

2025 – 2026 AGE GROUP LONG COURSE SWIMMING COMPETITION – DIVISION III (PART 1A,B)

2025 – 2026 第三組長池分齡游泳比賽第一節

Part 1A Date: 10 May 2025 (Saturday)

Venue: Tung Chung Swimming Pool 東涌游泳池

Part 1A Morning Warm Up: 0900 - 0945 hours

Morning Session First Event: 1000 hours

Part 1A Afternoon Warm Up: 1300 - 1345 hours

Afternoon Session First Event: 1400 hours

Part 1B Date: 10 May 2025 (Saturday)

Venue: Ma On Shan Swimming Pool 馬鞍山游泳池

Part 1B Morning Warm Up: 0800 - 0845 hours

Morning Session First Event: 0900 hours

Part 1B Afternoon Warm Up: 1300 - 1345 hours

Afternoon Session First Event: 1400 hours

GIRLS 女

BOYS 男

1	13 & 14 YRS	200M	IND. MEDLEY	個人四式	2
3	15 - 17 YRS	200M	IND. MEDLEY	個人四式	4
5	13 & 14 YRS	100M	BREASTSTROKE	蛙泳	6
7	15 - 17 YRS	100M	BREASTSTROKE	蛙泳	8
9	8 YRS & UNDER	100M	BREASTSTROKE	蛙泳	10
11	13 & 14 YRS	50M	BUTTERFLY	蝶泳	12
13	15 - 17 YRS	50M	BUTTERFLY	蝶泳	14
15	8 YRS & UNDER	50M	BUTTERFLY	蝶泳	16

午膳時間 Lunch Break

17	11 & 12 YRS	200M	IND. MEDLEY	個人四式	18
19	9 & 10 YRS	200M	IND. MEDLEY	個人四式	20
21	11 & 12 YRS	100M	BREASTSTROKE	蛙泳	22
23	9 & 10 YRS	100M	BREASTSTROKE	蛙泳	24
25	11 & 12 YRS	50M	BUTTERFLY	蝶泳	26
27	9 & 10 YRS	50M	BUTTERFLY	蝶泳	28

截止註冊日期 CLOSING DATE FOR REGISTRATION: **28 March 2025 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **22 April 2025 (1700 hours)**