



Hong Kong China Swimming Association
中國香港游泳總會
19th Asian Games 2022 Selection Trial - Hangzhou, China
第十九屆亞洲運動會 2022 選拔賽 – 杭州, 中國
(Organized by HKGSA)
(中國香港游泳總會主辦)

Date/日期: 26/3/2023 (Sun/星期日)
Time/時間: 14:00-20:00 (Sun/星期日)
Venue/場地: Kowloon Park Swimming Pool - Diving Pool
九龍公園游泳池 - 跳水池

Programme/ 程序

Time

12:20		Warm Up / Training 熱身 / 練習
14:00	Event 1 項目一	Men's 1M Springboard 男子組一米板
14:30	Event 2 項目二	Women's 3M Springboard 女子組三米板
15:15	Event 3 項目三	Men's 3M Springboard 男子組三米板
15:45	Event 4 項目四	Women's 1M Springboard 女子組一米板
16:15	Event 5 項目五	Women's 10M Platform 女子組十米跳台
16:40	Event 6 項目六	Men's & Women's Synchronized Diving 3M Springboard 男子及女子組雙人三米板
		End of the Competition 比賽完結

*Estimated Start Time

*預計開始時間

Note: Only divers who are participating in the upcoming event are entitled to train with Competition Springboard or Platform 20 minutes before the start of each event
備註: 運動員只可在所參與的比賽項目前二十分鐘, 於比賽跳板或跳台進行練習