



HONG KONG CHINA SWIMMING ASSOCIATION

Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon

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第三組長池分齡游泳比賽第三節乙部(中山紀念公園游泳池)

- 防疫措施指引 及 比賽安排

Division 3 Long Course Part 3B (SYSMPSP) –

Infection Control Measures Guidelines and Competition Arrangement

由於比賽受人數限制，每位運動員只可有 **1** 人陪同入場。而屬會教練人數限制如下：

Due to limitation of Pool Capacity, a swimmer could only be accompanied by 1 guest. Coaches quota as below:

每個屬會教練與泳員比例為 1:7。教練人數上限為 **8** 人

For each Club, coaches to swimmer ratio is 1:7. Maximum number of coaches per club is **8**.

防疫措施指引 及 比賽安排 / Infection Control Measures Guidelines & Competition arrangement:

1. 為使入場流暢，請所有泳員到達比賽場地前先行換上比賽泳裝。

In order to have a smooth registration, all swimmers please get changed before arrival.

2. 請使用安心出行程式及疫苗通行證(地點於泳池入口，上樓梯前)。有關疫苗通行證相關資料可瀏覽政府 2019 冠狀病毒專題網站：

<https://www.coronavirus.gov.hk/chi/vaccine-pass.html>

Must scan the "Leave Home Safe" QR code displayed at the LCSD stations and present Vaccine Pass. You may find more information regarding Vaccine Pass in the following link :

<https://www.coronavirus.gov.hk/chi/vaccine-pass.html>

◇ 量度體溫

Check Body Temperature

◇ 用酒精搓手液搓手

Rub hands with Alcohol hand-rub



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3. 熱身安排 Warm up arrangement

星期六上午入場時間 Entrance opening time on Saturday AM	8:00am
星期六上午熱身時間 Warm up Time on Saturday AM	8:30am – 9:20am 女子 Girls: 8:30am – 8:55am 男子 Boys: 8:55am – 9:20am
星期六上午比賽時間 Competition Time on Saturday AM	09:30am
星期六下午入場時間 Entrance opening time on Saturday PM	12:30 pm
星期六下午熱身時間 Warm up Time on Saturday PM	1:00pm – 1:50pm 女子 Girls: 1:00pm – 1:25pm 男子 Boys: 1:25pm – 1:50pm
星期六下午比賽時間 Competition Time on Saturday PM	2:00pm

*礙於泳池容納人數有限，比賽當日將不派發獎牌。請得獎運動員之屬會教練於

比賽後第三個工作天親臨泳總辦公室代領。

***Due to limitation of the Pool Capacity, NO medal will be given to medallist on the event day. Concerned Club Coaches please collect the medals at HKGSA office starting from the 3rd working days after the event day.**

4. 非比賽池於開賽後可以使用唯每條線道不得超過 15 人，如額滿須稍為等候。
Non-competition pool will be opened for warm-down during competition period, maximum 15 swimmers per lane. Wait for vacancy in case quota filled.
5. 游泳池看台座位不可以連續超過八個座位被佔用。
No more than six consecutive seats can be occupied in the same row at the spectator stand.
6. 所有工作人員、運動員及訪客必需全時間佩戴口罩。運動員於泳池比賽線道前方可以除下口罩作準備，請泳員自備口罩套。完成賽事後離開比賽池需佩戴口罩後再返回看台。



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Officials, swimmers and guests must always wear masks properly. Swimmers can only take off their masks for preparation at racing lanes. All swimmers must prepare their own mask cover. Swimmers have to put on the masks again when they leave the competition pool.

7. 在看台可以飲水，不得進食。
Only drinking is allowed at the spectator stand.