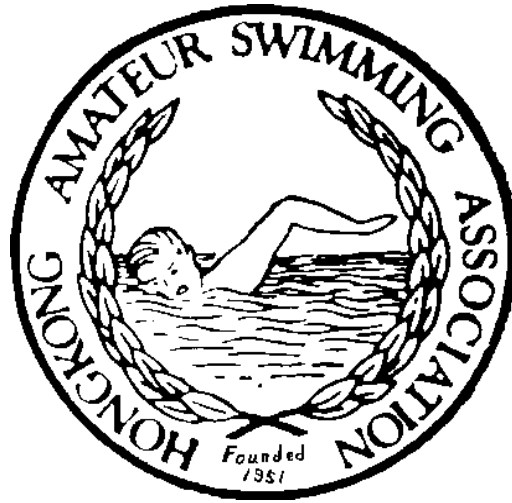


Programme

比賽賽程



HONG KONG AMATEUR SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

Annual Long Course Masters Swimming Championships

週年長池先進游泳錦標賽

25 November 2018 (Sun)

二零一八年十一月二十五日(日)

Sun Yat Sen Memorial Park Swimming Pool

中山紀念公園游泳池

Subvented by the LCSD



2018-2019 MSLCC - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 50 Freestyle	136
2	Women 50 Freestyle	65
3	Men 100 Breaststroke	89
4	Women 100 Breaststroke	44
5	Men 200 IM	69
6	Women 200 IM	25
7	Men 50 Backstroke	92
8	Women 50 Backstroke	59
9	Men 50 Butterfly	115
10	Women 50 Butterfly	61
11	Men 4x50 Medley Relay	51
12	Women 4x50 Medley Relay	31
13	Men 50 Breaststroke	137
14	Women 50 Breaststroke	76
15	Men 100 Freestyle	133
16	Women 100 Freestyle	71
17	Men 4x50 Freestyle Relay	50
18	Women 4x50 Freestyle Relay	30
19	Mixed 4x50 Freestyle Relay	44
Total		1378

Entry information by Day		
Day / Session	No. of Entries	Total
A.M.	579	1378
P.M.	799	

Annual Long Course Masters Swimming Championships

週年長池先進游泳錦標賽

Date: 25-11-2018 (Sunday)

Venue: Sun Yat Sen Memorial Park Swimming Pool 中山紀念公園游泳池

Morning Warm up/熱身: 0830 – 0920 Hrs

Morning First Event/開始: 0930 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN					WOMEN	
1	50 M	Freestyle	自由泳		2	
3	100 M	Breaststroke	蛙泳		4	
5	200 M	Individual Medley	個人四式		6	
7	50 M	Backstroke	背泳		8	
Lunch Break 午膳時間						
9	50 M	Butterfly	蝶泳		10	
11	4 x 50 M	Medley Relay	四式接力		12	
13	50 M	Breaststroke	蛙泳		14	
15	100 M	Freestyle	自由泳		16	
17	4 x 50 M	Freestyle Relay	自由接力		18	
19	4 x 50 M	Mixed Freestyle Relay	男女混合 自由接力			

二零一八至一九年香港先進游泳比賽系列

比賽規程

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2018-2019 年度先進組別泳員。2018-19 年註冊費為港幣\$100 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。
報名：	<ul style="list-style-type: none"> ◇ 必須以報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 長池比賽：每名泳員可參加不多於 3 項個人項目。 ◇ 短池比賽：每名泳員可參加不多於 3+1 項個人項目。（其中一項必須為二十五米個人項目） ◇ 每項報名費為港幣\$12 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每項報名費為港幣\$20 元正。 <p>支票請劃線，抬頭寫 HKASA。</p>
截止報名：	報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於 比賽截止報名 21 日 前辦妥。(以泳總的公佈為準)
項目：	請參閱項目表。 所有賽事均以時間決定名次，不設初賽。
年齡組：	<p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
棄權：	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 接力名單須於每節開賽前遞交。 ◇ 每次“缺席”的罰款為港幣\$10 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受報名。
線道安排：	◇ 如有需要，不同的年齡及性別亦會安排一起以免剩餘一人作賽。
獎項：	<ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ *個人項目前八名可分別獲得 9, 7, 6, 5, 4, 3, 2 及 1 分 ◇ *接力首八名得分為 18,14, 12, 10, 8, 6, 4, 2。(年齡 18-24 組除外) ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍。
規則：	<ul style="list-style-type: none"> ◇ 比賽採用國際泳聯的規則。 ◇ 如參加 400m 或 800m 自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為“DNF”(未能完成比賽)。 ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。

	<p>◇ 泳會必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手或頂包行為，泳會將被嚴厲處分。詳細罰則如下：</p> <p><u>第一次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。</p> <p><u>第二次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。</p> <p><u>第三次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。</p> <p><u>違規記錄於一個財政年度清算(由4月1日起至3月31日)</u></p>
上訴：	<p>◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的30分鐘內，連同上訴費港幣\$200元遞交予總裁判。</p> <p>◇ 上訴會交由該比賽之上訴委員會作決定。</p> <p>◇ 若上訴被駁回，已繳費用概不發還。</p>

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2018-19

Rules & Regulations for Local Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ All competitors must be 2018-19 registered masters (MS) swimmers of HKASA (2018-19 Registration Fee: HK\$100 per swimmer) ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2017-18 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKASA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ Each swimmer is limited to no more than 3 individual events for Long Course Competitions ※ Each swimmer is limited to no more than 3+1 individual events for Short Course Competitions (At least ONE 25m individual event is required) ※ HK\$12 per individual event <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ HK\$20 per team per relay event. <p>Paid by cheque. Crossed cheque made payable to 'HKASA'.</p>
Closing Date for Entries	21 days prior to the date of competition. (Subject to the announcement of the HKASA)
Closing Date for Registration	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKASA)
Event list	Please see attached event lists. Events will be run as timed finals.
Age Group	<ul style="list-style-type: none"> ※ Age is calculated as at 31 December of the year of the competition. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399

Scratches	<ul style="list-style-type: none"> ※ Scratches must be submitted 30 minutes before the scheduled start time of each session. ※ Relay entry form must be submitted before the scheduled start time of each session. ※ A fine of \$10 will be charged for each "no show". Fine payment should be settled before the next competition entry deadline. Otherwise, entry will not be accepted.
Seeding	<ul style="list-style-type: none"> ※ When necessary, different age will be seeded together so that no one will swim alone.
Awards	<ul style="list-style-type: none"> ※ Medals will be awarded to 1st, 2nd and 3rd places. ※ *Point score for first 8 places respectively (exclude Age 18-24 Group): Individual: 9 7 6 5 4 3 2 1 Relay: 18 14 12 10 8 6 4 2 ※ *Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.
Rules	<ul style="list-style-type: none"> ※ FINA rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did not Finish). ※ Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards. ※ Swimmers shall not replace the swimmers on the swimmers list without HKASA's permission, represented clubs will be punished as follows:- <u>First time of violation</u> A fine of \$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given. <u>Second time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women's relay events will not be given. <u>Third time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events

	<p>during the competition will not be given and respective club shall be suspended from the next competition.</p> <p><i><u>Violation would be counted within one financial year, i.e. (starting from 1st April and ending 31st March)</u></i></p>
<p>Protest</p>	<ul style="list-style-type: none"> ※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200. ※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final. ※ If the protest is rejected, the fee paid will be forfeited to the HKASA.

* Not apply to Overseas Competitors.

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 3 - 24/6/2018)

MEN 50M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	0:46.70	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
LEE MING	SFC	80-84	0:41.01	Spring Masters Swimming Championships 2010	06-Mar-10
FU TAI CHUN	KTS	75-79	0:33.94	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
TIN SHEUNG KWAI	NWC	70-74	0:30.07	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
TIN SHEUNG KWAI	KTS	65-69	0:29.72	Annual Long Course Masters Swimming Championships	23-Nov-14
FU TAI CHUN	KTS	60-64	0:27.95	Summer Masters Swimming Championships 1999	19-Jun-99
FU TAI CHUN	KTS	55-59	0:28.02	Spring Masters Swimming Championships 1997	22-Mar-97
RUST STEFAN ROBERT	LRC	50-54	0:25.80	FINA World Masters Championships 2017	17-Aug-17
RUST STEFAN ROBERT	LRC	45-49	0:26.47	FINA World Masters Championships 2014	10-Aug-14
NORTJE, CRAIG ANDREW	CKW	40-44	0:25.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WONG KWOK WAH	SCA	35-39	0:24.80	Summer Masters Swimming Championships 2000	27-May-00
FU WING HARBETH	KTS	30-34	0:24.31	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
KONG CHUN YIN	FWC	25-29	0:24:11	Annual Long Course Masters Swimming Championships 2016	18-Dec-16
CHANG GERRY JIUN YIH	KTS	18-24	0:24:17	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13

WOMEN 50M FREESTYLE				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	0:52.94	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
OTSUKA YUKO	SGC	75-79	0:42.67	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
SUEN MING CHU	SFC	70-74	0:42.42	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
WANG LI	*WA	65-69	0:37.61	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17
TSEUNG NGA WAH	SFC	60-64	0:34.51	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>0:33.40</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 3</u>	<u>24-Jun-18</u>
COGGINS LYNDA ANNE	LRC	50-54	0:30.65	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
YAMAGUCHI MIKA	PSC	45-49	0:30.14	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
KELSEY JANE MACFARLAND	LRC	40-44	0:28.88	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	0:28.65	FINA World Masters Championships 2014	10-Aug-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:28.96	16th FINA World Masters Championships 2015 in Kazan	14-Aug-15
SETO WING YAN	NWC	25-29	0:29.28	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
YUEN SHUK WAI	SFC	18-24	0:28.52	Annual Long Course Masters Swimming Championships	23-Nov-14

MEN 100M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:49.14	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
LEE MING	SFC	80-84	1:38.42	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
TZENG TEH REN	SGC	75-79	1:23.46	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	1:14.18	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
FU TAI CHUN	KTS	65-69	1:08.31	Annual Masters Swimming Championships 2002	31-Aug-02
FU TAI CHUN	KTS	60-64	1:04.39	Spring Masters Swimming Championships 1998	21-Mar-98
MA ETIENNE	YMC	55-59	1:03.62	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
RUST STEFAN ROBERT	LRC	50-54	0:58.29	FINA World Masters Championships 2017	15-Aug-17
RUST STEFAN ROBERT	LRC	45-49	0:59.62	FINA World Masters Championships 2014	10-Aug-14
<u>NORTJE, CRAIG ANDREW</u>	<u>#FB</u>	<u>40-44</u>	<u>0:57.76</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 3</u>	<u>24-Jun-18</u>
NORTJE CRAIG ANDREW	VRC	35-39	0:56.13	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
BEAHAN, GRANT KENNETH	BSC	30-34	0:56.01	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
FU WING HARBETH	KTS	25-29	0:54.16	Annual Masters Swimming Championships 2006	26-Aug-06
KONG CHUN YIN	HVA	18-24	0:54.18	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

WOMEN 100M FREESTYLE				NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	80-84	2:23.43	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
<u>WONG, JIM</u>	<u>SFC</u>	<u>75-79</u>	<u>1:54.16</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 3</u>	<u>24-Jun-18</u>
<u>SUEN, MING CHU</u>	<u>SFC</u>	<u>70-74</u>	<u>1:39:80</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 3</u>	<u>24-Jun-18</u>
SUEN MING CHU	SFC	65-69	1:37.41	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
TSEUNG NGA WAH	SFC	60-64	1:22.04	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
ICHIKI MAMIKO	SGC	55-59	1:20.24	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
COGGINS LYNDA ANNE	LRC	50-54	1:10.99	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
YAMAGUCHI MIKA	PSC	45-49	1:07.73	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
KELSEY JANE MACFARLAND	LRC	40-44	1:01.45	16th FINA World Masters Championships 2015 in Kazan	11-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	1:01.54	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	1:04.36	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NG KA MAN	KTS	25-29	1:02.46	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
NG KA MAN	KTS	18-24	1:02.73	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 3 - 24/6/2018)

MEN 200M FREESTYLE	NAME OF MEET					DATE ACHIEVED
LEE MING	SFC	80-84	3:46.70	2010-11 Long Course Masters Swimming Championships - Part 2		20-Jun-10
YANG YEE ZEI	NWC	75-79	3:38.31	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
POLSON IAN HASTINGS	LRC	70-74	3:07.65	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
CHAN KAM POR	SFC	65-69	2:43.01	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
CAMPBELL JOHN REID	SFC	60-64	2:40.82	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
HO ROBERT YAU CHUNG	LRC	55-59	2:24.07	FINA World Masters Championships 2014		10-Aug-14
JOHNSON ERIC ANDREW	LRC	50-54	2:14.33	FINA World Masters Championships 2014		10-Aug-14
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	2:13.09	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	2:08.51	FINA World Masters Championships 2017		16-Aug-17
NORTJE CRAIG ANDREW	VRC	35-39	2:05.90	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13
WANG TIMOTHY JONG	LRC	30-34	2:05.11	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
LI KA HO	LRC	25-29	2:13.52	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
HUI CHUN HIN	EWS	18-24	2:06.87	2012-13 Long Course Masters Swimming Competition - Part 2		17-Jun-12

WOMEN 200M FREESTYLE	NAME OF MEET					DATE ACHIEVED
CHAN WAI KIANG	KTS	80-84	9:35.55	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
WONG JIM	SFC	75-79	4:51.46	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
SUEN MING CHU	SFC	70-74	3:36.37	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
SUEN MING CHU	SGC	65-69	3:27.53	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
TSEUNG NGA WAH	SFC	60-64	3:12.00	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
KIRKWOOD, TAIN MHAIRA	LRC	55-59	2:50.45	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
COGGINS LYNDA ANNE	LRC	50-54	2:32.26	FINA World Masters Championships 2014		10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:28.14	16th FINA World Masters Championships 2015 in Kazan		12-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:13.70	16th FINA World Masters Championships 2015 in Kazan		12-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	2:13.59	FINA World Masters Championships 2014		10-Aug-14
MORRISON RUTH	LRC	30-34	2:25.29	FINA World Masters Championships 2010		31-Jul-10
NG KA MAN	KTS	25-29	2:18.17	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
LAMB ENEKA MARIE	HIS	18-24	2:16.66	2011-12 Long Course Masters Swimming Competition - Part 2		19-Jun-11

MEN 400M FREESTYLE	NAME OF MEET					DATE ACHIEVED
LAM LIT KWAN	LTS	75-79	8:21.67	2016-17 Long Course Masters Swimming Competition - Part 3		12-Jun-16
POLSON IAN HASTINGS	LRC	70-74	6:57.41	2016-17 Long Course Masters Swimming Competition - Part 3		12-Jun-16
CHAN KAM POR	SFC	65-69	6:00.83	2017-18 Long Course Masters Swimming Competition - Part 3		13-Aug-17
<u>HO, ROBERT YAU CHUNG</u>	<u>LRC</u>	<u>60-64</u>	<u>5:34.43</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 3</u>		<u>24-Jun-18</u>
HO ROBERT YAU CHUNG	LRC	55-59	5:11.90	FINA World Masters Championships 2014		10-Aug-14
MA ETIENNE	YMC	50-54	5:13.38	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11
<u>LILJESTROEM LENNART, PETER FREDRIC</u>	<u>LRC</u>	<u>45-49</u>	<u>4:44.12</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 3</u>		<u>24-Jun-18</u>
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	4:35.39	FINA World Masters Championships 2017		17-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	4:33.35	FINA World Masters Championships 2012		16-Jun-12
CHOW KEVIN TZE HO	SCA	30-34	4:49:42	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11
<u>BELECANECHE, MATTHEW JOSEPH</u>	<u>#FB</u>	<u>25-29</u>	<u>4:33.91</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 3</u>		<u>24-Jun-18</u>
LI CHUN HONG	HTA	18-24	4:25:08	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11

WOMEN 400M FREESTYLE	NAME OF MEET					DATE ACHIEVED
NG YUNG HO	SGC	70-74	9:10.85	2014-15 Long Course Masters Swimming Competition - Part 3		10-Aug-14
SUEN MING CHU	SGC	65-69	7:13.63	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
SUEN MING CHU	SGC	60-64	7:02.63	Long Course Masters Swimming Competition - Part 3 2011		18-Sep-11
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>6:09:46</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 3</u>		<u>24-Jun-18</u>
COGGINS LYNDA ANNE	LRC	50-54	5:25.06	16th FINA World Masters Championships 2015 in Kazan		16-Aug-15
PAZOS CHRISTENA MARIA	LRC	45-49	5:30.02	2016-17 Long Course Masters Swimming Competition - Part 3		12-Jun-16
KELSEY JANE MACFARLAND	LRC	40-44	4:44.60	16th FINA World Masters Championships 2015 in Kazan		16-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	4:41.52	FINA World Masters Championships 2014		10-Aug-14
BARNES RUTH	LRC	30-34	5:04.92	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
CARPENTER LINH THUC LUONG	LRC	25-29	5:12.71	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
MAU LOK YAN EUNICE	CUC	18-24	5:06.39	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 3 - 24/6/2018)

MEN 800M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LAM LIT KWAN	LTS	75-79	16:56.67	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
POLSON IAN HASTINGS	LRC	70-74	14:07.92	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
CHAN KAM POR	SFC	65-69	12:39.07	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CAMPBELL, JOHN REID	SFC	60-64	12:25.78	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	55-59	10:38.21	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SAKA TOSHIYUKI	SGC	50-54	10:41.17	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	9:47.75	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	9:30.23	FINA World Masters Championships 2017	14-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	9:28.64	FINA World Masters Championships 2012	10-Jun-12
WANG TIMOTHY JONG	LRC	30-34	9:43.41	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
WONG HO LONG	NWC	25-29	10:19.48	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TSE HON TING	LWS	18-24	8:53.89	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

WOMEN 800M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEUNG MABEL YUEN YING	SFC	75-79	21:40.55	2016-17 Long Course Masters Swimming Competition Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	16:02.36	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SFC	65-69	13:11.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
SUEN MING CHU	SGC	60-64	14:45.72	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	12:32.89	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	11:48.01	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KWOH DICK YUEN MARY	FFA	45-49	10:54.55	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
KELSEY JANE MACFARLAND	LRC	40-44	9:42.82	16th FINA World Masters Championships 2015 in Kazan	10-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	9:48.87	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	10:53.53	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
CARPENTER LINH THUC LUONG	LRC	25-29	10:50.58	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
LAU SZE WING	HTA	18-24	10:22.03	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

MEN 50M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
MAK HEI CHI	SGC	85-89	1:05.35	2012-13 Long Course Masters Swimming Competition - Part 3	19-Aug-12
CHEUNG TSAN	SFC	80-84	0:56.40	Annual Long Course Masters Swimming Championships	23-Nov-14
TZENG TEH REN	SGC	75-79	0:43.53	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	0:38.52	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
TIN SHEUNG KWAI	SFC	65-69	0:35.70	FINA World Masters Championships 2014	10-Aug-14
WONG KEUNG LAP	KRS	60-64	0:34.93	Annual Masters Swimming Championships 1997	13-Sep-97
HO ROBERT YAU CHUNG	LRC	55-59	0:32.57	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	0:30.97	FINA World Masters Championships 2017	20-Aug-17
SAKA TAIHEI	SGC	45-49	0:30.37	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
<u>NORTJE, CRAIG ANDREW</u>	#FB	40-44	0:30.30	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
NORTJE CRAIG ANDREW	VRC	35-39	0:30.38	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
BRADFORD LORD DILY	HMA	30-34	0:29.89	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SIU WAI WAN DEREK	KHC	25-29	0:29.76	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
KONG CHUN YIN	HVA	18-24	0:28.97	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13

WOMEN 50M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	1:09.10	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
WONG JIM	SFC	75-79	0:55.07	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
WONG JIM	KTS	70-74	0:54.72	Annual Long Course Masters Swimming Championships	23-Nov-14
CHENG MIN	SFC	65-69	0:50.29	Spring Masters Swimming Championships 2006	25-Mar-06
LO LAI YING	NWC	60-64	0:48.32	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
<u>KIRKWOOD, TAIN MHAIRA</u>	LRC	55-59	0:44.97	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
COGGINS LYNDA ANNE	LRC	50-54	0:35.58	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
LAKE AMBER ROBYN	LRC	45-49	0:35.08	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
LAKE AMBER ROBYN	LRC	40-44	0:35.33	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	0:34.04	Annual Long Course Masters Swimming Championships	23-Nov-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.81	FINA World Masters Championships 2014	10-Aug-14
CARPENTER LINH THUC LUONG	LRC	25-29	0:33.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
WONG YEE CHING	SLA	18-24	0:33.45	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 3 - 24/6/2018)

MEN 100M BACKSTROKE	NAME OF MEET					DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	2:21.27	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
LAM LIT KWAN	SFC	75-79	1:56.76	2016-17 Long Course Masters Swimming Competition Part 2		24-Apr-16
TIN SHEUNG KWAI	NWC	70-74	1:35.27	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
TIN SHEUNG KWAI	SFC	65-69	1:23.65	FINA World Masters Championships 2014		10-Aug-14
CHAN KAM POR	SFC	60-64	1:30.98	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13
HO ROBERT YAU CHUNG	LRC	55-59	1:11.73	FINA World Masters Championships 2014		10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	1:08.09	FINA World Masters Championships 2017		19-Aug-17
RUST STEFAN ROBERT	LRC	45-49	1:10.24	2016-17 Long Course Masters Swimming Competition Part 2		24-Apr-16
NORTJE, CRAIG ANDREW	#FB	40-44	1:07.73	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
NORTJE, CRAIG ANDREW	VRC	35-39	1:06.66	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
SUN FAT YEE DAVID	FWC	30-34	1:09.95	2012-13 Long Course Masters Swimming Competition - Part 2		17-Jun-12
WANG HU	*WA	25-29	1:06.32	2010-11 Long Course Masters Swimming Championships - Part 2		20-Jun-10
CHOI DERRICK CHRISTOPHER	LRC	18-24	1:02.10	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13

WOMEN 100M BACKSTROKE	NAME OF MEET					DATE ACHIEVED
WONG JIM	SFC	75-79	2:13.75	2016-17 Long Course Masters Swimming Competition Part 2		24-Apr-16
WONG JIM	KTS	70-74	2:12.88	2011-12 Long Course Masters Swimming Competition - Part 2		19-Jun-11
SUEN MING CHU	SFC	65-69	1:53.27	2016-17 Long Course Masters Swimming Competition Part 2		24-Apr-16
LO LAI YUNG	NWC	60-64	1:45.15	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
BAI XIUFEN	*WA	55-59	1:36.84	2010-11 Long Course Masters Swimming Championships - Part 2		20-Jun-10
COGGINS LYNDA ANNE	LRC	50-54	1:17.38	16th FINA World Masters Championships 2015 in Kazan		15-Aug-15
LAKE AMBER ROBYN	LRC	45-49	1:19.43	FINA World Masters Championships 2017		19-Aug-17
KELSEY JANE MACFARLAND	LRC	40-44	1:13.75	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	1:14.06	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
CARPENTER LINH THUC LUONG	LRC	30-34	1:11.37	16th FINA World Masters Championships 2015 in Kazan		15-Aug-15
CARPENTER LINH THUC LUONG	LRC	25-29	1:14.07	FINA World Masters Championships 2012		15-Jun-12
LAMB ENEKA MARIE	HIS	18-24	1:11.36	2011-12 Long Course Masters Swimming Competition - Part 2		19-Jun-11

MEN 50M BREASTSTROKE	NAME OF MEET					DATE ACHIEVED
LEE MING	SFC	85-89	1:06.71	Annual Long Course Masters Swimming Championships 2017		25-Nov-17
CHAN KAM	SFC	80-84	0:54.52	Annual Masters Swimming Championships 2009		18-Oct-09
FU TAI CHUN	KTS	75-79	0:49.01	2012-13 Long Course Masters Swimming Competition - Part 2		17-Jun-12
TIN SHEUNG KWAI	NWC	70-74	0:42.33	2017-18 Long Course Masters Swimming Competition Part 1		25-Mar-18
YONG KHIN SYN	SFC	65-69	0:37.84	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
FU TAI CHUN	KTS	60-64	0:36.61	Annual Masters Swimming Championships 1998		12-Sep-98
WONG LUN KWOK	SFC	55-59	0:35.10	Annual Masters Swimming Championships 2002		31-Aug-02
WAN LAP SUN	FWC	50-54	0:34.83	2015-16 Long Course Masters Swimming Competition Part 1		20-Mar-16
COOPER, KENNETH ALLEN	PSC	45-49	0:32.70	2017-18 Long Course Masters Swimming Competition - Part 1		25-Mar-18
WAN LAP SUN	FWC	40-44	0:33.00	Spring Masters Swimming Championships 2006		25-Mar-06
LO JONATHAN KA YAN	LRC	35-39	0:31.56	2017-18 Long Course Masters Swimming Competition - Part 1		25-Mar-18
WAN LAP SUN	KTS	30-34	0:31.11	Summer Masters Swimming Championships 1998		13-Jun-98
GLASSMAN ZACHARY	LRC	25-29	0:30.66	2011-12 Long Course Masters Swimming Competition - Part 1		04-Mar-12
YUEN MARCUS	PSC	18-24	0:30.47	2017-18 Long Course Masters Swimming Competition - Part 3		13-Aug-17

WOMEN 50M BREASTSTROKE	NAME OF MEET					DATE ACHIEVED
HO PO YEE	LTS	80-84	1:24.02	2016-17 Long Course Masters Swimming Competition - Part 3		12-Jun-16
OTSUKA TUKO	SGC	75-79	0:56.26	2014-15 Long Course Masters Swimming Competition - Part 1		22-Mar-15
SUEN, MING CHU	SFC	70-74	0:53.36	2018-19 Long Course Masters Swimming Competition - Part 3		24-Jun-18
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:50.56	2017-18 Long Course Masters Swimming Competition - Part 1		25-Mar-18
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	0:47.46	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
LEUNG WAI FAN	KTS	55-59	0:38.73	2017-18 Long Course Masters Swimming Competition - Part 2		14-May-17
LEUNG WAI FAN	KTS	50-54	0:37.63	Annual Long Course Masters Swimming Championships 2015		20-Dec-15
LEUNG WAI FAN	KTS	45-49	0:39.03	Annual Masters Swimming Championships 2007		21-Jul-07
LEUNG WAI FAN	KTS	40-44	0:38.79	Spring Masters Swimming Championships 2004		13-Mar-04
NG KAM FUNG	SFC	35-39	0:34.71	Summer Masters Swimming Championships 2000		27-May-00
BARNES RUTH	LRC	30-34	0:35.23	Annual Masters Swimming Championships 2013		24-Nov-13
LEE WAI SZE	NWC	25-29	0:36.34	2016-17 Long Course Masters Swimming Competition - Part 1		26-Mar-17
LI TSZ YIU	HFS	18-24	0:35.53	Annual Masters Swimming Championships 2013		24-Nov-13

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 3 - 24/6/2018)

MEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	2:42.22	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
MAK HEI CHI	SGC	80-84	2:08.90	Annual Masters Swimming Championships 2008	06-Sep-08
CHAN KAM	SFC	75-79	1:55.28	Summer Masters Swimming Championships 2005	04-Jun-05
TIN SHEUNG KWAI	NWC	70-74	1:44.53	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17
CHAN KAM POR	SFC	65-69	1:26.42	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
CHAN KAM POR	SGC	60-64	1:24.95	2012-13 Long Course Masters Swimming Competition - Part 2	17-Jun-12
CHAN KAM POR	*HN	55-59	1:21.91	Summer Masters Swimming Championships 2008	14-Jun-08
CHAN KAM POR	KTS	50-54	1:17.66	Annual Masters Swimming Championships 2002	31-Aug-02
COOPER, KENNETH ALLEN	PSC	45-49	1:15.29	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
WAN LAP SUN	FWC	40-44	1:15.87	Winter Masters Swimming Championships 2008	22-Nov-08
<u>LO, JONATHAN KA YAN</u>	<u>LRC</u>	<u>35-39</u>	<u>1:12.33</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 3</u>	<u>24-Jun-18</u>
JACOBS DAMIAN KARL	LRC	30-34	1:14.34	FINA World Masters Championships 2014	10-Aug-14
LUK WING KIN ANDY	KHC	25-29	1:10.16	Annual Long Course Masters Swimming Championships	23-Nov-14
YUEN MARCUS	PSC	18-24	1:08.54	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17

WOMEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	2:44.43	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
WONG JIM	SFC	75-79	2:09.00	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
WONG JIM	KTS	70-74	2:08.80	2012-13 Long Course Masters Swimming Competition - Part 3	19-Aug-12
SUEN MING CHU	KTS	65-69	1:51.76	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
SUEN MING CHU	SCA	60-64	1:46.35	Annual Masters Swimming Championships 2008	06-Sep-08
KIRKWOOD, TAIN MHAIRA	LRC	55-59	1:35.97	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
COGGINS LYNDA ANNE	LRC	50-54	1:29.58	Annual Long Course Masters Swimming Championships	23-Nov-14
WONG FUNG YEE	KTS	45-49	1:26.75	Summer Masters Swimming Championships 2009	06-Jun-09
LEUNG WAI FAN	KTS	40-44	1:27.30	Spring Masters Swimming Championships 2002	16-Mar-02
NEEDHAM SUZANNE HEIZER	LRC	35-39	1:20.17	FINA World Masters Championships 2012	11-Jun-12
BARNES RUTH	LRC	30-34	1:18.68	FINA World Masters Championships 2012	11-Jun-12
LIU KA LEI	KTS	25-29	1:22.65	Spring Masters Swimming Championships 2010	06-Mar-10
KONG YVETTE MAN YI	SCA	18-24	1:13.79	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14

MEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	5:10.49	Masters Long Course Swimming Competition Part 1	26-Jan-14
LAM LIT KWAN	LTS	75-79	4:33.83	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
TIN SHEUNG KWAI	NWC	70-74	3:55.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SFC	65-69	3:19.33	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SGC	60-64	3:07.34	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	55-59	2:59.17	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	50-54	2:50.25	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	45-49	2:49.64	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
STAMENOVIC, IVAN	LRC	40-44	3:02.25	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LO JONATHAN KA YAN	LRC	35-39	2:47.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
VENDT ERIK KARL	LRC	30-34	2:42.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
GLASSMAN ZACHARY	LRC	25-29	2:23.47	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
YUEN MARCUS	PSC	18-24	2:38.14	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18

WOMEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG SUI YING	SFC	80-84	9:51.71	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
OTSUKA YUKO	SGC	75-79	4:39.40	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	4:01.57	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	3:58.01	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
SUEN MING CHU	SCA	60-64	3:54.41	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	3:31.49	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	3:09.55	FINA World Masters Championships 2014	10-Aug-14
COGGINS LYNDA ANNE	LRC	45-49	3:14.74	FINA World Masters Championships 2012	15-Jun-12
LAKE AMBER ROBYN	LRC	40-44	3:31.46	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
NEEDHAM SUZANNE HEIZER	LRC	35-39	2:56.78	FINA World Masters Championships 2012	15-Jun-12
MORRISON RUTH	LRC	30-34	2:53.80	FINA World Masters Championships 2010	31-Jul-10
LIU KA LEI	KTS	25-29	3:05.17	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
PANG HIU KWAN	JHC	18-24	3:13.71	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 3 - 24/6/2018)

MEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:11.44	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
MAK HEI CHI	SGC	80-84	0:58.81	Winter Masters Swimming Championships 2008	22-Nov-08
LEE CHE KWOK	SFC	75-79	0:53.57	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
FU TAI CHUN	KTS	70-74	0:37.28	Spring Masters Swimming Championships 2007	24-Mar-07
FU TAI CHUN	KTS	65-69	0:33.66	Annual Masters Swimming Championships 2002	31-Aug-02
FU TAI CHUN	KTS	60-64	0:30.60	Summer Masters Swimming Championships 1999	19-Jun-99
HO ROBERT YAU CHUNG	LRC	55-59	0:30.04	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
WONG KWOK WAH	KHC	50-54	0:27.94	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WOODRING DOUGLAS	BSC	45-49	0:27.47	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NORTJE, CRAIG ANDREW	#FB	40-44	0:26.98	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
NORTJE CRAIG ANDREW	CKW	35-39	0:26.70	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
BEAHAN, GRANT KENNETH	BSC	30-34	0:26.54	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
LAU CHUN LEUNG JOHNNY	KHC	25-29	0:26.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
KONG CHUN YIN	CUC	18-24	0:26.49	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13

WOMEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	1:00.33	2016-17 Long Course Masters Swimming Competition - Part 2	24-Apr-16
<u>SUEN, MING CHU</u>	<u>SFC</u>	<u>70-74</u>	<u>0:49:23</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 3</u>	<u>24-Jun-18</u>
SUEN MING CHU	SGC	65-69	0:45.64	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
TSEUNG NGA WAH	SFC	60-64	0:39.95	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
KIRKWOOD, TAIN MHAIRA	LRC	55-59	0:37.01	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
LEE TANYA DIANE	PSC	50-54	0:33.74	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
PAZOS CHRISTENA MARIA	LRC	45-49	0:32.96	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
KELSEY JANE MACFARLAND	LRC	40-44	0:33.10	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
KELSEY JANE MACFARLAND	LRC	35-39	0:32.49	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
CHAN WING SUET	CKW	30-34	0:31.26	2016-17 Long Course Masters Swimming Competition - Part 2	24-Apr-16
NG KA MAN	KTS	25-29	0:29.30	Annual Long Course Masters Swimming Championships	23-Nov-14
WONG YEE CHING	SGC	18-24	0:30.27	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

MEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	2:35.84	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
LAW KWAI FONG	SFC	75-79	2:13.21	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
WONG TAT CHOI	SFC	70-74	2:16.70	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
YONG KHIN SYN	SFC	65-69	1:41.99	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
YONG KHIN SYN	KTS	60-64	1:30.85	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KOO YU FAT MARCUS	FFA	55-59	1:11.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
JOHNSON ERIC ANDREW	LRC	50-54	1:04.49	FINA World Masters Championships 2014	10-Aug-14
SAKA TAIHEI	SGC	45-49	1:00.90	2013-14 Long Course Masters Swimming Competition - Part 1	04-Mar-12
NORTJE, CRAIG ANDREW	CKW	40-44	1:00.36	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CRAIG ANDREW NORTJE	VRC	35-39	0:59.58	FINA World Masters Championships 2014	10-Aug-14
BEAHAN, GRANT KENNETH	BSC	30-34	0:58.66	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WANG TIMOTHY JONG	LRC	25-29	0:59.57	FINA World Masters Championships 2012	13-Jun-12
TSANG RONNIE	SFC	18-24	1:03.24	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15

WOMEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	1:56.01	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	1:48.29	Masters Long Course Swimming Competition Part 1	26-Jan-14
SUEN MING CHU	SCA	60-64	1:49.51	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	1:31.44	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LEE TANYA DIANE	PSC	50-54	1:18.52	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
PAZOS CHRISTENA MARIA	LRC	45-49	1:12.50	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	1:13.55	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	1:13.49	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
CHAN WING SUET	CKW	30-34	1:11.93	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN WING SUET	LRC	25-29	1:08.66	FINA World Masters Championships 2014	10-Aug-14
MAU LOK YAN EUNICE	CUC	18-24	1:13.91	Masters Long Course Swimming Competition Part 1	26-Jan-14

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 3 - 24/6/2018)

MEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
LAW KWAI FONG	SFC	80-84	5:10.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WONG SHIU MING	SFC	75-79	4:24.87	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	3:38.48	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHAN KAM POR	SFC	65-69	3:04.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	KTS	60-64	3:01.62	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
SAKA TOSHIYUKI	SGC	55-59	2:45.82	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CHAN KAM POR	KTS	50-54	2:26.14	Summer Masters Swimming Championships 2004	12-Jun-04
SAKA TAIHEI	SGC	45-49	2:23.04	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
NORTJE, CRAIG ANDREW	CKW	40-44	2:24.19	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
NORTJE CRAIG ANDREW	VRC	35-39	2:20.07	FINA World Masters Championships 2014	10-Aug-14
JACOBS DAMIAN CHARLES	LRC	30-34	2:25.69	FINA World Masters Championships 2014	10-Aug-14
GLASSMAN ZACHARY	LRC	25-29	2:13.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
WONG SING TSUM DEREK	CUC	18-24	2:21.50	Annual Long Course Masters Swimming Champions 2013	24-Nov-13

WOMEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	5:35.17	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
WONG JIM	SFC	75-79	4:49.42	Annual Long Course Masters Swimming Championships 2016	18-Dec-16
SUEN MING CHU	SFC	70-74	3:49.34	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
SUEN MING CHU	SGC	65-69	3:47.99	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
SUEN MING CHU	SCA	60-64	3:37.27	Winter Masters Swimming Championships 2007	27-Jan-08
ICHIKI MAMIKO	SGC	55-59	3:24.42	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
COGGINS LYNDA ANNE	LRC	50-54	2:55.65	FINA World Masters Championships 2014	10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:46.91	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:41.17	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	2:37.75	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
BARNES RUTH	LRC	30-34	2:43.55	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
CHAN WING SUET	LRC	25-29	2:36.59	FINA World Masters Championships 2014	10-Aug-14
SETO WING YAN	NWC	18-24	2:42.87	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:23.05	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
NEW WATER POLO CLUB	NWC	280+	2:18.05	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
NEW WATER POLO CLUB	NWC	240+	2:03.84	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
SEA GREEN SWIMMING & LIFE SAVING CLUB	SGC	200+	1:52.52	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
LADIES' RECREATION CLUB	LRC	160+	1:41.91	FINA World Masters Championships 2017	18-Aug-17
NEW WATER POLO CLUB	NWC	120+	1:40.03	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
KWAN HUNG SWIMMING CLUB	KHC	100+	1:41.92	Annual Long Course Masters Swimming Championships 2016	18-Dec-16

WOMEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	3:08.62	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17
SWORD FISH CLUB	SFC	240+	2:35.65	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
LADIES' RECREATION CLUB	LRC	200+	2:12.67	FINA World Masters Championships 2012	14-Jun-12
LADIES' RECREATION CLUB	LRC	160+	1:58.32	16th FINA World Masters Championships 2015 in Kazan	14-Aug-15
LADIES' RECREATION CLUB	LRC	120+	1:55.57	FINA World Masters Championships 2012	14-Jun-12
KWUN TONG SWIMMING CLUB	KTS	100+	2:02.27	Winter Masters Swimming Championships 1995	09-Dec-95

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 3 - 24/6/2018)

MEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:30.63	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
SWORD FISH CLUB	SFC	280+	2:40.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SWORD FISH CLUB	SFC	240+	2:19.80	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
THE HONG KONG JOCKEY CLUB	HJC	200+	2:03.19	Winter Masters Swimming Championships 1993	11-Dec-93
YMCA OF HONG KONG	YMC	160+	1:53.94	Summer Masters Swimming Championships 1996	22-Jun-96
<u>KWAN HUNG SWIMMING CLUB</u>	<u>KHC</u>	<u>120+</u>	<u>1:55.18</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 3</u>	<u>24-Jun-18</u>
YMCA OF HONG KONG	YMC	100+	1:51.11	Spring Masters Swimming Championships 1999	20-Mar-99
WOMEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	3:21.30	1st Asian Masters Swimming Championships 1996	14-Sep-96
SWORD FISH CLUB	SFC	240+	2:48.90	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
LADIES' RECREATION CLUB	LRC	200+	2:32.48	2016-17 Long Course Master Swimming Competition - Part 2	24-Apr-16
LADIES' RECREATION CLUB	LRC	160+	2:10.35	Annual Masters Swimming Championships 1994	17-Sep-94
LADIES' RECREATION CLUB	LRC	120+	2:10.92	FINA World Masters Championships 2012	14-Jun-12
NEW WATER POLO CLUB	NWC	100+	2:19.21	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
MIXED 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	2:42.24	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
LADIES' RECREATION CLUB	LRC	240+	2:16.41	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
LADIES' RECREATION CLUB	LRC	200+	1:55.82	FINA World Masters Championships 2017	18-Aug-17
LADIES' RECREATION CLUB	LRC	160+	1:52.54	FINA World Masters Championships 2017	18-Aug-17
LADIES' RECREATION CLUB	LRC	120+	1:51.40	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
NEW WATER POLO CLUB	NWC	100+	1:51.20	Annual Long Course Masters Swimming Championships 2017	25-Nov-17

Annual Long Course Masters Swimming Championships

Reject List as at 22-11-2018

No.	Name	Event	Club	Remarks
1	Wong Yuen Shan	14	KTS	No reg.
2	Lowe Yeuk Ling Dilys	14, 16	SFC	No reg.

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

Event 1 Men 50 LC Meter Freestyle

18-24 MS:	24.17
25-29 MS:	24.11
30-34 MS:	24.31
35-39 MS:	24.80
40-44 MS:	25.42
45-49 MS:	26.47
50-54 MS:	25.80
55-59 MS:	28.02
60-64 MS:	27.95
65-69 MS:	29.72

	ID#	Name	Age	Team	Seed Time
18-24					
1	22222 B	Wong, Cheuk Hei	18	HK Sportworld	25.00
2	09419 B	Lau, Ka Ming	21	New Water Polo	25.00
3	04959 IBZ	Ma, Chi Wang Damien	24	Diocesan School	25.00
4	28567 IAZ	Tam, Wang Yin	18	Hoi Ngai	28.00
5	18198 #IAZ	Lee, Chun Yin	21	Hoi Ngai	29.00
6	41411 IAZ	Mok, Chun Wai	19	Sword Fish Club	29.00
7	42362 IAZ	Leung, Kung Ming	22	YMCA OF Hong Kong	29.00
8	27803 B	Fan, Ka Ming	19	Current Club Ltd	29.23
9	35718 IAZ	Wong, Hon Leung	24	Tuen Mun S.T.	30.00
10	11659 B	Wu, Wing Hei Boris	22	Kwun Tong	30.00
11	18563 B	Lee, Tik Wang	19	Sword Fish Club	31.00
12	42784 IAZ	Lee, Yin Pan	20	Sword Fish Club	35.00
25-29					
1	07071 B	Chung, Lai Yeung	26	Diocesan School	24.00
2	01784 #B	Tso, Hiu Fung	27	Diocesan School	26.00
3	01018	Tam, Wing Chung	26	Kwun Tong	26.00
4	01381 IB	Hon, Ian Tin Yeung	28	Kwan Hung	27.00
5	04048 IBZ	Cheung, Siu Long	27	Hong Kong Police	27.52
6	38144 IAZ	Li, Chung Wa	25	Hong Kong Police	28.53
7	13715 IBZ	Chan, Paak Hang	27	New Water Polo	30.00
8	10686	Chan, Ching	27	Golden Dolphin	32.00
9	11990 IBZ	Que, Lung Hin Clark	27	City East	32.00
30-34					
1	22420 IAZ	Chan, Chi Ming	32	Kwun Tong	26.00
2	27874 #IAZ	Chan, Cheuk Man	30	New Water Polo	26.60
3	38356 #ICO	Drake, Hector Donald Artl	32	LRC	27.19
4	26045	Lui, Ming Chun Pierre	34	Kwun Tong	29.00
5	03713 #IBZ	Tang, Chee Kit	32	Diocesan School	30.00
6	38303 IAZ	Ng, Ho Yin	33	Happy Valley	32.00
7	42459 IAZ	Sit, Tsing Yui Robert	32	Hoi Fung	33.00
8	42363 ICO	Gromak, Andrey	31	Sword Fish Club	33.00
9	42024 IAZ	Tang, Cheuk Hang	34	Current Club Ltd	46.00
35-39					
1	35791 IAO	Lewis, Gareth Rhys	39	LRC	26.54
2	24266 IAZ	Ma, Ling Ho Herwin	35	Hong Kong Police	27.13
3	40002 IAZ	Tsang, Yik Chiu	37	Kwun Tong	29.07
4	11587	Ng, Yu Hon	35	Sea Green	29.25
5	40841 IAX	Tsang, Kwok Tung	39	Diocesan School	29.50
6	35790 ICO	Launay, Thomas	39	LRC	29.78
7	03793 ICZ	Po, Tik San	36	New Water Polo	30.00

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

35-39... (Event 1 Men 50 LC Meter Freestyle)

8	12176 ICZ	Ng, Siu Yu	36 Hong Kong Police	30.32
9	42222 IAZ	Yick, Tsip Lam	35 Sword Fish Club	35.00
10	37469 IAZ	Lee, Man Yeung	39 Hoi Fung	35.45
11	40001 IAZ	Yip, Ka Ho Tonie	36 Kwun Tong	47.21

40-44				
1	27471 #ICO	Nortje, Craig Andrew	40 Hong Kong Footba	25.10
2	40846 IAZ	Cheung, Chin Ho	43 Diocesan School	27.50
3	31857 IAZ	Au, Andrew	44 Pacific	27.50
4	25114 ICO	Barry, Matthieu Marie	44 LRC	28.27
5	41342 IAZ	Fung, Nicholas Siu Kay	42 Tuen Mun	28.41
6	37032 IAZ	Wu, Kai Wing	42 Wong Tai Sin	28.50
7	02366	Li, Ka Wing	44 Kwun Tong	29.00
8	37739 #IAZ	Mi, Hau Fung	41 Current Club Ltd	29.70
9	26077 IAZ	Tsui, Chun Wai	41 Hong Kong Police	30.29
10	42737 IAZ	So, Ma Loi	42 Sword Fish Club	30.42
11	38958 #IAZ	Lai, Yiu Kuen	43 Current Club Ltd	30.58
12	16451	Cheng, Ngai Bun	40 Kwun Tong	31.00
13	36554 #ICO	Wolfers, Lachlan Robert	44 Hong Kong Footba	31.78
14	40923 IAZ	Yip, Kam Wing	41 Golden Dolphin	33.00
15	40844 IAZ	Lee, Hoi Wang Gary	44 Diocesan School	34.00
16	40925 IAZ	Chan, Kam Hang	40 Golden Dolphin	37.00
17	29261 IAZ	Lai, Ka Wai	40 Tuen Mun	37.65

45-49				
1	37693 IAO	Sieh, Tien Yu	49 Kwun Tong	27.50
2	33179 #IAX	Chu, Lui	46 Hong Kong Footba	28.83
3	35237 #ICW	Lam, Veng Vai	45 Current Club Ltd	28.90
4	27451 IAZ	Yip, Kin Man Stephen	48 Kwun Tong	29.00
5	05273	Poon, Ho Keung Danny	48 Hong Kong Police	29.24
6	31054 IAO	Stimson, Mark Grant	47 Pacific	29.50
7	30710 IAZ	Lai, Kin Sun	48 Flying Fish	30.00
8	36962 IAZ	Leung, Yung Yu	46 Kwun Tong	30.00
9	06229	Mak, Wing Yin	45 Hong Kong Police	30.30
10	41715 IAZ	Chan, Yip Hung	48 Lai Tsun	33.00
11	41758 IAO	Graham, Kym Alexander	45 Pacific	33.00
12	42085 IAZ	Lee, Hon Lun Philip	46 Sword Fish Club	34.00
13	17701 IAZ	Lee, Chor Fu	49 Wong Tai Sin	35.00
14	40633 IAON	Adams, Anthony Hayward	48 Pacific	35.58
15	40922 IAZ	Ngan, Chun Keung	47 Golden Dolphin	38.00
16	42731	Liu, Run Zhong	47 Sword Fish Club	38.00
17	38788 IAZ	Lee, Kin Fai	45 Flying Fish	39.00

50-54				
1	04166	Rust, Stefan Robert	51 LRC	25.81
2	39940 #ICO	Ducanois, Jerome Louis P	52 Barracuda	26.00
3	05119	Woodring, Merritt Dougla	53 Barracuda	27.00
4	35677 IAZ	Choy, Kwok Ping	50 Kwun Tong	29.00
5	42202	Rong, Kangwen	51 Sword Fish Club	31.00
6	23587 IAZ	Au, Wing Sum	51 New Water Polo	33.00
7	41548 IAZ	Ip, Ka Keung Patrick	50 Hong Kong Footba	33.66
8	40592 IAZ	Fo, Pui Keung	54 Hong Kong Police	34.95
9	41145 IAZ	Lam, Tzit Yuen David	52 Diocesan School	36.00
10	42322 IAZ	Wong, Kim Ching	51 Lai Tsun	36.00
11	26261 IAZ	Tsun, Chung Wa Jode	54 Hong Kong Police	36.73
12	35238 #IAZ	Yuen, Chak Hay	50 Current Club Ltd	38.48
13	40836 IAZ	Ho, Kwok Chung Anthony	53 Diocesan School	40.00

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

50-54... (Event 1 Men 50 LC Meter Freestyle)

14	37732 IAZ	Chou, Man Keung	54	Sword Fish Club	41.00
15	08901	Koh, Kee Haw	50	Sword Fish Club	45.00
55-59					
1	42200	Wu, Zhimin	57	Sword Fish Club	28.00
2	04170	Devereux, Anthony Graha	55	LRC	28.72
3	26250 IAZ	Lau, Cho Tak	55	Lai Tsun	32.00
4	07802	Chau, Kam Tim	58	Sea Green	32.00
5	21023 IAZ	Ho, Kwong Ngai Eric	55	Sword Fish Club	33.00
6	37048 IAZ	Cheung, Wai Chuen Jimmy	55	Sword Fish Club	34.00
7	28339 IAZ	Yim, Chi Yiu	58	New Water Polo	35.00
8	32108 IAX	Chan, Kiu	56	Sword Fish Club	36.00
9	41007 IAZ	So, Man Sing	57	Sea Green	36.00
10	29485 IAZ	Tang, Cheuk Wa	58	Kwun Tong	37.00
11	40861 IAZ	Cheung, Chi Ming Rover	55	Sword Fish Club	37.00
12	19324 IAZ	Lau, Chun Ching	55	Kwun Tong	41.00
13	42783 IAZN	Tsui, Bo Lun Bryce	55	Sword Fish Club	56.00
14	20247 ICX	Wai, Chris Tak Wing	58	New Water Polo	58.00
60-64					
1	26591 IAO	Ho, Robert Yau Chung	60	LRC	28.77
2	06331 ICZ	Ma, Etienne	61	YMCA OF Hong Kong	29.50
3	05071	Choi, Tony	60	LRC	31.85
4	42191	Lin, Haichao	61	Sword Fish Club	32.00
5	14555	Tang, Kon Leong	62	Sword Fish Club	32.00
6	12890 IAZN	Leung, Kwai Ching	60	Lai Tsun	33.00
7	06184	Ng, Pak Chiu	64	Sea Green	34.00
8	06388	Lau, Man Kin	64	Sword Fish Club	37.00
9	31217 IAX	Wong, Siu Man	62	Sword Fish Club	37.00
10	31570 IAZ	Cheung, Ka Keung Spence	64	Sword Fish Club	38.00
11	19327 IAZ	Yu, Kwok Chuen	63	Sword Fish Club	38.00
12	35236 IAZ	Chan, Pui Ming Sunny	64	Sword Fish Club	44.00
13	25228 IAZ	Chan, Fai Ming	64	Lai Tsun	45.00
14	41739 IAZ	Ng, Chin Wing	63	Sea Green	49.00
65-69					
1	06268	Tse, Kwok Piu	67	Sword Fish Club	32.00
2	06398	Cho, Wai Sun	65	Kwun Tong	33.00
3	06389	Chan, Hong Wah	65	New Water Polo	36.00
4	41729 IAZ	Ko, Leung Hung Alex	66	Diocesan School	37.00
5	23123 IAZ	Poon, Wai	66	Sword Fish Club	40.00
6	11563	Lee, Kwok Hung	65	Sword Fish Club	46.00
70-74					
1	23297 IAZ	Chan, Shing Chi	70	Lai Tsun	36.00
2	42736	Ye, Jing Ming	74	Sword Fish Club	38.00
3	24246 IAX	Yip, Chi Shing	73	Sword Fish Club	46.00
75-79					
1	27135 IAX	Lam, Lit Kwan	77	Lai Tsun	40.00
2	28522 IAX	Wong, Tat Choi	77	Sword Fish Club	48.00
3	38301 IAX	Cheung, Hao Yen	75	Lai Tsun	49.00
80-84					
1	06399	Fu, Tai Chun	81	Kwun Tong	39.00
2	05407	Lee, She Kwok	80	Sword Fish Club	47.00
3	02987	Cheung, Tsan	84	Sword Fish Club	53.00
4	15490	Law, Kwai Fong	82	Sword Fish Club	53.00
5	17964 IAZ	Kan, Ping Chu	80	Sea Green	55.00

Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet

85-89... (Event 1 Men 50 LC Meter Freestyle)

1	06238	Lee, Ming	88	Sword Fish Club	46.00
---	-------	-----------	----	-----------------	-------

Event 2 Women 50 LC Meter Freestyle

18-24 MS:	28.52
25-29 MS:	29.28
30-34 MS:	28.96
35-39 MS:	28.65
40-44 MS:	28.88
45-49 MS:	30.14
50-54 MS:	30.65
55-59 MS:	33.40
60-64 MS:	34.51
65-69 MS:	37.61

	ID#	Name	Age	Team	Seed Time
18-24					
1	10974 IAZ	Au, Hiu Pui	22	Giant Whale	28.50
2	10547 B	Wu, Tsz Yan	21	HK Sportworld	30.50
3	07679 IAZ	Yuen, Yan Ki	23	HK Sportworld	30.50
4	31023 IAZ	Cheung, Ka Yu	21	New Water Polo	32.00
5	38653 #IAZ	Sin, Wai Ting	24	Golden Dolphin	37.00
6	41512 IAZ	Liu, Long Yan Sedna	19	Current Club Ltd	37.25
25-29					
1	04981 IBZ	Fang, Ying Yan	28	Eastern Winter	29.00
30-34					
1	01305 IBZ	Liu, Ka Lei	33	Kwun Tong	31.50
2	42212	Lu, Wanjun	32	Sword Fish Club	33.00
3	01513 IAZ	Ngai, Sze Long	30	Hong Kong Police	33.21
4	00754 #IAZ	Yam, Shu Jun	31	Current Club Ltd	33.74
5	26745 #ICX	Chen, Yangyang	33	LRC	34.00
6	40851 IAZ	Mak, Chung Kiu Joanna	32	Pacific	36.00
7	30316 IAZ	Ng, Yee Lam	33	Hong Kong Police	36.96
8	41888 IAZ	Kwok, Sau Kam	34	City East	1:00.00
9	13384 ICZ	Lee, May Sze Mei	31	New Water Polo	1:00.00
35-39					
1	38440 ICO	Johnson, Melissa Ann	35	Pacific	29.25
2	42194	Hu, Minyu	35	Sword Fish Club	32.00
3	42785 ICO	Coughlin, Ioni Payne	39	LRC	38.00
4	33300 IAZ	Cheng, Ka Kee	38	Juan Hua Club	38.93
40-44					
1	40853 IAO	Tam, Alison Mai Ling	40	Pacific	30.50
2	42192	Chen, Yunlin	42	Sword Fish Club	33.00
3	40675 IAON	James, Georgina Frances	43	LRC	35.70
4	41149 IAZ	Yeung, Oi Mei	41	New Water Polo	44.50
45-49					
1	33517 #IAO	Yamaguchi, Mika	46	Pacific	30.75
2	36431 P	Buchta, Katrin	48	Sword Fish Club	39.00
3	35969 IAX	Wang, Ying Lian	46	Happy Valley	41.96
4	42029 IAZ	Chen, Wai Yee Christine	48	City East	50.00
50-54					
1	40907 IAZ	Lai, Shui Nin Ingrid	51	YMCA OF Hong Kong	35.00
2	23323 IAZ	Tam, Choi Ping Scalene	53	New Water Polo	36.00
3	42209	Ye, Fengxiao	54	Sword Fish Club	36.00
4	40575 #IAO	Chan, San Ngah	50	Pacific	37.28

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

50-54... (Event 2 Women 50 LC Meter Freestyle)

5	32105 IAZ	Lam, Man Tze Mona	54	Lai Tsun	38.00
6	33977 IAZ	Ann, Karin	51	LRC	38.73
7	38981 ICO	Wright, Andrea Lee	53	Barracuda	40.50
8	36045 IAZN	Hsu, Ava	51	LRC	44.04
9	37012 IAZ	Lun, Yau Chun Nara	50	New Water Polo	50.00

55-59					
1	42210	Wu, Jianghuan	58	Sword Fish Club	35.00
2	42205	Huang, Yuefeng	57	Sword Fish Club	36.00
3	06113	Dudok Van Heel, Jane	57	LRC	37.36
4	07469	Devereux, Anne Gillian	55	LRC	40.00
5	42213	Peng, Shuyan	59	Sword Fish Club	42.00
6	32025 IAZ	Sin, Lai Wan Vicky	58	Kwun Tong	43.00
7	20001 IAZ	Leung, Siu Ling	58	Kwun Tong	45.00
8	42732	Wu, Yue Qiong	59	Sword Fish Club	45.00
9	31750 IAZ	Cheung, Lai Ying Anita	55	Lai Tsun	46.00
10	21006 IAZ	Chan, Kin Ming Carrie	56	Sword Fish Club	57.00
11	36225 IAX	Li, Wai Kam	56	Sea Green	58.00

60-64					
1	03503	Castka, Gillian Hancer	62	Sword Fish Club	37.00
2	14020	Poon, Wai Fun	61	Sea Green	45.00
3	06214 IAZN	Lui, Yuen Mei Mitra	61	Sword Fish Club	46.00
4	42730	Liu, Rui Yi	64	Sword Fish Club	48.00
5	06213	Mo, Mei Ling	64	Wong Tai Sin	54.00
6	06127	Lau, Wai Lin	62	New Water Polo	1:00.00
7	23957 IAX	Yeung, Tun Lim Lily	61	Sword Fish Club	1:00.00

65-69					
1	42197	Li, You	67	Sword Fish Club	45.00
2	05412	Chu, Lui Kwong	67	Sword Fish Club	48.00
3	07440	Yip, Lai Kuen	67	Lai Tsun	58.00

70-74					
1	32571 IAZ	Chan, Pui Yee	74	Sword Fish Club	55.00
2	07446	Lo, Kuk Chun	70	Sword Fish Club	55.00
3	08936	Leong, Kuai Heng	72	New Water Polo	1:07.00
4	06156	Wong, May Chu	70	Tuen Mun S.T.	1:20.00

75-79					
1	06374	Wong, Jim	77	Sword Fish Club	44.00
2	13262	Kwong, Shuet Hing	78	Wong Tai Sin	1:12.20

80-84					
1	06144	Mak, Suet Man	81	Sea Green	1:10.00

Event 3 Men 100 LC Meter Breaststroke

18-24 MS: 1:08.54

25-29 MS: 1:10.16

30-34 MS: 1:14.34

35-39 MS: 1:12.33

40-44 MS: 1:15.87

45-49 MS: 1:15.29

50-54 MS: 1:17.66

55-59 MS: 1:21.91

60-64 MS: 1:24.95

65-69 MS: 1:26.42

	ID#	Name	Age	Team	Seed Time
18-24					
1	18198 #IAZ	Lee, Chun Yin	21	Hoi Ngai	35.00

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

18-24... (Event 3 Men 100 LC Meter Breaststroke)

2	05577 #IBZ	Yuen, Marcus	24 LRC	1:10.00
3	29046 IAZ	Chan, Hei Yin Bryan	20 Kornhill	1:15.29
4	33918 IAZ	Chan, Ming Hin	23 Hong Kong Police	1:16.50
5	42784 IAZ	Lee, Yin Pan	20 Sword Fish Club	1:32.00

25-29

1	02591	Luk, Wing Kin Andy	29 Kwan Hung	1:08.00
2	02700 IB	Chong, Jeffrey	27 Kwan Hung	1:13.00
3	04867 IBZ	Wong, Ho Long	29 New Water Polo	1:14.00
4	01728	Cheung, Wai Lun William	27 Diocesan School	1:15.00
5	01018	Tam, Wing Chung	26 Kwun Tong	1:18.00
6	42728 P	Febo, Christopher Vincen:	25 Sword Fish Club	1:18.00
7	01381 IB	Hon, Ian Tin Yeung	28 Kwan Hung	1:20.00
8	33387 #IAO	Wu, Kenneth Yee Lok	27 Sword Fish Club	1:35.00
9	11990 IBZ	Que, Lung Hin Clark	27 City East	1:45.00

30-34

1	42459 IAZ	Sit, Tsing Yui Robert	32 Hoi Fung	40.00
2	42367 IAO	Chow, Chun Yin	32 Diocesan School	1:15.00
3	27873 #IAZ	Ko, King Hei	30 New Water Polo	1:20.00
4	00464 IA	Paul, Jonathan Matthew	33 Diocesan School	1:25.00
5	00095	Wan, Tsz Pat	31 Current Club Ltd	1:25.00
6	03713 #IBZ	Tang, Chee Kit	32 Diocesan School	1:28.00
7	09136 IAZ	Tsang, Chun Kin	30 New Water Polo	1:30.00
8	27469 IAX	Lam, Kin Wang	33 Hong Kong Police	1:35.00
9	38303 IAZ	Ng, Ho Yin	33 Happy Valley	1:40.00

35-39

1	37469 IAZ	Lee, Man Yeung	39 Hoi Fung	42.00
2	40834 IAZ	Chang, Hsi Tse JosephJere	39 Diocesan School	1:25.41
3	01465 ICZ	Chiang, Filomeno	36 Hong Kong Police	1:25.70
4	05155	Chan, Albert Kam Ming	37 Diocesan School	1:26.00
5	24266 IAZ	Ma, Ling Ho Herwin	35 Hong Kong Police	1:26.20
6	40002 IAZ	Tsang, Yik Chiu	37 Kwun Tong	1:31.00
7	18880 IAZ	Chan, Ho Wai Howard	37 Happy Valley	1:35.00
8	08964	Yeung, Wai Kam William	35 Happy Valley	1:40.00
9	23119 IAZ	Chan, Ying Tsung Bosco	37 Sword Fish Club	1:40.00
10	12262	Ma, Chin Ho	38 Wong Tai Sin	1:41.60
11	12260	Chen, Chi Yung	36 Blue Whale	1:45.00
12	12275	Wong, Yat Tung	38 Fire Services	NT

40-44

1	35310 IAZ	Kan, Hok Lun Alan	41 Kowloon Tong Club	1:30.00
2	33299 IAZ	Chan, Tsz Cheung	40 Juan Hua Club	1:30.23
3	41342 IAZ	Fung, Nicholas Siu Kay	42 Tuen Mun	1:33.76
4	32473 IAZ	Chan, Yiu Chung	41 Hong Kong Police	1:35.00
5	28849 IAZ	Chan, Chun Kuen	43 Sword Fish Club	1:35.00
6	16451	Cheng, Ngai Bun	40 Kwun Tong	1:40.00
7	40844 IAZ	Lee, Hoi Wang Gary	44 Diocesan School	1:45.00

45-49

1	22422 IAZ	Tung, Ching Ho	47 YMCA OF Hong Kong	1:27.00
2	41731 IAO	Fong, Ryan Yen-hwung	46 Diocesan School	1:28.00
3	26317 IAZN	Tung, Shang Wei Timothy	48 Kwun Tong	1:30.00
4	28518 IAZ	Yau, Wo Fung	46 Kwun Tong	1:30.00
5	21008 IAZ	Cheung, Chun Kwan Mich:	45 Wong Tai Sin	1:30.00
6	06229	Mak, Wing Yin	45 Hong Kong Police	1:35.00
7	42085 IAZ	Lee, Hon Lun Philip	46 Sword Fish Club	1:35.00
8	20243 IAZ	Lo, Moon Kei	48 Sea Green	1:50.00

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

50-54... (Event 3 Men 100 LC Meter Breaststroke)

1	39940 #ICO	Ducanois, Jerome Louis P	52 Barracuda	1:18.00
2	42217	Wu, Lewen	53 Sword Fish Club	1:23.00
3	18856 IAZ	Au, Mun Shing	53 Sword Fish Club	1:24.00
4	05138 #	Lanzone, Francesco	50 Barracuda	1:25.00
5	35677 IAZ	Choy, Kwok Ping	50 Kwun Tong	1:30.00
6	40591 IAZ	Chan, Man Cheung Laurer	51 Hong Kong Police	1:37.58
7	38991 IAZ	Tong, Wing Kin	52 City East	1:42.00
8	27869 IAZ	Lee, Kam Cheong	54 Sword Fish Club	1:47.00
9	40845 IAZ	Pang, Wai Man Billy	53 Diocesan School	2:29.00

55-59				
1	32108 IAX	Chan, Kiu	56 Sword Fish Club	1:35.00
2	19866 IAZ	Wong, Tak Choi Paul	55 Hong Kong Police	1:40.00
3	26176 IAX	Ho, Chung Man	55 Lai Tsun	1:42.00
4	37048 IAZ	Cheung, Wai Chuen Jimmy	55 Sword Fish Club	1:42.00
5	06119	Tsang, Yiu Nam	58 Blue Whale	1:55.00
6	25226 IAZ	Choi, Tai Wing	57 Sword Fish Club	1:55.00
7	20247 ICX	Wai, Chris Tak Wing	58 New Water Polo	2:10.00

60-64				
1	31252 IAZ	Chan, Wo Tung	61 Riverside	1:25.00
2	14555	Tang, Kon Leong	62 Sword Fish Club	1:32.00
3	31217 IAX	Wong, Siu Man	62 Sword Fish Club	1:37.00
4	06176	Wong, Kung Wan	62 Sea Green	1:39.00
5	25228 IAZ	Chan, Fai Ming	64 Lai Tsun	1:45.00
6	06239	Chan, King Yuen	63 Lai Tsun	1:50.00
7	35236 IAZ	Chan, Pui Ming Sunny	64 Sword Fish Club	1:50.00
8	31570 IAZ	Cheung, Ka Keung Spence	64 Sword Fish Club	2:08.00

65-69				
1	42207	Liu, Yeren	69 Sword Fish Club	1:35.00
2	05917	Yong, Khin Syn	69 Sword Fish Club	1:37.00
3	37684 IAZ	Mok, Yun Cheung	68 Sword Fish Club	1:38.00
4	04504	Yura, Tadami	66 Sword Fish Club	1:38.00
5	14035	Wong, Shing Kuen	65 Lai Tsun	1:45.00
6	11563	Lee, Kwok Hung	65 Sword Fish Club	1:57.00
7	22182 IAZ	Ngai, Yin Leung	69 Sword Fish Club	2:15.00
8	23123 IAZ	Poon, Wai	66 Sword Fish Club	2:24.00

70-74				
1	03845	Tin, Sheung Kwai	71 New Water Polo	1:41.00
2	42734	Liu, Gan Hong	72 Sword Fish Club	1:43.00
3	06383	Dew, Yuk Kwei	71 Kwun Tong	1:46.00
4	10274	Lau, Chun Nung	72 Lai Tsun	1:48.00
5	14029	Jeong, Vun Fai	72 Sword Fish Club	2:06.00

75-79				
1	23959 IAZ	Chiu, Chin Hung	78 Kornhill	2:36.76

80-84				
1	17832 IAX	Chan, Sau	81 Sword Fish Club	2:58.00

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

Event 4 Women 100 LC Meter Breaststroke

18-24 MS: 1:13.79
 25-29 MS: 1:22.65
 30-34 MS: 1:18.68
 35-39 MS: 1:20.17
 40-44 MS: 1:27.30
 45-49 MS: 1:26.75
 50-54 MS: 1:29.58
 55-59 MS: 1:35.97
 60-64 MS: 1:46.35
 65-69 MS: 1:51.76

	ID#	Name	Age	Team	Seed Time
18-24... (Event 4 Women 100 LC Meter Breaststroke)					
1	42324 IAZ	Ng, Wing Lam	18	Tuen Mun	1:15.00
2	14779 IAZ	To, Long Yan Esther	21	Giant Whale	1:37.00
3	31023 IAZ	Cheung, Ka Yu	21	New Water Polo	1:40.00
25-29					
1	06577 IBZ	Leung, Wei Yan	28	Sword Fish Club	1:45.00
2	40936 IAZ	Chan, Po Yan	28	New Water Polo	2:08.00
30-34					
1	03791 IBZ	Leung, Shu Hang	31	Current Club Ltd	1:23.94
2	01305 IBZ	Liu, Ka Lei	33	Kwun Tong	1:28.00
3	00777 IBZ	Tse, Yu Ting	32	New Water Polo	2:00.00
35-39					
1	42785 ICO	Coughlin, Joni Payne	39	LRC	1:39.00
2	40632 ICO	Baaklini, Cynthia	38	Pacific	1:41.30
3	30072 ICW	Chao, Man Chi	39	New Water Polo	1:45.00
4	06304 ICZ	Cheung, Man Yiu	39	Sea Green	1:45.00
5	39979 IAZ	Lam, Ling Wai Jessica	39	Lai Tsun	1:50.50
6	06732 IAZ	Chan, Sin Jon Kimmy	39	Sword Fish Club	1:58.00
40-44					
1	41149 IAZ	Yeung, Oi Mei	41	New Water Polo	2:10.00
45-49					
1	40937 IAZ	Leung, Wai Fan Fanny	48	New Water Polo	1:30.00
2	35772 IAX	Ban, Xianhai	46	New Water Polo	1:50.00
3	36431 P	Buchta, Katrin	48	Sword Fish Club	1:50.00
4	35969 IAX	Wang, Ying Lian	46	Happy Valley	1:51.67
5	06349	Ip, Oi Wa Wendy	46	Sword Fish Club	1:56.00
50-54					
1	39092 I	Chan, Chok Wa	51	Sword Fish Club	1:31.00
2	29752 IAZ	Chow, Yee Heung Liza	54	Lai Tsun	1:42.00
3	42733	Ye, Feng Jiao	54	Sword Fish Club	1:46.00
4	37134 IAZ	Lam, Mei Kuen Ricki	53	Tuen Mun	1:50.00
5	37012 IAZ	Lun, Yau Chun Nara	50	New Water Polo	2:00.00
6	41911 IAZN	Ng, Kit Man Joanna	53	New Water Polo	2:40.00
55-59					
1	42206	Ye, Youhuan	55	Sword Fish Club	1:46.00
2	42213	Peng, Shuyan	59	Sword Fish Club	1:48.00
3	31755 IAZ	Woo, Wing Fong Cinderell	59	Lai Tsun	1:59.00
4	20001 IAZ	Leung, Siu Ling	58	Kwun Tong	2:00.00
5	34668 IAZ	Tang, Pik Ha	58	New Water Polo	2:00.00
6	24216 IAZ	Li, Chuk Ping	56	Sword Fish Club	2:20.00
7	21006 IAZ	Chan, Kin Ming Carrie	56	Sword Fish Club	2:25.00

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

55-59... (Event 4 Women 100 LC Meter Breaststroke)

8	26257 IAX	Lo, Shuk Ling	58	Sword Fish Club	2:30.00
60-64					
1	42190	Liu, Rian	60	Sword Fish Club	1:50.00
2	14020	Poon, Wai Fun	61	Sea Green	1:50.00
3	06127	Lau, Wai Lin	62	New Water Polo	2:30.00
65-69					
1	06147	Leung Wong, Yin Har Hay	66	Sea Green	1:55.00
2	42220	Du, Liru	66	Sword Fish Club	2:11.00
3	38462 IAZN	Shum, Shuk Wah Nora	66	Sword Fish Club	2:13.00
70-74					
1	06357	Suen, Ming Chu	70	Sword Fish Club	1:56.00
2	30506 IAX	Li, Hoi Ying	70	Sword Fish Club	2:10.00
3	08936	Leong, Kuai Heng	72	New Water Polo	3:40.00
85-89					
1	06375	Chan, Wai Kiang	85	Kwun Tong	3:10.00

Event 5 Men 200 LC Meter IM

18-24 MS: 2:21.50

25-29 MS: 2:13.80

30-34 MS: 2:25.69

35-39 MS: 2:20.07

40-44 MS: 2:24.19

45-49 MS: 2:23.04

50-54 MS: 2:26.14

55-59 MS: 2:45.82

60-64 MS: 3:01.62

65-69 MS: 3:04.42

	ID#	Name	Age	Team	Seed Time
18-24					
1	28567 IAZ	Tam, Wang Yin	18	Hoi Ngai	2:17.00
2	09419 B	Lau, Ka Ming	21	New Water Polo	2:25.00
3	21545 IAZ	Leung, Chung Yan	21	Kwun Tong	2:30.00
4	15815	Lo, Ting Kin	22	Sea Green	2:40.00
5	27803 B	Fan, Ka Ming	19	Current Club Ltd	2:48.51
6	35718 IAZ	Wong, Hon Leung	24	Tuen Mun S.T.	3:00.00
25-29					
1	02591	Luk, Wing Kin Andy	29	Kwan Hung	2:25.00
2	02047 #IBZ	Li, Ka Ho	29	LRC	2:30.00
3	01728	Cheung, Wai Lun William	27	Diocesan School	2:40.00
4	06886 B	Li, Chin Long	28	Eastern Winter	2:40.00
5	01784 #B	Tso, Hiu Fung	27	Diocesan School	2:40.00
6	33387 #IAO	Wu, Kenneth Yee Lok	27	Sword Fish Club	2:57.00
7	04048 IBZ	Cheung, Siu Long	27	Hong Kong Police	3:03.93
8	29833 IAZ	Chow, Chun Pui	27	Sea Green	3:58.00
30-34					
1	00444	Lam, Yau Sun Dickson	33	Diocesan School	2:38.00
2	00464 IA	Paul, Jonathan Matthew	33	Diocesan School	2:38.00
3	00095	Wan, Tsz Pat	31	Current Club Ltd	2:50.00
4	02087	Chan, Chuk On	32	Diocesan School	2:50.00
5	26045	Lui, Ming Chun Pierre	34	Kwun Tong	2:58.00
6	39945 ICO	Geiger, Wolfgang Christop	30	Barracuda	3:10.00
7	38303 IAZ	Ng, Ho Yin	33	Happy Valley	3:45.00
35-39					
1	41151 ICO	Caggio, Antonino	36	New Water Polo	2:30.00

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

35-39... (Event 5 Men 200 LC Meter IM)

2	42215	He, Qihui	38	Sword Fish Club	2:55.00
3	18880 IAZ	Chan, Ho Wai Howard	37	Happy Valley	3:15.00
4	12176 ICZ	Ng, Siu Yu	36	Hong Kong Police	3:20.00
5	01948 #ICZ	Tang, Ho Yuen	36	Diocesan School	3:30.00
6	05155	Chan, Albert Kam Ming	37	Diocesan School	3:30.00

40-44

1	27471 #ICO	Nortje, Craig Andrew	40	Hong Kong Footba	2:24.19
2	37671 ICO	Stamenovic, Ivan	42	LRC	2:28.90
3	25114 ICO	Barry, Matthieu Marie	44	LRC	2:38.70
4	42735	Li, Zhen Xuan	40	Sword Fish Club	2:55.00
5	05160	Chan, Ka Wo	41	Diocesan School	3:04.00
6	39987 IAS	Chu, Tong Man	42	Sword Fish Club	3:05.00
7	24603 IAZ	Hung, Ka Ming	43	YMCA OF Hong Kong	3:10.00
8	16451	Cheng, Ngai Bun	40	Kwun Tong	3:15.00
9	36554 #ICO	Wolfers, Lachlan Robert	44	Hong Kong Footba	3:15.53
10	06227 #	Wong, Kam Tat	44	Sea Green	4:30.00

45-49

1	30710 IAZ	Lai, Kin Sun	48	Flying Fish	3:01.00
2	28518 IAZ	Yau, Wo Fung	46	Kwun Tong	3:10.00
3	27451 IAZ	Yip, Kin Man Stephen	48	Kwun Tong	3:10.00
4	42731	Liu, Run Zhong	47	Sword Fish Club	3:32.00

50-54

1	35313 IAZ	Pong, Chiu Yee Dario	50	LRC	2:51.82
2	05138 #	Lanzone, Francesco	50	Barracuda	2:56.00
3	21024 #IAZ	Chan, Wai Man Kelvin	54	New Water Polo	3:29.00
4	26594 IAZ	Ching, Wai Kin	54	Sword Fish Club	3:58.00
5	27869 IAZ	Lee, Kam Cheong	54	Sword Fish Club	3:58.00
6	38991 IAZ	Tong, Wing Kin	52	City East	4:05.00
7	08901	Koh, Kee Haw	50	Sword Fish Club	4:45.00
8	39982 IAZ	Chow, Wing Chun	54	Sword Fish Club	4:50.00
9	40840 IAZ	Ng, Ka Yiu Karl	54	Diocesan School	5:00.00

55-59

1	42201	Ye, Jiaping	57	Sword Fish Club	2:25.00
2	32520 IAX	Lam, Hoi	59	New Water Polo	3:33.00
3	32108 IAX	Chan, Kiu	56	Sword Fish Club	3:40.00
4	06119	Tsang, Yiu Nam	58	Blue Whale	3:57.00
5	40942 P	He, Gaoxiong	56	New Water Polo	4:00.00

60-64

1	26591 IAO	Ho, Robert Yau Chung	60	LRC	3:00.00
2	06331 ICZ	Ma, Etienne	61	YMCA OF Hong Kong	3:00.00
3	24640 ICO	Campbell, John Reid	63	Sword Fish Club	3:05.00
4	06237	Mok, Chu Piu	61	Lai Tsun	3:20.00
5	06239	Chan, King Yuen	63	Lai Tsun	3:45.00
6	06176	Wong, Kung Wan	62	Sea Green	3:58.00
7	04500	Cheung, Ip Chor	63	Sword Fish Club	4:24.00

65-69

1	33115 IAX	Ng, Kan Sing	65	Sword Fish Club	3:36.00
2	22182 IAZ	Ngai, Yin Leung	69	Sword Fish Club	4:44.00
3	11563	Lee, Kwok Hung	65	Sword Fish Club	5:01.00

70-74

1	40518 IAZ	Liu, Wing Chiu	70	Tuen Mun	4:00.00
2	06274	Wong, Yau Chuen	72	Sword Fish Club	5:15.00

75-79

1	10279	Wong, Shiu Ming	76	Sword Fish Club	4:20.00
---	-------	-----------------	----	-----------------	---------

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

80-84... (Event 5 Men 200 LC Meter IM)

1	15490	Law, Kwai Fong	82	Sword Fish Club	5:20.00
---	-------	----------------	----	-----------------	---------

Event 6 Women 200 LC Meter IM

18-24 MS: 2:42.87
 25-29 MS: 2:36.59
 30-34 MS: 2:43.55
 35-39 MS: 2:37.75
 40-44 MS: 2:41.17
 45-49 MS: 2:46.91
 50-54 MS: 2:55.65
 55-59 MS: 3:24.42
 60-64 MS: 3:37.27
 65-69 MS: 3:47.99

	ID#	Name	Age	Team	Seed Time
18-24					
1	42080 ICFO	Charter, Robyn Judy	24	Sword Fish Club	3:05.00
2	38653 #IAZ	Sin, Wai Ting	24	Golden Dolphin	3:50.00
3	08727 #B	Hung Yuen Ching, Moose	22	New Water Polo	4:00.00
25-29					
1	04981 IBZ	Fang, Ying Yan	28	Eastern Winter	2:35.00
2	08900 IBZ	Lam, Suet	25	Hong Kong Police	2:45.81
3	06577 IBZ	Leung, Wei Yan	28	Sword Fish Club	3:25.00
4	40936 IAZ	Chan, Po Yan	28	New Water Polo	4:23.00
30-34					
1	03791 IBZ	Leung, Shu Hang	31	Current Club Ltd	2:47.17
2	42212	Lu, Wanjun	32	Sword Fish Club	3:20.00
3	30316 IAZ	Ng, Yee Lam	33	Hong Kong Police	3:40.00
35-39					
1	06304 ICZ	Cheung, Man Yiu	39	Sea Green	3:58.00
2	34701 IAZ	Au, Hoi Ying	35	Flying Fish	4:13.00
45-49					
1	35969 IAX	Wang, Ying Lian	46	Happy Valley	NT
50-54					
1	06352	Liang, Wei Qiong	53	Sword Fish Club	3:18.00
2	40907 IAZ	Lai, Shui Nin Ingrid	51	YMCA OF Hong Kong	3:40.00
55-59					
1	11528	Lo, Kit Ching	55	Kwun Tong	3:20.00
2	42205	Huang, Yuefeng	57	Sword Fish Club	3:40.00
60-64					
1	42190	Liu, Rian	60	Sword Fish Club	3:51.00
2	06214 IAZN	Lui, Yuen Mei Mitra	61	Sword Fish Club	4:50.00
3	23957 IAX	Yeung, Tun Lim Lily	61	Sword Fish Club	5:30.00
65-69					
1	06147	Leung Wong, Yin Har Hay	66	Sea Green	4:04.00
2	39357	Mak, Sok Iun	68	Sword Fish Club	4:15.00
70-74					
1	06357	Suen, Ming Chu	70	Sword Fish Club	3:54.00
2	30506 IAX	Li, Hoi Ying	70	Sword Fish Club	5:10.00
3	08936	Leong, Kuai Heng	72	New Water Polo	6:41.00

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

Event 7 Men 50 LC Meter Backstroke

18-24 MS:	28.97
25-29 MS:	29.76
30-34 MS:	29.89
35-39 MS:	30.38
40-44 MS:	30.30
45-49 MS:	30.37
50-54 MS:	30.97
55-59 MS:	32.57
60-64 MS:	34.93
65-69 MS:	35.70

	ID#	Name	Age	Team	Seed Time
18-24... (Event 7 Men 50 LC Meter Backstroke)					
1	15423 IAZ	Cheung, Yau Ming	21	Diocesan School	27.00
2	16201 B	Kwok, Yuk Hang	22	Kwun Tong	30.00
3	27803 B	Fan, Ka Ming	19	Current Club Ltd	32.88
4	38145 IAZ	Ho, Kin Leung	24	Hong Kong Police	33.50
5	11659 B	Wu, Wing Hei Boris	22	Kwun Tong	35.00
6	35718 IAZ	Wong, Hon Leung	24	Tuen Mun S.T.	36.00
25-29					
1	07071 B	Chung, Lai Yeung	26	Diocesan School	27.00
2	06886 B	Li, Chin Long	28	Eastern Winter	30.00
3	02047 #IBZ	Li, Ka Ho	29	LRC	32.00
4	05854 IAZ	Cho, Wai Ching	27	Flying Fish	33.00
5	39988 IASM	Leung, Ka Chon	27	Sword Fish Club	34.00
6	04630 IAZ	Wong, Kwok Hei Arthur	26	Diocesan School	35.00
7	38144 IAZ	Li, Chung Wa	25	Hong Kong Police	35.01
8	13715 IBZ	Chan, Paak Hang	27	New Water Polo	38.00
9	33387 #IAO	Wu, Kenneth Yee Lok	27	Sword Fish Club	39.00
30-34					
1	00444	Lam, Yau Sun Dickson	33	Diocesan School	32.00
2	01326 IBZ	Cheng, Yuen Henry	30	Kwun Tong	33.00
3	42367 IAO	Chow, Chun Yin	32	Diocesan School	36.00
4	02087	Chan, Chuk On	32	Diocesan School	36.00
5	26045	Lui, Ming Chun Pierre	34	Kwun Tong	36.00
6	27873 #IAZ	Ko, King Hei	30	New Water Polo	37.00
7	42030 IAZ	Ng, Ming Hung	32	City East	44.00
35-39					
1	35791 IAO	Lewis, Gareth Rhys	39	LRC	34.00
2	12275	Wong, Yat Tung	38	Fire Services	35.00
3	01948 #ICZ	Tang, Ho Yuen	36	Diocesan School	36.00
4	40841 IAX	Tsang, Kwok Tung	39	Diocesan School	36.00
5	08969	Yan, Ka Chun	39	New Water Polo	37.00
6	11587	Ng, Yu Hon	35	Sea Green	39.25
7	08964	Yeung, Wai Kam William	35	Happy Valley	40.00
8	03793 ICZ	Po, Tik San	36	New Water Polo	45.00
9	12260	Chen, Chi Yung	36	Blue Whale	48.00
40-44					
1	25114 ICO	Barry, Matthieu Marie	44	LRC	33.50
2	05160	Chan, Ka Wo	41	Diocesan School	35.00
3	40846 IAZ	Cheung, Chin Ho	43	Diocesan School	36.00
4	36554 #ICO	Wolfers, Lachlan Robert	44	Hong Kong Footba	38.36
5	24603 IAZ	Hung, Ka Ming	43	YMCA OF Hong Kong	40.00

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

40-44... (Event 7 Men 50 LC Meter Backstroke)

6	37739 #IAZ	Mi, Hau Fung	41	Current Club Ltd	42.58
7	26077 IAZ	Tsui, Chun Wai	41	Hong Kong Police	45.04
8	06227 #	Wong, Kam Tat	44	Sea Green	58.00
45-49					
1	06711	Leung, Tsz Kin	46	New Water Polo	34.00
2	27451 IAZ	Yip, Kin Man Stephen	48	Kwun Tong	37.00
50-54					
1	04166	Rust, Stefan Robert	51	LRC	30.97
2	42217	Wu, Lewen	53	Sword Fish Club	38.00
3	41548 IAZ	Ip, Ka Keung Patrick	50	Hong Kong Footba	38.42
4	22433 #IAZ	Lui, Man Pong	53	New Water Polo	42.00
5	06175	Lo, King Man	51	Sea Green	42.00
6	18856 IAZ	Au, Mun Shing	53	Sword Fish Club	43.00
7	21736 IAM	Lo, Lai Tou	50	Sword Fish Club	45.00
8	23587 IAZ	Au, Wing Sum	51	New Water Polo	46.00
9	40840 IAZ	Ng, Ka Yiu Karl	54	Diocesan School	47.00
10	35238 #IAZ	Yuen, Chak Hay	50	Current Club Ltd	55.10
55-59					
1	40597 P	Zheng, Qiang	56	Dik Wing	34.00
2	42203	Ye, Haogiang	55	Sword Fish Club	35.00
3	26250 IAZ	Lau, Cho Tak	55	Lai Tsun	40.00
4	15528	Tsui, Tak Shing Dominic	56	Pacific	42.00
5	21023 IAZ	Ho, Kwong Ngai Eric	55	Sword Fish Club	43.00
6	07802	Chau, Kam Tim	58	Sea Green	43.00
7	41007 IAZ	So, Man Sing	57	Sea Green	43.00
8	40942 P	He, Gaoxiong	56	New Water Polo	48.00
9	29485 IAZ	Tang, Cheuk Wa	58	Kwun Tong	49.00
10	26176 IAX	Ho, Chung Man	55	Lai Tsun	53.00
11	19324 IAZ	Lau, Chun Ching	55	Kwun Tong	55.00
12	25226 IAZ	Choi, Tai Wing	57	Sword Fish Club	55.00
13	06119	Tsang, Yiu Nam	58	Blue Whale	58.00
60-64					
1	26591 IAO	Ho, Robert Yau Chung	60	LRC	30.04
2	42191	Lin, Haichao	61	Sword Fish Club	37.00
3	17725 IAZ	Ng, Yu Hung	60	Sword Fish Club	39.08
4	06388	Lau, Man Kin	64	Sword Fish Club	46.00
5	06187	Kan, Kai Kwong	63	Sea Green	46.00
6	26318	Suen, Chi Wing	64	Sword Fish Club	49.00
7	31217 IAX	Wong, Siu Man	62	Sword Fish Club	49.00
8	04500	Cheung, Ip Chor	63	Sword Fish Club	53.00
9	35236 IAZ	Chan, Pui Ming Sunny	64	Sword Fish Club	54.00
10	19327 IAZ	Yu, Kwok Chuen	63	Sword Fish Club	54.00
11	31252 IAZ	Chan, Wo Tung	61	Riverside	58.00
65-69					
1	06398	Cho, Wai Sun	65	Kwun Tong	43.00
2	06268	Tse, Kwok Piu	67	Sword Fish Club	44.00
3	06124	Szeto, Kwan Yin	65	New Water Polo	48.00
4	20634 IAZ	Wu, Shu Sun	68	New Water Polo	48.00
5	38699 IAZ	Tse, Siu Hei	68	Kornhill	53.53
6	06389	Chan, Hong Wah	65	New Water Polo	58.00
7	23123 IAZ	Poon, Wai	66	Sword Fish Club	1:13.00
70-74					
1	03845	Tin, Sheung Kwai	71	New Water Polo	42.00
2	10274	Lau, Chun Nung	72	Lai Tsun	48.00

Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet

70-74... (Event 7 Men 50 LC Meter Backstroke)

3	04505	Chan, Kwok Hung	71	Hong Kong Police	52.50
4	06274	Wong, Yau Chuen	72	Sword Fish Club	58.00
5	24246 IAX	Yip, Chi Shing	73	Sword Fish Club	1:03.00

75-79					
1	10279	Wong, Shiu Ming	76	Sword Fish Club	52.00

80-84					
1	06399	Fu, Tai Chun	81	Kwun Tong	41.00
2	05407	Lee, She Kwok	80	Sword Fish Club	58.00
3	02987	Cheung, Tsan	84	Sword Fish Club	1:00.00
4	17832 IAX	Chan, Sau	81	Sword Fish Club	1:15.00

Event 8 Women 50 LC Meter Backstroke

18-24 MS:	33.45
25-29 MS:	33.38
30-34 MS:	32.81
35-39 MS:	34.04
40-44 MS:	35.33
45-49 MS:	35.08
50-54 MS:	35.58
55-59 MS:	44.97
60-64 MS:	48.32
65-69 MS:	50.29

	ID#	Name	Age	Team	Seed Time
18-24					
1	10974 IAZ	Au, Hiu Pui	22	Giant Whale	31.50
2	10547 B	Wu, Tsz Yan	21	HK Sportworld	32.50
3	42080 ICFO	Charter, Robyn Judy	24	Sword Fish Club	38.00
4	38653 #IAZ	Sin, Wai Ting	24	Golden Dolphin	45.00
5	41512 IAZ	Liu, Long Yan Sedna	19	Current Club Ltd	47.11
6	31023 IAZ	Cheung, Ka Yu	21	New Water Polo	50.00
30-34					
1	01666 #IBZ	Chan, Wing Suet	32	Hong Kong Footba	34.22
2	01305 IBZ	Liu, Ka Lei	33	Kwun Tong	38.00
3	01683	Lam, Ka Yuk Ellen	31	Sword Fish Club	39.00
4	00754 #IAZ	Yam, Shu Jun	31	Current Club Ltd	40.89
5	13384 ICZ	Lee, May Sze Mei	31	New Water Polo	1:10.00
35-39					
1	38430 #ICO	Millson, Nicole Elizabeth	35	Hong Kong Footba	35.60
2	42194	Hu, Minyu	35	Sword Fish Club	39.00
3	33300 IAZ	Cheng, Ka Kee	38	Juan Hua Club	49.62
4	34701 IAZ	Au, Hoi Ying	35	Flying Fish	58.00
40-44					
1	40853 IAO	Tam, Alison Mai Ling	40	Pacific	36.00
2	42192	Chen, Yunlin	42	Sword Fish Club	41.00
3	42480 IAZN	Chu, Ka Yin Renese	42	Hoi Fung	45.00
45-49					
1	06349	Ip, Oi Wa Wendy	46	Sword Fish Club	1:00.00
2	42029 IAZ	Chen, Wai Yee Christine	48	City East	1:10.00
50-54					
1	24577 ICO	Coggins, Lynda Anne	54	LRC	36.71
2	33977 IAZ	Ann, Karin	51	LRC	40.00
3	29752 IAZ	Chow, Yee Heung Liza	54	Lai Tsun	42.00
4	42209	Ye, Fengxiao	54	Sword Fish Club	42.00
5	26254 IAX	Ng, Kong Ching	53	New Water Polo	46.00

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

50-54... (Event 8 Women 50 LC Meter Backstroke)

6	32105 IAZ	Lam, Man Tze Mona	54	Lai Tsun	48.00
7	40575 #IAO	Chan, San Ngah	50	Pacific	50.84
8	06337	Tse, Yee Wah	52	YMCA OF Hong Kong	55.00
9	29064 IAZ	Ho, Bun Yee	51	Happy Valley	1:30.00
55-59					
1	07469	Devereux, Anne Gillian	55	LRC	43.00
2	42210	Wu, Jianghuan	58	Sword Fish Club	43.00
3	06113	Dudok Van Heel, Jane	57	LRC	46.55
4	39985 IC	Yeung, Hiu Wa	55	Sword Fish Club	48.00
5	32025 IAZ	Sin, Lai Wan Vicky	58	Kwun Tong	49.00
6	42206	Ye, Youhuan	55	Sword Fish Club	50.00
7	42732	Wu, Yue Qiong	59	Sword Fish Club	53.00
8	11528	Lo, Kit Ching	55	Kwun Tong	55.00
9	20001 IAZ	Leung, Siu Ling	58	Kwun Tong	1:00.00
10	31750 IAZ	Cheung, Lai Ying Anita	55	Lai Tsun	1:04.00
11	21006 IAZ	Chan, Kin Ming Carrie	56	Sword Fish Club	1:32.00
12	26257 IAX	Lo, Shuk Ling	58	Sword Fish Club	1:34.00
60-64					
1	06355	Lo, Lai Yung	63	New Water Polo	50.00
2	19290 IAX	Tseung, Nga Wah	61	Sword Fish Club	50.00
3	14007	Ho, Yuk Ling	61	Happy Valley	59.47
4	06213	Mo, Mei Ling	64	Wong Tai Sin	1:06.00
5	23957 IAX	Yeung, Tun Lim Lily	61	Sword Fish Club	1:10.00
65-69					
1	39357	Mak, Sok Iun	68	Sword Fish Club	53.00
2	42197	Li, You	67	Sword Fish Club	1:05.00
3	07432	Leung, May Kam	66	Tuen Mun S.T.	1:10.00
4	07440	Yip, Lai Kuen	67	Lai Tsun	1:14.00
5	05409	Wan, Yim Fong	66	Sword Fish Club	1:38.00
70-74					
1	39991 IAS	Sam, Choi Lin	70	Sword Fish Club	45.00
2	07446	Lo, Kuk Chun	70	Sword Fish Club	1:04.00
3	32571 IAZ	Chan, Pui Yee	74	Sword Fish Club	1:05.00
4	17480 IAZ	Chow, Pui Han Angela	72	Lai Tsun	1:10.00
75-79					
1	06374	Wong, Jim	77	Sword Fish Club	57.00
2	13262	Kwong, Shuet Hing	78	Wong Tai Sin	1:43.08
3	06218	Sin, Lai Kwan	78	Wong Tai Sin	1:43.08
80-84					
1	06144	Mak, Suet Man	81	Sea Green	1:20.00

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

Event 9 Men 50 LC Meter Butterfly

18-24 MS:	26.49
25-29 MS:	26.21
30-34 MS:	26.54
35-39 MS:	26.70
40-44 MS:	26.98
45-49 MS:	27.47
50-54 MS:	27.94
55-59 MS:	30.04
60-64 MS:	30.60
65-69 MS:	33.66

	ID#	Name	Age	Team	Seed Time
18-24... (Event 9 Men 50 LC Meter Butterfly)					
1	15423 IAZ	Cheung, Yau Ming	21	Diocesan School	26.00
2	16201 B	Kwok, Yuk Hang	22	Kwun Tong	27.00
3	22222 B	Wong, Cheuk Hei	18	HK Sportworld	28.50
4	27537 #IAZ	Kwong, Ching Tin Justin	18	Flying Fish	29.00
5	04683	Au, Ching Hong	24	Hong Kong Police	29.04
6	40333 IAZ	Lam, Pak Lai	21	Flying Fish	30.00
7	38145 IAZ	Ho, Kin Leung	24	Hong Kong Police	30.00
8	35851 IAZ	Chow, Yin Leung	24	Happy Valley	33.00
9	13624 B	Tang, Kwok Wai	22	Kwun Tong	35.00
25-29					
1	14158 #IAZ	Li, Hok Yee Terence	25	New Water Polo	28.50
2	02021 IBZ	Chow, Man Ho Kevin	28	Kwan Hung	28.50
3	00385	Cheng, Pong Man Reuben	29	Flying Fish	29.00
4	05854 IAZ	Cho, Wai Ching	27	Flying Fish	29.00
5	02700 IB	Chong, Jeffrey	27	Kwan Hung	29.00
6	42728 P	Febo, Christopher Vincen:	25	Sword Fish Club	30.00
7	39988 IASM	Leung, Ka Chon	27	Sword Fish Club	30.00
8	01728	Cheung, Wai Lun William	27	Diocesan School	30.50
9	10686	Chan, Ching	27	Golden Dolphin	35.00
30-34					
1	03716 #ICZ	Yan, Ho Chun	33	Diocesan School	26.00
2	00100	Cheung, Siu Laam	30	Current Club Ltd	27.98
3	27874 #IAZ	Chan, Cheuk Man	30	New Water Polo	28.80
4	28529 #IAO	Wright, Henry Tomas	31	South China	29.00
5	04187 IBZ	Fan, Kin Pong	32	Fire Services	30.00
6	22420 IAZ	Chan, Chi Ming	32	Kwun Tong	30.00
7	00234 IBZ	Lau, Tsun Ting	31	Kwun Tong	30.00
8	38356 #ICO	Drake, Hector Donald Artl	32	LRC	30.26
9	39945 ICO	Geiger, Wolfgang Christop	30	Barracuda	30.50
10	02087	Chan, Chuk On	32	Diocesan School	31.00
11	23298 IAZ	Li, Cheuk Bun	33	Wong Tai Sin	35.00
12	42363 ICO	Gromak, Andrey	31	Sword Fish Club	45.00
35-39					
1	11544	Fan, Yiu Wing	37	Flying Fish	27.00
2	15530	Lam, Matthew Ming Lok	36	New Water Polo	28.00
3	12863	Yuen, Kai Lai	38	Fire Services	28.50
4	35791 IAO	Lewis, Gareth Rhys	39	LRC	28.64
5	05253 ICZ	Sun, Fat Yee David	39	Fire Services	30.00
6	10317	Ng, Ka Wing	38	Diocesan School	31.00
7	03095	Lau, Ko Chun	36	Hong Kong Police	31.00

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

35-39... (Event 9 Men 50 LC Meter Butterfly)

8	39981 IAZ	Mui, Ho Chuen	38	Sword Fish Club	31.74
9	38121 IAZ	Cheung, Chi Yan Clifford	38	Happy Valley	32.00
10	35790 ICO	Launay, Thomas	39	LRC	32.39
11	39588 #IAZ	Lo, Ho Wai Joe	38	Diocesan School	33.00
12	18880 IAZ	Chan, Ho Wai Howard	37	Happy Valley	33.00
13	01948 #ICZ	Tang, Ho Yuen	36	Diocesan School	34.00
14	08969	Yan, Ka Chun	39	New Water Polo	34.00
15	03793 ICZ	Po, Tik San	36	New Water Polo	35.00
16	32519 IAZN	Wong, Pak Yui Maffee	39	Riverside	50.00
17	40107 IAZ	Chan, Falcon	39	Lai Tsun	NT

40-44

1	37671 ICO	Stamenovic, Ivan	42	LRC	30.18
2	40846 IAZ	Cheung, Chin Ho	43	Diocesan School	33.00
3	02366	Li, Ka Wing	44	Kwun Tong	33.00
4	28849 IAZ	Chan, Chun Kuen	43	Sword Fish Club	33.00
5	37739 #IAZ	Mi, Hau Fung	41	Current Club Ltd	33.95
6	39987 IAS	Chu, Tong Man	42	Sword Fish Club	35.00
7	37781 #IAZ	Lo, Kar Lai Gary	40	New Water Polo	36.00
8	41887 IAZ	Woo, Cheuk Yiu Jeffrey	43	City East	40.00
9	41342 IAZ	Fung, Nicholas Siu Kay	42	Tuen Mun	45.00
10	36839 ICO	Yap, Kok Wei	43	Sea Green	50.00

45-49

1	37693 IAO	Sieh, Tien Yu	49	Kwun Tong	28.00
2	10264 #	Faiola, Jeff Alan	47	Barracuda	28.79
3	06310	Chan, Fung Sun	45	Kwun Tong	30.00
4	06711	Leung, Tsz Kin	46	New Water Polo	31.00
5	05398	Lau, Ting Kwong	47	Happy Valley	33.00
6	36962 IAZ	Leung, Yung Yu	46	Kwun Tong	33.00
7	25112 IAO	Cheung Alexander, Howar	47	LRC	33.03
8	28518 IAZ	Yau, Wo Fung	46	Kwun Tong	34.00
9	21008 IAZ	Cheung, Chun Kwan Mich:	45	Wong Tai Sin	34.00
10	41757 IAO	Stamper, Mark	47	Pacific	34.50
11	41715 IAZ	Chan, Yip Hung	48	Lai Tsun	38.00
12	41898 IAO	Austin, Gregory Charles	47	Pacific	38.00
13	38212 IAO	Scherrer, Michael	46	Pacific	38.00
14	35711 IAX	Wong, Fuk Kei	49	Sword Fish Club	44.00
15	17701 IAZ	Lee, Chor Fu	49	Wong Tai Sin	45.00
16	38451 #IAZ	Chong, Ming Hing	46	Current Club Ltd	48.00
17	26053 IAZ	Wong, Yee Keung	47	Flying Fish	NT

50-54

1	39940 #ICO	Ducanois, Jerome Louis P:	52	Barracuda	27.00
2	05119	Woodring, Merritt Dougla	53	Barracuda	29.00
3	30568 #IAZ	Tang, Tai Wa	53	Real Kinetic	31.94
4	06175	Lo, King Man	51	Sea Green	32.00
5	42202	Rong, Kangwen	51	Sword Fish Club	35.00
6	42322 IAZ	Wong, Kim Ching	51	Lai Tsun	38.00
7	39982 IAZ	Chow, Wing Chun	54	Sword Fish Club	41.00
8	26594 IAZ	Ching, Wai Kin	54	Sword Fish Club	43.00
9	35238 #IAZ	Yuen, Chak Hay	50	Current Club Ltd	46.09
10	38127 IAZ	Leung, Cheung Wai Ricky	50	Sword Fish Club	48.00
11	40845 IAZ	Pang, Wai Man Billy	53	Diocesan School	59.00

55-59

1	42203	Ye, Haogiang	55	Sword Fish Club	29.00
2	42201	Ye, Jiaping	57	Sword Fish Club	30.00

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

55-59... (Event 9 Men 50 LC Meter Butterfly)

3	26250 IAZ	Lau, Cho Tak	55	Lai Tsun	35.00
4	06247 #	So, Kam Shing	57	Wong Tai Sin	35.00
5	41007 IAZ	So, Man Sing	57	Sea Green	36.00
6	15528	Tsui, Tak Shing Dominic	56	Pacific	37.50
7	07802	Chau, Kam Tim	58	Sea Green	39.00
8	06202	Lau, Kim Wah	59	Fire Services	40.00
9	21548 IAZ	Ku, Chi Ming John	59	Lai Tsun	44.00
10	03849	Kwok, Hak Man Johnny	58	Lai Tsun	45.00

60-64

1	04988	Cheung, Chi Kwong	60	Fire Services	34.00
2	03215	Leung, Yiu Chuen	60	Happy Valley	34.87
3	42191	Lin, Haichao	61	Sword Fish Club	35.00
4	06184	Ng, Pak Chiu	64	Sea Green	36.00
5	06201	Wong, Cheuk Yin	62	Fire Services	38.00
6	06187	Kan, Kai Kwong	63	Sea Green	38.00
7	06207	Lau, Kim Man	62	Fire Services	40.00

65-69

1	42260 P	He, Xi Nian	69	Sword Fish Club	33.00
2	06382	Chan, Kam Por	66	Sword Fish Club	36.00
3	06398	Cho, Wai Sun	65	Kwun Tong	37.00
4	33115 IAX	Ng, Kan Sing	65	Sword Fish Club	38.00
5	22182 IAZ	Ngai, Yin Leung	69	Sword Fish Club	53.00

70-74

1	23297 IAZ	Chan, Shing Chi	70	Lai Tsun	46.00
2	04505	Chan, Kwok Hung	71	Hong Kong Police	1:00.56

75-79

1	28522 IAX	Wong, Tat Choi	77	Sword Fish Club	50.00
2	06270	Lam, Luk Kan	77	Sword Fish Club	53.00
3	38301 IAX	Cheung, Hao Yen	75	Lai Tsun	NT

80-84

1	15490	Law, Kwai Fong	82	Sword Fish Club	1:16.00
2	02987	Cheung, Tsan	84	Sword Fish Club	1:18.00
3	05407	Lee, She Kwok	80	Sword Fish Club	1:38.00

Event 10 Women 50 LC Meter Butterfly

18-24 MS:	30.27
25-29 MS:	29.30
30-34 MS:	31.26
35-39 MS:	32.49
40-44 MS:	33.10
45-49 MS:	32.96
50-54 MS:	33.74
55-59 MS:	37.01
60-64 MS:	39.95
65-69 MS:	45.64

	ID#	Name	Age	Team	Seed Time
18-24					
1	14779 IAZ	To, Long Yan Esther	21	Giant Whale	31.00
2	29564 IAZ	Ng, Wai Ying Megan	22	Flying Fish	32.00
3	19753 IAZ	Pang, Hiu Kwan	24	Juan Hua Club	33.26
4	20104 IAZ	Koo, Man Yan	19	Kwun Tong	35.00
5	19495 IAZ	Lai, Oi Hin	22	Golden Dolphin	36.00
6	24882 IAZ	Cho, Pan Lam	20	Kwun Tong	37.00
7	08727 #B	Hung Yuen Ching, Moose	22	New Water Polo	40.00

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

25-29... (Event 10 Women 50 LC Meter Butterfly)

1	01929 #IBZ	Ng, Ka Man	29 New Water Polo	30.00
2	08900 IBZ	Lam, Suet	25 Hong Kong Police	30.85
3	03724 B	Chan, Ka Ka	26 Hong Kong Police	32.14
4	01436	Yeung, Hui Wei Hervien	25 Pacific	36.00
5	28004 IAZ	Kwan, Ka Wan	25 Happy Valley	40.00

30-34

1	01666 #IBZ	Chan, Wing Suet	32 Hong Kong Footba	30.75
2	26745 #ICX	Chen, Yangyang	33 LRC	32.92
3	00754 #IAZ	Yam, Shu Jun	31 Current Club Ltd	36.65
4	42712 IAZ	Chan, Hiu Ying	34 Real Kinetic	40.00
5	35921 IAZ	Lui, Yick Ling	32 Kornhill	42.93
6	00777 IBZ	Tse, Yu Ting	32 New Water Polo	50.00

35-39

1	24859 IAO	Macdonald, Elizabeth Anr	39 LRC	33.20
2	38430 #ICO	Millson, Nicole Elizabeth	35 Hong Kong Footba	36.00
3	30072 ICW	Chao, Man Chi	39 New Water Polo	42.00
4	38502 ICO	Alfheim, Mai-britt	36 Barracuda	43.00
5	40632 ICO	Baaklini, Cynthia	38 Pacific	43.53
6	34701 IAZ	Au, Hoi Ying	35 Flying Fish	52.00

40-44

1	36434 #IAZ	Lam, Wing Yan Jada	44 Pacific	37.00
2	40675 IAON	James, Georgina Frances	43 LRC	39.00
3	40702 IAX	Kar, Ka	41 New Water Polo	39.00
4	27128 IAZ	Lau, Yan Yan	44 Flying Fish	43.00
5	07462 IAZ	Yau, Lok Lam Van	40 Riverside	45.00
6	36785 IAZ	Inglis, Alexandra Sinead	43 LRC	48.17
7	42480 IAZN	Chu, Ka Yin Renese	42 Hoi Fung	55.28

45-49

1	33517 #IAO	Yamaguchi, Mika	46 Pacific	34.75
2	38302 IAZ	Cheung, Man Ling Melody	46 Lai Tsun	46.00
3	35772 IAX	Ban, Xianhai	46 New Water Polo	50.00
4	16535	Yuen, Yuk Kuen	46 Sea Green	55.00
5	36840 IAZ	Chung, Ching Han Anna	46 Sea Green	56.00

50-54

1	06352	Liang, Wei Qiong	53 Sword Fish Club	38.00
2	29752 IAZ	Chow, Yee Heung Liza	54 Lai Tsun	42.00
3	42733	Ye, Feng Jiao	54 Sword Fish Club	42.00
4	12894	Lee, Wai Yee Stella	52 Hoi Fung	45.00
5	37012 IAZ	Lun, Yau Chun Nara	50 New Water Polo	50.00
6	26254 IAX	Ng, Kong Ching	53 New Water Polo	50.00
7	41911 IAZN	Ng, Kit Man Joanna	53 New Water Polo	1:20.00

55-59

1	26049 IAZ	Kirkwood, Tain Mhaira	55 LRC	36.47
2	42210	Wu, Jianghuan	58 Sword Fish Club	38.00
3	39985 IC	Yeung, Hiu Wa	55 Sword Fish Club	42.00
4	42732	Wu, Yue Qiong	59 Sword Fish Club	52.00
5	36225 IAX	Li, Wai Kam	56 Sea Green	1:00.00
6	27141 IAZ	Wong, Kit Man Kitty	57 Happy Valley	1:15.00

60-64

1	42190	Liu, Rian	60 Sword Fish Club	45.00
2	06355	Lo, Lai Yung	63 New Water Polo	50.00
3	03503	Castka, Gillian Hancer	62 Sword Fish Club	50.00
4	06214 IAZN	Lui, Yuen Mei Mitra	61 Sword Fish Club	59.00

Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet

60-64... (Event 10 Women 50 LC Meter Butterfly)

5	14007	Ho, Yuk Ling	61	Happy Valley	1:00.16
6	25237 IAZ	Yu, Chi Seung	60	New Water Polo	1:10.00
65-69					
1	39357	Mak, Sok Iun	68	Sword Fish Club	52.00
2	07763	Chow, Kit Bing	67	Sword Fish Club	2:00.00
70-74					
1	06357	Suen, Ming Chu	70	Sword Fish Club	47.00
2	32572 IAO	Chan, Sui Kin	70	Sword Fish Club	1:03.00
75-79					
1	06372 IAZ	Leung, Mabel Yuen Ying	76	Sword Fish Club	1:10.00
2	05241	Ng, Yung Ho	75	Sea Green	1:10.00

Event 11 Men 4x50 LC Meter Medley Relay

100-119 MS: 1:51.11
120-159 MS: 1:55.18
160-199 MS: 1:53.94
200-239 MS: 2:03.19
240-279 MS: 2:19.80
280-319 MS: 2:40.94
320-359 MS: 3:30.63

	Team	Relay	Seed Time
100-119			
1	Hong Kong Police Swimming Club	M100 A	2:00.00
2	Diocesan School Old Boys	M100 A	2:01.58
3	Sword Fish Club	M100 A	2:15.00
4	HK Flying Fish Athletic Association	M100 A	NT
5	Kwun Tong Swimming Club	M100 A	NT
6	New Water Polo Club	M100 A	NT
120-159			
1	Hong Kong Police Swimming Club	M120 A	2:05.00
2	Diocesan School Old Boys	M120 A	2:12.27
3	HK Fire Services S. & W.M.C.	M120 A	2:20.00
4	Sword Fish Club	M120 A	2:20.00
5	City East Sports Club	M120 A	NT
6	Current Club Ltd	M120 A	NT
7	Kwun Tong Swimming Club	M120 A	NT
8	Ladies' Recreation Club	M120 A	NT
9	New Water Polo Club	M120 A	NT
10	Pacific Swimming Club	M120 A	NT
11	Wong Tai Sin District L.S.M.	M120 A	NT
160-199			
1	Diocesan School Old Boys	M160 A	2:08.22
2	Hong Kong Police Swimming Club	M160 A	2:15.00
3	Sword Fish Club	M160 A	2:25.00
4	HK Fire Services S. & W.M.C.	M160 A	2:50.00
5	HK Flying Fish Athletic Association	M160 A	NT
6	Kwun Tong Swimming Club	M160 A	NT
7	Ladies' Recreation Club	M160 A	NT
8	New Water Polo Club	M160 A	NT
9	Pacific Swimming Club	M160 A	NT
10	South China Athletic Association	M160 A	NT
11	Sea Green Swimming & M.C.	M160 A	NT
200-239			
1	HK Fire Services S. & W.M.C.	M200 A	2:12.00

Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet

200-239... (Event 11 Men 4x50 LC Meter Medley Relay)

2	Sword Fish Club	M200	A	2:30.00
3	Hong Kong Police Swimm	M200	A	2:40.00
4	Diocesan School Old Boys	M200	A	2:53.31
5	Barracuda Swimming Club	M200	A	NT
6	Happy Valley Athletic Assn	M200	A	NT
7	Kwun Tong Swimming Club	M200	A	NT
8	Ladies' Recreation Club	M200	A	NT
9	Lai Tsun Swimming Socie	M200	A	NT
10	New Water Polo Club	M200	A	NT
11	Sea Green Swimming & M	M200	A	NT

240-279

1	Sword Fish Club	M240	A	2:40.00
2	Hong Kong Police Swimm	M240	A	2:50.00
3	Kwun Tong Swimming Club	M240	A	NT
4	Ladies' Recreation Club	M240	A	NT
5	Lai Tsun Swimming Socie	M240	A	NT
6	New Water Polo Club	M240	A	NT
7	Sea Green Swimming & M	M240	A	NT
8	Wong Tai Sin District L.S	M240	A	NT

280-319

1	Sword Fish Club	M280	A	2:50.00
2	Lai Tsun Swimming Socie	M280	A	NT
3	New Water Polo Club	M280	A	NT

320-359

1	Sword Fish Club	M320	A	3:45.00
---	-----------------	------	---	---------

Event 12 Women 4x50 LC Meter Medley Relay

100-119 MS: 2:19.21

120-159 MS: 2:10.92

160-199 MS: 2:10.35

200-239 MS: 2:32.48

240-279 MS: 2:48.90

280-319 MS: 3:21.30

	Team	Relay	Seed Time
100-119			
1	Hong Kong Police Swimm	W100 A	2:25.00
2	Sword Fish Club	W100 A	2:50.00
3	New Water Polo Club	W100 A	NT
120-159			
1	Sword Fish Club	W120 A	2:50.00
2	Kwun Tong Swimming Club	W120 A	NT
3	Ladies' Recreation Club	W120 A	NT
4	New Water Polo Club	W120 A	NT
5	Pacific Swimming Club	W120 A	NT
160-199			
1	Sword Fish Club	W160 A	2:55.00
2	Barracuda Swimming Club	W160 A	NT
3	Ladies' Recreation Club	W160 A	NT
4	Lai Tsun Swimming Socie	W160 A	NT
5	New Water Polo Club	W160 A	NT
6	Pacific Swimming Club	W160 A	NT
7	Hong Kong Football Club	W160 A	NT
200-239			
1	Sword Fish Club	W200 A	2:55.00

Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet

200-239... (Event 12 Women 4x50 LC Meter Medley Relay)

2	Happy Valley Athletic Club	W200	A	NT
3	Kwun Tong Swimming Club	W200	A	NT
4	Ladies' Recreation Club	W200	A	NT
5	Lai Tsun Swimming Society	W200	A	NT
6	New Water Polo Club	W200	A	NT
7	Sea Green Swimming & Water Polo Club	W200	A	NT
8	Wong Tai Sin District Leisure Centre	W200	A	NT

240-279

1	Sword Fish Club	W240	A	2:55.00
2	Ladies' Recreation Club	W240	A	NT
3	Lai Tsun Swimming Society	W240	A	NT
4	New Water Polo Club	W240	A	NT
5	Sea Green Swimming & Water Polo Club	W240	A	NT

280-319

1	Sword Fish Club	W280	A	4:00.00
2	Sea Green Swimming & Water Polo Club	W280	A	NT
3	Wong Tai Sin District Leisure Centre	W280	A	NT

Event 13 Men 50 LC Meter Breaststroke

18-24 MS:	30.47
25-29 MS:	30.66
30-34 MS:	31.11
35-39 MS:	31.56
40-44 MS:	33.00
45-49 MS:	32.70
50-54 MS:	34.83
55-59 MS:	35.10
60-64 MS:	36.61
65-69 MS:	37.84

	ID#	Name	Age	Team	Seed Time
18-24					
1	04959 IBZ	Ma, Chi Wang Damien	24	Diocesan School	30.00
2	05577 #IBZ	Yuen, Marcus	24	LRC	31.00
3	21545 IAZ	Leung, Chung Yan	21	Kwun Tong	33.00
4	33918 IAZ	Chan, Ming Hin	23	Hong Kong Police	33.75
5	29046 IAZ	Chan, Hei Yin Bryan	20	Kornhill	33.89
6	27537 #IAZ	Kwong, Ching Tin Justin	18	Flying Fish	34.00
7	08334 IAZ	Lee, Satchel Alisdair	23	Kwan Hung	38.00
8	08246 IAZ	Kwok, Chun Lok	24	Kwan Hung	38.00
9	13624 B	Tang, Kwok Wai	22	Kwun Tong	42.00
10	41411 IAZ	Mok, Chun Wai	19	Sword Fish Club	43.00
11	18198 #IAZ	Lee, Chun Yin	21	Hoi Ngai	1:17.00
25-29					
1	02591	Luk, Wing Kin Andy	29	Kwan Hung	31.00
2	04867 IBZ	Wong, Ho Long	29	New Water Polo	31.00
3	01018	Tam, Wing Chung	26	Kwun Tong	33.00
4	12294 IBZ	Chung, Fu Shing	27	Flying Fish	34.00
5	02766 IBZ	Ma, Siu Chun Jason	27	Flying Fish	34.00
6	06602 IBZ	Yam, Chi Ching	29	Fire Services	34.00
7	01784 #B	Tso, Hiu Fung	27	Diocesan School	34.00
8	00385	Cheng, Pong Man Reuben	29	Flying Fish	35.00
30-34					
1	03716 #ICZ	Yan, Ho Chun	33	Diocesan School	31.00
2	42367 IAO	Chow, Chun Yin	32	Diocesan School	32.00

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

30-34... (Event 13 Men 50 LC Meter Breaststroke)

3	01326 IBZ	Cheng, Yuen Henry	30 Kwun Tong	34.00
4	28529 #IAO	Wright, Henry Tomas	31 South China	34.00
5	00314 IBZ	Mok, Hon Hei	30 Hong Kong Police	34.49
6	27873 #IAZ	Ko, King Hei	30 New Water Polo	35.00
7	23960 IAZ	Kong, Ka Wai	30 Kwun Tong	38.00
8	09136 IAZ	Tsang, Chun Kin	30 New Water Polo	40.00
9	27469 IAX	Lam, Kin Wang	33 Hong Kong Police	40.49
10	23298 IAZ	Li, Cheuk Bun	33 Wong Tai Sin	45.00

35-39				
1	39588 #IAZ	Lo, Ho Wai Joe	38 Diocesan School	33.00
2	12275	Wong, Yat Tung	38 Fire Services	33.50
3	03409	Ho, Kin Kan	35 Barracuda	35.00
4	12863	Yuen, Kai Lai	38 Fire Services	35.00
5	01465 ICZ	Chiang, Filomeno	36 Hong Kong Police	35.46
6	24266 IAZ	Ma, Ling Ho Herwin	35 Hong Kong Police	36.25
7	40834 IAZ	Chang, Hsi Tse JosephJere	39 Diocesan School	36.32
8	10317	Ng, Ka Wing	38 Diocesan School	38.00
9	40841 IAX	Tsang, Kwok Tung	39 Diocesan School	39.00
10	11587	Ng, Yu Hon	35 Sea Green	39.25
11	12873	Wan, Ka Fai	36 Sea Green	39.25
12	40002 IAZ	Tsang, Yik Chiu	37 Kwun Tong	39.30
13	24965 IAZ	Leung, Yuk Ki	38 Hong Kong Police	40.88
14	32519 IAZN	Wong, Pak Yui Maffee	39 Riverside	45.00
15	40001 IAZ	Yip, Ka Ho Tonie	36 Kwun Tong	47.00
16	23119 IAZ	Chan, Ying Tsung Bosco	37 Sword Fish Club	47.00
17	12260	Chen, Chi Yung	36 Blue Whale	50.00
18	41148 IAZ	Tang, Kee Wai	38 New Water Polo	50.00

40-44				
1	05160	Chan, Ka Wo	41 Diocesan School	34.00
2	06154	Leung, Siu Kin Philip	43 Lai Tsun	34.88
3	33299 IAZ	Chan, Tsz Cheung	40 Juan Hua Club	36.99
4	32473 IAZ	Chan, Yiu Chung	41 Hong Kong Police	39.48
5	38958 #IAZ	Lai, Yiu Kuen	43 Current Club Ltd	39.52
6	40835 IAZ	Leung, Wing Hong Alvin	44 Diocesan School	43.00
7	41889 IAZ	Leung, Ki Chi James	42 City East	43.00
8	24603 IAZ	Hung, Ka Ming	43 YMCA OF Hong Kong	45.00
9	41887 IAZ	Woo, Cheuk Yiu Jeffrey	43 City East	50.00

45-49				
1	25112 IAO	Cheung Alexander, Howar	47 LRC	35.30
2	05398	Lau, Ting Kwong	47 Happy Valley	37.00
3	21008 IAZ	Cheung, Chun Kwan Mich	45 Wong Tai Sin	37.00
4	41731 IAO	Fong, Ryan Yen-hwung	46 Diocesan School	38.00
5	05273	Poon, Ho Keung Danny	48 Hong Kong Police	38.00
6	06229	Mak, Wing Yin	45 Hong Kong Police	39.00
7	36962 IAZ	Leung, Yung Yu	46 Kwun Tong	39.00
8	26317 IAZN	Tung, Shang Wei Timothy	48 Kwun Tong	39.00
9	06395	Cheung, Ting Fan	47 Kwun Tong	40.00
10	37787 IAZ	Hung, Ling Chun	47 Lai Tsun	40.00
11	41757 IAO	Stamper, Mark	47 Pacific	41.00
12	41898 IAO	Austin, Gregory Charles	47 Pacific	43.00
13	42085 IAZ	Lee, Hon Lun Philip	46 Sword Fish Club	43.00
14	41758 IAO	Graham, Kym Alexander	45 Pacific	45.00
15	38788 IAZ	Lee, Kin Fai	45 Flying Fish	48.00
16	35711 IAX	Wong, Fuk Kei	49 Sword Fish Club	49.00

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

45-49... (Event 13 Men 50 LC Meter Breaststroke)

17	04184	Woo, Siu Ming William	47	Sword Fish Club	1:12.00
18	26053 IAZ	Wong, Yee Keung	47	Flying Fish	NT

50-54					
1	32253 IAZ	Watt, Kam Sing Michael	51	Kowloon Tong Club	34.00
2	35313 IAZ	Pong, Chiu Yee Dario	50	LRC	36.00
3	42217	Wu, Lewen	53	Sword Fish Club	36.00
4	18856 IAZ	Au, Mun Shing	53	Sword Fish Club	37.00
5	21736 IAM	Lo, Lai Tou	50	Sword Fish Club	39.00
6	40839 IAZ	Leung, Wing Hang Michael	53	Diocesan School	43.00
7	40591 IAZ	Chan, Man Cheung Laurer	51	Hong Kong Police	43.24
8	40592 IAZ	Fo, Pui Keung	54	Hong Kong Police	43.52
9	27470 IAZ	Chan, Tin Hung	50	Hong Kong Police	43.74
10	38991 IAZ	Tong, Wing Kin	52	City East	44.00
11	40836 IAZ	Ho, Kwok Chung Anthony	53	Diocesan School	45.00
12	39982 IAZ	Chow, Wing Chun	54	Sword Fish Club	46.00
13	38127 IAZ	Leung, Cheung Wai Ricky	50	Sword Fish Club	46.00
14	26261 IAZ	Tsun, Chung Wa Jode	54	Hong Kong Police	47.33
15	23587 IAZ	Au, Wing Sum	51	New Water Polo	48.00

55-59					
1	42201	Ye, Jiaping	57	Sword Fish Club	36.00
2	19866 IAZ	Wong, Tak Choi Paul	55	Hong Kong Police	41.00
3	06202	Lau, Kim Wah	59	Fire Services	43.00
4	37048 IAZ	Cheung, Wai Chuen Jimmy	55	Sword Fish Club	43.00
5	32026 IAZ	Luk, Shu Wing	56	Kwun Tong	44.00
6	26176 IAX	Ho, Chung Man	55	Lai Tsun	44.00
7	36183 #IAO	McCarroll, Adrian James	55	Hong Kong Footba	44.76
8	21023 IAZ	Ho, Kwong Ngai Eric	55	Sword Fish Club	45.00
9	26245 IAZ	Choi, Hei Shing	59	Kwun Tong	47.00
10	36725 IAZ	Yau, Wai	59	Sea Green	49.00
11	32520 IAX	Lam, Hoi	59	New Water Polo	50.00
12	25226 IAZ	Choi, Tai Wing	57	Sword Fish Club	55.00
13	20247 ICX	Wai, Chris Tak Wing	58	New Water Polo	59.00

60-64					
1	14555	Tang, Kon Leong	62	Sword Fish Club	38.05
2	04988	Cheung, Chi Kwong	60	Fire Services	39.00
3	03847	Cheung, Kwok Yu	62	Happy Valley	39.00
4	17725 IAZ	Ng, Yu Hung	60	Sword Fish Club	39.08
5	03215	Leung, Yiu Chuen	60	Happy Valley	40.00
6	31252 IAZ	Chan, Wo Tung	61	Riverside	42.00
7	06207	Lau, Kim Man	62	Fire Services	43.00
8	06281	Fung, Kam Tai	63	Sword Fish Club	43.00
9	12890 IAZN	Leung, Kwai Ching	60	Lai Tsun	44.00
10	19350 IAZ	Leung, Chi Wah	61	Hong Kong Police	46.55
11	41739 IAZ	Ng, Chin Wing	63	Sea Green	58.00

65-69					
1	06382	Chan, Kam Por	66	Sword Fish Club	40.00
2	42260 P	He, Xi Nian	69	Sword Fish Club	40.00
3	41729 IAZ	Ko, Leung Hung Alex	66	Diocesan School	43.00
4	42207	Liu, Yeren	69	Sword Fish Club	43.00
5	05237	Wong, Pit Wang Philip	65	Kwun Tong	44.00
6	14035	Wong, Shing Kuen	65	Lai Tsun	44.00
7	20634 IAZ	Wu, Shu Sun	68	New Water Polo	45.00
8	04504	Yura, Tadami	66	Sword Fish Club	45.00

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

70-74... (Event 13 Men 50 LC Meter Breaststroke)

1	03845	Tin, Sheung Kwai	71	New Water Polo	41.00
2	42734	Liu, Gan Hong	72	Sword Fish Club	43.00
3	11562	Leckie, Stuart	73	LRC	45.93
4	06383	Dew, Yuk Kwei	71	Kwun Tong	46.00
5	10274	Lau, Chun Nung	72	Lai Tsun	47.00
6	14029	Ieong, Vun Fai	72	Sword Fish Club	55.00
7	24246 IAX	Yip, Chi Shing	73	Sword Fish Club	57.00

75-79

1	06270	Lam, Luk Kan	77	Sword Fish Club	48.00
2	27135 IAX	Lam, Lit Kwan	77	Lai Tsun	53.00
3	10279	Wong, Shiu Ming	76	Sword Fish Club	57.00
4	23959 IAZ	Chiu, Chin Hung	78	Kornhill	1:04.96
5	06379	Kwong, Chi Hung	78	Sword Fish Club	1:10.00

80-84

1	06246 #	Ling, Wang Yam	81	Wong Tai Sin	59.79
2	17964 IAZ	Kan, Ping Chu	80	Sea Green	1:00.00

85-89

1	06238	Lee, Ming	88	Sword Fish Club	1:06.00
2	31988 IAO	Wilson, John Simon	86	New Water Polo	1:20.00

Event 14 Women 50 LC Meter Breaststroke

18-24 MS:	35.53
25-29 MS:	36.34
30-34 MS:	35.23
35-39 MS:	34.71
40-44 MS:	38.79
45-49 MS:	39.03
50-54 MS:	37.63
55-59 MS:	38.73
60-64 MS:	47.46
65-69 MS:	50.56

	ID#	Name	Age	Team	Seed Time
18-24					
1	14779 IAZ	To, Long Yan Esther	21	Giant Whale	37.00
2	07679 IAZ	Yuen, Yan Ki	23	HK Sportworld	37.00
3	20104 IAZ	Koo, Man Yan	19	Kwun Tong	40.00
4	19753 IAZ	Pang, Hiu Kwan	24	Juan Hua Club	41.34
5	08727 #B	Hung Yuen Ching, Moose	22	New Water Polo	43.00
6	19495 IAZ	Lai, Oi Hin	22	Golden Dolphin	46.00
25-29					
1	01459 IBZ	Cheng, Wing Kwan	28	Hong Kong Police	41.48
2	03724 B	Chan, Ka Ka	26	Hong Kong Police	41.63
3	28004 IAZ	Kwan, Ka Wan	25	Happy Valley	46.00
30-34					
1	03791 IBZ	Leung, Shu Hang	31	Current Club Ltd	39.50
2	05452 IBZ	Ho, Mei Po	30	Kwun Tong	42.00
3	07651 IBZ	Yu, Sze Wai Joyce	30	Hong Kong Police	44.46
4	35921 IAZ	Lui, Yick Ling	32	Kornhill	47.43
5	00777 IBZ	Tse, Yu Ting	32	New Water Polo	1:00.00
35-39					
1	19565 ICF	Barnes, Ruth	39	LRC	35.62
2	38430 #ICO	Millson, Nicole Elizabeth	35	Hong Kong Footba	41.38
3	24859 IAO	Macdonald, Elizabeth Anr	39	LRC	41.41

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

35-39... (Event 14 Women 50 LC Meter Breaststroke)

4	30072 ICW	Chao, Man Chi	39 New Water Polo	43.00
5	40632 ICO	Baaklini, Cynthia	38 Pacific	46.30
6	39979 IAZ	Lam, Ling Wai Jessica	39 Lai Tsun	48.83
7	38503 ICX	Pu, Shu	38 Barracuda	50.00
8	26803 IAZ	Yung, Hoi Ying	38 New Water Polo	1:00.00

40-44

1	07462 IAZ	Yau, Lok Lam Van	40 Riverside	40.00
2	36434 #IAZ	Lam, Wing Yan Jada	44 Pacific	45.00
3	36961 IAZ	Tung, Fung	41 Kwun Tong	48.00
4	42480 IAZN	Chu, Ka Yin Renese	42 Hoi Fung	51.02
5	31534 IAZ	Mo, Wing Yee	42 Wong Tai Sin	1:08.00

45-49

1	33517 #IAO	Yamaguchi, Mika	46 Pacific	40.60
2	35322 ICO	Baxter, Jill Moran	47 LRC	46.31
3	42716 IAZ	Ho, Kar Yee Janet	49 Hoi Fung	49.00
4	16535	Yuen, Yuk Kuen	46 Sea Green	50.00
5	38299 ICO	Mcmahon, Nicole Kirsty	46 LRC	50.94
6	35772 IAX	Ban, Xianhai	46 New Water Polo	52.00
7	39310 IAZ	Au-Yeung, Sze	45 Lai Tsun	53.00
8	06349	Ip, Oi Wa Wendy	46 Sword Fish Club	54.00
9	40937 IAZ	Leung, Wai Fan Fanny	48 New Water Polo	2:40.00

50-54

1	24577 ICO	Coggins, Lynda Anne	54 LRC	39.71
2	39092 I	Chan, Chok Wa	51 Sword Fish Club	41.00
3	32105 IAZ	Lam, Man Tze Mona	54 Lai Tsun	46.00
4	42733	Ye, Feng Jiao	54 Sword Fish Club	47.00
5	12894	Lee, Wai Yee Stella	52 Hoi Fung	48.00
6	38981 ICO	Wright, Andrea Lee	53 Barracuda	50.00
7	29064 IAZ	Ho, Bun Yee	51 Happy Valley	1:10.00
8	38460 IAZ	Tang, Kit Fong Yvonne	54 New Water Polo	1:15.00

55-59

1	06353	Leung, Wai Fan	56 Kwun Tong	38.00
2	26049 IAZ	Kirkwood, Tain Mhaira	55 LRC	43.35
3	42213	Peng, Shuyan	59 Sword Fish Club	48.00
4	42206	Ye, Youhuan	55 Sword Fish Club	48.00
5	32025 IAZ	Sin, Lai Wan Vicky	58 Kwun Tong	53.00
6	31755 IAZ	Woo, Wing Fong Cinderell	59 Lai Tsun	54.26
7	34668 IAZ	Tang, Pik Ha	58 New Water Polo	55.55
8	27141 IAZ	Wong, Kit Man Kitty	57 Happy Valley	1:10.00

60-64

1	14020	Poon, Wai Fun	61 Sea Green	50.00
2	42730	Liu, Rui Yi	64 Sword Fish Club	52.00
3	02711	Fok, Wai Fung	60 Wong Tai Sin	53.36
4	14007	Ho, Yuk Ling	61 Happy Valley	59.00
5	10289	Chan, Wai Yee	60 Lai Tsun	1:00.00
6	06213	Mo, Mei Ling	64 Wong Tai Sin	1:02.00
7	06127	Lau, Wai Lin	62 New Water Polo	1:10.00
8	42162 IAZ	Wat, Wai Bing Isabella	63 Sea Green	1:10.00

65-69

1	06147	Leung Wong, Yin Har Hay	66 Sea Green	52.00
2	42220	Du, Liru	66 Sword Fish Club	54.00
3	38462 IAZN	Shum, Shuk Wah Nora	66 Sword Fish Club	57.00
4	06212	Lo, Yeuk Shuen	69 Wong Tai Sin	1:12.00
5	07432	Leung, May Kam	66 Tuen Mun S.T.	1:14.00

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

65-69... (Event 14 Women 50 LC Meter Breaststroke)

6	07763	Chow, Kit Bing	67	Sword Fish Club	1:30.00
7	05409	Wan, Yim Fong	66	Sword Fish Club	1:34.00
70-74					
1	30506 IAX	Li, Hoi Ying	70	Sword Fish Club	1:07.00
2	17480 IAZ	Chow, Pui Han Angela	72	Lai Tsun	1:10.00
3	32571 IAZ	Chan, Pui Yee	74	Sword Fish Club	1:10.00
4	30248 #IAZ	Chan, Lai King	71	Wong Tai Sin	1:30.00
75-79					
1	05241	Ng, Yung Ho	75	Sea Green	1:00.00
2	06218	Sin, Lai Kwan	78	Wong Tai Sin	1:28.00
3	06372 IAZ	Leung, Mabel Yuen Ying	76	Sword Fish Club	1:35.00
80-84					
1	06210 #	Ho, Po Yee	82	Wong Tai Sin	1:36.21
85-89					
1	06375	Chan, Wai Kiang	85	Kwun Tong	1:30.00

Event 15 Men 100 LC Meter Freestyle

18-24 MS:	54.18
25-29 MS:	54.16
30-34 MS:	56.01
35-39 MS:	56.13
40-44 MS:	57.76
45-49 MS:	59.62
50-54 MS:	58.29
55-59 MS:	1:03.62
60-64 MS:	1:04.39
65-69 MS:	1:08.31

	ID#	Name	Age	Team	Seed Time
18-24					
1	15423 IAZ	Cheung, Yau Ming	21	Diocesan School	54.00
2	16201 B	Kwok, Yuk Hang	22	Kwun Tong	56.00
3	22222 B	Wong, Cheuk Hei	18	HK Sportworld	58.90
4	28567 IAZ	Tam, Wang Yin	18	Hoi Ngai	59.00
5	15815	Lo, Ting Kin	22	Sea Green	59.00
6	04683	Au, Ching Hong	24	Hong Kong Police	1:01.00
7	40333 IAZ	Lam, Pak Lai	21	Flying Fish	1:05.00
8	35851 IAZ	Chow, Yin Leung	24	Happy Valley	1:05.00
9	13624 B	Tang, Kwok Wai	22	Kwun Tong	1:10.00
10	08246 IAZ	Kwok, Chun Lok	24	Kwan Hung	1:10.00
11	18563 B	Lee, Tik Wang	19	Sword Fish Club	1:11.00
25-29					
1	39152 #ICO	Belecanech, Matthew Jose	26	Hong Kong Footba	55.42
2	06602 IBZ	Yam, Chi Ching	29	Fire Services	59.00
3	01038 IBZ	Leung, Tsz Chun	29	Diocesan School	59.00
4	02021 IBZ	Chow, Man Ho Kevin	28	Kwan Hung	1:00.00
5	02700 IB	Chong, Jeffrey	27	Kwan Hung	1:00.00
6	04048 IBZ	Cheung, Siu Long	27	Hong Kong Police	1:01.34
7	29833 IAZ	Chow, Chun Pui	27	Sea Green	1:03.00
8	11990 IBZ	Que, Lung Hin Clark	27	City East	1:20.00
30-34					
1	22420 IAZ	Chan, Chi Ming	32	Kwun Tong	57.00
2	04187 IBZ	Fan, Kin Pong	32	Fire Services	58.00
3	00464 IA	Paul, Jonathan Matthew	33	Diocesan School	59.00
4	00100	Cheung, Siu Laam	30	Current Club Ltd	1:00.00

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

30-34... (Event 15 Men 100 LC Meter Freestyle)

5	27874 #IAZ	Chan, Cheuk Man	30	New Water Polo	1:00.00
6	28529 #IAO	Wright, Henry Tomas	31	South China	1:00.00
7	00095	Wan, Tsz Pat	31	Current Club Ltd	1:00.31
8	00444	Lam, Yau Sun Dickson	33	Diocesan School	1:01.00
9	38356 #ICO	Drake, Hector Donald Artl	32	LRC	1:01.32
10	39945 ICO	Geiger, Wolfgang Christop	30	Barracuda	1:02.00
11	32343 IAZ	Tsang, Ka Lok	30	Hong Kong Police	1:03.00
12	19334 IAZ	Lee, Chun Lim Michael	33	Hong Kong Police	1:08.00
13	23960 IAZ	Kong, Ka Wai	30	Kwun Tong	1:10.00
14	00234 IBZ	Lau, Tsun Ting	31	Kwun Tong	1:10.00
15	42363 ICO	Gromak, Andrey	31	Sword Fish Club	1:10.00

35-39

1	41151 ICO	Caggio, Antonino	36	New Water Polo	57.80
2	05253 ICZ	Sun, Fat Yee David	39	Fire Services	58.00
3	11544	Fan, Yiu Wing	37	Flying Fish	1:00.00
4	15530	Lam, Matthew Ming Lok	36	New Water Polo	1:01.00
5	03409	Ho, Kin Kan	35	Barracuda	1:02.00
6	38121 IAZ	Cheung, Chi Yan Clifford	38	Happy Valley	1:03.25
7	12873	Wan, Ka Fai	36	Sea Green	1:03.25
8	42215	He, Qihui	38	Sword Fish Club	1:06.00
9	35790 ICO	Launay, Thomas	39	LRC	1:07.14
10	10317	Ng, Ka Wing	38	Diocesan School	1:09.00
11	27144 IAZ	Chee, Man Heng	36	Happy Valley	1:09.00
12	05155	Chan, Albert Kam Ming	37	Diocesan School	1:10.00
13	27133 IAZ	Poon, Man Chun	37	Wong Tai Sin	1:19.16
14	42222 IAZ	Yick, Tsip Lam	35	Sword Fish Club	1:22.00
15	40107 IAZ	Chan, Falcon	39	Lai Tsun	1:30.00
16	41148 IAZ	Tang, Kee Wai	38	New Water Polo	1:40.00
17	23119 IAZ	Chan, Ying Tsung Bosco	37	Sword Fish Club	1:46.00

40-44

1	37671 ICO	Stamenovic, Ivan	42	LRC	59.06
2	42735	Li, Zhen Xuan	40	Sword Fish Club	1:06.00
3	28849 IAZ	Chan, Chun Kuen	43	Sword Fish Club	1:07.00
4	02366	Li, Ka Wing	44	Kwun Tong	1:08.00
5	42737 IAZ	So, Ma Loi	42	Sword Fish Club	1:11.00
6	39987 IAS	Chu, Tong Man	42	Sword Fish Club	1:12.00
7	40835 IAZ	Leung, Wing Hong Alvin	44	Diocesan School	1:20.00
8	40844 IAZ	Lee, Hoi Wang Gary	44	Diocesan School	1:30.00
9	37781 #IAZ	Lo, Kar Lai Gary	40	New Water Polo	1:30.00
10	06227 #	Wong, Kam Tat	44	Sea Green	1:40.00
11	36839 ICO	Yap, Kok Wei	43	Sea Green	1:45.00
12	41730 IAO	Hui, Peter	43	Diocesan School	1:50.00
13	31857 IAZ	Au, Andrew	44	Pacific	1:50.00

45-49

1	34619 P	Liljestroem Lennart, Peter	45	LRC	1:00.15
2	37693 IAO	Sieh, Tien Yu	49	Kwun Tong	1:02.00
3	05273	Poon, Ho Keung Danny	48	Hong Kong Police	1:04.50
4	31054 IAO	Stimson, Mark Grant	47	Pacific	1:05.50
5	25112 IAO	Cheung Alexander, Howar	47	LRC	1:05.53
6	06310	Chan, Fung Sun	45	Kwun Tong	1:06.00
7	06395	Cheung, Ting Fan	47	Kwun Tong	1:06.00
8	41757 IAO	Stamper, Mark	47	Pacific	1:06.50
9	30710 IAZ	Lai, Kin Sun	48	Flying Fish	1:07.00
10	35237 #ICW	Lam, Veng Vai	45	Current Club Ltd	1:07.76

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

45-49... (Event 15 Men 100 LC Meter Freestyle)

11	06711	Leung, Tsz Kin	46 New Water Polo	1:08.00
12	22422 IAZ	Tung, Ching Ho	47 YMCA OF Hong Kong	1:09.00
13	27868 IAZ	Chan, Chi Wah Ringo	46 Sword Fish Club	1:10.00
14	38212 IAO	Scherrer, Michael	46 Pacific	1:13.00
15	41898 IAO	Austin, Gregory Charles	47 Pacific	1:17.00
16	41758 IAO	Graham, Kym Alexander	45 Pacific	1:17.00
17	40633 IAON	Adams, Anthony Hayward	48 Pacific	1:25.10
18	42731	Liu, Run Zhong	47 Sword Fish Club	1:30.00
19	17701 IAZ	Lee, Chor Fu	49 Wong Tai Sin	1:30.00
20	35711 IAX	Wong, Fuk Kei	49 Sword Fish Club	1:35.00
21	38451 #IAZ	Chong, Ming Hing	46 Current Club Ltd	1:40.00
22	04184	Woo, Siu Ming William	47 Sword Fish Club	2:40.00
23	26053 IAZ	Wong, Yee Keung	47 Flying Fish	NT

50-54				
1	04166	Rust, Stefan Robert	51 LRC	59.06
2	42202	Rong, Kangwen	51 Sword Fish Club	1:05.00
3	30568 #IAZ	Tang, Tai Wa	53 Real Kinetic	1:10.00
4	05138 #	Lanzone, Francesco	50 Barracuda	1:11.00
5	26594 IAZ	Ching, Wai Kin	54 Sword Fish Club	1:19.00
6	27470 IAZ	Chan, Tin Hung	50 Hong Kong Police	1:19.26
7	40836 IAZ	Ho, Kwok Chung Anthony	53 Diocesan School	1:30.00
8	41145 IAZ	Lam, Tzit Yuen David	52 Diocesan School	1:30.00
9	22433 #IAZ	Lui, Man Pong	53 New Water Polo	1:30.00
10	38127 IAZ	Leung, Cheung Wai Ricky	50 Sword Fish Club	1:31.00
11	37732 IAZ	Chou, Man Keung	54 Sword Fish Club	1:38.00
12	40840 IAZ	Ng, Ka Yiu Karl	54 Diocesan School	1:40.00

55-59				
1	42203	Ye, Haogiang	55 Sword Fish Club	1:04.00
2	42200	Wu, Zhimin	57 Sword Fish Club	1:05.00
3	04170	Devereux, Anthony Graha	55 LRC	1:05.16
4	40597 P	Zheng, Qiang	56 Dik Wing	1:06.00
5	15528	Tsui, Tak Shing Dominic	56 Pacific	1:09.00
6	40942 P	He, Gaoxiong	56 New Water Polo	1:20.00
7	13979	Lee, Sing Tim	57 Lai Tsun	1:23.00
8	28339 IAZ	Yim, Chi Yiu	58 New Water Polo	1:24.00
9	36183 #IAO	McCarroll, Adrian James	55 Hong Kong Footba	1:25.92
10	29485 IAZ	Tang, Cheuk Wa	58 Kwun Tong	1:28.00
11	40861 IAZ	Cheung, Chi Ming Rover	55 Sword Fish Club	1:28.00
12	21548 IAZ	Ku, Chi Ming John	59 Lai Tsun	1:30.00
13	06247 #	So, Kam Shing	57 Wong Tai Sin	1:30.00
14	36725 IAZ	Yau, Wai	59 Sea Green	1:50.00

60-64				
1	06331 ICZ	Ma, Etienne	61 YMCA OF Hong Kong	1:06.00
2	06201	Wong, Cheuk Yin	62 Fire Services	1:08.00
3	05071	Choi, Tony	60 LRC	1:14.47
4	24640 ICO	Campbell, John Reid	63 Sword Fish Club	1:15.00
5	06237	Mok, Chu Piu	61 Lai Tsun	1:17.00
6	04500	Cheung, Ip Chor	63 Sword Fish Club	1:25.00
7	06785	Leung, Chun Yi	61 New Water Polo	1:30.00
8	26318	Suen, Chi Wing	64 Sword Fish Club	1:30.00

65-69				
1	06268	Tse, Kwok Piu	67 Sword Fish Club	1:14.00
2	06382	Chan, Kam Por	66 Sword Fish Club	1:15.00
3	33115 IAX	Ng, Kan Sing	65 Sword Fish Club	1:20.00

**Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet**

65-69... (Event 15 Men 100 LC Meter Freestyle)

4	04504	Yura, Tadami	66	Sword Fish Club	1:42.00
70-74					
1	42736	Ye, Jing Ming	74	Sword Fish Club	1:33.00
2	04505	Chan, Kwok Hung	71	Hong Kong Police	1:45.99
3	06274	Wong, Yau Chuen	72	Sword Fish Club	1:46.00
4	14029	Ieong, Vun Fai	72	Sword Fish Club	1:57.00
75-79					
1	28522 IAX	Wong, Tat Choi	77	Sword Fish Club	1:50.00
2	06379	Kwong, Chi Hung	78	Sword Fish Club	2:05.00
80-84					
1	17832 IAX	Chan, Sau	81	Sword Fish Club	2:30.00
85-89					
1	06238	Lee, Ming	88	Sword Fish Club	1:56.00

Event 16 Women 100 LC Meter Freestyle

18-24 MS: 1:02.73
 25-29 MS: 1:02.46
 30-34 MS: 1:04.36
 35-39 MS: 1:01.54
 40-44 MS: 1:01.45
 45-49 MS: 1:07.73
 50-54 MS: 1:10.99
 55-59 MS: 1:20.24
 60-64 MS: 1:22.04
 65-69 MS: 1:37.41

	ID#	Name	Age	Team	Seed Time
18-24					
1	10974 IAZ	Au, Hiu Pui	22	Giant Whale	1:01.50
2	29564 IAZ	Ng, Wai Ying Megan	22	Flying Fish	1:08.00
3	19753 IAZ	Pang, Hiu Kwan	24	Juan Hua Club	1:09.37
4	42080 ICFO	Charter, Robyn Judy	24	Sword Fish Club	1:10.00
5	24882 IAZ	Cho, Pan Lam	20	Kwun Tong	1:15.00
6	19495 IAZ	Lai, Oi Hin	22	Golden Dolphin	1:20.00
25-29					
1	08900 IBZ	Lam, Suet	25	Hong Kong Police	1:04.19
2	01929 #IBZ	Ng, Ka Man	29	New Water Polo	1:05.00
3	01436	Yeung, Hui Wei Hervien	25	Pacific	1:11.00
4	06577 IBZ	Leung, Wei Yan	28	Sword Fish Club	1:12.00
5	08647 B	Yan, Lok Tung	26	New Water Polo	1:15.00
30-34					
1	26745 #ICX	Chen, Yangyang	33	LRC	1:06.45
2	39204 ICO	Bae, Do Ran	32	Pacific	1:11.56
3	42712 IAZ	Chan, Hiu Ying	34	Real Kinetic	1:15.00
4	07651 IBZ	Yu, Sze Wai Joyce	30	Hong Kong Police	1:15.24
5	01513 IAZ	Ngai, Sze Long	30	Hong Kong Police	1:16.53
6	42212	Lu, Wanjun	32	Sword Fish Club	1:20.00
7	40851 IAZ	Mak, Chung Kiu Joanna	32	Pacific	1:26.00
8	35921 IAZ	Lui, Yick Ling	32	Kornhill	1:29.65
9	13384 ICZ	Lee, May Sze Mei	31	New Water Polo	1:50.00
10	01666 #IBZ	Chan, Wing Suet	32	Hong Kong Footba	1:50.74
11	38993 IAO	Hung, Kin Yee Grace	34	New Water Polo	2:00.00
12	41888 IAZ	Kwok, Sau Kam	34	City East	2:30.00
35-39					
1	38440 ICO	Johnson, Melissa Ann	35	Pacific	1:05.71

Annual Long Course Masters Swimming Champ - 25-Nov-18

Psych Sheet

35-39... (Event 16 Women 100 LC Meter Freestyle)

2	38502 ICO	Alfheim, Mai-britt	36 Barracuda	1:27.00
3	38503 ICX	Pu, Shu	38 Barracuda	1:39.00
40-44				
1	36434 #IAZ	Lam, Wing Yan Jada	44 Pacific	1:17.00
2	40702 IAX	Kar, Ka	41 New Water Polo	1:24.00
3	37127 #IAO	Sen, Catherine	41 Hong Kong Footba	1:30.00
4	40675 IAON	James, Georgina Frances	43 LRC	1:30.00
5	27128 IAZ	Lau, Yan Yan	44 Flying Fish	1:32.00
6	36785 IAZ	Inglis, Alexandra Sinead	43 LRC	1:35.00
45-49				
1	28770 IAZ	Cromwell, Nicole Samantl	46 LRC	1:15.63
2	38302 IAZ	Cheung, Man Ling Melody	46 Lai Tsun	1:22.00
3	38299 ICO	Mcmahon, Nicole Kirsty	46 LRC	1:23.31
4	36431 P	Buchta, Katrin	48 Sword Fish Club	1:28.00
5	42716 IAZ	Ho, Kar Yee Janet	49 Hoi Fung	1:30.00
6	35982 IAZ	Chang, Wing Man	46 Lai Tsun	1:35.00
7	16535	Yuen, Yuk Kuen	46 Sea Green	1:50.00
8	36840 IAZ	Chung, Ching Han Anna	46 Sea Green	1:56.00
50-54				
1	24577 ICO	Coggins, Lynda Anne	54 LRC	1:09.85
2	32334 #IAON	Mccarroll, Jessica Lee Ten	53 Hong Kong Footba	1:13.92
3	26254 IAX	Ng, Kong Ching	53 New Water Polo	1:29.00
4	23323 IAZ	Tam, Choi Ping Scalene	53 New Water Polo	1:29.00
5	40907 IAZ	Lai, Shui Nin Ingrid	51 YMCA OF Hong Kong	1:30.00
6	38981 ICO	Wright, Andrea Lee	53 Barracuda	1:32.00
7	40575 #IAO	Chan, San Ngah	50 Pacific	1:33.22
8	36045 IAZN	Hsu, Ava	51 LRC	1:47.63
55-59				
1	26049 IAZ	Kirkwood, Tain Mhaira	55 LRC	1:14.96
2	42205	Huang, Yuefeng	57 Sword Fish Club	1:22.00
3	06113	Dudok Van Heel, Jane	57 LRC	1:27.00
4	31750 IAZ	Cheung, Lai Ying Anita	55 Lai Tsun	1:44.00
5	11528	Lo, Kit Ching	55 Kwun Tong	1:50.00
6	36225 IAX	Li, Wai Kam	56 Sea Green	2:00.00
7	27141 IAZ	Wong, Kit Man Kitty	57 Happy Valley	2:15.00
8	26257 IAX	Lo, Shuk Ling	58 Sword Fish Club	2:15.00
60-64				
1	19290 IAX	Tseung, Nga Wah	61 Sword Fish Club	1:25.00
2	03503	Castka, Gillian Hancer	62 Sword Fish Club	1:30.00
3	06355	Lo, Lai Yung	63 New Water Polo	1:50.00
65-69				
1	42197	Li, You	67 Sword Fish Club	1:51.00
2	05412	Chu, Lui Kwong	67 Sword Fish Club	1:54.00
3	06212	Lo, Yeuk Shuen	69 Wong Tai Sin	2:20.00
4	07432	Leung, May Kam	66 Tuen Mun S.T.	2:25.00
5	07763	Chow, Kit Bing	67 Sword Fish Club	3:00.00
70-74				
1	39991 IAS	Sam, Choi Lin	70 Sword Fish Club	1:30.00
2	32572 IAO	Chan, Sui Kin	70 Sword Fish Club	2:03.00
3	17480 IAZ	Chow, Pui Han Angela	72 Lai Tsun	2:30.00
4	30248 #IAZ	Chan, Lai King	71 Wong Tai Sin	3:00.00
75-79				
1	05241	Ng, Yung Ho	75 Sea Green	2:00.00
2	06372 IAZ	Leung, Mabel Yuen Ying	76 Sword Fish Club	2:10.00

Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet

75-79... (Event 16 Women 100 LC Meter Freestyle)

3 13262 Kwong, Shuet Hing 78 Wong Tai Sin 2:48.49

Event 17 Men 4x50 LC Meter Freestyle Relay**100-119 MS: 1:41.92****120-159 MS: 1:40.03****160-199 MS: 1:41.91****200-239 MS: 1:52.52****240-279 MS: 2:03.84****280-319 MS: 2:18.05****320-359 MS: 3:23.05**

	Team	Relay	Seed Time
100-119			
1	Diocesan School Old Boys	M100 A	1:48.04
2	Hong Kong Police Swimming	M100 A	1:50.00
3	Sword Fish Club	M100 A	2:00.00
4	HK Flying Fish Athletic Assn	M100 A	NT
5	Kwun Tong Swimming Club	M100 A	NT
6	New Water Polo Club	M100 A	NT
120-159			
1	HK Fire Services S. & W.M.C.	M120 A	1:45.00
2	Hong Kong Police Swimming	M120 A	1:52.00
3	Diocesan School Old Boys	M120 A	2:03.21
4	Sword Fish Club	M120 A	2:05.00
5	Current Club Ltd	M120 A	NT
6	Kwun Tong Swimming Club	M120 A	NT
7	Ladies' Recreation Club	M120 A	NT
8	New Water Polo Club	M120 A	NT
9	Pacific Swimming Club	M120 A	NT
10	Wong Tai Sin District L.S.	M120 A	NT
160-199			
1	HK Fire Services S. & W.M.C.	M160 A	1:48.00
2	Diocesan School Old Boys	M160 A	1:51.66
3	Hong Kong Police Swimming	M160 A	1:55.00
4	Sword Fish Club	M160 A	2:10.00
5	Barracuda Swimming Club	M160 A	NT
6	City East Sports Club	M160 A	NT
7	HK Flying Fish Athletic Assn	M160 A	NT
8	Happy Valley Athletic Assn	M160 A	NT
9	Kwun Tong Swimming Club	M160 A	NT
10	Ladies' Recreation Club	M160 A	NT
11	New Water Polo Club	M160 A	NT
12	Pacific Swimming Club	M160 A	NT
13	Riverside Swimming Club	M160 A	NT
14	Sea Green Swimming & M	M160 A	NT
200-239			
1	HK Fire Services S. & W.M.C.	M200 A	1:58.00
2	Sword Fish Club	M200 A	2:15.00
3	Diocesan School Old Boys	M200 A	2:34.09
4	Kwun Tong Swimming Club	M200 A	NT
5	Ladies' Recreation Club	M200 A	NT
6	Lai Tsun Swimming Society	M200 A	NT
7	New Water Polo Club	M200 A	NT
8	South China Athletic Assn	M200 A	NT
9	Sea Green Swimming & M	M200 A	NT

Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet

240-279... (Event 17 Men 4x50 LC Meter Freestyle Relay)

1	Sword Fish Club	M240	A	2:20.00
2	Kwun Tong Swimming Club	M240	A	NT
3	Ladies' Recreation Club	M240	A	NT
4	Lai Tsun Swimming Society	M240	A	NT
5	New Water Polo Club	M240	A	NT
6	Sea Green Swimming & Sports	M240	A	NT
7	Wong Tai Sin District L.S.	M240	A	NT

280-319

1	Sword Fish Club	M280	A	2:40.00
2	Lai Tsun Swimming Society	M280	A	NT
3	New Water Polo Club	M280	A	NT

320-359

1	Sword Fish Club	M320	A	3:45.00
---	-----------------	------	---	---------

Event 18 Women 4x50 LC Meter Freestyle Relay

100-119 MS:	2:02.27
120-159 MS:	1:55.57
160-199 MS:	1:58.32
200-239 MS:	2:12.67
240-279 MS:	2:35.65
280-319 MS:	3:08.62

	Team	Relay	Seed Time
100-119			
1	Hong Kong Police Swimming Club	W100 A	2:10.00
2	Sword Fish Club	W100 A	2:30.00
3	New Water Polo Club	W100 A	NT
120-159			
1	Sword Fish Club	W120 A	2:30.00
2	Kwun Tong Swimming Club	W120 A	NT
3	Ladies' Recreation Club	W120 A	NT
4	New Water Polo Club	W120 A	NT
5	Pacific Swimming Club	W120 A	NT
160-199			
1	Sword Fish Club	W160 A	2:40.00
2	Barracuda Swimming Club	W160 A	NT
3	Ladies' Recreation Club	W160 A	NT
4	Lai Tsun Swimming Society	W160 A	NT
5	New Water Polo Club	W160 A	NT
6	Pacific Swimming Club	W160 A	NT
7	Hong Kong Football Club	W160 A	NT
200-239			
1	Sword Fish Club	W200 A	2:40.00
2	Happy Valley Athletic Association	W200 A	NT
3	Kwun Tong Swimming Club	W200 A	NT
4	Ladies' Recreation Club	W200 A	NT
5	Lai Tsun Swimming Society	W200 A	NT
6	New Water Polo Club	W200 A	NT
7	Wong Tai Sin District L.S.	W200 A	NT
240-279			
1	Sword Fish Club	W240 A	2:40.00
2	Ladies' Recreation Club	W240 A	NT
3	Lai Tsun Swimming Society	W240 A	NT
4	New Water Polo Club	W240 A	NT

Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet

240-279... (Event 18 Women 4x50 LC Meter Freestyle Relay)

5	Sea Green Swimming & W	240 A	NT
280-319			
1	Sword Fish Club	W280 A	3:30.00
2	Sea Green Swimming & W	280 A	NT
3	Wong Tai Sin District L.S	280 A	NT

Event 19 Mixed 4x50 LC Meter Freestyle Relay

100-119 MS:	1:51.20
120-159 MS:	1:51.40
160-199 MS:	1:52.54
200-239 MS:	1:55.82
240-279 MS:	2:16.41
280-319 MS:	2:42.24

	Team	Relay	Seed Time
X100-119			
1	Hong Kong Police Swimming	X100 A	2:00.00
2	Sword Fish Club	X100 A	2:00.00
3	New Water Polo Club	X100 A	NT
X120-159			
1	HK Fire Services S. & W.	X120 A	1:50.00
2	Hong Kong Police Swimming	X120 A	2:10.00
3	Sword Fish Club	X120 A	2:10.00
4	City East Sports Club	X120 A	NT
5	HK Flying Fish Athletic As	X120 A	NT
6	Kwun Tong Swimming Club	X120 A	NT
7	Ladies' Recreation Club	X120 A	NT
8	New Water Polo Club	X120 A	NT
9	Pacific Swimming Club	X120 A	NT
X160-199			
1	HK Fire Services S. & W.	X160 A	1:52.00
2	Sword Fish Club	X160 A	2:10.00
3	Hong Kong Police Swimming	X160 A	2:15.00
4	Hoi Fung Swimming Club	X160 A	2:17.00
5	Barracuda Swimming Club	X160 A	NT
6	Happy Valley Athletic As	X160 A	NT
7	Kwun Tong Swimming Club	X160 A	NT
8	Ladies' Recreation Club	X160 A	NT
9	Lai Tsun Swimming Society	X160 A	NT
10	New Water Polo Club	X160 A	NT
11	Pacific Swimming Club	X160 A	NT
12	Hong Kong Football Club	X160 A	NT
X200-239			
1	Hong Kong Police Swimming	X200 A	2:10.00
2	Sword Fish Club	X200 A	2:10.00
3	HK Fire Services S. & W.	X200 A	2:20.00
4	Kwun Tong Swimming Club	X200 A	NT
5	Ladies' Recreation Club	X200 A	NT
6	Lai Tsun Swimming Society	X200 A	NT
7	New Water Polo Club	X200 A	NT
8	Sea Green Swimming & W	X200 A	NT
9	Wong Tai Sin District L.S	X200 A	NT
X240-279			
1	Sword Fish Club	X240 A	2:20.00
2	Kwun Tong Swimming Club	X240 A	NT

Annual Long Course Masters Swimming Champ - 25-Nov-18
Psych Sheet

X240-279... (Event 19 Mixed 4x50 LC Meter Freestyle Relay)

3	Ladies' Recreation Club	X240 A	NT
4	Lai Tsun Swimming Soci	X240 A	NT
5	New Water Polo Club	X240 A	NT
6	Sea Green Swimming &	X240 A	NT

X280-319

1	Sword Fish Club	X280 A	2:50.00
2	Lai Tsun Swimming Soci	X280 A	NT
3	New Water Polo Club	X280 A	NT
4	Sea Green Swimming &	X280 A	NT

X320-359

1	Sword Fish Club	X320 A	3:20.00
---	-----------------	--------	---------