

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

HONG KONG NOVICE DIVING CHAMPIONSHIPS 2023

二零二三年香港新秀跳水錦標賽

26 March 2023 (Sun)

二零二三年三月二十六日 (星期日)

Kowloon Park Swimming Pool – Diving Pool

九龍公園游泳池 - 跳水池

主辦機構：

中國香港游泳總會

Organized by:

Hong Kong China Swimming Association

資助機構：

康樂及文化事務署

Subvented by:

Leisure and Cultural Services Department



二零二三年香港新秀跳水錦標賽

(由中國香港游泳總會主辦、康樂及文化事務署資助)

| | |
|------------|---|
| 日期： | 2023年3月26日(星期日) |
| 時間： | 08:00-20:00 |
| 地點： | 九龍公園游泳池 - 跳水池 |
| 報名條件： | 所有參賽者必須為游泳總會正式註冊的 2022-23 年度跳水組別泳員，並於截止註冊日期前註冊。 |
| 報名： | <ul style="list-style-type: none">✧ 報名費用為每人每項港幣二十五元。(只接受劃線支票付款，抬頭寫 HKGSA。)✧ 報名表格內之參賽組別，屬會教練必須核定，游泳總會恕不負責。✧ 未填妥及不正確的報名資料，將不受受理，報名費概不發還。✧ 截止後的報名將不獲受理。✧ 跳水動作表須呈交一份(必須是正本)。✧ 曾於中國香港游泳總會所舉辦之香港公開跳水錦標賽、香港分齡跳水錦標賽、香港新秀跳水錦標賽及香港跳水計分賽總成績中獲前三名者(包括一米/三米/跳台的單人或雙人)不可參加。✧ 跳水動作表內之資料，屬會教練必須核定，游泳總會恕不負責。逾期、未填妥或不正確的動作表內任何部份將不獲受理。遞交動作表之後，如本會發現動作表內任何部份有錯漏，將發回予屬會，屬會必須於收到通知後 24 小時內(以工作天計算)連同已更新的動作表及每份修改費用港幣一百元正(只接受劃線支票)一併遞交至本會，否則將會當作棄權論。✧ 如需更改的動作表，必須在截止最後更改動作表日期前及每份更改動作表費用為港幣一百元正(只接受劃線支票)一併遞交至本會，否則將會當作棄權論。 |
| 截止報名： | 2023年2月24日(星期五)下午5時正 |
| 截止動作表： | 2023年3月8日(星期三)下午5時正 |
| 截止最後更改動作表： | 2023年3月20日(星期一)中午12時正 |
| 抽籤： | 2023年3月1日(星期三)下午5時正 抽籤於中國香港游泳總會辦事處進行，參與的屬會可派一名代表出席。如未能出席抽籤程序，本會將代為處理。抽籤結果將不作個別通知。 |
| 項目及動作： | <ul style="list-style-type: none">✧ 請參照以下『動作要求表』。✧ 動作要求採用中國香港游泳總會規則。 |
| 比賽規則： | ✧ 比賽採用國際泳聯 2022-2025 規則及中國香港游泳總會規則。 |
| 獎項： | ✧ 個人項目：首三名將分別獲頒發獎牌。 |
| 棄權： | <ul style="list-style-type: none">✧ 棄權須於每節開賽三十分鐘前遞交棄權申請表。✧ 每項『缺席』的罰款為港幣\$30 元正。罰款須於當天內付清，否則缺席參賽者將不獲接受報名。 |
| 上訴： | <ul style="list-style-type: none">✧ 任何上訴須以書面提出，並須在該項目比賽完結後三十分鐘內，連同上訴申請表及上訴費港幣\$200 元遞交予仲裁委員會。✧ 上訴將交由該比賽之仲裁委員會(成員包括仲裁委員及賽事總監或/及裁判長)作決定。✧ 若上訴被駁回，已繳費用概不發還。 |

動作要求表:

| | 項目 | 動作要求 | |
|---|---|------|------|
| | | 規定動作 | 自選動作 |
| 1 | 新秀男子組 一米板 / 三米板 規定動作: 2 個不同組別 自選動作: 3 個不同組別, 不可重複規定動作內的動作 | 2 | 3 |
| 2 | 新秀女子組 一米板 / 三米板 規定動作: 2 個不同組別 自選動作: 2 個不同組別, 不可重複規定動作內的動作 | 2 | 2 |

註：男、女子 1 米及 3 米板規定動作可由 1-5 組內選擇，但必須以半週翻騰或 / 和轉體動作作為比賽動作。

如有任何更改或爭議，以中國香港游泳總會最後決定為準。

HONG KONG NOVICE DIVING CHAMPIONSHIPS 2023

Rules & Regulations

(Organized by Hong Kong China Swimming Association & Subvented by Leisure and Cultural Services Department)

| | |
|---|---|
| Date : | 26 March 2023 (Sunday) |
| Time : | 08:00-20:00 |
| Venue : | Kowloon Park Swimming Pool – Diving Pool |
| Entry Conditions : | <ul style="list-style-type: none"> ✧ All competitors must be 2022-23 registered athletes of Diving Discipline (DV) of HKGSA and register before the registration deadline. |
| Entries : | <ul style="list-style-type: none"> ✧ HK\$ 25 per individual event. (Paid by cheque only. Crossed cheque made payable to "HKGSA".) ✧ The coach is entirely responsible for the accuracy of the age group of diver indicated in the entry form. ✧ Incomplete / Incorrect information will be rejected and fees will not be refunded. ✧ Late entries will not accept. ✧ Statement of Dives ("SD") must submit in one original. ✧ Diver who received champion, 1st runner-up or 2nd runner-up at Hong Kong Open Diving Championships, Hong Kong Age Group Diving Championships, Hong Kong Novice Diving Championships or final result of Hong Kong Diving Competition Series (including 1 meter/ 3 meter/ platform single or synchronized event, team diving and mixed event) are not eligible to apply. ✧ Coach is entirely responsible for the accuracy of the information indicated in the SD. Any late, incomplete or incorrect SD of any part will not be accepted. Once there is any incorrectness or discrepancy found in any part of the submitted SD, it will be returned to the Club. The Club must return the corrected SD with HK\$ 100 crossed cheque for each dive sheets within 24 hours (based on working days); otherwise deems withdrawal. ✧ For Dives Amendments, must submit the final dive sheet with HK\$ 100 crossed cheque for each dive sheets to HKGSA on or before the Final Amendment Deadline, otherwise deems withdrawal. |
| Closing Date for Entries: | 24 February 2023 (Friday) 17:00 |
| Closing Date for Statement of Dives: | 8 March 2023 (Wednesday) 17:00 |
| Closing Date for Dives Final Amendment: | 20 March 2023 (Monday) 12:00 |
| Random Draw: | <p>1 March 2023 (Wednesday) 17:00</p> <p>The draw will be held at HKGSA Office. Each participating Club can have one representative to attend the draw. HKGSA will do the draw on behalf of any Club without representative and the draw result will not be announced individually.</p> |
| Event List: | <ul style="list-style-type: none"> ✧ Event list information as below. ✧ HKGSA competition format will apply. |
| Rules : | ✧ FINA rules 2022-2025 & HKGSA diving rules will apply. |
| Awards : | ✧ Medals will be awarded to 1 st , 2 nd and 3 rd places. |
| Scratches : | <ul style="list-style-type: none"> ✧ Scratch form must be submitted 30 minutes before the scheduled start time of each session. ✧ A fine of \$30 will be charges for "no show" of each event. Fine payment should be settled by the competition day. Otherwise, the entry of the concerned diver(s) will not be accepted. |
| Protest : | <ul style="list-style-type: none"> ✧ Any protest shall be made in writing to the Arbitration Committee within 30 minutes following the end of all events with the protest form and an appeal fee of HK\$200. ✧ Protest will be forward to the Arbitration Committee (Members including Arbitrators, Meet Director or/and Referee) of such competition for decision. ✧ If the protest is rejected, fee paid will be forfeited to the HKGSA. |

Event List Information:

| | Events | Competition Format | |
|---|---|---|--|
| | | Dives with limit of degree of difficulty. | Dives without limit of degree of difficulty. |
| 1 | Novice Men 1 meter Springboard / 3 meter Springboard Dives with limit of DD: 2 dives each selected from different groups Dives with without of DD: 3 dives each selected from different groups, no dive of the same number shall be repeated from Dives of limit of DD | 2 | 3 |
| 2 | Novice Women 1 meter Springboard / 3 meter Springboard Dives with limit of DD: 2 dives each selected from different groups Dives with without of DD: 2 dives each selected from different groups, no dive of the same number shall be repeated from Dives of limit of DD | 2 | 2 |

*Degree of difficulty (DD)

P.S. In Women's and Men's 1 metre and 3 metre events, dives with limit of degree of difficulty can choose from the 1-5 dives group, but it must be half somersault or twisting group.

If there are any changes and dispute arises, decision from the HKGSA will be final.



Hong Kong China Swimming Association
中國香港游泳總會
Hong Kong Novice Diving Championships 2023
二零二三年香港新秀跳水錦標賽
(Organized by HKGSA & Subvented by LCSD)
(中國香港游泳總會主辦，康樂及文化事務署資助)



Date/日期: 26/3/2023 (Sun/星期日)
Time/時間: 08:00-20:00 (Sun/星期日)
Venue/場地: Kowloon Park Swimming Pool - Diving Pool
九龍公園游泳池 - 跳水池

Programme/ 程序

Judges Meeting/裁判會議: 9:30

Time

| | | |
|-------|----------------|----------------------------------|
| 8:00 | | Warm Up / Training 熱身 / 練習 |
| 10:00 | Event 1 項目一 | Men's 1M Springboard 男子組一米板 |
| 10:45 | Event 2 項目二 | Women's 1M Springboard 女子組一米板 |
| 11:20 | Event 3 項目三 | Men's 3M Springboard 男子組三米板 |
| 11:50 | Event 4 項目四 | Women's 3M Springboard 女子組三米板 |
| 12:10 | | Prize Presentation 頒獎典禮 |
| | | End of the Competition 比賽完結 |

*Estimated Start Time

*預計開始時間

Note: Only divers who are participating in the upcoming event are entitled to train with Competition Springboard or Platform 20 minutes before the start of each event

備註: 運動員只可在所參與的比賽項目前二十分鐘，於比賽跳板或跳台進行練習



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Date/日期: 26/3/2023 (Sun/星期日)
Time/時間: 08:00-18:00 (Sun/星期日)
Venue/場地: Kowloon Park Swimming Pool - Diving Pool
九龍公園游泳池 - 跳水池
Judges Meeting/裁判會議: 09:30 (Sun/星期日)

26/3/2023 (Sun)

List of Officials 工作人員名單

| Position | 崗位 | Name 姓名 | Club 屬會 |
|-------------------|----------|-------------------------------|---------|
| Meet Director | 賽事總監: | Mr. LAM Yuk Leung Dicky (林旭亮) | CPS |
| Arbitrator | 仲裁員: | Mr. TANG Wing Hong (鄧永康) | *CU |
| Referees & Judges | 裁判長及裁判員: | Mr. NG Kwok Tung Gordon (吳國棟) | CES |
| | | Ms. LAM Nga Lai (林雅麗) | FDL |
| | | Mr. LEUNG Kwok Ming (梁國明) | HTS |
| | | Mr. CHOI Wan (蔡贊) | THS |
| | | Mr. LEUNG Kai Yin (梁啟賢) | *CU |
| | | Mr. LEUNG Chun Hong (梁振康) | *LD |
| | | Ms. CHAN Yuk Yin (陳玉燕) | #GS |
| | | Ms. LUK Chi Man (陸智敏) | #GS |



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Allocation of Referee and Judges 裁判長及裁判員出場序:

Event 1 Men's 1M Springboard
項目一 男子組一米板

| Position | Name | Club |
|---------------|-------------------------------|------|
| Referee (裁判長) | Mr. LEUNG Chun Hong (梁振康) | *LD |
| Judge1 (裁判員1) | Mr. CHOI Wan (蔡贊) | THS |
| Judge2 (裁判員2) | Ms. CHAN Yuk Yin (陳玉燕) | #GS |
| Judge3 (裁判員3) | Mr. LEUNG Kwok Ming (梁國明) | HTS |
| Judge4 (裁判員4) | Mr. NG Kwok Tung Gordon (吳國棟) | CES |
| Judge5 (裁判員5) | Ms. LUK Chi Man (陸智敏) | #GS |
| Judge6 (裁判員6) | Mr. LEUNG Kai Yin (梁啟賢) | *CU |
| Judge7 (裁判員7) | Ms. LAM Nga Lai (林雅麗) | FDL |

Event 2 Women's 1M Springboard
項目二 女子組一米板

| Position | Name | Club |
|---------------|-------------------------------|------|
| Referee (裁判長) | Mr. LEUNG Chun Hong (梁振康) | *LD |
| Judge1 (裁判員1) | Mr. LEUNG Kai Yin (梁啟賢) | *CU |
| Judge2 (裁判員2) | Mr. CHOI Wan (蔡贊) | THS |
| Judge3 (裁判員3) | Mr. NG Kwok Tung Gordon (吳國棟) | CES |
| Judge4 (裁判員4) | Ms. CHAN Yuk Yin (陳玉燕) | #GS |
| Judge5 (裁判員5) | Mr. LEUNG Kwok Ming (梁國明) | HTS |
| Judge6 (裁判員6) | Ms. LAM Nga Lai (林雅麗) | FDL |
| Judge7 (裁判員7) | Ms. LUK Chi Man (陸智敏) | #GS |

Event 3 Men's 3M Springboard
項目三 男子組三米板

| Position | Name | Club |
|---------------|-------------------------------|------|
| Referee (裁判長) | Mr. LEUNG Chun Hong (梁振康) | *LD |
| Judge1 (裁判員1) | Mr. NG Kwok Tung Gordon (吳國棟) | CES |
| Judge2 (裁判員2) | Mr. LEUNG Kwok Ming (梁國明) | HTS |
| Judge3 (裁判員3) | Mr. CHOI Wan (蔡贊) | THS |
| Judge4 (裁判員4) | Mr. LEUNG Kai Yin (梁啟賢) | *CU |
| Judge5 (裁判員5) | Ms. LAM Nga Lai (林雅麗) | FDL |
| Judge6 (裁判員6) | Ms. LUK Chi Man (陸智敏) | #GS |
| Judge7 (裁判員7) | Ms. CHAN Yuk Yin (陳玉燕) | #GS |

Event 4 Women's 3M Springboard
項目四 女子組三米板

| Position | Name | Club |
|---------------|-------------------------------|------|
| Referee (裁判長) | Mr. LEUNG Chun Hong (梁振康) | *LD |
| Judge1 (裁判員1) | Mr. LEUNG Kwok Ming (梁國明) | HTS |
| Judge2 (裁判員2) | Mr. LEUNG Kai Yin (梁啟賢) | *CU |
| Judge3 (裁判員3) | Ms. LUK Chi Man (陸智敏) | #GS |
| Judge4 (裁判員4) | Ms. LAM Nga Lai (林雅麗) | FDL |
| Judge5 (裁判員5) | Mr. CHOI Wan (蔡贊) | THS |
| Judge6 (裁判員6) | Ms. CHAN Yuk Yin (陳玉燕) | #GS |
| Judge7 (裁判員7) | Mr. NG Kwok Tung Gordon (吳國棟) | CES |



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 Venue/場地: Kowloon Park Swimming Pool - Diving Pool
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Event 1 **Men's 1M Springboard**
 項目一 男子組一米板

| No. | Name | Chi. Name | Club |
|-----|-------------------------|-----------|------|
| 1 | WONG Man Wai | 黃文偉 | *LD |
| 2 | TSANG Sheung Man Morgan | 曾尚文 | CES |
| 3 | LAW Kam Wah Izumen | 羅錦華 | AQS |
| 4 | LAU Wai Kai | 劉偉佳 | *LD |
| 5 | LEE Chun Hei | 李駿熙 | AQS |
| 6 | LAW Tak Sing Avish | 羅得升 | CES |
| 7 | FAN Chung Yiu | 范中耀 | *CU |
| 8 | FUNG Cheuk Hin Bosco | 馮卓軒 | CES |
| 9 | NG Tsz Kin | 吳子健 | *TS |
| 10 | IP Yi Ho | 葉懿皓 | CES |
| 11 | YIK Wai Kan | 易瑋芹 | *LD |
| 12 | CHEUNG Chi Leung Martin | 張自良 | *LD |
| 13 | WONG Lok Wai | 黃灝維 | CES |

Event 2 **Women's 1M Springboard**
 項目二 女子組一米板

| No. | Name | Chi. Name | Club |
|-----|------------------------|-----------|------|
| 1 | HO Wing Tim | 何詠甜 | *TS |
| 2 | NOLWENN Hasle | 夏樂雲 | CES |
| 3 | WONG Ching Ham | 黃靖涵 | *CU |
| 4 | MAN Lok Yan | 文樂恩 | *TS |
| 5 | LAW Tak Wan Anika | 羅得允 | CES |
| 6 | TSANG Sheung Man Megan | 曾尚敏 | CES |
| 7 | PUN Chui Ying | 潘翠瑩 | *CU |
| 8 | CHENG Yue Faye | 鄭羽霏 | FDL |
| 9 | HO Heidi | 何香凝 | CES |
| 10 | KOK Hoi Lei Hayley | 郭凱莉 | CES |
| 11 | CHEUNG Dorothy | 張芷純 | *CU |
| 12 | LEE Tsz Lok | 李芷樂 | *LD |
| 13 | LEUNG Ka Yan | 梁家恩 | *CU |



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Event 3 **Men's 3M Springboard**
項目三 男子組三米板

| No. | Name | Chi. Name | Club |
|-----|-------------------------|-----------|------|
| 1 | CHEUNG Chi Leung Martin | 張自良 | *LD |
| 2 | FAN Chung Yiu | 范中耀 | *CU |
| 3 | WONG Lok Wai | 黃灝維 | CES |
| 4 | FUNG Cheuk Hin Bosco | 馮卓軒 | CES |
| 5 | YIK Wai Kan | 易瑋芹 | *LD |
| 6 | LAU Wai Kai | 劉偉佳 | *LD |
| 7 | NG Tsz Kin | 吳子健 | *TS |
| 8 | WONG Man Wai | 黃文偉 | *LD |
| 9 | LAW Kam Wah Izumen | 羅錦華 | AQS |

Event 4 **Women's 3M Springboard**
項目四 女子組三米板

| No. | Name | Chi. Name | Club |
|-----|--------------|-----------|------|
| 1 | LEUNG Ka Yan | 梁家恩 | *CU |
| 2 | HO Wing Tim | 何詠甜 | *TS |
| 3 | LEE Tsz Lok | 李芷樂 | *LD |

Mens Open 1 M Finals
Hong Kong Novice Diving
Championships 2023

| Ex. # | Name | Club | Dive #1 | | Dive #2 | | Dive #3 | | Dive #4 | | Dive #5 | |
|-------|-----------------------|------|---------|-----|---------|-----|---------|-----|---------|-----|---------|-----|
| 1. | WONG, MAN WAI | *LD | 101C | 1.2 | 401C | 1.4 | 201C | 1.5 | 5211A | 1.8 | 103C | 1.6 |
| 2. | TSANG, SHEUNG MAN | CES | 101C | 1.2 | 201A | 1.7 | 401C | 1.4 | 5211A | 1.8 | 102C | 1.4 |
| 3. | LAW, KAM WAH IZUMEN | AQS | 401B | 1.5 | 101B | 1.3 | 103B | 1.7 | 403C | 2.2 | 5111A | 1.8 |
| 4. | LAU, WAI KAI | *LD | 101A | 1.4 | 401C | 1.4 | 5211A | 1.8 | 103C | 1.6 | 202A | 1.7 |
| 5. | LEE, CHUN HEI | AQS | 101B | 1.3 | 401B | 1.5 | 202C | 1.5 | 402C | 1.6 | 103C | 1.6 |
| 6. | LAW, TAK SING AVISH | CES | 101C | 1.2 | 201A | 1.7 | 401C | 1.4 | 202C | 1.5 | 5211A | 1.8 |
| 7. | FAN, CHUNG YIU | *CU | 401C | 1.4 | 101A | 1.4 | 102C | 1.4 | 201A | 1.7 | 5211A | 1.8 |
| 8. | FUNG, CHEUK HIN BOSCO | CES | 101C | 1.2 | 201A | 1.7 | 401C | 1.4 | 103C | 1.6 | 5211A | 1.8 |
| 9. | NG, TSZ KIN | *TS | 101B | 1.3 | 401B | 1.5 | 201A | 1.7 | 5211A | 1.8 | 103B | 1.7 |
| 10. | IP, YI HO | CES | 101C | 1.2 | 201A | 1.7 | 401C | 1.4 | 202C | 1.5 | 5211A | 1.8 |
| 11. | YIK, WAI KAN | *LD | 201A | 1.7 | 101C | 1.2 | 401C | 1.4 | 102C | 1.4 | 5211A | 1.8 |
| 12. | CHEUNG, CHI LEUNG | *LD | 101C | 1.2 | 401C | 1.4 | 201A | 1.7 | 5211A | 1.8 | 202C | 1.5 |
| 13. | WONG, LOK WAI | CES | 101C | 1.2 | 201A | 1.7 | 401C | 1.4 | 103C | 1.6 | 5211A | 1.8 |

**Womens Open 1 M Finals
Hong Kong Novice Diving
Championships 2023**

| Ex. # | Name | Club | Dive #1 | | Dive #2 | | Dive #3 | | Dive #4 | |
|-------|---------------------|------|---------|-----|---------|-----|---------|-----|---------|-----|
| 1. | HO, WING TIM | *TS | 101C | 1.2 | 201A | 1.7 | 5211A | 1.8 | 401C | 1.4 |
| 2. | NOLWENN, HASLE | CES | 101C | 1.2 | 201A | 1.7 | 401C | 1.4 | 5211A | 1.8 |
| 3. | WONG, CHING HAM | *CU | 101A | 1.4 | 401C | 1.4 | 201A | 1.7 | 5211A | 1.8 |
| 4. | MAN, LOK YAN | *TS | 101A | 1.4 | 201A | 1.7 | 202C | 1.5 | 102C | 1.4 |
| 5. | LAW, TAK WAN ANIKA | CES | 101C | 1.2 | 201A | 1.7 | 5211A | 1.8 | 401C | 1.4 |
| 6. | TSANG, SHEUNG MAN | CES | 101C | 1.2 | 201A | 1.7 | 401C | 1.4 | 102C | 1.4 |
| 7. | PUN, CHUI YING | *CU | 101A | 1.4 | 401C | 1.4 | 201A | 1.7 | 5211A | 1.8 |
| 8. | CHENG, YUE FAYE | FDL | 101A | 1.4 | 201A | 1.7 | 5211A | 1.8 | 401C | 1.4 |
| 9. | HO, HEIDI | CES | 101C | 1.2 | 201A | 1.7 | 5211A | 1.8 | 102C | 1.4 |
| 10. | KOK, HOI LEI HAYLEY | CES | 101C | 1.2 | 201A | 1.7 | 401C | 1.4 | 5211A | 1.8 |
| 11. | CHEUNG, DOROTHY | *CU | 101A | 1.4 | 401C | 1.4 | 201A | 1.7 | 5211A | 1.8 |
| 12. | LEE, TSZ LOK | *LD | 201A | 1.7 | 401C | 1.4 | 5211A | 1.8 | 202C | 1.5 |
| 13. | LEUNG, KA YAN | *CU | 101A | 1.4 | 401C | 1.4 | 201A | 1.7 | 5211A | 1.8 |

EV3

**Mens Open 3 M Finals
Hong Kong Novice Diving
Championships 2023**

| Ex. # | Name | Club | Dive #1 | | Dive #2 | | Dive #3 | | Dive #4 | | Dive #5 | |
|-------|-----------------------|------|---------|-----|---------|-----|---------|-----|---------|-----|---------|-----|
| 1. | CHEUNG, CHI LEUNG | *LD | 101C | 1.4 | 401C | 1.3 | 201A | 1.9 | 5211A | 2.0 | 301C | 1.8 |
| 2. | FAN, CHUNG YIU | *CU | 401C | 1.3 | 101A | 1.6 | 103C | 1.5 | 201A | 1.9 | 5211A | 2.0 |
| 3. | WONG, LOK WAI | CES | 101C | 1.4 | 201A | 1.9 | 401C | 1.3 | 103C | 1.5 | 5211A | 2.0 |
| 4. | FUNG, CHEUK HIN BOSCO | CES | 101C | 1.4 | 201A | 1.9 | 401C | 1.3 | 103C | 1.5 | 5211A | 2.0 |
| 5. | YIK, WAI KAN | *LD | 101C | 1.4 | 401C | 1.3 | 5211A | 2.0 | 201A | 1.9 | 103C | 1.5 |
| 6. | LAU, WAI KAI | *LD | 101A | 1.6 | 401C | 1.3 | 5211A | 2.0 | 103C | 1.5 | 201A | 1.9 |
| 7. | NG, TSZ KIN | *TS | 101B | 1.5 | 401B | 1.4 | 201A | 1.9 | 5211A | 2.0 | 103B | 1.6 |
| 8. | WONG, MAN WAI | *LD | 101C | 1.4 | 401C | 1.3 | 201C | 1.7 | 5211A | 2.0 | 103C | 1.5 |
| 9. | LAW, KAM WAH IZUMEN | AQS | 401B | 1.4 | 101B | 1.5 | 103B | 1.6 | 403B | 2.1 | 5231D | 2.0 |

Womens Open 3 M Finals
Hong Kong Novice Diving
Championships 2023

| Ex. # | Name | Club | Dive #1 | | Dive #2 | | Dive #3 | | Dive #4 | |
|-------|---------------|------|---------|-----|---------|-----|---------|-----|---------|-----|
| 1. | LEUNG, KA YAN | *CU | 401B | 1.4 | 101A | 1.6 | 103C | 1.5 | 5211A | 2.0 |
| 2. | HO, WING TIM | *TS | 101C | 1.4 | 201A | 1.9 | 5211A | 2.0 | 401C | 1.3 |
| 3. | LEE, TSZ LOK | *LD | 101C | 1.4 | 401C | 1.3 | 5211A | 2.0 | 201A | 1.9 |