



HONG KONG CHINA SWIMMING ASSOCIATION

Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon

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3.

上午游泳池入口開放時間 / Entrance Opening for morning session:	泳員可以於上午 8:15 分開始入場 The swimming pool entrance open at 8:15am.
上午比賽時間 / Competition Start (AM):	09:00 am 比賽完結後一小時內，所有人必須離開游泳池。 Everyone must leave the swimming pool within 1 hour after competition completed.
下午游泳池入口開放時間 Entrance Opening for Afternoon session:	泳員可以於下午 1:15 分開始入場 The swimming pool entrance open at 1:15pm
下午比賽時間 / Competition Start (PM):	2:00 pm –7:00 pm
熱身 / Warm Up :	由於比賽人數眾多，因應康文署為冠狀病毒疫情採取之特別措施，故不設熱身時段，泳員在比賽前需預先進行陸上熱身 Warm up session will be CANCELLED due to the number of participating swimmers exceeded the capacity limit of the swimming pool and LCSD measures under COVID-19. Swimmers are required to warm up on land before competition.

*礙於泳池容納人數有限，比賽當日將不派發獎牌。請得獎運動員之屬會教練於比賽後第三個工作天親臨泳總辦公室代領。

***Due to limitation of Pool Capacity, NO medals will be given to medallist on the event day. Concerned Club Coaches please collect the medals at HKGSA office start from the 3rd working days after the event day.**

4. 游泳池看台座位不可以連續超過六個座位被佔用。

No more than six consecutive seats can be occupied in the same row at the spectator stand.

5. 所有工作人員、運動員及訪客必需全時間佩戴口罩。運動員於泳池比賽線道前方可以除下口罩作準備，請泳員自備口罩套。完成賽事後離開比賽池需佩戴口罩後再返回看台。



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Officials, swimmers and guest must wear a mask properly at all times. Swimmers can only take off their masks for preparation at racing lanes. All swimmers please prepare their own mask cover. Swimmers have to put on the masks again when they leave the competition pool.

6. 如入場後中途需要離開並再返回泳池，請於泳池登記處向泳總職員領取入場證，返回泳池時必須交還。建議泳員完成整個比賽後才離開泳池範圍。

Anyone who wishes to leave the swimming pool in between competition period, please obtain a re-entry permit with HKGSA staffs at the registration counter and return the permit upon return. Strongly recommend swimmers leave the swimming pool after the competition completed.

7. 在看台可以飲水，不得進食。

Only drinking is allowed at the spectator stand.