



# HONG KONG CHINA SWIMMING ASSOCIATION

Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon

Tel: (852) 2572 8594 Fax: (852) 2591 0792 E-mail: info@hkgswimming.org.hk Web-site: www.hkgswimming.org.hk

Ref. No.: 2025040005

8<sup>th</sup> April 2025

By E-mail

**TO: All Members and Affiliated Members,**

Dear All,

**Team list for Hong Kong China Swimming Team of Mare Nostrum 2025**  
**(Monaco, Barcelona and Canet-en-Roussillon)**  
**(17<sup>th</sup> - 18<sup>th</sup> May, 21<sup>st</sup> - 22<sup>nd</sup> May & 24<sup>th</sup> - 25<sup>th</sup> May 2025)**

We are pleased to announce the team list for the Mare Nostrum 2025 to be held in as endorsed by Swimming Committee. All swimmers are selected according to the following criteria:

**Selection criteria**

- 1) Achieve Singapore World Championships A or B Time
- 2) Achieve Singapore World Championships B Time +1%
- 3) Head Coach recommendation
- 4) Other considerations

Please find the team list as below (total 8 swimmers):

**Team List:**

Coaches:	Mr. WONG Kai Wai David	(HKSI)
	Mr. NG Yan Kin	(HKSI)
Senior Strength and Conditioning Coach:	Mr. CHAN Chun Kwan	(HKSI)
Senior Sports Physiotherapist:	Ms. LAU Cheuk Chi	(HKSI)
Senior Sports Dietitian:	Mr. SIU Pui Lam Frankie	(HKSI)
Assistant Sport Biomechanics Manager:	Dr. QIU Xiao	(HKSI)

**Swimmers:**

**Women: 3**

No.	Name	Chi Name	Club
1	LAM Hoi Kiu	林凱喬	HTA
2	HAUGHEY Siobhan Bernadette	何詩蓓	SCA
3	LI Sum Yiu	李芯瑤	WDA

**Men: 5**

No.	Name	Chi Name	Club
1	CHILLINGWORTH Adam John	趙浩俊	SCA
2	HO Ian Yentou	何甄陶	SCA
3	KOO Ralph Yat Ho	古逸豪	HTA
4	TSUI Yik Ki	徐奕祺	PSC
5	WHITTINGTON Peter Harry	衛恆恩	DLS

Should you have any enquiry, please feel free to contact Ms. Mandy LAI or Ms. Della LEUNG at 2572 8594. Thank you for your kind attention.

Best regards,

Wilson Kam Tat YEUNG  
Chairman  
Swimming Committee  
c.c. Asst. Hon. Sec. / Executive Committee Members