

HONG KONG AGE GROUP LONG COURSE SWIMMING CHAMPIONSHIPS 2025 – 2026

Rules & regulations

Date	<u>Day 1 – 31/10/2025 (Fri)</u> Warm Up: 1700-1745 Start: 1800	<u>Day 2 – 01/11/2025 (Sat)</u> Warm Up: 0830-0915 Start: 0930 Warm Up: 1300-1345 Start: 1400	<u>Day 3 – 02/11/2025 (Sun)</u> Warm Up: 0830-0915 Start: 0930 Warm Up: 1300-1345 Start: 1400
Venue	Kowloon Park Swimming Pool		
Entry Conditions	<ul style="list-style-type: none"> ❖ All competitors must be 2025-2026 registered age group swimmers of HKGSA and register to HKGSA at least <u>21 days</u> prior to the closing date of entries. ❖ Championship Eligibility rule applies. ❖ Swimmers should reach the Age Group Championships qualifying standard. ❖ For all new entries for any event entered with no proven result (Long Course/ Short Course), qualify time for individual event shall be used as entry time. 		
Entries	<ul style="list-style-type: none"> ❖ Incomplete/incorrect entry information will be rejected and fees paid will not be refunded. ❖ Late entries will not be accepted. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ❖ Each swimmer is limited to enter not more than 4 events per day. ❖ Swimmers in the age group of 10&Under and 11-12 are limited to enter no more than 5 events in total. ❖ Swimmers in the age group of 13-14, 15-17 and 18&Over are limited to enter no more than 6 events in total. ❖ In case of any swimmer entering number of events in excess of the entry quota, HKGSA will have the sole discretion to scratch or cancel the swimmer's last entry event at any point of time. ❖ *HK\$15 per individual event. ❖ * HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time ("QT") entry. <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ❖ Relays will be run on a club basis. ❖ Each club may enter one team in each relay event. ❖ *HK\$15 per team per relay event. ❖ * HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time ("QT") entry. <p>*Paid by cheque. Crossed cheque made payable to 'HKGSA'.</p>		
Closing Date for Entries	21 days prior to the first date of competition. (subject to the announcement of the HKGSA)		

Closing Date for Registration	21 days prior to the closing date of entries. (subject to the announcement of the HKGSA)
Event list	Please see attached event list. Events will be run as timed finals.
Qualifying Standards	Please see attached qualifying times list.
Age Group	<p>❖ Age is calculated as at 1st day of the competition.</p> <p><u>Individual Events</u></p> <p>❖ 10 & under, 11 & 12, 13 & 14, 15 - 17, 18 & Over.</p> <p><u>Relay Events</u></p> <p>❖ 12 & under, 13 & over, "Stairstep" (can include 4 swimmers out of 5 age categories).</p>
Scratches	<u>All scratches must be submitted on or before 12 noon one working day before the first event day. A fine of \$120 will be charged for each "no show".</u>
Awards	<p>❖ Medals will be awarded to 1st, 2nd and 3rd places.</p> <p>❖ Awards for Outstanding Swimmers:</p> <ul style="list-style-type: none"> - Overall Boy/Overall Girl. - Awarded to swimmers scoring the highest point (calculated to 2 decimal places) on the HK Point score table during the Championships. (Split Time Record Excluded) - In case of a tie, the winner will be determined by the second highest scored event obtained. <p>❖ Awards for High Point Winners:</p> <ul style="list-style-type: none"> - Trophies awarded to each girls and boys age group. - High point winner trophies will be awarded to those swimmers accumulating the highest points in their events using the point score set out below. - In case of a tie, the winner will be determined by the no. of the medals (Relay events excluded) obtained in the following sequences i.e. gold, silver and bronze and finally the no. of records obtained with the following scoring method: HK Record: 5 Points, Junior Record: 3 Points, Age Group Record: 2 Points. - Swimmers in the age group of 10&Under and 11-12 must swim at the 200 I.M. for competing in this award. <p>❖ Awards for Clubs:</p> <ul style="list-style-type: none"> - Trophies will be awarded to 1st, 2nd, 3rd places of Girls Overall, Boys Overall and Club Overall.

Rules	<ul style="list-style-type: none"> ❖ World Aquatics rules & HKGSA swimming rules will apply. ❖ Swimmers who fail to reach the required qualifying times of an event will be fined at HK\$120 per event (this rule is not applicable in the DQ situation). ❖ No points or medals will be awarded to swimmers who fail to meet the qualifying time and three points will be deducted from their respective club points. ❖ Application for Split Time Record: <ul style="list-style-type: none"> - Swimmers who apply for split time record should submit application form with application fee HK\$300 to the Referee 30 minutes before the start of each session. Fee paid will not be refunded in any case. ❖ Swimmers' Club Transfer: Upon compliance with rules in relation to Registration of Club Transfer under Registration of Athletes, the requesting Athlete (as defined therein) can after the 1 month suspension period represent the new club in any meets but no point will be counted towards the new club's total scores for any event (whether individual or relay event) for 1 years from the first effective day of the completed Club Transfer. <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ❖ The first 8 teams in relay will be awarded points doubled that of individual events. ❖ Clubs who fail to reach the required qualifying time of a relay event will be fined at HK\$120 per event (this rule is not applicable in the DQ situation). ❖ No points or medals will be awarded to clubs who fail to meet the qualifying time and six points will be deducted from their respective club points. ❖ Names of swimmers with registration number actually swimming on a relay must be submitted 30 minutes before the start of each session.
Protest	<ul style="list-style-type: none"> ❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$300. ❖ Protest will be forward to the Appeal Board of such competition for decision. ❖ If the protest is rejected, the fee paid will be forfeited to the HKGSA.

POINT SCORING

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Club & Individual	11	7	6	5	4	3	2	1
Relay	22	14	12	10	8	6	4	2