

2022 – 2023 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION III (PART 1)

2022 – 2023 第三組短池分齡游泳比賽第一節

Date: 17 December 2022 (Saturday)

Venue: Shing Mun Valley Sw. Pool
城門谷游泳池

Morning Warm up: No Warm up session 不設熱身

Morning Session First Event: 09:00 hours

Afternoon Warm Up: No Warm up session 不設熱身

Afternoon Session First Event: 14:00 hours

GIRLS 女

BOYS 男

13-14歲組及15-17歲登記入場：上午8時15分 開始
Registration starts for Age 13-14 & Age 15-17 at 8:15 am

13-14歲組及15-17歲比賽開始：上午9時正
Age 13-14 & Age 15-17 First Event starts at 9:00 am

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|----|-------------|------|--------------|----|----|
| 1 | 13 & 14 YRS | 50M | BREASTSTROKE | 蛙泳 | 2 |
| 3 | 15 - 17 YRS | 50M | BREASTSTROKE | 蛙泳 | 4 |
| 7 | 13 & 14 YRS | 100M | BACKSTROKE | 背泳 | 8 |
| 9 | 15 - 17 YRS | 100M | BACKSTROKE | 背泳 | 10 |
| 13 | 13 & 14 YRS | 50M | BUTTERFLY | 蝶泳 | 14 |
| 15 | 15 - 17 YRS | 50M | BUTTERFLY | 蝶泳 | 16 |

8歲或以下組登記入場：上午11時正 開始
Registration starts for Age 8 and under at around 11:00 am

8歲或以下組比賽開始：上午11時30分
Age 8 and under First Event starts at around 11:30 am

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|----|---------------|------|--------------|----|----|
| 5 | 8 YRS & UNDER | 50M | BREASTSTROKE | 蛙泳 | 6 |
| 11 | 8 YRS & UNDER | 100M | BACKSTROKE | 背泳 | 12 |
| 17 | 8 YRS & UNDER | 50M | BUTTERFLY | 蝶泳 | 18 |

BREAK 休息

9-10歲組登記入場：下午1時15分 開始
Registration starts for Age 9-10 at around 1:15 pm

9-10歲組比賽開始：下午2時正
Age 9-10 First Event starts at around 2:00 pm

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|----|------------|------|--------------|----|----|
| 19 | 9 & 10 YRS | 50M | BREASTSTROKE | 蛙泳 | 20 |
| 23 | 9 & 10 YRS | 100M | BACKSTROKE | 背泳 | 24 |
| 27 | 9 & 10 YRS | 50M | BUTTERFLY | 蝶泳 | 28 |

11-12歲組登記入場：下午4時05分 開始
Registration starts for Age 11-12 at 4:05 pm

11-12歲組比賽開始：下午4時45分
Age 11-12 First Event starts at 4:45 pm

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|----|-------------|------|--------------|----|----|
| 21 | 11 & 12 YRS | 50M | BREASTSTROKE | 蛙泳 | 22 |
| 25 | 11 & 12 YRS | 100M | BACKSTROKE | 背泳 | 26 |
| 29 | 11 & 12 YRS | 50M | BUTTERFLY | 蝶泳 | 30 |

截止註冊日期 CLOSING DATE FOR REGISTRATION: **4 November 2022 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **25 November 2022 (1700 hours)**