

2024 - 2025 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 1)

2024 - 2025 第一組短池分齡游泳比賽第一節

**Date:** 23 November 2024 (Saturday)      **Venue:** Victoria Park Swimming Pool 維多利亞公園游泳池  
**Warm up:** 1400 - 1445 hours      **First Event:** 1500 hours

**GIRLS 女**

1	11 & 12 YRS	800M	FREESTYLE
3	13 & 14 YRS	800M	FREESTYLE
5	15 - 17 YRS	800M	FREESTYLE
7	18 & OVER	800M	FREESTYLE
~	13 & 14 YRS	1500M	FREESTYLE
~	15 - 17 YRS	1500M	FREESTYLE
~	18 & OVER	1500M	FREESTYLE

**BOYS 男**

2	
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4	
6	
8	

截止註冊日期      CLOSING DATE FOR REGISTRATION:      **14 October 2024 (1700 hours)**

截止報名日期      CLOSING DATE FOR ENTRIES:      **1 November 2024 (1700 hours)**

**2024 - 2025 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 1)**

**2024 - 2025 第一組短池分齡游泳比賽第一節**

**Date:** 24 November 2024 (Sunday)      **Venue:** Victoria Park Swimming Pool 維多利亞公園游泳池  
**Morning Warm up:** 0800 - 0845 hours      **Morning Session First Event:** 0900 hours  
**Afternoon Warm up:** 1300 - 1345 hours      **Afternoon Session First Event:** 1400 hours

**GIRLS 女**

**BOYS 男**

9	11 & 12 YRS	200M	BUTTERFLY	蝶泳	10
11	13 & 14 YRS	200M	BUTTERFLY	蝶泳	12
13	15 - 17 YRS	200M	BUTTERFLY	蝶泳	14
15	18 & OVER	200M	BUTTERFLY	蝶泳	16
17	10 YRS & UNDER	50M	BACKSTROKE	背泳	18
19	11 & 12 YRS	50M	BACKSTROKE	背泳	20
21	13 & 14 YRS	50M	BACKSTROKE	背泳	22
23	15 - 17 YRS	50M	BACKSTROKE	背泳	24
25	18 & OVER	50M	BACKSTROKE	背泳	26
27	10 YRS & UNDER	100M	BREASTSTROKE	蛙泳	28
29	11 & 12 YRS	100M	BREASTSTROKE	蛙泳	30
31	13 & 14 YRS	100M	BREASTSTROKE	蛙泳	32
33	15 - 17 YRS	100M	BREASTSTROKE	蛙泳	34
35	18 & OVER	100M	BREASTSTROKE	蛙泳	36

**LUNCH BREAK 午餐時間**

37		4x100M	FREE RELAY	自由接力	38
39	10 YRS & UNDER	100M	IND. MEDLEY	個人四式	40
41	11 & 12 YRS	100M	IND. MEDLEY	個人四式	42
43	13 & 14 YRS	100M	IND. MEDLEY	個人四式	44
45	15 - 17 YRS	100M	IND. MEDLEY	個人四式	46
47	18 & OVER	100M	IND. MEDLEY	個人四式	48
49	10 YRS & UNDER	200M	FREESTYLE	自由泳	50
51	11 & 12 YRS	200M	FREESTYLE	自由泳	52
53	13 & 14 YRS	200M	FREESTYLE	自由泳	54
55	15 - 17 YRS	200M	FREESTYLE	自由泳	56
57	18 & OVER	200M	FREESTYLE	自由泳	58

截止註冊日期      CLOSING DATE FOR REGISTRATION:      **14 October 2024 (1700 hours)**

截止報名日期      CLOSING DATE FOR ENTRIES:      **1 November 2024 (1700 hours)**

**2024 - 2025 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 2)**

**2024 - 2025 第一組短池分齡游泳比賽第二節**

**Date:** 22 December 2024 (Sunday)

**Venue:** Victoria Park Swimming Pool 維多利亞公園游泳池

**Morning Warm up:** 0800 - 0845 hours

**Morning Session First Event:** 0900 hours

**Afternoon Warm Up** 1300 - 1345 hours

**Afternoon Session First Event** 1400 hours

**GIRLS 女**

**BOYS 男**

1	10 YRS & UNDER	100M	BUTTERFLY	蝶泳	2
3	11 & 12 YRS	100M	BUTTERFLY	蝶泳	4
5	13 & 14 YRS	100M	BUTTERFLY	蝶泳	6
7	15 – 17 YRS	100M	BUTTERFLY	蝶泳	8
9	18 & OVER	100M	BUTTERFLY	蝶泳	10
11	11 & 12 YRS	200M	BACKSTROKE	背泳	12
13	13 & 14 YRS	200M	BACKSTROKE	背泳	14
15	15 – 17 YRS	200M	BACKSTROKE	背泳	16
17	18 & OVER	200M	BACKSTROKE	背泳	18
19	10 YRS & UNDER	50M	FREESTYLE	自由泳	20
21	11 & 12 YRS	50M	FREESTYLE	自由泳	22
23	13 & 14 YRS	50M	FREESTYLE	自由泳	24
25	15 – 17 YRS	50M	FREESTYLE	自由泳	26
27	18 & OVER	50M	FREESTYLE	自由泳	28
29		4X200M	FREE RELAY	自由接力	30

**LUNCH BREAK 午膳時間**

31	10 YRS & UNDR	200M	IND. MEDLEY	個人四式	32
33	11 & 12 YRS	200M	IND. MEDLEY	個人四式	34
35	13 & 14 YRS	200M	IND. MEDLEY	個人四式	36
37	15 – 17 YRS	200M	IND. MEDLEY	個人四式	38
39	18 & OVER	200M	IND. MEDLEY	個人四式	40
41	10 YRS & UNDER	50M	BREASTSTROKE	蛙泳	42
43	11 & 12 YRS	50M	BREASTSTROKE	蛙泳	44
45	13 & 14 YRS	50M	BREASTSTROKE	蛙泳	46
47	15 – 17 YRS	50M	BREASTSTROKE	蛙泳	48
49	18 & OVER	50M	BREASTSTROKE	蛙泳	50
51	11 & 12 YRS	400M	FREESTYLE	自由泳	52
53	13 & 14 YRS	400M	FREESTYLE	自由泳	54
55	15 – 17 YRS	400M	FREESTYLE	自由泳	56
57	18 & OVER	400M	FREESTYLE	自由泳	58

截止註冊日期 CLOSING DATE FOR REGISTRATION: **8 November 2024 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **29 November 2024 (1700 hours)**

**2024 - 2025 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 3)**

**2024 - 2025 第一組短池分齡游泳比賽第三節**

**Date:** 18 January 2025 (Saturday)

**Venue:**

Victoria Park Swimming  
Pool

維多利亞公園游泳  
池

**Warm up:** 1400 - 1445 hours

**First Event:**

1500 hours

**GIRLS 女**

<b>1</b>	<b>11 &amp; 12 YRS</b>	<b>800M</b>	<b>FREESTYLE</b>
~	13 & 14 YRS	800M	FREESTYLE
~	15 - 17 YRS	800M	FREESTYLE
~	18 & OVER	800M	FREESTYLE
3	13 & 14 YRS	1500M	FREESTYLE
5	15 - 17 YRS	1500M	FREESTYLE
7	18 & OVER	1500M	FREESTYLE

**BOYS 男**

<b>2</b>
4
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截止註冊日期

CLOSING DATE FOR REGISTRATION:

**6 December 2024 (1700 hours)**

截止報名日期

CLOSING DATE FOR ENTRIES:

**27 December 2024 (1700 hours)**

**2024 - 2025 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 3)**

**2024 - 2025 第一組短池分齡游泳比賽第三節**

**Date:** 19 January 2025 (Sunday)

**Venue:** Victoria Park Swimming Pool 維多利亞公園游泳池

**Morning Warm up:** 0800 - 0845 hours

**Morning Session First Event:** 0900 hours

**Afternoon Warm up:** 1300 - 1345 hours

**Afternoon Session First Event:** 1400 hours

**GIRLS 女**

**BOYS 男**

9	10 YRS & UNDER	100M	FREESTYLE	自由泳	10
11	11 & 12 YRS	100M	FREESTYLE	自由泳	12
13	13 & 14 YRS	100M	FREESTYLE	自由泳	14
15	15 – 17 YRS	100M	FREESTYLE	自由泳	16
17	18 & OVER	100M	FREESTYLE	自由泳	18
19	10 YRS & UNDER	50M	BUTTERFLY	蝶泳	20
21	11 & 12 YRS	50M	BUTTERFLY	蝶泳	22
23	13 & 14 YRS	50M	BUTTERFLY	蝶泳	24
25	15 – 17 YRS	50M	BUTTERFLY	蝶泳	26
27	18 & OVER	50M	BUTTERFLY	蝶泳	28
29	11 & 12 YRS	200M	BREASTSTROKE	蛙泳	30
31	13 & 14 YRS	200M	BREASTSTROKE	蛙泳	32
33	15 – 17 YRS	200M	BREASTSTROKE	蛙泳	34
35	18 & OVER	200M	BREASTSTROKE	蛙泳	36

**LUNCH BREAK 午膳時間**

37		4X100M	MEDLEY RELAY	四式接力	38
39	10 YRS & UNDER	100M	BACKSTROKE	背泳	40
41	11 & 12 YRS	100M	BACKSTROKE	背泳	42
43	13 & 14 YRS	100M	BACKSTROKE	背泳	44
45	15 – 17 YRS	100M	BACKSTROKE	背泳	46
47	18 & OVER	100M	BACKSTROKE	背泳	48
49	13 & 14 YRS	400M	IND. MEDLEY	個人四式	50
51	15 – 17 YRS	400M	IND. MEDLEY	個人四式	52
53	18 & OVER	400M	IND. MEDLEY	個人四式	54

截止註冊日期 CLOSING DATE FOR REGISTRATION: **6 December 2024 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **27 December 2024 (1700 hours)**