



HONG KONG CHINA SWIMMING ASSOCIATION

Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon

Tel: (852) 2572 8594 Fax: (852) 2591 0792 E-mail: info@hkgswimming.org.hk Web-site: www.hkgswimming.org.hk

Ref. No.: 2023030021

21st March 2023

By E-mail

TO: All Full Members and Affiliated Clubs

Dear All,

Nomination for Mare Nostrum 2023
(Canet-en-Roussillon, Barcelona and Monaco)
(13th – 14th May, 17th – 18th May & 20th – 21st May)

The captioned event will be held in Canet-en-Roussillon, Barcelona and Monaco respectively from 13th – 14th May, 17th – 18th May and 20th – 21st May. We now write to invite all clubs to nominate swimmers to participate in the captioned event.

Nomination Criteria

- Registered swimmers (SW) 2022/23 and 2023/24 of HKGSA
- Registered with HKGSA for 2 consecutive years prior to nomination
- Must be Hong Kong SAR Passport Holder
- Actively participating in HK Swimming competitions and comply with HKGSA eligibility rules for representing Hong Kong
- Maintain continuous training prior to the competition and physically fit to participate in the competition
- Only Olympic Games events will be considered
- Achieve Olympic Consideration Time (OCT) +3% Time Standards as attached
- Nominated results from 29th March 2022 to 28th March 2023 for available events

Selection Criteria

1. Only Olympic Games events will be considered
2. Achieve Olympic Consideration Time (OCT) +3% Time Standards as attached
3. Head Coach recommendation

Attached please find the nomination form for your use. All nominations must be endorsed by the swimmers' respective club and returned to the HKGSA office along with supporting results and a cheque of HK\$ 5,000 made payable to "HKGSA" for deposit **on or before 29th March 2023 (Wednesday) at 1200 noon**. Please note that the deposit shall be refunded to swimmers in full upon successful participation at the competitions. In case of withdrawal after selection, the deposit shall be forfeited to cover for the administration fees. Incomplete nominations will not be accepted under



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any circumstances. Please ensure that the form is completed in full with supporting results.

Should you have any enquiry, please feel free to contact Ms. Mandy LAI at 2572 8594. Thank you for your attention.

Best regards,

Wilson Kam Tat YEUNG

Chairman

Swimming Committee

c.c. Hon. Treasurer / Asst. Hon. Sec. / Executive Committee / Head Swimming Coach