

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

Hong Kong Open Swimming Championships 2023

二零二三年香港公開游泳錦標賽

18 - 20 August 2023 (Fri - Sun)

二零二三年八月十八至二十日(星期五至日)

Victoria Park Swimming Pool

維多利亞公園游泳池

Address: 1 Hing Fat Street, Causeway Bay, Hong Kong

香港銅鑼灣興發街一號



Subvented by: LCSD



Hong Kong Open Swimming Championship 2023
Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
39	Mixed 4x100 Medley Relay	12
1	Women 1500 Freestyle	13
40	Mixed 4x100 Freestyle Relay	9
2	Men 1500 Freestyle	22
3	Women 200 Freestyle	41
4	Men 100 Freestyle	38
5	Women 100 Breaststroke	49
6	Men 50 Breaststroke	54
7	Women 100 Butterfly	39
8	Men 400 IM	28
9	Women 50 Backstroke	35
10	Men 100 Backstroke	46
11	Women 200 IM	31
12	Men 200 Butterfly	35
13	Women 50 Freestyle	39
14	Men 400 Freestyle	28
15	Women 200 Backstroke	21
16	Men 200 Breaststroke	47
17	Women 800 Freestyle	21
18	Men 4x100 Medley Relay	9
19	Women 4x100 Medley Relay	8
20	Men 50 Butterfly	45
21	Women 100 Freestyle	30
22	Men 200 Freestyle	41
23	Women 50 Breaststroke	40
24	Men 100 Breaststroke	53
25	Women 400 IM	22
26	Men 100 Butterfly	49
27	Women 100 Backstroke	37
28	Men 50 Backstroke	36
29	Women 200 Butterfly	17
30	Men 200 IM	38
31	Women 400 Freestyle	32
32	Men 50 Freestyle	42
33	Women 200 Breaststroke	42
34	Men 200 Backstroke	36
35	Women 50 Butterfly	50
36	Men 800 Freestyle	18
37	Women 4x100 Freestyle Relay	10
38	Men 4x100 Freestyle Relay	11

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Entry information by day	
Day / Session	No. of Entries
Day 1	56
Day 2	569
Day 3	649

1274

Event List for Hong Kong Open Swimming Championships 2023
二零二三年香港公開游泳錦標賽 - 項目表

Venue 場地: Victoria Park Swimming Pool
維多利亞公園游泳池

Date 日期: 18-20 August 2023 (星期五至日)

Day 1 第一日						
Warmup:	1700 - 1745 hours		Start:	1800 hours		
Women 女			Event 項目			Men 男
	QT				QT	
39	04:54.00	Mixed Medley Relay 混合四式接力	4x100M			
1	19:20:00	Freestyle 自由泳	1500M			
40	04:33.07	Mixed Freestyle Relay 混合自由接力	4x100M			
			1500M	Freestyle 自由泳	18:20.31	2
Day 2 第二日						
AM Warmup:	0800 - 0845 hours		Start:	0900 hours		
PM Warmup:	1430 - 1515 hours		Start:	1530 hours		
Women 女			Event 項目			Men 男
3	02:19.97	Freestyle 自由泳	200M			
			100M	Freestyle 自由泳	00:55.38	4
5	01:23.48	Breaststroke 蛙泳	100M			
			50M	Breaststroke 蛙泳	00:32.66	6
7	01:13.26	Butterfly 蝶泳	100M			
			400M	Ind. Medley 個人四式	05:19.19	8
9	00:33.77	Backstroke 背泳	50M			
			100M	Backstroke 背泳	01:07.39	10
11	02:38.84	Ind. Medley 個人四式	200M			
			200M	Butterfly 蝶泳	02:25.98	12
13	00:28.83	Freestyle 自由泳	50M			
			400M	Freestyle 自由泳	04:34.03	14
15	02:37.67	Backstroke 背泳	200M			
			200M	Breaststroke 蛙泳	02:41.90	16
17	09:50.29	Freestyle 自由泳	800M			
19	04:54.00	Medley Relay 四式接力	4x100M	Medley Relay 四式接力	04:26.84	18
Day 3 第三日						
AM Warmup:	0800 - 0845 hours		Start:	0900 hours		
PM Warmup:	1430 - 1515 hours		Start:	1530 hours		
Women 女			Event 項目			Men 男
			50M	Butterfly 蝶泳	00:28.10	20
21	01:02.90	Freestyle 自由泳	100M			
			200M	Freestyle 自由泳	02:08.25	22
23	00:37.66	Breaststroke 蛙泳	50M			
			100M	Breaststroke 蛙泳	01:11.64	24
25	05:38.68	Ind. Medley 個人四式	400M			
			100M	Butterfly 蝶泳	01:04.75	26
27	01:15.80	Backstroke 背泳	100M			
			50M	Backstroke 背泳	00:30.58	28
29	02:31.17	Butterfly 蝶泳	200M			
			200M	Ind. Medley 個人四式	02:24.55	30
31	04:52.07	Freestyle 自由泳	400M			
			50M	Freestyle 自由泳	00:25.97	32
33	03:02.68	Breaststroke 蛙泳	200M			
			200M	Backstroke 背泳	02:28.79	34
35	00:32.16	Butterfly 蝶泳	50M			
			800M	Freestyle 自由泳	09:00.00	36
37	04:33.07	Free Relay 自由泳接力	4x100M	Free Relay 自由泳接力	03:57.79	38

截止註冊日期 CLOSING DATE FOR REGISTRATION:

7 July 2023 (1700 hours)

截止報名日期 CLOSING DATE FOR ENTRIES:

28 July 2023 (1700 hours)

*** The Hong Kong Open Swimming Championships 2023 is approved by World Aquatics to be the qualifying meet of the World Aquatics Championships 2024 – Doha and the Olympic Games of Paris 2024.**

*** 二零二三年香港公開游泳錦標賽成功申請為二零二四年世界泳聯游泳錦標賽及二零二四年巴黎奧運會的達標賽事。**

二零二三年香港公開游泳錦標賽

外隊比賽章程

日期：	第一日 18/08/2023 (五) 第二日 19/08/2023 (六) 第三日 20/08/2023 (日) 熱身：1700-1745 熱身：0800-0845 熱身：0800-0845 比賽開始：1800 比賽開始：0900 比賽開始：0900 熱身：1430-1515 熱身：1430-1515 比賽開始：1530 比賽開始：1530
地點：	維多利亞公園游泳池
報名條件：	✧ 所有參賽者必須為該國總會 2023-2024 年度游泳組別的正式註冊泳員。
報名：	✧ 請填妥意向表格及報名總表。報名時必須提交報名總表。(請參詳附件) ✧ 報名資料須填寫泳員比賽成績，未填寫泳員比賽成績的報名將不獲受理。 ✧ 13 歲或以上的泳員方可參加 800 米及 1500 自由泳項目。 <u>個人項目</u> ✧ 每名泳員可參加不多於四項個人項目。 <u>接力項目</u> ✧ 各團體 / 國家只可派一隊參加每項接力。 如泳員在比賽前或比賽後被發現參加多於指定數量，本會將取消該泳員最後一項的項目或成績。
註冊費用：	個人註冊：每人註冊費為港幣三百元正。 所有費用應在首天比賽或之前支付。
截止提交參賽意願表：	二零二三年七月七日 (星期五) (1700 小時)
截止報名：	二零二三年七月二十八日 (星期五) (1700 小時)
項目表及參賽標準：	請參閱附頁的項目表 (附有達標時間)。
獎項：	個人獎項： 1. 每項的首三名將分別獲頒發獎牌。 2. 最佳泳員獎：頒發給在香港得分表(請參閱附頁)中達到最高分（計算至小數後兩位）的男子 / 女子泳員。 (如得分相同，優勝將由下一個最高得分的參賽項目來定奪。)

規則：	✧ 比賽將採用世界泳聯規則。 ✧ 所有 800 米，1500 米自由泳及混合接力以時間定名次。 ✧ 800 米及 1500 米自由泳項目以時間定名次，報名時間最快的首八名泳員將安排於下午作賽，其餘泳員則於上午作賽。 ✧ 除 800 米及 1500 米自由泳以外的項目，次天與第三天賽事上午與下午的項目次序相同，上午為初賽，下午為決賽。 ✧ 泳員須於初賽達到標準時間方可參加決賽賽事。 ✧ 如初賽項目之參賽人數 / 隊伍少於八人 / 隊，各泳員及隊伍將直入決賽。 ✧ 每個外來團隊 / 國家最多只可以有兩位泳員進入決賽。 ✧ 所有外來團隊 / 國家最多只可以有三位泳員進入決賽。 ✧ 後備泳員（初賽第九及第十名）在決賽召集時，應向召集處報到。如欲棄權，必須於指定時間內遞交棄權表格。 ✧ 接力名單須於每節開賽三十分鐘前遞交。 ✧ 所有初賽棄權須於首天比賽一日(工作天)前中午十二時或之前遞交。 ✧ 決賽之棄權表格須於每項初賽成績公佈後三十分鐘內遞交。
上訴：	✧ 任何上訴須以書面提出，並須在該項目比賽後三十分鐘內，連同上訴費港幣\$300 元遞交予總裁判。 ✧ 上訴會交由上訴委員會作決定。 ✧ 若上訴被駁回，已繳費用概不發還。

計分表

名次	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
團體及個人	11	7	6	5	4	3	2	1
接力	22	14	12	10	8	6	4	2

HONG KONG OPEN SWIMMING CHAMPIONSHIPS 2023

Master Information for Overseas Teams

Date	Day 1 18 / 08 / 2023 (Fri) Day 2 19/ 08 / 2023 (Sat) Day 3 20 / 08 / 2023 (Sun) Warm Up:1700-1745 Warm Up: 0800-0845 Warm Up: 0800-0845 Start: 1800 Start: 0900 Start: 0900 Warm Up: 1430-1515 Warm Up: 1430-1515 Start: 1530 Start: 1530
Venue	Victoria Park Swimming Pool
Entry Conditions	❖ All competitors & Teams must be registered swimmers 2023-2024 of their respective National Swimming Federation.
Entries	❖ Please complete the attached Preliminary form and Master Entry Form. Entries must be submitted along with master entry forms (see attachment). ❖ Entry time must be submitted. Entry without entry time will not be accepted. ❖ Swimmers who enroll in 800m and 1500m freestyle must be age 13 or above. <u>Individual Events</u> ❖ Each swimmer is limited to no more than 4 individual events. <u>Relay Events</u> ❖ Each team / country is limited to 1 team in each event. In case of any swimmer entering number of events in excess of the entry quota, HKGSA will have the sole discretion to scratch or cancel the swimmer's last entry event at any point of time.
Fees	Registration fee will be \$300 per person. Entry fees shall be paid on or before the start of first day competition.
Closing Date for Preliminary Entry Form	<u>(Fri) 7 July 2023 (1700 hrs)</u>
Closing Date for Entries	<u>(Fri) 28 July 2023 (1700 hrs)</u>
Event list / Qualifying Standards	Please see attached event list (With Qualifying Time)
Awards	Individual Awards for Swimmers: i) Medals will be awarded to first three places in each event. ii) Awards for Outstanding Swimmers (Overall Boy/Overall Girl) - Awarded to swimmers scoring the highest point (calculated to 2 decimal places) on the HK Point score table during the Championships. In case of a tie, the winner will be determined by the second highest scored event obtained.
Rules	❖ World Aquatics rules will apply. ❖ 800m, 1500m Free & Mixed Relay is Timed-final. ❖ Time Final format will be applied to 800m and 1500m Free events, slow heats will be in the morning while the fastest heat will take place in the afternoon session. ❖ The morning and the afternoon sessions of the second and third day of the competition (apart from 800m and 1500m Free) are in the same event order. Morning

	session of the competition is for preliminary, afternoon session will be finals. ❖ Swimmers must meet the qualifying time during the heats in order to enter the final. ❖ Events with 8 or less swimmers/teams will proceed to straight final in the afternoon session. ❖ The maximum No. of swimmers in the final should not be more than 2 for each overseas team / country. ❖ The total No. of swimmers from overseas team / country in each final will be capped at 3. ❖ Reserve swimmers/teams in the final list (9th & 10th place in the morning session) of respective final events shall report to the marshal in final. Scratch is required. ❖ Relay Name List must be submitted 30 minutes before the scheduled start time of each session. ❖ All Scratch for heats must be submitted on or before 1200 noon one working day before the first event day. ❖ Scratch for Final shall be made within 30 minutes following the announcement of each prelim result.
Protest	❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with an appeal fee of HK\$300. ❖ Protest will be forward to the Appeal Board of such competition for decision. ❖ If the protest is rejected, fee paid will be forfeited to HKGSA.

POINT SCORING

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Club & Individual	11	7	6	5	4	3	2	1
Relay	22	14	12	10	8	6	4	2

二零二三年香港公開游泳錦標賽

比賽章程 (本地適用)

日期：	第一日 18/08/2023 (五) 第二日 19/08/2023 (六) 第三日 20/08/2023 (日)
	熱身：1700-1745 熱身：0800-0845 熱身：0800-0845 比賽開始：1800 比賽開始：0900 比賽開始：0900 熱身：1430-1515 熱身：1430-1515 熱身：1430-1515 比賽開始：1530 比賽開始：1530 比賽開始：1530
地點：	維多利亞公園游泳池
報名條件：	✧ 所有參賽者必須為游泳總會正式註冊的 2023-2024 年度(SW 組別)泳員，並於比賽截止報名前廿一日註冊。 ✧ 錦標賽參賽資格規則適用。 ✧ 泳員須達到標準時間方可參加比賽。 ✧ 首次報名參與公開游泳錦標賽而未能提交本會舉辦認可游泳賽事的成績證明，必須以該項的達標時間報名。
報名：	✧ 不正確及未達標泳員的報名資料，將不獲受理，報名費概不發還。 ✧ 截止後的報名將不獲受理。 ✧ 13 歲或以上的泳員方可參加 800 米及 1500 自由泳項目。 <u>本地組個人項目</u> ✧ 每名泳員可參加不多於四項個人項目。 ✧ 如泳員在比賽前或比賽後被發現參加多於指定數量，本會將取消該泳員最後一項的項目或成績。 ✧ *每項報名費為港幣\$15 元正。 ✧ 所有以達標時間(“QT”)報名的項目一律為港幣\$15+港幣\$40, 即港幣\$55 元正。 <u>本地組屬會接力項目</u> ✧ 每個屬會只可派一隊參加每項接力。 ✧ *每項報名費為港幣\$15 元正。 ✧ 所有以達標時間(“QT”)報名的項目一律為港幣\$15+港幣\$40, 即港幣\$55 元正。 *支票請劃線，抬頭寫 ‘Hong Kong China Swimming Association’。
截止註冊：	二零二三年七月七日 (星期五) (1700 小時)
截止報名：	二零二三年七月二十八日 (星期五) (1700 小時)
項目及參賽標準：	請參閱項目表 (附達標時間)。

規則：	✧ 賽事分本地組及國際組，兩組的所有泳員將依提交的報名時間安排線道並一同作賽。 ✧ 所有 800 米，1500 米自由泳及混合接力以時間定名次。 ✧ 800 米及 1500 米自由泳項目以時間定名次，報名時間最快的首八名泳員將安排於下午作賽，其餘泳員則於上午作賽。 ✧ 除 800 米及 1500 米自以外的項目，次天與第三天賽事上午與下午的項目次序相同，上午為初賽，下午為決賽。 ✧ 八個或少於八個泳員報名的項目於下午舉行。 ✧ 本地組的名次決定如下： - 先按上午賽果排列名次。 - 進入決賽的達標本地泳員/泳隊以決賽成績再排名次。 - 無論如何，進入決賽的本地泳員/泳隊所獲之最後名次必比沒有進入決賽者為高。 ✧ 合資格進入下午決賽的第九及第十名後備泳員/泳隊須於下午決賽前到召集處報到。如欲棄權，必須於指定時間內遞交棄權表格。 ✧ 比賽將採用世界泳聯及泳總規則。 ✧ 上午成績未能達到參賽標準之泳員/屬會將不獲計分，其屬會/團體將被扣三分。 ✧ 在決賽項目中，成績未能達到參賽標準之泳員將不獲獎牌，其個人/屬會/團體不會被扣分。(直入決賽項目例外。) ✧ 屬會於接力項目未能達到參賽標準，將每項被扣六分。(初賽已達標例外) ✧ 沒有遞交棄權表格而「缺席」比賽者，其個人及屬會/團體將被扣三分。 ✧ 接力名單須於每節開賽三十分鐘前遞交。 ✧ <u>所有初賽棄權須於首天比賽一日(工作天)前中午十二時或之前遞交。</u> ✧ 決賽棄權須於<u>每項初賽成績</u>公佈後三十分鐘內遞交。 ✧ 泳員申請分段時間紀錄須於每節開賽前 30 分鐘遞交申請表連同港幣\$300元正予總裁判。任何情況下，所繳費用概不發還。 ✧ 運動員轉會：轉會競賽運動員在成功轉會日起一年內代表新屬會參與所有計分的比賽中所得的分數（不論個人或接力項目）將不會被計算至新屬會的團體總分。 ✧ <u>每項初賽「缺席」的罰款為港幣\$120 元正。</u> ✧ <u>每項決賽「缺席」的罰款為港幣\$120 元正。</u> ✧ 不達標項目的每項罰款為港幣\$120 元正
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獎項及計分方法：	<u>團體獎項：</u> ✧ 團體總冠軍、亞軍及季軍 ✧ 男、女子團體總冠軍、亞軍、季軍 <u>個人獎項：</u> 1. 個人項目首三名將獲發獎牌。 2. <u>最高積分獎</u> ✧ 男、女泳員各一名。 ✧ 最高積分獎頒發給是次比賽中得最高積分者，積分計算方法見附表。 ✧ 如得分相同，優勝將以金、銀、銅牌數量來定奪。(接力項目除外) 如得分仍相同，則以其所破紀錄計算：香港紀錄得 5 分，大會紀錄 3 分。 2. <u>最佳男、女子泳員獎</u> ✧ 頒發給在香港長池得分表中達到最高分（計至小數後兩個位）的泳員。(如得分相同，優勝將以下一個最高得分的參賽項目來定奪) ✧ 破香港紀錄的本地泳員獲頒發特別獎。
上訴：	✧ 任何上訴須以書面提出，並須在該項目比賽後三十分鐘內，連同上訴費 港幣\$300 元遞交予總裁判。 ✧ 上訴交由該比賽之上訴委員會作決定。 ✧ 若上訴被駁回，已繳費用概不發還。
運動禁藥管制：	✧ 比賽大會設有運動禁藥檢測，有關工作由中國香港游泳總會執行。大會有權挑選任何參賽運動員接受藥檢。被挑選運動員須在監察下提供尿液樣本或/及血液樣本。拒絕提供樣本或檢測結果呈陽性均屬違反運動禁藥規條，處分可包括： 1. 取消比賽成績 2. 停賽 停賽期間不可以用任何身份(包括作為出賽運動員、教練、領隊、裁判等)參與比賽及體育活動 3. 罰款港幣\$20,000 4. 身份及違例詳情被公佈 5. 其他適用處分 ✧ 參賽運動員應細閱並了解在香港運動禁藥委員會官方網頁 (www.antidoping.hk) 中的運動禁藥規條及資訊。根據嚴格責任原則，運動員須對存在於其體內的任何物質負責，「不知情」並不可用作陽性個案的抗辯理由。如有任何疑問，請聯絡香港運動禁藥委員會。

計分表

名次	1	2	3	4	5	6	7	8
個人/團體	11	7	6	5	4	3	2	1
接力	22	14	12	10	8	6	4	2

* 二零二三年香港公開游泳錦標賽成功申請為二零二四年世界泳聯游泳錦標賽及二零二四年巴黎奧運會的達標賽事。

HONG KONG OPEN SWIMMING CHAMPIONSHIPS 2023

Rules & Regulations (Local)

Date	<u>Day 1 18 / 08 / 2023 (Fri)</u> <u>Day 2 19 / 08 / 2023 (Sat)</u> <u>Day 3 20 / 08 / 2023 (Sun)</u> Warm Up:1700-1745 Warm Up: 0800-0845 Warm Up: 0800-0845 Start: 1800 Start: 0900 Start: 0900 Warm Up: 1430-1515 Warm Up: 1430-1515 Start: 1530 Start: 1530		
Venue	Victoria Park Swimming Pool		
Entry Conditions	❖ All competitors must be 2023/24 registered swimmers (SW) of HKGSA and register to HKGSA at least 21 days prior to the closing date of entries. ❖ Championship Eligibility rule applies. ❖ Swimmers should reach qualifying standard. ❖ For all new entries for any event entered with no proven result, qualify time for individual event shall be used as entry time.		
Entries	❖ Entries must be submitted with HKGSA master entry forms & fees. Incomplete / Incorrect information will be rejected and fees paid will not be refunded. ❖ Late entries will not be accepted. ❖ Swimmers who enroll in 800m and 1500m freestyle must be age 13 or above. <u>Local Individual Events</u> ❖ Each swimmer is limited to no more than 4 individual events. ❖ In case of any swimmer entering number of events in excess of the entry quota, HKGSA will have the sole discretion to scratch or cancel the swimmer's last entry event at any point of time. ❖ *HK\$15 per individual event. ❖ * HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time ("QT") entry. <u>Local Club Relay Events</u> ❖ Each club may enter one team in each relay event. ❖ *HK\$15 per team per relay event. ❖ HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time ("QT") entry. *Paid by cheque. Crossed cheque made payable to 'Hong Kong China Swimming Association'.		
Closing Date for Registration	<u>(Fri) 7 July 2023 (1700 hrs)</u>	Closing Date for Entries	<u>(Fri) 28 July 2023 (1700 hrs)</u>
Event list / Qualifying Standards	Please see attached event list (With Qualifying Time)		

Rules	❖ The Championships consist of Local and International races. All swimmers from both categories will be seeded according to the submitted entry times and will compete together. ❖ 800m, 1500m Free & Mixed Relay is Timed-final ❖ Timed-Final format will be applied to 800m/1500m events, slow heats will be in the morning while the fastest heat will take place in the afternoon session. ❖ The morning and the afternoon sessions of the second and third day of the competition (apart from 800m & 1500m Free) are in the same event order. Morning session of the competition is for preliminary, afternoon session will be finals. ❖ Events with 8 or less swimmers will proceed to the afternoon session. ❖ Result ranking of Local Race: - Rank according to the results gained in the morning session. - Local swimmers entered final (first eight qualified swimmers in the morning session) will rank according to the results gained in the afternoon final session. - Anyhow, swimmers who entered Finals will rank higher than swimmers who did not enter the Finals. ❖ Reserve swimmers in the final list (9th & 10th place in the morning session) shall report to the marshalling area before the start of each respective event. Scratch is required. ❖ Name list of the Finals will announce shortly after the morning session. ❖ World Aquatics and HKGSA rules apply. ❖ Swimmers who fail to reach the respective qualifying times in the morning session will not be counted for points regardless of placing. Three points will be deducted from their respective club/team points in each case. ❖ Swimmers not meeting the qualifying times in the Finals will not be awarded medals. No Individual/Club/team points will be deducted (Except Straight Final Events). ❖ Six points will be deducted in each case when clubs fail to reach the respective qualifying times in relay events. (Except those qualified in the morning) ❖ Three points will be deducted from individual/clubs'/teams' total score for each "no show". ❖ Name list with registration number of Relay must be submitted 30 minutes before the scheduled start time of each session. ❖ <u>All Scratch for heats must be submitted on or before 1200 noon one working day before the first event day.</u> ❖ A competitor or team not wishing to take part in final in which qualification was earned shall withdraw within 30 minutes following the announcement of each prelim result. ❖ Application for Split Time Record: swimmers who apply for split time record
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	should submit application form with application fee of HK\$300 to the Referee 30 minutes before the start of each session. Fee paid will not be refunded in any case. ❖ Swimmers' Club Transfer: Upon compliance with rules in relation to Registration of Club Transfer under Registration of Athletes, the requesting Athlete (as defined therein) can after the 1 month suspension period represent the new club in any meets but no point will be counted towards the new club's total scores for any event (whether individual or relay event) for 1 years from the first effective day of the completed Club Transfer. ❖ <u>A fine of \$120 will be charged for each "no show" of heats.</u> ❖ <u>A fine of \$120 will be charged for each "no show" of finals.</u> ❖ A fine of \$120 will be charged for each "not qualified"
Awards and Calculation of Points	The following awards will be awarded: ❖ Awards for Clubs / Teams: -Overall Champion, 1st runners up and 2nd runners up. -Overall Men & Women Champion, 1st runners up and 2nd runners up. ❖ Awards for Swimmers: - Medals will be awarded to 1st, 2nd and 3rd places. ❖ Awards for High Point Winners: (Overall Boy/Overall Girl) - High point winner trophies will be awarded to those swimmers accumulating the highest points in their events using the point score set out below. - In case of a tie, the winner will be determined by the no. of the medals (Relay events excluded) obtained in the following sequences i.e. gold, silver and bronze and finally the no. of records obtained with the following scoring method: HK Record: 5 Points, Meet Record: 3 Points. ❖ Awards for Outstanding Swimmers: (Overall Boy/Overall Girl) - Awarded to swimmers scoring the highest point (calculated to 2 decimal places) on the HK Point score table during the Championships. - In case of a tie, the winner will be determined by the second highest scored event obtained. ❖ Special awards will be presented to swimmers who break Hong Kong records.
Protest	❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with an appeal fee of HK\$300. ❖ Protest will be forward to the Appeal Board of such competition for decision. ❖ If the protest is rejected, fee paid will be forfeited.
Anti -Doping Test	❖ Doping tests will be conducted at this event. Hong Kong China Swimming Association will conduct the tests. Any participating athletes could be selected for doping tests and be requested to provide urine and/or blood sample under witness. Sanctions for Anti-Doping Rules violation, such as refusal to providing sample or returning of positive test results, may include:

	1. Disqualification of results achieved at the event 2. Ineligibility in sport During the period of ineligibility, the individual is not allowed to participate in any capacity (including but not limited to competing athlete, coach, team official, judge etc.) in competitions or other sporting activities. 3. Financial sanction of HK\$20,000 4. Public disclosure of athlete's identity and details of the violation 5. Any other applicable sanctions. ❖ Athletes should read and understand the anti-doping regulations and information available on the official webpage of HKADC (www.antidoping.hk). According to the Strict Liability Principle, athlete is responsible for what could be found in his/her body. Ignorance could not be used as an excuse for a positive test. If there are any uncertainties, please contact HKADC.
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POINT SCORING

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Club & Individual	11	7	6	5	4	3	2	1
Relay	22	14	12	10	8	6	4	2

*** The Hong Kong Open Swimming Championships 2023 is approved by World Aquatics to be the qualifying meet of the World Aquatics Championships 2024 – Doha and the Olympic Games of Paris 2024.**

熱身安全守則

運動員及教練必須於所有本會舉辦之游泳比賽中，遵守以下熱身安全守則：

普通熱身安全守則

由熱身時間開始至熱身完結前十五分鐘期間，以下普通熱身安全守則將會執行：

- 1) 所有泳道只開放用作一般熱身之用。
- 2) 泳員只能以腳入水方式落水。
- 3) 泳員只能以循環游泳方式熱身，不可以從跳台或泳池邊起跳。
- 4) 泳員於熱身後須儘快離開泳道以讓其他泳員能有充足時間進行熱身。泳員更不可於泳池內逗留或嬉戲。
- 5) 泳員須於起點及終點兩旁離開泳池，當泳員穿越泳道時應於泳線下越過並應儘速離開水面，不得潛泳。

衝刺及起跳熱身安全守則

由熱身完結前十五分鐘至熱身完結期間，以下衝刺及起跳熱身安全守則將會執行：

- 1) 一般情況下，最外圍四條泳道(左右各兩)將開放用作起跳及衝刺練習。其他泳道仍只用作普通熱身之用。以一個標準泳池作舉例，泳道 0,1 及 8,9 將開放予泳員用作衝刺及起跳練習。
- 2) 泳員必須於練習完畢後儘速離開。
- 3) 長池安排：衝刺泳道將劃分為兩部份，由起點起計二十五米及由終點起計十五米。
- 4) 短池安排：衝刺泳道用作予泳員於指定時段及泳道從跳台或水中起跳。泳員只能以單向方式前進。泳員必須於教練監察下作衝刺及起跳練習。
- 5) 進行背泳練習之泳員須留意沒有其他泳員於跳台上同時準備起跳。如有背泳泳員準備起跳，等候中泳員不應踏上跳台。

除以上守則以外，泳員須留意及遵守大會或總裁判現場有關熱身時段安排之宣佈。

教練應注意以下事項：

只有泳總註冊教練方能於熱身時間期間在池面逗留，並須佩戴泳總註冊教練證於當眼處。總裁判及泳總職員將於熱身期間進行檢查，未能出示泳總註冊教練證之人仕將不能於池面逗留並須立即離開。未合符註冊資格的教練可申請進入池面許可證。

- 1) 佩戴泳總註冊教練證於當眼處。
- 2) 指導泳員遵守安全指引及熱身注意事項。
- 3) 於泳員熱身期間積極監察其安全及活動。
- 4) 盡量與泳員保持良好溝通。

WARM UP RULES

The following general pool procedures for the **MAIN COMPETITION POOL** must be observed throughout the warm up sessions in every HKGSA swimming competition:

GENERAL Warm-up procedure

From the beginning to 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) All lanes can be used for general warm-up.
- 2) Swimmers must enter the pool feet first. NO DIVING is allowed.
- 3) Lap Swimming only.
- 4) Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers to have adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 5) Swimmers are recommended to cross lanes at the side of Starting or Turning End. They should swim under water when crossing the lane and should break to the surface as soon as possible.

Sprint and Start practice Warm-up procedure

From 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) In general, the outermost lane(s) should be used for race starts and sprint purpose, the remaining lanes for general warm-up. For instance, for a standard pool, lanes 0,1 and 8, 9 would be reserved as Sprints Lanes for swimmers to have race starts and sprint practice.
- 2) Swimmers must leave the sprint lanes immediately after practice.
- 3) In 50m pool, sprints lanes will be split into two ends, 25m from the Starting end and 15m from the turning end of the pool.
- 4) In 25m pool, sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- 5) Backstrokers should ensure that they are not starting at the same time while a swimmer is on the block. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.

In addition to the procedures above please be aware of announcements to determine lane usage throughout the meet, as usage may vary at the discretion of the Referee.

Coaches are responsible for the following:

Only Registered Coaches of HKGSA are allowed to stay at the pool deck during warm-up time. Registered Coaches are required to wear the Coach Registration Card conspicuously when staying at the pool deck during warm up session. They should process and present the Coach Registration Card to the Referee and designated HKGSA staff for validation. Those who fail to process and present the Coach Registration Card will **not** be permitted to stay at the pool deck. Pool deck entry application is available for coaches who are not eligible to register with HKGSA.

- 1) Wearing the Coach Registration Card conspicuously.
- 2) Instructing swimmers regarding safety guidelines and warm-up procedures.
- 3) Actively supervising their swimmers throughout the warm-up sessions.
- 4) Maintaining as much contact with their swimmers as possible.

Hong Kong Swimming Point Score 2023 (LC)

Men

Score	%	Freestyle						Backstroke		
		<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>400m</u>	<u>800m</u>	<u>1500m</u>	<u>50m</u>	<u>100m</u>	<u>200m</u>
100	1.00	21.52	47.86	1:44.62	3:43.58	7:42.55	14:53.60	24.65	53.02	1:55.04
99	1.01	21.74	48.34	1:45.67	3:45.82	7:47.18	15:02.54	24.90	53.55	1:56.19
98	1.02	21.95	48.82	1:46.71	3:48.05	7:51.80	15:11.47	25.14	54.08	1:57.34
97	1.03	22.17	49.30	1:47.76	3:50.29	7:56.43	15:20.41	25.39	54.61	1:58.49
96	1.04	22.38	49.77	1:48.80	3:52.52	8:01.05	15:29.34	25.64	55.14	1:59.64
95	1.05	22.60	50.25	1:49.85	3:54.76	8:05.68	15:38.28	25.88	55.67	2:00.79
94	1.06	22.81	50.73	1:50.90	3:56.99	8:10.30	15:47.22	26.13	56.20	2:01.94
93	1.07	23.03	51.21	1:51.94	3:59.23	8:14.93	15:56.15	26.38	56.73	2:03.09
92	1.08	23.24	51.69	1:52.99	4:01.47	8:19.55	16:05.09	26.62	57.26	2:04.24
91	1.09	23.46	52.17	1:54.04	4:03.70	8:24.18	16:14.02	26.87	57.79	2:05.39
90	1.10	23.67	52.65	1:55.08	4:05.94	8:28.81	16:22.96	27.12	58.32	2:06.54
89	1.11	23.89	53.12	1:56.13	4:08.17	8:33.43	16:31.90	27.36	58.85	2:07.69
88	1.12	24.10	53.60	1:57.17	4:10.41	8:38.06	16:40.83	27.61	59.38	2:08.84
87	1.13	24.32	54.08	1:58.22	4:12.65	8:42.68	16:49.77	27.85	59.91	2:10.00
86	1.14	24.53	54.56	1:59.27	4:14.88	8:47.31	16:58.70	28.10	1:00.44	2:11.15
85	1.15	24.75	55.04	2:00.31	4:17.12	8:51.93	17:07.64	28.35	1:00.97	2:12.30
84	1.16	24.96	55.52	2:01.36	4:19.35	8:56.56	17:16.58	28.59	1:01.50	2:13.45
83	1.17	25.18	56.00	2:02.41	4:21.59	9:01.18	17:25.51	28.84	1:02.03	2:14.60
82	1.18	25.39	56.47	2:03.45	4:23.82	9:05.81	17:34.45	29.09	1:02.56	2:15.75
81	1.19	25.61	56.95	2:04.50	4:26.06	9:10.43	17:43.38	29.33	1:03.09	2:16.90
80	1.20	25.82	57.43	2:05.54	4:28.30	9:15.06	17:52.32	29.58	1:03.62	2:18.05
79	1.21	26.04	57.91	2:06.59	4:30.53	9:19.69	18:01.26	29.83	1:04.15	2:19.20
78	1.22	26.25	58.39	2:07.64	4:32.77	9:24.31	18:10.19	30.07	1:04.68	2:20.35
77	1.23	26.47	58.87	2:08.68	4:35.00	9:28.94	18:19.13	30.32	1:05.21	2:21.50
76	1.24	26.68	59.35	2:09.73	4:37.24	9:33.56	18:28.06	30.57	1:05.74	2:22.65
75	1.25	26.90	59.83	2:10.78	4:39.48	9:38.19	18:37.00	30.81	1:06.28	2:23.80
74	1.26	27.12	1:00.30	2:11.82	4:41.71	9:42.81	18:45.94	31.06	1:06.81	2:24.95
73	1.27	27.33	1:00.78	2:12.87	4:43.95	9:47.44	18:54.87	31.31	1:07.34	2:26.10
72	1.28	27.55	1:01.26	2:13.91	4:46.18	9:52.06	19:03.81	31.55	1:07.87	2:27.25
71	1.29	27.76	1:01.74	2:14.96	4:48.42	9:56.69	19:12.74	31.80	1:08.40	2:28.40
70	1.30	27.98	1:02.22	2:16.01	4:50.65	10:01.32	19:21.68	32.05	1:08.93	2:29.55
69	1.31	28.19	1:02.70	2:17.05	4:52.89	10:05.94	19:30.62	32.29	1:09.46	2:30.70
68	1.32	28.41	1:03.18	2:18.10	4:55.13	10:10.57	19:39.55	32.54	1:09.99	2:31.85
67	1.33	28.62	1:03.65	2:19.14	4:57.36	10:15.19	19:48.49	32.78	1:10.52	2:33.00
66	1.34	28.84	1:04.13	2:20.19	4:59.60	10:19.82	19:57.42	33.03	1:11.05	2:34.15
65	1.35	29.05	1:04.61	2:21.24	5:01.83	10:24.44	20:06.36	33.28	1:11.58	2:35.30
64	1.36	29.27	1:05.09	2:22.28	5:04.07	10:29.07	20:15.30	33.52	1:12.11	2:36.45
63	1.37	29.48	1:05.57	2:23.33	5:06.30	10:33.69	20:24.23	33.77	1:12.64	2:37.60
62	1.38	29.70	1:06.05	2:24.38	5:08.54	10:38.32	20:33.17	34.02	1:13.17	2:38.76
61	1.39	29.91	1:06.53	2:25.42	5:10.78	10:42.94	20:42.10	34.26	1:13.70	2:39.91
60	1.40	30.13	1:07.00	2:26.47	5:13.01	10:47.57	20:51.04	34.51	1:14.23	2:41.06
59	1.41	30.34	1:07.48	2:27.51	5:15.25	10:52.20	20:59.98	34.76	1:14.76	2:42.21
58	1.42	30.56	1:07.96	2:28.56	5:17.48	10:56.82	21:08.91	35.00	1:15.29	2:43.36
57	1.43	30.77	1:08.44	2:29.61	5:19.72	11:01.45	21:17.85	35.25	1:15.82	2:44.51
56	1.44	30.99	1:08.92	2:30.65	5:21.96	11:06.07	21:26.78	35.50	1:16.35	2:45.66
55	1.45	31.20	1:09.40	2:31.70	5:24.19	11:10.70	21:35.72	35.74	1:16.88	2:46.81
54	1.46	31.42	1:09.88	2:32.75	5:26.43	11:15.32	21:44.66	35.99	1:17.41	2:47.96
53	1.47	31.63	1:10.35	2:33.79	5:28.66	11:19.95	21:53.59	36.24	1:17.94	2:49.11

Hong Kong Swimming Point Score 2023 (LC)

Men

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	27.01	59.14	2:08.17	23.06	51.07	1:54.43	1:56.79	4:12.22
99	1.01	27.28	59.73	2:09.45	23.29	51.58	1:55.57	1:57.96	4:14.74
98	1.02	27.55	1:00.32	2:10.73	23.52	52.09	1:56.72	1:59.13	4:17.26
97	1.03	27.82	1:00.91	2:12.02	23.75	52.60	1:57.86	2:00.29	4:19.79
96	1.04	28.09	1:01.51	2:13.30	23.98	53.11	1:59.01	2:01.46	4:22.31
95	1.05	28.36	1:02.10	2:14.58	24.21	53.62	2:00.15	2:02.63	4:24.83
94	1.06	28.63	1:02.69	2:15.86	24.44	54.13	2:01.30	2:03.80	4:27.35
93	1.07	28.90	1:03.28	2:17.14	24.67	54.64	2:02.44	2:04.97	4:29.88
92	1.08	29.17	1:03.87	2:18.42	24.90	55.16	2:03.58	2:06.13	4:32.40
91	1.09	29.44	1:04.46	2:19.71	25.14	55.67	2:04.73	2:07.30	4:34.92
90	1.10	29.71	1:05.05	2:20.99	25.37	56.18	2:05.87	2:08.47	4:37.44
89	1.11	29.98	1:05.65	2:22.27	25.60	56.69	2:07.02	2:09.64	4:39.96
88	1.12	30.25	1:06.24	2:23.55	25.83	57.20	2:08.16	2:10.80	4:42.49
87	1.13	30.52	1:06.83	2:24.83	26.06	57.71	2:09.31	2:11.97	4:45.01
86	1.14	30.79	1:07.42	2:26.11	26.29	58.22	2:10.45	2:13.14	4:47.53
85	1.15	31.06	1:08.01	2:27.40	26.52	58.73	2:11.59	2:14.31	4:50.05
84	1.16	31.33	1:08.60	2:28.68	26.75	59.24	2:12.74	2:15.48	4:52.58
83	1.17	31.60	1:09.19	2:29.96	26.98	59.75	2:13.88	2:16.64	4:55.10
82	1.18	31.87	1:09.79	2:31.24	27.21	1:00.26	2:15.03	2:17.81	4:57.62
81	1.19	32.14	1:10.38	2:32.52	27.44	1:00.77	2:16.17	2:18.98	5:00.14
80	1.20	32.41	1:10.97	2:33.80	27.67	1:01.28	2:17.32	2:20.15	5:02.66
79	1.21	32.68	1:11.56	2:35.09	27.90	1:01.79	2:18.46	2:21.32	5:05.19
78	1.22	32.95	1:12.15	2:36.37	28.13	1:02.31	2:19.60	2:22.48	5:07.71
77	1.23	33.22	1:12.74	2:37.65	28.36	1:02.82	2:20.75	2:23.65	5:10.23
76	1.24	33.49	1:13.33	2:38.93	28.59	1:03.33	2:21.89	2:24.82	5:12.75
75	1.25	33.76	1:13.93	2:40.21	28.83	1:03.84	2:23.04	2:25.99	5:15.28
74	1.26	34.03	1:14.52	2:41.49	29.06	1:04.35	2:24.18	2:27.16	5:17.80
73	1.27	34.30	1:15.11	2:42.78	29.29	1:04.86	2:25.33	2:28.32	5:20.32
72	1.28	34.57	1:15.70	2:44.06	29.52	1:05.37	2:26.47	2:29.49	5:22.84
71	1.29	34.84	1:16.29	2:45.34	29.75	1:05.88	2:27.61	2:30.66	5:25.36
70	1.30	35.11	1:16.88	2:46.62	29.98	1:06.39	2:28.76	2:31.83	5:27.89
69	1.31	35.38	1:17.47	2:47.90	30.21	1:06.90	2:29.90	2:32.99	5:30.41
68	1.32	35.65	1:18.06	2:49.18	30.44	1:07.41	2:31.05	2:34.16	5:32.93
67	1.33	35.92	1:18.66	2:50.47	30.67	1:07.92	2:32.19	2:35.33	5:35.45
66	1.34	36.19	1:19.25	2:51.75	30.90	1:08.43	2:33.34	2:36.50	5:37.97
65	1.35	36.46	1:19.84	2:53.03	31.13	1:08.94	2:34.48	2:37.67	5:40.50
64	1.36	36.73	1:20.43	2:54.31	31.36	1:09.46	2:35.62	2:38.83	5:43.02
63	1.37	37.00	1:21.02	2:55.59	31.59	1:09.97	2:36.77	2:40.00	5:45.54
62	1.38	37.27	1:21.61	2:56.87	31.82	1:10.48	2:37.91	2:41.17	5:48.06
61	1.39	37.54	1:22.20	2:58.16	32.05	1:10.99	2:39.06	2:42.34	5:50.59
60	1.40	37.81	1:22.80	2:59.44	32.28	1:11.50	2:40.20	2:43.51	5:53.11
59	1.41	38.08	1:23.39	3:00.72	32.51	1:12.01	2:41.35	2:44.67	5:55.63
58	1.42	38.35	1:23.98	3:02.00	32.75	1:12.52	2:42.49	2:45.84	5:58.15
57	1.43	38.62	1:24.57	3:03.28	32.98	1:13.03	2:43.63	2:47.01	6:00.67
56	1.44	38.89	1:25.16	3:04.56	33.21	1:13.54	2:44.78	2:48.18	6:03.20
55	1.45	39.16	1:25.75	3:05.85	33.44	1:14.05	2:45.92	2:49.35	6:05.72
54	1.46	39.43	1:26.34	3:07.13	33.67	1:14.56	2:47.07	2:50.51	6:08.24
53	1.47	39.70	1:26.94	3:08.41	33.90	1:15.07	2:48.21	2:51.68	6:10.76

Hong Kong Swimming Point Score 2023 (LC)

Women

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	24.08	52.08	1:53.61	4:02.04	8:20.36	15:57.67	27.31	58.79	2:06.38
99	1.01	24.32	52.60	1:54.75	4:04.46	8:25.36	16:07.25	27.58	59.38	2:07.64
98	1.02	24.56	53.12	1:55.88	4:06.88	8:30.37	16:16.82	27.86	59.97	2:08.91
97	1.03	24.80	53.64	1:57.02	4:09.30	8:35.37	16:26.40	28.13	1:00.55	2:10.17
96	1.04	25.04	54.16	1:58.15	4:11.72	8:40.37	16:35.98	28.40	1:01.14	2:11.44
95	1.05	25.28	54.68	1:59.29	4:14.14	8:45.38	16:45.55	28.68	1:01.73	2:12.70
94	1.06	25.52	55.20	2:00.43	4:16.56	8:50.38	16:55.13	28.95	1:02.32	2:13.96
93	1.07	25.77	55.73	2:01.56	4:18.98	8:55.39	17:04.71	29.22	1:02.91	2:15.23
92	1.08	26.01	56.25	2:02.70	4:21.40	9:00.39	17:14.28	29.49	1:03.49	2:16.49
91	1.09	26.25	56.77	2:03.83	4:23.82	9:05.39	17:23.86	29.77	1:04.08	2:17.75
90	1.10	26.49	57.29	2:04.97	4:26.24	9:10.40	17:33.44	30.04	1:04.67	2:19.02
89	1.11	26.73	57.81	2:06.11	4:28.66	9:15.40	17:43.01	30.31	1:05.26	2:20.28
88	1.12	26.97	58.33	2:07.24	4:31.08	9:20.40	17:52.59	30.59	1:05.84	2:21.55
87	1.13	27.21	58.85	2:08.38	4:33.51	9:25.41	18:02.17	30.86	1:06.43	2:22.81
86	1.14	27.45	59.37	2:09.52	4:35.93	9:30.41	18:11.74	31.13	1:07.02	2:24.07
85	1.15	27.69	59.89	2:10.65	4:38.35	9:35.41	18:21.32	31.41	1:07.61	2:25.34
84	1.16	27.93	1:00.41	2:11.79	4:40.77	9:40.42	18:30.90	31.68	1:08.20	2:26.60
83	1.17	28.17	1:00.93	2:12.92	4:43.19	9:45.42	18:40.47	31.95	1:08.78	2:27.86
82	1.18	28.41	1:01.45	2:14.06	4:45.61	9:50.42	18:50.05	32.23	1:09.37	2:29.13
81	1.19	28.66	1:01.98	2:15.20	4:48.03	9:55.43	18:59.63	32.50	1:09.96	2:30.39
80	1.20	28.90	1:02.50	2:16.33	4:50.45	10:00.43	19:09.20	32.77	1:10.55	2:31.66
79	1.21	29.14	1:03.02	2:17.47	4:52.87	10:05.44	19:18.78	33.05	1:11.14	2:32.92
78	1.22	29.38	1:03.54	2:18.60	4:55.29	10:10.44	19:28.36	33.32	1:11.72	2:34.18
77	1.23	29.62	1:04.06	2:19.74	4:57.71	10:15.44	19:37.93	33.59	1:12.31	2:35.45
76	1.24	29.86	1:04.58	2:20.88	5:00.13	10:20.45	19:47.51	33.86	1:12.90	2:36.71
75	1.25	30.10	1:05.10	2:22.01	5:02.55	10:25.45	19:57.09	34.14	1:13.49	2:37.98
74	1.26	30.34	1:05.62	2:23.15	5:04.97	10:30.45	20:06.66	34.41	1:14.08	2:39.24
73	1.27	30.58	1:06.14	2:24.28	5:07.39	10:35.46	20:16.24	34.68	1:14.66	2:40.50
72	1.28	30.82	1:06.66	2:25.42	5:09.81	10:40.46	20:25.82	34.96	1:15.25	2:41.77
71	1.29	31.06	1:07.18	2:26.56	5:12.23	10:45.46	20:35.39	35.23	1:15.84	2:43.03
70	1.30	31.30	1:07.70	2:27.69	5:14.65	10:50.47	20:44.97	35.50	1:16.43	2:44.29
69	1.31	31.54	1:08.22	2:28.83	5:17.07	10:55.47	20:54.55	35.78	1:17.01	2:45.56
68	1.32	31.79	1:08.75	2:29.97	5:19.49	11:00.48	21:04.12	36.05	1:17.60	2:46.82
67	1.33	32.03	1:09.27	2:31.10	5:21.91	11:05.48	21:13.70	36.32	1:18.19	2:48.09
66	1.34	32.27	1:09.79	2:32.24	5:24.33	11:10.48	21:23.28	36.60	1:18.78	2:49.35
65	1.35	32.51	1:10.31	2:33.37	5:26.75	11:15.49	21:32.85	36.87	1:19.37	2:50.61
64	1.36	32.75	1:10.83	2:34.51	5:29.17	11:20.49	21:42.43	37.14	1:19.95	2:51.88
63	1.37	32.99	1:11.35	2:35.65	5:31.59	11:25.49	21:52.01	37.41	1:20.54	2:53.14
62	1.38	33.23	1:11.87	2:36.78	5:34.02	11:30.50	22:01.58	37.69	1:21.13	2:54.40
61	1.39	33.47	1:12.39	2:37.92	5:36.44	11:35.50	22:11.16	37.96	1:21.72	2:55.67
60	1.40	33.71	1:12.91	2:39.05	5:38.86	11:40.50	22:20.74	38.23	1:22.31	2:56.93
59	1.41	33.95	1:13.43	2:40.19	5:41.28	11:45.51	22:30.31	38.51	1:22.89	2:58.20
58	1.42	34.19	1:13.95	2:41.33	5:43.70	11:50.51	22:39.89	38.78	1:23.48	2:59.46
57	1.43	34.43	1:14.47	2:42.46	5:46.12	11:55.51	22:49.47	39.05	1:24.07	3:00.72
56	1.44	34.68	1:15.00	2:43.60	5:48.54	12:00.52	22:59.04	39.33	1:24.66	3:01.99
55	1.45	34.92	1:15.52	2:44.73	5:50.96	12:05.52	23:08.62	39.60	1:25.25	3:03.25
54	1.46	35.16	1:16.04	2:45.87	5:53.38	12:10.53	23:18.20	39.87	1:25.83	3:04.51
53	1.47	35.40	1:16.56	2:47.01	5:55.80	12:15.53	23:27.77	40.15	1:26.42	3:05.78

Hong Kong Swimming Point Score 2023 (LC)

Women

Score	%	Breaststroke			Butterfly			Ind Medley	
		<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>200m</u>	<u>400m</u>
100	1.00	30.34	1:05.67	2:22.19	25.40	56.45	2:05.84	2:08.60	4:34.46
99	1.01	30.64	1:06.33	2:23.61	25.65	57.01	2:07.10	2:09.89	4:37.20
98	1.02	30.95	1:06.98	2:25.03	25.91	57.58	2:08.36	2:11.17	4:39.95
97	1.03	31.25	1:07.64	2:26.46	26.16	58.14	2:09.62	2:12.46	4:42.69
96	1.04	31.55	1:08.30	2:27.88	26.42	58.71	2:10.87	2:13.74	4:45.44
95	1.05	31.86	1:08.95	2:29.30	26.67	59.27	2:12.13	2:15.03	4:48.18
94	1.06	32.16	1:09.61	2:30.72	26.92	59.84	2:13.39	2:16.32	4:50.93
93	1.07	32.46	1:10.27	2:32.14	27.18	1:00.40	2:14.65	2:17.60	4:53.67
92	1.08	32.77	1:10.92	2:33.57	27.43	1:00.97	2:15.91	2:18.89	4:56.42
91	1.09	33.07	1:11.58	2:34.99	27.69	1:01.53	2:17.17	2:20.17	4:59.16
90	1.10	33.37	1:12.24	2:36.41	27.94	1:02.10	2:18.42	2:21.46	5:01.91
89	1.11	33.68	1:12.89	2:37.83	28.19	1:02.66	2:19.68	2:22.75	5:04.65
88	1.12	33.98	1:13.55	2:39.25	28.45	1:03.22	2:20.94	2:24.03	5:07.40
87	1.13	34.28	1:14.21	2:40.67	28.70	1:03.79	2:22.20	2:25.32	5:10.14
86	1.14	34.59	1:14.86	2:42.10	28.96	1:04.35	2:23.46	2:26.60	5:12.88
85	1.15	34.89	1:15.52	2:43.52	29.21	1:04.92	2:24.72	2:27.89	5:15.63
84	1.16	35.19	1:16.18	2:44.94	29.46	1:05.48	2:25.97	2:29.18	5:18.37
83	1.17	35.50	1:16.83	2:46.36	29.72	1:06.05	2:27.23	2:30.46	5:21.12
82	1.18	35.80	1:17.49	2:47.78	29.97	1:06.61	2:28.49	2:31.75	5:23.86
81	1.19	36.10	1:18.15	2:49.21	30.23	1:07.18	2:29.75	2:33.03	5:26.61
80	1.20	36.41	1:18.80	2:50.63	30.48	1:07.74	2:31.01	2:34.32	5:29.35
79	1.21	36.71	1:19.46	2:52.05	30.73	1:08.30	2:32.27	2:35.61	5:32.10
78	1.22	37.01	1:20.12	2:53.47	30.99	1:08.87	2:33.52	2:36.89	5:34.84
77	1.23	37.32	1:20.77	2:54.89	31.24	1:09.43	2:34.78	2:38.18	5:37.59
76	1.24	37.62	1:21.43	2:56.32	31.50	1:10.00	2:36.04	2:39.46	5:40.33
75	1.25	37.93	1:22.09	2:57.74	31.75	1:10.56	2:37.30	2:40.75	5:43.08
74	1.26	38.23	1:22.74	2:59.16	32.00	1:11.13	2:38.56	2:42.04	5:45.82
73	1.27	38.53	1:23.40	3:00.58	32.26	1:11.69	2:39.82	2:43.32	5:48.56
72	1.28	38.84	1:24.06	3:02.00	32.51	1:12.26	2:41.08	2:44.61	5:51.31
71	1.29	39.14	1:24.71	3:03.43	32.77	1:12.82	2:42.33	2:45.89	5:54.05
70	1.30	39.44	1:25.37	3:04.85	33.02	1:13.39	2:43.59	2:47.18	5:56.80
69	1.31	39.75	1:26.03	3:06.27	33.27	1:13.95	2:44.85	2:48.47	5:59.54
68	1.32	40.05	1:26.68	3:07.69	33.53	1:14.51	2:46.11	2:49.75	6:02.29
67	1.33	40.35	1:27.34	3:09.11	33.78	1:15.08	2:47.37	2:51.04	6:05.03
66	1.34	40.66	1:28.00	3:10.53	34.04	1:15.64	2:48.63	2:52.32	6:07.78
65	1.35	40.96	1:28.65	3:11.96	34.29	1:16.21	2:49.88	2:53.61	6:10.52
64	1.36	41.26	1:29.31	3:13.38	34.54	1:16.77	2:51.14	2:54.90	6:13.27
63	1.37	41.57	1:29.97	3:14.80	34.80	1:17.34	2:52.40	2:56.18	6:16.01
62	1.38	41.87	1:30.62	3:16.22	35.05	1:17.90	2:53.66	2:57.47	6:18.75
61	1.39	42.17	1:31.28	3:17.64	35.31	1:18.47	2:54.92	2:58.75	6:21.50
60	1.40	42.48	1:31.94	3:19.07	35.56	1:19.03	2:56.18	3:00.04	6:24.24
59	1.41	42.78	1:32.59	3:20.49	35.81	1:19.59	2:57.43	3:01.33	6:26.99
58	1.42	43.08	1:33.25	3:21.91	36.07	1:20.16	2:58.69	3:02.61	6:29.73
57	1.43	43.39	1:33.91	3:23.33	36.32	1:20.72	2:59.95	3:03.90	6:32.48
56	1.44	43.69	1:34.56	3:24.75	36.58	1:21.29	3:01.21	3:05.18	6:35.22
55	1.45	43.99	1:35.22	3:26.18	36.83	1:21.85	3:02.47	3:06.47	6:37.97
54	1.46	44.30	1:35.88	3:27.60	37.08	1:22.42	3:03.73	3:07.76	6:40.71
53	1.47	44.60	1:36.53	3:29.02	37.34	1:22.98	3:04.98	3:09.04	6:43.46



H. QUALIFICATION TIME STANDARDS

The following table outlines the Qualification Time Standards* for the Olympic Games Paris 2024:

Men's		Event	Women's	
Olympic Qualifying Time (OQT) – 2 Entries	Olympic Consideration Time (OCT) – 1 Entry		Olympic Qualifying Time (OQT) – 2 Entries	Olympic Consideration Time (OCT) – 1 Entry
21.96	22.07	50m Freestyle	24.70	24.82
48.34	48.58	100m Freestyle	53.61	53.88
1:46.26	1:46.79	200m Freestyle	1:57.26	1:57.85
3:46.78	3:47.91	400m Freestyle	4:07.90	4:09.14
7:51.65	7:54.01	800m Freestyle	8:26.71	8:29.24
15:00.99	15:05.49	1500m Freestyle	16:09.09	16:13.94
53.74	54.01	100m Backstroke	59.99	1:00.29
1:57.50	1:58.09	200m Backstroke	2:10.39	2:11.04
59.49	59.79	100m Breaststroke	1:06.79	1:07.12
2:09.68	2:10.33	200m Breaststroke	2:23.91	2:24.63
51.67	51.93	100m Butterfly	57.92	58.21
1:55.78	1:56.36	200m Butterfly	2:08.43	2:09.07
1:57.94	1:58.53	200m Individual Medley	2:11.47	2:12.13
4:12.50	4:13.76	400m Individual Medley	4:38.53	4:39.92

***Explanation :**

- OQTs correspond to the time achieved by the 14th Place in the respective preliminary heats of the event in Tokyo 2020.
- All OCTs were derived by adding 0.5% to the OQT time standard.

Programme

MEN & WOMEN								
	50m	100m	200m	400m	800m	1500m	4 x 100m	4 x 200m
Freestyle	•	•	•	•	•	•		
Backstroke	•	•	•					
Breaststroke	•	•	•					
Butterfly	•	•	•					
Individual Medley			•	•				
Freestyle Relay							•	•
Medley Relay							•	
Mixed Freestyle Relay							•	
Mixed Medley Relay							•	

Standard Entry Times

WOMEN			MEN	
W - "B"	W - "A"		M - "A"	M - "B"
25.92	25.04	50m Freestyle	22.12	22.89
56.15	54.25	100m Freestyle	48.51	50.21
2:02.81	1:58.66	200m Freestyle	1:47.06	1:50.81
4:19.34	4:10.57	400m Freestyle	3:48.15	3:56.14
8:56.03	8:37.90	800m Freestyle	7:53.11	8:09.67
17:04.20	16:29.57	1500m Freestyle	15:04.64	15:36.30
29.21	28.22	50m Backstroke	25.16	26.04
1:02.71	1:00.59	100m Backstroke	54.03	55.92
2:15.67	2:11.08	200m Backstroke	1:58.07	2:02.20
32.11	31.02	50m Breaststroke	27.33	28.29
1:09.71	1:07.35	100m Breaststroke	59.75	1:01.84
2:31.02	2:25.91	200m Breaststroke	2:10.32	2:14.88
27.24	26.32	50m Butterfly	23.53	24.35
1:00.37	58.33	100m Butterfly	51.96	53.78
2:13.73	2:09.21	200m Butterfly	1:56.71	2:00.79
2:17.63	2:12.98	200m Individual Medley	1:59.53	2:03.71
4:52.97	4:43.06	400m Individual Medley	4:17.48	4:26.49
3:42.20		4x100m Freestyle	3:15.80	
8:01.80		4x200m Freestyle	7:14.06	
4:02.26		4x100m Medley	3:35.86	

WOMEN		MEN
1 Team	4 x 100 m Freestyle	1 Team
1 Team	4 x 200 m Freestyle	1 Team
1 Team	4 x 100 m Medley	1 Team

Mixed 4 x 100 m Freestyle	1 Team
Mixed 4 x 100 m Medley	1 Team

HONG KONG SWIMMING RECORDS

Listed Date: 31st July 2023

HONG KONG LONG COURSE RECORDS

MEN'S EVENTS

50 Free	21.86 HO Ian Yentou, SCA	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Free	49.15 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 2, May. 29-30, 2021
200 Free	1:47.46 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
400 Free	3:50.53 CHEUK Ming Ho, CPS	64 th Festival of Sport LC Time Trial II, Apr 18, 2021
800 Free	8:03.41 CHEUK Ming Ho, CPS	Hong Kong National Olympic Time Trial, Mar 21, 2021
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.00 LAU Shiu Yue, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
100 Back	55.61 KWAN Hayden, PSC	HK Open Swimming Championships 2022, Aug. 19-21, 2022
200 Back	2:00.70 KWAN Hayden, PSC	HK Open Swimming Championships 2022, Aug. 19-21, 2022
50 Breast	28.23 TO Kenneth King Him, LWS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Breast	1:01.91 TO Kenneth King Him, LWS	Div. 1 AG LC Swim Comp. Part 3, Feb. 10-11, 2018
200 Breast	2:11.31 Adam John CHILLINGWORTH, SCA	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
100 Fly	53.38 NG Cheuk Yin, TPS	Div.1 AG LC Swim Comp. Part 3, Jun. 25-26, 2022
200 Fly	2:00.43 LIM Nicholas Owen Zhaoguang, LRC	62 nd FOS – LC Time Trial, April 13-14, 2019
200 IM	2:01.37 TO Kenneth King Him, LWS	29 th Summer Universiade, Aug 19-30, 2017
400 IM	4:26.54 WHITTINGTON, Peter Harry, DLS	Thailand Age Group Swimming Championships 2023, Apr 6-11, 2023
4x100 MR	3:44.16 Hong Kong Team LAU Shiu Yue, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, WONG Chen Ho Jeremy	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
4x100 FR	3:21.22 Hong Kong Team LUM Ching Tat, NG Chun Nam Derick, CHEUNG Kin Tat Kent, WONG Kai Wai David 50.88 1:40.70 2:31.65	5 th East Asian Games, Dec 8, 2009
4x200 FR	7:27.16 Hong Kong Team CHEUNG Kin Tat Kent, NG Chun Nam Derick, LUM Ching Tat, WONG Kai Wai David 1:52.46 3:43.70 5:35.08	5 th East Asian Games, Dec 6, 2009

*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 31st July 2023

HONG KONG LONG COURSE RECORDS

WOMEN'S EVENTS

*50 Free	24.56 HAUGHEY Siobhan Bernadette, SCA	Mare Nostrum 2023 – Canet-En-Roussillon, May 13-14, 2023
100 Free	52.27 HAUGHEY Siobhan Bernadette, SCA	Tokyo 2020 Olympic Games, July 23 – August 8, 2021
200 Free	1:53.92 HAUGHEY Siobhan Bernadette, SCA	Tokyo 2020 Olympic Games, July 23 – August 8, 2021
400 Free	4:05.84 HAUGHEY Siobhan Bernadette, SCA	2023 TYR Pro Swim Series - Florida, Mar. 1-4, 2023
800 Free	8:41.66 AU Hoi Shun Stephanie, *DW	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	27.98 AU Hoi Shun Stephanie, DWA	Mare Nostrum 2019 – Monaco, Jun 8-9, 2019
100 Back	1:00.22 AU Hoi Shun Stephanie, DWA	FINA Swimming World Cup – Singapore, Aug 15-17, 2019
200 Back	2:09.33 LAU Yin Yan Claudia, DLS	Div.1 AG LC Swim Comp. Part 3, Jul. 2-3, 2016
50 Breast	31.21 HAUGHEY Siobhan Bernadette, SCA	2023 TYR Pro Swim Series - Florida, Mar. 1-4, 2023
100 Breast	1:07.69 KONG Yvette Man Yi, SCA	12 th Swim Cup Eindhoven 2016, Apr 6 - 10, 2016
200 Breast	2:27.96 KONG Yvette Man Yi, SCA	Edinburgh International Swim Meet, Mar 11-13, 2016
50 Fly	26.55 TAM Hoi Lam, CUC	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Fly	58.12 HAUGHEY Siobhan Bernadette, SCA	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
200 Fly	2:13.91 NAM Carmen, TPS	Zoggs Queensland Swim Champ 09, Dec 18, 2009
200 IM	2:12.10 HAUGHEY Siobhan Bernadette, SCA	2017 Arena Pro Swim Series - Santa Clara, USA, June 1-4, 2017
400 IM	4:48.58 CHENG Chloe, PSC	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
4x100 MR	4:01.77 Hong Kong Team AU Hoi Shun Stephanie, YEUNG Jamie Zhen Mei, HAUGHEY Siobhan Bernadette, TAM Hoi Lam 1:01.25 2:09.19 3:06.15	Div.1 AG LC Swim Comp. Part 2, May. 29-30, 2021
*4x100 FR	3:39.93 Hong Kong Team CHENG Camille Lily Mei, HAUGHEY Siobhan Bernadette, TAM Hoi Lam, AU Hoi Shun Stephanie 56.05 1:48.64 2:44.00	World Aquatics Championships - Fukuoka, Jul 14-30, 2023
4x200 FR	8:04.55 Hong Kong Team CHENG Camille Lily Mei, AU Hoi Shun Stephanie, SZE Hang Yu, HAUGHEY Siobhan Bernadette 2:01.43 4:03.99 6:04.31	Incheon 2014 Asian Games, Sept 20 th -26 th 2014

*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 31st July 2023

HONG KONG LONG COURSE RECORDS

MIXED'S EVENTS

***4x100 FR 3:34.96 Hong Kong Team** **World Aquatics Championships - Fukuoka, Jul 14-30, 2023**
LAU Shiu Yue, HO Ian Yentou, CHENG Camille Lily Mei, CHENG Chloe
52.28 1:41.44 2:37.13

4x100 MR 3:50.22 Hong Kong Team **18th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018**
AU Hoi Shun Stephanie, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, CHENG Camille Lily Mei
1:00.52 2:01.15 2:54.90

Hong Kong Best Time

#4x100 FR 3:32.55 Hong Kong Team **18th FINA World Championships – Gwangju 2019, Jul 21-28, 2019**
LIM Nicholas Owen Zhaoguang, HO Ian Yentou, TAM Hoi Lam, CHENG Camille Lily Mei
51.99 1:41.52 2:37.76

*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 31st July 2023

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

MEN'S EVENTS

50 Free	23.65 NG Chun Nam Derick, WTS	Australian Age Swim. Champ., Apr 07, 2010
100 Free	51.24 NG Chun Nam Derick, WTS	HK Age Group LC SW Championships 2009-10, Oct. 24, 2009
200 Free	1:52.59 Cheuk Ming Ho, CPS	17 th ISF Gymnasiade - Swimming, May 2-9 2018
400 Free	3:57.77 CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
800 Free	8:25.47 CHEUK, Ming Ho, CPS	Div. 1 AG LC Swim Comp. Part 3, Feb. 10-11, 2018
1500 Free	16:00.66 CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
50 Back	26.81 NG Cheuk Yin TPS	Div. 1 AG LC Swim Comp. Part 3, Feb. 10-11, 2018
100 Back	57.73 HO Siu Lun, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
200 Back	2:07.52 NG Cheuk Yin, TPS	HK Open Swimming Champ 2018, Aug. 10-12, 2018
50 Breast	28.87 MAK Sai Ting Adam, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
100 Breast	1:03.01 MAK Sai Ting Adam, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
200 Breast	2:14.41 MAK Sai Ting Adam, HTA	65 th Festival of Sport LC Time Trial, Apr 23, 2022
50 Fly	24.74 NG Cheuk Yin, TPS	61 st FOS – LC SW Time Trial, Apr 14-15 2018
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:02.24 LAU Kin Hei James, HTA	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
200 IM	2:05.10 LAU Kin Hei James, HTA	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
400 IM	4:32.42 WHITTINGTON Peter Harry, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
4x100 MR	4:03.50 Hong Kong Team MOK Kai Tik Marcus, CHAN Chun Lok, CHAN Pak Hin, LUI Nok Ryan	8 th Asian Age Group Swim. Champ, Oct 1-4, 2015
4x100 FR	3:41.42 Hong Kong Team TAM Sze Shing Thomas, LAM Chak Hang, CHAN Pak Hin, Temana Andrew SHORT	52 nd Milo Pram Malaysia AG Champ, Mar 29 – Apr 4, 2016
4x200 FR	8:06.77 WTS TAM Sze Shing Thomas, LEUNG Chun Hei Bryan, FONG Ching Yuen, MOK Kai Tik Marcus	Div.1 AG LC Swim Comp. Part 1, May.14-15, 2016

*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 31st July 2023

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

WOMEN'S EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31,2013
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31,2013
200 Free	1:59.77 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15,2013
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17,2007
800 Free	8:50.21 AU Hoi Shun Stephanie, *DW	3 rd H.K. Int' Open Swimming Champ, Aug 31, 2007
1500 Free	16:58.79 Anderson Charlotte Kiki, HIS	2014 Scottish Gas National AG Swim Champ, Jun 25-29,2014
50 Back	29.52 KAN Cheuk Tung Natalie, HVA	HKSSF Div. 2 Inter-School Swim. Comp, Oct 10, 2017
100 Back	1:03.30 CHEUNG Sum Yuet Cindy, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
200 Back	2:16.10 CHEUNG Sum Yuet Cindy, TPS	HK Age Group LC SW Championships 2021-22, Nov 5-7, 2021
50 Breast	32.45 MAN Wui Kiu, CPS	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
100 Breast	1:11.30 KONG Yvette Man Yi, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct 17, 2008
200 Breast	2:32.79 MA Hei Tung Fiona, SLA	5 th East Asian Games, Dec 9, 2009
50 Fly	27.45 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
100 Fly	1:00.54 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
200 Fly	2:14.06 MOK Sze Ki, HVA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
200 IM	2:13.35 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15,2013
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15,2013
4x100 MR	4:19.55 Hong Kong Team FUNG Suet Ying Chloe, CHENG Chloe, LAU Ping Yi Audrey, TSE On Ching	2 nd Youth Games of the People's Republic of China, Aug 8-18, 2019
4x100 FR	3:55.42 Hong Kong Team LAU Ping Yi Audrey, CHU Sarah Ting Yan, MOK Sze Ki, LEE Yan Hei	10 th Asian Age Group Swimming Championships, Sep 24-27, 2019
4x200 FR	8:32.64 Hong Kong Team LAU Ping Yi Audrey, CHENG Chloe, TSE On Ching, DU Zheng	2 nd Youth Games of the People's Republic of China, Aug 8-18, 2019

*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

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HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 10 & UNDER EVENTS

50 Free	29.13 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	1:02.87 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
200 Free	2:15.96 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
50 Back	32.29 HO Siu Lun, DLS	The 5 th HK Games. Mav 2-3, 2015
*100 Back	1:12.00 HSIEH Kurtis Yi Hon, TPS	Div. 1 AG LC Swim Comp. Part 1. Jul. 29-30, 2023
50 Breast	36.43 TAM Ka Ming, HVA	HK Age Group LC SW Championships 2007-08, Nov. 17, 2007
100 Breast	1:18.73 TAM Ka Ming, *CY	HKSSF Inter-Area Primary Swim Comp., Nov 29, 2008
50 Fly	31.15 HO Siu Lun, DLS	HKSSF Inter-Area Primary Swim Comp, Nov 22, 2014
100 Fly	1:10.22 HUNG Leung-fung, PSC	Div. 1 AG LC Swim Comp. Part 1, May 23, 2004
200 IM	2:32.07 LAU Kin Hei James, HTA	Div. 1 AG LC Swim Comp. Part 3, Sep. 21-22, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 10 & UNDER EVENTS

50 Free	28.50 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 1, May 25, 2008
100 Free	1:02.44 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 2, Jun. 29, 2008
200 Free	2:16.52 LOK Hoi Man, WTS	HK Age Group LC SW Championships 2011-12, Nov. 5, 2011
50 Back	33.49 MA Wing Yu, *WA	HK Age Group LC SW Championships 2015-16, Nov. 6-8, 2015
100 Back	1:11.95 CHENG Jessica Chloe, TPS	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
50 Breast	35.23 Lam Chelsie, DLS	3 rd All Hong Kong Inter-Area Primary Schools Swimming Competition 2018-2019, 8 June, 2019
100 Breast	1:18.24 YIP Hiu Lok, *WA	HK Age Group LC SW Championships 2015-16, Nov. 6-8, 2015
50 Fly	30.56 LEE Si Yao Peony, TPS	2 nd All Hong Kong Inter-Area Primary Schools Swimming Competition 2017-2018, 9 June, 2018
100 Fly	1:09.78 LAU Ping Yi Audrey, HTA	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
200 IM	2:32.15 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul. 27, 2008

*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

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HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 11 – 12 YEARS EVENTS

50 Free	25.59 LI Sing Hoi, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	56.91 YICK Sum Kiu, SLA	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
200 Free	2:01.93 Han Pak Kiu, HTA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
400 Free	4:16.08 Han Pak Kiu, HTA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
50 Back	29.28 CHAN Tsz Kwan, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct 18, 2019
100 Back	1:03.66 HO Siu Lun, DLS	The 6 th Hong Kong Games, May 13-14, 2017
200 Back	2:19.13 MOK Kai Tik Marcus, WTS	HK Age Group LC SW Championships 2013-14, Nov. 8-10, 2019
50 Breast	30.86 TAM Ka Ming, *CY	HKSSF Div. 1 Inter-School Swim. Comp, Oct 14, 2010
100 Breast	1:09.05 LAU Kin Hei James, HTA	HK Open Swimming Championships 2021, Aug. 6-8, 2021
200 Breast	2:30.15 WONG Benson, DLS	HKSSF Div. 1 Inter-School Swim. Comp, 28 Oct, 2015
50 Fly	27.23 CHAN Wai Ching Adrian, WTS	HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
100 Fly	1:00.08 LAU Kin Hei James, HTA	Hong Kong Long Course Swimming Time Trial IV, June 20, 2021
200 Fly	2:13.93 LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
200 IM	2:15.50 LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 11 – 12 YEARS EVENTS

50 Free	26.80 HAUGHEY Siobhan Bernadette, SCA	HKSSF Div 1 Inter-School Swim. Comp, Oct 14, 2010
100 Free	57.77 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
200 Free	2:06.55 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
400 Free	4:28.03 NAM Carmen, TPS	7 th Asian Swimming Champ, Mar. 07, 2006
50 Back	31.00 HO Tin Wing, HTA	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
100 Back	1:06.02 KWOK Sabrina Christine, SCA	Zoggs Queensland Swim Champ 09, Dec 13, 2009
200 Back	2:21.61 HO Tin Wing, HTA	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
50 Breast	33.64 MAN Wui Kiu, CPS	HK Open Swimming Championships 2022, Aug. 19-21, 2022
100 Breast	1:12.78 YIP Tsz-wa, DLS	HKSSF Div. 1 Inter-School Swim Comp., Oct 15, 2003
200 Breast	2:35.62 MA Hei-tung, DLS	LI FOS-Olympic Time Trial II, Apr 20, 2008
50 Fly	28.87 LAI Chu Yi, WTS	7 th HK Open Swimming Champ., Sep 4, 2011
100 Fly	1:02.95 MOK Sze Ki, HVA	HK Open Swimming Champ 2019, Aug 9-11, 2019
200 Fly	2:18.68 MOK Sze Ki, HVA	Div. 1 AG LC Swim Comp. Part 1, Jul 13-14, 2019
200 IM	2:21.79 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul 25, 2010

*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

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HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 13 – 14 YEARS EVENTS

50 Free 24.18 LAU Kin Hei James, HTA
100 Free 52.80 CHEUK Ming Ho, CPS
200 Free 1:55.46 LAU Kin Hei James, HTA
400 Free 4:07.24 WANG Yi Shun, CPS
800 Free 8:37.69 WONG Ming Hong, HTA
1500 Free 16:14.23 CHEUK Ming Ho, CPS

HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
The 6th Hong Kong Games, May 13-14, 2017
66th Festival of Sport LC Time Trial, Apr 15-16, 2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023
Div. 1 AG LC Swim Comp. Part 3, Feb. 28 - Mar. 1, 2015
60th FOS – LC Time Trial, Apr.15-16,2017

50 Back 27.12 HO Siu Lun, DLS
100 Back 58.17 HO Siu Lun, DLS
200 Back 2:09.86 YUK Shing Chi, PSC

HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26,2018
HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26,2018
HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017

50 Breast 29.08 TSUI Yik Ki, PSC
100 Breast 1:05.00 LAU Kin Hei James, HTA
200 Breast 2:18.11 WONG Benson, DLS

HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
HK Open Swimming Champ 2017, July 28-30, 2017

***50 Fly 24.90 LAU Kin Hei James, HTA**
100 Fly 55.07 LAU Kin Hei James, HTA
200 Fly 2:02.24 LAU Kin Hei James, HTA

Div. 1 AG LC Swim Comp. Part 2, Jun 18, 2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023

200 IM 2:05.10 LAU Kin Hei James, HTA
400 IM 4:35.30 LAU Kin Hei James, HTA

66th Festival of Sport LC Time Trial, Apr 15-16, 2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 13 – 14 YEARS EVENTS

50 Free 25.87 LI Sum Yiu, WDA
100 Free 56.07 HAUGHEY Siobhan Bernadette, SCA
200 Free 2:02.00 CHENG Chloe, PSC
400 Free 4:19.32 CHENG Chloe, PSC
800 Free 8:56.31 HO Wai Nam, WTS
1500 Free 17:17.68 NAM Carmen, TPS

HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
Age Group LC Champ, Nov 05, 2011
HKSSF Div. 1 Inter-School Swim. Comp., Oct 25, 2019
Div. 1 AG LC Swim Comp. Part 3, Sep. 21-22, 2019
Thailand Age Group Swimming Championships 2017
World Champ 2007 – Melbourne, Mar 26, 2007

50 Back 29.95 LOO Tsz Ki Cherrie, DWA
100 Back 1:04.18 CHEUNG Sum Yuet Cindy, TPS
200 Back 2:17.61 LAU Yin Yan Claudia, DLS

Div.1 AG LC Swim Comp. Part 3, Jan 27, 2019
Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
Hong Kong Open Champ. 07, Sep 2007

50 Breast 32.45 MAN Wui Kiu, CPS
100 Breast 1:11.31 MA Hei Tung Fiona, SLA
200 Breast 2:32.79 MA Hei Tung Fiona, SLA

HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
5th East Asian Games, Dec 8, 2009
5th East Asian Games, Dec 9, 2009

50 Fly 27.45 LAU Ping Yi Audrey, HTA
100 Fly 1:00.54 LAU Ping Yi Audrey, HTA
200 Fly 2:14.96 LAU Ping Yi Audrey, HTA

HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019

200 IM 2:18.44 HAUGHEY Siobhan Bernadette, SCA
400 IM 4:55.42 LAM Hoi Kiu, HTA

Australian Age Championships, Apr 9-14,2012
18th Asian Games, Jakarta- Palembang, Aug 19-24 , 2018

*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

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HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 15 – 17 YEARS EVENTS

50 Free	22.99 LUM Ching Tat Jeffrey, HFS	8 th Asian Swimming Champ., Nov 28, 2009
100 Free	50.48 LUM Ching Tat Jeffrey, HFS	1 st Asian Youth Games, Jul 06, 2009
200 Free	1:50.11 CHEUK Ming Ho, CPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
400 Free	3:53.05 CHEUK Ming Ho, CPS	62 nd FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.27 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 19, 2018
100 Back	57.38 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
200 Back	2:05.82 NG Cheuk Yin, TPS	7 th Hong Kong Games, May 18-19, 2019
50 Breast	28.87 MAK Sai Ting Adam, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
*100 Breast	1:02.38 MAK Sai Ting Adam, HTA	Mare Nostrum 2023 – Barcelona, May 17-18, 2023
200 Breast	2:11.89 MAK Sai Ting Adam, HTA	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:02.70 LIM Nicholas Owen Zhaoguang, LRC	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
200 IM	2:05.98 LAU Ping Chi, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 25, 2019
400 IM	4:26.78 WHITTINGTON, Peter Harry, DLS	Hong Kong National Olympic Time Trial, Mar 21, 2021

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 15 – 17 YEARS EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
200 Free	1:59.66 HAUGHEY Siobhan Bernadette, SCA	Incheon 2014 Asian Games, Sep 20-26, 2014
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17, 2007
800 Free	8:41.66 AU Hoi Shun Stephanie, *DW	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	28.83 CHEUNG Sum Yuet Cindy, TPS	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Back	1:01.92 WONG ToTo Kwan To, HTA	10 th Asian Swimming Championships, Nov 17-20, 2016
200 Back	2:10.35 CHEUNG Sum Yuet Cindy, TPS	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
50 Breast	31.82 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 6, 2009
100 Breast	1:08.43 KONG Yvette Man Yi, SCA	8 th Asian Swimming Champ., Nov 27, 2009
200 Breast	2:31.65 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 9, 2009
50 Fly	27.47 KAN Cheuk Tung Natalie, HVA	7 th FINA World Junior Swimming Champ 2019, Aug 20-25, 2019
100 Fly	1:00.48 KAN Cheuk Tung Natalie, HVA	HK Open Swimming Champ 2019, Aug 9-11, 2019
200 Fly	2:13.91 NAM Carmen, TPS	Zoggs Queensland Swim Champ 09, Dec 18, 2009
200 IM	2:13.07 HAUGHEY Siobhan Bernadette, SCA	16 th FINA World Championships – Kazan 2015, Aug 2, 2015
400 IM	4:48.58 CHENG Chloe, PSC	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

Hong Kong Open Swimming Championships 2023

Reject List

No.	Name	Event	Club	Remarks
1	Cheng Chun Hong	20	DLS	Have swimming reocrd
2	Loo Tsz Chung Berry	14	DWA	Wrong event
3	Loo Tsz Chung Berry	22	DWA	Wrong event
4	Wong Ching Wun Anthea	7	HIS	Wrong information of past event
5	So Chun Hei	30	KTS	More than limited entries
6	Fong Sin Ka	31	LFS	Have swimming reocrd
7	Vong Camille Sara Jia Yi	35	LRC	More than limited entries
8	Cheng Denise	1	PSC	Wrong information of past event
9	Lau Tsz Pok	36	PSC	Entry time slower than QT
10	Tong Ching Wa	12	PSC	Have swimming reocrd
11	Tsui Yik Ki	34	PSC	Wrong information of past event
12	Wu Hoi Fu	28	SLA	Have swimming reocrd
13	Yik Sum Kiu	26	SLA	Have swimming reocrd
14	Chan Wang Hei Terence	34	TPS	More than limited entries
15	Sum Yi Man	31	TPS	More than limited entries
16	Tang Kak Shing	4	TPS	Entry time slower than QT
17	Tang Cheuk Yan	6	WDA	Wrong information of past event
18	Chan Cheuk Kit	10	WTS	Have swimming reocrd

* Please submit re-entry form no later than 12p.m on 17 August 2023

Hong Kong Open Swimming Championships 2023 - 18/8/2023 to 20/8/2023

Meet Program - Day 1

Event 39 Mixed 4x100 LC Meter Medley Relay

HKR: 3:50.22

Hong Kong Team

MR: 4:00.12

Hoi Tin Athletic Association

4:54.00

QT Qualifying Time

Meet Qualifying: 4:54.00

Lane	Team	Relay	Seed Time
Heat 1 of 2 Timed Finals			
3	Hong Kong Sportworld Assn	A	4:54.00 QT
4	Tai PO Swimming Club	A	4:54.00 QT
5	Keung Sung Swimming Club	A	4:54.00 QT
Heat 2 of 2 Timed Finals			
0	Happy Valley Athletic Assn	A	4:26.62 QT
1	South China Athletic Assn	A	4:13.25 QT
2	Dik Wing Association Limited	A	4:09.77 QT
3	Chinese Taipei Swimming Assn	A	4:03.65 QT
4	Hoi Tin Athletic Assn Ltd	A	3:44.77 QT
5	Chi Pui Swimming Club Ltd	A	3:45.53 QT
6	Win Tin Swimming Club	A	4:07.40 QT
7	Pacific Swimming Club	A	4:13.15 QT
8	White Dolphin Sport Assn	A	4:14.17 QT

Event 1 Women 1500 LC Meter Freestyle

OQT: 16:09.09

OCT: 16:13.94

WCA: 16:29.57

WCB: 17:04.20

HKR: 16:51.05

HO Nam Wai, WTS

JR: 16:58.79

MR: 17:10.89

NIP Tsz Yin, EWS

19:20.00

QT Qualifying Time

Meet Qualifying: 19:20.00

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals					
3	38270 P	Worthington, Poppy Mei	14	Chi Pui	18:42.80 QT
4	32517 B	Wong, Hoi Wai	17	Win Tin	18:02.95 QT
5	38217 IAZ	Yan, Ellie	13	Hoi Tin	18:04.36 QT
Heat 2 of 2 Timed Finals					
0	29902 B	Lam, Cheuk Ue Natalie	19	Sun Yip	17:40.62 QT
1	38628 IAZ	Ho, So Wai	15	Happy Valley	17:28.38 QT
2	23856 B	Leung, Ka Ching	19	Hoi Tin	17:21.99 QT
3	18545 IAZ	Lam, Pac Tung Nikita	23	Sun Yip	17:10.69 QT
4	19207 B	Nip, Tsz Yin	23	Eastern Winter	16:42.37 QT
5	42490	Wang, Xin Tong	15	Win Tin	16:43.00 QT
6	31707 B	Tung, Sze Mang	15	Happy Valley	17:15.59 QT
7	38627 IAZ	Ho, So Yu	15	Happy Valley	17:25.20 QT
8	32282 IAZ	Cheng, Denise	17	Pacific	17:29.23 QT
9	31657 IAZ	Chan, Lok Mei	15	Happy Valley	17:43.55 QT

Hong Kong Open Swimming Championships 2023 - 18/8/2023 to 20/8/2023

Meet Program - Day 1

Event 40 Mixed 4x100 LC Meter Freestyle Relay

HKR: 3:34.96

Hong Kong Team

MR: 3:37.67

Hoi Tin Athletic Association

4:33.07

QT Qualifying Time

Meet Qualifying: 4:33.07

Lane	Team	Relay	Seed Time
Heat 1 of 1 Timed Finals			
0	Hong Kong Sportworld Assn	A	4:33.07 QT
1	Chi Pui Swimming Club Ltd	A	4:10.69 QT
2	Pacific Swimming Club	A	3:58.01 QT
3	White Dolphin Sport Assn	A	3:51.01 QT
4	Chinese Taipei Swimming Assn	A	3:36.56 QT
5	Win Tin Swimming Club	A	3:43.03 QT
6	South China Athletic Assn	A	3:51.63 QT
7	Hoi Tin Athletic Assn Ltd	A	4:03.52 QT
8	Sun Yip Swimming Club	A	4:33.07 QT

Event 2 Men 1500 LC Meter Freestyle

OQT: 15:00.99

OCT: 15:05.49

WCA: 15:04.64

WCB: 15:36.30

HKR: 15:38.76

CHEUK Ming Ho, CPS

JR: 16:00.66

MR: 15:21.60

HAO Yun, CHN

18:20.31

QT Qualifying Time

Meet Qualifying: 18:20.31

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Timed Finals					
3	37482 B	Kwan, Ho Yin	15	Riverside	18:20.31 QT
4	43587 IAZN	Chan, Yin Hang	13	Sun Yip	18:03.96 QT
5	49179 @ICX	Zhu, Xiuping	14	Pacific	18:20.31 QT
Heat 2 of 3 Timed Finals					
0	39571 IAZ	Cheung, Chi Daniel	14	Sun Yip	17:58.07 QT
1	37420 IAZ	Ko, Chin Fung	14	Kwun Tong	17:35.91 QT
2	38218 IAZ	Cheng, Tsz Leong Louie	13	Hoi Tin	17:29.54 QT
3	34048 IAZ	Wong, Pok Lam	16	Hoi Tin	17:05.80 QT
4	39573 B	Lee, Chak Fung Jaiden	14	Sun Yip	16:42.20 QT
5	34506 B	Yu, Shing Hin	15	Win Tin	16:47.16 QT
6	33829 IAO	Ko, Harry Hing	15	South China	17:14.29 QT
7	40757 IAZ	To, Hiu Fung	13	Hoi Tin	17:29.90 QT
8	35931 B	Lam, Marcus Pak Hei	13	Win Tin	17:40.23 QT
Heat 3 of 3 Timed Finals					
0	03439 IAZ	Sin, Chin Ting Keith	28	South China	16:36.56 QT
1		Liu, Ching-Hung	17	Taipei	16:30.00 QT
2	38214 IAZ	Chan, Wai Ching Adrian	13	Win Tin	16:16.66 QT
3		Xie, Qi-Lin	15	Taipei	16:00.00 QT
4		Hung, Pen-Han	21	Taipei	15:52.32 QT
5	28345 B	Sum, Ka Lok Leo	19	White Dolphin	15:54.41 QT
6	29884 B	Kwong, Jacob Yat Nam	16	Win Tin	16:04.07 QT
7	29043 B	Tsang, Lok Hei	19	Sun Yip	16:18.34 QT
8	22961 B	Chan, Tsun Hin	18	White Dolphin	16:31.25 QT
9	25326 B	Lam, Tsz Him	19	Happy Valley	16:39.30 QT

Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 3 Women 200 LC Meter Freestyle

OQT: 1:57.26

OCT: 1:57.85

WCA: 1:58.66

WCB: 2:02.81

HKR: 1:53.92

JR: 1:59.77

MR: 1:56.47

HAUGHEY Siobhan Bernadette,SCA

HAUGHEY Siobhan Bernadette,SCA

2:19.97 QT Qualifying Time

Meet Qualifying: 2:19.97

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3	40426 B	Fong, Sin Ka	12	Long Fame	2:19.97 QT
4	42637 B	So, Yin Yan	13	Happy Valley	2:15.05 QT
5	45628 IAZ	Chan, Pui Ka	11	White Dolphin	2:19.97 QT
Heat 2 of 5 Prelims					
1	30878 P	Vong, Camille Sara Jia Yi	17	LRC	2:13.69 QT
2	34477 B	Law, Wai Lam	15	Tai Po	2:12.48 QT
3	38248 P	Du, Zheng	19	Flying Dragon	2:11.07 QT
4		Pan, Pin-Chen	15	Taipei	2:11.00 QT
5	35988 P	Lee, Jeanelle Faith	15	South China	2:11.03 QT
6		Cheng, Xi-Xuan	16	Taipei	2:11.73 QT
7	31469 B	Lee, Si Yao Peony	15	South China	2:13.33 QT
8		Lee, Hsin-Yuan	17	Taipei	2:13.93 QT
Heat 3 of 5 Prelims					
0	37874 IAZ	Choi, Hiu Ying	13	Hoi Tin	2:09.67 QT
1	30744 B	Hui, Ka Ling	18	Win Tin	2:09.21 QT
2	36944 B	Chan, Yi Lok	13	Win Tin	2:07.78 QT
3	31841 IAZ	Ng, Lai Wa	17	Hoi Tin	2:04.99 QT
4	32098 B	Ma, Tsz Tsing Ashley	15	Hoi Tin	2:01.58 QT
5	42490	Wang, Xin Tong	15	Win Tin	2:03.26 QT
6	38217 IAZ	Yan, Ellie	13	Hoi Tin	2:06.16 QT
7	44386 @	Li, Yu Qing	13	Win Tin	2:08.11 QT
8	32282 IAZ	Cheng, Denise	17	Pacific	2:09.33 QT
9		Kuo, Yu-Chen	13	Taipei	2:10.43 QT
Heat 4 of 5 Prelims					
0		Wu, Yi-Xuan	16	Taipei	2:09.60 QT
1	31657 IAZ	Chan, Lok Mei	15	Happy Valley	2:08.78 QT
2	25101 B	Ng, Sze Kwan	17	Kowloon Tong Club	2:07.67 QT
3		Chen, Szu-An	22	Taipei	2:04.62 QT
4	30054 IAZ	Cheng, Chloe	18	Pacific	2:00.82 QT
5	32517 B	Wong, Hoi Wai	17	Win Tin	2:02.60 QT
6		Li, Pei-Hsuan	16	Taipei	2:06.00 QT
7		Yang, Yu-Ching	19	Taipei	2:08.08 QT
8	37875 B	Chan, Yuk Yan	14	Hoi Tin	2:09.26 QT
9	38270 P	Worthington, Poppy Mei	14	Chi Pui	2:10.07 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 5 Prelims... (Event 3 Women 200 LC Meter Freestyle)**

0	29060 IAZ	Lam, Hoi Kiu	19	Hoi Tin	2:09.59	QT
1	32326 B	Mok, Sze Ki	16	Happy Valley	2:08.45	QT
2	40738 B	Li, Sum Yiu	14	White Dolphin	2:06.25	QT
3		Ho, Ya-Hsuan	21	Taipei	2:04.58	QT
4	21383 B	Ho, Nam Wai Tinky	21	Win Tin	1:58.53	QT
5	33715 IAZ	Ma, Gilaine	15	Tai Po	2:02.54	QT
6		Hsu, An	25	Taipei	2:05.00	QT
7		Yao, Ssu-Yu	17	Taipei	2:08.00	QT
8		Wei, Tzu-Ning	14	Taipei	2:09.25	QT
9	40949 B	Sum, Yi Man	12	Tai Po	2:10.02	QT

Event 4 Men 100 LC Meter Freestyle**OQT: 48.34****OCT: 48.58****WCA: 48.51****WCB: 50.21****HKR: 49.15****CHEUK Ming Ho, CPS****JR: 51.24****MR: 49.33****TO Kenneth King Him, LWS****55.38****QT Qualifying Time****Meet Qualifying: 55.38**

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
1	51533 IAO	Tsang, Jonathan Chun	18	South China	55.38	QT
2	31666 IAZ	Lee, Yat Yuen Yen	16	Hoi Tin	54.99	QT
3	33577 P	Choi, Tsz Kit	17	Aquatic	54.70	QT
4	35393 B	Law, Lok Hei	16	Win Tin	54.62	QT
5		Tsai, Han-Ying	14	Taipei	54.69	QT
6	36737 B	Chan, Wang Hei Terence	17	Tai Po	54.75	QT
7	33370 IAZ	Hui, Ching Ho	16	Sword Fish Club	55.38	QT
8	32137 IAZ	Yuen, Chun Shing	17	Tuen Mun	55.38	QT
Heat 2 of 4 Prelims						
0		Hsiao, Hung-Ya	17	Taipei	54.00	QT
1		Lu, Hi-Hsinn	17	Taipei	52.90	QT
2	32042 IAZ	Lee, Jia Jun Jody George	17	South China	51.79	QT
3	33755 IAZ	Lau, Kin Hei James	14	Hoi Tin	51.35	QT
4	06697 B	Koo, Ralph Yat Ho	25	Hoi Tin	49.68	QT
5	22824 IAZ	Wong, Lok Kan	19	Hoi Tin	50.71	QT
6	21248 B	Lau, Ping Chi	20	Hoi Tin	51.57	QT
7	33935 B	Yau, Pak Ho	15	Chi Pui	52.53	QT
8	31864 IAZ	Kwong, Bui Ming	17	Hoi Ngai	53.37	QT
9		Ihang, Wei-Tang	16	Taipei	54.54	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023
Meet Program
Heat 3 Prelims... (Event 4 Men 100 LC Meter Freestyle)

0	36085 B	Hui, Yik Kiu	15	Chi Pui	53.93	QT
1	30499 IAO	Chan, Nathan	20	Dik Wing	52.79	QT
2		Yang, Yu-Xiang	21	Taipei	51.76	QT
3	29257 B	He, Shing Ip	17	Chi Pui	51.07	QT
4	25254 B	Ho, Siu Lun	19	Dali Swimming Club	49.47	QT
5	32248 B	Li, Sing Hoi	18	Win Tin	50.68	QT
6	49455 IAZ	Cai, Qi Hong	16	Chi Pui	51.49	QT
7	36913 IAZ	Cheng, Cheuk Chi George	15	Dali Swimming Club	52.04	QT
8		Hsieh, ChenChing	20	Taipei	53.22	QT
9		Bangun, Albertus Andika	20	Indonesia	54.35	QT

Heat 4 of 4 Prelims

0	25665 IAZ	Wong, Hoi Nam	17	Dik Wing	53.39	QT
1	39015 P	Chan, Tsz Kwan	16	Tai Po	52.63	QT
2	33435 IAZ	Siu, To	17	Dali Swimming Club	51.61	QT
3	33922 P	So, Kwun Wa	15	White Dolphin	50.92	QT
4	25777 B	Cheuk, Ming Ho	21	Chi Pui	49.06	QT
5	12117 IAZ	Lau, Shiu Yue	26	Hoi Tin	50.14	QT
6	38227 IAZ	Lo, Tsz Lam	16	Win Tin	51.42	QT
7	30733 B	Lai, King Wo	16	Win Tin	51.94	QT
8	32463 IAZ	Chan, Austin	17	Dik Wing	53.04	QT
9	28636 B	Chan, Tsz Chiu	20	Keung Sung	54.23	QT

Event 5 Women 100 LC Meter Breaststroke
OQT: 1:06.79
OCT: 1:07.12
WCA: 1:07.35
WCB: 1:09.71
HKR: 1:07.69
JR: 1:11.30
MR: 1:08.66
KONG Yvette Man Yi, SCA
LIN Pei Wun, TPE
1:23.48 QT Qualifying Time
Meet Qualifying: 1:23.48

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
0	47588 #B	Li, Man Hin	14	Flying Dragon	1:23.48	QT
1	40655 IAZ	Ma, Malia	15	Hoi Tin	1:23.48	QT
2	37788 IAZ	Chan, Hoi Lam	15	Tuen Mun	1:22.99	QT
3	33426 IAZN	Chan, Tsz Wing Sophie	15	South China	1:22.41	QT
4		Chen, You-shi	13	Taipei	1:19.90	QT
5	38940 IAZ	Kan, Sum Yin	13	Lai Wa	1:21.70	QT
6	42528 #IAZ	Leung, Wing Kiu	12	HK Sportworld	1:22.69	QT
7	40831 B	Lau, Tsz Tung	15	Dali Swimming Club	1:23.48	QT
8	38702 IAZ	Siu, Hoi Ching	12	Tai Po	1:23.48	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Heat 2 Prelims... (Event 5 Women 100 LC Meter Breaststroke)

0	39998 @P	Wang, Madeleine Rose	13	Win Tin	1:19.75	QT
1	50134 IAZN	Wu, Melody	14	South China	1:19.12	QT
2	39432 IAZ	Leung, Sze Ki Safira	13	Marlins	1:17.84	QT
3	33520 IAZ	Chen, Wing Kiu	16	South China	1:17.34	QT
4	39905 IAZ	Lan, Jasmine Lauren	13	Jockey Club	1:16.71	QT
5	38528 B	Lam, Tsz Ying	12	Hoi Tin	1:16.79	QT
6	43294 #B	Wong, Tsz Huen	13	Pacific	1:17.69	QT
7	33129 IAZ	Lau, Yui Sze	16	Sword Fish Club	1:18.02	QT
8	39904 IAZ	Ho, Tess Lauren	15	Island Stingrays	1:19.62	QT
9	39149 IAZ	Xing, Yina	12	Happy Valley	1:19.86	QT

Heat 3 of 5 Prelims

0		Huang, Pei-Yi	18	Taipei	1:15.99	QT
1		Lo, Yu-Ting	20	Taipei	1:15.12	QT
2		Li, Tsai-Lin	13	Taipei	1:14.00	QT
3		Li, Jia-Shiun	16	Taipei	1:12.00	QT
4	30162 ICX	Chang, Yujuan	23	Win Tin	1:09.12	QT
5	29139 B	Young, Sze Ki	20	Tai Po	1:10.50	QT
6	33815 IAZ	Wong, Hin Yi	16	Tai Po	1:13.02	QT
7	40887 IAZ	Au-Yeung, Sze Ching	14	Chi Pui	1:14.53	QT
8	39592 IAZ	Sng, Yan Megan	18	Dik Wing	1:15.52	QT
9	36010 #IAZ	Wu, Kwan Lo	13	Win Tin	1:16.64	QT

Heat 4 of 5 Prelims

0	38756 B	Pak, Yan Ting Emily	14	Dali Swimming Club	1:15.98	QT
1		Lin, Tzu-Yun	13	Taipei	1:15.09	QT
2	40306 IAZ	Chi, Yi Lam	12	Jockey Club	1:14.00	QT
3		Hung, Chieh-Yu	23	Taipei	1:11.65	QT
4	29060 IAZ	Lam, Hoi Kiu	19	Hoi Tin	1:08.58	QT
5		Lin, Pei-Wun	23	Taipei	1:10.00	QT
6	42578 #IAZ	Leung, Yan Yui	14	Chi Pui	1:12.88	QT
7		Fan, Ching-Yu	16	Taipei	1:14.40	QT
8	43137 IAZ	Yiu, Sum Yin	12	Win Tin	1:15.39	QT
9	28108 B	Seeto, Wai Ching	18	Keung Sung	1:16.26	QT

Heat 5 of 5 Prelims

0	38411 B	Yung, Tsz Ching	12	Hoi Tin	1:15.69	QT
1	34467 B	Chan, Tsz Ching	17	Sea Lion	1:14.69	QT
2	33492 #IAZ	Chu, Ching Yin Annika	17	Hoi Tin	1:13.57	QT
3	37750 #IAZ	So, Ching Nga	15	Hoi Tin	1:10.52	QT
4	39179 B	Man, Wui Kiu	13	Chi Pui	1:08.48	QT
5	35670 B	Cheung, Wing Yi Claire	14	Jockey Club	1:09.74	QT
6	33742 IAZ	Lam, Chelsie	15	Dali Swimming Club	1:12.65	QT
7	38297 IAX	Cheung, Hau Wing	15	Lai Wa	1:14.27	QT
8		Lee, Yi-Ting	13	Taipei	1:15.35	QT
9	36672 B	Lam, Karman	16	Pacific	1:16.12	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 6 Men 50 LC Meter Breaststroke

WCA: 27.33

WCB: 28.29

HKR: 28.23

JR: 28.87

MR: 28.15

TO Kenneth King Him, LWS

CHAO Man Hou, MAC

32.66 QT Qualifying Time

Meet Qualifying: 32.66

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims					
3	43172 ICO	Xia, Christopher Cheng Go	18	Hoi Tin	32.66 QT
4	29849 B	Yeung, Cheuk Hay Hayden	17	Chi Pui	32.66 QT
5	29101 B	Zeng, Yan Kai	18	Dali Swimming Club	32.66 QT
6	49024 #IAZ	Lum, Ching Hin	20	Shatin Sports	32.66 QT
Heat 2 of 6 Prelims					
0	40772 P	Lo, Cheuk Hei	13	Sun Yip	32.20 QT
1	44480 P	Cheng, Yu	14	Dik Wing	32.03 QT
2	22513 IAZ	Tang, Cheuk Yan	22	White Dolphin	31.94 QT
3	44135 B	So, Chun Hei	14	Kwun Tong	31.51 QT
4	49455 IAZ	Cai, Qi Hong	16	Chi Pui	31.38 QT
5	33925 B	Wong, Tsz Ming	17	White Dolphin	31.45 QT
6	33793 IAZ	Tam, Ka Shek	16	Win Tin	31.59 QT
7	37498 B	Lam, Hing Ka	14	Riverside	31.96 QT
8	34130 IAZ	Yip, Nathan	14	Dali Swimming Club	32.16 QT
9	47580 @IAO	Poon, Derrick Gene-ming	35	Fastlane Swimming	32.63 QT
Heat 3 of 6 Prelims					
0	27866 B	Tam, Man Chun Vincent	16	Chi Pui	31.15 QT
1	38206 #IAZ	Cheung, Pang Cho	16	Kwun Tong	30.95 QT
2	30899 #IAZ	Wong, Adam Chun To	17	South China	30.82 QT
3	22993 B	Hui, Chi Kong Matthew	19	Dali Swimming Club	30.66 QT
4		Shao, Bo-Yan	16	Taipei	30.50 QT
5	32214 B	Wong, Sum Lam	15	White Dolphin	30.64 QT
6	33407 IAZ	Chu, Ho Yin	18	Tai Po	30.69 QT
7	41024 B	Li, Matthew	15	HK Sportworld	30.91 QT
8	31822 B	Lau, Ming Yui	17	Lai Wa	30.99 QT
9	37181 #IAZ	Yu, Ming Hei	15	Pacific	31.28 QT
Heat 4 of 6 Prelims					
0	29306 B	Cheng, Hoi Kei	18	White Dolphin	30.17 QT
1	36314 IAZ	Mok, Long Sum	14	Lai Wa	29.96 QT
2	25050 B	Kung, Lok Sum	19	Tai Po	29.53 QT
3		Cai, Bing-Rong	26	Taipei	28.80 QT
4	45703 IAZ	Tsui, Yik Ki	15	Pacific	28.32 QT
5	35805 B	So, Chun Hin	16	Tai Po	28.61 QT
6	47705 IAZ	Zhan, Kevin Yuchen	15	Chi Pui	29.31 QT
7	28299 #B	Yeung, Tsun Ho	17	Sword Fish Club	29.69 QT
8		Liu, Ching-Hung	17	Taipei	30.01 QT
9	36658 IAZ	Ng, Chit	15	Dali Swimming Club	30.44 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 5 Prelims... (Event 6 Men 50 LC Meter Breaststroke)**

0		Chen, Wei-Che	22	Taipei	30.06	QT
1	40651 P	Leung, Tsz Ming	14	White Dolphin	29.80	QT
2	21627 B	Au, Chun Hei	19	Dali Swimming Club	29.53	QT
3	29699 IAZ	Fong, Ka Yu	21	White Dolphin	28.69	QT
4	25379 B	Mak, Sai Ting Adam	17	Hoi Tin	28.20	QT
5	30694 IAZ	Cheung, Chi Kit Nicholas	18	Wong Tai Sin	28.53	QT
6	33495 IAZ	Wan, Siu Chun	19	Tai Po	29.10	QT
7		Chang, Chiao-I	16	Taipei	29.69	QT
8	32738 IAZ	Man, Ho Him	17	Lai Wa	29.99	QT
9		Chen, Chung-Tse	19	Taipei	30.37	QT

Heat 6 of 6 Prelims

0	33716 B	Chan, Ngai Cheung	18	Tuen Mun	30.02	QT
1		Chen, Yi-Hsiang	18	Taipei	29.71	QT
2		Wu, Yu-Chia	16	Taipei	29.31	QT
3	42025 IAO	Luk, Arnold Bingtse	26	South China	28.67	QT
4	12303 IAZ	Ng, Yan Kin	26	Hoi Tin	27.49	QT
5	22413 IAZ	Lee, Shing Yan	20	Hoi Tin	28.37	QT
6	28535 #B	Law, Tsz Hin	20	Hoi Tin	28.86	QT
7		Chen, Yi-Fan	17	Taipei	29.66	QT
8	31440 B	Lau, Yuk Hin	19	Hoi Tin	29.98	QT
9	32095 B	Lau, Chor Tik	13	Win Tin	30.28	QT

Event 7 Women 100 LC Meter Butterfly

OQT: 57.92

OCT: 58.21

WCA: 58.33

WCB: 1:00.37

HKR: 58.12

JR: 1:00.54

MR: 59.78

HAUGHEY Siobhan Bernadette,SCA

TAO Li, SIN

1:13.26 QT Qualifying Time

Meet Qualifying: 1:13.26

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
0	40096 IAZ	Lee, Ho Ching	13	Keung Sung	1:13.26	QT
1	41485 IAZ	Tang, Lok Yin	11	Happy Valley	1:11.51	QT
2	37077 B	Lam, Ka Po	17	Dik Wing	1:10.21	QT
3	38394 B	Yeung, Tin Wing	12	Hoi Tin	1:09.44	QT
4	34546 B	Chan, Ho Ching	16	Pacific	1:09.22	QT
5	40963 IAZ	Chung, Wing Yee Sessie	12	Hoi Tin	1:09.29	QT
6	38033 IAZ	Cheung, Nga Yin Jodie	14	Tai Po	1:10.12	QT
7	38930 IAZN	Lee, Simona	18	Hoi Ngai	1:10.64	QT
8	30878 P	Vong, Camille Sara Jia Yi	17	LRC	1:12.40	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 2 Prelims... (Event 7 Women 100 LC Meter Butterfly)**

0	32777 @P	Ho, Natalie Jade	16 South China	1:08.09	QT
1		Wu, Qiao-Xun	14 Taipei	1:06.92	QT
2		Chen, Yu-Rong	23 Taipei	1:05.64	QT
3	29902 B	Lam, Cheuk Ue Natalie	19 Sun Yip	1:03.63	QT
4	05641 IBZ	Chan, Kin Lok	29 Win Tin	59.52	QT
5	36580 B	Tang, Man Rao Jasmine	15 Tai Po	1:02.82	QT
6	38628 IAZ	Ho, So Wai	15 Happy Valley	1:04.66	QT
7	31321 IAZ	Leung, Man Wai Yoyo	16 Pacific	1:05.99	QT
8	31469 B	Lee, Si Yao Peony	15 South China	1:07.28	QT
9	45571 B	Chan, Hei Ching	11 Keung Sung	1:08.37	QT

Heat 3 of 4 Prelims

0	40255 @#IAO	Yeung, Gisele	14 Pacific	1:07.93	QT
1	38797 IAZ	Wong, Hei Ching Henrietta	12 Tai Po	1:06.46	QT
2	28108 B	Seeto, Wai Ching	18 Keung Sung	1:05.32	QT
3	43424 IAZ	Mathis, Mya Lynn	13 Tai Po	1:03.47	QT
4	31437 B	Yeung, Hoi Ching	16 Tai Po	59.31	QT
5	29449 B	Leung, Wing Tsun Rachel	16 Win Tin	1:01.38	QT
6	44988 @P	Koh, Li Wen Ashley	15 South China	1:04.61	QT
7	38714 IAZ	Au, Hoi Sin	15 Kwun Tong	1:05.72	QT
8	36101 B	Tang, Tsz Ching Selina	14 Flying Dragon	1:07.28	QT
9	38029 B	Leung, Evita Yan	12 Tai Po	1:08.36	QT

Heat 4 of 4 Prelims

0	29779 B	Hui, Choi Yan	16 Hoi Tin	1:07.41	QT
1		Lin, Tzu-Yun	13 Taipei	1:06.26	QT
2	20766 B	Li, Yuet Sum Phyllis	21 Tai Po	1:05.07	QT
3		Hung, Yu-Shan	15 Taipei	1:03.00	QT
4	20540 IAZ	Kan, Cheuk Tung Natalie	21 Happy Valley	58.41	QT
5	32326 B	Mok, Sze Ki	16 Happy Valley	1:00.31	QT
6	18783 IAZ	Wong, Wai Nam	21 White Dolphin	1:03.87	QT
7	38813 P	Liu, Yuen Ching	13 Keung Sung	1:05.66	QT
8	38028 B	Leung, Evelyn Yi	14 Tai Po	1:07.01	QT
9	42151 IAZ	Lai, Cheuk Ling Maris	11 Happy Valley	1:08.28	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 8 Men 400 LC Meter IM

OQT: 4:12.50

OCT: 4:13.76

WCA: 4:17.48

WCB: 4:26.49

HKR: 4:26.54

JR: 4:32.42

MR: 4:15.86

WHITTINGTON, Peter Harry, DLS

WANG Hsing Hao, TPE

5:19.19

QT Qualifying Time

Meet Qualifying: 5:19.19

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
1	35804 IAZ	Tong, Ching Wa	17	Pacific	5:19.19 QT
2	42549 B	Kirk, Ian James	15	Lai Wa	5:09.68 QT
3	39571 IAZ	Cheung, Chi Daniel	14	Sun Yip	5:03.68 QT
4	24053 B	Po, Hin Hang	20	Pacific	4:59.71 QT
5		Huang, Wun-Yi	20	Taipei	5:00.97 QT
6	36895 B	Lo, Kei Hon Andre	14	Hoi Tin	5:04.14 QT
7	37083 P	Kwan, Nicholas	15	Tai Po	5:19.19 QT
8	48237 IAZ	Wang, Yi Shun	15	Chi Pui	5:19.19 QT
Heat 2 of 3 Prelims					
0	40455 IAZ	Lam, Wai Lok	14	Sun Yip	4:54.50 QT
1		Lee, Meng-Kai	15	Taipei	4:46.23 QT
2	29043 B	Tsang, Lok Hei	19	Sun Yip	4:42.31 QT
3		Tsia, Ruei-Hong	16	Taipei	4:35.88 QT
4	30574 IAZ	Cheung, Ryan	16	Chi Pui	4:21.07 QT
5	36547 IAZ	Wong, Yik Yan Sean	16	South China	4:32.12 QT
6		Lee, Tzung-Ru	16	Taipei	4:39.93 QT
7	35648 IAZ	Lau, Tsz Pok	15	Pacific	4:43.90 QT
8		Lee, Huan-Ping	20	Taipei	4:53.22 QT
9	34855 B	Lai, Wing Fung	14	Chi Pui	4:59.61 QT
Heat 3 of 3 Prelims					
0	35145 IAZ	Liu, Siu Fung	15	Chi Pui	4:54.18 QT
1	26123 IAZ	Wong, Wai Lun	21	Hoi Tin	4:44.00 QT
2	34145 IAO	Ng, Anson	15	Sun Yip	4:40.44 QT
3		Lai, Chih-Hao	17	Taipei	4:33.71 QT
4	30192 B	Whittington, Peter Harry	19	Dali Swimming Club	4:15.24 QT
5		Fu, Kun-Ming	18	Taipei	4:25.00 QT
6	33608 IAZN	Wan, Chun Lim	17	Pacific	4:39.91 QT
7	39277 B	Fung, Ho Chun	15	Chi Pui	4:43.22 QT
8	34506 B	Yu, Shing Hin	15	Win Tin	4:47.56 QT
9	35393 B	Law, Lok Hei	16	Win Tin	4:57.32 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 9 Women 50 LC Meter Backstroke

WCA: 28.22

WCB: 29.21

HKR: 27.98

JR: 29.52

MR: 28.49

AU Hoi Shun Stephanie, DWA

AU Hoi Shun Stephanie, DWA

33.77 QT Qualifying Time

Meet Qualifying: 33.77

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
2	40768 IAZ	Fung, Hoi Lui	12	Dali Swimming Club	33.77 QT
3		Lin, Tsai-Tung	13	Taipei	33.72 QT
4	42134 IAZN	Tang, Kai Ting	13	Dik Wing	33.49 QT
5	37557 P	Ko, Alanis Joyce	14	Tai Po	33.52 QT
6	35953 IAZ	Siu, Hoi Lam	15	Tai Po	33.77 QT
Heat 2 of 4 Prelims					
0	35752 B	Li, Cheuk Yiu	13	Hoi Tin	31.51 QT
1	46816 IAZ	Chan, Tsz Yu Ashley	11	Hoi Tin	30.98 QT
2		Liu, Pei-Yin	20	Taipei	30.11 QT
3	17084 IAZ	Lau, Sze Wing	25	Hoi Tin	29.61 QT
4	31597 B	Ng, Cheuk Yan	16	Hoi Tin	28.38 QT
5	25098 #B	Fung, Suet Ying Chloe	18	Kowloon Tong Club	29.25 QT
6	36936 IAZ	Ho, Pui Yan	13	Win Tin	29.91 QT
7	35345 B	Ho, Tin Wing	13	Hoi Tin	30.43 QT
8	37038 IAZ	Chan, Yin Yan	15	Hoi Tin	31.12 QT
9	46124 #IAZ	Mathis, Kayla J	12	Tai Po	32.85 QT
Heat 3 of 4 Prelims					
0		Li, Yu-Ru	16	Taipei	31.51 QT
1	33874 IAZ	Lee Giselle, Jacinda Jia Hui	15	South China	30.66 QT
2		Li, Pei-Hsuan	16	Taipei	30.00 QT
3	35455 B	Poon, Lok Yan	15	Chi Pui	29.41 QT
4	22719 IAZ	Wong, Toto Kwan To	23	Hoi Tin	27.67 QT
5		Wu, Yi-En	18	Taipei	29.17 QT
6	31520 B	Chan, Hiu Tung Annabel	16	Win Tin	29.87 QT
7	33940 B	Lau, Sze Yuet	16	Hoi Tin	30.40 QT
8		Wen, Chu-Ting	13	Taipei	31.00 QT
9	35992 P	Mcfarland, Charlotte Chia-Ju	15	South China	32.34 QT
Heat 4 of 4 Prelims					
0	36728 IAZ	Ng, Suet Ying	15	Hoi Tin	31.44 QT
1		Chang, Yia-Jia	15	Taipei	30.50 QT
2	45227 IAZ	Tang, Angel	14	Lai Wa	29.97 QT
3	33742 IAZ	Lam, Chelsie	15	Dali Swimming Club	29.28 QT
4	36321 B	Cheung, Sum Yuet Cindy	17	Tai Po	27.43 QT
5	28897 IAZ	Loo, Tsz Ki Cherrie	19	Dik Wing	28.84 QT
6	33947 IAZ	Chan, Hin Yau	16	Tai Po	29.63 QT
7	31348 B	Ma, Wing Yu	18	Kowloon Tong Club	30.34 QT
8	36963 IAZ	Chan, Mei Yan	14	Tai Po	30.99 QT
9	41265 B	Li, Elizabeth	13	South China	31.56 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Event 10 Men 100 LC Meter Backstroke**

OQT: 53.74

OCT: 54.01

WCA: 54.03

WCB: 55.92

HKR: 55.61

JR: 57.73

MR: 55.16

KWAN Hayden, PSC

CHUANG Mu Lun, TPE

1:07.39 QT Qualifying Time

Meet Qualifying: 1:07.39

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
2	36111 #IAZ	Yeung, Pun Yin	16	Dali Swimming Club	1:07.39 QT
3	36791 #IAZ	Fong, Tsz Long Jose	14	Dik Wing	1:06.47 QT
4	31223 B	Chan, Rudi Pak Hei	16	Win Tin	1:05.80 QT
5	31786 IAZ	Lee, Hon Chung Jonathan	17	South China	1:06.37 QT
6	51257 IAX	Yick, Chujie Matthew	16	Hoi Tin	1:07.39 QT
7	36739 #IAZ	Wu, Hoi Fu	19	Sea Lion	1:07.39 QT
Heat 2 of 5 Prelims					
0	41422 B	Yick, Sum Kiu	13	Sea Lion	1:05.34 QT
1	40104 B	Cheung, Yung	12	White Dolphin	1:04.96 QT
2	37686 #B	Chang, Hok Hin	15	Tai Po	1:04.36 QT
3	33791 B	Tang, Kak Shing	14	Tai Po	1:03.44 QT
4	37937 IAZ	Leung, Pak Hei	16	South China	1:03.12 QT
5		Chan, Junhao Alexander	15	Canada	1:03.26 QT
6	33767 IAZ	Lee, Cheston	15	Pacific	1:03.54 QT
7	41268 IAZ	Tan, Pak Hei Brian	13	Dik Wing	1:04.58 QT
8	36176 B	Hau, Wang Lik	17	Aquatic	1:05.17 QT
9	35949 B	Lo, Sui Hong	13	Dali Swimming Club	1:05.76 QT
Heat 3 of 5 Prelims					
0	42311 IAZ	Yu, Chi Lung	15	Pacific	1:01.68 QT
1	31985 B	Wong, Tsz Shing	16	Tai Po	1:00.87 QT
2	33385 B	Lu, Pat Fan	17	Sun Yip	59.07 QT
3	27239 B	Chan, Sheung Kwan	21	Keung Sung	57.81 QT
4		Chuang, Mu-Lun	22	Taipei	55.00 QT
5	29545 IAZN	Cheung, Cheuk To	17	Tai Po	57.20 QT
6	36914 IAZ	Cheng, Cheuk Kin Jake	15	Dali Swimming Club	58.62 QT
7	32061 IAZ	Lee, Donald Cheuk Yiu	16	Hoi Tin	1:00.03 QT
8	44357 B	Leung, Chun Ho Franky	15	Pacific	1:01.55 QT
9	43419 IAZ	Ho, Tsz Hong	14	Tai Po	1:02.91 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 4 Prelims... (Event 10 Men 100 LC Meter Backstroke)**

0		Tien, Le-Hsiang	15	Taipei	1:01.61	QT
1	33435 IAZ	Siu, To	17	Dali Swimming Club	1:00.71	QT
2		Hsu, Ethan Chuan-En	16	Taipei	59.00	QT
3	39015 P	Chan, Tsz Kwan	16	Tai Po	57.53	QT
4	36902 IAO	Kwan, Hayden	20	Pacific	52.96	QT
5		Wu, Liang-Yun	16	Taipei	56.44	QT
6	19970 IAZ	Chang, Tak Kin David	22	Chi Pui	58.55	QT
7	33504 IAZ	Leung, Lok Hei	18	North Sports	59.45	QT
8	17709 B	Whittington, Ryan Michael	22	South China	1:01.40	QT
9	30198 B	Lam, Cheuk Fung	16	Tai Po	1:02.49	QT

Heat 5 of 5 Prelims

0	35559 #B	Yam, Ming Chit Frederick	17	Kowloon Tong Club	1:01.57	QT
1	41163 IAZ	Chan, Tsz Hin	15	Tai Po	1:00.66	QT
2	32463 IAZ	Chan, Austin	17	Dik Wing	58.69	QT
3	36737 B	Chan, Wang Hei Terence	17	Tai Po	57.26	QT
4	12117 IAZ	Lau, Shiu Yue	26	Hoi Tin	52.87	QT
5	15423 IAZ	Cheung, Yau Ming	25	Hoi Tin	56.28	QT
6	28636 B	Chan, Tsz Chiu	20	Keung Sung	58.21	QT
7		Hsiao, Hung-Ya	17	Taipei	59.24	QT
8	30435 IAZ	Chan, Chin Kan	18	Lai Wa	1:00.91	QT
9	33758 IAZ	Leung, Tsz Wo	15	Hoi Tin	1:02.43	QT

Event 11 Women 200 LC Meter IM

OQT: 2:11.47

OCT: 2:12.13

WCA: 2:12.98

WCB: 2:17.63

HKR: 2:12.10

JR: 2:13.35

MR: 2:13.56

2:38.84

HAUGHEY Siobhan Bernadette, SCA

ZHANG Si Shi, CHN

QT Qualifying Time

Meet Qualifying: 2:38.84

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
3		Wang, Ru-Ting	20	Taipei	2:36.59	QT
4	38967 B	Gao, Elva	13	Hoi Tin	2:31.36	QT
5		Lee, Chin-Ying	13	Taipei	2:32.18	QT
Heat 2 of 4 Prelims						
0	40949 B	Sum, Yi Man	12	Tai Po	2:29.22	QT
1	39179 B	Man, Wui Kiu	13	Chi Pui	2:27.27	QT
2	34467 B	Chan, Tsz Ching	17	Sea Lion	2:25.13	QT
3		Pan, Pin-Chen	15	Taipei	2:23.12	QT
4		Hsu, An	25	Taipei	2:19.00	QT
5		Lin, Jia-Shien	15	Taipei	2:20.73	QT
6	35932 B	Wong, Sze Laam Serena	13	Win Tin	2:23.82	QT
7	20766 B	Li, Yuet Sum Phyllis	21	Tai Po	2:25.63	QT
8	39531 B	Lee, Hoi Lam	13	Win Tin	2:28.63	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 3 Prelims... (Event 11 Women 200 LC Meter IM)**

0	38813 P	Liu, Yuen Ching	13	Keung Sung	2:29.20	QT
1	42578 #IAZ	Leung, Yan Yui	14	Chi Pui	2:26.19	QT
2	38248 P	Du, Zheng	19	Flying Dragon	2:24.41	QT
3	40655 IAZ	Ma, Malia	15	Hoi Tin	2:21.38	QT
4	36580 B	Tang, Man Rao Jasmine	15	Tai Po	2:18.66	QT
5	31301 IAZ	To, Wing Yan	17	Happy Valley	2:20.34	QT
6	31707 B	Tung, Sze Mang	15	Happy Valley	2:23.58	QT
7	33492 #IAZ	Chu, Ching Yin Annika	17	Hoi Tin	2:25.52	QT
8		Wu, Qiao-Xun	14	Taipei	2:28.36	QT

Heat 4 of 4 Prelims

0	38860 IAZ	Chui, On Tsz	14	Hoi Tin	2:28.78	QT
1	31462 B	Li, In Wai	14	Hoi Tin	2:25.91	QT
2		Yao, Ssu-Yu	17	Taipei	2:24.00	QT
3	29449 B	Leung, Wing Tsun Rachel	16	Win Tin	2:21.05	QT
4	31841 IAZ	Ng, Lai Wa	17	Hoi Tin	2:15.33	QT
5		Chen, Szu-An	22	Taipei	2:19.60	QT
6	36944 B	Chan, Yi Lok	13	Win Tin	2:23.53	QT
7	39905 IAZ	Lan, Jasmine Lauren	13	Jockey Club	2:25.29	QT
8	29117 IAZ	Wong, Po Yin	18	Happy Valley	2:27.40	QT
9	31321 IAZ	Leung, Man Wai Yoyo	16	Pacific	2:29.35	QT

Event 12 Men 200 LC Meter Butterfly

OQT: 1:55.78

OCT: 1:56.36

WCA: 1:56.71

WCB: 2:00.79

HKR: 2:00.43

JR: 2:02.24

MR: 1:57.67

2:25.98

LIM Nicholas Owen Zhaoguang

LRC

WANG Kuan Hung, TPE

QT Qualifying Time

Meet Qualifying: 2:25.98

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
2	33470 IAZ	Lee, Yat Chiu	16	Kowloon City	2:25.98 QT
3	36113 IAZ	Wong, Tsun Ting	16	Eastern Winter	2:25.98 QT
4	46985 IAZ	Wong, Chung Kok Helge	12	Pacific	2:23.06 QT
5	51533 IAO	Tsang, Jonathan Chun	18	South China	2:25.98 QT
6	49179 @ICX	Zhu, Xiuping	14	Pacific	2:25.98 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 2 Prelims... (Event 12 Men 200 LC Meter Butterfly)**

0	35804 IAZ	Tong, Ching Wa	17 Pacific	2:18.71	QT
1	41723 #IAZ	Fong, Yik Yuen	15 Hoi Tin	2:11.45	QT
2		Kuo, Po-Ting	19 Taipei	2:07.98	QT
3		Bangun, Albertus Andika	20 Indonesia	2:05.94	QT
4	20058 P	Lim Nicholas, Owen Zhaoguan	22 LRC	2:02.41	QT
5		Wang, Hsueh-Kuan	19 Taipei	2:04.45	QT
6	28236 B	Lau, Yiu Yeung Jamie	17 Win Tin	2:06.81	QT
7	35648 IAZ	Lau, Tsz Pok	15 Pacific	2:09.36	QT
8	36551 IAZ	Tian, Trevor	14 Tai Po	2:15.83	QT
9	33220 B	Yim, Wai Shing	17 Sword Fish Club	2:21.68	QT

Heat 3 of 4 Prelims

0		Sun, Bo-Yu	15 Taipei	2:18.64	QT
1	28256 @IAZ	Ma, Zeyuan	20 Chi Pui	2:09.62	QT
2	38701 B	Chung, Hei Chit	14 Hoi Tin	2:07.66	QT
3	34145 IAO	Ng, Anson	15 Sun Yip	2:05.70	QT
4		Kang, Jiun-Kai	16 Taipei	2:02.33	QT
5	33935 B	Yau, Pak Ho	15 Chi Pui	2:03.64	QT
6		Chang, Ning	18 Taipei	2:06.22	QT
7	32042 IAZ	Lee, Jia Jun Jody George	17 South China	2:09.06	QT
8	26597 IAZ	Ngai, Tsz Ho	19 Hoi Tin	2:14.85	QT
9	39573 B	Lee, Chak Fung Jaiden	14 Sun Yip	2:19.77	QT

Heat 4 of 4 Prelims

0	35931 B	Lam, Marcus Pak Hei	13 Win Tin	2:18.03	QT
1		Lai, Chih-Hao	17 Taipei	2:09.41	QT
2	38214 IAZ	Chan, Wai Ching Adrian	13 Win Tin	2:07.30	QT
3	29884 B	Kwong, Jacob Yat Nam	16 Win Tin	2:05.29	QT
4	33755 IAZ	Lau, Kin Hei James	14 Hoi Tin	1:58.13	QT
5	30444 IAZ	Ho, Chung Lun	20 CYM	2:03.01	QT
6	22961 B	Chan, Tsun Hin	18 White Dolphin	2:06.19	QT
7	18781 IAZ	Chan, Pak Hin	22 White Dolphin	2:08.18	QT
8	25326 B	Lam, Tsz Him	19 Happy Valley	2:11.76	QT
9	37083 P	Kwan, Nicholas	15 Tai Po	2:19.17	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 13 Women 50 LC Meter Freestyle

OQT: 24.70

OCT: 24.82

WCA: 25.04

WCB: 25.92

HKR: 24.56

JR: 25.38

MR: 25.08

HAUGHEY Siobhan Bernadette,SCA

HAUGHEY Siobhan Bernadette,SCA

28.83 QT Qualifying Time

Meet Qualifying: 28.83

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
0	48025 IAZ	Chung, Ching	12	Sword Fish Club	28.83 QT
1	28694 B	Cheuk, Yuet Ying Phoebe	18	Keung Sung	28.66 QT
2	34005 IAZ	Yuen, Hiu Yu Ashley	13	Lai Tsun	28.37 QT
3	38797 IAZ	Wong, Hei Ching Henrietta	12	Tai Po	28.09 QT
4	40949 B	Sum, Yi Man	12	Tai Po	27.80 QT
5	42637 B	So, Yin Yan	13	Happy Valley	27.84 QT
6	35988 P	Lee, Jeanelle Faith	15	South China	28.14 QT
7	41872 IAZ	Wong, Hei Ching	15	Long Fame	28.47 QT
8	45227 IAZ	Tang, Angel	14	Lai Wa	28.68 QT
Heat 2 of 4 Prelims					
0	42134 IAZN	Tang, Kai Ting	13	Dik Wing	27.53 QT
1		Wen, Chu-Ting	13	Taipei	27.24 QT
2	31520 B	Chan, Hiu Tung Annabel	16	Win Tin	26.76 QT
3	30744 B	Hui, Ka Ling	18	Win Tin	26.58 QT
4	33715 IAZ	Ma, Gilaine	15	Tai Po	25.42 QT
5	44386 @	Li, Yu Qing	13	Win Tin	26.21 QT
6	25607 IAZ	Lau, Ping Yi Audrey	18	Hoi Tin	26.67 QT
7	43424 IAZ	Mathis, Mya Lynn	13	Tai Po	26.96 QT
8		Kuo, Yu-Chen	13	Taipei	27.40 QT
9	30878 P	Vong, Camille Sara Jia Yi	17	LRC	27.67 QT
Heat 3 of 4 Prelims					
0	38029 B	Leung, Evita Yan	12	Tai Po	27.49 QT
1	40887 IAZ	Au-Yeung, Sze Ching	14	Chi Pui	27.03 QT
2	37017 IAZ	Chan, Tsun Wing	16	Hoi Tin	26.76 QT
3		Li, Pei-Hsuan	16	Taipei	26.50 QT
4	06425 B	Haughey, Siobhan Bernadette	25	South China	24.56 QT
5		Huang, Mei-Chien	25	Taipei	26.00 QT
6		Huang, Chu-Ching	15	Taipei	26.62 QT
7	31001 IAZ	Shen, Cheuk Ki	19	Dik Wing	26.80 QT
8	37874 IAZ	Choi, Hiu Ying	13	Hoi Tin	27.34 QT
9	37157 #B	Lam, Lok Hei	17	Pacific	27.65 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 4 Prelims... (Event 13 Women 50 LC Meter Freestyle)**

0	37875 B	Chan, Yuk Yan	14	Hoi Tin	27.49	QT
1	25101 B	Ng, Sze Kwan	17	Kowloon Tong Club	27.00	QT
2	36011 B	Law, Hang Ue Anastasia	17	Hoi Tin	26.75	QT
3		Liu, Pei-Yin	20	Taipei	26.31	QT
4	11920 B	Tam, Hoi Lam	25	Current Club Ltd	24.50	QT
5	40738 B	Li, Sum Yiu	14	White Dolphin	25.42	QT
6	33742 IAZ	Lam, Chelsie	15	Dali Swimming Club	26.59	QT
7		Lin, Pei-Wun	23	Taipei	26.80	QT
8	33764 IAZ	Tai, Yung Ching Emmy	15	Dik Wing	27.32	QT
9		Wei, Tzu-Ning	14	Taipei	27.61	QT

Event 14 Men 400 LC Meter Freestyle

OQT: 3:46.78

OCT: 3:47.91

WCA: 3:48.15

WCB: 3:56.14

HKR: 3:50.53

JR: 3:57.77

MR: 3:51.23

CHEUK Ming Ho, CPS

HAO Yun, CHN

4:34.03

QT Qualifying Time

Meet Qualifying: 4:34.03

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
1	43587 IAZN	Chan, Yin Hang	13	Sun Yip	4:32.26 QT
2	43212 B	Tsang, Pak Kiu	13	Sun Yip	4:24.94 QT
3	41422 B	Yick, Sum Kiu	13	Sea Lion	4:23.38 QT
4	39573 B	Lee, Chak Fung Jaiden	14	Sun Yip	4:19.60 QT
5	31715 IAZ	Tsang, Kei Hon Ian	15	Dik Wing	4:21.82 QT
6	34506 B	Yu, Shing Hin	15	Win Tin	4:24.22 QT
7	37482 B	Kwan, Ho Yin	15	Riverside	4:27.81 QT
8	43918 @IAX	Chui, Ue Haang	12	White Dolphin	4:34.03 QT
Heat 2 of 3 Prelims					
0	37420 IAZ	Ko, Chin Fung	14	Kwun Tong	4:15.28 QT
1	25326 B	Lam, Tsz Him	19	Happy Valley	4:09.32 QT
2	33922 P	So, Kwun Wa	15	White Dolphin	4:04.29 QT
3	28345 B	Sum, Ka Lok Leo	19	White Dolphin	4:01.67 QT
4	29257 B	He, Shing Ip	17	Chi Pui	3:52.64 QT
5	48237 IAZ	Wang, Yi Shun	15	Chi Pui	3:59.66 QT
6		Hung, Pen-Han	21	Taipei	4:04.11 QT
7	34048 IAZ	Wong, Pok Lam	16	Hoi Tin	4:07.80 QT
8	29282 IAZ	Lin, Lok Him Angus	17	Win Tin	4:09.98 QT
9	35385 B	Chong, Hin Yeung	14	Dik Wing	4:17.60 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Heat 3 Prelims... (Event 14 Men 400 LC Meter Freestyle)

0	35022 IAZ	Ip, Ali	16	Tai Po	4:12.15	QT
1	38539 B	Chan, Wah Royce	15	HK Sportworld	4:08.10	QT
2	41900 B	Han, Pak Kiu	13	Hoi Tin	4:04.18	QT
3		Xie, Qi-Lin	15	Taipei	4:00.00	QT
4	25777 B	Cheuk, Ming Ho	21	Chi Pui	3:49.64	QT
5	30733 B	Lai, King Wo	16	Win Tin	3:56.18	QT
6		Fu, Kun-Ming	18	Taipei	4:02.00	QT
7	33608 IAZN	Wan, Chun Lim	17	Pacific	4:05.62	QT
8	38214 IAZ	Chan, Wai Ching Adrian	13	Win Tin	4:09.65	QT
9	36157 IAZ	Loo, Tsz Chung Berry	15	Dik Wing	4:15.80	QT

Event 15 Women 200 LC Meter Backstroke

OQT: 2:10.39

OCT: 2:11.04

WCA: 2:11.08

WCB: 2:15.67

HKR: 2:09.33

JR: 2:16.10

MR: 2:14.66

2:37.67

LAU Yin Yan Claudia, DLS

CHENG Jessica Chloe, PSC

QT Qualifying Time

Meet Qualifying: 2:37.67

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 3 Prelims						
1	42965 IAZ	Wong, Tsz Yin	12	Winner	2:37.67	QT
2	33520 IAZ	Chen, Wing Kiu	16	South China	2:30.45	QT
3		Chang, Yia-Jia	15	Taipei	2:23.00	QT
4	35345 B	Ho, Tin Wing	13	Hoi Tin	2:16.63	QT
5	36963 IAZ	Chan, Mei Yan	14	Tai Po	2:20.14	QT
6	29117 IAZ	Wong, Po Yin	18	Happy Valley	2:25.65	QT
7	38891 IAZ	Leung, Hiu Lam	14	Dik Wing	2:35.03	QT
Heat 2 of 3 Prelims						
1		Lin, Pei-Hsin	19	Taipei	2:37.06	QT
2	36728 IAZ	Ng, Suet Ying	15	Hoi Tin	2:26.28	QT
3	33874 IAZ	Lee Giselle, Jacinda Jia Hui	15	South China	2:21.41	QT
4	36936 IAZ	Ho, Pui Yan	13	Win Tin	2:14.84	QT
5	35455 B	Poon, Lok Yan	15	Chi Pui	2:19.13	QT
6	37038 IAZ	Chan, Yin Yan	15	Hoi Tin	2:25.52	QT
7	37163 B	Chen, Ki Yan	14	Tai Po	2:33.62	QT
Heat 3 of 3 Prelims						
1		Li, Jia-Shiun	16	Taipei	2:37.00	QT
2	35752 B	Li, Cheuk Yiu	13	Hoi Tin	2:25.95	QT
3	17084 IAZ	Lau, Sze Wing	25	Hoi Tin	2:21.21	QT
4	36321 B	Cheung, Sum Yuet Cindy	17	Tai Po	2:06.65	QT
5		Wu, Yi-En	18	Taipei	2:17.73	QT
6	39531 B	Lee, Hoi Lam	13	Win Tin	2:24.65	QT
7	46124 #IAZ	Mathis, Kayla J	12	Tai Po	2:32.21	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 16 Men 200 LC Meter Breaststroke

OQT: 2:09.68

OCT: 2:10.33

WCA: 2:10.32

WCB: 2:14.88

HKR: 2:11.31

JR: 2:14.41

MR: 2:12.52

2:41.90

Adam John CHILLINGWORTH, SCA

WONG Benson, DLS

Meet Qualifying: 2:41.90

QT Qualifying Time

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
1	37181 #IAZ	Yu, Ming Hei	15	Pacific	2:41.90 QT
2	29849 B	Yeung, Cheuk Hay Hayden	17	Chi Pui	2:41.90 QT
3	43172 ICO	Xia, Christopher Cheng Go	18	Hoi Tin	2:41.90 QT
4	40772 P	Lo, Cheuk Hei	13	Sun Yip	2:39.20 QT
5	46984 IAZ	Wong, Pak Wai	13	Pacific	2:41.38 QT
6	43816 P	Wu, Yulun	13	Tai Po	2:41.90 QT
7	37356 #IAZ	Chan, Chee Hon Jayden	14	Winner	2:41.90 QT
Heat 2 of 5 Prelims					
0	43925 B	Lam, Ka Yeung	12	Pacific	2:37.32 QT
1	41023 B	Wan, Ho Long	15	Pacific	2:35.80 QT
2	36895 B	Lo, Kei Hon Andre	14	Hoi Tin	2:35.37 QT
3	38206 #IAZ	Cheung, Pang Cho	16	Kwun Tong	2:33.68 QT
4	44135 B	So, Chun Hei	14	Kwun Tong	2:32.85 QT
5	42390 #IAZ	Au, Pak Tung Parco	15	Pacific	2:33.36 QT
6	38067 #IAZ	Wu, Fung Lin	15	Hoi Tin	2:35.19 QT
7	31822 B	Lau, Ming Yui	17	Lai Wa	2:35.62 QT
8	33943 B	Lee, Chun Him	16	Lai Wa	2:36.27 QT
9	37498 B	Lam, Hing Ka	14	Riverside	2:38.88 QT
Heat 3 of 5 Prelims					
0	33716 B	Chan, Ngai Cheung	18	Tuen Mun	2:31.00 QT
1		Chen, Yi-Hsiang	18	Taipei	2:25.33 QT
2	32214 B	Wong, Sum Lam	15	White Dolphin	2:23.65 QT
3		Jhang, Wei-Tang	16	Taipei	2:19.96 QT
4	30574 IAZ	Cheung, Ryan	16	Chi Pui	2:13.36 QT
5	38227 IAZ	Lo, Tsz Lam	16	Win Tin	2:16.20 QT
6	33407 IAZ	Chu, Ho Yin	18	Tai Po	2:22.60 QT
7	27866 B	Tam, Man Chun Vincent	16	Chi Pui	2:24.18 QT
8	32738 IAZ	Man, Ho Him	17	Lai Wa	2:27.20 QT
9		Huang, Wen Cho	20	Taipei	2:32.63 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 4 Prelims... (Event 16 Men 200 LC Meter Breaststroke)**

0	36314 IAZ	Mok, Long Sum	14	Lai Wa	2:30.27	QT
1	32095 B	Lau, Chor Tik	13	Win Tin	2:24.80	QT
2		Shao, Bo-Yan	16	Taipei	2:23.00	QT
3	35805 B	So, Chun Hin	16	Tai Po	2:19.75	QT
4	30192 B	Whittington, Peter Harry	19	Dali Swimming Club	2:10.64	QT
5		Cai, Bing-Rong	26	Taipei	2:15.50	QT
6	47705 IAZ	Zhan, Kevin Yuchen	15	Chi Pui	2:22.23	QT
7	45922 @ICX	Fu, Enze	14	Chi Pui	2:24.08	QT
8	33925 B	Wong, Tsz Ming	17	White Dolphin	2:26.22	QT
9	30899 #IAZ	Wong, Adam Chun To	17	South China	2:32.14	QT

Heat 5 of 5 Prelims

0	41024 B	Li, Matthew	15	HK Sportworld	2:27.39	QT
1	36592 #B	Lau, Ka Long	14	Hoi Tin	2:24.53	QT
2	39277 B	Fung, Ho Chun	15	Chi Pui	2:22.63	QT
3		Liu, Ching-Hung	17	Taipei	2:18.50	QT
4	25379 B	Mak, Sai Ting Adam	17	Hoi Tin	2:06.63	QT
5	30694 IAZ	Cheung, Chi Kit Nicholas	18	Wong Tai Sin	2:14.58	QT
6		Wu, Yu-Chia	16	Taipei	2:20.90	QT
7	40651 P	Leung, Tsz Ming	14	White Dolphin	2:23.91	QT
8	31440 B	Lau, Yuk Hin	19	Hoi Tin	2:25.61	QT
9	33793 IAZ	Tam, Ka Shek	16	Win Tin	2:31.11	QT

Event 17 Women 800 LC Meter Freestyle

OQT: 8:26.71

OCT: 8:29.24

WCA: 8:37.90

WCB: 8:56.03

HKR: 8:41.66

JR: 8:50.21

MR: 8:50.21

AU Hoi Shun Stephanie, *DW

AU Hoi Shun Stephanie, DWA

9:50.29

QT Qualifying Time

Meet Qualifying: 9:50.29

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 3 Timed Finals						
3	39706 B	Yip, Tsz Laam	13	White Dolphin	9:50.29	QT
4		Lee, Chin-Ying	13	Taipei	9:47.43	QT
5	38270 P	Worthington, Poppy Mei	14	Chi Pui	9:50.29	QT
Heat 2 of 3 Timed Finals						
0	35932 B	Wong, Sze Laam Serena	13	Win Tin	9:23.06	QT
1	38627 IAZ	Ho, So Yu	15	Happy Valley	9:20.40	QT
2		Cheng, Xi-Xuan	16	Taipei	9:19.14	QT
3	29902 B	Lam, Cheuk Ue Natalie	19	Sun Yip	9:18.47	QT
4	38217 IAZ	Yan, Ellie	13	Hoi Tin	9:16.34	QT
5	31657 IAZ	Chan, Lok Mei	15	Happy Valley	9:17.95	QT
6		Wang, Ru-Ting	20	Taipei	9:19.06	QT
7	32517 B	Wong, Hoi Wai	17	Win Tin	9:19.88	QT
8	34477 B	Law, Wai Lam	15	Tai Po	9:21.48	QT
9		Wu, Yi-Xuan	16	Taipei	9:29.72	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Fastest Heat Swims in PM Sessions (Event 17 Women 800 LC Meter Freestyle)**

1	31707 B	Tung, Sze Mang	15	Happy Valley	9:07.40	QT
2	18545 IAZ	Lam, Pac Tung Nikita	23	Sun Yip	8:59.95	QT
3	32098 B	Ma, Tsz Tsing Ashley	15	Hoi Tin	8:49.07	QT
4	42490	Wang, Xin Tong	15	Win Tin	8:45.69	QT
5	32326 B	Mok, Sze Ki	16	Happy Valley	8:45.93	QT
6	19207 B	Nip, Tsz Yin	23	Eastern Winter	8:58.23	QT
7		Lin, Jia-Shien	15	Taipei	9:06.01	QT
8	23856 B	Leung, Ka Ching	19	Hoi Tin	9:08.60	QT

Event 18 Men 4x100 LC Meter Medley Relay

WCA: 3:35.86

HKR: 3:44.16

JR: 4:03.50

MR: 3:41.94

4:26.84

Hong Kong Team**Chinese Taipei****QT Qualifying Time**

Meet Qualifying: 4:26.84

Lane	Team	Relay	Seed Time
Heat 1 of 1 Prelims			
0	Lai Wa Swimming Club	A	4:26.84 QT
1	Sun Yip Swimming Club	A	4:08.56 QT
2	White Dolphin Sport Assn	A	4:02.52 QT
3	Win Tin Swimming Club	A	3:55.57 QT
4	Chi Pui Swimming Club Ltd	A	3:50.23 QT
5	Hoi Tin Athletic Assn Ltd	A	3:50.76 QT
6	Pacific Swimming Club	A	4:02.19 QT
7	South China Athletic Assn	A	4:06.60 QT
8	Hong Kong Sportworld Assn	A	4:24.74 QT

Event 19 Women 4x100 LC Meter Medley Relay

WCA: 4:02.26

HKR: 4:01.77

JR: 4:19.55

MR: 4:13.33

4:54.00

Hong Kong Team**Hoi Tin Athletic Association****QT Qualifying Time**

Meet Qualifying: 4:54.00

Lane	Team	Relay	Seed Time
Straight Final in PM Session			
1	Chi Pui Swimming Club Ltd	A	4:38.09 QT
2	South China Athletic Assn	A	4:25.32 QT
3	Chinese Taipei Swimming Assn	A	4:20.01 QT
4	Win Tin Swimming Club	A	4:16.92 QT
5	Happy Valley Athletic Assn	A	4:17.78 QT
6	Hoi Tin Athletic Assn Ltd	A	4:21.60 QT
7	White Dolphin Sport Assn	A	4:36.78 QT
8	Keung Sung Swimming Club	A	4:54.00 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 20 Men 50 LC Meter Butterfly

WCA: 23.53

WCB: 24.35

HKR: 23.97

JR: 24.74

MR: 24.28

28.10

NG Cheuk Yin, TPS

TO Kenneth King Him, LWS

QT Qualifying Time

Meet Qualifying: 28.10

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
2	35949 B	Lo, Sui Hong	13	Dali Swimming Club	28.10 QT
3	28535 #B	Law, Tsz Hin	20	Hoi Tin	28.10 QT
4	36899 B	Kwok, Kin Wai	15	Keung Sung	28.09 QT
5	49024 #IAZ	Lum, Ching Hin	20	Shatin Sports	28.10 QT
6	41027 IAZ	Cheng, Cheuk Hin	16	Tai Po	28.10 QT
Heat 2 of 5 Prelims					
0	36551 IAZ	Tian, Trevor	14	Tai Po	28.04 QT
1	32426 IAZ	Lam, Tsz Yeung YY	15	Dik Wing	27.64 QT
2	36113 IAZ	Wong, Tsun Ting	16	Eastern Winter	27.53 QT
3	28256 @IAZ	Ma, Zeyuan	20	Chi Pui	27.28 QT
4	44135 B	So, Chun Hei	14	Kwun Tong	27.05 QT
5	31786 IAZ	Lee, Hon Chung Jonathan	17	South China	27.08 QT
6	16201 B	Kwok, Yuk Hang	26	Kwun Tong	27.40 QT
7	22513 IAZ	Tang, Cheuk Yan	22	White Dolphin	27.54 QT
8	31127 IAZ	Cheng, Chun Hong	16	Dali Swimming Club	27.76 QT
9	38026 #IAZ	Wu, Yik Ham	15	HK Sportworld	28.06 QT
Heat 3 of 5 Prelims					
0		Tsai, Han-Ying	14	Taipei	26.79 QT
1		Chang, Ning	18	Taipei	26.22 QT
2	25665 IAZ	Wong, Hoi Nam	17	Dik Wing	25.65 QT
3		Chang, Chiao-I	16	Taipei	25.24 QT
4	32248 B	Li, Sing Hoi	18	Win Tin	24.43 QT
5	32042 IAZ	Lee, Jia Jun Jody George	17	South China	25.16 QT
6	32463 IAZ	Chan, Austin	17	Dik Wing	25.45 QT
7	31077 B	Lo, Man Kit	19	Sword Fish Club	25.97 QT
8	26597 IAZ	Ngai, Tsz Ho	19	Hoi Tin	26.58 QT
9	36737 B	Chan, Wang Hei Terence	17	Tai Po	27.02 QT
Heat 4 of 5 Prelims					
0	41163 IAZ	Chan, Tsz Hin	15	Tai Po	26.66 QT
1	37757 B	Cheng, Pak Ho	15	HK Sportworld	26.21 QT
2		Hung, Ya-Hsin	18	Taipei	25.61 QT
3	49455 IAZ	Cai, Qi Hong	16	Chi Pui	25.24 QT
4	06697 B	Koo, Ralph Yat Ho	25	Hoi Tin	24.19 QT
5	33370 IAZ	Hui, Ching Ho	16	Sword Fish Club	24.93 QT
6	35894 B	Chui, Ka Yeung	17	Win Tin	25.44 QT
7		Kang, Jiun-Kai	16	Taipei	25.91 QT
8	34962 IAZ	Chau, Ho Nam	17	White Dolphin	26.58 QT
9	44576 IAZ	Wong, Dzi Yi	17	Kowloon City	26.96 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 5 Prelims... (Event 20 Men 50 LC Meter Butterfly)**

0	28249 B	Fung, O See Asaph	17	Kowloon Tong Club	26.58	QT
1	13133 B	Lo, Cheuk Chun	24	Tai Po	26.01	QT
2	12303 IAZ	Ng, Yan Kin	26	Hoi Tin	25.56	QT
3	33935 B	Yau, Pak Ho	15	Chi Pui	25.18	QT
4	25254 B	Ho, Siu Lun	19	Dali Swimming Club	23.68	QT
5	20289 IAZ	Tsui, Wai Chi	21	Win Tin	24.58	QT
6	38701 B	Chung, Hei Chit	14	Hoi Tin	25.42	QT
7		Hung, Kuan-Hsin	20	Taipei	25.78	QT
8		Chen, Yi-Fan	17	Taipei	26.44	QT
9	41723 #IAZ	Fong, Yik Yuen	15	Hoi Tin	26.80	QT

Event 21 Women 100 LC Meter Freestyle**OQT: 53.61****OCT: 53.88****WCA: 54.25****WCB: 56.15****HKR: 52.27****HAUGHEY Siobhan Bernadette,SCA****JR: 54.47****MR: 55.77****HAUGHEY Siobhan Bernadette,SCA****1:02.90****QT Qualifying Time****Meet Qualifying: 1:02.90**

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 3 Prelims						
0	30878 P	Vong, Camille Sara Jia Yi	17	LRC	1:00.97	QT
1		Wei, Tzu-Ning	14	Taipei	59.48	QT
2		Yang, Yu-Ching	19	Taipei	58.78	QT
3	25101 B	Ng, Sze Kwan	17	Kowloon Tong Club	57.47	QT
4	40738 B	Li, Sum Yiu	14	White Dolphin	55.49	QT
5	05641 IBZ	Chan, Kin Lok	29	Win Tin	56.67	QT
6	37017 IAZ	Chan, Tsun Wing	16	Hoi Tin	58.20	QT
7	37875 B	Chan, Yuk Yan	14	Hoi Tin	59.05	QT
8	34477 B	Law, Wai Lam	15	Tai Po	1:00.52	QT
9	40426 B	Fong, Sin Ka	12	Long Fame	1:02.90	QT
Heat 2 of 3 Prelims						
0	42134 IAZN	Tang, Kai Ting	13	Dik Wing	1:00.85	QT
1		Huang, Chu-Ching	15	Taipei	59.32	QT
2	36011 B	Law, Hang Ue Anastasia	17	Hoi Tin	58.58	QT
3	30744 B	Hui, Ka Ling	18	Win Tin	57.15	QT
4	21383 B	Ho, Nam Wai Tinky	21	Win Tin	55.02	QT
5	29449 B	Leung, Wing Tsun Rachel	16	Win Tin	56.57	QT
6		Li, Pei-Hsuan	16	Taipei	58.00	QT
7		Pan, Pin-Chen	15	Taipei	59.00	QT
8		Kuo, Yu-Chen	13	Taipei	1:00.25	QT
9	42637 B	So, Yin Yan	13	Happy Valley	1:01.41	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 3 Prelims... (Event 21 Women 100 LC Meter Freestyle)**

0	33764 IAZ	Tai, Yung Ching Emmy	15	Dik Wing	1:00.52	QT
1	37874 IAZ	Choi, Hiu Ying	13	Hoi Tin	59.23	QT
2		Ho, Ya-Hsuan	21	Taipei	58.45	QT
3		Huang, Mei-Chien	25	Taipei	57.00	QT
4	20540 IAZ	Kan, Cheuk Tung Natalie	21	Happy Valley	55.00	QT
5	33715 IAZ	Ma, Gilaine	15	Tai Po	55.93	QT
6	44386 @	Li, Yu Qing	13	Win Tin	57.70	QT
7	43424 IAZ	Mathis, Mya Lynn	13	Tai Po	58.94	QT
8	31520 B	Chan, Hiu Tung Annabel	16	Win Tin	1:00.16	QT
9	40949 B	Sum, Yi Man	12	Tai Po	1:01.33	QT

Event 22 Men 200 LC Meter Freestyle**OQT: 1:46.26****OCT: 1:46.79****WCA: 1:47.06****WCB: 1:50.81****HKR: 1:47.46****JR: 1:52.59****MR: 1:50.64****CHEUK Ming Ho, CPS****AN Ting Yao, TPE****2:08.25 QT Qualifying Time****Meet Qualifying: 2:08.25**

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
3	36187 #IAZ	Chan, Chi Kiu	15	Shatin Sports	2:08.25	QT
4	33385 B	Lu, Pat Fan	17	Sun Yip	2:08.25	QT
5	39933 B	Chan, Leong Medwin	13	HK Sportworld	2:08.25	QT
Heat 2 of 5 Prelims						
1	35931 B	Lam, Marcus Pak Hei	13	Win Tin	2:07.87	QT
2	46416 B	Lin, Pak Yin	13	HK Sportworld	2:05.45	QT
3	33470 IAZ	Lee, Yat Chiu	16	Kowloon City	2:03.75	QT
4		Chan, Junhao Alexander	15	Canada	2:02.81	QT
5	35385 B	Chong, Hin Yeung	14	Dik Wing	2:03.45	QT
6	33435 IAZ	Siu, To	17	Dali Swimming Club	2:05.12	QT
7	38859 @IAO	Yang, Ruei Bin	17	Tuen Mun	2:07.38	QT
8	51533 IAO	Tsang, Jonathan Chun	18	South China	2:08.25	QT
Heat 3 of 5 Prelims						
0	37420 IAZ	Ko, Chin Fung	14	Kwun Tong	2:01.29	QT
1	33922 P	So, Kwun Wa	15	White Dolphin	1:57.40	QT
2	34048 IAZ	Wong, Pok Lam	16	Hoi Tin	1:55.60	QT
3		Yang, Yu-Xiang	21	Taipei	1:54.72	QT
4	38227 IAZ	Lo, Tsz Lam	16	Win Tin	1:50.81	QT
5	38539 B	Chan, Wah Royce	15	HK Sportworld	1:53.86	QT
6	48237 IAZ	Wang, Yi Shun	15	Chi Pui	1:55.36	QT
7	24648 B	Kwok, Chun Hei	19	Hoi Tin	1:56.26	QT
8	33608 IAZN	Wan, Chun Lim	17	Pacific	1:59.54	QT
9	43212 B	Tsang, Pak Kiu	13	Sun Yip	2:01.62	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Heat 4 Prelims... (Event 22 Men 200 LC Meter Freestyle)

0	35145 IAZ	Liu, Siu Fung	15	Chi Pui	2:01.08	QT
1	29282 IAZ	Lin, Lok Him Angus	17	Win Tin	1:57.16	QT
2	35648 IAZ	Lau, Tsz Pok	15	Pacific	1:55.54	QT
3	28345 B	Sum, Ka Lok Leo	19	White Dolphin	1:54.07	QT
4	29257 B	He, Shing Ip	17	Chi Pui	1:49.08	QT
5	12117 IAZ	Lau, Shiu Yue	26	Hoi Tin	1:51.68	QT
6		Lu, Hi-Hsinn	17	Taipei	1:55.30	QT
7	38214 IAZ	Chan, Wai Ching Adrian	13	Win Tin	1:56.06	QT
8	36157 IAZ	Loo, Tsz Chung Berry	15	Dik Wing	1:59.10	QT
9	37482 B	Kwan, Ho Yin	15	Riverside	2:01.53	QT

Heat 5 of 5 Prelims

0	31864 IAZ	Kwong, Bui Ming	17	Hoi Ngai	2:00.46	QT
1		Hsieh, ChenChing	20	Taipei	1:56.67	QT
2	41900 B	Han, Pak Kiu	13	Hoi Tin	1:55.49	QT
3	21248 B	Lau, Ping Chi	20	Hoi Tin	1:54.07	QT
4	25777 B	Cheuk, Ming Ho	21	Chi Pui	1:46.56	QT
5	30733 B	Lai, King Wo	16	Win Tin	1:51.39	QT
6	26123 IAZ	Wong, Wai Lun	21	Hoi Tin	1:54.94	QT
7	36913 IAZ	Cheng, Cheuk Chi George	15	Dali Swimming Club	1:55.70	QT
8	29884 B	Kwong, Jacob Yat Nam	16	Win Tin	1:57.70	QT
9	33577 P	Choi, Tsz Kit	17	Aquatic	2:01.50	QT

Event 23 Women 50 LC Meter Breaststroke

WCA: 31.02

WCB: 32.11

HKR: 31.21

JR: 32.45

MR: 31.41

37.66

HAUGHEY Siobhan Bernadette,SCA

LIN Pei Wun, TPE

QT Qualifying Time

Meet Qualifying: 37.66

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
0	28694 B	Cheuk, Yuet Ying Phoebe	18	Keung Sung	37.66	QT
1	39998 @P	Wang, Madeleine Rose	13	Win Tin	36.53	QT
2	42528 #IAZ	Leung, Wing Kiu	12	HK Sportworld	36.38	QT
3	37209 B	Kan, Hong Ching Audrey	14	Jockey Club	36.35	QT
4		Chen, You-shi	13	Taipei	35.59	QT
5	33129 IAZ	Lau, Yui Sze	16	Sword Fish Club	35.98	QT
6	39149 IAZ	Xing, Yina	12	Happy Valley	36.38	QT
7	39904 IAZ	Ho, Tess Lauren	15	Island Stingrays	36.44	QT
8	42837 IAZ	Kan, Hong Wing Amelia	12	Jockey Club	36.79	QT
9	43575 #IAZ	Liu, Hei Tung	12	HK Sportworld	37.66	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Heat 2 Prelims... (Event 23 Women 50 LC Meter Breaststroke)

0		Lo, Yu-Ting	20	Taipei	34.66	QT
1	38297 IAX	Cheung, Hau Wing	15	Lai Wa	34.10	QT
2	42578 #IAZ	Leung, Yan Yui	14	Chi Pui	33.72	QT
3	29139 B	Young, Sze Ki	20	Tai Po	32.75	QT
4	35670 B	Cheung, Wing Yi Claire	14	Jockey Club	31.93	QT
5	33742 IAZ	Lam, Chelsie	15	Dali Swimming Club	32.39	QT
6		Hung, Chieh-Yu	23	Taipei	33.23	QT
7	33815 IAZ	Wong, Hin Yi	16	Tai Po	33.95	QT
8	38411 B	Yung, Tsz Ching	12	Hoi Tin	34.37	QT
9	50134 IAZN	Wu, Melody	14	South China	35.28	QT

Heat 3 of 4 Prelims

0	43137 IAZ	Yiu, Sum Yin	12	Win Tin	34.61	QT
1		Li, Tsai-Lin	13	Taipei	34.00	QT
2	39432 IAZ	Leung, Sze Ki Safira	13	Marlins	33.58	QT
3	37750 #IAZ	So, Ching Nga	15	Hoi Tin	32.53	QT
4	29060 IAZ	Lam, Hoi Kiu	19	Hoi Tin	31.35	QT
5	30162 ICX	Chang, Yujuan	23	Win Tin	32.01	QT
6	40887 IAZ	Au-Yeung, Sze Ching	14	Chi Pui	33.12	QT
7	40306 IAZ	Chi, Yi Lam	12	Jockey Club	33.90	QT
8	38756 B	Pak, Yan Ting Emily	14	Dali Swimming Club	34.24	QT
9	43294 #B	Wong, Tsz Huen	13	Pacific	35.11	QT

Heat 4 of 4 Prelims

0		Lee, Yi-Ting	13	Taipei	34.58	QT
1		Li, Jia-Shiun	16	Taipei	34.00	QT
2		Fan, Ching-Yu	16	Taipei	33.38	QT
3	30744 B	Hui, Ka Ling	18	Win Tin	32.47	QT
4	39179 B	Man, Wui Kiu	13	Chi Pui	31.31	QT
5		Lin, Pei-Wun	23	Taipei	32.00	QT
6	25098 #B	Fung, Suet Ying Chloe	18	Kowloon Tong Club	32.88	QT
7	34467 B	Chan, Tsz Ching	17	Sea Lion	33.80	QT
8	39592 IAZ	Sng, Yan Megan	18	Dik Wing	34.22	QT
9	43099 IAZ	Ng, Hoi Ching	14	Win Tin	34.90	QT

Event 24 Men 100 LC Meter Breaststroke

OQT: 59.49

OCT: 59.79

WCA: 59.75

WCB: 1:01.84

HKR: 1:01.91

JR: 1:03.01

MR: 1:01.04

1:11.64

TO Kenneth King Him, LWS

BALANDIN Dmitriy, KAZ

QT Qualifying Time

Meet Qualifying: 1:11.64

Lane	ID#	Name	Age	Team	Seed	Time
Heat 1 of 6 Prelims						
3	38067 #IAZ	Wu, Fung Lin	15	Hoi Tin	1:11.64	QT
4	43172 ICO	Xia, Christopher Cheng Go	18	Hoi Tin	1:11.64	QT
5	29849 B	Yeung, Cheuk Hay Hayden	17	Chi Pui	1:11.64	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 2 Prelims... (Event 24 Men 100 LC Meter Breaststroke)**

0	37356 #IAZ	Chan, Chee Hon Jayden	14 Winner	1:11.64	QT
1	40772 P	Lo, Cheuk Hei	13 Sun Yip	1:11.25	QT
2		Huang, Wei-Shin	21 Taipei	1:10.37	QT
3	31822 B	Lau, Ming Yui	17 Lai Wa	1:09.32	QT
4	41024 B	Li, Matthew	15 HK Sportworld	1:08.77	QT
5	38206 #IAZ	Cheung, Pang Cho	16 Kwun Tong	1:08.80	QT
6	37498 B	Lam, Hing Ka	14 Riverside	1:09.82	QT
7	44480 P	Cheng, Yu	14 Dik Wing	1:10.88	QT
8	29101 B	Zeng, Yan Kai	18 Dali Swimming Club	1:11.64	QT
9	43816 P	Wu, Yulun	13 Tai Po	1:11.64	QT

Heat 3 of 6 Prelims

0	33925 B	Wong, Tsz Ming	17 White Dolphin	1:08.35	QT
1	36314 IAZ	Mok, Long Sum	14 Lai Wa	1:08.02	QT
2		Chen, Wei-Che	22 Taipei	1:07.71	QT
3	39277 B	Fung, Ho Chun	15 Chi Pui	1:07.55	QT
4	29699 IAZ	Fong, Ka Yu	21 White Dolphin	1:07.34	QT
5	33716 B	Chan, Ngai Cheung	18 Tuen Mun	1:07.55	QT
6	30899 #IAZ	Wong, Adam Chun To	17 South China	1:07.62	QT
7	32738 IAZ	Man, Ho Him	17 Lai Wa	1:07.91	QT
8	28535 #B	Law, Tsz Hin	20 Hoi Tin	1:08.23	QT
9	33793 IAZ	Tam, Ka Shek	16 Win Tin	1:08.60	QT

Heat 4 of 6 Prelims

0	22413 IAZ	Lee, Shing Yan	20 Hoi Tin	1:06.97	QT
1	32214 B	Wong, Sum Lam	15 White Dolphin	1:05.72	QT
2		Liu, Ching-Hung	17 Taipei	1:04.50	QT
3	42025 IAO	Luk, Arnold Bingtse	26 South China	1:03.88	QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	18 Wong Tai Sin	1:01.86	QT
5	35805 B	So, Chun Hin	16 Tai Po	1:03.23	QT
6		Chang, Chiao-I	16 Taipei	1:04.15	QT
7	40651 P	Leung, Tsz Ming	14 White Dolphin	1:05.19	QT
8	31440 B	Lau, Yuk Hin	19 Hoi Tin	1:06.14	QT
9	45922 @ICX	Fu, Enze	14 Chi Pui	1:07.33	QT

Heat 5 of 6 Prelims

0	22993 B	Hui, Chi Kong Matthew	19 Dali Swimming Club	1:06.80	QT
1	25050 B	Kung, Lok Sum	19 Tai Po	1:05.36	QT
2		Chen, Yi-Hsiang	18 Taipei	1:04.39	QT
3	30574 IAZ	Cheung, Ryan	16 Chi Pui	1:03.78	QT
4	12303 IAZ	Ng, Yan Kin	26 Hoi Tin	1:01.67	QT
5	14815 P	Chillingworth, Adam John	25 South China	1:02.48	QT
6	33495 IAZ	Wan, Siu Chun	19 Tai Po	1:04.14	QT
7		Jhang, Wei-Tang	16 Taipei	1:05.05	QT
8		Shao, Bo-Yan	16 Taipei	1:05.99	QT
9	27866 B	Tam, Man Chun Vincent	16 Chi Pui	1:07.17	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 6 Prelims... (Event 24 Men 100 LC Meter Breaststroke)**

0	32095 B	Lau, Chor Tik	13	Win Tin	1:06.53	QT
1		Chen, Yi-Fan	17	Taipei	1:05.24	QT
2	47705 IAZ	Zhan, Kevin Yuchen	15	Chi Pui	1:04.29	QT
3		Wu, Yu-Chia	16	Taipei	1:03.50	QT
4	25379 B	Mak, Sai Ting Adam	17	Hoi Tin	59.98	QT
5		Cai, Bing-Rong	26	Taipei	1:02.30	QT
6	45703 IAZ	Tsui, Yik Ki	15	Pacific	1:03.90	QT
7	33407 IAZ	Chu, Ho Yin	18	Tai Po	1:04.97	QT
8		Tsia, Ruei-Hong	16	Taipei	1:05.76	QT
9		Chen, Chung-Tse	19	Taipei	1:07.13	QT

Event 25 Women 400 LC Meter IM**OQT: 4:38.53****OCT: 4:39.92****WCA: 4:43.06****WCB: 4:52.97****HKR: 4:48.58****CHENG Chloe, PSC****JR: 4:51.30****MR: 4:45.27****ZANG Si Shi, CHN****5:38.68****QT Qualifying Time****Meet Qualifying: 5:38.68**

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 3 Prelims						
3	36944 B	Chan, Yi Lok	13	Win Tin	5:38.68	QT
4		Lee, Chin-Ying	13	Taipei	5:20.93	QT
5	39905 IAZ	Lan, Jasmine Lauren	13	Jockey Club	5:38.68	QT
Heat 2 of 3 Prelims						
0		Wu, Yi-Xuan	16	Taipei	5:18.16	QT
1		Wu, Qiao-Xun	14	Taipei	5:12.31	QT
2	38248 P	Du, Zheng	19	Flying Dragon	5:08.23	QT
3	20766 B	Li, Yuet Sum Phyllis	21	Tai Po	5:05.04	QT
4	36580 B	Tang, Man Rao Jasmine	15	Tai Po	4:52.92	QT
5	31301 IAZ	To, Wing Yan	17	Happy Valley	5:02.27	QT
6	38860 IAZ	Chui, On Tsz	14	Hoi Tin	5:07.29	QT
7	33492 #IAZ	Chu, Ching Yin Annika	17	Hoi Tin	5:09.86	QT
8	36672 B	Lam, Karman	16	Pacific	5:17.04	QT
Heat 3 of 3 Prelims						
0	38028 B	Leung, Evelyn Yi	14	Tai Po	5:17.68	QT
1	28108 B	Seeto, Wai Ching	18	Keung Sung	5:11.48	QT
2	39706 B	Yip, Tsz Laam	13	White Dolphin	5:08.09	QT
3	31707 B	Tung, Sze Mang	15	Happy Valley	5:03.22	QT
4	31841 IAZ	Ng, Lai Wa	17	Hoi Tin	4:45.31	QT
5		Lin, Jia-Shien	15	Taipei	4:55.89	QT
6	35932 B	Wong, Sze Laam Serena	13	Win Tin	5:05.05	QT
7		Wang, Ru-Ting	20	Taipei	5:09.57	QT
8	38967 B	Gao, Elva	13	Hoi Tin	5:15.60	QT
9	32282 IAZ	Cheng, Denise	17	Pacific	5:19.35	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 26 Men 100 LC Meter Butterfly

OQT: 51.67

OCT: 51.93

WCA: 51.96

WCB: 53.78

HKR: 53.38

JR: 54.42

MR: 53.45

NG Cheuk Yin, TPS

TRIADY Fauzi Sidiq, IND

1:04.75 QT Qualifying Time

Meet Qualifying: 1:04.75

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
0	51533 IAO	Tsang, Jonathan Chun	18	South China	1:04.75 QT
1	36563 B	Leung, Hok Kiu Jason	14	Sun Yip	1:04.29 QT
2	49179 @ICX	Zhu, Xiuping	14	Pacific	1:03.71 QT
3	41422 B	Yick, Sum Kiu	13	Sea Lion	1:03.26 QT
4	35931 B	Lam, Marcus Pak Hei	13	Win Tin	1:03.01 QT
5	33767 IAZ	Lee, Cheston	15	Pacific	1:03.07 QT
6	33220 B	Yim, Wai Shing	17	Sword Fish Club	1:03.48 QT
7		Chan, Junhao Alexander	15	Canada	1:04.09 QT
8	36187 #IAZ	Chan, Chi Kiu	15	Shatin Sports	1:04.75 QT
Heat 2 of 5 Prelims					
0	36551 IAZ	Tian, Trevor	14	Tai Po	1:01.85 QT
1	44135 B	So, Chun Hei	14	Kwun Tong	1:01.75 QT
2	33470 IAZ	Lee, Yat Chiu	16	Kowloon City	1:00.89 QT
3	25665 IAZ	Wong, Hoi Nam	17	Dik Wing	1:00.51 QT
4	28236 B	Lau, Yiu Yeung Jamie	17	Win Tin	1:00.48 QT
5	35804 IAZ	Tong, Ching Wa	17	Pacific	1:00.48 QT
6	37083 P	Kwan, Nicholas	15	Tai Po	1:00.76 QT
7	31786 IAZ	Lee, Hon Chung Jonathan	17	South China	1:01.36 QT
8	44576 IAZ	Wong, Dzi Yi	17	Kowloon City	1:01.78 QT
9	36113 IAZ	Wong, Tsun Ting	16	Eastern Winter	1:01.87 QT
Heat 3 of 5 Prelims					
0	28256 @IAX	Ma, Zeyuan	20	Chi Pui	58.75 QT
1	36085 B	Hui, Yik Kiu	15	Chi Pui	57.58 QT
2		Hung, Ya-Hsin	18	Taipei	56.55 QT
3		Wang, Hsueh-Kuan	19	Taipei	56.05 QT
4	20058 P	Lim Nicholas, Owen Zhaoguan	22	LRC	54.77 QT
5	33935 B	Yau, Pak Ho	15	Chi Pui	55.91 QT
6	29545 IAZN	Cheung, Cheuk To	17	Tai Po	56.37 QT
7	18781 IAZ	Chan, Pak Hin	22	White Dolphin	57.15 QT
8	31864 IAZ	Kwong, Bui Ming	17	Hoi Ngai	58.44 QT
9	34962 IAZ	Chau, Ho Nam	17	White Dolphin	59.91 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 4 Prelims... (Event 26 Men 100 LC Meter Butterfly)**

0		Lai, Chih-Hao	17	Taipei	58.50	QT
1		Bangun, Albertus Andika	20	Indonesia	57.37	QT
2	38701 B	Chung, Hei Chit	14	Hoi Tin	56.52	QT
3		Chang, Ning	18	Taipei	56.05	QT
4	33755 IAZ	Lau, Kin Hei James	14	Hoi Tin	53.68	QT
5	15423 IAZ	Cheung, Yau Ming	25	Hoi Tin	55.75	QT
6		Kang, Jiun-Kai	16	Taipei	56.26	QT
7	32463 IAZ	Chan, Austin	17	Dik Wing	56.77	QT
8	31256 @P	Xu, Rui Chen	14	Win Tin	58.20	QT
9	41723 #IAZ	Fong, Yik Yuen	15	Hoi Tin	59.88	QT

Heat 5 of 5 Prelims

0	26597 IAZ	Ngai, Tsz Ho	19	Hoi Tin	58.46	QT
1	33370 IAZ	Hui, Ching Ho	16	Sword Fish Club	57.18	QT
2	04579 IAO	Cheng, Chris	26	Pacific	56.52	QT
3		Hung, Kuan-Hsin	20	Taipei	56.04	QT
4	25254 B	Ho, Siu Lun	19	Dali Swimming Club	53.00	QT
5	32042 IAZ	Lee, Jia Jun Jody George	17	South China	55.35	QT
6	30444 IAZ	Ho, Chung Lun	20	CYM	56.15	QT
7	34145 IAO	Ng, Anson	15	Sun Yip	56.57	QT
8		Kuo, Po-Ting	19	Taipei	57.92	QT
9	22961 B	Chan, Tsun Hin	18	White Dolphin	59.28	QT

Event 27 Women 100 LC Meter Backstroke

OQT: 59.99

OCT: 1:00.29

WCA: 1:00.59

WCB: 1:02.71

HKR: 1:00.22

JR: 1:03.30

MR: 1:00.81

AU Hoi Shun Stephanie, DWA

AU Hoi Shun Stephanie, DWA

1:15.80

QT Qualifying Time

Meet Qualifying: 1:15.80

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
1	35953 IAZ	Siu, Hoi Lam	15	Tai Po	1:15.80	QT
2	31321 IAZ	Leung, Man Wai Yoyo	16	Pacific	1:14.05	QT
3		Lin, Tsai-Tung	13	Taipei	1:10.73	QT
4	35992 P	Mcfarland, Charlotte Chia-Ju	15	South China	1:09.71	QT
5	38891 IAZ	Leung, Hiu Lam	14	Dik Wing	1:09.77	QT
6	37163 B	Chen, Ki Yan	14	Tai Po	1:12.95	QT
7		Lin, Pei-Hsin	19	Taipei	1:14.10	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 2 Prelims... (Event 27 Women 100 LC Meter Backstroke)**

0	39531 B	Lee, Hoi Lam	13	Win Tin	1:08.78	QT
1	41265 B	Li, Elizabeth	13	South China	1:07.40	QT
2	31520 B	Chan, Hiu Tung Annabel	16	Win Tin	1:05.54	QT
3		Chang, Yia-Jia	15	Taipei	1:04.00	QT
4	25098 #B	Fung, Suet Ying Chloe	18	Kowloon Tong Club	1:01.70	QT
5	28897 IAZ	Loo, Tsz Ki Cherrie	19	Dik Wing	1:03.23	QT
6	36963 IAZ	Chan, Mei Yan	14	Tai Po	1:05.38	QT
7	33874 IAZ	Lee Giselle, Jacinda Jia Hui	15	South China	1:06.92	QT
8	35752 B	Li, Cheuk Yiu	13	Hoi Tin	1:08.16	QT
9	29117 IAZ	Wong, Po Yin	18	Happy Valley	1:09.61	QT

Heat 3 of 4 Prelims

0	46124 #IAZ	Mathis, Kayla J	12	Tai Po	1:08.76	QT
1	36728 IAZ	Ng, Suet Ying	15	Hoi Tin	1:07.22	QT
2	45227 IAZ	Tang, Angel	14	Lai Wa	1:05.54	QT
3	35455 B	Poon, Lok Yan	15	Chi Pui	1:03.60	QT
4	22719 IAZ	Wong, Toto Kwan To	23	Hoi Tin	59.12	QT
5	36936 IAZ	Ho, Pui Yan	13	Win Tin	1:02.90	QT
6	35345 B	Ho, Tin Wing	13	Hoi Tin	1:04.46	QT
7		Pan, Pin-Chen	15	Taipei	1:06.82	QT
8	33940 B	Lau, Sze Yuet	16	Hoi Tin	1:07.63	QT
9	33171 B	Chan, Sze Wing Wincy	15	Hoi Tin	1:09.46	QT

Heat 4 of 4 Prelims

0	37038 IAZ	Chan, Yin Yan	15	Hoi Tin	1:08.50	QT
1		Wen, Chu-Ting	13	Taipei	1:07.19	QT
2	33947 IAZ	Chan, Hin Yau	16	Tai Po	1:05.47	QT
3	31597 B	Ng, Cheuk Yan	16	Hoi Tin	1:03.26	QT
4	36321 B	Cheung, Sum Yuet Cindy	17	Tai Po	58.39	QT
5		Wu, Yi-En	18	Taipei	1:02.85	QT
6	17084 IAZ	Lau, Sze Wing	25	Hoi Tin	1:04.30	QT
7	32947 B	Lim, Eden Yi Zhen	16	South China	1:06.54	QT
8	46816 IAZ	Chan, Tsz Yu Ashley	11	Hoi Tin	1:07.56	QT
9		Li, Yu-Ru	16	Taipei	1:09.10	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 28 Men 50 LC Meter Backstroke

WCA: 25.16

WCB: 26.04

HKR: 26.00

JR: 26.81

MR: 25.70

LAU Shiu Yue, HTA

S.SUDARTAWA I Gede, INA

30.58 QT Qualifying Time

Meet Qualifying: 30.58

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
2	36193 IAZ	Wan, Kok Hei	15	New Wave	30.24 QT
3	36176 B	Hau, Wang Lik	17	Aquatic	29.72 QT
4	36551 IAZ	Tian, Trevor	14	Tai Po	29.53 QT
5	42311 IAZ	Yu, Chi Lung	15	Pacific	29.54 QT
6	36739 #IAZ	Wu, Hoi Fu	19	Sea Lion	30.15 QT
7	51257 IAX	Yick, Chujie Matthew	16	Hoi Tin	30.58 QT
Heat 2 of 4 Prelims					
0		Tien, Le-Hsiang	15	Taipei	28.98 QT
1	30435 IAZ	Chan, Chin Kan	18	Lai Wa	28.34 QT
2	33504 IAZ	Leung, Lok Hei	18	North Sports	27.70 QT
3	19970 IAZ	Chang, Tak Kin David	22	Chi Pui	26.92 QT
4	33385 B	Lu, Pat Fan	17	Sun Yip	25.75 QT
5	39015 P	Chan, Tsz Kwan	16	Tai Po	26.39 QT
6	32248 B	Li, Sing Hoi	18	Win Tin	27.34 QT
7	41163 IAZ	Chan, Tsz Hin	15	Tai Po	28.02 QT
8	28299 #B	Yeung, Tsun Ho	17	Sword Fish Club	28.55 QT
9	33477 IAZ	Leung, Lok Man	16	Tai Po	29.46 QT
Heat 3 of 4 Prelims					
0	33767 IAZ	Lee, Cheston	15	Pacific	28.81 QT
1	31985 B	Wong, Tsz Shing	16	Tai Po	28.19 QT
2	31077 B	Lo, Man Kit	19	Sword Fish Club	27.58 QT
3	28636 B	Chan, Tsz Chiu	20	Keung Sung	26.83 QT
4		Chuang, Mu-Lun	22	Taipei	25.47 QT
5	36737 B	Chan, Wang Hei Terence	17	Tai Po	26.14 QT
6	27239 B	Chan, Sheung Kwan	21	Keung Sung	27.00 QT
7	44357 B	Leung, Chun Ho Franky	15	Pacific	27.87 QT
8	35559 #B	Yam, Ming Chit Frederick	17	Kowloon Tong Club	28.46 QT
9	17709 B	Whittington, Ryan Michael	22	South China	29.12 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Heat 4 Prelims... (Event 28 Men 50 LC Meter Backstroke)

0	30198 B	Lam, Cheuk Fung	16	Tai Po	28.78	QT
1	27352 B	Lam, Chak Him	18	Riverside	28.15	QT
2		Hsiao, Hung-Ya	17	Taipei	27.40	QT
3	36914 IAZ	Cheng, Cheuk Kin Jake	15	Dali Swimming Club	26.75	QT
4	12117 IAZ	Lau, Shiu Yue	26	Hoi Tin	24.38	QT
5		Wu, Liang-Yun	16	Taipei	25.81	QT
6		Hsu, Ethan Chuan-En	16	Taipei	27.00	QT
7	31127 IAZ	Cheng, Chun Hong	16	Dali Swimming Club	27.86	QT
8	37686 #B	Chang, Hok Hin	15	Tai Po	28.41	QT
9	43419 IAZ	Ho, Tsz Hong	14	Tai Po	29.01	QT

Event 29 Women 200 LC Meter Butterfly

OQT: 2:08.43

OCT: 2:09.07

WCA: 2:09.21

WCB: 2:13.73

HKR: 2:13.91

JR: 2:14.06

MR: 2:12.75

NAM Carmen, TPS

LI Shuang, CHN

2:31.17

QT Qualifying Time

Meet Qualifying: 2:31.17

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 2 Prelims						
1	38797 IAZ	Wong, Hei Ching Henrietta	12	Tai Po	2:26.05	QT
2	38628 IAZ	Ho, So Wai	15	Happy Valley	2:22.18	QT
3		Hsu, An	25	Taipei	2:18.00	QT
4	31437 B	Yeung, Hoi Ching	16	Tai Po	2:12.57	QT
5	36580 B	Tang, Man Rao Jasmine	15	Tai Po	2:16.91	QT
6		Yao, Ssu-Yu	17	Taipei	2:20.00	QT
7	35932 B	Wong, Sze Laam Serena	13	Win Tin	2:22.53	QT
8		Wu, Qiao-Xun	14	Taipei	2:29.77	QT
Heat 2 of 2 Prelims						
0	45411 B	Ding, Tian	11	Happy Valley	2:31.17	QT
1		Lin, Tzu-Yun	13	Taipei	2:24.99	QT
2		Hung, Yu-Shan	15	Taipei	2:22.00	QT
3	29902 B	Lam, Cheuk Ue Natalie	19	Sun Yip	2:17.70	QT
4	32326 B	Mok, Sze Ki	16	Happy Valley	2:10.06	QT
5		Chen, Szu-An	22	Taipei	2:14.79	QT
6	18545 IAZ	Lam, Pac Tung Nikita	23	Sun Yip	2:19.64	QT
7	20766 B	Li, Yuet Sum Phyllis	21	Tai Po	2:22.18	QT
8	38813 P	Liu, Yuen Ching	13	Keung Sung	2:27.50	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 30 Men 200 LC Meter IM

OQT: 1:57.94

OCT: 1:58.53

WCA: 1:59.53

WCB: 2:03.71

HKR: 2:01.37

JR: 2:05.10

MR: 1:59.44

TO Kenneth King Him, LWS

WANG Hsing Hao, TPE

2:24.55 QT Qualifying Time

Meet Qualifying: 2:24.55

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
1	38067 #IAZ	Wu, Fung Lin	15	Hoi Tin	2:24.55 QT
2	43172 ICO	Xia, Christopher Cheng Go	18	Hoi Tin	2:24.55 QT
3	31223 B	Chan, Rudi Pak Hei	16	Win Tin	2:21.90 QT
4	32095 B	Lau, Chor Tik	13	Win Tin	2:19.71 QT
5	40651 P	Leung, Tsz Ming	14	White Dolphin	2:20.65 QT
6	41422 B	Yick, Sum Kiu	13	Sea Lion	2:22.66 QT
7	49179 @ICX	Zhu, Xiuping	14	Pacific	2:24.55 QT
8	29849 B	Yeung, Cheuk Hay Hayden	17	Chi Pui	2:24.55 QT
Heat 2 of 4 Prelims					
0		Shao, Bo-Yan	16	Taipei	2:16.50 QT
1	34145 IAO	Ng, Anson	15	Sun Yip	2:13.15 QT
2	33608 IAZN	Wan, Chun Lim	17	Pacific	2:11.22 QT
3		Tsia, Ruei-Hong	16	Taipei	2:08.25 QT
4	33755 IAZ	Lau, Kin Hei James	14	Hoi Tin	2:03.44 QT
5		Wang, Hsueh-Kuan	19	Taipei	2:07.08 QT
6		Lee, Tzung-Ru	16	Taipei	2:09.29 QT
7	39277 B	Fung, Ho Chun	15	Chi Pui	2:12.21 QT
8		Lee, Meng-Kai	15	Taipei	2:14.15 QT
9	35145 IAZ	Liu, Siu Fung	15	Chi Pui	2:17.44 QT
Heat 3 of 4 Prelims					
0	33470 IAZ	Lee, Yat Chiu	16	Kowloon City	2:16.41 QT
1	36085 B	Hui, Yik Kiu	15	Chi Pui	2:12.35 QT
2	31864 IAZ	Kwong, Bui Ming	17	Hoi Ngai	2:10.77 QT
3		Hsu, Ethan Chuan-En	16	Taipei	2:08.00 QT
4	25379 B	Mak, Sai Ting Adam	17	Hoi Tin	2:02.26 QT
5	21248 B	Lau, Ping Chi	20	Hoi Tin	2:04.54 QT
6		Lai, Chih-Hao	17	Taipei	2:09.28 QT
7	33495 IAZ	Wan, Siu Chun	19	Tai Po	2:12.07 QT
8	31256 @P	Xu, Rui Chen	14	Win Tin	2:13.60 QT
9	40455 IAZ	Lam, Wai Lok	14	Sun Yip	2:17.40 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 4 Prelims... (Event 30 Men 200 LC Meter IM)**

0		Hsieh, ChenChing	20	Taipei	2:15.98	QT
1	29282 IAZ	Lin, Lok Him Angus	17	Win Tin	2:12.24	QT
2	36547 IAZ	Wong, Yik Yan Sean	16	South China	2:09.88	QT
3		Yang, Yu-Xiang	21	Taipei	2:07.96	QT
4	30192 B	Whittington, Peter Harry	19	Dali Swimming Club	1:59.98	QT
5		Fu, Kun-Ming	18	Taipei	2:04.00	QT
6	25050 B	Kung, Lok Sum	19	Tai Po	2:09.14	QT
7	38539 B	Chan, Wah Royce	15	HK Sportworld	2:11.62	QT
8		Bangun, Albertus Andika	20	Indonesia	2:13.50	QT
9		Lee, Huan-Ping	20	Taipei	2:17.22	QT

Event 31 Women 400 LC Meter Freestyle**OQT: 4:07.90****OCT: 4:09.14****WCA: 4:10.57****WCB: 4:19.34****HKR: 4:05.84****HAUGHEY Siobhan Bernadette,SCA****JR: 4:13.81****MR: 4:08.64****HAUGHEY Siobhan Bernadette,SCA****4:52.07****QT Qualifying Time****Meet Qualifying: 4:52.07**

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
3	38029 B	Leung, Evita Yan	12	Tai Po	4:49.31	QT
4	40426 B	Fong, Sin Ka	12	Long Fame	4:46.65	QT
5	38394 B	Yeung, Tin Wing	12	Hoi Tin	4:47.21	QT
Heat 2 of 4 Prelims						
0	45628 IAZ	Chan, Pui Ka	11	White Dolphin	4:45.92	QT
1		Lee, Hsin-Yuan	17	Taipei	4:40.86	QT
2		Yao, Ssu-Yu	17	Taipei	4:36.00	QT
3	33874 IAZ	Lee Giselle, Jacinda Jia Hui	15	South China	4:33.17	QT
4	37874 IAZ	Choi, Hiu Ying	13	Hoi Tin	4:32.94	QT
5	31657 IAZ	Chan, Lok Mei	15	Happy Valley	4:32.98	QT
6		Wu, Yi-Xuan	16	Taipei	4:33.32	QT
7		Kuo, Yu-Chen	13	Taipei	4:37.64	QT
8	31469 B	Lee, Si Yao Peony	15	South China	4:45.43	QT
Heat 3 of 4 Prelims						
0	36944 B	Chan, Yi Lok	13	Win Tin	4:31.02	QT
1	38248 P	Du, Zheng	19	Flying Dragon	4:30.60	QT
2		Cheng, Xi-Xuan	16	Taipei	4:26.74	QT
3	31841 IAZ	Ng, Lai Wa	17	Hoi Tin	4:18.88	QT
4	33715 IAZ	Ma, Gilaine	15	Tai Po	4:15.49	QT
5	32098 B	Ma, Tsz Tsing Ashley	15	Hoi Tin	4:17.76	QT
6	38217 IAZ	Yan, Ellie	13	Hoi Tin	4:26.06	QT
7		Wei, Tzu-Ning	14	Taipei	4:28.73	QT
8	32282 IAZ	Cheng, Denise	17	Pacific	4:30.80	QT
9		Wang, Ru-Ting	20	Taipei	4:31.54	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 4 Prelims... (Event 31 Women 400 LC Meter Freestyle)**

0	34477 B	Law, Wai Lam	15	Tai Po	4:30.81	QT
1	37017 IAZ	Chan, Tsun Wing	16	Hoi Tin	4:29.82	QT
2	18545 IAZ	Lam, Pac Tung Nikita	23	Sun Yip	4:26.09	QT
3	32517 B	Wong, Hoi Wai	17	Win Tin	4:18.23	QT
4	21383 B	Ho, Nam Wai Tinky	21	Win Tin	4:13.10	QT
5	42490	Wang, Xin Tong	15	Win Tin	4:16.16	QT
6	19207 B	Nip, Tsz Yin	23	Eastern Winter	4:23.63	QT
7	23856 B	Leung, Ka Ching	19	Hoi Tin	4:27.74	QT
8	38270 P	Worthington, Poppy Mei	14	Chi Pui	4:30.76	QT
9	38627 IAZ	Ho, So Yu	15	Happy Valley	4:31.19	QT

Event 32 Men 50 LC Meter Freestyle**OQT:** 21.96**OCT:** 22.07**WCA:** 22.12**WCB:** 22.89**HKR:** 21.86**JR:** 23.65**MR:** 22.61

25.97

HO Ian Yentou, SCA**TO Kenneth King Him, LWS****QT Qualifying Time****Meet Qualifying: 25.97**

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
3	36193 IAZ	Wan, Kok Hei	15	New Wave	25.97	QT
4	29101 B	Zeng, Yan Kai	18	Dali Swimming Club	25.97	QT
5	49024 #IAZ	Lum, Ching Hin	20	Shatin Sports	25.97	QT
Heat 2 of 5 Prelims						
0	47580 @IAO	Poon, Derrick Gene-ming	35	Fastlane Swimming	25.85	QT
1	32426 IAZ	Lam, Tsz Yeung YY	15	Dik Wing	25.83	QT
2	37498 B	Lam, Hing Ka	14	Riverside	25.77	QT
3	33791 B	Tang, Kak Shing	14	Tai Po	25.58	QT
4	32137 IAZ	Yuen, Chun Shing	17	Tuen Mun	25.49	QT
5	31032 IAZ	Leung, Yiu Chun	17	Tai Po	25.53	QT
6	41024 B	Li, Matthew	15	HK Sportworld	25.62	QT
7		Tsai, Han-Ying	14	Taipei	25.78	QT
8	36176 B	Hau, Wang Lik	17	Aquatic	25.83	QT
Heat 3 of 5 Prelims						
0	31666 IAZ	Lee, Yat Yuen Yen	16	Hoi Tin	25.09	QT
1	35825 @IAX	Ng, Tin Ki	16	Win Tin	24.87	QT
2	27352 B	Lam, Chak Him	18	Riverside	24.35	QT
3	32248 B	Li, Sing Hoi	18	Win Tin	23.44	QT
4	20289 IAZ	Tsui, Wai Chi	21	Win Tin	22.78	QT
5	30499 IAO	Chan, Nathan	20	Dik Wing	23.22	QT
6	35894 B	Chui, Ka Yeung	17	Win Tin	23.80	QT
7	28249 B	Fung, O See Asaph	17	Kowloon Tong Club	24.58	QT
8	36314 IAZ	Mok, Long Sum	14	Lai Wa	25.00	QT
9		Wang, Bang-Ren	23	Taipei	25.46	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 4 Prelims... (Event 32 Men 50 LC Meter Freestyle)**

0	36085 B	Hui, Yik Kiu	15	Chi Pui	25.03	QT
1	36899 B	Kwok, Kin Wai	15	Keung Sung	24.82	QT
2	36913 IAZ	Cheng, Cheuk Chi George	15	Dali Swimming Club	23.98	QT
3	33435 IAZ	Siu, To	17	Dali Swimming Club	23.39	QT
4	06697 B	Koo, Ralph Yat Ho	25	Hoi Tin	22.44	QT
5		Chuang, Mu-Lun	22	Taipei	23.00	QT
6	25665 IAZ	Wong, Hoi Nam	17	Dik Wing	23.66	QT
7		Hung, Kuan-Hsin	20	Taipei	24.48	QT
8	10574 B	Chen, Cheuk Fung	26	South China	24.96	QT
9	20763 @IAX	Fok, Chun Wang Anthony	21	Dali Swimming Club	25.19	QT

Heat 5 of 5 Prelims

0		Lu, Hi-Hsinn	17	Taipei	25.00	QT
1	37757 B	Cheng, Pak Ho	15	HK Sportworld	24.78	QT
2	33922 P	So, Kwun Wa	15	White Dolphin	23.82	QT
3	49455 IAZ	Cai, Qi Hong	16	Chi Pui	23.32	QT
4	25254 B	Ho, Siu Lun	19	Dali Swimming Club	22.43	QT
5	22824 IAZ	Wong, Lok Kan	19	Hoi Tin	22.99	QT
6	38227 IAZ	Lo, Tsz Lam	16	Win Tin	23.65	QT
7		Chang, Chiao-I	16	Taipei	24.40	QT
8	35393 B	Law, Lok Hei	16	Win Tin	24.88	QT
9	33577 P	Choi, Tsz Kit	17	Aquatic	25.17	QT

Event 33 Women 200 LC Meter Breaststroke

OQT: 2:23.91

OCT: 2:24.63

WCA: 2:25.91

WCB: 2:31.02

HKR: 2:27.96

JR: 2:32.79

MR: 2:32.65

3:02.68

KONG Yvette Man Yi, SCA

LAM Hoi Kiu, HTA

QT Qualifying Time

Meet Qualifying: 3:02.68

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
3	33426 IAZN	Chan, Tsz Wing Sophie	15	South China	3:02.68	QT
4	43397 IAZ	Lan, Jacey Laura	11	Jockey Club	3:02.04	QT
5	38702 IAZ	Siu, Hoi Ching	12	Tai Po	3:02.68	QT
Heat 2 of 5 Prelims						
0	32923 IAZ	Wong, Ying Lam Katie	15	Pacific	2:56.59	QT
1	44853 #IAZ	Yeung, Gabrielle	12	Pacific	2:54.13	QT
2	38940 IAZ	Kan, Sum Yin	13	Lai Wa	2:53.29	QT
3	43137 IAZ	Yiu, Sum Yin	12	Win Tin	2:50.44	QT
4	43294 #B	Wong, Tsz Huen	13	Pacific	2:48.53	QT
5	38537 B	Chung, Wing Sum Hazel	14	HK Sportworld	2:50.18	QT
6	39904 IAZ	Ho, Tess Lauren	15	Island Stingrays	2:52.18	QT
7	38756 B	Pak, Yan Ting Emily	14	Dali Swimming Club	2:53.47	QT
8	50134 IAZN	Wu, Melody	14	South China	2:55.42	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 3 Prelims... (Event 33 Women 200 LC Meter Breaststroke)**

0	33129 IAZ	Lau, Yui Sze	16	Sword Fish Club	2:44.88	QT
1	28108 B	Seeto, Wai Ching	18	Keung Sung	2:41.50	QT
2		Hung, Chieh-Yu	23	Taipei	2:39.42	QT
3	42578 #IAZ	Leung, Yan Yui	14	Chi Pui	2:37.55	QT
4	39179 B	Man, Wui Kiu	13	Chi Pui	2:32.65	QT
5	35670 B	Cheung, Wing Yi Claire	14	Jockey Club	2:35.16	QT
6	37750 #IAZ	So, Ching Nga	15	Hoi Tin	2:37.76	QT
7	31462 B	Li, In Wai	14	Hoi Tin	2:40.53	QT
8	38411 B	Yung, Tsz Ching	12	Hoi Tin	2:43.38	QT
9	38528 B	Lam, Tsz Ying	12	Hoi Tin	2:46.35	QT

Heat 4 of 5 Prelims

0	36010 #IAZ	Wu, Kwan Lo	13	Win Tin	2:44.85	QT
1	40306 IAZ	Chi, Yi Lam	12	Jockey Club	2:41.45	QT
2	38297 IAX	Cheung, Hau Wing	15	Lai Wa	2:38.81	QT
3	39432 IAZ	Leung, Sze Ki Safira	13	Marlins	2:37.46	QT
4	29060 IAZ	Lam, Hoi Kiu	19	Hoi Tin	2:27.69	QT
5	40655 IAZ	Ma, Malia	15	Hoi Tin	2:34.26	QT
6	29139 B	Young, Sze Ki	20	Tai Po	2:37.70	QT
7		Lee, Yi-Ting	13	Taipei	2:40.24	QT
8		Huang, Pei-Yi	18	Taipei	2:42.72	QT
9		Fan, Ching-Yu	16	Taipei	2:46.00	QT

Heat 5 of 5 Prelims

0	39905 IAZ	Lan, Jasmine Lauren	13	Jockey Club	2:43.90	QT
1		Li, Tsai-Lin	13	Taipei	2:41.00	QT
2	34467 B	Chan, Tsz Ching	17	Sea Lion	2:38.02	QT
3	33815 IAZ	Wong, Hin Yi	16	Tai Po	2:37.21	QT
4	30162 ICX	Chang, Yujuan	23	Win Tin	2:27.45	QT
5	33492 #IAZ	Chu, Ching Yin Annika	17	Hoi Tin	2:33.40	QT
6	36672 B	Lam, Karman	16	Pacific	2:37.66	QT
7	31301 IAZ	To, Wing Yan	17	Happy Valley	2:40.07	QT
8	38860 IAZ	Chui, On Tsz	14	Hoi Tin	2:42.72	QT
9		Lin, Tzu-Yun	13	Taipei	2:45.57	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 34 Men 200 LC Meter Backstroke

OQT: 1:57.50

OCT: 1:58.09

WCA: 1:58.07

WCB: 2:02.20

HKR: 2:00.70

KWAN Hayden, PSC

JR: 2:07.52

MR: 2:00.70

KWAN Hayden, PSC

2:28.79 QT Qualifying Time

Meet Qualifying: 2:28.79

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
2	38218 IAZ	Cheng, Tsz Leong Louie	13	Hoi Tin	2:24.72 QT
3	36201 #IAZ	Lau, Cheuk Yin	14	Pacific	2:22.73 QT
4	40104 B	Cheung, Yung	12	White Dolphin	2:21.36 QT
5		Chan, Junhao Alexander	15	Canada	2:21.97 QT
6	36791 #IAZ	Fong, Tsz Long Jose	14	Dik Wing	2:23.39 QT
7	31715 IAZ	Tsang, Kei Hon Ian	15	Dik Wing	2:26.14 QT
Heat 2 of 4 Prelims					
0	36111 #IAZ	Yeung, Pun Yin	16	Dali Swimming Club	2:19.67 QT
1	40455 IAZ	Lam, Wai Lok	14	Sun Yip	2:15.69 QT
2	33504 IAZ	Leung, Lok Hei	18	North Sports	2:12.13 QT
3	32061 IAZ	Lee, Donald Cheuk Yiu	16	Hoi Tin	2:08.66 QT
4	33385 B	Lu, Pat Fan	17	Sun Yip	2:02.84 QT
5	28636 B	Chan, Tsz Chiu	20	Keung Sung	2:06.34 QT
6	36547 IAZ	Wong, Yik Yan Sean	16	South China	2:09.35 QT
7	33758 IAZ	Leung, Tsz Wo	15	Hoi Tin	2:14.01 QT
8	30435 IAZ	Chan, Chin Kan	18	Lai Wa	2:17.27 QT
9	35559 #B	Yam, Ming Chit Frederick	17	Kowloon Tong Club	2:19.84 QT
Heat 3 of 4 Prelims					
0	30198 B	Lam, Cheuk Fung	16	Tai Po	2:17.66 QT
1		Tien, Le-Hsiang	15	Taipei	2:15.00 QT
2	28236 B	Lau, Yiu Yeung Jamie	17	Win Tin	2:11.29 QT
3	42311 IAZ	Yu, Chi Lung	15	Pacific	2:08.01 QT
4	15423 IAZ	Cheung, Yau Ming	25	Hoi Tin	2:01.36 QT
5	29545 IAZN	Cheung, Cheuk To	17	Tai Po	2:04.96 QT
6	36914 IAZ	Cheng, Cheuk Kin Jake	15	Dali Swimming Club	2:08.85 QT
7	17709 B	Whittington, Ryan Michael	22	South China	2:13.92 QT
8	41900 B	Han, Pak Kiu	13	Hoi Tin	2:16.70 QT
9	41268 IAZ	Tan, Pak Hei Brian	13	Dik Wing	2:19.80 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 4 Prelims... (Event 34 Men 200 LC Meter Backstroke)**

0	44357 B	Leung, Chun Ho Franky	15	Pacific	2:17.40	QT
1	31985 B	Wong, Tsz Shing	16	Tai Po	2:14.40	QT
2	27239 B	Chan, Sheung Kwan	21	Keung Sung	2:10.74	QT
3		Fu, Kun-Ming	18	Taipei	2:08.00	QT
4	36902 IAO	Kwan, Hayden	20	Pacific	1:53.95	QT
5		Wu, Liang-Yun	16	Taipei	2:04.96	QT
6		Hsiao, Hung-Ya	17	Taipei	2:08.78	QT
7	33791 B	Tang, Kak Shing	14	Tai Po	2:12.56	QT
8	37686 #B	Chang, Hok Hin	15	Tai Po	2:16.59	QT
9	33767 IAZ	Lee, Cheston	15	Pacific	2:19.76	QT

Event 35 Women 50 LC Meter Butterfly

WCA: 26.32

WCB: 27.24

HKR: 26.55

TAM Hoi Lam, CUC

JR: 27.45

MR: 26.78

TAO Li, SIN

32.16

QT Qualifying Time

Meet Qualifying: 32.16

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
0	34005 IAZ	Yuen, Hiu Yu Ashley	13	Lai Tsun	32.16 QT
1	46124 #IAZ	Mathis, Kayla J	12	Tai Po	31.49 QT
2	40255 @#IAO	Yeung, Gisele	14	Pacific	31.12 QT
3	42574 B	Tian, Mui Hing	14	White Dolphin	30.99 QT
4	14069 IAZ	Yuen, Sin Ling	26	White Dolphin	30.82 QT
5	37077 B	Lam, Ka Po	17	Dik Wing	30.93 QT
6	35988 P	Lee, Jeanelle Faith	15	South China	31.04 QT
7	45571 B	Chan, Hei Ching	11	Keung Sung	31.19 QT
8	45531 IAZ	Zhong, Sin Yiu	11	North Sports	31.52 QT
9	40096 IAZ	Lee, Ho Ching	13	Keung Sung	32.16 QT
Heat 2 of 5 Prelims					
0	31469 B	Lee, Si Yao Peony	15	South China	30.82 QT
1	34073 B	Iu, Ka Yee	14	Win Tin	30.56 QT
2	42151 IAZ	Lai, Cheuk Ling Maris	11	Happy Valley	30.50 QT
3	38028 B	Leung, Evelyn Yi	14	Tai Po	30.29 QT
4	45227 IAZ	Tang, Angel	14	Lai Wa	29.93 QT
5	39706 B	Yip, Tsz Laam	13	White Dolphin	30.20 QT
6	32777 @P	Ho, Natalie Jade	16	South China	30.46 QT
7	40831 B	Lau, Tsz Tung	15	Dali Swimming Club	30.54 QT
8	38033 IAZ	Cheung, Nga Yin Jodie	14	Tai Po	30.59 QT
9	38930 IAZN	Lee, Simona	18	Hoi Ngai	30.82 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023**Meet Program****Heat 3 Prelims... (Event 35 Women 50 LC Meter Butterfly)**

0	36728 IAZ	Ng, Suet Ying	15 Hoi Tin	29.66	QT
1	40887 IAZ	Au-Yeung, Sze Ching	14 Chi Pui	29.25	QT
2		Huang, Chu-Ching	15 Taipei	28.71	QT
3		Liu, Pei-Yin	20 Taipei	28.16	QT
4	05641 IBZ	Chan, Kin Lok	29 Win Tin	27.03	QT
5	25098 #B	Fung, Suet Ying Chloe	18 Kowloon Tong Club	27.88	QT
6	36827 IAZ	Wong, Anthea Ching Wun	20 Island Stingrays	28.33	QT
7	18783 IAZ	Wong, Wai Nam	21 White Dolphin	28.96	QT
8	38537 B	Chung, Wing Sum Hazel	14 HK Sportworld	29.46	QT
9	38029 B	Leung, Evita Yan	12 Tai Po	29.91	QT

Heat 4 of 5 Prelims

0	44988 @P	Koh, Li Wen Ashley	15 South China	29.56	QT
1	31321 IAZ	Leung, Man Wai Yoyo	16 Pacific	29.23	QT
2	31597 B	Ng, Cheuk Yan	16 Hoi Tin	28.66	QT
3	29449 B	Leung, Wing Tsun Rachel	16 Win Tin	28.11	QT
4		Huang, Mei-Chien	25 Taipei	27.00	QT
5	40738 B	Li, Sum Yiu	14 White Dolphin	27.49	QT
6	25101 B	Ng, Sze Kwan	17 Kowloon Tong Club	28.30	QT
7	33948 IAZ	Wong, Wing	15 Hoi Tin	28.94	QT
8	38813 P	Liu, Yuen Ching	13 Keung Sung	29.46	QT
9	36101 B	Tang, Tsz Ching Selina	14 Flying Dragon	29.86	QT

Heat 5 of 5 Prelims

0	37017 IAZ	Chan, Tsun Wing	16 Hoi Tin	29.55	QT
1	30455 B	Lui, Ho Yee Chloe	18 Win Tin	29.13	QT
2		Hung, Yu-Shan	15 Taipei	28.50	QT
3	25607 IAZ	Lau, Ping Yi Audrey	18 Hoi Tin	27.96	QT
4	11920 B	Tam, Hoi Lam	25 Current Club Ltd	26.41	QT
5	31437 B	Yeung, Hoi Ching	16 Tai Po	27.38	QT
6		Chen, Yu-Rong	23 Taipei	28.28	QT
7	43424 IAZ	Mathis, Mya Lynn	13 Tai Po	28.71	QT
8	38797 IAZ	Wong, Hei Ching Henrietta	12 Tai Po	29.35	QT
9	38714 IAZ	Au, Hoi Sin	15 Kwun Tong	29.72	QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 36 Men 800 LC Meter Freestyle

OQT: 7:51.65

OCT: 7:54.01

WCA: 7:53.11

WCB: 8:09.67

HKR: 8:03.41 **CHEUK Ming Ho, CPS**

JR: 8:25.47

MR: 8:31.92 **CHEUK Ming Ho, CPS**

9:00.00 QT Qualifying Time

Meet Qualifying: 9:00.00

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals					
0	37083 P	Kwan, Nicholas	15	Tai Po	9:00.00 QT
1	35022 IAZ	Ip, Ali	16	Tai Po	8:41.37 QT
2	34048 IAZ	Wong, Pok Lam	16	Hoi Tin	8:37.64 QT
3	29043 B	Tsang, Lok Hei	19	Sun Yip	8:32.39 QT
4		Hung, Pen-Han	21	Taipei	8:27.95 QT
5	23101 P	Li, Chun Yin Jason	22	Sun Yip	8:32.06 QT
6	25326 B	Lam, Tsz Him	19	Happy Valley	8:34.44 QT
7	03439 IAZ	Sin, Chin Ting Keith	28	South China	8:39.76 QT
8	39573 B	Lee, Chak Fung Jaiden	14	Sun Yip	8:44.96 QT
9	35648 IAZ	Lau, Tsz Pok	15	Pacific	9:00.00 QT

Fastest Heat Swims in PM Sessions

1	28345 B	Sum, Ka Lok Leo	19	White Dolphin	8:21.36 QT
2	48237 IAZ	Wang, Yi Shun	15	Chi Pui	8:18.98 QT
3	25777 B	Cheuk, Ming Ho	21	Chi Pui	8:14.12 QT
4	29257 B	He, Shing Ip	17	Chi Pui	8:02.85 QT
5	24648 B	Kwok, Chun Hei	19	Hoi Tin	8:11.63 QT
6	29884 B	Kwong, Jacob Yat Nam	16	Win Tin	8:17.39 QT
7		Xie, Qi-Lin	15	Taipei	8:20.00 QT
8	30733 B	Lai, King Wo	16	Win Tin	8:23.80 QT



Hong Kong Open Swimming Championships 2023 - 18/08/2023 to 20/08/2023

Meet Program

Event 37 Women 4x100 LC Meter Freestyle Relay

WCA: 3:42.20

HKR: 3:39.93

Hong Kong Team

JR: 3:55.42

MR: 3:43.49

Hong Kong Team

4:33.07 QT Qualifying Time

Meet Qualifying: 4:33.07

Lane	Team	Relay	Seed Time
Heat 1 of 1 Prelims			
0	Pacific Swimming Club	A	4:26.59 QT
1	Chi Pui Swimming Club Ltd	A	4:05.20 QT
2	Hoi Tin Athletic Assn Ltd	A	3:57.48 QT
3	Happy Valley Athletic Assn	A	3:53.65 QT
4	Chinese Taipei Swimming Assn	A	3:50.25 QT
5	Win Tin Swimming Club	A	3:52.09 QT
6	South China Athletic Assn	A	3:56.70 QT
7	Dik Wing Association Limited	A	4:02.12 QT
8	White Dolphin Sport Assn	A	4:09.40 QT
9	Keung Sung Swimming Club	A	4:33.07 QT

Event 38 Men 4x100 LC Meter Freestyle Relay

WCA: 3:15.80

HKR: 3:21.22

Hong Kong Team

JR: 3:41.42

MR: 3:19.69

Chinese Taipei

3:57.79 QT Qualifying Time

Meet Qualifying: 3:57.79

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
2	Hong Kong Sportworld Assn	A	3:55.04 QT
3	Dik Wing Association Limited	A	3:39.44 QT
4	Hoi Tin Athletic Assn Ltd	A	3:27.80 QT
5	Win Tin Swimming Club	A	3:35.39 QT
6	Pacific Swimming Club	A	3:42.20 QT
Heat 2 of 2 Prelims			
2	White Dolphin Sport Assn	A	3:50.16 QT
3	South China Athletic Assn	A	3:38.99 QT
4	Chinese Taipei Swimming Assn	A	3:22.75 QT
5	Chi Pui Swimming Club Ltd	A	3:30.93 QT
6	Sun Yip Swimming Club	A	3:41.44 QT
7	Tuen Mun Swimming Associat	A	3:57.79 QT

