

2022 - 2023 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION II (PART 2)**2022 - 2023 第二組短池分齡游泳比賽第二節**

Date: 14 January 2023 (Saturday) **Venue:** Shing Mun Valley Sw. Pool
城門谷游泳池

Morning Warm up: 09:00 - 09:45 hours **Morning Session First Event:** 10:00 hours

Afternoon Warm Up: 13:00-13:45 hours **Afternoon Session First Event:** 14:00 hours

GIRLS 女						BOYS 男	
1	13 & 14 YRS	100M	BUTTERFLY	蝶泳		2	
3	15 -17 YRS	100M	BUTTERFLY	蝶泳		4	
5	8 YRS & UNDER	100M	BUTTERFLY	蝶泳		6	
7	13 & 14 YRS	50M	BACKSTROKE	背泳		8	
9	15 -17 YRS	50M	BACKSTROKE	背泳		10	
11	8 YRS & UNDER	50M	BACKSTROKE	背泳		12	
13	13 & 14 YRS	100M	FREESTYLE	自由泳		14	
15	15 -17 YRS	100M	FREESTYLE	自由泳		16	
17	8 YRS & UNDER	100M	FREESTYLE	自由泳		18	

LUNCH BREAK 午膳時間

11-12歲組登記入場：下午1時正 開始
Registration starts for Age 11-12 at 1:00 pm

11-12歲組比賽開始：下午2時正
Age 11-12 First Event starts at 2:00 pm

19	11 &12 YRS	100M	BUTTERFLY	蝶泳		20
23	11 &12 YRS	50M	BACKSTROKE	背泳		24
27	11 &12 YRS	100M	FREESTYLE	自由泳		28
31	11 &12 YRS	200M	BREASTSTROKE	蛙泳		32

9-10歲組登記入場：下午3時30分 開始
Registration starts for Age 9-10 at around 3:30 pm

9-10歲組比賽開始：下午4時30分
Age 9-10 First Event starts at 4:30 pm

21	9 & 10 YRS	100M	BUTTERFLY	蝶泳		22
25	9 & 10 YRS	50M	BACKSTROKE	背泳		26
29	9 & 10 YRS	100M	FREESTYLE	自由泳		30

截止註冊日期 CLOSING DATE FOR REGISTRATION: **2 December 2022 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **23 December 2022 (1700 hours)**