZ | Yam, Chi Ching | 34 | Fire Services | 16.00 |
| 7 | 14299 IBZ | Kam, Tsz Ho | 32 | Sword Fish Club | 16.01 |
| 8 | 04877 IBZ | Ng, Yu Ting | 32 | Sword Fish Club | 16.01 |
| 9 | 04593 IA | Ip, Chu Wah Gary | 30 | Flying Fish | 17.00 |
| 10 | 49546 @ICO | Ly, Jonathan | 31 | Kwun Tong | 17.00 |
| 11 | 49951 IAZ | Fung, Chi Wing Ryan | 31 | Pacific | 20.00 |
| 12 | 51281 IAZ | Hui, Ka Yin | 30 | Lai Tsun | 25.00 |
| 13 | 46301 IAZ | Lai, Siu In | 30 | New Water Polo | 35.00 |
| 14 | 03978 | Lau, Chun Sing | 31 | Marlins | NT |
| 35-39 | | | | | |
| 1 | 47580 @IAO | Poon, Derrick Gene-ming | 35 | Fastlane Swimming | 14.05 |
| 2 | 42367 IAO | Chow, Chun Yin | 37 | Diocesan School | 14.50 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

35-39... (Event 5 Men 25 SC Meter Breaststroke)

| | | | | |
|---|------------|------------------------------|----------------------|-------|
| 3 | 00314 IBZ | Mok, Hon Hei | 35 Hong Kong Police | 14.65 |
| 4 | 27469 IAX | Lam, Kin Wang | 38 Hong Kong Police | 17.64 |
| 5 | 41147 IAZ | Mok, Lai Yeung Jason | 39 Diocesan School | 18.00 |
| 6 | 48856 @IAO | Gallearachie, Jeewantha Madu | 39 Fastlane Swimming | 18.00 |
| 7 | 32424 IAZ | Law, Tin Yiu | 38 Hong Kong Police | 18.00 |
| 8 | 00099 IAZ | Wong, Cheuk Wai | 35 New Water Polo | NT |

40-44

| | | | | |
|----|------------|------------------------------|----------------------|-------|
| 1 | 01465 ICZ | Chiang, Filomeno | 41 Hong Kong Police | 15.56 |
| 2 | 24266 IAZ | Ma, Ling Ho Herwin | 40 Hong Kong Police | 15.99 |
| 3 | 40834 IAZ | Chang, Hsi Tse JosephJeremy | 44 Diocesan School | 17.59 |
| 4 | 50012 @IAO | Griffiths, Evan Paul | 43 Fastlane Swimming | 18.00 |
| 5 | 03793 ICZ | Po, Tik San | 41 New Water Polo | 20.00 |
| 6 | 31910 #IAZ | Chan, Ivan Wun Ho | 42 Pacific | 20.00 |
| 7 | 48934 IAZ | Yeung, Kam Hin Nelson | 44 Pacific | 20.00 |
| 8 | 50499 @^IM | Zhao, Liang | 43 Sword Fish Club | 20.00 |
| 9 | 11587 | Ng, Yu Hon | 40 Sea Green | 20.00 |
| 10 | 45574 IAZ | Ng, Siu Kwong | 41 Sword Fish Club | 21.00 |
| 11 | 43948 @^IM | Wang, Shengli | 44 New Water Polo | 22.00 |
| 12 | 12873 | Wan, Ka Fai | 41 Sea Green | 22.00 |
| 13 | 43604 @^IM | Long, Zhisheng | 44 Sword Fish Club | 25.00 |
| 14 | 03096 | Chan Samuel, Stephen Chi Chu | 42 Kowloon Tong Club | NT |
| 15 | 33415 IAZ | Chung, Michael Wai Kit | 42 Tai PO | NT |

45-49

| | | | | |
|----|------------|------------------------|----------------------|-------|
| 1 | 43034 P | Imai, Ryosuke | 45 Fastlane Swimming | 13.50 |
| 2 | 05160 | Chan, Ka Wo | 46 Diocesan School | 17.00 |
| 3 | 11569 | Wong, Lok Shun | 46 Flying Fish | 17.00 |
| 4 | 32473 IAZ | Chan, Yiu Chung | 46 Hong Kong Police | 17.00 |
| 5 | 40838 IAZ | Wong, Tat Shing Joe | 46 Diocesan School | 18.00 |
| 6 | 51100 IAO | Loo, Kevin Lester | 45 Fastlane Swimming | 18.00 |
| 7 | 19343 IAZ | Leung, Wan Hung Andy | 49 Hong Kong Police | 18.00 |
| 8 | 42737 IAZ | So, Ma Loi | 47 Sword Fish Club | 19.00 |
| 9 | 40835 IAZ | Leung, Wing Hong Alvin | 49 Diocesan School | 20.00 |
| 10 | 50510 @^IM | Ye, Qiang | 48 Sword Fish Club | 20.00 |
| 11 | 06338 IAZ | Wong, Ka Fai | 49 Sword Fish Club | 22.00 |
| 12 | 48593 IAZ | Cheng, Wai Leung | 46 Sword Fish Club | 24.00 |
| 13 | 50902 IAZ | Sit, Ming Yeung | 46 Pacific | 30.00 |
| 14 | 08930 | So, Wai Yiu | 47 Fire Services | NT |

50-54

| | | | | |
|----|-------------|---------------------------|---------------------|-------|
| 1 | 25592 IAZ | Cheung, Wai Kei | 51 Flying Fish | 16.69 |
| 2 | 05273 | Poon, Ho Keung Danny | 53 Flying Fish | 17.00 |
| 3 | 26317 IAZN | Tung, Shang Wei Timothy | 53 Kwun Tong | 17.00 |
| 4 | 21008 IAZ | Cheung, Chun Kwan Michael | 50 Wong Tai Sin | 17.00 |
| 5 | 06395 | Cheung, Ting Fan | 52 Kwun Tong | 18.00 |
| 6 | 42364 IAZ | Lau, Yip Kwong Francis | 54 Diocesan School | 20.00 |
| 7 | 48285 IAZ | Wan, Hong Yin Edmund | 52 Hong Kong Footba | 20.00 |
| 8 | 49010 @IAON | Cheung, Stephen Wen Ping | 52 Kwun Tong | 22.00 |
| 9 | 26821 IAZ | Chan, Kwok Chi | 52 Sword Fish Club | 23.00 |
| 10 | 35711 IAX | Wong, Fuk Kei | 54 Sword Fish Club | 25.00 |
| 11 | 04184 | Woo, Siu Ming William | 52 Sword Fish Club | 26.00 |
| 12 | 43954 @^IM | Gao, Dongyun | 53 New Water Polo | 30.00 |

55-59

| | | | | |
|---|------------|------------------------|----------------------|-------|
| 1 | 32253 #IAZ | Watt, Kam Sing Michael | 56 Fastlane Swimming | 15.50 |
| 2 | 42217 | Wu, Lewen | 58 Sword Fish Club | 16.00 |
| 3 | 18856 IAZ | Au, Mun Shing | 58 Sword Fish Club | 17.00 |
| 4 | 40592 IAZ | Fo, Pui Keung | 59 Hong Kong Police | 18.26 |
| 5 | 43201 @^IM | Zhang, Wei Wen | 56 Sword Fish Club | 19.00 |
| 6 | 05139 | Lin, Fulong | 56 Flying Fish | 20.00 |
| 7 | 21736 IAM | Lo, Lai Tou | 55 Sword Fish Club | 21.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

55-59... (Event 5 Men 25 SC Meter Breaststroke)

| | | | | |
|----|------------|----------------------|------------------|-------|
| 8 | 45582 @IAO | Reeve, Blair | 55 LRC | 24.22 |
| 9 | 06175 | Lo, King Man | 56 Sea Green | 25.00 |
| 10 | 04989 | Wan, Lap Sun | 57 Fire Services | NT |
| 11 | 44678 IAZ | Hung, Tin Wai Robert | 57 Pacific | NT |

60-64

| | | | | |
|---|------------|-------------------------|--------------------|-------|
| 1 | 43529 IAX | Ng, Wai Fung | 60 Sword Fish Club | 17.00 |
| 2 | 26176 IAX | Ho, Chung Man | 60 Lai Tsun | 18.00 |
| 3 | 45930 IAZ | Lo, Wing Kwong | 62 Sun Yip | 19.00 |
| 4 | 37048 IAZ | Cheung, Wai Chuen Jimmy | 60 Sword Fish Club | 20.00 |
| 5 | 50514 @^IM | Ye, Jinkun | 61 Sword Fish Club | 20.00 |
| 6 | 44359 IAZ | Lee, Chi Wai | 64 Kornhill | 24.48 |
| 7 | 50511 @^IM | Ye, Huanliang | 60 Sword Fish Club | 25.00 |
| 8 | 36725 IAZ | Yau, Wai | 64 Sea Green | 25.00 |
| 9 | 41426 IAZ | Tang, Yu Hang Francis | 62 Tung Sing | 25.00 |

65-69

| | | | | |
|----|------------|-----------------|--------------------|-------|
| 1 | 17725 IAZ | Ng, Yu Hung | 65 Sword Fish Club | 18.08 |
| 2 | 51675 @^IM | Liu, Binghua | 65 Sword Fish Club | 19.00 |
| 3 | 50662 @^P | Zong, Cheng | 65 Sword Fish Club | 19.00 |
| 4 | 49915 @IAX | Tai, Yu Chung | 65 New Water Polo | 20.00 |
| 5 | 14555 @IAX | Tang, Kon Leong | 67 Sword Fish Club | 20.00 |
| 6 | 06176 | Wong, Kung Wan | 67 Sea Green | 20.00 |
| 7 | 43205 | Zhou, Jin Jia | 68 Sword Fish Club | 22.00 |
| 8 | 06281 | Fung, Kam Tai | 68 Sword Fish Club | 23.00 |
| 9 | 06184 | Ng, Pak Chiu | 69 Sea Green | 23.00 |
| 10 | 40576 P | Aw, Seng Meng | 69 Sword Fish Club | 25.00 |
| 11 | 43963 @^IM | Song, Xingzhi | 66 New Water Polo | 28.00 |
| 12 | 43971 IAX | Lau, Kwok Ming | 66 New Water Polo | 30.00 |

70-74

| | | | | |
|----|------------|-------------------|----------------------|-------|
| 1 | 51797 @^IM | Kong, Fanqiang | 71 New Water Polo | 18.00 |
| 2 | 42260 P | He, Xi Nian | 74 Sword Fish Club | 18.00 |
| 3 | 06398 | Cho, Wai Sun | 70 Fastlane Swimming | 19.00 |
| 4 | 37684 IAZ | Mok, Yun Cheung | 73 Sword Fish Club | 21.00 |
| 5 | 20634 IAZ | Wu, Shu Sun | 73 New Water Polo | 22.00 |
| 6 | 05917 | Yong, Khin Syn | 74 Sword Fish Club | 22.00 |
| 7 | 44788 IAZ | Chui, Hong Sheung | 74 Diocesan School | 23.00 |
| 8 | 06389 | Chan, Hong Wah | 70 New Water Polo | 24.00 |
| 9 | 23123 IAZ | Poon, Wai | 71 Sword Fish Club | 24.00 |
| 10 | 14035 | Wong, Shing Kuen | 70 Lai Tsun | 25.00 |
| 11 | 11563 | Lee, Kwok Hung | 70 Sword Fish Club | 27.00 |
| 12 | 10252 | Chow, Eugene | 72 Diocesan School | 30.00 |
| 13 | 51765 IAX | Ho, Man Chiu | 73 Kowloon Tong Club | NT |

75-79

| | | | | |
|---|-------------|------------------|--------------------|-------|
| 1 | 03845 | Tin, Sheung Kwai | 76 New Water Polo | 20.00 |
| 2 | 44793 IAZ | Iu, Pui To | 76 Diocesan School | 27.00 |
| 3 | 10274 | Lau, Chun Nung | 77 Lai Tsun | 27.00 |
| 4 | 49541 @IAXN | Yang, Victor | 78 Diocesan School | 35.00 |

80-84

| | | | | |
|---|-----------|-----------------|--------------------|-------|
| 1 | 23959 IAZ | Chiu, Chin Hung | 83 Kornhill | 27.65 |
| 2 | 06270 | Lam, Luk Kan | 82 Sword Fish Club | 28.00 |

85-89

| | | | | |
|---|-----------|-------------|-------------|-------|
| 1 | 23927 IAZ | Ho, Shui On | 87 Kornhill | 26.50 |
|---|-----------|-------------|-------------|-------|

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

Event 6 Women 25 SC Meter Breaststroke

| | |
|------------|-------|
| 18-24 MSR: | 16.84 |
| 25-29 MSR: | 15.75 |
| 30-34 MSR: | 16.31 |
| 35-39 MSR: | 16.60 |
| 40-44 MSR: | 18.04 |
| 45-49 MSR: | 17.66 |
| 50-54 MSR: | 17.63 |
| 55-59 MSR: | 21.39 |
| 60-64 MSR: | 21.03 |
| 65-69 MSR: | 22.60 |

| | ID# | Name | Age | Team | Seed Time |
|--|-------------|----------------------------|-----|-------------------|-----------|
| 18-24... (Event 6 Women 25 SC Meter Breaststroke) | | | | | |
| 1 | 18028 B | Leung, Ho Ching | 24 | Fastlane Swimming | 18.50 |
| 2 | 23688 IAZ | Mok, Ka Ka Janis | 23 | Fastlane Swimming | 18.50 |
| 3 | 30734 B | Wong, Lok Yin Patience | 18 | Current Club Ltd | 20.00 |
| 4 | 49847 IAZ | Li, Ka Yu Karen | 21 | Pacific | 20.00 |
| 5 | 20969 IAZ | Lui, Wing Lam | 21 | Kwun Tong | 21.50 |
| 6 | 50379 @^ICO | Kuai, Wen | 24 | Kwun Tong | 22.00 |
| 7 | 27376 IAZ | Lee, Wai Ki | 23 | Kwan Hung | 25.00 |
| 8 | 18489 B | Ng, Sin Yu | 22 | Kwan Hung | 25.00 |
| 9 | 22604 #IAZ | Ng, Yuen Ying | 24 | Kwan Hung | 25.00 |
| 10 | 17201 B | Tse, Hiu Tung | 24 | Kwan Hung | 25.00 |
| 11 | 37318 IAO | Chio, Yi Lan | 20 | Dik Wing | NT |
| 12 | 31549 IAZ | Wong, Choi Wan Phoebe | 21 | Pacific | NT |
| 25-29 | | | | | |
| 1 | 08238 B | Li, Tsz Yu | 29 | New Water Polo | 15.80 |
| 2 | 05722 B | Lam, Hoi Ying | 29 | Hong Kong Police | 17.38 |
| 3 | 15442 IBZ | Cheong, Ka Ching | 29 | Fastlane Swimming | 18.00 |
| 4 | 29564 IAZ | Ng, Wai Ying Megan | 27 | Flying Fish | 18.00 |
| 5 | 50661 @^P | Wong, Ian Man | 29 | Sword Fish Club | 19.00 |
| 6 | 04236 B | Ngan, Tsz Lam | 28 | Hong Kong Police | 20.00 |
| 7 | 07172 IBZ | Cheng, Ho Ting | 29 | Sword Fish Club | 22.00 |
| 8 | 43533 IAZ | Wong, Yu Tung | 25 | New Water Polo | 25.00 |
| 9 | 50501 @^IM | He, Liyan | 28 | Sword Fish Club | 25.00 |
| 30-34 | | | | | |
| 1 | 50922 @ICO | Hughes, Christine Virginia | 32 | LRC | 15.22 |
| 2 | 05670 B | Lam, Tsz Kwan | 30 | Tolo Harbour | 18.00 |
| 3 | 01552 IBZ | Lai, Hiu Ling | 34 | New Water Polo | 20.00 |
| 4 | 06608 B | Shek, Yan Sin | 30 | New Water Polo | 35.00 |
| 35-39 | | | | | |
| 1 | 03070 | Tu, Pui Yee | 39 | Hong Kong Police | 16.68 |
| 2 | 43489 @IAXN | Wehl Kwok, Hiu Chin June | 37 | LRC | 20.02 |
| 3 | 47561 IAZ | Leung, Tin Ho | 39 | Flying Fish | 23.15 |
| 4 | 00412 | Tsui, Po Kei | 35 | Hong Kong Police | 24.00 |
| 5 | 13384 ICZ | Lee, May Sze Mei | 36 | New Water Polo | 25.00 |
| 6 | 00777 IBZ | Tse, Yu Ting | 37 | New Water Polo | 30.00 |
| 7 | 35921 IAZ | Lui, Yick Ling | 37 | Kornhill | NT |
| 8 | 32602 IAZ | Tam, Yik Man | 39 | Kowloon Tong Club | NT |
| 40-44 | | | | | |
| 1 | 06304 ICZ | Cheung, Man Yiu | 44 | Sea Green | 18.00 |
| 2 | 30072 ICW | Chao, Man Chi | 44 | New Water Polo | 20.00 |
| 3 | 45041 IAZ | Fung, Cheuk Ching Candy | 41 | Hoi Fung | 21.00 |
| 4 | 42194 | Hu, Minyu | 40 | Sword Fish Club | 23.00 |
| 5 | 50484 @^IM | Ling, Yunying | 44 | Sword Fish Club | 23.00 |
| 6 | 50515 IAZ | Cheung, Hiu Yan | 41 | Sword Fish Club | 25.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

45-49... (Event 6 Women 25 SC Meter Breaststroke)

| | | | | |
|---|------------|----------------|---------------------|-------|
| 1 | 43157 @ICO | Lee, Chew Ling | 46 LRC | 19.65 |
| 2 | 35765 IAZ | Wong, See Ming | 45 Hong Kong Police | 20.00 |
| 3 | 42192 @^IM | Chen, Yunlin | 47 Sword Fish Club | 23.00 |
| 4 | 06209 | Lam, Yuet Tung | 47 Hong Kong Police | 25.09 |
| 5 | 36961 IAZ | Tung, Fung | 46 Kwun Tong | 27.00 |
| 6 | 31534 IAZ | Mo, Wing Yee | 47 Wong Tai Sin | 32.00 |

50-54

| | | | | |
|----|------------|-----------------|--------------------|-------|
| 1 | 49204 IAZ | Cheng, Wai Man | 52 Sea Green | 24.00 |
| 2 | 27463 IAX | Chen, Yugen | 52 New Water Polo | 25.00 |
| 3 | 51786 @^IM | Wu, Xiaomin | 54 New Water Polo | 25.00 |
| 4 | 44304 IAX | Choi, Shan Shan | 51 Sword Fish Club | 25.00 |
| 5 | 43196 | Lin, Pei Ming | 52 Sword Fish Club | 25.00 |
| 6 | 43063 @IAO | Wong, Rose | 53 LRC | 26.28 |
| 7 | 35772 IAX | Ban, Xianhai | 51 New Water Polo | 30.00 |
| 8 | 51135 IAX | Tau, Ling Ling | 54 Pacific | 30.00 |
| 9 | 35969 IAX | Wang, Ying Lian | 51 Tung Sing | 48.00 |
| 10 | 04986 | Pun, Kok Ching | 50 Fire Services | NT |

55-59

| | | | | |
|----|------------|-----------------------|----------------------|---------|
| 1 | 12894 | Lee, Wai Yee Stella | 57 Hoi Fung | 21.00 |
| 2 | 16303 | Rana, Naomi | 57 LRC | 22.48 |
| 3 | 29752 IAZ | Chow, Yee Heung Liza | 59 Lai Tsun | 23.00 |
| 4 | 51794 IAZ | Koo, Wai Man Anne | 56 Fastlane Swimming | 25.00 |
| 5 | 50509 @^IM | Guan, Xiuqin | 56 Sword Fish Club | 25.00 |
| 6 | 50492 @^IM | Guo, Liyan | 58 Sword Fish Club | 25.00 |
| 7 | 23588 IAZ | Lee, Ying Chi | 55 Tung Sing | 25.00 |
| 8 | 40575 IAO | Chan, San Ngah | 55 Fastlane Swimming | 26.88 |
| 9 | 29505 IAZ | Lai, Wai Man | 58 New Water Polo | 28.00 |
| 10 | 51532 IAZ | Shek, Yuk Ching Peggy | 59 South China | 1:00.00 |

60-64

| | | | | |
|---|------------|----------------------|-------------------|-------|
| 1 | 51472 @IM | Pang, Yunxiao | 60 New Water Polo | 23.00 |
| 2 | 51705 IAX | Yip, Wing Sheung | 64 New Water Polo | 25.00 |
| 3 | 30804 IAON | Yue, Roberta May-wan | 60 LRC | 29.54 |

65-69

| | | | | |
|---|------------|----------------|--------------------|-------|
| 1 | 51785 @^IM | Li, Yuemei | 67 Sword Fish Club | 23.00 |
| 2 | 02711 | Fok, Wai Fung | 65 Wong Tai Sin | 26.25 |
| 3 | 49428 IAX | Leong, Sao Fan | 66 New Water Polo | 35.00 |

70-74

| | | | | |
|---|------------|----------------------------|--------------|-------|
| 1 | 06356 IAZN | Lo Yeung, Sau Han | 70 Kwun Tong | 27.00 |
| 2 | 06147 | Leung Wong, Yin Har Hayley | 71 Sea Green | 44.00 |

75-79

| | | | | |
|---|-----------|---------------|--------------------|-------|
| 1 | 32571 IAZ | Chan, Pui Yee | 79 Sword Fish Club | 30.00 |
|---|-----------|---------------|--------------------|-------|

80-84

| | | | | |
|---|-------|-----------|--------------------|-------|
| 1 | 06374 | Wong, Jim | 82 Sword Fish Club | 30.00 |
|---|-------|-----------|--------------------|-------|

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

Event 7 Men 50 SC Meter Backstroke

| | |
|-------------------|--------------|
| 18-24 MSR: | 27.55 |
| 25-29 MSR: | 27.00 |
| 30-34 MSR: | 28.15 |
| 35-39 MSR: | 28.05 |
| 40-44 MSR: | 27.54 |
| 45-49 MSR: | 30.51 |
| 50-54 MSR: | 31.06 |
| 55-59 MSR: | 33.42 |
| 60-64 MSR: | 35.84 |
| 65-69 MSR: | 39.06 |

| | ID# | Name | Age | Team | Seed Time |
|--|------------|-------------------------|------------|-------------------|------------------|
| 18-24... (Event 7 Men 50 SC Meter Backstroke) | | | | | |
| 1 | 22276 B | Chong, Michael Yat Tsun | 22 | Sword Fish Club | 29.00 |
| 2 | 24692 IAZ | Ho, Hok Wang | 21 | New Water Polo | 32.00 |
| 3 | 50457 @^IM | Miao, Chenglli | 23 | Tuen Mun | 39.00 |
| 4 | 48045 IAZ | Lo, Tsz Wang | 20 | Kwun Tong | NT |
| 25-29 | | | | | |
| 1 | 09964 IAZ | Lau, Chak Lam Nicholas | 28 | Diocesan School | 32.00 |
| 2 | 50663 @^P | Lei, Hou Wai | 28 | Sword Fish Club | 32.00 |
| 3 | 10341 IAZ | Yuen, Ting Hin | 26 | Hong Kong Police | 32.27 |
| 4 | 13542 B | Chan, Tsz Wing | 25 | New Water Polo | 34.00 |
| 5 | 40333 IAZ | Lam, Pak Lai | 26 | Flying Fish | 35.00 |
| 6 | 47043 IAZ | Lam, Pak Lun | 29 | Flying Fish | 35.00 |
| 30-34 | | | | | |
| 1 | 06092 IAZ | Ng, Yan Ho | 33 | Hong Kong Police | 28.80 |
| 2 | 06886 B | Li, Chin Long | 33 | Eastern Winter | 32.22 |
| 3 | 51729 @^IM | Chen, Haoxiang | 31 | Sword Fish Club | 34.00 |
| 4 | 48933 IAO | Leung, Ryan Chun Hay | 34 | Pacific | 37.00 |
| 5 | 05854 IAZ | Cho, Wai Ching | 32 | Flying Fish | NT |
| 35-39 | | | | | |
| 1 | 00444 | Lam, Yau Sun Dickson | 38 | Diocesan School | 28.15 |
| 2 | 03713 IBZ | Tang, Chee Kit | 37 | Diocesan School | 32.00 |
| 3 | 05179 ICZ | Wan, Chun Pong Michael | 39 | Fastlane Swimming | 34.00 |
| 40-44 | | | | | |
| 1 | 05253 ICZ | Sun, Fat Yee David | 44 | Fire Services | 32.00 |
| 2 | 49498 @IAO | Dunwoody, Ross William | 42 | LRC | 33.86 |
| 3 | 49497 @ICO | Macceod, Andrew Ian | 44 | LRC | 35.51 |
| 4 | 09165 | Cheung, Siu Fung | 40 | Lai Tsun | 38.00 |
| 5 | 01948 ICZ | Tang, Ho Yuen | 41 | Diocesan School | 41.00 |
| 6 | 03796 ICZ | Chan, Pui Kei | 42 | New Water Polo | 41.00 |
| 7 | 40841 IAX | Tsang, Kwok Tung | 44 | Diocesan School | 42.00 |
| 8 | 49027 IAZ | Ng, Fung Kei | 43 | Sword Fish Club | 45.00 |
| 45-49 | | | | | |
| 1 | 16451 | Cheng, Ngai Bun | 45 | Kwun Tong | 40.00 |
| 2 | 51531 IAX | Tang, Min | 48 | South China | 42.00 |
| 3 | 24603 IAZ | Hung, Ka Ming | 48 | YMCA OF Hong Kong | 45.00 |
| 50-54 | | | | | |
| 1 | 06711 | Leung, Tsz Kin | 51 | New Water Polo | 37.14 |
| 2 | 27451 IAZ | Yip, Kin Man Stephen | 53 | Kwun Tong | 38.00 |
| 3 | 30710 IAZ | Lai, Kin Sun | 53 | Flying Fish | 38.36 |
| 4 | 35711 IAX | Wong, Fuk Kei | 54 | Sword Fish Club | 54.00 |
| 55-59 | | | | | |
| 1 | 41548 IAZ | Ip, Ka Keung Patrick | 55 | Hong Kong Footba | 39.00 |
| 2 | 05139 | Lin, Fulong | 56 | Flying Fish | 43.08 |
| 3 | 42202 | Rong, Kangwen | 56 | Sword Fish Club | 44.00 |
| 4 | 06175 | Lo, King Man | 56 | Sea Green | 45.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

60-64... (Event 7 Men 50 SC Meter Backstroke)

| | | | | | |
|---|------------|---------------------|----|-----------------|-------|
| 1 | 42203 | Ye, Haogiang | 60 | Sword Fish Club | 34.00 |
| 2 | 50482 @^IM | Chen, Heqiang | 60 | Sword Fish Club | 38.00 |
| 3 | 24256 IAW | Lok, Wai Man | 60 | New Water Polo | 45.00 |
| 4 | 51228 @^IM | Cui, Xiaobin | 60 | Sword Fish Club | 46.00 |
| 5 | 21023 IAZ | Ho, Kwong Ngai Eric | 60 | Sword Fish Club | 46.00 |
| 6 | 40942 P | He, Gaoxiong | 61 | New Water Polo | 49.00 |
| 7 | 25226 IAZ | Choi, Tai Wing | 62 | Sword Fish Club | 55.00 |

65-69

| | | | | | |
|---|-----------|-----------------|----|-----------------|-------|
| 1 | 42191 | Lin, Haichao | 66 | Sword Fish Club | 38.00 |
| 2 | 17725 IAZ | Ng, Yu Hung | 65 | Sword Fish Club | 42.08 |
| 3 | 06281 | Fung, Kam Tai | 68 | Sword Fish Club | 46.00 |
| 4 | 06388 | Lau, Man Kin | 69 | Sword Fish Club | 50.00 |
| 5 | 48753 IAX | Fung, Sik Tong | 67 | Sea Green | 50.00 |
| 6 | 06187 | Kan, Kai Kwong | 68 | Sea Green | 55.00 |
| 7 | 06201 | Wong, Cheuk Yin | 67 | Fire Services | NT |

70-74

| | | | | | |
|---|-----------|-----------------|----|-----------------|-------|
| 1 | 23123 IAZ | Poon, Wai | 71 | Sword Fish Club | 48.00 |
| 2 | 20634 IAZ | Wu, Shu Sun | 73 | New Water Polo | 50.00 |
| 3 | 06192 | Chu, Shui Yi | 72 | Sea Green | 51.00 |
| 4 | 06124 | Szeto, Kwan Yin | 70 | New Water Polo | 55.00 |

80-84

| | | | | | |
|---|------------|-----------------|----|-----------------|---------|
| 1 | 51667 @^IM | Liu, Dingyi | 81 | Sword Fish Club | 57.00 |
| 2 | 38301 IAX | Cheung, Hao Yen | 80 | Lai Tsun | 1:11.00 |

85-89

| | | | | | |
|---|-----------|---------------|----|-----------------|---------|
| 1 | 05407 | Lee, She Kwok | 85 | Sword Fish Club | 59.00 |
| 2 | 17832 IAX | Chan, Sau | 86 | Sword Fish Club | 1:20.00 |

Event 8 Women 50 SC Meter Backstroke

| | |
|-------------------|--------------|
| 18-24 MSR: | 32.59 |
| 25-29 MSR: | 33.63 |
| 30-34 MSR: | 32.19 |
| 35-39 MSR: | 33.53 |
| 40-44 MSR: | 33.27 |
| 45-49 MSR: | 34.31 |
| 50-54 MSR: | 35.04 |
| 55-59 MSR: | 42.54 |
| 60-64 MSR: | 44.48 |
| 65-69 MSR: | 48.47 |

| | ID# | Name | Age | Team | Seed Time |
|--------------|------------|-------------------------|-----|------------------|-----------|
| 18-24 | | | | | |
| 1 | 42441 #IAZ | Pang, Sze Wing | 19 | Pacific | 37.00 |
| 2 | 20969 IAZ | Lui, Wing Lam | 21 | Kwun Tong | 38.00 |
| 3 | 17201 B | Tse, Hiu Tung | 24 | Kwan Hung | 40.00 |
| 4 | 26669 P | Mak, Ho Yan | 20 | Eastern Winter | 45.00 |
| 5 | 50384 IAZ | Hao, Chaohui Suzukitomo | 18 | Current Club Ltd | 53.00 |
| 6 | 28242 IAZ | Hang, Kwan Tung Ruby | 21 | Dik Wing | NT |
| 25-29 | | | | | |
| 1 | 09959 #IAZ | Mok, Hoi Man Sheron | 28 | New Water Polo | 33.00 |
| 2 | 09361 IAZ | Leung, Hoi Yan | 29 | Kwun Tong | 35.00 |
| 35-39 | | | | | |
| 1 | 02131 | Tsang, Ting Yan Tania | 37 | LRC | 35.19 |
| 2 | 47561 IAZ | Leung, Tin Ho | 39 | Flying Fish | 55.00 |
| 3 | 13384 ICZ | Lee, May Sze Mei | 36 | New Water Polo | 1:05.00 |
| 45-49 | | | | | |
| 1 | 06315 | Chan, Sui Yee | 47 | LRC | 43.58 |
| 2 | 51120 IAZ | Yee, Hoi Yan | 46 | Flying Fish | 45.00 |
| 3 | 51676 @^IM | Li, Fan | 47 | Sword Fish Club | 52.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023**Psych Sheet****45-49... (Event 8 Women 50 SC Meter Backstroke)**

| | | | | | |
|--------------|-------------|------------------------|----|-------------------|---------|
| 4 | 45917 @^IM | Huang, Caifang | 49 | Sword Fish Club | 56.00 |
| 5 | 51798 @^IM | Zeng, Yingchun | 47 | New Water Polo | 58.00 |
| 50-54 | | | | | |
| 1 | 09870 @ICO | Chong, Yin Szu Adeline | 53 | Fastlane Swimming | 42.35 |
| 2 | 27463 IAX | Chen, Yugen | 52 | New Water Polo | 55.00 |
| 3 | 47040 @IAX | Zou, Shengling | 52 | Tung Sing | 55.00 |
| 4 | 35772 IAX | Ban, Xianhai | 51 | New Water Polo | 58.00 |
| 5 | 43520 | Luo, Juanhui | 53 | New Water Polo | 1:06.00 |
| 55-59 | | | | | |
| 1 | 40907 IAZ | Lai, Shui Nin Ingrid | 56 | YMCA OF Hong Kong | 42.00 |
| 2 | 29752 IAZ | Chow, Yee Heung Liza | 59 | Lai Tsun | 49.00 |
| 3 | 26254 IAX | Ng, Kong Ching | 58 | New Water Polo | 50.00 |
| 4 | 51706 @^IM | Wang, Shihong | 55 | New Water Polo | 52.00 |
| 5 | 50490 @^IM | Liang, Yanling | 59 | Sword Fish Club | 52.00 |
| 6 | 06337 | Tse, Yee Wah | 57 | YMCA OF Hong Kong | 55.00 |
| 7 | 29505 IAZ | Lai, Wai Man | 58 | New Water Polo | 1:10.00 |
| 8 | 44303 IAZ | Lam, Man Lai | 57 | Sword Fish Club | 1:18.00 |
| 9 | 37062 IAZ | Lee, E Way Yvonne | 57 | Kowloon Tong Club | NT |
| 10 | 51780 IAZ | Chan, Kei Tsz | 59 | New Water Polo | NT |
| 60-64 | | | | | |
| 1 | 49914 @IAXB | Ng, Yee Man | 64 | New Water Polo | 35.00 |
| 2 | 30804 IAON | Yue, Roberta May-wan | 60 | LRC | 49.75 |
| 3 | 51788 @^IM | Li, Yueying | 60 | Sword Fish Club | 50.00 |
| 4 | 22428 IAZ | Lau, Yuk Lin Rocky | 61 | Sea Green | 51.00 |
| 5 | 51733 IAZ | Chak, May | 60 | Sword Fish Club | 55.00 |
| 6 | 43974 @^IM | Chang, Jianhua | 64 | New Water Polo | 1:00.00 |
| 7 | 20640 IAZ | Wong, Fung Yee | 63 | Sword Fish Club | 1:00.00 |
| 65-69 | | | | | |
| 1 | 51786 @^IM | Chen, Junying | 65 | Sword Fish Club | 52.00 |
| 2 | 06355 | Lo, Lai Yung | 68 | New Water Polo | 55.00 |
| 3 | 23957 IAX | Yeung, Tun Lim Lily | 66 | Sword Fish Club | 1:05.00 |
| 4 | 43955 @^IM | Cui, Guoning | 66 | New Water Polo | 1:08.00 |
| 70-74 | | | | | |
| 1 | 50480 @^ICX | Lam, Lai Mui | 72 | Sword Fish Club | 1:00.00 |
| 2 | 45573 P | Suzanawati, Titus | 70 | Sword Fish Club | 1:07.00 |
| 3 | 06356 IAZN | Lo Yeung, Sau Han | 70 | Kwun Tong | 1:08.00 |
| 4 | 06150 | Ho, Po Chu | 72 | South China | 1:10.00 |
| 75-79 | | | | | |
| 1 | 17480 IAZ | Chow, Pui Han Angela | 77 | Lai Tsun | 1:20.00 |
| 2 | 32571 IAZ | Chan, Pui Yee | 79 | Sword Fish Club | 1:20.00 |
| 80-84 | | | | | |
| 1 | 13262 | Kwong, Shuet Hing | 83 | Wong Tai Sin | 1:43.08 |
| 85-89 | | | | | |
| 1 | 06144 | Mak, Suet Man | 86 | Sea Green | 1:15.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

Event 9 Men 100 SC Meter IM

| | |
|------------|---------|
| 18-24 MSR: | 57.30 |
| 25-29 MSR: | 59.29 |
| 30-34 MSR: | 1:01.12 |
| 35-39 MSR: | 1:02.62 |
| 40-44 MSR: | 59.78 |
| 45-49 MSR: | 1:06.31 |
| 50-54 MSR: | 1:07.05 |
| 55-59 MSR: | 1:13.19 |
| 60-64 MSR: | 1:15.43 |
| 65-69 MSR: | 1:18.72 |

| | ID# | Name | Age | Team | Seed Time |
|---|------------|----------------------------|-----|-------------------|-----------|
| 18-24... (Event 9 Men 100 SC Meter IM) | | | | | |
| 1 | 15390 B | Lau, Yat Fung | 24 | Diocesan School | 1:07.00 |
| 2 | 28567 IAZ | Tam, Wang Yin | 23 | New Water Polo | 1:10.00 |
| 3 | 51730 @^IM | Xi, Kai | 21 | Sword Fish Club | 1:10.00 |
| 4 | 15351 IAZ | Chang, Jaw Ting | 22 | Pacific | 1:15.00 |
| 5 | 34058 B | Chow, Hong-Yo Sandy | 19 | Pacific | 1:15.00 |
| 6 | 27205 P | Chan, Yan Shing | 21 | Current Club Ltd | 1:20.00 |
| 7 | 45854 IAZ | Cheng, Wing Ka | 18 | Current Club Ltd | 1:30.00 |
| 8 | 38234 IAZ | Kwok, King Him | 18 | Current Club Ltd | 1:30.00 |
| 9 | 23030 IAZ | Lam, Ho Hin Vincent | 22 | Pacific | 1:45.00 |
| 10 | 23031 IAZ | Lam, Man Hin Andrew | 22 | Pacific | 1:45.00 |
| 11 | 48045 IAZ | Lo, Tsz Wang | 20 | Kwun Tong | NT |
| 25-29 | | | | | |
| 1 | 15423 IAZ | Cheung, Yau Ming | 26 | Diocesan School | 57.00 |
| 2 | 32142 IAZ | Kong, Wai Kam | 25 | Kwan Hung | 1:05.00 |
| 3 | 19797 IAZ | So, Pak Hin Nico | 26 | Flying Fish | 1:07.00 |
| 4 | 19810 IAZ | Lau, Ka Chun | 27 | Hong Kong Police | 1:07.00 |
| 5 | 04959 #IBZ | Ma, Chi Wang Damien | 29 | Hong Kong Police | 1:07.00 |
| 6 | 24728 IAZ | Chan, Wing Fa | 26 | Eastern Winter | 1:08.42 |
| 7 | 23835 IAZ | Cheuk, Long Hin | 25 | Juan Hua Club | 1:10.00 |
| 8 | 05695 IBZ | Wu, Tsz Fung | 29 | Sword Fish Club | 1:15.00 |
| 9 | 13542 B | Chan, Tsz Wing | 25 | New Water Polo | 1:20.00 |
| 10 | 17477 #IAZ | Cheung, Chung Yan | 25 | Tai PO | 1:30.00 |
| 11 | 42362 IAZ | Leung, Kung Ming | 27 | YMCA OF Hong Kong | 1:30.00 |
| 12 | 31246 IAZ | Ho, Ka Hei | 29 | Dik Wing | 1:45.00 |
| 30-34 | | | | | |
| 1 | 42728 P | Febo, Christopher Vincenzo | 30 | Sword Fish Club | 1:03.00 |
| 2 | 02591 | Luk, Wing Kin Andy | 34 | Kwan Hung | 1:05.00 |
| 3 | 01772 | Pang, Hin Sing | 32 | Hong Kong Police | 1:09.44 |
| 4 | 00104 | Lo, Shek Pui | 34 | Hong Kong Footba | 1:10.00 |
| 5 | 00385 | Cheng, Pong Man Reuben | 34 | Flying Fish | 1:11.02 |
| 6 | 29833 IAZ | Chow, Chun Pui | 32 | Fire Services | 1:15.00 |
| 7 | 00529 B | Wong, Lok Sum | 30 | Kwun Tong | 1:15.00 |
| 8 | 33387 IAO | Wu, Kenneth Yee Lok | 32 | Sword Fish Club | 1:18.00 |
| 9 | 03455 IBZ | Lam, Yik Yu Derek | 31 | Diocesan School | 1:19.00 |
| 10 | 48933 IAO | Leung, Ryan Chun Hay | 34 | Pacific | 1:30.00 |
| 11 | 04877 IBZ | Ng, Yu Ting | 32 | Sword Fish Club | 1:30.00 |
| 12 | 25585 IAZ | Tam, Yat Pang | 32 | Pacific | 1:40.00 |
| 13 | 01815 IAZ | Li, Patrick Guo Chun | 32 | LRC | 1:45.00 |
| 14 | 42848 P | Li, Yuhui | 34 | Sword Fish Club | 1:45.00 |
| 35-39 | | | | | |
| 1 | 51101 @ICO | Smit, Marcel Pieter Arnold | 36 | Fastlane Swimming | 1:05.00 |
| 2 | 00444 | Lam, Yau Sun Dickson | 38 | Diocesan School | 1:07.00 |
| 3 | 00091 | Chan, Lok Yan | 39 | New Water Polo | 1:10.00 |
| 4 | 05179 ICZ | Wan, Chun Pong Michael | 39 | Fastlane Swimming | 1:12.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

35-39... (Event 9 Men 100 SC Meter IM)

| | | | | |
|----|------------|----------------------|----------------------|---------|
| 5 | 51246 @^IM | Zhang, Wei | 35 New Water Polo | 1:15.00 |
| 6 | 46504 @IAO | Coe, Jason George | 39 Fastlane Swimming | 1:25.00 |
| 7 | 48158 IAZ | Lee, Sung Hai Hysan | 39 Diocesan School | 1:45.00 |
| 8 | 41147 IAZ | Mok, Lai Yeung Jason | 39 Diocesan School | 1:45.00 |
| 9 | 02938 IBZ | Wong, Lit Ken | 37 Dik Wing | 1:45.00 |
| 10 | 00099 IAZ | Wong, Cheuk Wai | 35 New Water Polo | 1:45.00 |
| 11 | 50508 @^IM | Zhong, Zhiming | 38 Sword Fish Club | 1:45.00 |
| 12 | 00093 | Tam, Tak Ching | 36 Dik Wing | 1:55.00 |

40-44

| | | | | |
|----|------------|-----------------------|---------------------|---------|
| 1 | 05253 ICZ | Sun, Fat Yee David | 44 Fire Services | 1:05.00 |
| 2 | 44769 ICO | Sharp, Braedon | 40 Hong Kong Footba | 1:10.00 |
| 3 | 35790 ICO | Launay, Thomas | 44 LRC | 1:11.95 |
| 4 | 03409 | Ho, Kin Kan Adrian | 40 Barracuda | 1:20.00 |
| 5 | 12176 ICZ | Ng, Siu Yu | 41 Sword Fish Club | 1:21.00 |
| 6 | 40107 IAZ | Chan, Falcon | 44 Lai Tsun | 1:25.00 |
| 7 | 44835 IAZ | Tsoi, Chun Fai | 40 Hoi Tin | 1:30.00 |
| 8 | 05155 | Chan, Albert Kam Ming | 42 Diocesan School | 1:40.00 |
| 9 | 49027 IAZ | Ng, Fung Kei | 43 Sword Fish Club | 1:40.00 |
| 10 | 49497 @ICO | Macceod, Andrew Ian | 44 LRC | 2:00.00 |
| 11 | 43604 @^IM | Long, Zhisheng | 44 Sword Fish Club | 2:00.00 |
| 12 | 43601 | Zhang, Siyuan | 42 Sword Fish Club | 2:20.00 |

45-49

| | | | | |
|----|------------|------------------------|----------------------|---------|
| 1 | 27471 ICO | Nortje, Craig Andrew | 45 Hong Kong Footba | 1:06.00 |
| 2 | 37671 @ICO | Stamenovic, Ivan | 47 LRC | 1:10.30 |
| 3 | 06316 | Chan, Sze Tat | 48 Hong Kong Police | 1:13.44 |
| 4 | 11569 | Wong, Lok Shun | 46 Flying Fish | 1:24.11 |
| 5 | 26790 ICO | Green, Malcolm John | 47 Chi Kin | 1:25.00 |
| 6 | 50510 @^IM | Ye, Qiang | 48 Sword Fish Club | 1:30.00 |
| 7 | 24603 IAZ | Hung, Ka Ming | 48 YMCA OF Hong Kong | 1:30.00 |
| 8 | 26077 IAZ | Tsui, Chun Wai | 46 Hong Kong Police | 1:32.84 |
| 9 | 05160 | Chan, Ka Wo | 46 Diocesan School | 1:40.00 |
| 10 | 37781 IAZ | Lo, Kar Lai Gary | 45 New Water Polo | 1:40.00 |
| 11 | 38958 IAZ | Lai, Yiu Kuen | 48 CYM | 2:00.00 |
| 12 | 06157 | Lam, Wing Hong | 45 Fire Services | 2:00.00 |
| 13 | 48593 IAZ | Cheng, Wai Leung | 46 Sword Fish Club | 2:00.00 |
| 14 | 44666 IAZ | Ma, Choi | 45 Sun Yip | 2:00.00 |
| 15 | 41887 IAZ | Woo, Cheuk Yiu Jeffrey | 48 YMCA OF Hong Kong | 2:00.00 |

50-54

| | | | | |
|----|------------|----------------------|----------------------|---------|
| 1 | 09558 IAO | Li, Kai Yien Authur | 51 Hong Kong Footba | 1:08.00 |
| 2 | 05273 | Poon, Ho Keung Danny | 53 Flying Fish | 1:15.50 |
| 3 | 51473 @IAO | Loh, Yeong Shang | 50 Barracuda | 1:17.00 |
| 4 | 30710 IAZ | Lai, Kin Sun | 53 Flying Fish | 1:17.36 |
| 5 | 06711 | Leung, Tsz Kin | 51 New Water Polo | 1:18.00 |
| 6 | 25592 IAZ | Cheung, Wai Kei | 51 Flying Fish | 1:18.21 |
| 7 | 48285 IAZ | Wan, Hong Yin Edmund | 52 Hong Kong Footba | 1:20.00 |
| 8 | 51342 @ICO | Koh, Mun Hoe Terry | 53 Fastlane Swimming | 1:20.00 |
| 9 | 06310 | Chan, Fung Sun | 50 Kwun Tong | 1:20.00 |
| 10 | 50894 @^IM | Qian, Jun | 54 New Water Polo | 1:40.00 |
| 11 | 42365 IAX | Kwan, Man Fai | 54 Diocesan School | 1:58.00 |
| 12 | 38451 IAZ | Chong, Ming Hing | 51 CYM | 2:00.00 |
| 13 | 05280 | Chung, Hung Fai | 51 Fire Services | 2:00.00 |

55-59

| | | | | |
|---|------------|------------------------|----------------------|---------|
| 1 | 32253 #IAZ | Watt, Kam Sing Michael | 56 Fastlane Swimming | 1:15.00 |
| 2 | 42217 | Wu, Lewen | 58 Sword Fish Club | 1:20.00 |
| 3 | 41548 IAZ | Ip, Ka Keung Patrick | 55 Hong Kong Footba | 1:25.00 |
| 4 | 05139 | Lin, Fulong | 56 Flying Fish | 1:30.00 |
| 5 | 39306 IAZ | Lee, Tak Shun Benson | 57 Hoi Fung | 1:30.00 |
| 6 | 43144 | Xiao, Donghong | 57 New Water Polo | 1:30.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

55-59... (Event 9 Men 100 SC Meter IM)

| | | | | | |
|----|------------|----------------------|----|-----------------|---------|
| 7 | 43198 | Huang, Jin Liang | 58 | Sword Fish Club | 1:30.00 |
| 8 | 39982 IAZ | Chow, Wing Chun | 59 | Sword Fish Club | 1:40.00 |
| 9 | 26594 IAZ | Ching, Wai Kin | 59 | Sword Fish Club | 1:41.63 |
| 10 | 22433 IAZ | Lui, Man Pong | 58 | New Water Polo | 1:43.00 |
| 11 | 06205 | Cheung, Man Kwong | 56 | Fire Services | 2:00.00 |
| 12 | 45582 @IAO | Reeve, Blair | 55 | LRC | 2:00.00 |
| 13 | 44678 IAZ | Hung, Tin Wai Robert | 57 | Pacific | 2:00.00 |

60-64

| | | | | | |
|---|------------|---------------------|----|-----------------|---------|
| 1 | 05191 | Koo, Yu Fat Marcus | 61 | Flying Fish | 1:14.08 |
| 2 | 42203 | Ye, Haogiang | 60 | Sword Fish Club | 1:18.00 |
| 3 | 50482 @^IM | Chen, Heqiang | 60 | Sword Fish Club | 1:20.00 |
| 4 | 43529 IAX | Ng, Wai Fung | 60 | Sword Fish Club | 1:20.00 |
| 5 | 50469 @^IM | Liang, Yideng | 61 | Tuen Mun | 1:24.00 |
| 6 | 32108 IAX | Chan, Kiu | 61 | Sword Fish Club | 1:40.00 |
| 7 | 41007 IAZ | So, Man Sing | 62 | Sea Green | 1:40.00 |
| 8 | 40942 P | He, Gaoxiong | 61 | New Water Polo | 1:45.00 |
| 9 | 21023 IAZ | Ho, Kwong Ngai Eric | 60 | Sword Fish Club | 1:50.00 |

65-69

| | | | | | |
|----|------------|-----------------------|----|-------------------|---------|
| 1 | 06331 ICZ | Ma, Etienne | 66 | YMCA OF Hong Kong | 1:18.00 |
| 2 | 42191 | Lin, Haichao | 66 | Sword Fish Club | 1:28.00 |
| 3 | 43205 | Zhou, Jin Jia | 68 | Sword Fish Club | 1:40.00 |
| 4 | 06239 | Chan, King Yuen | 68 | Lai Tsun | 1:42.00 |
| 5 | 44839 IAXN | Hou, Ting Fun Stephen | 69 | Hoi Tin | 1:50.00 |
| 6 | 06388 | Lau, Man Kin | 69 | Sword Fish Club | 1:50.00 |
| 7 | 50459 @^IM | Zhu, Weijin | 69 | Tuen Mun | 1:53.20 |
| 8 | 48753 IAX | Fung, Sik Tong | 67 | Sea Green | 1:55.00 |
| 9 | 06187 | Kan, Kai Kwong | 68 | Sea Green | 1:56.00 |
| 10 | 43953 @^IM | Guan, Nanqun | 67 | New Water Polo | 2:00.00 |

70-74

| | | | | | |
|---|------------|-------------------|----|-----------------|---------|
| 1 | 06382 | Chan, Kam Por | 71 | Sword Fish Club | 1:30.00 |
| 2 | 50503 @^IM | Feng, Bingkun | 72 | Sword Fish Club | 1:50.00 |
| 3 | 33115 IAX | Ng, Kan Sing | 70 | Sword Fish Club | 1:50.00 |
| 4 | 06192 | Chu, Shui Yi | 72 | Sea Green | 1:55.00 |
| 5 | 06243 | Koo, Choi Fat | 73 | Wong Tai Sin | 2:05.00 |
| 6 | 44788 IAZ | Chui, Hong Sheung | 74 | Diocesan School | 2:15.00 |
| 7 | 06242 | Lau, Heung Wing | 74 | Wong Tai Sin | 2:15.00 |

75-79

| | | | | | |
|---|-----------|----------------|----|----------|---------|
| 1 | 40518 IAZ | Liu, Wing Chiu | 75 | Tuen Mun | 1:30.00 |
|---|-----------|----------------|----|----------|---------|

80-84

| | | | | | |
|---|-----------|-----------------|----|----------|---------|
| 1 | 38301 IAX | Cheung, Hao Yen | 80 | Lai Tsun | 2:15.00 |
|---|-----------|-----------------|----|----------|---------|

Event 10 Women 100 SC Meter IM

| | |
|------------|---------|
| 18-24 MSR: | 1:07.92 |
| 25-29 MSR: | 1:08.89 |
| 30-34 MSR: | 1:11.96 |
| 35-39 MSR: | 1:13.09 |
| 40-44 MSR: | 1:11.54 |
| 45-49 MSR: | 1:14.24 |
| 50-54 MSR: | 1:15.67 |
| 55-59 MSR: | 1:20.27 |
| 60-64 MSR: | 1:33.28 |
| 65-69 MSR: | 1:41.95 |

| | ID# | Name | Age | Team | Seed Time |
|--------------|------------|------------------|-----|----------------|-----------|
| 18-24 | | | | | |
| 1 | 19152 IAZ | Cheung, Wing Yan | 23 | Tai PO | 1:15.00 |
| 2 | 20969 IAZ | Lui, Wing Lam | 21 | Kwun Tong | 1:20.00 |
| 3 | 44284 @ICO | Tanaka, Miu | 18 | Barracuda | 1:25.00 |
| 4 | 26669 P | Mak, Ho Yan | 20 | Eastern Winter | 1:25.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

18-24... (Event 10 Women 100 SC Meter IM)

| | | | | |
|----|-------------|-------------------------|---------------------|---------|
| 5 | 46852 IAZ | Wong, Hui Yan | 24 CYM | 1:30.00 |
| 6 | 19556 B | Tao, Tsz Kiu | 24 Pacific | 1:30.00 |
| 7 | 42136 IAZ | Leung, Mann Sang Vivian | 18 Current Club Ltd | 1:35.00 |
| 8 | 30734 B | Wong, Lok Yin Patience | 18 Current Club Ltd | 1:35.00 |
| 9 | 50379 @^ICO | Kuai, Wen | 24 Kwun Tong | 1:40.00 |
| 10 | 49847 IAZ | Li, Ka Yu Karen | 21 Pacific | 1:40.00 |
| 11 | 41512 IAZ | Liu, Long Yan Sedna | 24 CYM | 1:55.00 |
| 12 | 28242 IAZ | Hang, Kwan Tung Ruby | 21 Dik Wing | 1:55.00 |
| 13 | 23105 IAZ | Ho, Cheuk Wai | 22 Dik Wing | 1:55.00 |
| 14 | 26980 IAZ | Wong, Suet Wing | 24 Dik Wing | 1:55.00 |
| 15 | 31444 #IAX | Tang, Hiu Tung | 22 Pacific | 1:55.00 |

25-29

| | | | | |
|---|------------|---------------------|-------------------|---------|
| 1 | 09959 #IAZ | Mok, Hoi Man Sheron | 28 New Water Polo | 1:55.00 |
|---|------------|---------------------|-------------------|---------|

30-34

| | | | | |
|---|-----------|---------------------------|----------------------|---------|
| 1 | 08900 IBZ | Lam, Suet | 30 Hong Kong Police | 1:12.76 |
| 2 | 01655 IB | Zhang, Xiao Tong Isabella | 34 Fastlane Swimming | 1:15.00 |
| 3 | 00085 | Yu, Pei En Priscilla | 34 Current Club Ltd | 1:22.65 |
| 4 | 01441 | Yeung, Hiu Ching Judy | 32 New Water Polo | 1:30.00 |
| 5 | 02295 IBZ | Tao, Wai Kiu | 30 Pacific | 1:30.00 |
| 6 | 40936 IAZ | Chan, Po Yan | 33 New Water Polo | 1:48.00 |
| 7 | 38491 IAZ | Li, Lap Ying Joey | 33 Tung Sing | 1:55.00 |

35-39

| | | | | |
|---|-------------|---------------------|---------------------|---------|
| 1 | 26745 ICX | Chen, Yangyang | 38 LRC | 1:13.50 |
| 2 | 02685 ICZ | Master, Farah Jimmy | 38 Hong Kong Footba | 1:15.00 |
| 3 | 49329 #@IAO | Ng, Carmen C M | 39 Pacific | 1:30.00 |
| 4 | 01683 | Lam, Ka Yuk Ellen | 36 Sword Fish Club | 1:30.00 |
| 5 | 14023 | Wu, Pui Yan Natalie | 38 Hong Kong Police | 1:32.93 |
| 6 | 47561 IAZ | Leung, Tin Ho | 39 Flying Fish | 1:48.00 |
| 7 | 50839 @^IM | Zhuo, Enqi | 39 Tuen Mun | 1:55.00 |
| 8 | 00288 IBZ | Yip, Wing Yan | 35 Dik Wing | 1:55.00 |
| 9 | 42212 | Lu, Wanjun | 37 Sword Fish Club | 1:55.00 |

40-44

| | | | | |
|---|------------|---------------------------|----------------------|---------|
| 1 | 38440 ICO | Eichelberger, Melissa Ann | 40 Fastlane Swimming | 1:20.50 |
| 2 | 44676 IAZ | Lam, Sze Wai Jacqueline | 43 Jockey Club | 1:40.00 |
| 3 | 47582 @IAX | Dong, Lei | 41 South China | 1:40.00 |
| 4 | 45041 IAZ | Fung, Cheuk Ching Candy | 41 Hoi Fung | 1:46.59 |
| 5 | 43972 @^IM | Liu, Bei | 42 New Water Polo | 1:50.00 |
| 6 | 50484 @^IM | Ling, Yunying | 44 Sword Fish Club | 2:10.00 |

45-49

| | | | | |
|---|------------|--------------------------|----------------------|---------|
| 1 | 33036 ICO | Coleman, Claire Michelle | 45 Fastlane Swimming | 1:16.00 |
| 2 | 51120 IAZ | Yee, Hoi Yan | 46 Flying Fish | 1:30.00 |
| 3 | 07784 #IAZ | Tang, Mei Yin | 46 Hong Kong Police | 1:40.00 |
| 4 | 51676 @^IM | Li, Fan | 47 Sword Fish Club | 1:48.00 |
| 5 | 51798 @^IM | Zeng, Yingchun | 47 New Water Polo | 2:00.00 |
| 6 | 06315 | Chan, Sui Yee | 47 LRC | 2:10.00 |
| 7 | 46247 @IAO | Krkalo, Shauna Kathleen | 45 LRC | 2:10.00 |
| 8 | 51799 @^IM | Chen, Xiaoyun | 47 New Water Polo | 2:10.00 |
| 9 | 45917 @^IM | Huang, Caifang | 49 Sword Fish Club | 2:10.00 |

50-54

| | | | | |
|---|------------|----------------------------|----------------------|---------|
| 1 | 33517 IAO | Yamaguchi, Mika | 51 Fastlane Swimming | 1:13.00 |
| 2 | 43977 | Lin, Zihe | 54 New Water Polo | 1:30.00 |
| 3 | 09870 @ICO | Chong, Yin Szu Adeline | 53 Fastlane Swimming | 1:40.00 |
| 4 | 31395 IAZ | Chan, Pui Ling | 53 Flying Fish | 1:53.67 |
| 5 | 49429 IAZ | Choy, Yee Ling Elina Elain | 54 New Water Polo | 2:00.00 |
| 6 | 36431 @^P | Buchta, Katrin | 53 Sword Fish Club | 2:00.00 |
| 7 | 47040 @IAX | Zou, Shengling | 52 Tung Sing | 2:00.00 |
| 8 | 51786 @^IM | Wu, Xiaomin | 54 New Water Polo | 2:05.00 |
| 9 | 35772 IAX | Ban, Xianhai | 51 New Water Polo | 2:10.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

55-59... (Event 10 Women 100 SC Meter IM)

| | | | | | |
|---|------------|-----------------------|----|-------------------|---------|
| 1 | 38289 IAZ | Ng, Wai Lin Angie | 59 | Sword Fish Club | 2:05.00 |
| 2 | 06337 | Tse, Yee Wah | 57 | YMCA OF Hong Kong | 2:05.00 |
| 3 | 43521 @^IM | Li, Wei | 57 | New Water Polo | 2:07.00 |
| 4 | 16303 | Rana, Naomi | 57 | LRC | 2:10.00 |
| 5 | 51780 IAZ | Chan, Kei Tsz | 59 | New Water Polo | 2:10.00 |
| 6 | 51532 IAZ | Shek, Yuk Ching Peggy | 59 | South China | 2:10.00 |
| 7 | 50509 @^IM | Guan, Xiuqin | 56 | Sword Fish Club | 2:40.00 |

60-64

| | | | | | |
|----|-------------|-----------------------|----|-----------------|---------|
| 1 | 26049 IAZ | Kirkwood, Tain Mhaira | 60 | LRC | 1:29.69 |
| 2 | 49914 @IAXB | Ng, Yee Man | 64 | New Water Polo | 1:30.00 |
| 3 | 41423 IAZ | Chiu, Pauline | 61 | Tung Sing | 1:40.00 |
| 4 | 05190 | Ho, Wan Sai Rita | 61 | Flying Fish | 1:42.81 |
| 5 | 51472 @IM | Pang, Yunxiao | 60 | New Water Polo | 1:50.00 |
| 6 | 47581 IAZ | Wong, Sui Mui | 61 | South China | 1:50.00 |
| 7 | 51788 @^IM | Li, Yueying | 60 | Sword Fish Club | 1:50.00 |
| 8 | 51733 IAZ | Chak, May | 60 | Sword Fish Club | 2:00.00 |
| 9 | 43974 @^IM | Chang, Jianhua | 64 | New Water Polo | 2:10.00 |
| 10 | 45187 IAX | Chan, On Mei | 60 | Sword Fish Club | 2:10.00 |
| 11 | 16533 | Wong, Shun Ying | 64 | Sea Green | 2:18.00 |

65-69

| | | | | | |
|---|------------|-----------------|----|-----------------|---------|
| 1 | 19290 IAX | Tseung, Nga Wah | 66 | Sword Fish Club | 1:45.00 |
| 2 | 06355 | Lo, Lai Yung | 68 | New Water Polo | 2:10.00 |
| 3 | 43955 @^IM | Cui, Guoning | 66 | New Water Polo | 2:25.00 |

70-74

| | | | | | |
|---|-----------|----------------|----|-----------------|---------|
| 1 | 50448 @IM | Liu, Xiaodong | 72 | New Water Polo | 2:25.00 |
| 2 | 39357 @^P | Mak, Sok Iun | 73 | Sword Fish Club | 2:25.00 |
| 3 | 06212 | Lo, Yeuk Shuen | 74 | Wong Tai Sin | 2:25.00 |

75-79

| | | | | | |
|---|-------|----------------|----|-----------------|---------|
| 1 | 02365 | Chow, So Kam | 78 | Kwun Tong | 2:00.00 |
| 2 | 06357 | Suen, Ming Chu | 75 | Sword Fish Club | 2:25.00 |

80-84

| | | | | | |
|---|-----------|------------------------|----|-----------------|---------|
| 1 | 06372 IAZ | Leung, Mabel Yuen Ying | 81 | Sword Fish Club | 2:26.00 |
|---|-----------|------------------------|----|-----------------|---------|

Event 11 Men 25 SC Meter Butterfly

| | |
|-------------------|--------------|
| 18-24 MSR: | 11.89 |
| 25-29 MSR: | 11.99 |
| 30-34 MSR: | 12.01 |
| 35-39 MSR: | 11.90 |
| 40-44 MSR: | 12.40 |
| 45-49 MSR: | 13.01 |
| 50-54 MSR: | 12.80 |
| 55-59 MSR: | 12.59 |
| 60-64 MSR: | 14.48 |
| 65-69 MSR: | 15.41 |

| | ID# | Name | Age | Team | Seed Time |
|--------------|------------|-------------------------|------------|------------------|------------------|
| 18-24 | | | | | |
| 1 | 15390 B | Lau, Yat Fung | 24 | Diocesan School | 12.00 |
| 2 | 22276 B | Chong, Michael Yat Tsun | 22 | Sword Fish Club | 13.00 |
| 3 | 28439 IAZ | Cheng, Kam Fung | 19 | Current Club Ltd | 14.00 |
| 4 | 25287 IAZ | Chiu, Long Kit | 23 | Sword Fish Club | 14.00 |
| 5 | 32406 IAZ | Lau, Chun Ting | 20 | Tolo Harbour | 14.00 |
| 6 | 50457 @^IM | Miao, Chenglli | 23 | Tuen Mun | 15.00 |
| 7 | 15351 IAZ | Chang, Jaw Ting | 22 | Pacific | 15.00 |
| 8 | 34058 B | Chow, Hong-Yo Sandy | 19 | Pacific | 15.00 |
| 9 | 18027 B | Leung, Lok Hang | 23 | Pacific | 15.00 |
| 10 | 40782 IAZ | Chan, Ho Long | 18 | Current Club Ltd | 16.00 |
| 11 | 40918 IAZ | Yeung, Ho Lam | 18 | Current Club Ltd | 18.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

18-24... (Event 11 Men 25 SC Meter Butterfly)

| | | | | | |
|----|------------|---------------------|----|------------------|---------|
| 12 | 38234 IAZ | Kwok, King Him | 18 | Current Club Ltd | 1:19.00 |
| 13 | 29993 #IAZ | Chow, King Him | 19 | Pacific | NT |
| 14 | 23030 IAZ | Lam, Ho Hin Vincent | 22 | Pacific | NT |

25-29

| | | | | | |
|----|------------|---------------------|----|------------------|-------|
| 1 | 15423 IAZ | Cheung, Yau Ming | 26 | Diocesan School | 11.50 |
| 2 | 23835 IAZ | Cheuk, Long Hin | 25 | Juan Hua Club | 13.00 |
| 3 | 12069 B | Sit, Kwok Lun | 26 | New Water Polo | 13.00 |
| 4 | 50663 @^P | Lei, Hou Wai | 28 | Sword Fish Club | 13.00 |
| 5 | 50507 @^IM | Zhou, Boyang | 27 | Sword Fish Club | 13.00 |
| 6 | 09749 B | Leung, Lok Sang | 26 | Hong Kong Police | 13.99 |
| 7 | 10687 B | Lau, Chun Hei | 25 | Fire Services | 14.00 |
| 8 | 32142 IAZ | Kong, Wai Kam | 25 | Kwan Hung | 15.00 |
| 9 | 15651 B | Poon, Chun Leung | 27 | Sword Fish Club | 15.00 |
| 10 | 23695 IAZ | Lee, Michael Le Jin | 28 | Current Club Ltd | 18.00 |
| 11 | 50487 @^IM | Miao, Chunlei | 29 | Sword Fish Club | 23.00 |
| 12 | 51530 IAZ | Yuen, Kai Hong | 29 | South China | 38.00 |
| 13 | 31246 IAZ | Ho, Ka Hei | 29 | Dik Wing | NT |

30-34

| | | | | | |
|----|------------|---------------------|----|------------------|-------|
| 1 | 03455 IBZ | Lam, Yik Yu Derek | 31 | Diocesan School | 13.00 |
| 2 | 14158 #IAZ | Li, Hok Yee Terence | 30 | New Water Polo | 13.00 |
| 3 | 10221 IBZ | Tam, Ka Ho Ricky | 32 | Hong Kong Police | 13.34 |
| 4 | 01772 | Pang, Hin Sing | 32 | Hong Kong Police | 13.35 |
| 5 | 01784 B | Tso, Hiu Fung | 32 | Diocesan School | 14.00 |
| 6 | 04637 IBZ | Kwan, Yui Hang | 30 | Current Club Ltd | 14.00 |
| 7 | 51779 @ICX | Lin, Hang | 30 | South China | 14.00 |
| 8 | 33387 IAO | Wu, Kenneth Yee Lok | 32 | Sword Fish Club | 14.00 |
| 9 | 00104 | Lo, Shek Pui | 34 | Hong Kong Footba | 15.00 |
| 10 | 48029 IAZ | Lee, Ka Hung | 33 | Hong Kong Police | 15.71 |
| 11 | 03312 IAZ | Li, Yun Sing | 33 | Diocesan School | 16.00 |
| 12 | 01433 | Tai, Hilary Francis | 33 | Diocesan School | 16.00 |
| 13 | 49951 IAZ | Fung, Chi Wing Ryan | 31 | Pacific | 25.00 |
| 14 | 42848 P | Li, Yuhui | 34 | Sword Fish Club | 25.00 |
| 15 | 10686 | Chan, Ching | 32 | Golden Dolphin | 35.00 |
| 16 | 05854 IAZ | Cho, Wai Ching | 32 | Flying Fish | NT |

35-39

| | | | | | |
|----|------------|----------------------------|----|-------------------|-------|
| 1 | 51101 @ICO | Smit, Marcel Pieter Arnold | 36 | Fastlane Swimming | 12.00 |
| 2 | 42367 IAO | Chow, Chun Yin | 37 | Diocesan School | 13.00 |
| 3 | 27874 IAZ | Chan, Cheuk Man | 35 | New Water Polo | 13.00 |
| 4 | 00557 # | Chow, Sik Hang | 35 | New Water Polo | 13.00 |
| 5 | 00314 IBZ | Mok, Hon Hei | 35 | Hong Kong Police | 13.32 |
| 6 | 05179 ICZ | Wan, Chun Pong Michael | 39 | Fastlane Swimming | 13.50 |
| 7 | 22420 IAZ | Chan, Chi Ming | 37 | Kwun Tong | 14.00 |
| 8 | 00091 | Chan, Lok Yan | 39 | New Water Polo | 14.00 |
| 9 | 38441 ICO | Davis, Shane Joseph | 37 | Hong Kong Footba | 15.00 |
| 10 | 51511 @ICO | Bitterly, Thomas Bradford | 37 | New Water Polo | 15.00 |
| 11 | 32424 IAZ | Law, Tin Yiu | 38 | Hong Kong Police | 15.50 |
| 12 | 46504 @IAO | Coe, Jason George | 39 | Fastlane Swimming | 16.00 |
| 13 | 48667 @IRO | Wong, Dominic Clayton Joe | 35 | Fastlane Swimming | 16.00 |
| 14 | 23298 IAZ | Li, Cheuk Bun | 38 | Wong Tai Sin | 16.00 |
| 15 | 49952 IAZ | Kwok, Ronald | 37 | Pacific | 25.00 |
| 16 | 50508 @^IM | Zhong, Zhiming | 38 | Sword Fish Club | 25.00 |
| 17 | 02938 IBZ | Wong, Lit Ken | 37 | Dik Wing | NT |
| 18 | 00099 IAZ | Wong, Cheuk Wai | 35 | New Water Polo | NT |

40-44

| | | | | | |
|---|------------|----------------------|----|------------------|-------|
| 1 | 05253 ICZ | Sun, Fat Yee David | 44 | Fire Services | 13.00 |
| 2 | 49497 @ICO | MaccLeod, Andrew Ian | 44 | LRC | 13.99 |
| 3 | 44769 ICO | Sharp, Braedon | 40 | Hong Kong Footba | 14.00 |
| 4 | 03095 | Lau, Ko Chun | 41 | Hong Kong Police | 14.77 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

40-44... (Event 11 Men 25 SC Meter Butterfly)

| | | | | |
|----|------------|------------------------|--------------------|-------|
| 5 | 49498 @IAO | Dunwoody, Ross William | 42 LRC | 14.88 |
| 6 | 03409 | Ho, Kin Kan Adrian | 40 Barracuda | 15.00 |
| 7 | 09165 | Cheung, Siu Fung | 40 Lai Tsun | 15.00 |
| 8 | 03793 ICZ | Po, Tik San | 41 New Water Polo | 15.00 |
| 9 | 30399 IAZ | Lam, Shu Wing | 40 Flying Fish | 15.14 |
| 10 | 10317 | Ng, Ka Wing | 43 Diocesan School | 17.00 |
| 11 | 11587 | Ng, Yu Hon | 40 Sea Green | 19.00 |
| 12 | 44835 IAZ | Tsoi, Chun Fai | 40 Hoi Tin | 30.00 |
| 13 | 09453 ICZ | Law, Wai Ho | 41 Tai PO | NT |

45-49

| | | | | |
|----|------------|------------------------|----------------------|-------|
| 1 | 27471 ICO | Nortje, Craig Andrew | 45 Hong Kong Footba | 13.00 |
| 2 | 28860 IEX | Lin, Qingzhan | 49 Sword Fish Club | 13.00 |
| 3 | 37671 @ICO | Stamenovic, Ivan | 47 LRC | 13.39 |
| 4 | 39203 IAX | Lau, Hang | 49 Sword Fish Club | 14.00 |
| 5 | 02366 | Li, Ka Wing | 49 Kwun Tong | 15.00 |
| 6 | 51233 @^IM | Ou, Enjian | 49 Sword Fish Club | 15.00 |
| 7 | 06338 IAZ | Wong, Ka Fai | 49 Sword Fish Club | 15.00 |
| 8 | 51100 IAO | Loo, Kevin Lester | 45 Fastlane Swimming | 16.00 |
| 9 | 37781 IAZ | Lo, Kar Lai Gary | 45 New Water Polo | 16.00 |
| 10 | 19343 IAZ | Leung, Wan Hung Andy | 49 Hong Kong Police | 16.19 |
| 11 | 26790 ICO | Green, Malcolm John | 47 Chi Kin | 18.00 |
| 12 | 50510 @^IM | Ye, Qiang | 48 Sword Fish Club | 18.00 |
| 13 | 43949 @^IM | Yang, Zhipeng | 47 New Water Polo | 19.00 |
| 14 | 51192 IAZ | Lo, Yui Man | 46 Flying Fish | 20.00 |
| 15 | 41887 IAZ | Woo, Cheuk Yiu Jeffrey | 48 YMCA OF Hong Kong | 20.00 |
| 16 | 38958 IAZ | Lai, Yiu Kuen | 48 CYM | 25.00 |
| 17 | 37739 IAZ | Mi, Hau Fung | 46 CYM | 25.00 |
| 18 | 44666 IAZ | Ma, Choi | 45 Sun Yip | 26.00 |
| 19 | 35310 IAZ | Kan, Hok Lun Alan | 46 Kowloon Tong Club | NT |
| 20 | 51389 IAZ | Tsang, King Ting Brian | 46 Kowloon Tong Club | NT |

50-54

| | | | | |
|----|------------|---------------------------|----------------------|--------|
| 1 | 09558 IAO | Li, Kai Yien Authur | 51 Hong Kong Footba | 13.50 |
| 2 | 03372 | Lau, Allan | 50 Sword Fish Club | 14.00 |
| 3 | 06310 | Chan, Fung Sun | 50 Kwun Tong | 15.00 |
| 4 | 06395 | Cheung, Ting Fan | 52 Kwun Tong | 15.00 |
| 5 | 27451 IAZ | Yip, Kin Man Stephen | 53 Kwun Tong | 15.00 |
| 6 | 26821 IAZ | Chan, Kwok Chi | 52 Sword Fish Club | 15.00 |
| 7 | 06711 | Leung, Tsz Kin | 51 New Water Polo | 15.11 |
| 8 | 51342 @ICO | Koh, Mun Hoe Terry | 53 Fastlane Swimming | 16.00 |
| 9 | 31054 IAO | Stimson, Mark Grant | 52 Fastlane Swimming | 16.00 |
| 10 | 21008 IAZ | Cheung, Chun Kwan Michael | 50 Wong Tai Sin | 16.00 |
| 11 | | Chua, Anthony | 54 Vas Team | X16.37 |
| 12 | 26053 IAZ | Wong, Yee Keung | 52 Flying Fish | 16.75 |
| 13 | 27868 IAZ | Chan, Chi Wah Ringo | 51 Sword Fish Club | 17.00 |
| 14 | 50894 @^IM | Qian, Jun | 54 New Water Polo | 18.00 |
| 15 | 42365 IAX | Kwan, Man Fai | 54 Diocesan School | 20.00 |
| 16 | 43954 @^IM | Gao, Dongyun | 53 New Water Polo | 28.00 |
| 17 | 17701 IAZ | Lee, Chor Fu | 54 Wong Tai Sin | 28.00 |
| 18 | 05280 | Chung, Hung Fai | 51 Fire Services | NT |

55-59

| | | | | |
|---|------------|----------------------|----------------------|-------|
| 1 | 50495 @^IM | Zhou, Liang | 59 Sword Fish Club | 15.00 |
| 2 | 22433 IAZ | Lui, Man Pong | 58 New Water Polo | 15.97 |
| 3 | 13992 | Yim, Chung Chee | 58 YMCA OF Hong Kong | 16.00 |
| 4 | 43144 | Xiao, Donghong | 57 New Water Polo | 17.00 |
| 5 | 43201 @^IM | Zhang, Wei Wen | 56 Sword Fish Club | 17.00 |
| 6 | 26594 IAZ | Ching, Wai Kin | 59 Sword Fish Club | 17.78 |
| 7 | 39306 IAZ | Lee, Tak Shun Benson | 57 Hoi Fung | 18.00 |
| 8 | 42202 | Rong, Kangwen | 56 Sword Fish Club | 18.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

55-59... (Event 11 Men 25 SC Meter Butterfly)

| | | | | |
|----|-----------|----------------------|---------------------|-------|
| 9 | 39982 IAZ | Chow, Wing Chun | 59 Sword Fish Club | 19.00 |
| 10 | 26261 IAZ | Tsun, Chung Wa Jode | 59 Hong Kong Police | 20.00 |
| 11 | 44939 IAX | Leung, Kin Cheung | 58 Lai Tsun | 20.00 |
| 12 | 51817 @P | Chan, Cheok Man | 55 Sword Fish Club | 21.00 |
| 13 | 06175 | Lo, King Man | 56 Sea Green | 21.00 |
| 14 | 44678 IAZ | Hung, Tin Wai Robert | 57 Pacific | NT |

60-64

| | | | | |
|----|------------|-------------------------|----------------------|-------|
| 1 | 05191 | Koo, Yu Fat Marcus | 61 Flying Fish | 14.95 |
| 2 | 42203 | Ye, Haogiang | 60 Sword Fish Club | 15.00 |
| 3 | 15528 | Tsui, Tak Shing Dominic | 61 Fastlane Swimming | 16.00 |
| 4 | 50485 @^IM | Chen, Shuquan | 60 Sword Fish Club | 16.00 |
| 5 | 06256 | Chan, Kwong Peter | 62 Sea Green | 16.00 |
| 6 | 51277 @^IM | Zhang, Xiaoguang | 63 New Water Polo | 17.00 |
| 7 | 50514 @^IM | Ye, Jinkun | 61 Sword Fish Club | 17.00 |
| 8 | 21023 IAZ | Ho, Kwong Ngai Eric | 60 Sword Fish Club | 19.00 |
| 9 | 41007 IAZ | So, Man Sing | 62 Sea Green | 19.00 |
| 10 | 45930 IAZ | Lo, Wing Kwong | 62 Sun Yip | 19.00 |
| 11 | 51276 @^IM | Chen, Zhihe | 63 New Water Polo | 20.00 |
| 12 | 07802 | Chau, Kam Tim | 63 Sea Green | 20.00 |
| 13 | 40861 IAZ | Cheung, Chi Ming Rover | 60 Sword Fish Club | 21.00 |
| 14 | 32108 IAX | Chan, Kiu | 61 Sword Fish Club | 26.00 |
| 15 | 50469 @^IM | Liang, Yideng | 61 Tuen Mun | 32.45 |
| 16 | 51786 IAZ | Lau, Kim Cheong | 60 Fire Services | NT |

65-69

| | | | | |
|----|------------|-----------------------|---------------------|-------|
| 1 | 36553 IAO | Inglis, Peter | 69 Hong Kong Footba | 15.00 |
| 2 | 17725 IAZ | Ng, Yu Hung | 65 Sword Fish Club | 16.08 |
| 3 | 42191 | Lin, Haichao | 66 Sword Fish Club | 17.00 |
| 4 | 06184 | Ng, Pak Chiu | 69 Sea Green | 20.00 |
| 5 | 06785 | Leung, Chun Yi | 66 New Water Polo | 21.00 |
| 6 | 06388 | Lau, Man Kin | 69 Sword Fish Club | 22.00 |
| 7 | 05071 | Choi, Tony | 65 LRC | 22.89 |
| 8 | 43971 IAX | Lau, Kwok Ming | 66 New Water Polo | 23.00 |
| 9 | 18865 IAZ | Tsang, Wai Ling | 66 South China | 23.00 |
| 10 | 06187 | Kan, Kai Kwong | 68 Sea Green | 23.00 |
| 11 | 19292 IAX | Leung, Fu Keung | 69 Sea Green | 24.00 |
| 12 | 44839 IAXN | Hou, Ting Fun Stephen | 69 Hoi Tin | 35.00 |
| 13 | 06201 | Wong, Cheuk Yin | 67 Fire Services | NT |

70-74

| | | | | |
|---|------------|---------------------|----------------------|-------|
| 1 | 06398 | Cho, Wai Sun | 70 Fastlane Swimming | 16.30 |
| 2 | 51797 @^IM | Kong, Fanqiang | 71 New Water Polo | 17.00 |
| 3 | 06382 | Chan, Kam Por | 71 Sword Fish Club | 17.00 |
| 4 | 42260 P | He, Xi Nian | 74 Sword Fish Club | 18.00 |
| 5 | 41729 IAZ | Ko, Leung Hung Alex | 71 Diocesan School | 22.00 |
| 6 | 33115 IAX | Ng, Kan Sing | 70 Sword Fish Club | 22.00 |
| 7 | 06124 | Szeto, Kwan Yin | 70 New Water Polo | 25.00 |
| 8 | 10252 | Chow, Eugene | 72 Diocesan School | 28.00 |

75-79

| | | | | |
|---|-----------|-----------------|-------------|-------|
| 1 | 11562 | Leckie, Stuart | 78 LRC | 19.85 |
| 2 | 44756 IAZ | Lo, Che Hung | 75 Lai Tsun | 20.00 |
| 3 | 23297 IAZ | Chan, Shing Chi | 75 Lai Tsun | 25.00 |

85-89

| | | | | |
|---|-------|---------------|--------------------|-------|
| 1 | 05407 | Lee, She Kwok | 85 Sword Fish Club | 40.00 |
|---|-------|---------------|--------------------|-------|

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

Event 12 Women 25 SC Meter Butterfly

| | |
|------------|-------|
| 18-24 MSR: | 13.82 |
| 25-29 MSR: | 14.26 |
| 30-34 MSR: | 13.87 |
| 35-39 MSR: | 13.87 |
| 40-44 MSR: | 14.37 |
| 45-49 MSR: | 14.84 |
| 50-54 MSR: | 14.90 |
| 55-59 MSR: | 14.54 |
| 60-64 MSR: | 17.48 |
| 65-69 MSR: | 17.31 |

| | ID# | Name | Age | Team | Seed Time |
|--|------------|-------------------------|-----|------------------|-----------|
| 18-24... (Event 12 Women 25 SC Meter Butterfly) | | | | | |
| 1 | 44284 @ICO | Tanaka, Miu | 18 | Barracuda | 17.00 |
| 2 | 42136 IAZ | Leung, Mann Sang Vivian | 18 | Current Club Ltd | 17.00 |
| 3 | 32413 B | Tso, Yi Wun | 19 | Current Club Ltd | 17.00 |
| 4 | 42441 #IAZ | Pang, Sze Wing | 19 | Pacific | 20.00 |
| 5 | 28242 IAZ | Hang, Kwan Tung Ruby | 21 | Dik Wing | NT |
| 25-29 | | | | | |
| 1 | 08238 B | Li, Tsz Yu | 29 | New Water Polo | 14.00 |
| 2 | 16514 IAZ | Li, Wing Yan | 26 | Tolo Harbour | 14.00 |
| 3 | 05769 B | Kot, Chung Ling | 29 | Hong Kong Police | 15.98 |
| 4 | 05722 B | Lam, Hoi Ying | 29 | Hong Kong Police | 16.00 |
| 5 | 18350 IAZ | Lam, Nga Yin Eunice | 27 | South China | 16.00 |
| 6 | 11797 B | Ip, Rainbow | 26 | Flying Fish | 17.00 |
| 7 | 21036 IAX | Po, Wing Sze | 27 | Pacific | 20.00 |
| 8 | 43597 @^IM | Su, Wenting | 27 | Sword Fish Club | 30.00 |
| 30-34 | | | | | |
| 1 | 17382 IAZ | Tsui, Man Hei | 32 | New Water Polo | 14.00 |
| 2 | 01441 | Yeung, Hiu Ching Judy | 32 | New Water Polo | 16.00 |
| 3 | 05670 B | Lam, Tsz Kwan | 30 | Tolo Harbour | 16.00 |
| 4 | 01271 IAZ | Lo, Yan Yin | 31 | Current Club Ltd | 18.00 |
| 5 | 40936 IAZ | Chan, Po Yan | 33 | New Water Polo | 22.00 |
| 35-39 | | | | | |
| 1 | 02131 | Tsang, Ting Yan Tania | 37 | LRC | 14.88 |
| 2 | 26745 ICX | Chen, Yangyang | 38 | LRC | 14.93 |
| 3 | 02685 ICZ | Master, Farah Jimmy | 38 | Hong Kong Footba | 16.00 |
| 4 | 01683 | Lam, Ka Yuk Ellen | 36 | Sword Fish Club | 18.00 |
| 5 | 14023 | Wu, Pui Yan Natalie | 38 | Hong Kong Police | 18.08 |
| 6 | 42212 | Lu, Wanjun | 37 | Sword Fish Club | 20.00 |
| 7 | 00288 IBZ | Yip, Wing Yan | 35 | Dik Wing | NT |
| 40-44 | | | | | |
| 1 | 08977 | Ho, Yee Yun Rosalind | 44 | Current Club Ltd | 18.00 |
| 2 | 42194 | Hu, Minyu | 40 | Sword Fish Club | 18.00 |
| 3 | 50484 @^IM | Ling, Yunying | 44 | Sword Fish Club | 18.00 |
| 4 | 30072 ICW | Chao, Man Chi | 44 | New Water Polo | 20.00 |
| 5 | 51754 @^IM | Wu, Shuqin | 41 | New Water Polo | 25.00 |
| 45-49 | | | | | |
| 1 | 07784 #IAZ | Tang, Mei Yin | 46 | Hong Kong Police | 17.00 |
| 2 | 42192 @^IM | Chen, Yunlin | 47 | Sword Fish Club | 18.00 |
| 3 | 36434 IAZ | Lam, Wing Yan Jada | 49 | Jockey Club | 18.50 |
| 4 | 51120 IAZ | Yee, Hoi Yan | 46 | Flying Fish | 19.00 |
| 5 | 19353 IAZ | Poon, Yee Jane | 45 | Hong Kong Police | 20.00 |
| 6 | 36961 IAZ | Tung, Fung | 46 | Kwun Tong | 22.00 |
| 7 | 36517 IAZ | Li, Ho Suet | 47 | Sword Fish Club | 24.00 |
| 8 | 47583 @IAX | Wei, Yan | 45 | South China | 28.00 |
| 9 | 51799 @^IM | Chen, Xiaoyun | 47 | New Water Polo | 30.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

50-54... (Event 12 Women 25 SC Meter Butterfly)

| | | | | | |
|--------------|-------------|------------------------|----|-------------------|-------|
| 1 | 09870 @ICO | Chong, Yin Szu Adeline | 53 | Fastlane Swimming | 20.00 |
| 2 | 35969 IAX | Wang, Ying Lian | 51 | Tung Sing | 20.00 |
| 3 | 31395 IAZ | Chan, Pui Ling | 53 | Flying Fish | 23.72 |
| 4 | 43196 | Lin, Pei Ming | 52 | Sword Fish Club | 30.00 |
| 5 | 40937 IAZ | Leung, Wai Fan Fanny | 53 | New Water Polo | 40.00 |
| 55-59 | | | | | |
| 1 | 06352 | Liang, Wei Qiong | 58 | Sword Fish Club | 19.00 |
| 2 | 26254 IAX | Ng, Kong Ching | 58 | New Water Polo | 20.00 |
| 3 | 23323 IAZ | Tam, Choi Ping Scalene | 58 | New Water Polo | 20.00 |
| 4 | 51706 @^IM | Wang, Shihong | 55 | New Water Polo | 21.00 |
| 5 | 36045 IAZN | Hsu, Ava | 56 | LRC | 22.00 |
| 6 | 36655 #IAZ | Wong, Olivia Ka Ying | 57 | Jockey Club | 22.50 |
| 7 | 40575 IAO | Chan, San Ngah | 55 | Fastlane Swimming | 24.14 |
| 8 | 37012 IAZ | Lun, Yau Chun Nara | 55 | New Water Polo | 25.00 |
| 9 | 43962 @^IM | Pan, Lijian | 58 | New Water Polo | 25.00 |
| 10 | 50893 @^P | Niu, Zili | 59 | New Water Polo | 30.00 |
| 11 | 50509 @^IM | Guan, Xiuqin | 56 | Sword Fish Club | 30.00 |
| 12 | 50490 @^IM | Liang, Yanling | 59 | Sword Fish Club | 30.00 |
| 13 | 43521 @^IM | Li, Wei | 57 | New Water Polo | 35.00 |
| 14 | 44303 IAZ | Lam, Man Lai | 57 | Sword Fish Club | 46.00 |
| 15 | 37062 IAZ | Lee, E Way Yvonne | 57 | Kowloon Tong Club | NT |
| 60-64 | | | | | |
| 1 | 26049 IAZ | Kirkwood, Tain Mhaira | 60 | LRC | 15.59 |
| 2 | 49914 @IAXB | Ng, Yee Man | 64 | New Water Polo | 16.00 |
| 3 | 41423 IAZ | Chiu, Pauline | 61 | Tung Sing | 17.00 |
| 4 | 51472 @IM | Pang, Yunxiao | 60 | New Water Polo | 20.00 |
| 5 | 44442 IAZ | Lai, Fang Ha Shirley | 63 | Jockey Club | 22.50 |
| 6 | 51787 @^IM | Li, Weiwei | 62 | Sword Fish Club | 23.00 |
| 7 | 36225 IAX | Li, Wai Kam | 61 | Sea Green | 25.00 |
| 8 | 45187 IAX | Chan, On Mei | 60 | Sword Fish Club | 28.00 |
| 9 | 16533 | Wong, Shun Ying | 64 | Sea Green | 28.00 |
| 10 | 47581 IAZ | Wong, Sui Mui | 61 | South China | 30.00 |
| 11 | 43595 | Ao, Wai Lan | 61 | Sword Fish Club | 30.00 |
| 65-69 | | | | | |
| 1 | 19290 IAX | Tseung, Nga Wah | 66 | Sword Fish Club | 20.00 |
| 2 | 03503 | Castka, Gillian Hancer | 67 | Sword Fish Club | 23.00 |
| 3 | 06355 | Lo, Lai Yung | 68 | New Water Polo | 26.00 |
| 4 | 25237 IAZ | Yu, Chi Seung | 65 | New Water Polo | 40.00 |
| 70-74 | | | | | |
| 1 | 45573 P | Suzanawati, Titus | 70 | Sword Fish Club | 33.00 |
| 2 | 50448 @IM | Liu, Xiaodong | 72 | New Water Polo | 36.00 |
| 3 | 39357 @^P | Mak, Sok Iun | 73 | Sword Fish Club | 38.00 |
| 75-79 | | | | | |
| 1 | 06357 | Suen, Ming Chu | 75 | Sword Fish Club | 25.00 |
| 2 | 02365 | Chow, So Kam | 78 | Kwun Tong | 40.00 |
| 80-84 | | | | | |
| 1 | 06374 | Wong, Jim | 82 | Sword Fish Club | 30.00 |
| 2 | 06372 IAZ | Leung, Mabel Yuen Ying | 81 | Sword Fish Club | 32.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

Event 13 Men 4x25 SC Meter Medley Relay

| | |
|--------------|---------|
| 100-119 MSR: | 49.78 |
| 120-159 MSR: | 50.84 |
| 160-199 MSR: | 54.39 |
| 200-239 MSR: | 57.73 |
| 240-279 MSR: | 1:02.52 |
| 280-319 MSR: | 1:11.02 |
| 320-359 MSR: | 1:47.23 |

| | Team | Relay | Seed Time |
|---|--------------------------------|--------|-----------|
| 100-119... (Event 13 Men 4x25 SC Meter Medley Relay) | | | |
| 1 | Hong Kong Police Swimming Club | M100 A | 56.15 |
| 2 | HK Flying Fish Athletic Assn | M100 A | NT |
| 3 | New Water Polo Club | M100 A | NT |
| 4 | Sword Fish Club | M100 A | NT |
| 5 | Diocesan School Old Boys' Assn | M100 A | NT |
| 120-159 | | | |
| 1 | Hong Kong Police Swimming Club | M120 A | 56.85 |
| 2 | Pacific Swimming Club | M120 A | 1:30.00 |
| 3 | HK Fire Services S. & W. Club | M120 A | NT |
| 4 | Dik Wing Association Limited | M120 A | NT |
| 5 | Kwun Tong Swimming Club | M120 A | NT |
| 6 | Ladies' Recreation Club | M120 A | NT |
| 7 | New Water Polo Club | M120 A | NT |
| 8 | Sea Green Swimming & L.S. Club | M120 A | NT |
| 9 | Sword Fish Club | M120 A | NT |
| 10 | Fastlane Swimming | M120 A | NT |
| 11 | Diocesan School Old Boys' Assn | M120 A | NT |
| 160-199 | | | |
| 1 | Hong Kong Police Swimming Club | M160 A | 58.98 |
| 2 | Pacific Swimming Club | M160 A | 1:30.00 |
| 3 | HK Flying Fish Athletic Assn | M160 A | NT |
| 4 | Kwun Tong Swimming Club | M160 A | NT |
| 5 | Ladies' Recreation Club | M160 A | NT |
| 6 | New Water Polo Club | M160 A | NT |
| 7 | South China Athletic Assn | M160 A | NT |
| 8 | Sword Fish Club | M160 A | NT |
| 9 | Fastlane Swimming | M160 A | NT |
| 10 | Diocesan School Old Boys' Assn | M160 A | NT |
| 11 | Hong Kong Football Club | M160 A | NT |
| 200-239 | | | |
| 1 | Hong Kong Police Swimming Club | M200 A | 1:07.95 |
| 2 | YMCA OF Hong Kong | M200 A | 1:10.00 |
| 3 | HK Flying Fish Athletic Assn | M200 A | NT |
| 4 | HK Fire Services S. & W. Club | M200 A | NT |
| 5 | Hoi Fung Swimming Club | M200 A | NT |
| 6 | Kowloon Tong Club | M200 A | NT |
| 7 | Ladies' Recreation Club | M200 A | NT |
| 8 | Lai Tsun Swimming Society | M200 A | NT |
| 9 | New Water Polo Club | M200 A | NT |
| 10 | Sword Fish Club | M200 A | NT |
| 11 | Fastlane Swimming | M200 A | NT |
| 12 | Diocesan School Old Boys' Assn | M200 A | NT |
| 13 | Hong Kong Football Club | M200 A | NT |
| 240-279 | | | |
| 1 | Wong Tai Sin District L.S. S. | M240 A | 2:00.00 |
| 2 | Kowloon Tong Club | M240 A | NT |
| 3 | Ladies' Recreation Club | M240 A | NT |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

240-279... (Event 13 Men 4x25 SC Meter Medley Relay)

| | | | | |
|---|--------------------------------|------|---|----|
| 4 | Lai Tsun Swimming Society | M240 | A | NT |
| 5 | New Water Polo Club | M240 | A | NT |
| 6 | Sea Green Swimming & L.S. Club | M240 | A | NT |
| 7 | Sword Fish Club | M240 | A | NT |
| 8 | Fastlane Swimming | M240 | A | NT |
| 9 | Diocesan School Old Boys' Assn | M240 | A | NT |

280-319

| | | | | |
|---|--------------------------------|------|---|----|
| 1 | Lai Tsun Swimming Society | M280 | A | NT |
| 2 | New Water Polo Club | M280 | A | NT |
| 3 | Sword Fish Club | M280 | A | NT |
| 4 | Diocesan School Old Boys' Assn | M280 | A | NT |

320-359

| | | | | |
|---|-----------------|------|---|----|
| 1 | Sword Fish Club | M320 | A | NT |
|---|-----------------|------|---|----|

Event 14 Women 4x25 SC Meter Medley Relay

- 100-119 MSR: 1:02.35
- 120-159 MSR: 1:00.50
- 160-199 MSR: 1:02.16
- 200-239 MSR: 1:07.31
- 240-279 MSR: 1:16.20
- 280-319 MSR: 1:41.68

| | Team | Relay | Seed Time |
|----------------|--------------------------------|--------|-----------|
| 100-119 | | | |
| 1 | Hong Kong Police Swimming Club | W100 A | 1:04.94 |
| 2 | HK Flying Fish Athletic Assn | W100 A | NT |
| 3 | New Water Polo Club | W100 A | NT |
| 120-159 | | | |
| 1 | Hong Kong Police Swimming Club | W120 A | 1:11.28 |
| 2 | Pacific Swimming Club | W120 A | 1:40.00 |
| 3 | Ladies' Recreation Club | W120 A | NT |
| 4 | New Water Polo Club | W120 A | NT |
| 5 | Sword Fish Club | W120 A | NT |
| 6 | Fastlane Swimming | W120 A | NT |
| 160-199 | | | |
| 1 | Hong Kong Police Swimming Club | W160 A | 1:20.15 |
| 2 | The Hong Kong Jockey Club | W160 A | 1:25.00 |
| 3 | Tung Sing Athletic Association | W160 A | 1:50.00 |
| 4 | Current Club Ltd | W160 A | NT |
| 5 | HK Flying Fish Athletic Assn | W160 A | NT |
| 6 | Kowloon Tong Club | W160 A | NT |
| 7 | Ladies' Recreation Club | W160 A | NT |
| 8 | New Water Polo Club | W160 A | NT |
| 9 | South China Athletic Assn | W160 A | NT |
| 10 | Sword Fish Club | W160 A | NT |
| 11 | Fastlane Swimming | W160 A | NT |
| 200-239 | | | |
| 1 | Ladies' Recreation Club | W200 A | NT |
| 2 | New Water Polo Club | W200 A | NT |
| 3 | Sword Fish Club | W200 A | NT |
| 240-279 | | | |
| 1 | Ladies' Recreation Club | W240 A | NT |
| 2 | New Water Polo Club | W240 A | NT |
| 3 | South China Athletic Assn | W240 A | NT |
| 4 | Sword Fish Club | W240 A | NT |
| 280-319 | | | |
| 1 | Sword Fish Club | W280 A | NT |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

Event 15 Men 50 SC Meter Breaststroke

| | |
|------------|-------|
| 18-24 MSR: | 29.16 |
| 25-29 MSR: | 29.15 |
| 30-34 MSR: | 29.76 |
| 35-39 MSR: | 30.71 |
| 40-44 MSR: | 28.91 |
| 45-49 MSR: | 30.99 |
| 50-54 MSR: | 33.32 |
| 55-59 MSR: | 34.52 |
| 60-64 MSR: | 36.15 |
| 65-69 MSR: | 37.04 |

| | ID# | Name | Age | Team | Seed Time |
|---|------------|------------------------------|-----|-------------------|-----------|
| 18-24... (Event 15 Men 50 SC Meter Breaststroke) | | | | | |
| 1 | 30694 IAZ | Cheung, Chi Kit Nicholas | 18 | Wong Tai Sin | 29.20 |
| 2 | 24279 IAZ | Au, Chung Yin | 23 | Kwun Tong | 30.00 |
| 3 | 27205 P | Chan, Yan Shing | 21 | Current Club Ltd | 31.51 |
| 4 | 51730 @^IM | Xi, Kai | 21 | Sword Fish Club | 32.00 |
| 5 | 15390 B | Lau, Yat Fung | 24 | Diocesan School | 33.00 |
| 6 | 28439 IAZ | Cheng, Kam Fung | 19 | Current Club Ltd | 33.05 |
| 7 | 27703 #IAZ | Chan, Ming Chi | 23 | Hong Kong Police | 38.73 |
| 8 | 51393 IAZ | Ho, Tsz Yat | 18 | Current Club Ltd | 40.00 |
| 9 | 50489 @^IM | Yang, Zecheng | 23 | Sword Fish Club | 1:00.00 |
| 10 | 18591 B | Ching, Yuk Tsun | 24 | Dik Wing | NT |
| 11 | 23031 IAZ | Lam, Man Hin Andrew | 22 | Pacific | NT |
| 25-29 | | | | | |
| 1 | 04959 #IBZ | Ma, Chi Wang Damien | 29 | Hong Kong Police | 30.99 |
| 2 | 10687 B | Lau, Chun Hei | 25 | Fire Services | 32.00 |
| 3 | 32142 IAZ | Kong, Wai Kam | 25 | Kwan Hung | 32.00 |
| 4 | 23835 IAZ | Cheuk, Long Hin | 25 | Juan Hua Club | 33.00 |
| 5 | 15815 | Lo, Ting Kin | 27 | Sea Green | 39.00 |
| 6 | 51530 IAZ | Yuen, Kai Hong | 29 | South China | 48.00 |
| 7 | 23081 IAZ | Loo, Chun Hei | 25 | Dik Wing | NT |
| 8 | 13794 B | Chan, Pak Sum | 28 | Tai PO | NT |
| 30-34 | | | | | |
| 1 | 02591 | Luk, Wing Kin Andy | 34 | Kwan Hung | 30.00 |
| 2 | 51747 @^P | Li, Wenyu | 33 | Hoi Tin | 31.00 |
| 3 | 42728 P | Febo, Christopher Vincenzo | 30 | Sword Fish Club | 31.00 |
| 4 | 01539 IBZ | Lee, Yeung Darwin | 34 | Fire Services | 32.00 |
| 5 | 10221 IBZ | Tam, Ka Ho Ricky | 32 | Hong Kong Police | 32.50 |
| 6 | 09319 IBZ | Chan, Chun Wing | 31 | New Water Polo | 34.50 |
| 7 | 51729 @^IM | Chen, Haoxiang | 31 | Sword Fish Club | 35.00 |
| 8 | 00385 | Cheng, Pong Man Reuben | 34 | Flying Fish | 35.02 |
| 9 | 04593 IA | Ip, Chu Wah Gary | 30 | Flying Fish | 36.00 |
| 10 | 49546 @ICO | Ly, Jonathan | 31 | Kwun Tong | 36.00 |
| 11 | 00529 B | Wong, Lok Sum | 30 | Kwun Tong | 36.00 |
| 12 | 49924 @ICO | Lemaire, Thibaud Christophe | 31 | Flying Fish | 39.00 |
| 13 | 51792 IAX | Cheung, Chun Yuen | 33 | Pacific | 45.00 |
| 14 | 03978 | Lau, Chun Sing | 31 | Marlins | NT |
| 35-39 | | | | | |
| 1 | 03716 ICZ | Yan, Ho Chun | 38 | Diocesan School | 30.50 |
| 2 | 47580 @IAO | Poon, Derrick Gene-ming | 35 | Fastlane Swimming | 31.05 |
| 3 | 42367 IAO | Chow, Chun Yin | 37 | Diocesan School | 31.50 |
| 4 | 00091 | Chan, Lok Yan | 39 | New Water Polo | 32.00 |
| 5 | 00314 IBZ | Mok, Hon Hei | 35 | Hong Kong Police | 33.40 |
| 6 | 27469 IAX | Lam, Kin Wang | 38 | Hong Kong Police | 38.65 |
| 7 | 48856 @IAO | Gallearachie, Jeewantha Madu | 39 | Fastlane Swimming | 40.00 |
| 8 | 00093 | Tam, Tak Ching | 36 | Dik Wing | NT |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

40-44... (Event 15 Men 50 SC Meter Breaststroke)

| | | | | |
|----|------------|-----------------------------|----------------------|-------|
| 1 | 01465 ICZ | Chiang, Filomeno | 41 Hong Kong Police | 34.99 |
| 2 | 40834 IAZ | Chang, Hsi Tse JosephJeremy | 44 Diocesan School | 35.71 |
| 3 | 12873 | Wan, Ka Fai | 41 Sea Green | 36.00 |
| 4 | 03095 | Lau, Ko Chun | 41 Hong Kong Police | 38.00 |
| 5 | 43601 | Zhang, Siyuan | 42 Sword Fish Club | 38.00 |
| 6 | 50012 @IAO | Griffiths, Evan Paul | 43 Fastlane Swimming | 39.00 |
| 7 | 45574 IAZ | Ng, Siu Kwong | 41 Sword Fish Club | 40.00 |
| 8 | 24965 IAZ | Leung, Yuk Ki | 43 Hong Kong Police | 41.40 |
| 9 | 10317 | Ng, Ka Wing | 43 Diocesan School | 43.00 |
| 10 | 43604 @^IM | Long, Zhisheng | 44 Sword Fish Club | 50.00 |

45-49

| | | | | |
|----|------------|------------------------|----------------------|-------|
| 1 | 26790 ICO | Green, Malcolm John | 47 Chi Kin | 19.00 |
| 2 | 43034 P | Imai, Ryosuke | 45 Fastlane Swimming | 29.50 |
| 3 | 06316 | Chan, Sze Tat | 48 Hong Kong Police | 36.45 |
| 4 | 41908 IAZ | Lee, Chi Hang Edmond | 49 Jockey Club | 37.00 |
| 5 | 40838 IAZ | Wong, Tat Shing Joe | 46 Diocesan School | 40.00 |
| 6 | 11569 | Wong, Lok Shun | 46 Flying Fish | 40.00 |
| 7 | 42737 IAZ | So, Ma Loi | 47 Sword Fish Club | 40.00 |
| 8 | 02366 | Li, Ka Wing | 49 Kwun Tong | 42.00 |
| 9 | 51531 IAX | Tang, Min | 48 South China | 42.00 |
| 10 | 40835 IAZ | Leung, Wing Hong Alvin | 49 Diocesan School | 44.00 |
| 11 | 51250 @^IM | Li, Tong | 49 New Water Polo | 49.00 |
| 12 | 38958 IAZ | Lai, Yiu Kuen | 48 CYM | 50.00 |
| 13 | 37739 IAZ | Mi, Hau Fung | 46 CYM | 50.00 |
| 14 | 16467 | Chak, Pui Ching | 45 Wong Tai Sin | 52.00 |
| 15 | 35310 IAZ | Kan, Hok Lun Alan | 46 Kowloon Tong Club | NT |

50-54

| | | | | |
|---|------------|---------------------------|--------------------|-------|
| 1 | 21008 IAZ | Cheung, Chun Kwan Michael | 50 Wong Tai Sin | 37.00 |
| 2 | 51473 @IAO | Loh, Yeong Shang | 50 Barracuda | 39.00 |
| 3 | 26317 IAZN | Tung, Shang Wei Timothy | 53 Kwun Tong | 39.00 |
| 4 | 42364 IAZ | Lau, Yip Kwong Francis | 54 Diocesan School | 45.00 |
| 5 | 05280 | Chung, Hung Fai | 51 Fire Services | NT |

55-59

| | | | | |
|----|------------|------------------------|----------------------|-------|
| 1 | 32253 #IAZ | Watt, Kam Sing Michael | 56 Fastlane Swimming | 35.00 |
| 2 | 18856 IAZ | Au, Mun Shing | 58 Sword Fish Club | 36.00 |
| 3 | 42217 | Wu, Lewen | 58 Sword Fish Club | 36.00 |
| 4 | 40592 IAZ | Fo, Pui Keung | 59 Hong Kong Police | 42.06 |
| 5 | 51283 IAZ | Chan, Shu Hang | 59 Hoi Fung | 43.37 |
| 6 | 13992 | Yim, Chung Chee | 58 YMCA OF Hong Kong | 47.00 |
| 7 | 39982 IAZ | Chow, Wing Chun | 59 Sword Fish Club | 48.00 |
| 8 | 21736 IAM | Lo, Lai Tou | 55 Sword Fish Club | 48.00 |
| 9 | 10135 IAZ | Mo, Kim Fung Bosco | 59 Kwun Tong | 50.00 |
| 10 | 26261 IAZ | Tsun, Chung Wa Jode | 59 Hong Kong Police | 51.27 |
| 11 | 06205 | Cheung, Man Kwong | 56 Fire Services | NT |
| 12 | 04989 | Wan, Lap Sun | 57 Fire Services | NT |

60-64

| | | | | |
|---|------------|-----------------|--------------------|-------|
| 1 | 50511 @^IM | Ye, Huanliang | 60 Sword Fish Club | 40.00 |
| 2 | 45930 IAZ | Lo, Wing Kwong | 62 Sun Yip | 40.00 |
| 3 | 07802 | Chau, Kam Tim | 63 Sea Green | 41.00 |
| 4 | 26176 IAX | Ho, Chung Man | 60 Lai Tsun | 45.00 |
| 5 | 44359 IAZ | Lee, Chi Wai | 64 Kornhill | 48.00 |
| 6 | 32108 IAX | Chan, Kiu | 61 Sword Fish Club | 48.00 |
| 7 | 25226 IAZ | Choi, Tai Wing | 62 Sword Fish Club | 55.00 |
| 8 | 51786 IAZ | Lau, Kim Cheong | 60 Fire Services | NT |

65-69

| | | | | |
|---|-----------|---------------|---------------------|-------|
| 1 | 50662 @^P | Zong, Cheng | 65 Sword Fish Club | 38.00 |
| 2 | 36553 IAO | Inglis, Peter | 69 Hong Kong Footba | 39.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

65-69... (Event 15 Men 50 SC Meter Breaststroke)

| | | | | | |
|---|------------|-----------------|----|------------------|-------|
| 3 | 14555 @IAX | Tang, Kon Leong | 67 | Sword Fish Club | 42.00 |
| 4 | 49915 @IAX | Tai, Yu Chung | 65 | New Water Polo | 43.00 |
| 5 | 19350 IAZ | Leung, Chi Wah | 66 | Hong Kong Police | 45.77 |
| 6 | 06176 | Wong, Kung Wan | 67 | Sea Green | 49.00 |
| 7 | 40576 P | Aw, Seng Meng | 69 | Sword Fish Club | 55.00 |
| 8 | 06207 | Lau, Kim Man | 67 | Fire Services | NT |

70-74

| | | | | | |
|----|------------|-------------------|----|-----------------|-------|
| 1 | 42260 P | He, Xi Nian | 74 | Sword Fish Club | 42.00 |
| 2 | 51797 @^IM | Kong, Fanqiang | 71 | New Water Polo | 43.00 |
| 3 | 05917 | Yong, Khin Syn | 74 | Sword Fish Club | 48.00 |
| 4 | 50503 @^IM | Feng, Bingkun | 72 | Sword Fish Club | 49.00 |
| 5 | 06389 | Chan, Hong Wah | 70 | New Water Polo | 50.00 |
| 6 | 20634 IAZ | Wu, Shu Sun | 73 | New Water Polo | 50.00 |
| 7 | 06192 | Chu, Shui Yi | 72 | Sea Green | 50.00 |
| 8 | 06243 | Koo, Choi Fat | 73 | Wong Tai Sin | 50.00 |
| 9 | 44788 IAZ | Chui, Hong Sheung | 74 | Diocesan School | 55.00 |
| 10 | 14035 | Wong, Shing Kuen | 70 | Lai Tsun | 58.00 |

75-79

| | | | | | |
|---|-----------|------------------|----|-----------------|---------|
| 1 | 03845 | Tin, Sheung Kwai | 76 | New Water Polo | 39.99 |
| 2 | 44793 IAZ | Iu, Pui To | 76 | Diocesan School | 1:05.00 |
| 3 | 10274 | Lau, Chun Nung | 77 | Lai Tsun | 1:05.00 |

80-84

| | | | | | |
|---|-----------|-----------------|----|-----------------|---------|
| 1 | 06270 | Lam, Luk Kan | 82 | Sword Fish Club | 56.00 |
| 2 | 23959 IAZ | Chiu, Chin Hung | 83 | Kornhill | 1:07.11 |

85-89

| | | | | | |
|---|-----------|----------------|----|--------------|---------|
| 1 | 23927 IAZ | Ho, Shui On | 87 | Kornhill | 1:03.91 |
| 2 | 06246 | Ling, Wang Yam | 86 | Wong Tai Sin | 1:12.00 |

Event 16 Women 50 SC Meter Breaststroke

| | |
|------------|-------|
| 18-24 MSR: | 34.80 |
| 25-29 MSR: | 35.73 |
| 30-34 MSR: | 35.44 |
| 35-39 MSR: | 37.14 |
| 40-44 MSR: | 34.87 |
| 45-49 MSR: | 33.86 |
| 50-54 MSR: | 37.68 |
| 55-59 MSR: | 38.71 |
| 60-64 MSR: | 39.01 |
| 65-69 MSR: | 49.83 |

| | ID# | Name | Age | Team | Seed Time |
|--------------|------------|-------------------------|-----|-------------------|-----------|
| 18-24 | | | | | |
| 1 | 19152 IAZ | Cheung, Wing Yan | 23 | Tai PO | 36.00 |
| 2 | 31549 IAZ | Wong, Choi Wan Phoebe | 21 | Pacific | 36.38 |
| 3 | 19556 B | Tao, Tsz Kiu | 24 | Pacific | 40.00 |
| 4 | 44284 @ICO | Tanaka, Miu | 18 | Barracuda | 42.00 |
| 5 | 25053 IAZ | Chiu, Wing Yiu | 18 | Current Club Ltd | 42.00 |
| 6 | 46852 IAZ | Wong, Hui Yan | 24 | CYM | 50.00 |
| 7 | 50384 IAZ | Hao, Chaohui Suzukitomo | 18 | Current Club Ltd | 55.00 |
| 8 | 37318 IAO | Chio, Yi Lan | 20 | Dik Wing | NT |
| 25-29 | | | | | |
| 1 | 08238 B | Li, Tsz Yu | 29 | New Water Polo | 36.00 |
| 2 | 50661 @^P | Wong, Ian Man | 29 | Sword Fish Club | 38.00 |
| 3 | 15442 IBZ | Cheong, Ka Ching | 29 | Fastlane Swimming | 38.50 |
| 4 | 51793 @ICO | Li, Chuan Huei | 25 | Fastlane Swimming | 39.00 |
| 5 | 05722 B | Lam, Hoi Ying | 29 | Hong Kong Police | 39.00 |
| 6 | 50501 @^IM | He, Liyan | 28 | Sword Fish Club | 40.00 |
| 7 | 04236 B | Ngan, Tsz Lam | 28 | Hong Kong Police | 43.46 |
| 8 | 38653 IAZ | Sin, Wai Ting | 29 | Golden Dolphin | 1:00.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

30-34... (Event 16 Women 50 SC Meter Breaststroke)

| | | | | |
|---|-----------|----------------------|---------------------|-------|
| 1 | 02295 IBZ | Tao, Wai Kiu | 30 Pacific | 36.42 |
| 2 | 00085 | Yu, Pei En Priscilla | 34 Current Club Ltd | 42.24 |
| 3 | 06108 IAZ | Kan, Sin Yi | 30 Hong Kong Police | 44.57 |
| 4 | 01552 IBZ | Lai, Hiu Ling | 34 New Water Polo | 45.00 |

35-39

| | | | | |
|---|-------------|--------------------------|---------------------|---------|
| 1 | 03070 | Tu, Pui Yee | 39 Hong Kong Police | 38.39 |
| 2 | 49329 #@IAO | Ng, Carmen C M | 39 Pacific | 43.00 |
| 3 | 07651 IBZ | Yu, Sze Wai Joyce | 35 Hong Kong Police | 46.31 |
| 4 | 43489 @IAXN | Wehl Kwok, Hiu Chin June | 37 LRC | 47.29 |
| 5 | 00412 | Tsui, Po Kei | 35 Hong Kong Police | 48.00 |
| 6 | 51387 IAZ | Wong, Chung Kay Joyce | 36 New Water Polo | 1:00.00 |

40-44

| | | | | |
|---|------------|-------------------------|---------------------|-------|
| 1 | 51754 @^IM | Wu, Shuqin | 41 New Water Polo | 47.00 |
| 2 | 44676 IAZ | Lam, Sze Wai Jacqueline | 43 Jockey Club | 47.82 |
| 3 | 08977 | Ho, Yee Yun Rosalind | 44 Current Club Ltd | 47.99 |
| 4 | 47582 @IAX | Dong, Lei | 41 South China | 48.00 |
| 5 | 50515 IAZ | Cheung, Hiu Yan | 41 Sword Fish Club | 50.00 |
| 6 | 44929 ICX | Luo, Yan | 41 New Water Polo | 55.00 |
| 7 | 50247 IAZ | Lo, Ching Yin Esther | 41 Jockey Club | 58.00 |

45-49

| | | | | |
|---|------------|--------------------------|----------------------|---------|
| 1 | 46247 @IAO | Krkalo, Shauna Kathleen | 45 LRC | 33.86 |
| 2 | | Boyko, Oksana | 48 Wolfpack | X38.87 |
| 3 | 33036 ICO | Coleman, Claire Michelle | 45 Fastlane Swimming | 39.30 |
| 4 | 43157 @ICO | Lee, Chew Ling | 46 LRC | 42.01 |
| 5 | 36434 IAZ | Lam, Wing Yan Jada | 49 Jockey Club | 47.10 |
| 6 | 50687 IAZ | Li, Yee Man | 45 YMCA OF Hong Kong | 50.00 |
| 7 | 51829 @^IM | Wang, Qiuwei | 45 New Water Polo | 58.00 |
| 8 | 31534 IAZ | Mo, Wing Yee | 47 Wong Tai Sin | 1:08.00 |

50-54

| | | | | |
|----|------------|----------------------|----------------------|---------|
| 1 | 33517 IAO | Yamaguchi, Mika | 51 Fastlane Swimming | 38.00 |
| 2 | 50110 IAZ | Chow, Yin Wei Nora | 51 New Water Polo | 47.00 |
| 3 | 49204 IAZ | Cheng, Wai Man | 52 Sea Green | 49.00 |
| 4 | 43196 | Lin, Pei Ming | 52 Sword Fish Club | 50.00 |
| 5 | 31395 IAZ | Chan, Pui Ling | 53 Flying Fish | 51.78 |
| 6 | 44304 IAX | Choi, Shan Shan | 51 Sword Fish Club | 53.00 |
| 7 | 43063 @IAO | Wong, Rose | 53 LRC | 57.61 |
| 8 | 06349 | Ip, Oi Wa Wendy | 51 Sword Fish Club | 1:00.00 |
| 9 | 43947 @^IM | Xing, Xiaojuan | 54 New Water Polo | 1:10.00 |
| 10 | 40937 IAZ | Leung, Wai Fan Fanny | 53 New Water Polo | 1:20.00 |

55-59

| | | | | |
|---|------------|----------------------|--------------------|---------|
| 1 | 29752 IAZ | Chow, Yee Heung Liza | 59 Lai Tsun | 49.00 |
| 2 | 50492 @^IM | Guo, Liyan | 58 Sword Fish Club | 49.00 |
| 3 | 38289 IAZ | Ng, Wai Lin Angie | 59 Sword Fish Club | 58.00 |
| 4 | 37012 IAZ | Lun, Yau Chun Nara | 55 New Water Polo | 1:05.00 |
| 5 | 17890 IAZ | Lee, Mo Kee Cillia | 58 Sword Fish Club | 1:08.00 |

60-64

| | | | | |
|---|-----------|----------------------|--------------------|---------|
| 1 | 22428 IAZ | Lau, Yuk Lin Rocky | 61 Sea Green | 50.00 |
| 2 | 44442 IAZ | Lai, Fang Ha Shirley | 63 Jockey Club | 55.00 |
| 3 | 20640 IAZ | Wong, Fung Yee | 63 Sword Fish Club | 1:03.00 |

65-69

| | | | | |
|---|------------|----------------|--------------------|---------|
| 1 | 02711 | Fok, Wai Fung | 65 Wong Tai Sin | 56.17 |
| 2 | 51785 @^IM | Li, Yuemei | 67 Sword Fish Club | 58.00 |
| 3 | 43980 | Zhang, Jun | 65 New Water Polo | 1:06.00 |
| 4 | 49428 IAX | Leong, Sao Fan | 66 New Water Polo | 1:15.00 |

70-74

| | | | | |
|---|-----------|--------------|--------------------|---------|
| 1 | 06150 | Ho, Po Chu | 72 South China | 58.00 |
| 2 | 39357 @^P | Mak, Sok Iun | 73 Sword Fish Club | 1:05.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

70-74... (Event 16 Women 50 SC Meter Breaststroke)

| | | | | | |
|---|-------|----------------------------|----|--------------|---------|
| 3 | 06147 | Leung Wong, Yin Har Hayley | 71 | Sea Green | 1:30.00 |
| 4 | 06212 | Lo, Yeuk Shuen | 74 | Wong Tai Sin | 1:30.00 |

75-79

| | | | | | |
|---|-----------|----------------------|----|-----------------|---------|
| 1 | 06357 | Suen, Ming Chu | 75 | Sword Fish Club | 1:10.00 |
| 2 | 02365 | Chow, So Kam | 78 | Kwun Tong | 1:20.00 |
| 3 | 32571 IAZ | Chan, Pui Yee | 79 | Sword Fish Club | 1:20.00 |
| 4 | 17480 IAZ | Chow, Pui Han Angela | 77 | Lai Tsun | 1:25.00 |

Event 17 Men 100 SC Meter Freestyle

18-24 MSR: 53.96

25-29 MSR: 52.91

30-34 MSR: 54.17

35-39 MSR: 54.70

40-44 MSR: 54.46

45-49 MSR: 57.32

50-54 MSR: 57.63

55-59 MSR: 1:01.39

60-64 MSR: 1:03.67

65-69 MSR: 1:09.73

| | ID# | Name | Age | Team | Seed Time |
|--------------|------------|-----------------------------|-----|-------------------|-----------|
| 18-24 | | | | | |
| 1 | 24279 IAZ | Au, Chung Yin | 23 | Kwun Tong | 56.00 |
| 2 | 25287 IAZ | Chiu, Long Kit | 23 | Sword Fish Club | 58.00 |
| 3 | 28567 IAZ | Tam, Wang Yin | 23 | New Water Polo | 1:00.00 |
| 4 | 38234 IAZ | Kwok, King Him | 18 | Current Club Ltd | 1:10.61 |
| 5 | 22816 #IAZ | Cheung, Tsz Nok | 20 | Dik Wing | 1:40.00 |
| 25-29 | | | | | |
| 1 | 19810 IAZ | Lau, Ka Chun | 27 | Hong Kong Police | 58.32 |
| 2 | 24728 IAZ | Chan, Wing Fa | 26 | Eastern Winter | 58.56 |
| 3 | 05695 IBZ | Wu, Tsz Fung | 29 | Sword Fish Club | 1:02.00 |
| 4 | 23695 IAZ | Lee, Michael Le Jin | 28 | Current Club Ltd | 1:05.04 |
| 5 | 51732 IAZ | Cheung, Kiu Sam | 25 | Sword Fish Club | 1:11.00 |
| 6 | 15653 B | Poon, Chi Leung | 27 | Sword Fish Club | 1:11.00 |
| 7 | 15815 | Lo, Ting Kin | 27 | Sea Green | 1:18.00 |
| 30-34 | | | | | |
| 1 | 06602 IBZ | Yam, Chi Ching | 34 | Fire Services | 57.00 |
| 2 | 10221 IBZ | Tam, Ka Ho Ricky | 32 | Hong Kong Police | 59.00 |
| 3 | 14527 IBZ | Ho, Chun Ting Timothy | 34 | New Water Polo | 59.00 |
| 4 | 29833 IAZ | Chow, Chun Pui | 32 | Fire Services | 1:00.00 |
| 5 | 14158 #IAZ | Li, Hok Yee Terence | 30 | New Water Polo | 1:00.00 |
| 6 | 09319 IBZ | Chan, Chun Wing | 31 | New Water Polo | 1:04.00 |
| 7 | 33387 IAO | Wu, Kenneth Yee Lok | 32 | Sword Fish Club | 1:05.30 |
| 8 | 49924 @ICO | Lemaire, Thibaud Christophe | 31 | Flying Fish | 1:06.00 |
| 9 | 10309 #IBZ | Leung, Chin Fung | 34 | New Water Polo | 1:10.00 |
| 10 | 51779 @ICX | Lin, Hang | 30 | South China | 1:15.00 |
| 11 | 51281 IAZ | Hui, Ka Yin | 30 | Lai Tsun | 1:30.00 |
| 12 | 48637 IAZ | Leung, Shu Wing | 30 | New Water Polo | 1:30.00 |
| 13 | 46301 IAZ | Lai, Siu In | 30 | New Water Polo | 1:40.00 |
| 14 | 42848 P | Li, Yuhui | 34 | Sword Fish Club | 1:40.00 |
| 35-39 | | | | | |
| 1 | 51101 @ICO | Smit, Marcel Pieter Arnold | 36 | Fastlane Swimming | 54.00 |
| 2 | 22420 IAZ | Chan, Chi Ming | 37 | Kwun Tong | 59.00 |
| 3 | 51511 @ICO | Bitterly, Thomas Bradford | 37 | New Water Polo | 1:00.00 |
| 4 | 27874 IAZ | Chan, Cheuk Man | 35 | New Water Polo | 1:01.00 |
| 5 | 03713 IBZ | Tang, Chee Kit | 37 | Diocesan School | 1:05.00 |
| 6 | 46504 @IAO | Coe, Jason George | 39 | Fastlane Swimming | 1:05.50 |
| 7 | 49017 @ICO | McInnes, Christopher Peter | 38 | Kwun Tong | 1:06.00 |
| 8 | 38441 ICO | Davis, Shane Joseph | 37 | Hong Kong Footba | 1:07.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

35-39... (Event 17 Men 100 SC Meter Freestyle)

| | | | | |
|----|------------|---------------------|--------------------|---------|
| 9 | 23298 IAZ | Li, Cheuk Bun | 38 Wong Tai Sin | 1:15.00 |
| 10 | 48158 IAZ | Lee, Sung Hai Hysan | 39 Diocesan School | 1:25.00 |
| 11 | 49427 IAZ | Wong, Wan Chun | 39 New Water Polo | 1:30.00 |
| 12 | 50508 @^IM | Zhong, Zhiming | 38 Sword Fish Club | 1:40.00 |

40-44

| | | | | |
|---|-----------|--------------------------|---------------------|---------|
| 1 | 44769 ICO | Sharp, Braedon | 40 Hong Kong Footba | 59.00 |
| 2 | 12176 ICZ | Ng, Siu Yu | 41 Sword Fish Club | 1:05.00 |
| 3 | 30399 IAZ | Lam, Shu Wing | 40 Flying Fish | 1:06.63 |
| 4 | 03409 | Ho, Kin Kan Adrian | 40 Barracuda | 1:10.00 |
| 5 | 38121 IAZ | Cheung, Chi Yan Clifford | 43 Sea Green | 1:10.00 |
| 6 | 40107 IAZ | Chan, Falcon | 44 Lai Tsun | 1:12.00 |
| 7 | 51746 IAZ | Lai, Hong Ho Ronald | 40 Hoi Fung | 1:20.00 |
| 8 | 10317 | Ng, Ka Wing | 43 Diocesan School | 1:25.00 |
| 9 | 35790 ICO | Launay, Thomas | 44 LRC | 1:55.00 |

45-49

| | | | | |
|---|------------|----------------------|---------------------|---------|
| 1 | 27471 ICO | Nortje, Craig Andrew | 45 Hong Kong Footba | 57.00 |
| 2 | 37671 @ICO | Stamenovic, Ivan | 47 LRC | 57.32 |
| 3 | 28849 IAZ | Chan, Chun Kuen | 48 Sword Fish Club | 1:05.00 |
| 4 | 51233 @^IM | Ou, Enjian | 49 Sword Fish Club | 1:07.00 |
| 5 | 02366 | Li, Ka Wing | 49 Kwun Tong | 1:08.00 |
| 6 | 39987 @^P | Chu, Tong Man | 47 Sword Fish Club | 1:19.00 |
| 7 | 43949 @^IM | Yang, Zhipeng | 47 New Water Polo | 1:20.00 |
| 8 | 48665 IAZ | Law, Kwai Sun | 48 New Water Polo | 1:30.00 |

50-54

| | | | | |
|----|-------------|--------------------------|----------------------|----------|
| 1 | 09558 IAO | Li, Kai Yien Authur | 51 Hong Kong Footba | 58.00 |
| 2 | 51473 @IAO | Loh, Yeong Shang | 50 Barracuda | 1:05.00 |
| 3 | 51342 @ICO | Koh, Mun Hoe Terry | 53 Fastlane Swimming | 1:08.00 |
| 4 | 06310 | Chan, Fung Sun | 50 Kwun Tong | 1:08.00 |
| 5 | 27868 IAZ | Chan, Chi Wah Ringo | 51 Sword Fish Club | 1:09.00 |
| 6 | 26053 IAZ | Wong, Yee Keung | 52 Flying Fish | 1:18.00 |
| 7 | 43158 IAZ | Chan, Tin Lung | 54 Lai Tsun | 1:20.00 |
| 8 | 49443 IAZN | Siu, Cheuk Kuen | 51 Sword Fish Club | 1:25.00 |
| 9 | | Chua, Anthony | 54 Vas Team | X1:31.25 |
| 10 | 49010 @IAON | Cheung, Stephen Wen Ping | 52 Kwun Tong | 1:45.00 |
| 11 | 17701 IAZ | Lee, Chor Fu | 54 Wong Tai Sin | 1:45.00 |
| 12 | 21814 ICO | Mattoli, Enrico Andrea | 53 LRC | 1:55.00 |

55-59

| | | | | |
|---|-----------|--------------------|---------------------|---------|
| 1 | 43198 | Huang, Jin Liang | 58 Sword Fish Club | 1:11.00 |
| 2 | 42202 | Rong, Kangwen | 56 Sword Fish Club | 1:12.00 |
| 3 | 27470 IAZ | Chan, Tin Hung | 55 Hong Kong Police | 1:15.61 |
| 4 | 26594 IAZ | Ching, Wai Kin | 59 Sword Fish Club | 1:19.98 |
| 5 | 10135 IAZ | Mo, Kim Fung Bosco | 59 Kwun Tong | 1:40.00 |

60-64

| | | | | |
|---|------------|-------------------------|----------------------|---------|
| 1 | 06256 | Chan, Kwong Peter | 62 Sea Green | 1:10.00 |
| 2 | 15528 | Tsui, Tak Shing Dominic | 61 Fastlane Swimming | 1:12.00 |
| 3 | 50485 @^IM | Chen, Shuquan | 60 Sword Fish Club | 1:20.00 |
| 4 | 37048 IAZ | Cheung, Wai Chuen Jimmy | 60 Sword Fish Club | 1:20.00 |
| 5 | 40942 P | He, Gaoxiong | 61 New Water Polo | 1:22.00 |
| 6 | 40861 IAZ | Cheung, Chi Ming Rover | 60 Sword Fish Club | 1:30.00 |
| 7 | 07802 | Chau, Kam Tim | 63 Sea Green | 1:31.00 |
| 8 | 43959 IAX | Li, Yuan | 60 New Water Polo | 1:35.00 |

65-69

| | | | | |
|---|------------|-----------------|----------------------|---------|
| 1 | 06331 ICZ | Ma, Etienne | 66 YMCA OF Hong Kong | 1:08.00 |
| 2 | 51675 @^IM | Liu, Binghua | 65 Sword Fish Club | 1:18.00 |
| 3 | 45199 IAZ | Fok, Siu Por | 65 Juan Hua Club | 1:23.74 |
| 4 | 06239 | Chan, King Yuen | 68 Lai Tsun | 1:30.00 |
| 5 | 50459 @^IM | Zhu, Weijin | 69 Tuen Mun | 1:37.17 |
| 6 | 05071 | Choi, Tony | 65 LRC | 2:10.00 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

70-74... (Event 17 Men 100 SC Meter Freestyle)

| | | | | | |
|---|-----------|---------------------|----|-----------------|---------|
| 1 | 06268 | Tse, Kwok Piu | 72 | Sword Fish Club | 1:16.00 |
| 2 | 41729 IAZ | Ko, Leung Hung Alex | 71 | Diocesan School | 1:45.00 |

85-89

| | | | | | |
|---|-------|----------------|----|-----------------|---------|
| 1 | 15490 | Law, Kwai Fong | 87 | Sword Fish Club | 2:10.00 |
|---|-------|----------------|----|-----------------|---------|

Event 18 Women 100 SC Meter Freestyle

18-24 MSR: 1:01.93

25-29 MSR: 1:01.80

30-34 MSR: 1:00.06

35-39 MSR: 1:01.44

40-44 MSR: 1:02.37

45-49 MSR: 1:04.90

50-54 MSR: 1:04.56

55-59 MSR: 1:14.61

60-64 MSR: 1:20.88

65-69 MSR: 1:24.13

| | ID# | Name | Age | Team | Seed Time |
|--------------|------------|---------------------------|-----|-------------------|-----------|
| 18-24 | | | | | |
| 1 | 31444 #IAX | Tang, Hiu Tung | 22 | Pacific | 1:08.40 |
| 2 | 32413 B | Tso, Yi Wun | 19 | Current Club Ltd | 1:30.00 |
| 3 | 23105 IAZ | Ho, Cheuk Wai | 22 | Dik Wing | 1:50.00 |
| 25-29 | | | | | |
| 1 | 16514 IAZ | Li, Wing Yan | 26 | Tolo Harbour | 1:03.00 |
| 2 | 12653 B | Ching, Cho Miu | 26 | Flying Fish | 1:10.00 |
| 3 | 12361 B | Fok, Sen Yin Stephanie | 26 | Flying Fish | 1:10.00 |
| 4 | 09959 #IAZ | Mok, Hoi Man Sheron | 28 | New Water Polo | 1:15.00 |
| 5 | 18350 IAZ | Lam, Nga Yin Eunice | 27 | South China | 1:18.00 |
| 6 | 38653 IAZ | Sin, Wai Ting | 29 | Golden Dolphin | 1:32.72 |
| 30-34 | | | | | |
| 1 | 01441 | Yeung, Hiu Ching Judy | 32 | New Water Polo | 1:20.00 |
| 2 | 01271 IAZ | Lo, Yan Yin | 31 | Current Club Ltd | 1:26.79 |
| 35-39 | | | | | |
| 1 | 02685 ICZ | Master, Farah Jimmy | 38 | Hong Kong Footba | 1:06.00 |
| 2 | 01513 IAZ | Ngai, Sze Long | 35 | Hong Kong Police | 1:17.41 |
| 3 | 07651 IBZ | Yu, Sze Wai Joyce | 35 | Hong Kong Police | 1:17.64 |
| 4 | 50839 @^IM | Zhuo, Enqi | 39 | Tuen Mun | 1:32.00 |
| 5 | 42212 | Lu, Wanjun | 37 | Sword Fish Club | 1:50.00 |
| 40-44 | | | | | |
| 1 | 38440 ICO | Eichelberger, Melissa Ann | 40 | Fastlane Swimming | 1:04.90 |
| 2 | 08977 | Ho, Yee Yun Rosalind | 44 | Current Club Ltd | 1:30.45 |
| 45-49 | | | | | |
| 1 | | Boyko, Oksana | 48 | Wolfpack | X1:09.99 |
| 2 | 19353 IAZ | Poon, Yee Jane | 45 | Hong Kong Police | 1:21.62 |
| 3 | 48028 IAZ | Chan, Wing Yi Winnie | 48 | Hong Kong Police | 1:41.40 |
| 4 | 36517 IAZ | Li, Ho Suet | 47 | Sword Fish Club | 1:50.00 |
| 50-54 | | | | | |
| 1 | 35969 IAX | Wang, Ying Lian | 51 | Tung Sing | 1:31.92 |
| 2 | 51785 IAX | Shum, Yim | 52 | Current Club Ltd | 1:50.00 |
| 3 | 06349 | Ip, Oi Wa Wendy | 51 | Sword Fish Club | 2:00.00 |
| 55-59 | | | | | |
| 1 | 23323 IAZ | Tam, Choi Ping Scalene | 58 | New Water Polo | 40.00 |
| 2 | 40907 IAZ | Lai, Shui Nin Ingrid | 56 | YMCA OF Hong Kong | 1:17.00 |
| 3 | 51706 @^IM | Wang, Shihong | 55 | New Water Polo | 1:30.00 |
| 4 | 36045 IAZN | Hsu, Ava | 56 | LRC | 1:47.32 |
| 5 | 43226 IAZ | Yuen, Lai Ping Anna | 57 | South China | 2:00.00 |
| 60-64 | | | | | |
| 1 | 26049 IAZ | Kirkwood, Tain Mhaira | 60 | LRC | 1:15.51 |

Short Course MS Swimming Competition Part 1 - 17/09/2023

Psych Sheet

60-64... (Event 18 Women 100 SC Meter Freestyle)

| | | | | | |
|---|-----------|------------------------|----|-----------------|---------|
| 2 | 51733 IAZ | Chak, May | 60 | Sword Fish Club | 1:20.00 |
| 3 | 36225 IAX | Li, Wai Kam | 61 | Sea Green | 1:49.00 |
| 4 | 31750 IAZ | Cheung, Lai Ying Anita | 60 | Lai Tsun | 1:52.00 |
| 5 | 45187 IAX | Chan, On Mei | 60 | Sword Fish Club | 1:55.00 |

65-69

| | | | | | |
|---|-----------|------------------------|----|-----------------|---------|
| 1 | 03503 | Castka, Gillian Hancer | 67 | Sword Fish Club | 1:37.00 |
| 2 | 25237 IAZ | Yu, Chi Seung | 65 | New Water Polo | 2:10.00 |

70-74

| | | | | | |
|---|-------------|----------------|----|-----------------|---------|
| 1 | 50480 @^ICX | Lam, Lai Mui | 72 | Sword Fish Club | 2:00.00 |
| 2 | 46236 IAZ | Fok, Miu Han | 70 | Juan Hua Club | 2:06.95 |
| 3 | 06212 | Lo, Yeuk Shuen | 74 | Wong Tai Sin | 2:20.00 |

75-79

| | | | | | |
|---|-----------|---------------|----|-----------------|---------|
| 1 | 39991 IAS | Sam, Choi Lin | 75 | Sword Fish Club | 1:51.00 |
|---|-----------|---------------|----|-----------------|---------|

80-84

| | | | | | |
|---|-----------|------------------------|----|-----------------|---------|
| 1 | 06372 IAZ | Leung, Mabel Yuen Ying | 81 | Sword Fish Club | 2:10.00 |
|---|-----------|------------------------|----|-----------------|---------|

85-89

| | | | | | |
|---|-------|---------------|----|-----------|---------|
| 1 | 06144 | Mak, Suet Man | 86 | Sea Green | 2:19.00 |
|---|-------|---------------|----|-----------|---------|

Event 19 Mixed 4x25 SC Meter Freestyle Relay

| | |
|---------------------|----------------|
| 100-119 MSR: | 48.19 |
| 120-159 MSR: | 49.14 |
| 160-199 MSR: | 51.28 |
| 200-239 MSR: | 55.25 |
| 240-279 MSR: | 1:00.03 |
| 280-319 MSR: | 1:08.26 |
| 320-359 MSR: | 1:31.09 |

| | Team | Relay | Seed Time |
|-----------------|------------------------------|--------------|------------------|
| X100-119 | | | |
| 1 | Hong Kong Police Swimming | X100 A | 52.71 |
| 2 | HK Flying Fish Athletic Assn | X100 A | NT |
| 3 | New Water Polo Club | X100 A | NT |
| 4 | Sword Fish Club | X100 A | NT |
| X120-159 | | | |
| 1 | Hong Kong Police Swimming | X120 A | 55.92 |
| 2 | Cymca OF HK Swimming Uni | X120 A | 1:20.00 |
| 3 | Pacific Swimming Club | X120 A | 1:30.00 |
| 4 | Current Club Ltd | X120 A | NT |
| 5 | Kowloon Tong Club | X120 A | NT |
| 6 | Ladies' Recreation Club | X120 A | NT |
| 7 | New Water Polo Club | X120 A | NT |
| 8 | South China Athletic Assn | X120 A | NT |
| 9 | Sword Fish Club | X120 A | NT |
| 10 | Fastlane Swimming | X120 A | NT |
| X160-199 | | | |
| 1 | Hong Kong Police Swimming | X160 A | 55.76 |
| 2 | Pacific Swimming Club | X160 A | 1:30.00 |
| 3 | HK Flying Fish Athletic Assn | X160 A | NT |
| 4 | Kowloon Tong Club | X160 A | NT |
| 5 | Kwun Tong Swimming Club | X160 A | NT |
| 6 | Ladies' Recreation Club | X160 A | NT |
| 7 | New Water Polo Club | X160 A | NT |
| 8 | South China Athletic Assn | X160 A | NT |
| 9 | Sword Fish Club | X160 A | NT |
| 10 | Fastlane Swimming | X160 A | NT |
| 11 | Hong Kong Football Club | X160 A | NT |
| X200-239 | | | |
| 1 | YMCA OF Hong Kong | X200 A | 1:00.00 |
| 2 | Hong Kong Police Swimming | X200 A | 1:03.52 |

Short Course MS Swimming Competition Part 1 - 17/09/2023**Psych Sheet****X200-239... (Event 19 Mixed 4x25 SC Meter Freestyle Relay)**

| | | | | |
|----|-------------------------------|------|---|---------|
| 3 | Wong Tai Sin District L.S. S. | X200 | A | 1:50.00 |
| 4 | HK Flying Fish Athletic Assn | X200 | A | NT |
| 5 | Kowloon Tong Club | X200 | A | NT |
| 6 | Kwun Tong Swimming Club | X200 | A | NT |
| 7 | Ladies' Recreation Club | X200 | A | NT |
| 8 | Lai Tsun Swimming Society | X200 | A | NT |
| 9 | New Water Polo Club | X200 | A | NT |
| 10 | South China Athletic Assn | X200 | A | NT |
| 11 | Sword Fish Club | X200 | A | NT |
| 12 | Fastlane Swimming | X200 | A | NT |

X240-279

| | | | | |
|---|---------------------------|------|---|---------|
| 1 | The Hong Kong Jockey Club | X240 | A | 1:18.00 |
| 2 | Ladies' Recreation Club | X240 | A | NT |
| 3 | Lai Tsun Swimming Society | X240 | A | NT |
| 4 | New Water Polo Club | X240 | A | NT |
| 5 | Sword Fish Club | X240 | A | NT |
| 6 | Fastlane Swimming | X240 | A | NT |

X280-319

| | | | | |
|---|-------------------------------|------|---|---------|
| 1 | Wong Tai Sin District L.S. S. | X280 | A | 2:30.00 |
| 2 | Lai Tsun Swimming Society | X280 | A | NT |
| 3 | New Water Polo Club | X280 | A | NT |
| 4 | Sword Fish Club | X280 | A | NT |

X320-359

| | | | | |
|---|-----------------|------|---|----|
| 1 | Sword Fish Club | X320 | A | NT |
|---|-----------------|------|---|----|