

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION &
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

Hong Kong Short Course Swimming Time Trial I

香港短池游泳計時賽 I

11 July 2021 (Sun)

二零二一年七月十一日(星期日)

Hong Kong Sports Institute Swimming Pool

Address: Hong Kong Sports Institute, 25 Yuen Wo Road, Sha Tin, N.T., Hong Kong

香港體育學院游泳池

地址：香港新界沙田源禾路 25 號

Hong Kong Short Course Swimming Time Trial I

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 100 Freestyle	10
2	Women 100 Freestyle	6
3	Men 100 Breaststroke	10
4	Women 100 Breaststroke	8
5	Men 50 Backstroke	8
6	Women 50 Backstroke	4
7	Men 200 Butterfly	7
8	Women 200 Butterfly	3
9	Men 400 Freestyle	8
10	Women 400 Freestyle	3
11	Men 100 IM	10
12	Women 100 IM	8
13	Men 200 Backstroke	6
14	Women 200 Backstroke	6
15	Men 50 Butterfly	6
16	Women 50 Butterfly	8
17	Men 200 Freestyle	10
18	Women 200 Freestyle	6
19	Men 50 Breaststroke	5
20	Women 50 Breaststroke	7
21	Men 100 Butterfly	7
22	Women 100 Butterfly	5
23	Men 400 IM	4
24	Women 400 IM	4
25	Men 100 Backstroke	7
26	Women 100 Backstroke	4
27	Men 200 Breaststroke	7
28	Women 200 Breaststroke	5
29	Men 50 Freestyle	8
30	Women 50 Freestyle	6
31	Men 200 IM	10
32	Women 200 IM	6

Total

212

Entry information by Day		
Day / Session	No. of Entries	Total
A.M	111	212
P.M	101	

Hong Kong Short Course Swimming Time Trial I
香港短池游泳計時賽 I

Date : 11th July 2021
日期: 2021年7月11日

Morning Warm Up : 0800-0845 Hrs
 上午熱身
 Afternoon Warm Up : 1400 - 1445 Hrs
 下午熱身:

Venue: HKSI
 地點: 香港體育學院

Morning First Event : 0900 Hrs
 上午比賽:

Afternoon First Event : 1500 Hrs
 下午比賽:

						WCA	WCB	Men男
AM	0900 hours		Open	100M	FREESTYLE	47.23	48.88	1
	0910 hours	2	Open	100M	FREESTYLE	53.78	55.66	
	0920 hours		Open	100M	BREASTSTROKE	57.63	59.65	3
	0930 hours	4	Open	100M	BREASTSTROKE	1:06.18	1:08.50	
	0940 hours		Open	50M	BACKSTROKE	23.79	24.62	5
	0950 hours	6	Open	50M	BACKSTROKE	26.81	27.75	
	1000 hours		Open	200M	BUTTERFLY	1:54.10	1:58.09	7
	1010 hours	8	Open	200M	BUTTERFLY	2:09.76	2:14.30	
	1020 hours		Open	400M	FREESTYLE	3:44.09	3:51.93	9
	1030 hours	10	Open	400M	FREESTYLE	4:06.95	4:15.59	
	1040 hours		Open	100M	INDIVIDUAL MEDLEY	53.57	55.44	11
	1050 hours	12	Open	100M	INDIVIDUAL MEDLEY	1:01.21	1:03.35	
	1100 hours		Open	200M	BACKSTROKE	1:52.66	1:56.60	13
	1110 hours	14	Open	200M	BACKSTROKE	2:07.19	2:11.64	
	1120 hours		Open	50M	BUTTERFLY	23.08	23.89	15
	1130 hours	16	Open	50M	BUTTERFLY	26.14	27.05	
Break								
PM	1500 hours		Open	200M	FREESTYLE	1:44.88	1:48.55	17
	1510 hours	18	Open	200M	FREESTYLE	1:55.60	1:59.65	
	1520 hours		Open	50M	BREASTSTROKE	26.57	27.50	19
	1530 hours	20	Open	50M	BREASTSTROKE	30.69	31.76	
	1540 hours		Open	100M	BUTTERFLY	51.35	53.15	21
	1550 hours	22	Open	100M	BUTTERFLY	58.22	1:00.26	
	1600 hours		Open	400M	INDIVIDUAL MEDLEY	4:09.19	4:17.91	23
	1610 hours	24	Open	400M	INDIVIDUAL MEDLEY	4:37.54	4:47.25	
	1620 hours		Open	100M	BACKSTROKE	51.30	53.10	25
	1630 hours	26	Open	100M	BACKSTROKE	58.08	1:00.11	
	1640 hours		Open	200M	BREASTSTROKE	2:06.23	2:10.65	27
	1650 hours	28	Open	200M	BREASTSTROKE	2:24.30	2:29.45	
	1700 hours		Open	50M	FREESTYLE	21.40	22.15	29
	1710 hours	30	Open	50M	FREESTYLE	24.60	25.46	
	1720 hours		Open	200M	INDIVIDUAL MEDLEY	1:55.25	1:59.28	31
	1730 hours	32	Open	200M	INDIVIDUAL MEDLEY	2:11.51	2:16.11	

截止報名日期 CLOSING DATE FOR ENTRIES: 25th June 2021 (Friday)

Hong Kong Short Course Swimming Time Trial I (11th July 2021)**SWIMMING COMPETITIONS***Rules & Regulations*

Date/Venue	11 th July 2021 (Sunday) Hong Kong Sports Institute Swimming Pool
Entry Conditions	❖ All competitors must be 2021 – 2022 registered age group swimmers of HKGSA and register to HKGSA on or before 18th June 2021 ❖ Must be HKSI ETG swimmers (Full time, Part Time & Potential Swimmers) ❖ Only SC & LC Results achieved from recent 2 years will be considered, i.e. from 1st January 2019 – 10th July 2021 ❖ Top 8 in each event
Entries	❖ Incomplete/incorrect entry information will be rejected and fees paid will not be refunded. ❖ Late entries will not be accepted. <u>Individual Events</u> ❖ Each swimmer is NO limit to individual events ❖ *HK\$15 per individual event *Paid by cheque. Crossed cheque made payable to 'Hong Kong China Swimming Association'.
Closing Date for Registration	18 th June 2021 (Friday) 1200 noon
Closing Date for Entries	25 th June 2021 (Friday) 1200 noon
Event list	Please see attached event list. Events will be run as timed finals.
Scratches	Scratches must be submitted 30 minutes before the scheduled start time of each session. A fine of \$30 will be charged for each "no show".
Rules	❖ FINA rules & HKGSA swimming rules will apply. ❖ There is only ONE Heat in each event. (Top 8) ❖ Swimmers who apply for split time record should submit application form with application fee HK\$300 to the Referee 30 minutes before the start of each session. Fee paid will not be refunded in any case.
Infection Control Measure	❖ All participants (Swimmers, Coaches and Officials) must follow the Infection Control Measure Guidelines. Please see the attachment.
Doping Control	❖ This meet is one of the qualify meets of FINA Swimming World Championships (Short Course), all swimmers who achieved FINA Qualifying Time Standards are required to conduct a doping test
Protest	❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with protest fee of HK\$300. ❖ Protest will be forward to the Appeal Board of such competition for decision. (Within 48 hours) ❖ If the protest is rejected, the fee paid will be forfeited to the HKGSA.

香港業餘游泳總會
香港短池游泳計時賽 I
比賽規程

日期/場地：	二零二一年七月十一日(星期日) 體育學院游泳池
報名條件：	✧ 所有參賽者必須為游泳總會正式註冊的 2021-2022 年度分齡組泳員，並於二零二一年六月十八日或之前註冊 ✧ 只限體育學院資助運動員(全職、兼職及潛質泳員) ✧ 所有項目只接受最近兩年長池及短池比賽報名成績 (2019 年 1 月 1 日至 2021 年 7 月 10 日) ✧ 所有項目只設 1 組 (最快 8 名)
報名：	✧ 未填妥及不正確的報名資料，將不獲受理，報名費概不發還 ✧ 截止後的報名將不獲受理 <u>個人項目</u> ✧ 每名泳員<u>不設</u>報名數目上限 ✧ *每項名費為港幣\$15 元正 *支票請劃線，抬頭寫“中國香港游泳總會”
截止註冊：	二零二一年六月十八日(星期五)十二時正或之前辦妥
截止報名：	二零二一年六月二十五日(星期五) 十二時正或之前辦妥
項目：	請參閱項目表。所有項目不設初賽，名次以比賽成績計算
棄權：	棄權須於每節開賽三十分鐘前遞交。“缺席”的罰款為每項港幣\$30 元正
規則：	✧ 比賽採用國際泳聯規則及泳總游泳競賽規程 ✧ 所有項目只設一組。(最快 8 名) ✧ 泳員申請分段時間紀錄須於每節開賽前 30 分鐘遞交申請表，連同港幣 300 元正予總裁判。任何情況下，所繳費用概不發還
防疫措施指引：	✧ 所有參加者(包括運動員，教練及工作人員)必須遵守防疫措施指引。請參考附件
運動禁藥管制	✧ 此比賽是奧運會及 FINA 世界游泳錦標賽(短池) 達標賽之一，所有達標運動員均需要進行運動禁藥檢測
上訴：	✧ 任何上訴須以書面提出，並須在該成績公佈後三十分鐘內，連同上訴費港幣\$300 元遞交予總裁判 ✧ 上訴交由該比賽之上訴委員會作決定(48 小時內處理) ✧ 若上訴被駁回，已繳費用概不發還



防疫措施指引 及 比賽安排
Infection Control Measure Guidelines and
Competition Arrangement

賽事將以閉門方式進行，不設觀賽。

The competition will be held behind closed-door.

防疫措施指引 / Infection Control Measure Guidelines:

1. 所有工作人員、兼職運動員及潛質運動員必須於 **7月8日 8:00 am – 9:30 am** 交回由體院提供的測試套件樣本到體院指定地方(見圖 3)。獲得陰性結果並在比賽當日經體院人員確認身份後方可進入體院游泳池工作或參賽，並在任何時間不可前往其他體院場地。

All officials, Part-time athletes and Potential athletes must return the specimen bottle (provided by HKSI) to HKSI destined point (Appendix 3) **in between 8:00 am – 9:30 am on 8th July 2021**. All officials, Part-time athletes and Potential athletes could only enter HKSI with a negative COVID-19 test result and confirming their identities by the HKSI staff. All officials, part-time athletes and potential athletes could not visit any sports facilities other than the swimming pools in HKSI on 11th July 2021.

2. 所有工作人員及泳員均只可從 體院 52 米游泳池(主池) 的正門樓梯進入游泳池(電梯不提供服務)。

To enter the HKSI 52m Swimming Pool, all officials and swimmers must use the staircase located at the main entrance of the HKSI 52m Swimming Pool (the lift will be closed).

3. 全職運動員、教練員只能從更衣室一邊進出游泳池池面，教練辦公室一邊的池面被封住，只供工作人員、兼職運動員及潛質運動員使用(見圖 1)。

Full-time athletes and HKSI coaches can only enter and exit the swimming pool from one side of the changing room. The swimming pool entrance on the side of the HKSI Coaches' office will be sealed and used by the officials, Part-time athletes and Potential athletes only (Appendix 1).

4. 全職和兼職的運動員及潛質運動員需使用不同更衣室。運動員使用更衣室要按社交距離作出措施（體院已經在更衣室做出指示）。

Full-time and Part-time & Potential athletes shall use the different changing rooms in accordance with the HKSI social distance arrangements.



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5. 游泳池看台劃分小區，每區最多讓 2 - 4 名泳員作等待或休息(見圖 2)。

The spectator stand is reserved for swimmers only and will be divided into small areas for swimmers' waiting and resting. Each area shall not house more than 2 - 4 swimmers (Appendix 2).

6. 運動員如需藥檢，藥檢人員及藥檢陪同人員必須穿戴整齊防護裝備（整套防護裝備由體院提供）以便近距離監督運動員留取樣本，並在不與運動員有身體接觸的情況下，隔著一張桌子來辦理藥檢手續。

Doping Control Officer and Chaperone: If Doping test is needed, Doping Control Officer and Chaperone must wear the personal protective equipment and gown provided by HKSI to collect the sample from the swimmers. Doping Control Officer and Chaperone shall not have any body contact with the swimmers. One table shall be set between the Doping Control Officer and swimmer during the sample collection in the doping station.

7. 所有工作人員及下午有賽事的兼職運動員及潛質運動員必須留在體院游泳池內由體院餐廳專人運送飯盒到體院游泳池，並需要在足夠社交距離下用餐；全職運動員則到體院餐廳午膳。

All officials, Part-time athletes and Potential athletes participating in the PM session shall stay at HKSI Swimming Pool and lunch will be prepared and delivery by HKSI Canteen directly to ensure following the social distance measures. Full-time athletes shall have their lunch at HKSI Canteen.

8. 工作人員、兼職運動員及潛質運動員比賽當日不能泊車在體院內。

No vehicle parking spaces will be provided to all officials, Part-time athletes and Potential athletes at HKSI on 11th July 2021.

備註 / Remarks: 工作人員不會進入運動員專區，並需全時間佩戴口罩。
Officials must not enter the restricted area which is for swimmers only. Wearing a mask properly at all times is a must.



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比賽安排 / Competition arrangement:

- 2 位登記員會全日於體院 52 米游泳池正門把守，只有持有泳總所發出的工作証之工作人員才可進入體院游泳池。

Two Registration Officials will stand-by at the swimming pool entrance. Only those who can present a Work Permit could enter the swimming pool.

- 上午比賽之泳員必須 **7:30 am – 8:45 am** 進入體院 52 米游泳池，
下午比賽之泳員則必須 **1:30 pm – 2:45 pm** 進入體院 52 米游泳池。

Swimmer who only participates at the AM session must enter the swimming pool during **7:30 am – 8:45 am**.

Swimmer who only participates at the PM session must enter the swimming pool during **1:30 pm – 2:45 pm**.

- 泳員登記時須出示身份證以便核對身份。
Swimmers must present their Hong Kong ID Cards for verifying their identity.
- 當比賽進行中，所有已進入游泳池之泳員均**不得** 離開游泳池（緊急事件除外）。

During the competition session, all swimmers **could not leave** the Swimming Pool unless any emergency case.

- 熱身時:
- 每條線道不可超過 8 名泳員。
 - 線道 0 至 線道 3 只限全職運動員使用；
 - 線道 4 至 線道 9 只限兼職及潛質運動員使用。

- Warm up:
- No more than 8 swimmers per swimming lane
 - Lane No. 0 to Lane No. 3 for Full-time athletes only ;
 - Lane No. 4 to Lane No. 9 for Part-time & Potential athletes only.



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上午體院 52 米游泳池入口 開放時間 / Entrance Opening: (AM Session)	7:30 am – 8:45 am 8:45 am 之後停止內進，緊急事件除外/ The swimming pool entrance shall be closed after 8:45am (except for emergency case).
上午熱身時間 / Warm Up - AM Session:	8:00 am – 8:45 am
上午比賽時間 / Competition - AM Session:	9:00 am – 11:00 am 上午比賽完結後 30 分鐘內，所有只有上午比賽的泳員 必須離開體院游泳池。 All athletes who is participating in the AM session only must leave the swimming pool within 30 minutes after the AM Competition Session
午膳時間 / Lunch Time :	11:00 am – 1:30 pm 所有工作人員及下午有賽事的兼職運動員及潛質運動 員留在體院游泳池內由體院餐廳安排午膳 All officials, Part-time athletes and Potential athletes who are participating in the PM session shall stay at HKSI Swimming Pool and lunch will be prepared by HKSI Canteen 全職運動員則到體院餐廳午膳。 Full-time athletes must have their lunch at HKSI Canteen
下午體院 52 米游泳池入口 開放時間 / Entrance Opening (PM Session) :	1:30 pm – 2:45 pm 2:45 pm 之後停止內進，緊急事件除外。 The swimming pool entrance shall be closed after 2:45 pm (except for emergency case)
下午熱身時間 / Warm Up - PM Session:	2:00 pm – 2:45 pm
下午比賽時間 / Competition - PM Session:	3:00 pm – 5:00 pm 比賽完結後一小時內，所有工作人員及泳員必須離開 體院游泳池。 All officials and swimmers must leave the swimming pool within 1 hour after the PM Competition Session



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- 比賽項目已預先作實名制(Seeded)安排線道，泳員應按照比賽項目而直接自行上線。

The event program is seeded by the swimmer's name. Swimmer will follow the event program and go direct to wait at the swimming lane by themselves.

- 後備泳員(賽程排名第九及第十名)須於該項目比賽前到等候區報到。如欲棄權，必須於指定時間內遞交棄權表格。

Reserve swimmers (Ranked 9th & 10th place in the event program) shall report to the waiting area before the start of each respective event. Scratch is required.

- 當泳員自行上線後，召集員會站於工作人員地區並用體院游泳池之音響作泳員介紹，確認後，總裁判便會主持餘下比賽程序。

When swimmer stand-by for preparation, Marshalling Official would use the HKSI P.A. System to ensure the swimmers are in correct order. FINA starter and FINA referee will start the competition afterwards.

- 泳員完成比賽後，只限用線道 0 上水並領回所有私人物品及配帶口罩，返回游泳池看台已劃分之小區作等待或休息，泳員可以使用非比賽池的另一邊作放鬆。線道安排與熱身時防疫規格一樣，將會劃分水線供全職運動員、兼職泳員及潛質運動員使用，每條線道不可超過 8 名泳員。

When the race finished, swimmers leave the pool at Lane No. 0 and collect all their belongings, put on their masks then return to the spectator stand area for waiting/resting; or go to non-racing pool for warming down. The rules and regulations for using warm-down pool shall be the same as the warm up arrangement which separate the swimming lanes for Full-time athletes, Part-time athletes and Potential athletes and shall not hold more than 8 swimmers per swimming lane in the same time.

- A. Male changing room (Part-time & Potential Swimmers)
男更衣室 (兼職及潛質運動員)
- B. Male changing room (Full-time)
男更衣室 (全職運動員)
- C. Female changing room (Full-time)
女更衣室 (全職運動員)
- D. Female changing room (Part-time & Potential Swimmers)
女更衣室 (兼職及潛質運動員)

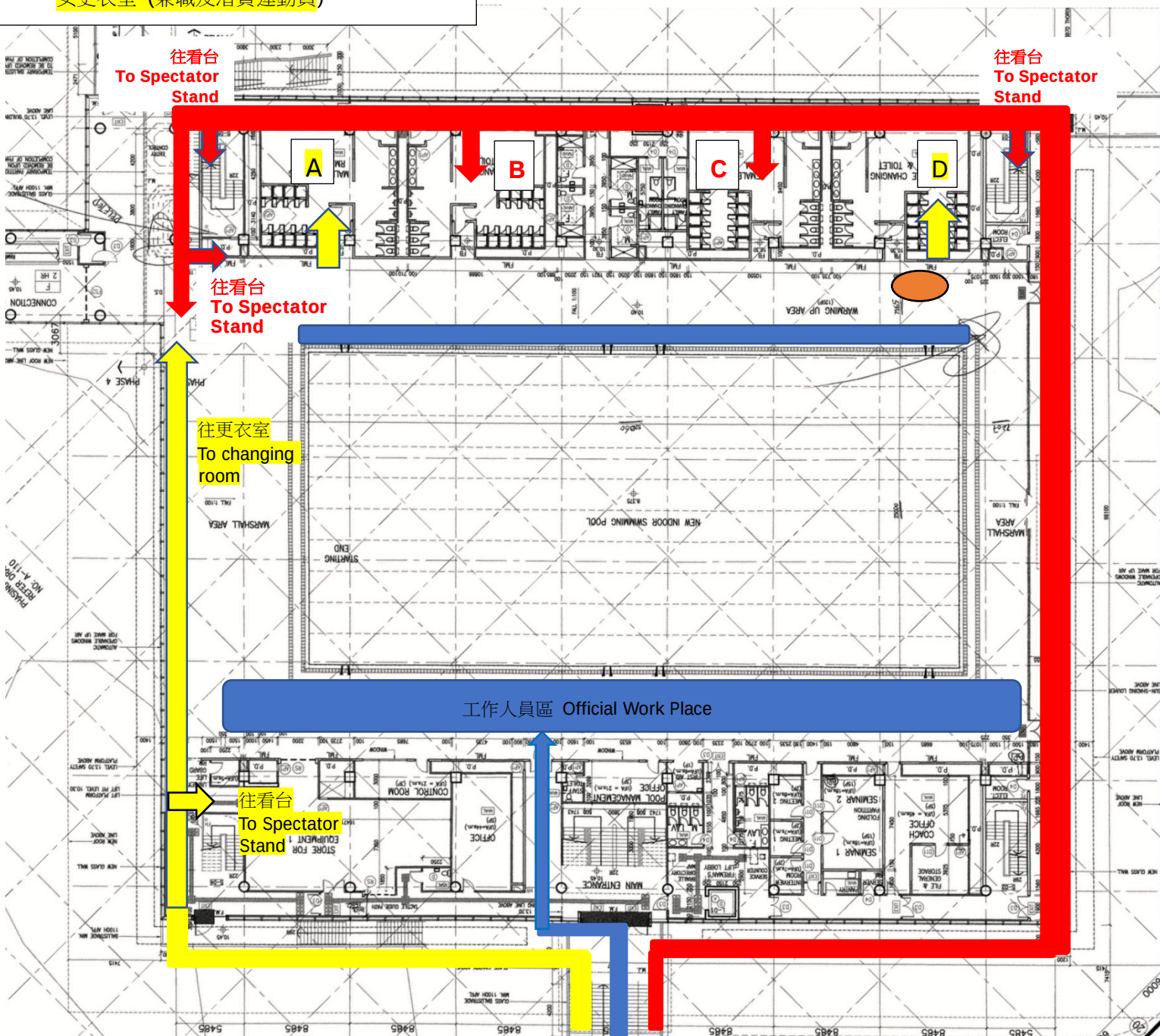
Red for Full-time Swimmers Only 紅色只供全職運動員

Yellow for Part-time and Potential Swimmers Only

黃色只供兼職及潛質運動員

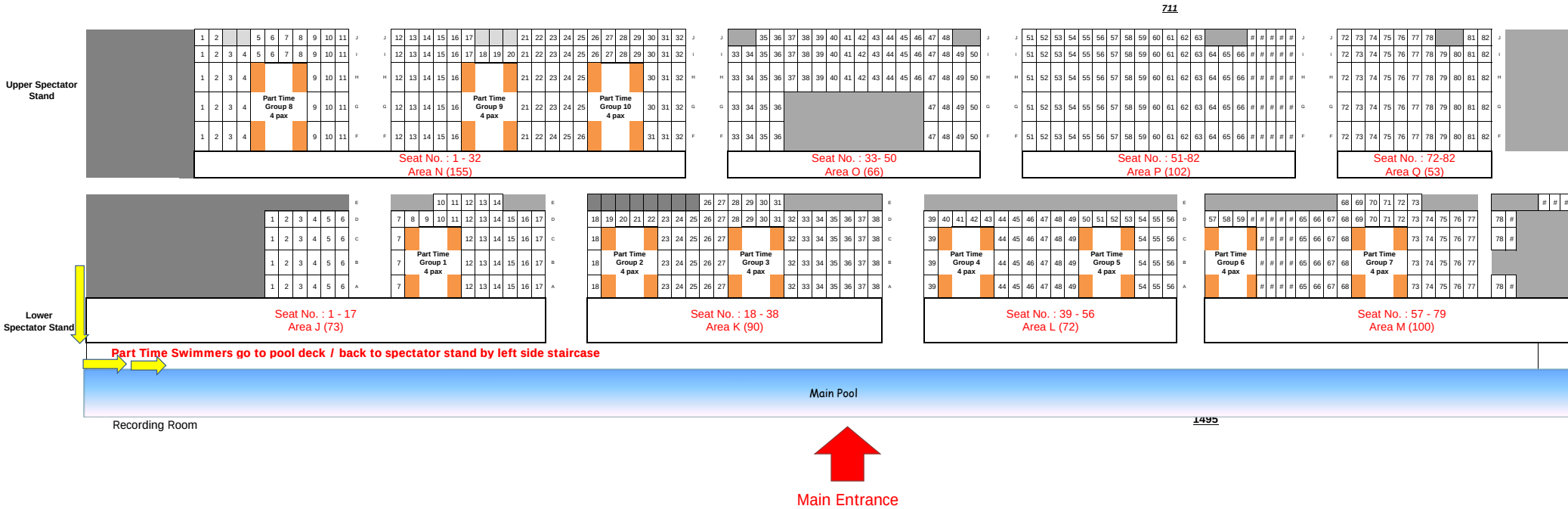
Blue for Officials Only 藍色只供工作人員

Waiting area for Reserve swimmer (Rank 9th & 10th)
後備泳員等候區 (賽程排名第九及第十名)



Swimming Pool Main Entrance

泳池正入口



Points to note:

- ① Keep your hands clean and dry when giving the deep throat saliva
- ② Tighten the bottle cap properly after giving specimen in the bottle and wipe the bottle dry and clean
- ③ Refer to the demonstration video for giving specimen whenever necessary
- ④ Return one bottle with enough specimen (cover the bottom of bottle)
- ⑤ Keep the sample bag dry when dropping specimen
- ⑥ **Return the specimen on 8 July 2021, Thursday between 08:00am – 09:30am**
- ⑦ Specimen collection point at the Front Door of the Main Building, Hong Kong Sport Institute (*please refer to the location map*)

注意事項：

- ① 採樣時，請保持雙手清潔及乾爽
- ② 採樣後，請確認瓶蓋已緊緊關上，擦乾並清潔樣本瓶
- ③ 請依照示範錄像的指示採樣
- ④ 只需交回一個有足夠深喉唾液的樣本瓶（覆蓋瓶子底部）
- ⑤ 交回樣本時，請保持樣本袋內外乾爽
- ⑥ **請於2021年7月8日(星期四)，上午8時至9時半期間交回樣本**
- ⑦ 樣本瓶收集處設於香港體育學院主大樓正門(*請參考有關位置圖*)



示範錄像



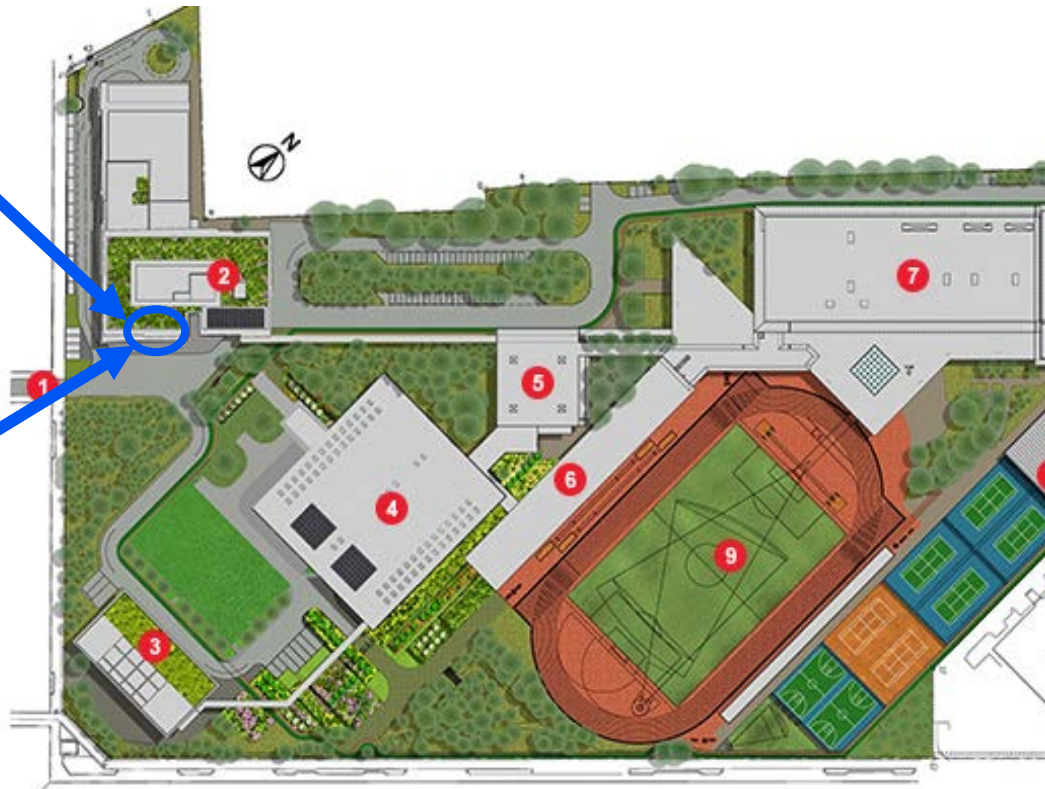
Demonstration
Video

Location Map 位置圖:

**Front Door of
the HKSI Main Building**
香港體育學院主大樓正門



Specimen Collection Point
樣本瓶收集處



Below are the 25m & 50m Standard times that will be applied for the 15th FINA World Swimming Championships (25m) – Abu Dhabi 2021.

25m Pool

WOMEN			MEN	
W - "B"	W - "A"		M - "A"	M - "B"
25.46	24.60	50 Freestyle	21.40	22.15
55.66	53.78	100 Freestyle	47.23	48.88
1:59.65	1:55.60	200 Freestyle	1:44.88	1:48.55
4:15.59	4:06.95	400 Freestyle	3:44.09	3:51.93
8:53.74	8:35.69	800 Freestyle	////////	////////
////////	////////	1500 Freestyle	14:49.29	15:20.42
27.75	26.81	50 Backstroke	23.79	24.62
1:00.11	58.08	100 Backstroke	51.30	53.10
2:11.64	2:07.19	200 Backstroke	1:52.66	1:56.60
31.76	30.69	50 Breaststroke	26.57	27.50
1:08.50	1:06.18	100 Breaststroke	57.63	59.65
2:29.45	2:24.30	200 Breaststroke	2:06.23	2:10.65
27.05	26.14	50 Butterfly	23.08	23.89
1:00.26	58.22	100 Butterfly	51.35	53.15
2:14.30	2:09.76	200 Butterfly	1:54.10	1:58.09
1:03.35	1:01.21	100 Individual Medley	53.57	55.44
2:16.11	2:11.51	200 Individual Medley	1:55.25	1:59.28
4:47.25	4:37.54	400 Individual Medley	4:09.19	4:17.91

1 Team	4 x 50 m Freestyle	1 Team
1 Team	4 x 100 m Freestyle	1 Team
1 Team	4 x 200 m Freestyle	1 Team
1 Team	4 x 50 m Medley	1 Team
1 Team	4 x 100 m Medley	1 Team

4 x 50 m Freestyle Mixed	1 Team
4 x 50 m Medley Mixed	1 Team

Explanation:

- The "A" standards for the 2021 Worlds were created by using the faster of two times from:
 - The Hangzhou 2018 "A" qualifying time standard; and
 - The 16th place time from Hangzhou 2018

For this meet, the standards broke down as follows:

Women: 8 of the 2021 "A" time standards were the 2018 "A" time standard, and 9 of the 2021 "A" time standards were the 16th place time from the 2018 Worlds.

Men: 3 of the 2021 "A" time standards were the 2018 "A" time standard, and 14 of the 2021 "A" time standards were the 16th place time from the 2018 Worlds.

- All "B" time standards were derived by multiplying the "A" time standard by 3.5%.

HONG KONG SWIMMING RECORDS

Listed Date: 25th November 2020

HONG KONG SHORT COURSE RECORDS

MEN'S EVENTS

50 Free	21.41 TO Kenneth King Him, LWS	FINA/airweave Swimming World Cup - Eindhoven, Aug 11-12, 2017
100 Free	47.15 TO Kenneth King Him, LWS	FINA/airweave Swimming World Cup – Tokyo, Nov 14-15, 2017
200 Free	1:45.36 TO Kenneth King Him, LWS	Div.1 (Part 1) SC Comp, Jun 10-11, 2017
400 Free	3:47.70 WONG Kai Wai David, HTA	FINA Swimming World Cup – Singapore, Nov 4, 2011
800 Free	8:00.08 CHEUK Ming Ho, CPS	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
1500 Free	15:01.80 CHEUK Ming Ho, CPS	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
50 Back	24.18 CHEAH Geoffrey Robin, SCA	FINA/MASTBANK World Cup - HK, Sep 30, 2014
100 Back	52.08 CHEAH Geoffrey Robin, SCA	FINA/MASTBANK World Cup - HK, Sep 29, 2014
200 Back	1:58.67 NG Cheuk Yin, TPS	Div.1 (Part 2) SC Comp, Sep 1, 2019
50 Breast	26.89 TO Kenneth King Him, LWS	HK AG SC Champ. Mar 9-11, 2018
100 Breast	57.82 TO Kenneth King Him, LWS	HK AG SC Champ. Mar 9-11, 2018
200 Breast	2:09.94 NG Michael Yu Hin, CPS	HK AG SC Champ, Mar 8-10, 2019
50 Fly	22.90 TO Kenneth King Him, LWS	FINA/airweave Swimming World Cup – Beijing, Nov 10-11, 2017
100 Fly	51.73 TO Kenneth King Him, LWS LIM Nicholas Owen	FINA/airweave Swimming World Cup – Beijing, Nov 10-11, 2017
200 Fly	1:57.18 Zhaoguang, LRC	Div.1 (Part 1) SC Comp, Jun 2-3, 2018
100 IM	51.88 TO Kenneth King Him, LWS	14 th FINA World Swimming Championships (25m) – Hangzhou, Dec 11-16, 2018
200 IM	1:54.83 TO Kenneth King Him, LWS	FINA/airweave Swimming World Cup – Hong Kong, Sep 30–Oct 1, 2017
400 IM	4:18.92 TO Kenneth King Him, LWS	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
4x100 MR	3:37.91 Hong Kong Team CHUNG Lai Yeung, CHAN Wing Lim, WONG Kai Wai, YAN Ho Chun 55.76 1:56.01 2:48.97	3 rd Asian Indoor Games – Vietnam, Nov 7, 2009
4x100 FR	3:18.62 Hong Kong Team WONG Chen Ho Jeremy, CHEUNG Kin Tat Kent, NG Chun Nam Derick, WONG Kai Wai David 1:12.96 2:02.63 2:51.97	4 th Asian Indoor Games – Incheon, Jul 1, 2013
4x200 FR	7:29.50 Hoi Tin Athletic Association WONG Ming Hong, WONG Chen Ho Jeremy, LAU Ping Chi, KWOK Chun Hei 1:51.45 3:43.95 5:35.81	Div.1 (Part 2) SC Comp, Sep 1, 2019

HONG KONG SWIMMING RECORDS

Listed Date: 25th November 2020

HONG KONG SHORT COURSE RECORDS

WOMEN'S EVENTS

50 Free	24.09 HAUGHEY Siobhan Bernadette, SCA	ISL Season College Park, MD (USA) Nov 16-17, 2019
*100 Free	50.94 HAUGHEY Siobhan Bernadette, SCA	ISL Season Budapest(HUN) Nov 21-22, 2020
*200 Free	1:51.11 HAUGHEY Siobhan Bernadette, SCA	ISL Season Budapest(HUN) Nov 21-22, 2020
400 Free	3:58.75 HAUGHEY Siobhan Bernadette, SCA	ISL Season Budapest(HUN) Nov 1-2, 2020
800 Free	8:25.47 AU Hoi-Shun Stephanie, *DW	FINA World Cup – Singapore, Nov. 22, 2009
1500 Free	16:35.88 AU Hoi-Shun Stephanie, *DW	Div.1 (Part 3) SC Comp, Feb 22, 2009
50 Back	26.95 AU Hoi-Shun Stephanie, DWA	FINA/airweave Swimming World Cup – Hong Kong, Sep 30–Oct 1, 2017
100 Back	58.27 AU Hoi-Shun Stephanie, DWA	FINA/MASTBANK World Cup - HK, Sep 30, 2014
200 Back	2:06.93 AU Hoi-Shun Stephanie, DWA	HK Age Group SC Champ Mar 12, 2016
50 Breast	29.88 HAUGHEY Siobhan Bernadette, SCA	ISL Season College Park, MD (USA) Nov 16-17, 2019
100 Breast	1:05.92 KONG Yvette Man-yi, SCA	FINA World Cup – Singapore, Nov 21-22, 2009
200 Breast	2:23.46 HAUGHEY Siobhan Bernadette, SCA	Div.1 (Part 3) SC Comp, Feb 23, 2014
50 Fly	26.09 SZE Hang-Yu, WTS	HK SC Age Group Champ., Mar 14-16, 2014
100 Fly	57.98 CHAN Kin Lok, WTS	FINA/airweave Swimming World Cup – Doha, Oct 4-5, 2017
200 Fly	2:08.72 CHAN Kin Lok, WTS	FINA/airweave Swimming World Cup – Doha, Oct 4-5, 2017
100 IM	1:01.08 KAN Cheuk Tung Natalie, HVA	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
200 IM	2:11.05 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar 14-16, 2014
400 IM	4:42.32 HAUGHEY Siobhan Bernadette, SCA	Div.1 (Part 3) SC Comp, Feb 23, 2014
4x100 MR	3:58.32 Hong Kong Team AU Hoi Shun Stephanie, IP Rainbow, CHAN Kin Lok, SZE Hang Yu 58.32 2:06.03 3:04.68	5 th Asian Indoor & Martial Arts Games Ashgabat Sep 17-27, 2017
4x100 FR	3:40.18 Hong Kong Team AU Hoi Shun Stephanie, Ho Nam Wai, WONG Cho Ying, SZE Hang Yu 54.47 1:49.59 2:46.58	5 th Asian Indoor & Martial Arts Games Ashgabat Sep 17-27, 2017
4x200 FR	8:01.24 Hong Kong Team SZE Hang Yu, KAN Cheuk Tung Natalie, CHAN Kin Lok, HO Nam Wai 1:59.16 4:01.72 6:02.36	14 th FINA World Swimming Championships (25m) – Hangzhou, Dec 11-16, 2018

HONG KONG SWIMMING RECORDS

Listed Date: 25th November 2020

HONG KONG SHORT COURSE JUNIOR RECORDS (Under 16 years)

MEN'S EVENTS

50 Free	23.20 NG Cheuk Yin, TPS	Div. 1 (Part 2) AG SC Competition, Jul 29, 2018
100 Free	50.21 HO Siu Lun, DLS	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1, 2019
200 Free	1:51.85 CHEUK Ming Ho, CPS	HK AG SC Champ. Mar 9-11, 2018
400 Free	3:55.97 CHEUK Ming Ho, CPS	HK AG SC Champ. Mar 9-11, 2018
800 Free	8:14.91 KWOK Chun Hei, HTA	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1, 2019
1500 Free	15:47.30 CHEUK Ming Ho, CPS	HK AG SC Champ. Mar 9-11, 2018
50 Back	25.33 NG Cheuk Yin, TPS	HK AG SC Champ. Mar 9-11, 2018
100 Back	55.56 NG Cheuk Yin, TPS	HK AG SC Champ. Mar 9-11, 2018
200 Back	2:01.01 NG Cheuk Yin, TPS	Div. 1 (Part 2) AG SC Competition, Jul 29, 2018
50 Breast	29.20 TSUI Dylan Ethan, HVA	Div.1 (Part 2) SC Comp, Dec 24, 2017
100 Breast	1:03.37 WONG Benson, DLS	HK AG SC Champ. Mar 9-11, 2018
200 Breast	2:14.80 WONG Benson, DLS	FINA/airweave Swimming World Cup – Hong Kong, Sep 30–Oct 1, 2017
50 Fly	24.54 NG Cheuk Yin, TPS 24.54 HO Siu Lun, DLS	HK AG SC Champ. Mar 9-11, 2018 Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1, 2019
100 Fly	54.07 NG Chun Nam Derick, WTS	HK AG SC Champ. 10, Mar 14, 2010
200 Fly	2:02.64 KWONG Ka Ho, *LW	HK SC Age Group Champ., Mar 16-18, 2012
100 IM	56.99 NG Chun Nam Derick, WTS	HK AG SC Champ. 10, Mar 13, 2010
200 IM	2:03.15 NG Chun Nam Derick, WTS	HK AG SC Champ. 10, Mar 14, 2010
400 IM	4:24.14 LAU Ping Chi, HTA	FINA/airweave Swimming World Cup – Hong Kong, Sep 30–Oct 1, 2017
4x100 FR	3:33.20 Hoi Tin Athletic Association LAU Ping Chi, WONG Lok Kan, TSUI Wang Long Dominic, WONG Wai Lun 51.49 3.33.20	Div.1 (Part 1) SC Comp, Jun 2-3, 2018
4x100 MR	3:55.95 Hoi Tin Athletic Association Tsui Wang Long Dominic, Yuen Kai Ho, Kwok Chun Hei, Wong Lok Kan	Div.1 (Part 1) SC Comp, Dec 8-9, 2018
Target Time		
4x200 FR	8:06.77	

HONG KONG SWIMMING RECORDS

Listed Date: 25th November 2020

HONG KONG SHORT COURSE JUNIOR RECORDS (Under 16 years)

WOMEN'S EVENTS

50 Free	25.22 WONG Sze Ting, WTS	HK AG SC Champ, Mar 8-10, 2019
100 Free	54.45 HAUGHEY Siobhan Bernadette, SCA	2013 NSW State Age SC Champ., Aug 2, 2013
200 Free	1:56.83 HO Nam Wai, WTS	HK AG SC Champ. Mar 9-11, 2018
400 Free	4:05.59 HO Nam Wai, WTS	HK AG SC Champ. Mar 9-11, 2018
800 Free	8:32.97 HO, Nam Wai, WTS	HK AG SC Champ. Mar 9-11, 2018
1500 Free	16:39.11 HO, Nam Wai, WTS	Div.1 (Part 3) SC Comp, Feb 11-12, 2017
50 Back	28.14 KAN Cheuk Tung Natalie, HVA	HK AG SC Champ, Mar 9-11, 2018
100 Back	1:01.39 AU Hoi-Shun Stephanie, *DW	2 nd Asian Indoor Games – Macau, Oct 31, 2007
200 Back	2:13.20 LAU Yin Yan Claudia, DLS	AG SC Champ 08, Mar 14-16, 2008
50 Breast	31.82 LAM Hoi Kiu, HTA	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
100 Breast	1:09.14 KAN Cheuk Tung Natalie, HVA	HK AG SC Champ. Mar 9-11, 2018
200 Breast	2:28.79 LAM Hoi Kiu, HTA	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
50 Fly	27.14 CHAN Kin Lok, WTS	3 rd Asian Indoor Games-Vietnam, Nov 6, 2009
100 Fly	1:00.98 LAU Ping Yi Audrey, HTA	Div.1 (Part 2) SC Comp, Sep 1, 2019
200 Fly	2:12.57 TOWN Jennifer Ka Hang, SCA	AG SC Champ 08, Mar 14-16, 2008
100 IM	1:02.10 KAN Cheuk Tung Natalie, HVA 1:02.10 KAN Cheuk Tung Natalie, HVA	5 th Asian Indoor & Martial Arts Games Ashgabat, Sep 17-27, 2017 HK AG SC Champ. Mar 9-11, 2018
200 IM	2:13.68 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar.16-18, 2012
400 IM	4:43.49 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar.12, 2011
4x100 MR	4:13.67 Win Tin Swimming Club FUNG Suet Ying Chloe, HUI Ka Ling, LUI Ho Yee Chloe, WONG Sze Ting 1:03.67 2:15.42 3:18.77	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1, 2019
4x200 FR	8:24.30 Hoi Tin Athletic Association Lam Hoi Kiu, Ng Lai Wa, Leung Ka Ching, Lau Ping Yi Audrey 2:06.58 4:14.59 6:21.71	Div.1 (Part 2) SC Comp, Sep 1, 2019

Target Time

4x100 FR 3:56.46

HONG KONG SWIMMING RECORDS

Listed Date: 25th November 2020

HONG KONG AGE GROUP SHORT COURSE RECORDS

BOYS' 10 & UNDER EVENTS

50 Free	28.40 HO Siu Lun, DLS	HK AG Group SC Champ, Mar 13-15, 2015
100 Free	1:02.04 WONG Hung-ting, CYM	HK SC Age Group Champ., Mar 19-21, 2004
200 Free	2:12.62 WONG Hung-ting, CYM	Div.1 (Part1) SC Comp, Dec 14, 2003
50 Back	31.54 HO Siu Lun, DLS	HK AG Group SC Champ, Mar 13-15, 2015
100 Back	1:10.67 WHITTINGTON, Peter Harry, DLS	HK AG Group SC Champ, Mar 13-15, 2015
50 Breast	36.37 TAM Ka-ming, HVA	AG SC Champ 08, Mar 14-16, 2008
100 Breast	1:19.50 CHEUNG Ryan, CPS	HK AG SC Champ. Mar 9-11, 2018
50 Fly	30.21 HO Siu Lun, DLS	HK AG Group SC Champ, Mar 13-15, 2015
100 Fly	1:06.24 LAU Kin Hei James, HTA	Div.1 (Part 2) SC Comp, Sep 1, 2019
100 IM	1:09.97 CHAN Pak Hin, *WD	HK SC Age Group Champ., Mar 16-18, 2012
200 IM	2:30.59 WHITTINGTON Peter Harry, DLS	HK AG Group SC Champ, Mar 13-15, 2015

HONG KONG AGE GROUP SHORT COURSE RECORDS

GIRLS' 10 & UNDER EVENTS

50 Free	28.03 HAUGHEY Siobhan Bernadette, SCA	AG SC Champ 08, Mar 14-16, 2008
100 Free	1:00.74 HAUGHEY Siobhan Bernadette, SCA	AG SC Champ 08, Mar 14-16, 2008
200 Free	2:11.43 HAUGHEY Siobhan Bernadette, SCA	AG SC Champ 08, Mar 14-16, 2008
50 Back	32.00 MA Wing Yu, *WA	HK Age Group SC Champ Mar 13, 2016
100 Back	1:07.91 MA Wing Yu, *WA	HK Age Group SC Champ Mar 13, 2016
50 Breast	36.52 HAUGHEY Siobhan Bernadette, SCA	Div.1 (Part 2) SC Comp, Jan 13, 2008
100 Breast	1:17.28 HAUGHEY Siobhan Bernadette, SCA	Div.1 (Part 1) SC Comp, Dec 2, 2007
50 Fly	30.67 LEE Si Yao Peony, TPS	HK AG SC Champ. Mar 9-11, 2018
100 Fly	1:07.58 LEE Si Yao Peony, SCA	Div. 1 (Part 2) AG SC Competition, Jul 29, 2018
100 IM	1:11.57 LEE Si Yao Peony, TPS	Div.1 (Part 1) SC Comp, Jun 2-3, 2018
200 IM	2:29.06 HAUGHEY Siobhan Bernadette, SCA	AG SC Champ 08, Mar 14-16, 2008

HONG KONG SWIMMING RECORDS

Listed Date: 25th November 2020

HONG KONG AGE GROUP SHORT COURSE RECORDS

BOYS' 11 – 12 YEARS EVENTS

50 Free	24.93 LI Sing Hoi, WTS	Div.1 (Part 2) SC Comp, Dec 24, 2017
100 Free	55.13 LEE Yat Yuen Yen, HTA	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1, 2019
200 Free	2:00.73 WONG Ming Hong, DLS	HK AG SC Champ. 13, Mar 15-17, 2013
400 Free	4:18.00 WONG Ming Hong, DLS	HK AG SC Champ. 13, Mar 15-17, 2013
50 Back	28.09 HO Siu Lun, DLS	HK AG SC Champ, Mar 10-12, 2017
100 Back	1:01.08 LU Pat Fan, HVA	HK AG SC Champ, Mar 8-10, 2019
200 Back	2:13.10 LU Pat Fan, HVA	HK AG SC Champ, Mar 8-10, 2019
50 Breast	31.35 TAM Ka Ming, *CY	DIV I AG SC Swim Comp Part 2, Jan 10, 2010
100 Breast	1:09.13 TAM Ka Ming, *CY	Div.1 (Part 1) SC Comp, Dec. 5, 2010
200 Breast	2:31.54 LAU Yat Fung, HTA	HK SC Age Group Champ., Mar. 16-18, 2012
50 Fly	27.46 LI Sing Hoi, WTS	Div.1 (Part 3) SC Comp, Dec 2-3, 2017
100 Fly	1:01.34 TAM Sze Shing Thomas, WTS	Div.1 (Part 2) SC Comp, 15 June, 2014
200 Fly	2:15.41 CHOW Yin Ching, *CY	Div.1 (Part 1) SC Comp, Dec 2, 2007
100 IM	1:01.68 LU Pat Fan, HVA	HK AG SC Champ, Mar 8-10, 2019
200 IM	2:14.06 MOK Kai Tik Marcus, WTS	Div.1 (Part 2) SC Comp, Jan 19, 2014

HONG KONG AGE GROUP SHORT COURSE RECORDS

GIRLS' 11 – 12 YEARS EVENTS

50 Free	26.39 TSE On Ching, TPS	HK AG SC Champ, Mar 8-10, 2019
100 Free	57.15 TSE On Ching, TPS	HK AG SC Champ, Mar 8-10, 2019
200 Free	2:03.92 TSE On Ching, TPS	HK AG SC Champ, Mar 8-10, 2019
400 Free	4:20.95 MOK Sze Ki, HVA	HK AG SC Champ, Mar 8-10, 2019
50 Back	30.03 WAN Ching Man Andrea, TPS	HK AG SC Champ. 10, Mar 14, 2010
100 Back	1:02.82 LAI Chu Yi, WTS	HK SC Age Group Champ., Mar 13, 2011
200 Back	2:17.59 CHEUNG Sum Yuet Cindy, TPS	HK AG SC Champ, Mar 8-10, 2019
50 Breast	34.03 KONG Man-yi, DLS	DIV I AG SC Swim Comp, Jan 15, 2006
100 Breast	1:12.54 KONG Man-yi, DLS	DIV I AG SC Swim Comp, Dec 18, 2005
200 Breast	2:34.47 MA Hei Tung Fiona, DLS	AG SC Champ 08, Mar 14-16, 2008
50 Fly	28.75 TSE On Ching, TPS	HK AG SC Champ, Mar 8-10, 2019
100 Fly	1:03.17 MOK Sze Ki, HVA	HK AG SC Champ, Mar 8-10, 2019
200 Fly	2:17.67 MOK Sze Ki, HVA	HK AG SC Champ, Mar 8-10, 2019
100 IM	1:06.38 LAU Ping Yi Audrey, HTA	HK AG SC Champ. Mar 9-11, 2018
200 IM	2:20.77 MOK Sze Ki, HVA	HK AG SC Champ, Mar 8-10, 2019

HONG KONG SWIMMING RECORDS

Listed Date: 25th November 2020

HONG KONG AGE GROUP SHORT COURSE RECORDS

BOYS' 13 – 14 YEARS EVENTS

50 Free	23.52 HO Siu Lun, DLS	HK AG SC Champ, Mar 8-10, 2019
100 Free	51.56 HO Siu Lun, DLS	HK AG SC Champ, Mar 8-10, 2019
200 Free	1:53.57 CHEUK Ming Ho, CPS	HK AG SC Champ, Mar 10-12, 2017
400 Free	4:02.23 WONG Ming Hong, HTA	HK AG Group SC Champ, Mar 13-15, 2015
800 Free	8:23.87 CHEUK Ming Ho, CPS	Div.1 (Part 3) SC Comp, Feb 11-12, 2017
1500 Free	15:50.65 WONG Ming Hong, HTA	HK AG Group SC Champ, Mar 13-15, 2015
50 Back	25.88 HO Siu Lun, DLS	HK AG SC Champ, Mar 8-10, 2019
100 Back	56.29 YUK Shing Chi, PSC	FINA/airweave Swimming World Cup – Hong Kong, Sep 30–Oct 1, 2017
200 Back	2:02.57 HO Siu Lun, DLS	HK AG SC Champ, Mar 8-10, 2019
50 Breast	29.72 TAM Ka Ming, *CY	HK SC Age Group Champ., Mar 16-18, 2012
100 Breast	1:03.73 WONG Benson, DLS	FINA/airweave Swimming World Cup – Hong Kong, Sep 30–Oct 1, 2017
200 Breast	2:14.80 WONG Benson, DLS	FINA/airweave Swimming World Cup – Hong Kong, Sep 30–Oct 1, 2017
50 Fly	25.26 HO Siu Lun, DLS	HK AG SC Champ, Mar 8-10, 2019
100 Fly	56.33 NG Chun Nam Derick, WTS	HK Age Group SC Champ. 09, Mar 15, 2009
200 Fly	2:06.38 CHAN Pak Hin, *WD	HK Age Group SC Champ Mar 13, 2016
100 IM	58.38 LAU Ping Chi, HTA	FINA/airweave Swimming World Cup – Hong Kong, Sep 30–Oct 1, 2017
200 IM	2:05.88 LAU Ping Chi, HTA	FINA/airweave Swimming World Cup – Hong Kong, Sep 30–Oct 1, 2017
400 IM	4:24.14 LAU Ping Chi, HTA	FINA/airweave Swimming World Cup – Hong Kong, Sep 30–Oct 1, 2017

HONG KONG AGE GROUP SHORT COURSE RECORDS

GIRLS' 13 – 14 YEARS EVENTS

50 Free	25.22 WONG Sze Ting, WTS	HK AG SC Champ, Mar 8-10, 2019
100 Free	54.63 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar 16-18, 2012
200 Free	2:00.32 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar 16-18, 2012
400 Free	4:11.59 HO, Nam Wai, WTS	HK AG SC Champ, Mar 10-12, 2017
800 Free	8:38.96 HO, Nam Wai, WTS	HK AG SC Champ, Mar 10-12, 2017
1500 Free	16:39.11 HO, Nam Wai, WTS	Div.1 (Part 3) SC Comp, Feb 11-12, 2017
50 Back	28.24 KAN Cheuk Tung Natalie, HVA	HK AG SC Champ, Mar 10-12, 2017
100 Back	1:02.07 KAN Cheuk Tung Natalie, HVA	HK AG SC Champ, Mar 10-12, 2017
200 Back	2:13.57 WAN Ching Man Andrea, TPS	HK SC Age Group Champ., Mar 16-18, 2012
50 Breast	31.82 LAM Hoi Kiu, HTA	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
100 Breast	1:09.48 KAN Cheuk Tung Natalie, HVA	HK AG SC Champ, Mar 10-12, 2017
200 Breast	2:28.79 LAM Hoi Kiu, HTA	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
50 Fly	27.62 LAU Ping Yi Audrey, HTA	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1, 2019
100 Fly	1:00.98 LAU Ping Yi Audrey, HTA	Div.1 (Part 2) SC Comp, Sep 1, 2019
200 Fly	2:14.73 TSANG Jin Nuo Joan, *WA	HK AG Group SC Champ, Mar 13-15, 2015
100 IM	1:02.75 WONG Sze Ting, WTS	HK AG SC Champ, Mar 8-10, 2019
200 IM	2:13.68 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar 16-18, 2012
400 IM	4:43.49 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar 12, 2011

HONG KONG SWIMMING RECORDS

Listed Date: 25th November 2020

HONG KONG AGE GROUP SHORT COURSE RECORDS

BOYS' 15 – 17 YEARS EVENTS

50 Free	22.41 NG Cheuk Yin, TPS	Div.1 (Part 2) SC Comp, Sep 1, 2019
100 Free	48.95 NG Cheuk Yin, TPS	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1, 2019
200 Free	1:48.82 CHEUK Ming Ho, CPS	14 th FINA World Swimming Championships (25m) – Hangzhou, Dec 11-16, 2018
400 Free	3:51.88 LIAO Xian Hao Jonathan, HJC	HK Age Group SC Champ Mar 13, 2016
800 Free	8:00.08 CHEUK Ming Ho, CPS	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
1500 Free	15:01.80 CHEUK Ming Ho, CPS	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
50 Back	24.71 NG Cheuk Yin, TPS	HK AG SC Champ, Mar 8-10, 2019
100 Back	53.52 NG Cheuk Yin, TPS	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1, 2019
200 Back	1:58.67 NG Cheuk Yin, TPS	Div.1 (Part 2) SC Comp, Sep 1, 2019
50 Breast	28.85 CHOI Shing Tung Sutton, HTA	HK SC Age Group Champ., Mar 14-16, 2014
100 Breast	1:02.07 NG Yan Kin, HTA	FINA/MASTBANK WorldCup–Doha, Aug 27-28, 2014
200 Breast	2:10.35 MOK Kai Tik Marcus, WTS	FINA/airweave Swimming World Cup – Hong Kong, Sep 30–Oct 1, 2017
50 Fly	23.37 NG Cheuk Yin, TPS	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1, 2019
100 Fly	53.88 LIM Nicholas Owen Zhaoguang, LRC	HK AG SC Champ, Mar 8-10, 2019
200 Fly	1:57.18 LIM Nicholas Owen Zhaoguang, LRC	Div.1 (Part 1) SC Comp, Jun 2-3, 2018
100 IM	56.00 NG Chun Nam Derick, WTS	Div.1 (Part 1) SC Comp, Dec 3-4, 2011
200 IM	2:02.18 LIAO Xian Hao Jonathan, HJC	HK AG SC Champ, Mar 10-12, 2017
400 IM	4:21.85 CHEUK Ming Ho, CPS	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1, 2019

HONG KONG AGE GROUP SHORT COURSE RECORDS

GIRLS' 15 – 17 YEARS EVENTS

50 Free	24.99 HAUGHEY Siobhan Bernadette, SCA	Div.1 (Part 2) SC Comp, Jan 19, 2014
100 Free	53.28 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ, Mar 15, 2014
200 Free	1:56.83 HO Nam Wai, WTS	HK AG SC Champ. Mar 9-11, 2018
400 Free	4:05.83 HO Nam Wai, WTS	HK AG SC Champ. Mar 9-11, 2018
800 Free	8:25.47 AU Hoi-Shun Stephanie, *DW	FINA World Cup – Singapore, Nov 21, 2009
1500 Free	16:35.88 AU Hoi-Shun Stephanie, *DW	Div.1 (Part 3) SC Comp, Feb 22, 2009
50 Back	27.78 WONG Toto Kwan To, HTA	FINA/airweave Swimming World Cup – Hong Kong Oct 29-30, 2016
100 Back	59.51 WONG Toto Kwan To, HTA	5 th Asian Indoor & Martial Arts Games Ashgabat Sep 17-27, 2017
200 Back	2:11.93 WONG Toto Kwan To, HTA	13 th FINA World Swimming Champ 2016, Dec 6-11, 2016
50 Breast	31.15 KONG Yvette Man-yi, SCA	FINA World Cup – Singapore, Nov 21-22, 2009
100 Breast	1:05.92 KONG Yvette Man-vi, SCA	FINA World Cup – Singapore, Nov 21-22, 2009
200 Breast	2:23.46 HAUGHEY Siobhan Bernadette, SCA	Div.1 (Part 3) SC Comp, Feb 23, 2014
50 Fly	27.01 KAN Cheuk Tung Natalie, HVA	HK AG SC Champ, Mar 8-10, 2019
100 Fly	59.47 KAN Cheuk Tung Natalie, HVA	HK AG SC Champ, Mar 8-10, 2019
200 Fly	2:12.57 TOWN Jennifer Ka Hang, SCA	AG SC Champ 08, Mar 14-16, 2008
100 IM	1:01.08 KAN Cheuk Tung Natalie, HVA	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
200 IM	2:11.05 HAUGHEY Siobhan Bernadette, SCA	HK AG SC Champ. Mar 14-16, 2014
400 IM	4:42.32 HAUGHEY Siobhan Bernadette, SCA	Div.1 (Part 3) SC Comp, Feb 23, 2014

Hong Kong Short Course Swimming Time Trial I - 11/Jul/2021

Meet Program

Event 1 Men 100 SC Meter Freestyle

WCA: 47.23

WCB: 48.88

HKR: 47.15

JR: 50.21

TO Kenneth King Him, LWS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	29257 B	He, Shing Ip	15	Chi Pui	54.08
2	35894 B	Chui, Ka Yeung	15	Win Tin	53.49
3	20058 P	Lim Nicholas, Owen Zhaoguang	20	LRC	51.08
4	25777 B	Cheuk, Ming Ho	19	Chi Pui	49.15
5	25254 B	Ho, Siu Lun	17	Dali Swimming Club	50.21
6	21094 IAZ	Leung, Chun Hei Bryan	20	Win Tin	52.34
7	20289 IAZ	Tsui, Wai Chi	18	Win Tin	53.83
8	31666 IAZ	Lee, Yat Yuen Yen	14	Hoi Tin	55.13
! ÌÒÀÔÎÁÔÉÒÀ					
1	32463 IAZ	Chan, Austin	15	Dik Wing	55.62
2	31864 IAZ	Kwong, Bui Ming	15	Hoi Ngai	57.12

Event 2 Women 100 SC Meter Freestyle

WCA: 53.78

WCB: 55.66

HKR: 50.94

JR: 54.45

HAUGHEY Siobhan Bernadette

SCA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
2	31841 IAZ	Ng, Lai Wa	15	Hoi Tin	59.95
3	22842 IAZ	Tang, Tsoi Lam Katii	19	Happy Valley	56.29
4	04515 ICZ	Sze, Hang Yu	33	Win Tin	55.21
5	21383 B	Ho, Nam Wai	19	Win Tin	55.84
6	27089 B	Chan, Ying Sen	16	Hoi Tin	58.55
7	37017 IAZ	Chan, Tsun Wing	14	Hoi Tin	1:01.65

Event 3 Men 100 SC Meter Breaststroke

WCA: 57.63

WCB: 59.65

HKR: 57.82

JR: 1:03.37

TO Kenneth King Him, LWS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	30574 IAZ	Cheung, Ryan	14	Chi Pui	1:09.93
2	22994 B	Wong, Benson	18	Dali Swimming Club	1:05.07
3	19184 B	Mok, Kai Tik Marcus	20	Win Tin	1:01.80
4	18823 B	Ng, Michael Yu Hin	21	Chi Pui	1:00.65
5	12303 IAZ	Ng, Yan Kin	23	Hoi Tin	1:01.52
6	22987 IAZ	Yuen, Kai Ho	18	Hoi Tin	1:03.86
7	27080 B	Chan, Tsz Chung Samuel	17	Sword Fish Club	1:07.81
8	30733 B	Lai, King Wo	14	Win Tin	1:13.58
! ÌÒÀÔÎÁÔÉÒÀ					
1	31864 IAZ	Kwong, Bui Ming	15	Hoi Ngai	1:14.42
2	32099 B	Ng, Wai Ting	13	Win Tin	1:15.40

Hong Kong Short Course Swimming Time Trial I - 11/Jul/2021

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Event 4 Women 100 SC Meter Breaststroke

WCA: 1:06.18

WCB: 1:08.50

HKR: 1:05.92

JR: 1:09.14

KONG Yvette Man-yi, SCA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	33742 IAZ	Lam, Chelsie	12	Dali Swimming Club	1:20.91
2	28108 B	Seeto, Wai Ching	16	Keung Sang	1:18.10
3	30162 ICX	Chang, Yujuan	21	Win Tin	1:11.82
4	15574 P	Yeung, Jamie Zhen Mei	24	Hoi Tin	1:09.29
5	29060 IAZ	Lam, Hoi Kiu	17	Hoi Tin	1:10.41
6	34467 B	Chan, Tsz Ching	15	Sea Lion	1:15.97
7	33004 B	So, Reenie	15	Win Tin	1:18.67
8	29843 B	Lai, Tsz Yan	13	Win Tin	1:21.54

Event 5 Men 50 SC Meter Backstroke

WCA: 23.79

WCB: 24.62

HKR: 24.18

JR: 25.33

CHEAH Geoffrey Robin, SCA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	33890 IAZ	Lai, Chun Wai	13	Lai Wa	33.57
2	22210 B	Chan, Yin Ban	17	White Dolphin	29.90
3	32248 B	Li, Sing Hoi	16	Win Tin	27.99
4	19970 IAZ	Chang, Tak Kin David	19	Chi Pui	24.98
5	12117 IAZ	Lau, Shiu Yue	23	Hoi Tin	25.17
6	24751 B	Lau, Hoi Hang	16	Lai Wa	28.94
7	31864 IAZ	Kwong, Bui Ming	15	Hoi Ngai	30.99
8	35666 IM	Chan, Cheuk Kit	14	Win Tin	34.23

Event 6 Women 50 SC Meter Backstroke

WCA: 26.81

WCB: 27.75

HKR: 26.95

JR: 28.14

AU Hoi-Shun Stephanie, DWA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
3	25098 B	Fung, Suet Ying Chloe	16	Win Tin	30.59
4	00866 IAZ	Au, Hoi Shun Stephanie	29	Dik Wing	27.98
5	22719 IAZ	Wong, Toto Kwan To	21	Hoi Tin	28.82
6	25101 B	Ng, Sze Kwan	15	Kowloon Tong Club	31.91

Hong Kong Short Course Swimming Time Trial I - 11/Jul/2021

Meet Program

Event 7 Men 200 SC Meter Butterfly

WCA: 1:54.10

WCB: 1:58.09

HKR: 1:57.18

JR: 2:02.64

LIM Nicholas Owen Zhaoguang

LRC

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	33755 IAZ	Lau, Kin Hei James	12	Hoi Tin	2:16.51
2	22961 B	Chan, Tsun Hin	16	White Dolphin	2:12.33
3	08999 B	Ho, Tin Long	24	Win Tin	2:06.84
4	20058 P	Lim Nicholas, Owen Zhaoguang	20	LRC	2:04.50
5	30192 B	Whittington, Peter Harry	17	Dali Swimming Club	2:06.22
6	33935 B	Yau, Pak Ho	13	Chi Pui	2:10.27
7	29884 B	Kwong, Jacob Yat Nam	14	Win Tin	2:16.15

Event 8 Women 200 SC Meter Butterfly

WCA: 2:09.76

WCB: 2:14.30

HKR: 2:08.72

JR: 2:12.57

CHAN Kin Lok, WTS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
3	29449 B	Leung, Wing Tsun Rachel	14	Win Tin	2:26.95
4	25263 B	Tai, Samantha Natalie	16	Pacific	2:19.43
5	05641 IBZ	Chan, Kin Lok	27	Win Tin	2:23.49

Event 9 Men 400 SC Meter Freestyle

WCA: 3:44.09

WCB: 3:51.93

HKR: 3:47.70

JR: 3:55.97

WONG Kai Wai David, HTA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	33935 B	Yau, Pak Ho	13	Chi Pui	4:25.16
2	30733 B	Lai, King Wo	14	Win Tin	4:16.74
3	29257 B	He, Shing Ip	15	Chi Pui	4:05.59
4	25777 B	Cheuk, Ming Ho	19	Chi Pui	3:50.53
5	24648 B	Kwok, Chun Hei	17	Hoi Tin	4:02.70
6	35894 B	Chui, Ka Yeung	15	Win Tin	4:16.74
7	32463 IAZ	Chan, Austin	15	Dik Wing	4:24.48
8	31864 IAZ	Kwong, Bui Ming	15	Hoi Ngai	4:28.67

Event 10 Women 400 SC Meter Freestyle

WCA: 4:06.95

WCB: 4:15.59

HKR: 3:58.75

JR: 4:05.59

HAUGHEY Siobhan Bernadette

SCA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
3	29449 B	Leung, Wing Tsun Rachel	14	Win Tin	4:39.78
4	21383 B	Ho, Nam Wai	19	Win Tin	4:17.64
5	23856 B	Leung, Ka Ching	17	Hoi Tin	4:28.16

Hong Kong Short Course Swimming Time Trial I - 11/Jul/2021

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Event 11 Men 100 SC Meter IM

WCA: 53.57

WCB: 55.44

HKR: 51.88

JR: 56.99

TO Kenneth King Him, LWS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	30192 B	Whittington, Peter Harry	17	Dali Swimming Club	1:00.98
2	32248 B	Li, Sing Hoi	16	Win Tin	59.55
3	21248 B	Lau, Ping Chi	18	Hoi Tin	57.22
4	11438 B	Fung, Chun Ho	23	Hoi Tin	55.98
5	19970 IAZ	Chang, Tak Kin David	19	Chi Pui	56.80
6	19184 B	Mok, Kai Tik Marcus	20	Win Tin	57.41
7	18823 B	Ng, Michael Yu Hin	21	Chi Pui	1:00.42
8	21094 IAZ	Leung, Chun Hei Bryan	20	Win Tin	1:01.10
1	22961 B	Chan, Tsun Hin	16	White Dolphin	1:03.75
2	29884 B	Kwong, Jacob Yat Nam	14	Win Tin	1:11.78

Event 12 Women 100 SC Meter IM

WCA: 1:01.21

WCB: 1:03.35

HKR: 1:01.08

JR: 1:02.10

KAN Cheuk Tung Natalie, HVA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	34467 B	Chan, Tsz Ching	15	Sea Lion	1:10.75
2	18904 B	Wong, Ching Lam	19	Win Tin	1:06.18
3	30054 IAZ	Cheng, Chloe	16	Pacific	1:03.48
4	20540 IAZ	Kan, Cheuk Tung Natalie	19	Happy Valley	1:01.12
5	04515 ICZ	Sze, Hang Yu	33	Win Tin	1:02.56
6	30162 ICX	Chang, Yujuan	21	Win Tin	1:03.87
7	25263 B	Tai, Samantha Natalie	16	Pacific	1:10.42
8	33742 IAZ	Lam, Chelsie	12	Dali Swimming Club	1:15.08

Event 13 Men 200 SC Meter Backstroke

WCA: 1:52.66

WCB: 1:56.60

HKR: 1:58.67

JR: 2:01.01

NG Cheuk Yin, TPS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
2	32099 B	Ng, Wai Ting	13	Win Tin	2:42.21
3	35666 IM	Chan, Cheuk Kit	14	Win Tin	2:19.45
4	12117 IAZ	Lau, Shiu Yue	23	Hoi Tin	2:04.16
5	24751 B	Lau, Hoi Hang	16	Lai Wa	2:11.54
6	36457 B	Wong, Kaden Lok Fung	12	Hoi Tin	2:28.31
7	32101 B	Yuen, Kurtis Chung Kiu	13	Win Tin	2:50.97

Hong Kong Short Course Swimming Time Trial I - 11/Jul/2021

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Event 14 Women 200 SC Meter Backstroke

WCA: 2:07.19

WCB: 2:11.64

HKR: 2:06.93

JR: 2:13.20

AU Hoi-Shun Stephanie, DWA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
2	25098 B	Fung, Suet Ying Chloe	16	Win Tin	2:21.50
3	31841 IAZ	Ng, Lai Wa	15	Hoi Tin	2:18.62
4	26843 B	Yue, Wai Lui Valerie	19	Happy Valley	2:15.04
5	22719 IAZ	Wong, Toto Kwan To	21	Hoi Tin	2:17.42
6	18904 B	Wong, Ching Lam	19	Win Tin	2:19.68
7	29843 B	Lai, Tsz Yan	13	Win Tin	2:58.06

Event 15 Men 50 SC Meter Butterfly

WCA: 23.08

WCB: 23.89

HKR: 22.90

JR: 24.54

TO Kenneth King Him, LWS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
2	32463 IAZ	Chan, Austin	15	Dik Wing	27.12
3	20289 IAZ	Tsui, Wai Chi	18	Win Tin	26.10
4	08999 B	Ho, Tin Long	24	Win Tin	24.83
5	28863 B	Leung, Chun Him	18	Dali Swimming Club	25.71
6	19970 IAZ	Chang, Tak Kin David	19	Chi Pui	26.10
7	33755 IAZ	Lau, Kin Hei James	12	Hoi Tin	27.88

Event 16 Women 50 SC Meter Butterfly

WCA: 26.14

WCB: 27.05

HKR: 26.09

JR: 27.14

SZE Hang-Yu, WTS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	37017 IAZ	Chan, Tsun Wing	14	Hoi Tin	30.49
2	27089 B	Chan, Ying Sen	16	Hoi Tin	29.50
3	04515 ICZ	Sze, Hang Yu	33	Win Tin	27.34
4	20540 IAZ	Kan, Cheuk Tung Natalie	19	Happy Valley	27.01
5	05641 IBZ	Chan, Kin Lok	27	Win Tin	27.27
6	18904 B	Wong, Ching Lam	19	Win Tin	28.89
7	29498 B	Tang, Yee Man	17	Dik Wing	29.89
8	28108 B	Seeto, Wai Ching	16	Keung Sang	31.39

Hong Kong Short Course Swimming Time Trial I - 11/Jul/2021

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Event 17 Men 200 SC Meter Freestyle

WCA: 1:44.88

WCB: 1:48.55

HKR: 1:45.36

JR: 1:51.85

TO Kenneth King Him, LWS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	35894 B	Chui, Ka Yeung	15	Win Tin	2:01.03
2	29257 B	He, Shing Ip	15	Chi Pui	1:56.92
3	24648 B	Kwok, Chun Hei	17	Hoi Tin	1:55.17
4	25777 B	Cheuk, Ming Ho	19	Chi Pui	1:47.61
5	20058 P	Lim Nicholas, Owen Zhaoguang	20	LRC	1:52.56
6	21094 IAZ	Leung, Chun Hei Bryan	20	Win Tin	1:56.47
7	22961 B	Chan, Tsun Hin	16	White Dolphin	2:00.30
8	28345 B	Sum, Ka Lok Leo	17	White Dolphin	2:01.04
1	17507 B	Leung, Cheuk Fung	18	Dali Swimming Club	2:02.51
2	32463 IAZ	Chan, Austin	15	Dik Wing	2:04.13

Event 18 Women 200 SC Meter Freestyle

WCA: 1:55.60

WCB: 1:59.65

HKR: 1:51.11

JR: 1:56.83

HAUGHEY Siobhan Bernadette

SCA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
2	25101 B	Ng, Sze Kwan	15	Kowloon Tong Club	2:10.12
3	31841 IAZ	Ng, Lai Wa	15	Hoi Tin	2:07.98
4	21383 B	Ho, Nam Wai	19	Win Tin	2:00.43
5	22842 IAZ	Tang, Tsoi Lam Katii	19	Happy Valley	2:02.90
6	27089 B	Chan, Ying Sen	16	Hoi Tin	2:08.09
7	29449 B	Leung, Wing Tsun Rachel	14	Win Tin	2:12.64

Event 19 Men 50 SC Meter Breaststroke

WCA: 26.57

WCB: 27.50

HKR: 26.89

JR: 29.20

TO Kenneth King Him, LWS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
2	32099 B	Ng, Wai Ting	13	Win Tin	38.61
3	30574 IAZ	Cheung, Ryan	14	Chi Pui	32.58
4	12303 IAZ	Ng, Yan Kin	23	Hoi Tin	28.57
5	27080 B	Chan, Tsz Chung Samuel	17	Sword Fish Club	30.25
6	31864 IAZ	Kwong, Bui Ming	15	Hoi Ngai	33.22

Hong Kong Short Course Swimming Time Trial I - 11/Jul/2021

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Event 20 Women 50 SC Meter Breaststroke

WCA: 30.69

WCB: 31.76

HKR: 29.88

JR: 31.82

HAUGHEY Siobhan Bernadette

SCA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	29843 B	Lai, Tsz Yan	13	Win Tin	36.26
2	28108 B	Seeto, Wai Ching	16	Keung Sang	35.75
3	34467 B	Chan, Tsz Ching	15	Sea Lion	34.66
4	29060 IAZ	Lam, Hoi Kiu	17	Hoi Tin	32.35
5	30162 ICX	Chang, Yujuan	21	Win Tin	32.76
6	33742 IAZ	Lam, Chelsie	12	Dali Swimming Club	35.52
7	33004 B	So, Reenie	15	Win Tin	36.17

Event 21 Men 100 SC Meter Butterfly

WCA: 51.35

WCB: 53.15

HKR: 51.73

JR: 54.07

TO Kenneth King Him, LWS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	31864 IAZ	Kwong, Bui Ming	15	Hoi Ngai	1:04.02
2	32463 IAZ	Chan, Austin	15	Dik Wing	1:01.48
3	33935 B	Yau, Pak Ho	13	Chi Pui	59.24
4	08999 B	Ho, Tin Long	24	Win Tin	54.72
5	20289 IAZ	Tsui, Wai Chi	18	Win Tin	57.51
6	33755 IAZ	Lau, Kin Hei James	12	Hoi Tin	1:00.08
7	29884 B	Kwong, Jacob Yat Nam	14	Win Tin	1:03.19

Event 22 Women 100 SC Meter Butterfly

WCA: 58.22

WCB: 1:00.26

HKR: 57.98

JR: 1:00.98

CHAN Kin Lok, WTS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
2	25263 B	Tai, Samantha Natalie	16	Pacific	1:04.84
3	04515 ICZ	Sze, Hang Yu	33	Win Tin	1:00.80
4	05641 IBZ	Chan, Kin Lok	27	Win Tin	58.93
5	20540 IAZ	Kan, Cheuk Tung Natalie	19	Happy Valley	59.47
6	26843 B	Yue, Wai Lui Valerie	19	Happy Valley	1:01.57

Event 23 Men 400 SC Meter IM

WCA: 4:09.19

WCB: 4:17.91

HKR: 4:18.92

JR: 4:24.14

TO Kenneth King Him, LWS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
3	29257 B	He, Shing Ip	15	Chi Pui	4:39.37
4	25777 B	Cheuk, Ming Ho	19	Chi Pui	4:21.85
5	30192 B	Whittington, Peter Harry	17	Dali Swimming Club	4:26.78
6	31864 IAZ	Kwong, Bui Ming	15	Hoi Ngai	4:57.65

Hong Kong Short Course Swimming Time Trial I - 11/Jul/2021

Meet Program

Event 24 Women 400 SC Meter IM

WCA: 4:37.54

WCB: 4:47.25

HKR: 4:42.32

JR: 4:43.49

HAUGHEY Siobhan Bernadette

SCA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
3	18904 B	Wong, Ching Lam	19	Win Tin	5:08.41
4	30054 IAZ	Cheng, Chloe	16	Pacific	4:50.91
5	31841 IAZ	Ng, Lai Wa	15	Hoi Tin	4:56.56
6	29449 B	Leung, Wing Tsun Rachel	14	Win Tin	5:10.63

Event 25 Men 100 SC Meter Backstroke

WCA: 51.30

WCB: 53.10

HKR: 52.08

JR: 55.56

CHEAH Geoffrey Robin, SCA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	32099 B	Ng, Wai Ting	13	Win Tin	1:13.33
2	31864 IAZ	Kwong, Bui Ming	15	Hoi Ngai	1:09.00
3	24751 B	Lau, Hoi Hang	16	Lai Wa	1:00.21
4	19970 IAZ	Chang, Tak Kin David	19	Chi Pui	54.35
5	12117 IAZ	Lau, Shiu Yue	23	Hoi Tin	55.37
6	35666 IM	Chan, Cheuk Kit	14	Win Tin	1:05.25
7	36457 B	Wong, Kaden Lok Fung	12	Hoi Tin	1:12.52

Event 26 Women 100 SC Meter Backstroke

WCA: 58.08

WCB: 1:00.11

HKR: 58.27

JR: 1:01.39

AU Hoi-Shun Stephanie, DWA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
3	22719 IAZ	Wong, Toto Kwan To	21	Hoi Tin	1:02.07
4	00866 IAZ	Au, Hoi Shun Stephanie	29	Dik Wing	1:00.22
5	26843 B	Yue, Wai Lui Valerie	19	Happy Valley	1:02.07
6	25098 B	Fung, Suet Ying Chloe	16	Win Tin	1:04.17

Event 27 Men 200 SC Meter Breaststroke

WCA: 2:06.23

WCB: 2:10.65

HKR: 2:09.94

JR: 2:14.80

NG Michael Yu Hin, CPS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	32101 B	Yuen, Kurtis Chung Kiu	13	Win Tin	3:05.39
2	27080 B	Chan, Tsz Chung Samuel	17	Sword Fish Club	2:33.24
3	19184 B	Mok, Kai Tik Marcus	20	Win Tin	2:19.45
4	18823 B	Ng, Michael Yu Hin	21	Chi Pui	2:09.94
5	22994 B	Wong, Benson	18	Dali Swimming Club	2:18.79
6	30574 IAZ	Cheung, Ryan	14	Chi Pui	2:24.50
7	31864 IAZ	Kwong, Bui Ming	15	Hoi Ngai	2:45.32

Hong Kong Short Course Swimming Time Trial I - 11/Jul/2021

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Event 28 Women 200 SC Meter Breaststroke

WCA: 2:24.30

WCB: 2:29.45

HKR: 2:23.46

JR: 2:28.79

HAUGHEY Siobhan Bernadette

SCA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
2	28108 B	Seeto, Wai Ching	16	Keung Sang	2:46.97
3	34467 B	Chan, Tsz Ching	15	Sea Lion	2:36.50
4	29060 IAZ	Lam, Hoi Kiu	17	Hoi Tin	2:31.85
5	30162 ICX	Chang, Yujuan	21	Win Tin	2:36.03
6	33004 B	So, Reenie	15	Win Tin	2:43.12

Event 29 Men 50 SC Meter Freestyle

WCA: 21.40

WCB: 22.15

HKR: 21.41

JR: 23.20

TO Kenneth King Him, LWS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	32463 IAZ	Chan, Austin	15	Dik Wing	26.24
2	35894 B	Chui, Ka Yeung	15	Win Tin	25.00
3	20289 IAZ	Tsui, Wai Chi	18	Win Tin	23.86
4	25254 B	Ho, Siu Lun	17	Dali Swimming Club	23.52
5	20058 P	Lim Nicholas, Owen Zhaoguang	20	LRC	23.77
6	21094 IAZ	Leung, Chun Hei Bryan	20	Win Tin	24.40
7	30798 IAZ	Yeung, Hei Pui	15	Dali Swimming Club	25.37
8	36457 B	Wong, Kaden Lok Fung	12	Hoi Tin	29.14

Event 30 Women 50 SC Meter Freestyle

WCA: 24.60

WCB: 25.46

HKR: 24.09

JR: 25.22

HAUGHEY Siobhan Bernadette

SCA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
2	27089 B	Chan, Ying Sen	16	Hoi Tin	27.32
3	05641 IBZ	Chan, Kin Lok	27	Win Tin	26.10
4	20540 IAZ	Kan, Cheuk Tung Natalie	19	Happy Valley	25.63
5	22347 B	Wong, Sze Ting	17	Win Tin	26.01
6	22842 IAZ	Tang, Tsoi Lam Katii	19	Happy Valley	26.16
7	37017 IAZ	Chan, Tsun Wing	14	Hoi Tin	28.14

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Meet Program

Event 31 Men 200 SC Meter IM

WCA: 1:55.25

WCB: 1:59.28

HKR: 1:54.83

JR: 2:03.15

TO Kenneth King Him, LWS

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
1	24751 B	Lau, Hoi Hang	16	Lai Wa	2:18.71
2	22210 B	Chan, Yin Ban	17	White Dolphin	2:12.66
3	18823 B	Ng, Michael Yu Hin	21	Chi Pui	2:06.19
4	11438 B	Fung, Chun Ho	23	Hoi Tin	2:01.94
5	19184 B	Mok, Kai Tik Marcus	20	Win Tin	2:03.30
6	30192 B	Whittington, Peter Harry	17	Dali Swimming Club	2:07.03
7	33755 IAZ	Lau, Kin Hei James	12	Hoi Tin	2:16.79
8	36457 B	Wong, Kaden Lok Fung	12	Hoi Tin	2:19.96
1	30733 B	Lai, King Wo	14	Win Tin	2:21.75
2	29884 B	Kwong, Jacob Yat Nam	14	Win Tin	2:27.45

Event 32 Women 200 SC Meter IM

WCA: 2:11.51

WCB: 2:16.11

HKR: 2:11.05

JR: 2:13.68

HAUGHEY Siobhan Bernadette

SCA

Lane	ID#	Name	Age	Team	Seed Time
Timed Finals					
2	25098 B	Fung, Suet Ying Chloe	16	Win Tin	2:29.67
3	18904 B	Wong, Ching Lam	19	Win Tin	2:21.12
4	20540 IAZ	Kan, Cheuk Tung Natalie	19	Happy Valley	2:15.06
5	30054 IAZ	Cheng, Chloe	16	Pacific	2:15.80
6	21383 B	Ho, Nam Wai	19	Win Tin	2:24.75
7	25263 B	Tai, Samantha Natalie	16	Pacific	2:34.28