

2026 – 2027 AGE GROUP LONG COURSE SWIMMING COMPETITION – DIVISION III (PART 3A,B)

2026 – 2027 第三組長池分齡游泳比賽第三節

Part 3A Date:	29 August 2026 (Saturday)	Venue:	Kwun Tong Swimming Pool	觀塘游泳池
Part 3A Morning Warm Up:	0800 - 0845 hours	Morning Session First Event:	0900 hours	
Part 3A Afternoon Warm Up:	1300 - 1345 hours	Afternoon Session First Event:	1400 hours	
Part 3B Date:	29 August 2026 (Saturday)	Venue:	Sun Yat Sen Memorial Park Swimming Pool	中山紀念公園游泳池
Part 3B Morning Warm Up:	0830 - 0915 hours	Morning Session First Event:	0930 hours	
Part 3B Afternoon Warm Up:	1300 - 1345 hours	Afternoon Session First Event:	1400 hours	

GIRLS 女					BOYS 男
1	13 & 14 YRS	100M	BUTTERFLY	蝶泳	2
3	15 - 17 YRS	100M	BUTTERFLY	蝶泳	4
5	13 & 14 YRS	50M	FREESTYLE	自由泳	6
7	15 - 17 YRS	50M	FREESTYLE	自由泳	8
9	8 YRS & UNDER	50M	FREESTYLE	自由泳	10
11	13 & 14 YRS	100M	BACKSTROKE	背泳	12
13	15 - 17 YRS	100M	BACKSTROKE	背泳	14
15	8 YRS & UNDER	100M	BACKSTROKE	背泳	16
午膳時間 Lunch Break					
17	11 & 12 YRS	100M	BUTTERFLY	蝶泳	18
19	9 & 10 YRS	100M	BUTTERFLY	蝶泳	20
21	11 & 12 YRS	50M	FREESTYLE	自由泳	22
23	9 & 10 YRS	50M	FREESTYLE	自由泳	24
25	11 & 12 YRS	100M	BACKSTROKE	背泳	26
27	9 & 10 YRS	100M	BACKSTROKE	背泳	28

截止註冊日期 CLOSING DATE FOR REGISTRATION: 17 July 2026 (1700 hours)

截止報名日期 CLOSING DATE FOR ENTRIES: 7 August 2026 (1700 hours)